

CURRICULUM VITAE

LARELLE H. BOOKHART, PhD, MPH, RD, IBCLC

Community Health Sciences Division
School of Public Health
University of Illinois Chicago
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Chicago, IL 60612
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EDUCATION & TRAINING

- 2021 **PhD, Nutrition and Health Sciences**
Laney Graduate School, Emory University
- Dissertation: *Determinants of Early Infant Feeding Practices- Data from the Maternity Practices in Infant Nutrition and Care Survey and Grady Memorial Hospital*
 - Advisor: Melissa F. Young, PhD
- 2015 **MPH, Nutrition**
Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- Thesis: *Is body size dissatisfaction associated with reduced likelihood of breastfeeding? Data from the Infant Care, Feeding, and Risk of Obesity Study*
 - Advisors: Margaret Peggy Bentley, PhD & Heather Wasser, PhD
- 2011 **BSPH, Healthy Policy & Management**
Gillings School of Global Public Health, University of North Carolina at Chapel Hill

CREDENTIALS & OTHER TRAINING

- 2017 **International Board Certified Lactation Consultant**
International Board of Lactation Consultant Examiners
Credential ID: L-112281
Mary Rose Tully Training Initiative, Maternal and Child Health Department,
Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- 2016 **Registered Dietitian**
Academy of Nutrition and Dietetics
Credential ID: 86086000

Nutrition Department, Gillings School of Global Public Health, University of North Carolina at Chapel Hill

2015 **Interdisciplinary Certificate in Health Disparities**
Gillings School of Global Public Health, University of North Carolina at Chapel Hill

EXPERIENCE

- 2023-current **Assistant Professor**, Community Health Sciences Division, Center of Excellence in Maternal and Child Health, School of Public Health, University of Illinois Chicago
- 2021 – 2023 **Postdoctoral Fellow**, Community Health Sciences Division, Center of Excellence in Maternal and Child Health, School of Public Health, University of Illinois Chicago
- 2021 – 2023 **Postdoctoral Fellow**, Community Health Sciences Division, Bridge to Faculty Fellow, School of Public Health, University of Illinois Chicago
- 2018 – 2021 **Student PI**, Global Health Department, Emory University
- Faculty PI: Melissa F. Young, PhD
 - Project: Facilitators and barriers of exclusive breastfeeding at Grady Memorial Hospital
- 2020 – 2021 **Graduate Research Assistant**, Global Health Department, Emory University
- Faculty PI: Melissa F. Young, PhD
 - Projects: Low Birthweight Infant Feeding Exploration-Malawi (LIFE); Cambodia mHealth Project Qualitative analysis; Survive & Thrive Ethiopia
- 2017 – 2019 **Graduate Research Assistant**, Global Health Department, Emory University
- Faculty PI: Amy Webb Girard, PhD
 - Projects: Monitoring and Evaluation of the Fruit and Vegetable Prescription Program, Monitoring and Evaluation of the WIC Food Environment
- 2017 – 2018 **Graduate Research Assistant**, Children's Health Care of Atlanta, Emory University
- Faculty PI: Jean Welsh, PhD
 - Project: Grant writing for improved early nutrition for the prevention of obesity & diabetes

- 2016 – 2017 **County Director**, Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), Halifax County, NC
- 2012 – 2013 **Research Assistant**, Community Outreach Core- Diabetes Family Project, Biomedical Biotechnology Research Institute, Center for Translational Health Equity Research, North Carolina Central University
- PI: Natasha Green, PhD

AWARDS AND FELLOWSHIPS

- 2024 Maternal and Child Health Faculty Development Fellowship Program at Diverse Institutions, National Maternal and Child Health Workforce Development Center
- 2024 Policy and Social Engagement Faculty Fellowship, Institute for Research on Race and Public Policy, University of Illinois Chicago
- 2022 Minority Student Caucus 50 for 50, UNC Gillings School of Global Public Health
- 2019 – 2021 National Association of County and City Health Officials Stipend and Research Support- Reducing Disparities in Breastfeeding through Continuity of Care (Breastfeeding) Project through funding from the Centers for Disease Control and Prevention (CDC), award number 18NU38OTOOO306
- 2017 – 2019 Emory Maternal and Child Health Center of Excellence Doctoral Fellow
- 2015 – 2016 Carolina Global Breastfeeding Institute Mary Rose Tully Scholarship Recipient

GRANTS/FUNDING

Funded

Maternal and Child Health Faculty Development Fellowship Program at Diverse Institutions. National Maternal and Child Health Workforce Development Center, University of North Carolina at Chapel Hill. 2024-2025. Role: Principal Investigator. Supporting Optimal Nutrition During the First 1,000 Days of Life. Amount: \$59,200

Policy and Social Engagement Faculty Fellowship. Institute for Research on Race and Public Policy, University of Illinois Chicago. 2024-2025. Role: Principal Investigator. Doula Enhanced Breastfeeding Community of Practice and Training Program. Amount: \$9,873

