

Curriculum Vitae

Leslie A. Lytle, PhD

Department of Health Behavior
Gillings School of Global Public Health
University of North Carolina
316 Rosenau Hall, Campus Box 7440
Chapel Hill, NC 27599-7440
Office Phone: 919-843-8171 | Fax: 919-966-2921
llytle@email.unc.edu

Updated January 2022

CURRENT POSITIONS

Adjunct professor, Department of Health Behavior, Gillings School of Global Public Health, University of North Carolina, 2021-present

Adjunct professor, Department of Nutrition, Gillings School of Global Public Health, University of North Carolina, 2021-present

Adjunct professor, Division of Community Health and Epidemiology, School of Public Health, University of Minnesota, 2021-present

PREVIOUS POSITIONS:

Professor, Department of Health Behavior, Gillings School of Global Public Health, University of North Carolina, 2012-2020

Professor, Department of Nutrition, Gillings School of Global Public Health, University of North Carolina, 2012-2020

Chair, Department of Health Behavior, Gillings School of Global Public Health, University of North Carolina, 2012-2017

Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, 2001-2012. (Leave of absence taken in 2009-2010)

Member, Graduate Faculty; Epidemiology, Community Health Education, Maternal and Child Health, Public Health Nutrition, University of Minnesota, 1991-2012

Executive Director of the Rothenberger Institute, 2011-2012

Professor, Seattle Children's Research Institute; University of Washington, Department of Pediatrics, 2009-2010

Adjunct Member, Graduate Faculty, Department of Psychology, University of Memphis, 2004-2006

Associate Professor, Division of Epidemiology, School of Public Health, University of Minnesota, 1996-2001

Assistant Professor, Division of Epidemiology, School of Public Health, University of Minnesota, 1991-1996

Senior Lecturer, Pennsylvania State University, Nutrition Department, 1987-1989

Nutrition consultant for geriatric skilled care facility, Indianapolis, Indiana, 1979-1982

Dietitian in private practice, Indianapolis, Indiana, 1980-1982

Teaching assistant for Coordinated Undergraduate Program in General Dietetics, Purdue University, 1978-1979

Staff relief dietitian, Home Hospital, W. Lafayette, Indiana, 1978-1979

Nutrition consultant, Dairy Council of Northern Indiana, 1977-1978

EDUCATION

Bachelor of Science in Biological Health, Medical Dietetics 1976
Pennsylvania State University; University Park, Pennsylvania

Dietetic Internship resulting in dietetic registration 1977
Methodist Hospital of Indianapolis, Indiana

Master of Science in Education 1979
Purdue University; W. Lafayette, Indiana

Doctor of Philosophy; Health Behavior/Health Education 1988
School of Public Health, University of Michigan, Ann Arbor, Michigan
Dissertation title: *Psychosocial Factors in Risk Perception*

Post-doctoral Fellow; Cardiovascular Health Behavior 1989-1991
Division of Epidemiology, School of Public Health
University of Minnesota, Minneapolis, MN

RESEARCH INTERESTS

Designing multi-level community interventions; child and young adult obesity prevention; eating behavior change; ecological and psychosocial approaches to health promotion and disease prevention; evaluating the physical environment; diet assessment; and health behavior change theories.

FELLOWSHIPS AND HONORS

Elected to Delta Omega Honorary Public Health Society, 1996.

Recipient of the Virginia Beal Award for Excellence in Nutrition, University of Massachusetts, Amherst, MA, April, 2004.

Recipient of the Exemplary Paper Award (TAAG SOFIT), American Education Research Association Special Interest Group Research on Learning and Instruction in Physical Education, Chicago, 2007.

Nominated to the Robert Wood Johnson Foundation List of Most Influential Obesity Researchers, July 2009.

Recipient of the Purdue Nutrition Hall of Fame award, May 4, 2018

R01HL136769

University of California, San Diego: Godino (PI) 9/1/18-8/31/2023
Smart 2.0

Research goal: The goal of this project is to revise and evaluate a digitally-based weight loss intervention for college students.

Role: Paid consultant

Gillings Humanitarian Health Initiative Sheila Leatherman (lead) 2/2021-current
Sierra Leon Project: Rural health care initiative
University of North Carolina

Goal: The focus of the Sierra Leon project is to work with the non-profit organization, "Rural Health Care Initiative" to help evaluate ongoing maternal and child health programs in Sierra Leon.

Role: Co-lead of project/Unpaid advisor

UNC Nutrition Obesity Research Center Stephanie Martin (PI) 10/21-current
Research goal: Identify determinants of obesity risk for adolescent girls in Kibera through formative, qualitative research with the goal of working with Carolina for Kibera to develop a multicomponent, multilevel adolescent obesity prevention intervention.
Role: Unpaid co-investigator/mentor

COMPLETED MAJOR GRANT SUPPORT

Research Assistant, "Health Risk Appraisal as an Educational Intervention," John P. Kirscht, Principal Investigator, 1986-1987. (Doctoral work)

Project Manager, Evaluation of HG232 Nutrition and Your Health: Dietary Guidelines for Americans, USDA, Cheryl L. Achterberg, Ph.D., PI, 1988-1989.

Evaluation Consultant, St. Cloud School Lunch Project, Minnesota Department of Health, 1989-1990. (Post-doctoral work).

Nutrition Consultant, Child and Adolescent Trial for Cardiovascular Health (CATCH), Phase 1, National Heart, Lung and Blood Institute, NIH. Cheryl Perry, PhD, PI, 1989-1991. (Post-doctoral work).

Project Officer, Physician Assisted Cholesterol Education Program (PACE), National Heart, Lung, and Blood Institute, NIH, Russell Luepker, MD/Pat Elmer PhD, PIs, 1990-1994.

Principal Investigator, Children's Responses to Dietary Recommendations: A Qualitative Study, State of Minnesota, Department of Education, 1992-1993.

Co-Principal Investigator, Child and Adolescent Trial for Cardiovascular Health (CATCH), Phase II, 1991-1994; Phase III 1994 to 1995; National Heart, Lung, and Blood Institute; NIH. Cheryl Perry, PhD, P.I., Chair of Diet Assessment Working Group, Phase II, 1992-1994.

Co-Investigator, 5-A-Day for Better Health, National Cancer Institute, NIH. Donald Bishop, PhD, PI, 1993-1997.

Co-Investigator, Obesity Prevention in American Indians/Alaska Natives: Field Center (Pathways), National Heart, Lung, and Blood Institute, NIH. Mary Story, PhD, PI., Chair of Diet Assessment Working Group, 1994-1995.

Principal Investigator, Child and Adolescent Trial for Cardiovascular Health (CATCH), National Heart, Lung, and Blood Institute, NIH, 1995-1998.

Co-Investigator, Fogarty International Research Collaboration Award, Cardiovascular Health Among Young People in New Delhi, NIH. Cheryl Perry, PhD, PI, 1996-2000.

Co-Investigator, Project Northland, National Institute on Alcohol Abuse and Alcoholism, NIH. Cheryl Perry, PhD, PI, 1996-1997.

Principal Investigator, Reducing Cancer-Related Dietary Risk Behaviors in Adolescents, National Cancer Institute, NIH, 1997-2001.

Principal Investigator, CATCH: A Study of Institutionalization. National Heart, Lung and Blood Institute, NIH, 1998-2001.

Co-Investigator, DARE Plus, National Institute on Alcohol Abuse and Alcoholism, NIH. Cheryl Perry, PhD, PI, 1998-2002.

Co-Investigator, 5 A Day Cafeteria Power Plus, National Cancer Institute, NIH. Donald Bishop, PhD, PI, 1998-2002.

Co-Investigator, CATCH: Homocysteine Grant. National Heart, Lung, and Blood Institute, NIH. Voula Osganian, MD, PI, 2000-2002.

Co-Investigator, Tools to Assess Nutrition and Physical Activity of Youth (Project East). Centers for Disease Control, Lisa Harnack, PhD, PI, 2000-2003.

Co-Investigator, Community Characteristics and Girls' Physical Activity. Subcontract to the Rand Corporation, 2002-2006.

Co-Investigator, Physical Activity & Lymphedema Project. National Cancer Institute, NIH, Kathryn Schmitz, PhD, PI, 2004-2005.

Principal Investigator, Trial of Activity for Adolescent Girls (TAAG). National Heart, Lung, and Blood Institute, NIH. Chair of Intervention Subcommittee, 2000-2006.

Co-Investigator, Breakfast Cognitions Study, MNOC, Mark Pereira, PhD, PI, 2005-2007.

Co-Investigator, Validating a food record questionnaire for adults, Minnesota Cancer Center, Lisa Harnack, PhD, PI, 2006.

Co-Investigator, Mobilizing Youth for Action Against Tobacco in India, International Tobacco and Health Research and Capacity, Fogarty International, NIH, Cheryl Perry, PhD, PI, 2002-2007.

Co-Investigator, Preschool 5-A-Day Power Plus. National Cancer Institute, NIH. Donald Bishop, PhD. PI, 2003-2007.

Co-Investigator, Validation of a Self-Administered Tool to Assess Foods Served at Family Meals for the Prevention of Childhood Obesity. University of Minnesota Graduate School (Grant In Aid). Jayne Fulkerson, PhD, PI, 2006-2007.

Co-Investigator, Impact of Mind-Body Intervention Post Organ Transplant. National Institute of Nursing Research, NIH. Cynthia Gross, PhD, PI, 2003-2008.

Co-Investigator, Healthy Home Offerings via the Mealtime Environment. National Institutes of Health, NIDDK. Jayne Fulkerson, PhD, PI, 2006-2008.

Co-Investigator, Team COOL, NIDDK, Martha Kubik, PhD, PI, 2006-2008.

Co-Director of the Transdisciplinary Research in Energetics and Cancer (TREC) Center at the University of Minnesota, "Examining the Obesity Epidemic through Youth, Family, and Young Adults," National Cancer Institute, NIH. Robert Jeffery, PhD, 2005-2010.

Principal Investigator, Etiology of Adolescent Obesity. National Cancer Institute, NIH. Grant through the Transdisciplinary Research in Energetics and Cancer (TREC) Center at the University of Minnesota, "Examining the Obesity Epidemic through Youth, Family, and Young Adults," 2005-2010.

Senior Advisor for Healthy Eating Research, Robert Wood Johnson Foundation. Mary Story, PhD, PI. 2005-2010

Principal Investigator, Etiology of Childhood Obesity. National Heart, Lung and Blood Institute, NIH. 2006-2011.

Principal Investigator on Subcontract to Rand Corporation: TAAG 2: Away from Home. National Heart, Lung and Blood Institute, NIH. Deb Cohen, PhD, Principal Investigator. 2007-2011.

Principal Investigator, Targeted Approaches to Weight Control for Young Adults; Evaluating innovative weight reduction strategies for college students; NHLBI, 6/01/2009-5/31/2015.

Principal Investigator: Experiences of stressors and their effect on engagement in health behaviors for Latinos at high-risk of developing type 2 diabetes; NC TraCS; 5/01/2108-4/30/2019

Co-Investigator, Identifying Strategies for Effective Weight Management in Diverse Interventions; NHLBI; 12/01/2014-11/30/2019.

EDITORIAL BOARD MEMBERSHIP

Guest editor, The National Cancer Institute Family Life, Activity, Sun, Health, and Eating (FLASHE) study; *American Journal of Preventive Medicine*. June 2017.

