APPENDIX 2 – Minors in the Gillings School of Global Public Health

Several formal minor degree-training programs are available. In most cases, a formal minor requires 15-credits and a dissertation which is related to the minor, and a minor advisor who is a full time faculty member in the department offering the minor. A few examples are listed below:

**Epidemiology Minor**:

The epidemiology minor provides students with rigorous training in epidemiology methods and prepares students for careers focused in nutrition epidemiology

Requirements for the Epidemiology Minor may be found at:

<https://sph.unc.edu/wp-content/uploads/sites/112/2022/03/Doctoral-Minor-Criteria-and-Checklist_20211.pdf>

The form for declaring an Epidemiology minor may be found at:

<https://sph.unc.edu/wp-content/uploads/sites/112/2022/03/minordeclaration_EPID.pdf>

Questions should be directed to: epidemiology@unc.edu.

**Exercise Physiology Minor**

Students may obtain an official minor in exercise physiology. The objective of the minor is to allow the nutrition student to understand the relationship of nutrition and exercise and provide skills needed to conduct research on the nutritional aspects of exercise.

The course requirements for this minor are:

Course requirements may be found at : <https://catalog.unc.edu/undergraduate/programs-study/exercise-sport-science-minor/#text>

**Health Behavior Minor**

A minor in Health Behavior provides a student with a variety of courses including selected social and behavioral science theories that apply to the analysis of health-related behaviors and intervention strategies. The development and evaluation of health promotion and disease prevention interventions, evaluation of paradigms, and methods of process and outcome evaluations will also be examined.

Students will undertake a minimum of 15 credit hours of Health Behavior courses, including the following required coursework:

* HBEH 730 Theoretical Foundations of Behavior and Social Science (Fall, 3 cr.)

Theory is a pre-req to HBEH 816. Those who have already taken an equivalent theory course may request exemption and will take another HBEH course in lieu of HBEH 730

* HBEH 815 Foundations of Health Behavior I (Fall, 3 cr.)
* HBEH 816 Foundations of Health Behavior II (Spring, 3 cr.)
* HBEH 811 Development and Evaluation of Health Promotion and Disease Prevention Interventions, (Fall, 3 cr.)

HBEH 760 Advanced Research Methods I (Fall, 3 cr.) or its equivalent is a prerequisite for HBEH 811 (and can count towards the 15 credit requirement)

* HBEH Elective (3 cr.)

*Note: if an above HBEH course is cross-listed with another department, the student must register for the HBEH course so that the course can be applied to the Minor requirements.*

**Health Policy and Management Minor**

The HPM Department offers minors in several areas of specialization, including **Decision Sciences and Outcomes Research, Economics, Financial Management, Health Politics and Policy, and Organization and Implementation Science.**

<https://sph.unc.edu/hpm/hpm-phd-minor-areas-information/>