Seed Funding. University of Illinois Chicago School of Public Health. 2024-2025. Role: Principal Investigator. DREAM- Doulas Reaching & Empowering All Mothers & Birthing People to Achieve their Breastfeeding Goals Development & Pilot Test. Amount: \$20,000

Graduate Student Professional Development Support Funds. Emory University, Laney Graduate School, Conference Presentation Support. July 2019. Role: Graduate Student First Author Presenter at Society for Nutrition Education & Behavior's Annual Meeting. Amount: \$640

Graduate Student Professional Development Support Funds. Emory University, Laney Graduate School, Research Award. March 2019. Role: Graduate Student Principal Investigator. Formative Research Study to Contextualize Infant Feeding Support & Decisions at Grady Memorial Hospital. Amount: \$1,500

Under Review

Recognizing & Addressing Maternal Warning Signs for Morbidity & Mortality During Pregnancy & the Postpartum Period. Food and Nutrition Service, United States Department of Agriculture. 2024-2028. Role: Co-Principal Investigator. Partnering with WIC to Advance Maternal Health Equity. Amount: \$5,000,000

Not Funded

Improving Continuity of Care in Chest/Breastfeeding Support in Illinois. 2023-2024. Role: Principal Investigator. Doula Enhanced Breastfeeding Community of Practice and Training Program. Amount: \$20,000

PUBLICATIONS

Bookhart, LH; Butler, M.; Reed, T; DuBois, DL. (In progress). Doula support and breastfeeding outcomes in the US: A Meta-analytic review.

Bookhart, LH; Cook, S; Handler, AS. (In progress). Continued breastfeeding support: A qualitative study that examines the breastfeeding support provided by doulas and home visitors.

Bookhart, LH; Anstey, EH; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. Associations between Sociodemographic Factors, Baby-Friendly Hospital Designation, and In-Hospital Exclusive Breastfeeding in the US. *Maternal and Child Health-Under Review*.

Bookhart, LH; Anstey, EH; Jamieson, DJ; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. Factors Associated with In-Hospital Exclusive Breastfeeding among a Racially and Ethnically Diverse Patient Population. *Breastfeeding Medicine*. 2023 Oct;18(10):751-758.

- Bookhart, LH;** Anstey, EH; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. (2023). Association of the Ten Steps to Successful Breastfeeding with In-Hospital Exclusive Breastfeeding in the US. *Birth*. 2023 Jul 12. doi: 10.1111/birt.12742.
- Bookhart, LH;** Anstey, EH; Perrine, CG; Reis-Reilly, H; Ramakrishnan, U; Young, MF; (2021). A nation-wide study on the reasons for infant formula supplementation among healthy, term, breastfed infants in US hospitals. *Maternal and Child Nutrition*. 2022 Apr;18(2):e13294. doi: 10.1111/mcn.13294.
- Bookhart, LH;** Joyner, A; Lee, Kelly; Worrell, N.; Jamieson, DJ.; Young, MF. (2021). Moving beyond breastfeeding initiation: A qualitative study unpacking factors that influence infant feeding at hospital discharge among socioeconomically disadvantaged women. *Journal of the Academy of Nutrition and Dietetics*. Sep;121(9):1704-1720. doi: 10.1016/j.jand.2021.02.005.

PRESENTATIONS (Maiden name is High)

- Bookhart, LH;** DuBois, DL. April 2023. *Doula Support & Breastfeeding Outcomes in the US: A Meta-Analysis*. Maternal and Child Health Center of Excellence & Catalyst Program Annual Grantee Meeting. Oral presentation.
- Bookhart, LH;** Anstey, EH; Ramakrishnan, U; Young, MF. May 2022. *A nation-wide study on the common reasons for infant formula supplementation among healthy, term, breastfed infants in US hospitals*. Association of Maternal & Child Health Programs. Poster presentation.
- Bookhart, LH;** Anstey, EH; Kramer, M; Perrine, CG; Ramakrishnan, U; Young, MF. Oct. 2021. *Association of the Ten Steps to Successful Breastfeeding with In-Hospital Exclusive Breastfeeding in the US*. American Public Health Association. Poster presentation.
- Bookhart, LH,** Young, MF. June 2021. *Maternity Care Practices and Policies and the Association with Early Breastfeeding Outcomes*. Oral presentation for the National Association of County and City Health Officials. Office hour.
- Bookhart, LH;** Joyner, A; Lee, Kelly; Worrell, N; Jamieson, DJ; Young, MF. Oct. 2020. *Unpacking barriers and facilitators for supporting women to exclusively breastfeed at hospital discharge*. American Public Health Association. Oral presentation.
- Bookhart, LH;** Young, MF. Aug. 2020. *Unpacking barriers and facilitators to exclusively breastfeed at hospital discharge*. National Association of County and City Health Officials. Webinar.
- Bookhart, LH;** Cook, M; McClintic, E; Reasoner, T; Webb Girard, A. July 2019. *Preliminary Evaluation of the 2018 Fruit and Vegetable Prescription Program*. Society for Nutrition Education & Behavior. Orlando, Florida. Poster presentation.