PROFESSIONAL AFFILIATIONS

American Public Health Association
International Society for Behavioral Nutrition and Physical Activity
The Obesity Society
Society for Behavioral Medicine

MAJOR CONSULTATIONS AND ADVISORY BOARDS

Member, Expert Advisory Panel: Comprehensive School Health Education, 1993.

Member, Expert Advisory Panel: School-based Nutrition Monitoring Project. CDC funded grant from University of Texas, 1994-1998.

Member, Expert Advisory Panel: School-based Health Promotion, National Institutes of Health, February 1995.

Expert Reviewer: Guidelines for Nutrition Education in School Health Promotion, Centers for Disease Control and Prevention, 1995.

Content writer and primary presenter for CDC National Satellite Videoconference, "Nutrition: Making a Difference in Schools," 1996.

Member, Expert Advisory Panel: Designing a Health Report Card for Schools. Centers for Disease Control and Prevention, 1997-2000.

Expert Reviewer: Effectiveness of Team Nutrition, USDA and Weststat, 1998.

Expert Reviewer: Local Support for Nutrition Integrity in Schools. ADA Position Paper, 1998.

Expert Reviewer: U.S. Department of Education, Nutrition Education in Public Elementary School Classrooms, February, 1999.

Chair of Expert Panel, School Nutrition, American Academy of Pediatrics and National Association of School Nurses, Health, Mental Health and Safety in Schools, 1999-2001.

Expert Advisory Group for Youth Media Campaign (physical activity), Centers for Disease Control and Prevention, 2001-2003.

Expert Advisory Group member for Programs That Work (nutrition and physical activity), Centers for Disease Control and Prevention, 2001-2003.

Consultant: General Accounting Office, Preparation of a report to Congress on the effectiveness of USDA nutrition education programs, 2003-2004.

Member, Expert Panel, Centers for Disease Control and Prevention, Health Education Curriculum Analysis Tool, 2003-2004.

NIH Study Section, Temporary Member, SNEM I, 2003-2004.

Member Expert Panel: Action for Health Kids, Establishing and Applying Criteria for Evaluating Best Practice Interventions to Help Schools Adopt Health-Promoting Activities, 2003-2004.

Member, Nominating Committee: International Society for Behavioral, Nutritional, Physical Activity, 2004, 2005, 2006.

Consultant, Identifying Environmental and Individual Determinants of Obesity inducing Behaviors Among Adolescents Aged 12-15. PI, Johannes Brug, University of Rotterdam, The Netherlands, 2004-2006.

Consultant: Cooper Institute for Aerobic Fitness, Dallas, Texas. Advise on the development of Nutrigram, 2004-2007.

Member: NIH Study Section, Community-Level Health Promotion (CLHP), 2004-2007.

Consultant, National Cancer Institute, Examining environmental measures to assess the dietary environment, 2007-2008.

Member, Expert Panel: National Bone Health Campaign, Centers for Disease Control and Prevention, 2006-2008.

Member, Dannon Institute Board, 2009-2018

Member, Dannon Institute Schools Committee, 2006-2009

Member, Expert Panel, Guideline for School Health Programs to Promote Lifelong Physical Activity and Healthy Eating, Centers for Disease Control and Prevention, 2006-present.

Member Expert Panel: Common Community Measures for Obesity Prevention, Centers for Disease Control and Prevention, 2007-present.

Elected member of the Executive Board for the International Society for Behavioral Nutrition and Physical Activity: Position, Member at Large. 2009-present.

Invited Faculty; 2010 Summer Training Institute on Randomized Control Trials Involving Behavioral Interventions, NIH/NHLBI

Expert Reviewer: FLASHE Study, National Cancer Institute, 2013.

Member: NIH Review panel; Academic-Community Partnership Conference Series, April, 2013.

Expert Reviewer: Department of Behavioral and Social Science, Brown University School of Public Health, October 29, 2014.

Expert Panel: Parenting practices and obesogenic behaviors; University of British Columbia. Spring 2015.

Advisory Board Member: School Health Tools and Resources Dissemination. Collaboration between Centers for Disease Control and Prevention, RTI International and the University of North Carolina at Chapel Hill. Spring 2016.

Consultant, National Collaborative on Childhood Obesity Research (NCCOR), Measures Registry. Author of the "User's Guide for assessing the food environment." 2015-2017

Member, Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) Core Measures Working Group, National Institutes of Health. 2016-2018.

Consultant, Danone International Institutes. Creating a Global Healthy Family Initiative. 2016-2018

Consultant, National Collaborative on Childhood Obesity Research (NCCOR), Measures Registry. Author e-learning modules based on the content of the User Guides. 2018-2020

Elected member, Danone International Institute, 2013- 2019

Temporary member, NIH Study Section (PRDP), June 2020 and October 2020

President, Danone Institute North America. 2018-present

MAJOR UNIVERSITY ACTIVITIES

University of North Carolina

Chair, Global Implementation Committee, Gillings School of Global Public Health, 2012-2013.

Invited participant, Center for Creative Leadership training, University of North Carolina, 2013-2014.

Chair, Search Committee for Epidemiology department chair. 2016-2017.

Member, Center for AIDS Research (CFAR) Core Advisory Board, University of North Carolina, 2017-2018.

Chair, Review committee for Center for Health Promotion and Disease Prevention, University of North Carolina, September 2018-February 2019

University of Minnesota

Member, Faculty Consultative Committee, School of Public Health, 1992-1993.

Member, Faculty Advisory Committee, Division of Epidemiology, 1992-1994; 1998-2002.

Member, Nutrition Coordinating Center (NCC) Review and Management Committee, 1993-1995; 1996-1997.

Nutrition Coordinating Center Advisory Committee, 1996-1999.

Major Chair, Community Health Education (CHE), Division of Epidemiology, School of Public Health, University of Minnesota, 1997-2000.

Major Chair, Public Health Nutrition, Division of Epidemiology, School of Public Health, 2003-2006.

Member, Division Training Committee, Division of Epidemiology, School of Public Health, 1997-2000; 2003-2006.

Member, Education Policy Council, School of Public Health, University of Minnesota, 1997-2000; 2003-2012. Member, University of Minnesota Cancer Center, 1997-2006

Member, School of Public Health Awards Committee, 2003-2007.

Elected Member, Appointment, Promotion and Tenure (APT) committee, School of Public Health, 2005-2007.

Member, University of Minnesota Cancer Center, 1999-2012.

Member, University of Minnesota Obesity Center, 1999-2012.

Member, University of Minnesota, Center for Youth Health Promotion, 2000-2012.

Member, University of Minnesota, Obesity Prevention Center, 2004-2012.

MAJOR TEACHING ACTIVITIES

Pennsylvania State University

Senior Lecturer, Nutrition Department, "Introductory Principles of Nutrition," Fall-Spring 1988-1989. (Undergraduate and graduate level)

Senior Lecturer, "Planning and Evaluating Community Nutrition Programs" and "Psychosocial Factors in health behavior," Spring 1988, Spring 1989. (Undergraduate and graduate level)

University of Minnesota

PubH 5054, Foundations of Health Education, Fall 1992. (Master's level)

PubH 5026, Psychosocial Approaches to Health Behavior Change, Fall 1993, Fall 1994, Spring 1995, Fall 1995, Spring 1996, Fall 1996, Spring 1997, Fall, 1997. (Master's level)

PubH 5050, Community Health Theory and Practice I, Fall 1999. (Master's level)

PubH 5005, Fundamentals of Social and Behavioral Science, Fall 2000. (Master's level)

PubH 5333, Human Behavior I, Fall 2002, Fall 2004. (Doctoral level)

PubH 5914, Community Nutrition Intervention, Spring 2004. (Master's level)

PubH 5020, Web-based Fundamentals of Social and Behavioral Science, Spring 2003, 2004, 2005. (Master's level)

PubH 5020, Fundamentals of Social and Behavioral Science, Spring 2001, Fall 2001, 2002, 2003, 2004, 2005. (Master's level) (Primary course developer for this course to fulfill social and behavioral core requirements for MPH degree)

PubH 5334, Human Behavior II, Spring 2003, Spring 2005. (Doctoral level)
 PubH 8390, Teaching Practicum in Epidemiology, Spring 1999, Spring 2003, Spring 2005, Spring 2007. (Doctoral level)
 PubH 6050, Community Health Theory and Practice I, Fall 2005, Fall 2006, Fall 2008. (Master's level)
 PubH 6333, Human Behavior I, Fall 2006, Fall 2008. (Doctoral level)
 PubH 6334, Human Behavior II, Spring 2007, Spring 2011. (Doctoral level)
 PubH 6035, Evaluation II, Fall 2021 (Masters level)

University of North Carolina

HBEH 811, Development and Evaluation of Health Promotion and Disease Prevention Interventions, Fall 2013, 2014, 2015, 2016. (Doctoral level)
 HBEH 816, Foundations of Health Behavior II, Spring 2018 (Doctoral level), Spring 2019, Spring 2020

STUDENT ADVISING

MASTER'S DEGREE

Student Name	Major	Advisor's Role	Completion
Jennifer O'Flaherty	EPI	Academic Advisor	1993
Faryl Nothwehr	EPI	Academic Advisor	1993
Sarah Williams	PHN	Project Advisor	1994
Lea Larson	CHE	Project Advisor	1995
Julie Jacobi	FSN	Project Committee	1995
Becky Hanson	CHE	Project Advisor	1995
Randi Bernstein	CHE	Academic Advisor	1996
Rebecca Fee	CHE	Project Advisor	1996
Jennifer Bentley	Ed Psych	Project Committee	1996
Cindy Haines	CHE	Project Advisor	1997
Jayne Griffith	Ed Psych	Project Committee	1997
Delight Satter	CHE	Academic/Project Advisor	1997
Bernette Finley-Drawe	Nursing	Project Committee	1997
Lisa Turnquist	CHE	Academic/Project Advisor	1998
Lisa Frankamp	CHE	Project Advisor	1998
Kathy Stolle-McAllister	CHE	Project Committee	1998
Deb Hill	CHE	Project Committee	1998
Aynsley Smith	PHA	Project Advisor	1998
Christine Lee	EPI	Academic Advisor	1999
Angela Smithson	CHE	Project Advisor	1999
Sarah Rybicki	CHE	Project Committee	1999
Pam Johnson	CHE	Academic Advisor	1999
Jennifer Ellsworth	EPI	Academic Advisor	2000
Erin Ryvasy	CHE	Academic Advisor	2000
Earlene Bronson	CHE	Project Advisor	2000
Jessica Grossmeyer	CHE	Academic Advisor	2001
Alexandra Stillman	CHE	Academic Advisor	2001
Allison Rick	CHE	Project Advisor	2001

