

Nutrition Concentration

Degree Requirements

Master of Public Health, effective Fall 2024

MPH Integrated Core				
Number MPH Integrated Core				
Data Analysis for Public Health	2	Fall 1		
Methods and Measures for Public Health Practice	2	Fall 1		
Systems Approaches to Understanding Public Health Issues	2	Fall 1		
Public Health Solutions: Systems, Policy & Advocacy	2	Spring 1		
Developing, Implementing, & Evaluating Public Health Solutions	4	Spring 1		
Leading from the Inside-Out	2	Spring 1		
MPH Practicum				
MPH Pre-Practicum Assignments	0.5	Spring 1		
MPH Practicum* (200 hours minimum)	0	Summer 1		
MPH Post-Practicum Assignments	0.5	Fall 2		
MPH Concentration				
Nutrition Across the Life Cycle	3	Fall 1		
Nutritional Epidemiology	3	Spring 1		
Community Nutrition	3	Fall 2		
Food and Nutrition Policy	3	Fall 2		
Nutrition Communication, Culture & Equity	3	Spring 2		
Electives				
NUTR 705: Human Nutrition/Elective (Graduate-Level Course)	3	Fall 1/Fall 2		
Elective (Graduate-Level Course)	3	Fall 2		
Elective (Graduate-Level Course)	3	Fall 2		
MPH Culminating Experience				
Nutrition MPH Culminating Experience	3	Spring 2		
MPH Degree Total	42	<u> </u>		
	Methods and Measures for Public Health Practice Systems Approaches to Understanding Public Health Issues Public Health Solutions: Systems, Policy & Advocacy Developing, Implementing, & Evaluating Public Health Solutions Leading from the Inside-Out MPH Practicum MPH Pre-Practicum Assignments MPH Practicum* (200 hours minimum) MPH Post-Practicum Assignments MPH Concentration Nutrition Across the Life Cycle Nutritional Epidemiology Community Nutrition Food and Nutrition Policy Nutrition Communication, Culture & Equity Electives NUTR 705: Human Nutrition/Elective (Graduate-Level Course) Elective (Graduate-Level Course) Elective (Graduate-Level Course) MPH Culminating Experience	Methods and Measures for Public Health Practice Systems Approaches to Understanding Public Health Issues Public Health Solutions: Systems, Policy & Advocacy Developing, Implementing, & Evaluating Public Health Solutions Leading from the Inside-Out MPH Practicum MPH Pre-Practicum Assignments MPH Practicum* (200 hours minimum) MPH Post-Practicum Assignments O.5 MPH Concentration Nutrition Across the Life Cycle Nutritional Epidemiology Community Nutrition Food and Nutrition Policy Nutrition Communication, Culture & Equity Electives NUTR 705: Human Nutrition/Elective (Graduate-Level Course) Elective (Graduate-Level Course) Elective (Graduate-Level Course) Selective (Graduate-Level Course) Selective (Graduate-Level Course) AMPH Culminating Experience Nutrition MPH Culminating Experience MPH Degree Total MPH Degree Total		

Course descriptions can be found in the University course catalog: https://catalog.unc.edu/courses/

*NUTR 705: Human Nutrition is a required elective for students that are not granted permission, based on previous coursework, to bypass Human Nutrition in the MPH program. If NUTR 705 is needed, students will only be required to take 6 credits of electives. Students will take NUTR 705 in fall 1, if not required to take NUTR 705 they can take an elective in Fall 1 or Fall 2. Updated June 2024

Click here to see if your concentration has specific Practicum requirements. The Comprehensive Exam is embedded in SPHG 722 – click here for more Comp. Exam information. Reminder that electives must be 400+level for Gillings courses and 500+ level for any other UNC course. Please note that MPH@UNC students can only register for 973 sections and Place-Based Health (Asheville) can only register for 299 sections – this includes electives. For more details on Gillings MPH policies and procedures visit the MPH Student Handbook



Nutrition Concentration Required Course Plan & Sequence

Master of Public Health, effective Fall 2024

Course Number	Course Name	Credits	Degree Requirement	
	Fall 1		·	
SPHG 711	Data Analysis for Public Health	2	Core	
SPHG 712	Methods and Measures for Public Health Practice	2	Core	
SPHG 713	Systems Approaches to Understanding Public Health Issues	2	Core	
NUTR 711	Nutrition Across the Life Cycle	3	Concentration	
NUTR 705*	Human Nutrition*/Elective (Graduate-Level Course)	3	Elective	
	Semester Hours	9/12*		
Spring 1				
SPHG 721	Public Health Solutions: Systems, Policy & Advocacy	2	Core	
SPHG 722	Developing, Implementing, & Evaluating Public Health Solutions	4	Core	
SPHG 701	Leading from the Inside-Out	2	Core	
SPHG 703	MPH Pre-Practicum Assignments	0.5	Practicum	
NUTR 765	Nutritional Epidemiology	3	Concentration	
	MPH Comprehensive Exam, embedded in SPHG 722 course		Degree Milestone	
	Semester Hours	11.5		
	Summer 1			
	MPH Practicum* (200 hours minimum)	0	Practicum	
	Fall 2			
SPHG 707	MPH Post-Practicum Assignments	0.5	Practicum	
NUTR 723	Community Nutrition	3	Concentration	
NUTR 805	Food and Nutrition Policy	3	Concentration	
	Elective (Graduate-Level Course)	3	Elective	
	*Elective (Graduate-Level Course)	3	Elective	
	Semester Hours	9.5/12.5*		
	Spring 2			
NUTR 992	Nutrition MPH Culminating Experience	3	Core	
NUTR 713	Nutrition Communication, Culture & Equity	3	Concentration	
	Elective (Graduate-Level Course)	3	Elective	
	Semester Hours			
	MPH Degree Total	42		

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Updated June 2024

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