Greene, N.; Eaton, S.; Blackmon, M.; **High, L.**; Moreno, C. March 2012. *We're Working Together: A qualitative study of family member influence on diabetes management strategies*, NIH 2012 Science of Eliminating Health Disparities Summit, Washington DC. Poster presentation.

TEACHING EXPERIENCE

Instructor	Spring 2024	CHSC 510: Maternal and Child Health Inequities and Responses Part I Community Health Sciences, University of Illinois Chicago
Co-Instructor	Spring 2023	CHSC 510: Maternal and Child Health Inequities and Responses Part I Community Health Sciences, University of Illinois Chicago
Teaching Assistant	Spring 2020	Global Health 522: Qualitative Research Methods Global Health Department, Emory University
	Spring 2019	Nutrition & Health Sciences 581: Human Nutrition II: Micronutrients/Maternal & Child Nutrition Global Health Department, Emory University
	Spring 2019	Epidemiology 596: Foundations in Maternal and Child Health Epidemiology Department, Emory University
	Spring 2009	American Studies 057: Access to Higher Education American Studies Department, University of North Carolina at Chapel Hill
Guest Lecturer	Fall 2023	EPID/CHSC 518: Pediatric Epidemiology Epidemiology/Community Health Sciences Divisions, School of Public Health, University of Illinois Chicago "Infant Feeding: From Physiology to Epidemiological Studies"
	Fall 2022	HN 560: Advanced Topics in Public Health Nutrition Human Nutrition, College of Applied Health Sciences, University of Illinois Chicago "Unpacking Breastfeeding Trends & Support among Systemically Marginalized Populations"
	Spring 2022	CHSC 510: Maternal and Child Health Inequities and Responses Part I Community Health Sciences, University of Illinois Chicago "Infant Feeding & Health Care System/Services Support"

- Spring 2020 Maternal and Child Nutrition
General College, Emory University
“Physiology of Lactation”
“Breastfeeding Interventions”
- Spring 2018 Food Insecurity
Global Health Department, Emory University
“WIC Program & Food Insecurity”

STUDENT ADVISEES

Dates	Name	Degree	Topic
2023-current	Julianna Davis	MPH, MCH Concentration, UIC	TBD
2023-current	Kayla Wells	MPH, UIC	TBD
2023-current	Johnette Williams	MPH, MCH Concentration, UIC	TBD
2023-current	Lotte Brewer	MPH, MCH Concentration, UIC	TBD
2023-current	Claire Flannigan	MPH, MCH Concentration, UIC	“Addressing Anti-Fat Bias in Reproductive Care in Illinois: Banning Size Discrimination”
2023-current	Joanna Paul	MPH-MSW, MCH Concentration, UIC	“From Chaos to Cohesion: Unraveling the Dynamics of Staffing Patterns and Turnover in Illinois Early Childhood Education Centers”

POST-DOCTORAL TRAINEES

Dates	Name	Degree	Topic
2023-current	Tiffany Reed	MCH Postdoctoral Fellow, UIC	Teaching Shadowing Experience; CHSC 510: Maternal and Child Health Inequities and Responses Part I Community Health Sciences

OTHER MENTORING

Dates	Name	Degree	Topic
2023-current	Asan Hawkins	MPH, MCH Concentration, UIC	Harris Research Assistant; Systematic Reviews; DREAM- Douglas Reaching & Empowering All Mothers & Birthing People to Achieve their Breastfeeding Goals Development & Pilot Test
2020-2021	Deja Edwards	MPH, Global Health, Emory University	MCH Research Assistant; Qualitative Methods; A nation- wide study on the common reasons for infant formula supplementation among healthy, term, breastfed infants in US hospitals
2020-2021	Adaora Ntukogu	BS, Public Health, Emory University	Emory's Center for Women, Women of Excellence Student Leadership Award
2021-2019	Sonia Tandon	PhD, Nutrition and Health Sciences, Emory University	Nutrition and Health Sciences Peer Mentorship Program

DEPARTMENTAL SERVICE

2023-current	MPH Admissions Committee
2023-current	MCH Faculty Search Committee

COMMUNITY SERVICE

2017-2019	Secretary, Alumni & Peer Mentor Co-Chair: Nutrition and Health Sciences Student Club, Emory University
2018	Volunteer, ROSE: Reaching Our Sisters Everywhere Grassroots Community Organization
2016-2017	Volunteer, Roanoke Valley Breastfeeding Coalition

2013-2015 **Food Day Community Events Organizer**, Nutrition Coalition
University of North Carolina at Chapel Hill

PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics
International Lactation Consultant Association
American Public Health Association