Liliana Pinete	MCH	Project Committee	2001
Cara Texler	PHN	Project Committee	2001
Katherine Bass	CHE	Project Advisor	2003
Naomi Duke	MCH	Academic Advisor	2003
Rebecca Mitchell	CHE	Academic Advisor	2003
Jason Paltzer	CHE	Academic Advisor & Project Advisor	2003
Christine Mannelli	MCH	Academic Advisor	2003
Teresa Jacobs	CHE	Project Committee	2003
Jen Brosnan	MCH	Project Committee	2003
Angelica Fleischer	CHE/Nursing	Academic Advisor	2004
Kim Russow	CHE	Project Committee	2004
Rachel Cope	PHN	Academic Advisor & Project Advisor	2005
Becky Sanchez	CHE	Project Committee	2005
Stacey Moe	CHE	Project Advisor	2005
Johanna Rehorst	PHN	Committee Member	2005
Kelly Beckwith	CHE	Academic Advisor	2005
Loren Utter	CHE	Project Advisor	2006
Heide Lish	PHN	Project Advisor	2006
Jessica Seppela	CHE	Project Advisor	2006
Lea Howard	CHE	Academic Advisor	2006
Rachel Beline	Nursing	Project Committee	2006
Amy Meinen	PHN	Project Committee	2006
Elizabeth Brock	CHE	Academic Advisor & Project Advisor	2006
Allison Ishizaki	CHE	Committee Member	2007
Andrea Reichert	PHN	Academic Advisor	2007
Amanda Galster	CHE	Academic Advisor & Project Advisor	2007
Anne Samuelson	CHE	Committee Member	2007
Joy Ahern	CHE	Committee Member	2007
Alyssa Wittorf	PHN	Committee Member	2007
Katie Loth	PHN	Academic Advisor	2008
Jean Wentink	CHE	Project Advisor	2008
Laura Miller	CHE	Academic Advisor	2008
Andrew Magill	CHE	Project Advisor	2008
Renzo Amaya	CHE	Academic Advisor	2008
Kari Leif	MCH	Academic Advisor	2008
Lorna Schmidt	CHE	Project Advisor	2010
Sook Ling	MSc thesis University of Otago	External Reviewer	2010
Lauren Bartley	CHE	Project Advisor	2012
Sara Kramer	CHE	Project Advisor	2012
Amanda Krentz	CHE	Academic & Project Advisor	2012
Dustin Nelson	PHN	Committee Member	2012
Laura Angvall	CHE	Project Advisor	2013
Anne Norris	CHE	Committee Member	2013
Haley Cureton	CHE	Academic Advisor	2013
Ramtoulie Jallow	CHE	Academic Advisor	2013
Michaela Richardson	Epi	Academic Advisor	2013
Kirsten Duncan	CHE	Project Advisor	2013
Melissa Larsen	PHN	Academic & Project Advisor	2013
Pamela Hoffman	Univ of Anchorage, AK	Committee Member	2013
Prathayini Muthiah	CHE	Academic Advisor	2013

Teresa Roark	CHE	Academic Advisor	2013
Deepshikha Singh	MCH, UMN	Committee Member	2014
Charla Hodges	HB/CRP	Academic Advisor	2014
Amy Bryson	HB	Academic Advisor	2015
Jed Hinkley	HB	Academic Advisor	2015
Jenna Alvey, DDS	Dentistry, UNC	Committee Member	2015
Lindsay Bailey	HB	Academic Advisor	2016
Justin Chu	HB	Academic Advisor	2016
Julia Katz	HB	Academic Advisor	2016
Kendra Braudt	HB	Academic Advisor	2018
Megan Peters	HB	Academic Advisor	2018
Jeff Gilbert	HB	Academic Advisor	2019
Maura Drewry	HB	Academic Advisor	2020

DOCTORAL DEGREE

Jamie Stang	PHN, UMN	Committee Member	1996
Garth Weiss	Kinesiology, UMN	Committee Member	1998
Pinyupa Plianbangchang	Soc A Pharm, UMN	Committee Member	1998
Annie Ling,	U of Otago, New Zealand	Thesis Reader	1999
Amanda Birnbaum	Epidemiology, UMN	Advisor	2000
Nanna Lien	U of Oslo, Norway	Committee Member	2002
Martha Kubik	Epidemiology, UMNv	Advisor	2002
June Kloubec	Kinesiology, UMN	Committee Member	2005
Jonathan Blitstein	Univ of Memphis	Committee Member	2005
Reshmi Singh	Soc A Pharm, UMN	Committee Member	2005
Teri Burgess-Champoux	Food Sci & Nutr, UMN	Committee Member	2006
Kari Kugler	Epidemiology, UMN	Committee Member	2006
Megan Warren	Epidemiology, UMN	Committee Member	2006
Liz Klein	Epidemiology, UMN	Committee Member	2007
Carrie Heitzler	Epidemiology, UMN	Advisor	2009
Nina Alesci	Epidemiology, UMN	Committee Member	2010
Camilla Sandvig	Univ of Oslo, Norway	First Opponent; Committee Member	2010
Scott Shimotsu	Epidemiology, UMN	Committee Member	2011
Leia Minaker	Univ of Alberta, Canada	Committee Member	2012
Jay Desai	Epidemiology, UMN	Committee Member	2013
Samual Hintz	Psychology, UMN	Committee Member	2013
Heather D'Angelo	Health Behavior	Committee Member	2015
Allison Myers	Health Behavior	Dissertation Chair	2016
Brooke Nezami	Health Behavior	Committee Member	2016
Linden Thayer	Nutrition	Committee Member	2016
Jayne Jeffries	Health Behavior	Dissertation Chair	2017
Gabriela Arandia	Health Behavior	Committee Member	2017
Michael Close	Health Behavior	Dissertation Chair	2018
Deshira Wallace	Health Behavior	Dissertation Chair	2019
Jessica Soldvini	Nutrition	Committee member	2021
Guy Ikembo Wanghi	Democratic Republic of Congo	Committee member	2021

Invited Speaker: "Understanding and Using Behavior Change Theory." Society for Nutrition Education 29th Annual Meeting, St. Louis, MO, July 20-24, 1996.

Invited Speaker: "Outcomes of the Child and Adolescent Trial for Cardiovascular Health." XVIII Congress of the European Society of Cardiology, Birmingham, England, August 25-29, 1996.

Invited Speaker: "Dietary Interventions in Children: Where Do We Go from Here?" American Public Health Association 124th Annual Meeting, New York, NY, November 17-21, 1996.

1997

Invited Speaker: "Nutrition Education: Bridging Theory and Practice." Keynote address and workshop, Organization for Nutrition Education, Hamilton Ontario, March 7, 1997.

Invited Speaker: "School-Based Nutrition Programs: Lessons Learned from CATCH." Team Nutrition Conference, University of New Hampshire, July 8, 1997.

Invited Speaker: "Best Practices in Nutrition Education." MN Extension and the Department of Children, Families and Learning, Summer Session, July 1997.

Keynote Address: "Effective Nutrition Education Practices." Children, Families and Learning, Minneapolis, MN. December 10, 1997.

1998

Invited Speaker: "Understanding and Influencing Children's Eating and Activity Behavior." Minnesota Nutrition Council Annual Conference. Minneapolis, MN, March 1998.

Invited Speaker: "Dietary Assessment Methods Used in CATCH: A School-Based CVD Primary Prevention Intervention." 3rd International Diet Assessment Conference, The Netherlands, May 1998.

Invited Speaker: "Persistence of Intervention Effects on Diet and Physical Activity of Adolescents: A 3-Year Follow-Up of the CATCH Study." Oslo, Norway, May 1998.

Invited Speaker: "Dietary Assessment Methods used in CATCH: A School-Based CVD Primary Prevention Intervention." Oslo, Norway, May 1998.

Invited Speaker. An Overview of the TEENS Study. Oslo, Norway, May 1998.

Invited Speaker: "School Based Nutrition Education." 1998 Team Nutrition and Fitness Summer Institute, Durham, New Hampshire, July 1998.

Invited Speaker: "Development of a Scale Using Nutrition Attitudes for Audience Segmentation." The American Dietetic Association (ADA), Kansas City, MO, November 1998.

Invited Speaker: "Formative Evaluation for a Junior High Nutrition Intervention." American Public Health Association, 126th Annual Meeting and Exposition, Washington, D.C., November 1998.

Invited Speaker: "Three Year Follow-up of the Child & Adolescent Trial for Cardiovascular Health (CATCH)". American Public Health Association, 126th Annual Meeting and Exposition, Washington, D.C., November 1998.

1999

Invited speaker: "What are Minnesota Kids Eating?" MN Dept. of Children, Families, & Learning, St. Paul, MN, March 1999.

Invited Speaker: "Reducing Cardiovascular Disease Risk Through School-Based Programs: The CATCH Study." Great Lakes Regional Conference, Columbus, Ohio, April 1999.

Invited Speaker: Obesity: Partnerships for Research and Prevention, Centers for Disease Control and Prevention, Atlanta, Georgia, May 1999.

Invited Speaker: "School Based Nutrition Education" UNH Summer Institute on Team Nutrition, New Hampshire, July 1999.

Invited Speaker: "Behavior Change Targeting Youth", Nutrition Behavior Grants Meeting, Herndon, Virginia, September 1999.

Invited Speaker. "Parental Energy Index: Saliency of Health Messages for Families of Adolescents." American Public Health Association (APHA), Chicago, Illinois, November 1999.

2000

Invited Speaker: "Changes in Food Choices Over Time in a Cohort of Youth." Society for Nutrition Education, Charleston, South Carolina, July 2000.

Invited Speaker: "Using Theory to Design School-Based Nutrition Education Interventions." Society for Nutrition Education, Charleston, South Carolina, July 2000.

Invited Speaker: "School Based Nutrition Education" UNH Summer Institute on Team Nutrition, New Hampshire, July 2000.

Invited Speaker: "Measuring the Intake of Children", Fourth International Conference on Dietary Assessment Methods, Tucson, Arizona, September 2000.

Invited Speaker: "Working Towards a Healthy School Nutrition Environment: Experience from the TEENS Study." American Public Health Association, Boston, MN, November 2000.

Invited Speaker: "Teens: Link Between Rating Breakfast and Adolescent Obesity." Shaping a Healthy New Hampshire, New Hampshire Department of Education, November 2000.

2001

Invited Speaker: "Working with School Food Service to Create a Healthier Middle School Environment: Experience from the TEENS Study." Minnesota School Health Education Conference, Bloomington, MN, February 2001.

Invited Speaker: "Soft Drinks in Schools: Exploring the Issues - Perspectives of Issues from Parents, Students and School Staff." Soft Drink and Schools Symposium, Minneapolis, MN, June 2001.

Invited Speaker: "School-Based Nutrition Education." UNH Summer Institute on Team Nutrition, New Hampshire, July 2001.

Invited Speaker: "The Obesity Epidemic in Youth." Minnesota School Food Service Association Annual Conference. Duluth, MN, July 2001.

Invited Speaker: "Changing Consumption: Models for Effective Change." Grains Conference: Just for the Health of It, St. Paul, MN, September 2001.

Invited Speaker: "Can We Effect Change in Adolescent Fruit and Vegetable Intake?" American Public Health Association, Atlanta, GA, November 2001.

2002

Invited Speaker: "Insights from TEENS: A Middle School, Nutrition Intervention Including Policy Changes, Curricula and Family Involvement." Healthy Kids - Healthy Communities: Integrating Health and Education, CDC 2002 National Leadership Conference in Washington, D.C., February 2002.

Invited Speaker: "Childhood Obesity: Our Role." Stars Shine for Child Nutrition – 45th Annual Wisconsin School Food Service Association Conference, Madison, WI, June 23-26, 2002.

Invited Speaker: "Childhood Obesity: Our Role." 35th Annual Society for Nutrition Education Conference, St. Paul, MN, July 27-31, 2002.

Invited Speaker: "Youth-Based Nutrition Interventions: An International Perspective." Oslo, Norway, August 2002.

2003

Keynote Speaker: "Preventing Childhood Obesity: A Multi-Level Approach." Cardiovascular Health Summit – Montana Department of Public Health and Human Services, Big Sky, MT, April 1-4, 2003.

Invited Speaker: "The School Food Environment and Childhood Obesity". Educational Forum on Adolescent Health, Journal of the American Medical Association, Washington, DC, May 16, 2003.

Guest Expert: "The School Food Environment and Childhood Obesity." Action for Healthy Kids. Phone Symposium, June 2003.

Invited Speaker: "Preventing Childhood Obesity: A Multi-Level Approach." University of Colorado Health Science Center, Denver, CO, June 23, 2003.

"The Trial of Activity in Adolescent Girls: (TAAG) Conceptual Model and Intervention Strategies." Second Conference of the International Society of Behavioral Nutrition and Physical Activity (ISBNPA). Quebec City, Canada, July 2003.

"The Trial of Activity in Adolescent Girls: Overview and Study Design." Second Conference of the International Society of Behavioral Nutrition and Physical Activity (ISBNPA). Quebec City, Canada, July 2003.

Invited Speaker: "Outcomes from the TEENS Study." Second Conference of the International Society of Behavioral Nutrition and Physical Activity (ISBNPA). Quebec City, Canada, July 2003.

Invited Speaker: "Increasing Physical Activity in Adolescent Girls: The TAAG Study". North American Association for the Study of Obesity (NAASO), Ft. Lauderdale, FL, October 2003.

Invited Speaker. "Trial of Activity in Adolescent Girls: Conceptual Model and Intervention Strategies." American Public Health Association (APHA), San Francisco, CA, November 2003.

2004

Invited Speaker. "The Trial of Activity in Adolescent Girls: An Overview." Department of Kinesiology, University of Minnesota, February 16, 2004.

Invited Speaker. "Children, Change, and Food Choice". Ontario Health Promotion Conference, Toronto, Canada, March 12, 2004.

Invited Speaker. "Choices - Challenges in promoting weight loss in children and adolescents." 16th Annual Virginia A. Beal Lecture, University of Massachusetts, Amherst MA, April 14, 2004.

2005

Invited Speaker. "Considering the Impact of Food Policy on the Health of Americans", Association of University Woman, St. Paul, MN, January 2005.

Invited Speaker. "What Do We Know About Obesity Prevention Interventions that Work?" Childhood Obesity Conference, Iowa State University, Ames, Iowa, March 2005.

Keynote Speaker, "Tackling the Childhood Obesity Epidemic: Where Do We Start?", Childhood Obesity Conference, Hennepin County, Bloomington, MN, April 13, 2005.

Invited Speaker. "Environmental Influences Contributing to Childhood Obesity", Childhood Obesity Conference. Rutgers University, Rutgers, New Jersey, April 15, 2005.

Keynote Speaker. "Challenges and Opportunities in Addressing the Childhood Obesity Epidemic", Childhood Obesity Conference. University of Wisconsin, Madison, WI, May 2005.

Invited Speaker, "Preventing Childhood Obesity: Issues and Challenges", Society for Prevention Research. Washington, DC, May 2005.

Invited Speaker, "Lifestyle, Environmental Influences and Health: Childhood Obesity", Oslo Youth Summit, Oslo, Norway, June 2005.

Invited Speaker. "Should Schools be Involved in Obesity-Prevention Efforts for Youth? The "Pro" Side", North American Association for the Study of Obesity (NAASO), Vancouver, British Columbia, October 2005.

2006

Invited Speaker: "The Minnesota TREC Center: Examining the Obesity Epidemic through Youth, Family and Young Adults." TREC Centers Scientific Meeting, Pasadena, California, February 2006.

"Obesity Prevention Among Children" 14th Annual Meeting of the Society for Prevention Research. San Antonio, Texas, May 2006.

Invited Speaker: "Preventing Childhood Obesity Overview of Issues and Approaches" University of Texas Health Science Center. Houston, Texas, May 2006.

Invited Speaker: "Overview of the TREC Project." Minnesota Cancer Center Meeting, Minneapolis, MN May 2006.

"Predictors of Change in Weight Status in Adolescents." World Congress of Public Health Nutrition, Barcelona, Spain, September 2006.

Invited Speaker: "Healthy Families: What does it take?" Heart of Lakes United Way. Alexandria, MN, October 2006.

Invited Speaker: "Influencing healthful behaviors in youth: The role of schools" National Food Service Management Institute, University of Mississippi. University, MS, November 2, 2006.

"Tobacco use by adolescents in urban India: Differences in perceptions of the social environment" International Congress of Behavioral Medicine. Bangkok, Thailand, December 2006.

Invited Speaker: "Influencing Healthful Behaviors of Youth: The Role of Schools" Community Foundation for Southeast Michigan. Detroit, MI, December 2006.

2007

Invited speaker: "Influencing healthful behaviors of youth: The role of schools" Johns Hopkins University, Bloomberg School of Public Health. Baltimore, MD, January 2007.

Invited speaker: Funders update for Robert Wood Johnson in Healthy Eating Research. Active Living Research Conference. San Diego, CA, February 24, 2007.

Invited Speaker: "Best practices for measuring impact of nutrition education programs." University of Nebraska - Lincoln. Kansas City MO, April 12, 2007.

Invited speaker: "School and Family influences on children's eating behaviors" Field to Plate Conference, Loire Valley, France, April 23, 2007.

"Validation of Internet Based Dietary Assessment (VIDA)" TREC Centers Scientific Meeting, Pasadena, CA, May 1, 2007.

"Reliability and Validity of A Physical Activity and Media Equipment Inventory" TREC Centers Scientific Meeting, Pasadena, CA, May 1, 2007.

Invited speaker: "Preventing Youth Obesity: An ecological approach" USC/IPR/NIH Institute for Prevention Research Pasadena, CA, May 2, 2007.

Invited speaker: "Our health, our weight: Preventing obesity in children". Health Systems Research, Inc. An Altarum Company. Detroit, MI, May 2007.

"Psychometric Testing of Measures to assess the social-ecological environment of obesity." Moe SG, Nelson MC, Fulkerson JA, Pasch KE, [Lytle LA](#). ISBNPA, June 2007.

"Reliability and validity of a survey instrument to assess dietary behaviors among diverse youth populations." Nelson MC, Davis J, Ventura E, [Lytle LA](#). 5th TREC Centers Scientific Meeting, October 11, 2007.

"The Development and Validation of a Home Food Inventory that Assesses Foods Implicated in the Obesity Epidemic". Fulkerson JA, [Lytle LA](#), Nelson MC, Moe SG. 5th TREC Centers Scientific Meeting, October 11, 2007.

"Validity and Reliability of a Home Environment Inventory for Physical Activity and Media Equipment" Sirard JR, Nelson MC, Pereira MA, [Lytle LA](#). 5th TREC Centers Scientific Meeting, October 12, 2007.

"Validating Internet-Based Dietary Assessment (VIDA)" Pereira M, Desai J, Harnack L, [Lytle LA](#). 5th TREC Centers Scientific Meeting, October 12, 2007.

Invited Speaker: "Measurement of the Food Environment: State of the Science and Issues" NIH Conference on Measures of the Food and Built Environments: Enhancing Research Relevant to Policy on Diet, Physical Activity and Weight, November 1, 2007.

Invited Speaker: "Examining the Etiology of Youth Obesity" University of Florida – Jacksonville, FL, December 4, 2007.

Invited Speaker: "Transferring policy research skills from substance abuse to childhood obesity: Understanding the new opportunities" Substance Abuse Policy Research Program Annual Meeting. December 6, 2007.

2008

"Examining the relationship between sleep and weight status in a cohort of adolescents: Results from the IDEA study". Poster Presentation. [Lytle LA](#), Pasch K, Nelson M. ISBNPA Meeting, May 23, 2008.

“The Influence of Parent’s Negative Weight-Related Messages on Youth’s Weight Satisfaction and Dieting Behavior” Pasch KE, Nelson M, Fulkerson J, Moe S, Hearst M, Lytle LA. ISBNPA Meeting, May 22, 2008.

“Healthy Home Offerings”. Fulkerson J, Rydell S, Kubik M, Lytle LA, Boutelle K, Story M, Neumark-Sztainer D. ISBNPA Meeting, May 23, 2008.

2009

“Your School Wellness Policy – 5 solutions for 5 common problems” Lytle LA. New York State School Superintendents Conference. Albany, NY, January 2009.

Invited speaker “The Etiology of Childhood Obesity: IDEA and ECHO studies” Lytle LA. Indiana University, March 2009.

Invited Speaker. “Updates on Childhood Obesity and the Healthy Eating Research Program, RWJF.” Lytle, LA. Leadership for Healthy Communities. Jackson, Mississippi, March 2009.

“Examining the etiology of childhood obesity: Sleep and BMI in a cohort of adolescents.” Pasch KE, Lytle LA. New Orleans, LA, April 19, 2009.

“Validation of Internet-based Dietary Assessment (VIDA)” Pereira MA, Desai J, Harnack LJ, Mueller N, Lytle LA. TREC Scientific Meeting, May 2009.

“Comparative validation of an internet-based dietary assessment (VIDA).” Desai J, Pereira M, Harnack L, Mueller N, Lytle LA. ICDAM, May 2009.

“Accelerometer cutoffs for moderate-to-vigorous physical activity: a sensitivity analysis.” Sirard JR, Welk G, Heitzler CD, Lytle LA. ACSM Annual Meeting, May 2009.

“Validation of a screening instrument to assess the types and quality of foods served at meals.” Fulkerson JA, Lytle LA, Story M, Moe SG, Samuelson AC. ISBNPA Annual Meeting, June 2009.

“Food use in middle and high school fundraising: does policy support healthy practice?” Kubik MY, Lytle LA, Farbakhsh K, Moe SG, Samuelson AC. ISBNPA Annual Meeting, June 2009.

“Are U.S. schools meeting institute of medicine guidelines for foods and beverage vending?” Pasch KE, Lytle LA, Samuelson AC, Farbakhsh K, Kubik MY, Laska MN, Heitzler CD. ISBNPA Annual Meeting, June 2009.

“Parental Perceptions of their adolescent’s weight status: The etiology of childhood obesity (ECHO) Study.” Hearst MO, Sherwood NE, Klein EG, Pasch KE, Lytle LA. ISBNPA Annual Meeting, June 2009.

“Comparison of three measures of physical activity among adolescents and the association with percent body fat.” Hearst MO, Sirard JR, Lytle LA, Heitzler CD, Dengel DR. ISBNPA Annual Meeting, June 2009.

“Examining the relationship between positive family meal practices and the BMI status of youth and adults.” Lytle LA, Hearst MO, Fulkerson JA, Pasch KE, Murray DM, Klein EG, Martinson BC. ISBNPA Annual Meeting, June 2009.

“Home food availability in emerging adulthood: Implications for obesity prevention” Laska MN, Fulkerson JA, Lytle LA. Obesity Society Scientific Meeting, October 2009

“Quality of the family dinner and overweight status among youth and parents” Fulkerson JA, Farbakhsh K, Lytle LA, Pasch K. Obesity Society Scientific Meeting, October 2009.

“Evaluating innovative weight gain prevention strategies for at-risk college youth” [Lytle LA](#). Targeted Approaches to Weight Control in Young Adults Steering Committee Meeting, Washington DC. October 2009.

“Impact of the Home Environment on Metabolic Syndrome and Other Physiological Variables”, Dengel D, Hearst M, Harmon J, Sirard J, Heitzler C, [Lytle LA](#). 25th International Symposium of Pediatric Work Physiology, Le Touquet, France, October 2009.

“Associations between self-reported versus objectively measured physical activity, biomarkers, and obesity in adolescents and adults”, Berrigan D, Atienza A, Hearst M, [Lytle LA](#), Troiano R, Ballard-Barbash R. NCI, Bethesda, MD 2009.

“Examining the etiology of childhood obesity: Sleep and BMI in a cohort of adolescents.” [Lytle LA](#). Fred Hutchinson Cancer Research Institute. November 2009.

2010

“Agreement in Reported Walking Trips and Locations between GPS/Accelerometer Data and a Travel Diary among Adolescent Girls.” Rodriguez DA, Cho G, Cohen D, Evenson K, Shay E, Pickrel J, Elder J, Conaway T, [Lytle LA](#), Veblen-Mortenson S, Ghosh-Dastidar B. Active Living Research Annual Conference, February 2010.

“Is sleep related to BMI in young adolescents?” [Lytle LA](#). Pediatric Academic Society’s Annual Meeting, May 2010.

“The Relative Influence of Demographic, Individual, Social and Environmental Factors on Physical Activity among Boys and Girls.” Heitzler CD, Sirard JR, [Lytle LA](#), Erickson DJ, Barr-Anderson D, Story M. International Congress of Physical Activity and Public Health, May 2010.

“Physical Activity and Sedentary Activity Patterns among Children and Adolescents: A Latent Class Analysis Approach.” Heitzler CD, Sirard JR, [Lytle LA](#), Erickson DJ, Barr-Anderson D, Story M. International Congress of Physical Activity and Public Health, May 2010.

“Development of Accelerometer Cut Points using Age-Adjusted MET values in Adolescents.” Sirard JR, [Lytle LA](#), Heitzler CD, Welk G. International Congress of Physical Activity and Public Health, May 2010.

“Physical Activity and Screen time: Effects of the Physical Home Environment.” Sirard JR, Laska MN, Heitzler CD, Farbaksh K, [Lytle LA](#). ACSM Annual Meeting, June 2010.

“School and district wellness councils and availability of less healthy food in vending machines in middle and high schools.” Kubik MY, [Lytle LA](#), Farbaksh K. ISBNPA Annual Meeting, June 2010.

“Examining change in competitive foods from 2006 to 2008 in a cohort of Minnesota schools.” [Lytle LA](#), Kubik MY, Farbaksh K. ISBNPA Annual Meeting, June 2010.

“Food sources for family dinner and associations with overweight status, percent body fat, and metabolic syndrome among adolescents and their parents.” Fulkerson JA, Farbaksh K, [Lytle LA](#), Hearst MO, Kubik MY. ISBNPA Annual Meeting, June 2010.

“Youth Risk Behaviors and Body Composition: Does Risk in one area predict risk in the other?” Pasch KE, Velazquez CE, [Lytle LA](#), Laska MN, Moe SG. ISBNPA Annual Meeting, June 2010.

“EARLY Webinar: Intervention Plans” Minneapolis, MN, July 2010.

Invited presentation “Implementation and Operations of Cluster Randomized Trials” Lytle, LA. RCU Summer Institute; Washington, DC. July 2010.

Invited presentation “Now the Fun Begins: Creating Implementing, and Evaluating Nutrition Education Programs” Lytle, LA. Nutrition and Food Update: “Educating for Effectiveness” University of Nebraska; Lincoln, NE. October 1st, 2010

“Examining the etiology of childhood obesity: Sleep and BMI in a cohort of adolescents” Lytle, LA. Division of Epidemiology and Community Health Seminar, University of Minnesota. Minneapolis, MN October 22, 2010.

2011

“Transitioning from adolescence to young adulthood: age-related associations in meal patterns and timing of eating occasions.” Laska MN, Farbakhsh K, Harnack L, Lytle LA. Society for Research in Child Development Annual Meeting. March 2011.

Invited presentation: “A research agenda for the next decade: Work on important problems; be great mentors; persevere.” University of Minnesota, Minneapolis, MN. May 2011

“Adolescent Physical Activity and the Built Environment: A Latent Class Analysis Approach.” McDonald K, Hearst M, Farbakhsh K, Patnode C, Forsyth A, Sirard J, Lytle LA. Society for Epidemiologic Research Annual Meeting, Montreal Quebec Canada, June 2011

“Multilevel predictors of adolescent physical activity: A longitudinal analysis” Hearst M, Patnode C, Sirard J Farbakhsh K, Murray D, Lytle LA. ISBNPA Annual Meeting, Melbourne, Australia. June 2011.

“How area deprivation gets under the skin: A mediation analysis of the effect of area deprivation on cardiovascular disease biomarkers” Hearst MO, Lytle LA, Dengel D, Sirard J, Parker E. AJPM 2011

“Adolescent Physical Activity and the Built Environment: A Latent Class Analysis Approach.” McDonald K, Hearst M, Farbakhsh K, Patnode C, Forsyth A, Sirard J, Lytle LA. Society for Epidemiologic Research, Montreal Canada June 2011

“The use of formative research to create and revise weight control interventions: An example from the CHOICES study.” Lytle LA. November 2011

“Examining Environmental Factors and Their Relationship to Youth Obesity Risk: Data from the IDEA and ECHO Studies.” Lytle LA. November 2011

2012

Invited presentation: “An evolution of health promotion research: From CATCH to CHOICES.” University of North Carolina; Chapel Hill, NC. Lytle LA. March 2012.

“Recruiting young adults into obesity trials: Lessons from the EARLY trials.” Lytle LA, Loria C, Svetkey L, Jakicic J, Johnson K, Olson C, Patrick K, Wing R, Tate D, Fernandez I. American Heart Association EPI/NPAM 2012 Scientific Sessions, March 2012.

“An etiologic study of youth obesity: What are we learning about sleep, family meal practices and the built environment?” Lytle LA. NICHD April 2012

2013

Invited guest: 7th Annual Michael and Susan Dell Lectureship in Child Health. Austin, Texas. February 2013.

Invited guest: "Blessing of a Base Camp." Commencement address, University of Texas School of Public Health, Austin Regional Campus. Austin, Texas; May 9, 2013.

Invited speaker: "Who are the Super-Users on a weight-gain prevention website for college students?" Lytle LA, Laska MN, Baker W. ISBNPA Annual Meeting; Ghent, Belgium. May 2013.

"Examining Home and Parental Factors and Their Relationship to Youth Obesity Risk: Data from the ECHO Study." Kings College; London, England. May 29, 2013.

Lytle LA, Laska MN. "Understanding the behavioral characteristics of 'Super users' for a weight gain prevention website." Accepted as part of the *Using Technology in Behavioral Intervention Trials Targeting Young Adults: The Early Adult Reduction of weight through Lifestyle intervention (EARLY) Trials* Population Health Symposium. The Obesity Society Annual Scientific Meeting; Atlanta, Georgia. November 2013.

2014

Keynote moderator: The lost generation? Combating obesity in older adults. ISBNPA Annual Meeting; San Diego, CA. May 23, 2014.

Symposium discussant: "PA, sedentary and dietary behaviors during the transition from high school to college/university or work place." ISBNPA Annual Meeting; San Diego, CA. May 23, 2014.

Symposium discussant: "Applying concept mapping to rethink the potential influences of the school nutrition environment on dietary habits of school-aged children across countries." ISBNPA Annual Meeting; San Diego, CA. May 24, 2014.

"Effect of television time and physical activity on the metabolic syndrome." Marlatt KL, Dengel DR, Farbakhsh K, Lytle LA. Presentation at NASPEM Biennial Conference, University of Minnesota, Minneapolis, August 20-23, 2014

"The relationship between fast food and breakfast consumption and selected biomarkers in adolescence." Lytle LA, Marlatt, KL, Farbakhsh K, Dengel DR. Poster presentation at The Obesity Society Annual Scientific Meeting; Boston, MA. November 2–7, 2014.

"Eating for health: Creating healthy eating habits through effective behavior change." Panel moderator at Dietary Guidelines for Americans Summit; Ohio State University, Columbus, OH. November 20, 2014.

2015

"From Media Agenda to Policy Agenda: A narrative review of content analyses of tobacco-related newspaper coverage 1989–2014." Myers AE, Lytle LA. Poster presented at 21st Annual meeting of the Society for Research on Nicotine and Tobacco; Philadelphia, PA. February 2015.

"Evaluating the effectiveness of a web-based intervention to prevent unhealthy weight gain in college students." Lytle LA, Laska MN, Nannery MS, Linda J, Moe SG. Moderated poster presentation at the American Heart Association EPI/Lifestyle 2015 Scientific Sessions; Baltimore, MD. March 3-5, 2015.

"Understanding What Impacts Consumer Behavior." Panelist at Dietary Guidelines for Americans Summit; Washington, DC. May 21, 2015.

“Predictors of sedentary behavior among two-year community college students.” Close M., Boynton MH, [Lytle LA](#). (2015, April). Poster at the 36th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX. April 2015.

“Stress and depression and their association with sleep problems among two-year college students in the CHOICES Study.” Wallace D, Boynton MH, [Lytle LA](#). Poster at the 36th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX. April 2015.

“Is the availability of fast food restaurants and tobacco outlets near schools in 97 U.S. counties associated with school socio-demographic characteristics?” D’Angelo H, Ammerman A, Gordon-Larsen P, Linnan LA, [Lytle LA](#), Ribisl KM. American Association of Cancer Research, Eighth AACR Conference on the Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved, Atlanta, GA. November 13-16, 2015.

“Reducing sugar-sweetened beverage consumption in preschool children: A randomized trial of the Smart Moms mHealth program.” Nezami, B.T., Lytle, L., Ward, D.S., Faith, M., Bowling, J.M., & Tate, D.F. Poster presentation at Obesity Week 2015, Los Angeles, CA. 2015. *1st place in American Institute for Cancer Research Student Competition; 2nd place in Early Career Poster Pitch Competition.

2016

“Are fast food and sit-down restaurant eating occasions differentially associated with less healthful eating habits?” Close MA, [Lytle LA](#), Viera AJ. Poster presentation at Society of Behavioral Medicine Annual Meeting, Washington, DC. March 30-April 2, 2016.

“An unhealthy food environment near school weakens the positive association between self-efficacy and teen fruit and vegetable intake.” D’Angelo H, [Lytle LA](#). Oral presentation at ISBNPA Annual Meeting, Cape Town, South Africa; June 8-11, 2016.

“Using the theory of planned behavior to predict intention to eat healthy among southeastern United States office workers: A structural equation modeling approach.” Close M, [Lytle LA](#), Chen D-G, Viera A. Presentation at American Public Health Association Annual Meeting & Expo; Denver, CO. October 30, 2016.

“Reducing sugar-sweetened beverage intake in preschool-aged children: Results from the Smart Moms mHealth intervention. Nezami, B.T., Ward, D.S., Lytle, L., Faith, M., & Tate, D.F. Poster presentation at the 37th Annual Meeting of the Society of Behavioral Medicine, Washington, DC. (2016). ***Citation Award Winner, Meritorious Student Abstract Award Winner, Technology SIG Student Award Winner**

2017

Invited speaker: “The importance of childhood and adolescent behaviors in long term health outcomes.” [Lytle, LA](#). Population Health Across the Life Course meeting; Division of Intramural Population Health Research, National Institute of Child Health and Human Development. Bethesda, MD; May 16, 2017.

“The role of families in nurturing healthy eating habits in children: The Home Food environment.” [Lytle LA](#). Oral presentation at the International Congress of Nutrition, Buenos Aires, October 17, 2017.

Childcare Workers' Eating Habits and Spatial Access to Food Outlets around Home, Work, and Commutes." Arandia G, Ward DS, Lytle LA, Ennett ST, Emch ME, Linnan LA. ObesityWeek2017, Obesity Society Conference. Axon Hill, MD. October 31, 2017.

2018

Invited speaker: "Interventions for weight gain in young adults: State of the Evidence" National Academies of Sciences, Engineering, and Medicine Roundtable of Obesity Solutions, Washington DC, February 6, 2018.

"The Accumulating Data to Optimally Predict obesity Treatment (ADOPT) Project," Alex Rothman, Ph.D., Susan Czajkowski, Ph.D., Sonia Arteaga, Ph.D., Deborah Young-Hyman, Ph.D., Leslie Lytle, Ph.D., Christine Hunter, Ph.D., John Jakicic, Ph.D, Society of Behavioral Medicine. New Orleans. April 2018.

"Enhancing Measures Selection Using the National Collaborative on Childhood Obesity Research Measures Registry and User Guides", Reedy J, Berrigan D, Lytle L, Sallis J, and Kirkpatrick S, Society of Behavioral Medicine. New Orleans. April 2018.

Invited speaker, "The Dietary Guidelines: What's behavior got to do with it?"Purdue University, Spring Nutrition Conference, May 4, 2018.

"Diet and Sleep as Predictors of Weight Gain and Weight Maintenance in the EARLY Trials", Poster Presentation at The Obesity Society, Nashville, November 15, 2018

"Sleep duration, bedtime, and body mass index: Associations from adolescence to young adulthood" Grummon, A.H., Sokol, R.L., & Lytle, L.A. Poster Presentation at The Obesity Society, Nashville, November 15, 2018

2019

Keynote address, "Health Behavior: An essential piece of the puzzle". Behavior and Gene/Environment interaction. American Heart Association, Epi Lifestyle Meetings, Houston Texas, March 2019

"Developing and disseminating research Resources" Symposium: Transforming the Field: 10 years of the national collaborative of childhood obesity research, Society of Behavioral Medicine, Washington DC, March 2019

"Enhancing the measurement of dietary behaviors and food environments in research with children," Workshop: Canadian Nutrition Society, Kirkpatrick S and Lytle L, Niagara Falls, Ontario, May 2019

"Towards improved measurement of individual diet behaviors and food environment exposures: Resources from the National Collaborative on Childhood Obesity Research." Reedy, J, Kirkpatrick S and Lytle L. Symposium: American Society of Nutrition, Boston June 2019.

"Selecting behavioral and environmental measures for youth eating and physical activity". Pre-conference workshop, Lytle, Conference organizer and presenter; International Society for Behavioral Nutrition and Physical Activity, Prague, Czech Republic, June 2019

"Examining the behavior change technologies used in seven weight control interventions in young adults" Symposium organized by Lytle. International Society for Behavioral Nutrition and Physical Activity, Prague, Czech Republic, June 2019

“Deconstructing weight control interventions using the Michie behavior change taxonomy”, International Society for Behavioral Nutrition and Physical Activity, Prague, Czech Republic, June 2019

2020

Invited speaker, “Addressing Childhood Obesity: Using a Multi-Level Intervention Approach,” 8th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, Virtual from Vancouver Canada. October 27, 2020.

2021

Workshop organizer and presenter, “Measures of dietary patterns and food environments for diverse populations and settings”. International Conference on Diet Assessment and Measures. Virtual from the Netherlands. Feb 8-12.

Discussant: National Institutes of Health Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science workshop. September 21-24

PUBLICATIONS

PEER-REVIEWED PUBLICATIONS, IN PRESS PUBLICATIONS, BOOKS, BOOK CHAPTERS, AND NON-PEER-REVIEWED PUBLICATIONS

PEER-REVIEWED PUBLICATIONS:

1990

1. Lytle L (Trenkner), Rooney B, Viswaneth K, et al. Development of a scale using nutrition attitudes for audience segmentation. *Health Education Research*. 1990;5:479-487.
2. Finnegan JR, Viswaneth K, Rooney B, McGovern P, Baxter J, Elmer P, Graves K, Hertog J, Mullis R, Pirie P, Lytle L (Trenkner), and Potter J. Predictors of knowledge about healthy eating in a rural Midwestern US city. *Health Education Research*. 1990;5:421-431.
3. Shannon B, Bagby R, Wang MQ, Lytle L (Trenkner). Self-Efficacy: A contributor to the explanation of eating behavior. *Health Education Research*. 1990;5:395-407.
4. Marcoux BC, Lytle L (Trenkner), Rosenstock IM. Social networks and social support in weight loss. *Patient Education and Counseling*. 1990;15:229-238.
5. Achterberg CL, Lytle L (Trenkner). Developing a working philosophy of nutrition education. *Journal of Nutrition Education*. 1990;22:189-193.

1991

6. Lytle L (Trenkner), Achterberg CL. The use of focus groups in evaluating nutrition education materials. *Journal of the American Dietetic Association*. 1991;91:1577-1581.
7. Kris-Etherton P, Durrwachter J, Dattilo A, DeWolfe JA, Lytle L (Trenkner). The interactive effects of health behavior changes: Diet, exercise and smoking. *Topics in Clinical Nutrition*. 1991;6:1-21.

1992

8. Snyder P, Story M, Lytle L (Trenkner). Reducing fat and sodium in school lunch programs: The LUNCHPOWER! intervention study. *Journal of the American Dietetic Association*. 1992;92:1087-1091.

1993

9. Obarzanek E, Reed DB, Bigelow C, Glovsky E, Pobocik R, Nicklas T, Clesi A, Zive M, Lytle LA, Lakatos E. Fat and sodium content of school lunch foods: Calculated values and chemical analysis. *International Journal of Food Service and Nutrition*. 1993;44:155-165.
10. Lytle LA, Nichaman M, Obarzanek E, Montgomery D, Nicklas T, Zive M, and Feldman H. Validation of 24-hour recalls assisted by food records in third grade children. *The American Dietetic Association*. 1993;93:1431-1436.

1994

11. Lytle LA, Davidann BZ, Bachman K, Edmundson EW, Johnson CC, Reeds JN, Wambsgans KC, Budman S. CATCH: Challenges of conducting process evaluation in a multicenter trial. *Health Education Quarterly*. 1994;2:S129-S141.
12. Lytle LA, Johnson C, Bachman MS, Wambsgans K, Perry CL, Stone EJ, Budman S. Successful recruitment strategies for a school-based health promotion: Experiences from CATCH. *Journal of School Health*. 1994;64(10):405-409.
13. Johnson CC, Osganian SK, Budman SB, Lytle LA, Barrera EP, Bonura SR, Wu MC, Nader PR. CATCH: Family process evaluation in a multicenter trial. *Health Education Quarterly*. 1994;2:S91-S106.
14. Kelder SH, Perry CL, Klepp K-I, Lytle LA. Longitudinal tracking of adolescent smoking, physical activity, and food choice behaviors. *American Journal of Public Health*. 1994;84(7):1121-1126.
15. Nicklas TA, Lytle (Trenkner) LA, Montgomery D, Zive M, Ebzery MK, Evans M. Use of a food record assisted 24-hour dietary recall on third grade students in a multi-center trial. *The American Journal of Clinical Nutrition*. 1994;59:(1S):293S.

1995

16. Lytle LA, Kelder SH, Perry CL, Klepp K-I. Covariance of adolescent health behaviors: The Class of 1989 Study. *Health Education Research*. 1995;10(2):133-146.
17. Lytle LA, Achterberg CL. Changing the diet of America's children: What works and why? *Journal of Nutrition Education*. 1995;27(5):250-260.
18. Kelder SH, Perry CL, Lytle LA, Klepp K-I. Community-wide youth nutrition education: Long-term outcomes of the Minnesota Heart Health Program. *Health Education Research*. 1995;10(2):119-131.
19. Snyder P, Lytle LA, Pellegrino T, Anderson M, Selk J. Commentary on school meals from school food service personnel and researchers. *American Journal of Clinical Nutrition*. 1995;61(suppl):247S-9S.
20. Osganian SK, Nicklas T, Stone EJ, Nichaman M, Ebzery MK, Lytle LA, Nader PR. Perspectives on the school nutrition dietary assessment study from the Child and Adolescent Trial for Cardiovascular Health. *American Journal of Clinical Nutrition*. 1995;61(suppl):241S-4S.

21. Iszler J, Crockett S, Lytle LA, Elmer P, Finnegan J, Luepker R, Laing B. Formative evaluation for planning a nutrition intervention: Results from focus groups. *Journal of Nutrition Education*. 1995;27:127-132.
22. Kelder SH, Perry CL, Lytle LA, Klepp K-I. Gender differences in the Class of 1989 Study: The school component of the Minnesota Heart Health Program. Supplemental issue of *Journal of Health Education*. 1995(Suppl);26(2):S36-S44.
23. Contento I, Balch GI, Bronner YL, Lytle LA, Maloney SK, Olson CM, Swadener SS. The effectiveness of nutrition education and implications for nutrition education policy, programs and research: A review of research. *Journal of Nutrition Education*. 1995;27(6):284-418

1996

24. Lytle LA, Stone EJ, Nichaman MZ, et al. Changes in nutrient intakes of elementary school children following a school-based intervention: Results from the CATCH study. *Preventive Medicine*. 1996;25(4):465-477.
25. Lytle LA, Ebzery MK, Nicklas T, Montgomery D, et al. Nutrient intakes of third graders: Results from the Child and Adolescent Trial for Cardiovascular Health (CATCH) baseline survey. *Journal of Nutrition Education*. 1996;28:338-347. PMID: PMC 215438
26. Van Ryn M, Lytle LA, Kirscht JP. A test of the theory of planned behavior for two health-related practices (breast self-exam and exercise). *Journal of Applied Social Psychology*. 1996;26(1):871-883.
27. Edmundson E, Parcel GS, Feldman HA, Elder J, Perry CP, Johnson CC, Williston BJ, Stone EJ, Yang M, Lytle LA, Webber L. The effects of Child and Adolescent Trial for Cardiovascular Health upon psychosocial determinants of diet and physical activity behavior. *Preventive Medicine*. 1996;25(4):442-454.
28. Osganian SK, Ebzery MK, Montgomery DH, Nicklas TA, Evans MA, Mitchell PD, Lytle LA, et al. Changes in the nutrient content of school lunches: Results from the CATCH Eat Smart Food Service Intervention. *Preventive Medicine*. 1996;25(4):400-412.
29. Dwyer JT, Hewes LV, Mitchell PD, Nicklas TA, Montgomery DH, Lytle LA, et al. Improving school breakfasts: Effects of the CATCH Eat Smart Program on the nutrient content of school breakfasts. *Preventive Medicine*. 1996;25(4):413-422
30. Nicklas TA, Dwyer J, Mitchell P, Zive M, Montgomery D, Lytle LA, et al. Impact of fat reduction on micronutrient density of children's diets: The CATCH study. *Preventive Medicine*. 1996;25(4):478-485.
31. Webber LS, Osganian SK, Feldman HA, Wu M, McKenzie T, Nichaman M, Lytle LA, et al. Cardiovascular risk factors among children after a 2 and a half-year intervention: The CATCH study. *Preventive Medicine*. 1996;25(4):432-441.

1997

32. Lytle LA, Roski J. Unhealthy eating and other risk taking behavior: Are they related? *Annals of the New York Academy of Sciences*. 1997;817:49-65.
33. Lytle LA, Eldridge A, Kotz K, Piper J, Williams S, Kalina B. Children's Interpretation of Nutrition Messages. *Journal of Nutrition Education*. 1997;29:128-136.

34. Radimer KL, Harvey PWJ, Lytle LA. Correspondence of self-reported fruit and vegetable intake with dietary intake data. *Australian and New Zealand Journal of Public Health*. 1997;21:703-710.
35. Garceau A, Ebzery MK, Dwyer J, Nicklas T, Montgomery D, Hewes L, Mitchell P, Lytle LA, et al. Do food bars measure up? Nutrient profiles of food bar versus traditional school lunches in the CATCH study. *Family Economics and Nutrition Review*. 1997;10(2):18-30.

1998

36. Lytle LA, Murray DM, Perry CL, Eldridge AL. Validating fourth grade students' self-report of dietary intake: Results from the 5-A-Day Power Plus Program. *Journal of the American Dietetic Association*. 1998;98(5):570-572.
37. Lytle LA. The development of the United States National Food Guide. *Scandinavian Journal of Nutrition*. 1998.
38. Dwyer JT, Ebzery MK, Nicklas TA, Feldman HA, Evans MA, Zive MM, Lytle LA, Montgomery DH, Clesi AL, Nichaman MZ. Do Third graders eat healthful breakfasts?: Insights from CATCH. *Family Economics and Nutrition Review*. 1998;11(4):3 -18.
39. Eldridge AL, Smith-Warner SA, Lytle LA, Murray DM. Comparison of three methods for counting fruits and vegetables for fourth grade students in the Minnesota 5 A Day Power Plus Program. *Journal of the American Dietetic Association*. 1998;98:777-782.
40. Perry CL, Lytle LA, Feldman HA, Nicklas TA, Stone E, Zive MM, Garceau A, Kelder SH. Effects of the Child and Adolescent Trial for Cardiovascular Health (CATCH) on fruit and vegetable intake. *Journal of Nutrition Education*. 1998;30:354-360.

1999

41. Lytle LA, Birnbaum A, Boutelle K, Murray D. Wellness and risk communication from parent to teenager: the "Parental Energy Index." *Health Education*. 1999;99(5):207-214.
42. Osganian SK, Stampfer MJ, Spiegelman D, Rimm E, Cutler JA, Feldman HA, Montgomery DH, Webber LS, Lytle LA, Bausserman L, Nader PR. Distribution of and factors associated with serum homocysteine levels in U.S. school children: The Child and Adolescent Trial for Cardiovascular Health. *Journal of the American Medical Association*. 1999;281(13):1189-1196.
43. Nader PR, Stone EJ, Lytle LA, Perry CL, Osganian SK, Kelder S, Webber LS, Elder JP, Montgomery D, Feldman HA, Wu M, Johnson C, Parcel GS, Luepker RV. Three-year maintenance of improved diet and physical activity: The CATCH cohort. *Archives of Pediatric and Adolescent Medicine*. 1999;153:695-704.
44. Weber JL, Cunningham-Sobo L, Skipper B, Lytle L, Stevens J, Gittelsohn J, Anliker J, Heller K, and Pablo JL. Portion-size estimation training in second- and third-grade American Indian children. *American Journal of Clinical Nutrition*. 1999;69(suppl):782S-7S.

2000

45. Lytle LA. In defense of a low-fat diet for healthy children. *Journal of the American Dietetic Association*. 2000;100(1):39-41.
46. Lytle LA, Seifert, S., Greenstein J, McGovern, P. How do children's eating patterns and food choices change over time? Results from a cohort study. *American Journal of Health Promotion*. 2000;14(4):215-221.

47. Perry CL, Komro KA, Veblen-Mortenson S, Bosma L, Munson K, Stigler M, Lytle LA, Forster JL, Welles SL. The Minnesota DARE PLUS project: Creating community partnerships to prevent drug use and violence. *Journal of School Health*. 2000;70(3):84-88.
48. Harnack L, Snyder P, Story M, Holliday R, Lytle LA, Neumark-Sztainer D. Availability of a la carte food items in junior and senior high schools: A needs assessment. *Journal of the American Dietetic Association*. 2000; 100:701-703.
49. Johnson CC, Li, D, Epping, J, Lytle LA, Cribb PW, Williston BJ, Yang M. A transactional model of social support, self-efficacy, and physical activity in children in the Child and Adolescent Trial for Cardiovascular Health. *Journal of Health Education*. 2000;31(1):2-8.

2001

50. Lytle LA, Gerlach S, Weinstein AB. Conducting Nutrition Education Research in Junior High Schools: Approaches and Challenges. *Journal of Nutrition Education*. 2001;33:49-54.
51. Lytle LA, Perry CL. Applying Research and Theory in Program Planning: An Example From a Nutrition Education Intervention. *Health Promotion and Practice*. 2001;2(1):68-80.
52. Levin S, McKenzie T, Hussey J, Kelder S, Lytle LA. Variability of Physical Activity in Physical Education Across Elementary School Grades. *Measurement in Physical Education and Exercise Science*. 2001;5(4):207-218.
53. Murray DM, Phillips GA, Birnbaum AS, Lytle LA. Intraclass Correlation for Measures from a Middle School Nutrition Study: Estimates, Correlates, and Applications. *Health Education and Behavior*. 2001;28(6):666-679.
54. Dwyer JT, Garceau AO, Evans M, Li D, Lytle LA, Hoelscher D, Nicklas T, Zive M. Do adolescent vitamin-mineral supplement users have better nutrient intakes than nonusers? Observations from the CATCH tracking study. *Journal of the American Dietetic Association*. 2001;101:1340-1346.
55. Smith KW, Hoelscher DM, Lytle LA, Dwyer JT, Nicklas TA, Zive MM, Clesi AL, Garceau AO, Stone EJ. Reliability and validity of the CATCH Food Checklist: A self-report instrument to measure fat and sodium intake by middle school students. *Journal of the American Dietetic Association*. 2001;101(6):635-642,647.
56. Lien N, Lytle LA, Klepp K-I. Stability in consumption of fruit, vegetables, and sugary foods in a cohort from age 14 to 21. *Preventive Medicine*. 2001;33:217-226.
57. Boutelle K, Lytle L, Murray D, Birnbaum A, Story M. Perceptions of the family meal environment and adolescent mealtime behavior: Do adults and adolescents agree? *Journal of Nutrition Education*, 2001;33(3):128-133.
58. Dwyer JT, Evans M, Stone EJ, Feldman HA, Lytle LA, Hoelscher D, Johnson C, Zive M, Yang M. Adolescents' eating patterns influence their nutrient intakes. *Journal of the American Dietetic Association*. 2001;101(7):798-802.
59. McKenzie TL, Stone EJ, Feldman HA, Epping JN, Yang M, Strikmiller PK, Lytle LA, Parcel GS. Effects of the CATCH physical education intervention: Teacher type and lesson location. *American Journal of Preventive Medicine*. 2001;21(2):101-109.

60. Kubik MY, Lytle LA, Story M. A practical, theory-based approach to establishing school nutrition advisory councils. *Journal of the American Dietetic Association*. 2001;101:223-228.

2002

61. Lytle LA, Jacobs DR, Perry CL, Klepp K-I. Achieving physiological change in school-based intervention trials: what makes a preventive intervention successful? *British Journal of Nutrition*. 2002;88:219-221.
62. Lytle LA, Fulkerson JA. Assessing the dietary environment: Examples from school-based nutrition interventions. *Public Health Nutrition*. 2002;5(6A):893-899.
63. Lytle LA, Himes JH, Feldman H, Zive M, Dwyer J, Hoelscher D, Webber L, Yang M. Nutrient intake over time in a multi-ethnic sample of youth. *Public Health Nutrition*. 2002;5(2):319-328.
64. Lytle LA, Dixon LB, Cunningham-Sabo L, Evans M, Gittelsohn J, Hurley J, Snyder P, Stevens J, Weber J, Anliker J, Heller K, Story M. Dietary intakes of Native American children: Findings from the Pathways Feasibility Study. *Journal of the American Dietetic Association*. 2002;102(4):555-558.
65. Lytle LA. Nutritional issues for adolescents. *Journal of the American Dietetic Association*. 2002;102(suppl):S8-S12.
66. Kubik MY, Lytle LA, Hannan PJ, Story M, Perry CL. Food-Related Beliefs, Eating Behaviors, and Classroom Food Practices of Middle School Teachers. *Journal of School Health*. 2002;72(8):339-345.
67. Birnbaum AS, Lytle LA, Story M, Perry, CL, Murray DM. Are differences in exposure to a multicomponent school-based intervention associated with varying dietary outcomes in adolescents? *Health Education and Behavior*. 2002;29(4):427-443.
68. Birnbaum, AS, Lytle LA, Murray DM, Story M, Perry CL, Boutelle KN. Survey Development for Assessing Correlates of Young Adolescents' Eating. *American Journal of Health Behavior*. 2002;26(4):284-295.
69. Story M, Lytle LA, Birnbaum AS, Perry CL. Peer-Led School-Based Nutrition Education for Young Adolescents: Feasibility and Process Evaluation of the TEENS Study. *Journal of School Health*. 2002;72(3):121-127.
70. Schmitz KH, Lytle LA, Phillips GA, Murray DM, Birnbaum AS, Kubik MY. Psychosocial correlates of physical activity and sedentary leisure habits in young adolescents: the TEENS study. *Preventive Medicine*. 2002;34:266-278.
71. Lien N, Lytle LA, Komro K. Applying Theory of Planned Behavior to fruit and vegetable consumption of young adolescents. *American Journal of Health Promotion*. 2002;16(4):189-197.
72. Gray CW, Lytle LA, Mays R, Taylor G, Perry CL, Story M. Foods on students' trays when they leave the cafeteria line as a proxy for foods eaten at lunch in a school-based study. *The Journal of the American Dietetic Association*. 2002;102(3):407-409.
73. Reddy KS, Arora M, Perry CL, Nair B, Kohli A, Lytle LA, Stigler M, Prabhakaran D. Tobacco and alcohol use outcomes of a school-based intervention in New Delhi. *American Journal of Health Behavior*. 2002;26(3):173-181.

2003

74. Lytle LA, Ward J, Nader PR, Pederson S, Williston BJ. Maintenance of health promotions in elementary schools: Results from CATCH-ON Key Informant Interviews. *Health Education and Behavior*. 2003;30(4):503-518.
75. Lytle LA, Kubik M.Y. Nutritional Issues for Adolescents. In: *Best Practice & Research Clinical Endocrinology and Metabolism*. Elsevier Science Ltd, 2003, 102(3):S8-S12.
76. Lytle LA, Varnell S, Murray DM, Story M, Perry CL, Birnbaum AS, & Kubik MY. Predicting adolescents' intake of fruits and vegetables. *Journal of Nutrition Education and Behavior*, 2003;35(4):170-178.
77. Perry CL, Komro KA, Veblen-Mortenson S, Bosma LM, Farbakhsh K, Munson KA, Stigler MH, Lytle LA. A Randomized Controlled Trial of the Middle and Junior High School D.A.R.E. and D.A.R.E. Plus Programs. *Archives of Pediatrics and Adolescent Medicine*. 2003;157:178-184.
78. Kubik MY, Lytle LA, Hannan PJ, Perry CL, Story M. The association of the school food environment with dietary behaviors of young adolescents. *American Journal of Public Health*. 2003;93(7):1168-1173. PMID: PMC1447928
79. Kubik MY, Lytle LA, Birnbaum AS, Murray DM, Perry CL. Prevalence and correlates of depressive symptoms in young adolescents. *American Journal of Health Behavior*. 2003;27(5):546-553.
80. Parcel GS, Perry CL, Kelder SH, Elder JP, Mitchell PD, Lytle LA, Johnson CC, Stone EJ. School climate and the institutionalization of the CATCH Program. *Health Education and Behavior*. 2003;30(4):489-502.
81. Birnbaum AS, Lytle LA, Hannan PJ, Murray DM, Perry CL, Forster JL. School functioning and violent behavior among young adolescents: A contextual analysis. *Health Education Research: Theory and Practice*. 2003;18(3):389-403.
82. Birnbaum AS, Lytle LA, Perry CL, Murray D, Story M. Developing a school functioning index for middle schools. *Journal of School Health*. 2003;73(6):232-238.
83. Boutelle KN, Birnbaum AS, Lytle LA, Murray DM, Story M. Associations between perceived family meal environment and parent intake of fruit, vegetables and fat. *Journal of Nutrition Education and Behavior*. 2003;35(1):24-29.

2004

84. Lytle LA, Murray DM, Perry CL, Story M, Birnbaum AS, Kubik MY, Varnell S. School-based approaches to affect adolescents' diets: Results from the TEENS study. *Health Education & Behavior*, 2004;31(2):270-287.
85. Janega JB, Murray DM, Varnell SP, Blitstein JL, Birnbaum AS, Lytle LA. Assessing intervention effects in a school-based nutrition intervention trial: Which analytic model is most powerful? *Health Education & Behavior*. 2004;31(6):756-774.
86. Kubik MY, Lytle LA, Fulkerson JA. Physical activity, dietary practices, and other health behaviors of at-risk youth attending alternative high schools. *Journal of School Health*. 2004;74(4):119-124.

87. Broshnahan J, Steffen LM, [Lytle LA](#), Patterson J, Boostrom A. The relation between physical activity and mental health among Hispanic and non-Hispanic white adolescents. *Archives of Pediatric and Adolescent Medicine*. 2004;158:818-823.
88. Janega JB, Murray DM, Varnell SP, Blitstein JL, Birnbaum AS, [Lytle LA](#). Assessing the most powerful analysis method for school-based intervention studies with alcohol, tobacco, and other drug outcomes. *Addictive Behaviors*. 2004;29(3):595-606.
89. Perry CL, Bishop DB, Taylor GL, David M, Story M, Gray C, Bishop SC, Warren Mays RA, [Lytle LA](#), Harnack L. A randomized school trial of environmental strategies to encourage fruit and vegetable consumption among children. *Health Education and Behavior*. 2004;31(1):65-76.
90. Hoelscher DM, Feldman HA, Johnson CC, [Lytle LA](#), Osganian SK, Parcel GS, Kelder SH, Stone EJ, Nader PR. School-based health education programs can be maintained over time: Results from the CATCH Institutionalization Study. *Preventive Medicine*. 2004;38:594-606.
91. Weber JL, [Lytle LA](#), Gittelsohn J, Cunningham-Sabo L, Heller K, Anliker JA, Stevens J, Hurley J, Ring K. Validity of self-reported dietary intake at school meals by American Indian children: The Pathways Study. *Journal of the American Dietetic Association*. 2004;104(5):746-752.
92. Schmitz KH, Harnack L, Fulton JE, Jacobs DR, Gao S, [Lytle LA](#), Van-Coevering P. Reliability and validity of a brief questionnaire to assess television viewing and computer use by middle school children. *Journal of School Health*. 2004;74(9):370-377.

2005

93. [Lytle LA](#). Nutrition education, behavioral theories, and the scientific method: Another viewpoint. *Journal of Nutrition Education and Behavior*. 2005;37(2):90-93.
94. Stevens J, Murray DM, Catellier DJ, Hannan PJ, [Lytle LA](#), Elder JP, Young DR, Simons-Morton DG, Webber LS. Design of the Trial of Activity in Adolescent Girls (TAAG). *Contemporary Clinical Trials*. 2005;26:223-233. PMID: PMC1430598
95. Kubik MY, [Lytle LA](#), Story M. Soft drinks, candy, and fast food: What parents and teachers think about the middle school food environment. *Journal of the American Dietetic Association*. 2005;105(2):233-239.
96. Mishra A, Arora M, Stigler MH, Komro KA, [Lytle LA](#), Reddy KS, Perry CL. Indian youth speak about tobacco: Results of focus group discussions with school students. *Health Education & Behavior*. 2005;32(3):363-379.
97. Nystrom AA, Schmitz KH, Perry CL, [Lytle LA](#), Neumark-Sztainer D. The relationship of weight-related perceptions, goals, and behaviors with fruit and vegetable consumption in young adolescents. *Preventive Medicine*. 2005;40(2):203-208.
98. Kubik MY, [Lytle LA](#), Fulkerson JA. Fruits, vegetables, and football: Findings from focus groups with alternative high school students regarding eating and physical activity. *Journal of Adolescent Health*. 2005;36:494-500.
99. Blitstein JL, Murray DM, [Lytle LA](#), Birnbaum AS, Perry CL. Predictors of violent behavior in an early adolescent cohort: Similarities and differences across genders. *Health Education & Behavior*. 2005;32(2):175-194.

100. Motl RW, Dishman RK, Birnbaum AS, Lytle LA. Longitudinal invariance of the Center for Epidemiologic Studies Depression Scale among girls and boys in middle school. *Educational and Psychological Measurement*. 2005;65(1):90-108.
101. Andersen LF, Lilegaard IT, Overby N, Lytle LA, Klepp KI, Johansson L. Overweight and obesity among Norwegian schoolchildren: Changes from 1993-2000. *Scandinavian Journal of Public Health*. 2005;33(2):99-106.
102. Kubik MA, Lytle LA and Story M. School-wide food practices are associated with body mass index in middle school students. *Archives of Pediatric and Adolescent Medicine*. 2005;159:1111-1114.

2006

103. Young DR, Gittlesohn J, Saunders RP, Saksvig BI, Ribisl KM, Lytle LA, McKenzie TL. Data to action: Using formative research to develop intervention programs to increase physical activity in adolescent girls. *Health Education & Behavior*. 2006;33(1):97-111. PMID: PMC2442828
104. Motl RW, McAuley E, Birnbaum AS, Lytle LA. Naturally occurring changes in time spent watching television are inversely related to frequency of physical activity during early adolescence. *Journal of Adolescence*: 2006;29(1): 19-32
105. Lutsey PL, Steffen LM, Feldman HA, Hoelscher DH, Webber LS, Luepker RV, Lytle LA, Zive M, Osganian SK. Serum homocysteine is related to food intake in adolescents: The Child and Adolescent Trial for Cardiovascular Health. *American Journal of Clinical Nutrition*. 2006;83:1380-1386. PMID: PMC2430626
106. McKenzie TL, Catellier DJ, Conway T, Lytle LA, Grieser M, Webber LA, Pratt CA, Elder JP. Girls' activity levels and lessons contexts in middle school PE: TAAG Baseline. *Medicine & Science in Sports & Exercise*. 2006;38(7):1229-35. PMID: PMC 2431981
107. Gao S, Harnack L, Schmitz K, Fulton J, Lytle LA, Van Coevering P, Jacobs DR. Reliability and Validity of a Brief Tool to Measure Children's Physical Activity. *Journal of Physical Activity and Health*. 2006;3:415-422.
108. O'Dougherty M, Story M, Lytle LA. Food choices of young African American and Latino adolescents: Where do parents fit in? *Journal of the American Dietetic Association*. 2006;106(11):1846-1850.
109. Phillips GA, Shadish WR, Murray DM, Kubik M, Lytle LA, Birnbaum AS. The Center for Epidemiologic Study Depression Scale with a young adolescent Population: A confirmatory factor analysis. *Multivariate Behavioral Research*. 2006;41(2):147-163.
110. Reaves L, Steffen LM, Dwyer JT, Lytle LA, Feldman HA, Hoelscher DH, Webber LS, Zive M, Osganian SK. Vitamin supplement intake is related to dietary intake and physical activity: The Child and Adolescent Trial for Cardiovascular Health (CATCH). *Journal of the American Dietetic Association*. 2006;106(12):2018-2023.
111. Harnack L, Lytle LA et al. Reliability and validity of a brief questionnaire to assess calcium intake of middle-school-age children. *Journal of the American Dietetic Association*. 2006;106(11):1790-1795.
112. Lytle LA, Kubik MY, Perry CL, Story M, Birnbaum AS, Murray DM. Influencing healthful food choices in school and home environments: Results from the TEENS study. *Preventive Medicine*. 2006;43:8-13.

113. Rasmussen M, Krolner Rikke, Klepp K-I, [Lytle LA](#), Brug J, Bere E, Due P. Determinants of fruit and vegetable consumption among children and adolescents: Systematic review of the literature: Part I: Quantitative studies. *International Journal of Behavioral Nutrition and Physical Activity*. 2006;3:22. PMID: PMC1564033

2007

114. Murray DM, Blitstein J, Hannan P, Baker W, [Lytle LA](#). Sizing a trial to alter the trajectory of health behaviors: Methods, parameter estimates, and their application. *Statistics in Medicine*. 2007;26(11):2297-2316.
115. Elder JP, [Lytle LA](#), Sallis JF, Young DR, Stickler A, Simons-Morton D, Stone E, Jobe JB, Stevens J, Lohman T, Webber L, Pate R, Saksvig BI, Ribisl K. A description of the social-ecological framework used in the Trial of Activity for Adolescent Girls (TAAG). *Health Education Research* 2007;22(2):155-165. PMID: PMC2764407
116. Gray CW, [Lytle LA](#), Perry CL, Story M, Taylor G, Bishop D. Fruits and vegetables taken can serve as a proxy measure for amounts eaten in a school lunch. *Journal of the American Dietetic Association*. 2007;107:1019-1023.
117. Stevens J, Murray D, Baggett C, Elder JP, Lohman TG, [Lytle LA](#), Pate RR, Pratt CA, Treuth MS, Webber LS, Young DR. Associations between physical activity and body composition in middle school girls objectively assessed: the Trial of Activity for Adolescent Girls (TAAG). *American Journal of Epidemiology* Dec 1 2007; 166(11): 1298-1305. PMID: PMC2150740

2008

118. McMurray R, Ward D, Elder J, [Lytle LA](#), Strikmiller P, Baggett C, Young DR. Do Overweight Girls Over-report Physical Activity? *Am J Health Behav*. 2008;32(5):538-546. PMID: PMC2430385
119. Webber LS, Catellier DJ, [Lytle LA](#), Murray DM, Pratt CA, Young DR, Elder JP, Lohman TG, Stevens J, Jobe JB, Pate RR. Promoting Physical Activity in Middle-School Girls: Trial of Activity for Adolescent Girls. *American Journal of Preventive Medicine*. 2008;34(3):173-184. PMID: PMC2275165
120. Barr-Anderson DJ, Neumark-Sztainer D, Schmitz KH, Ward D, Conway TL, Pratt C, Baggett CD, [Lytle LA](#), Pate R. But I like PE: Factors associated with enjoyment of physical education class in middle school girls. *Research Quarterly in Exercise and Sport*. 2008;79(1):18-27. PMID: PMC2430627
121. Hormes JM, [Lytle LA](#), Gross C, Ahmed R, Troxel AB, Schmitz KH. The Body Image and Relationships Scale (BIRS): Development and Validation of a Measure of Body Image in Female Breast Cancer Survivors. *Journal of Clinical Oncology*. 2008;26:1269-1274. PMC Journal – In Process
122. Sirard JR, Nelson MC, Pereira MA, [Lytle LA](#). Validity and Reliability of a Home Environment Inventory for Physical Activity and Media Equipment. *International Journal of Behavioral Nutrition and Physical Activity*. 2008;5(24). PMID: PMC2386867
123. Stovitz S, Pereira M, Vazquez G, [Lytle LA](#), Himes J. The interaction of childhood height and childhood BMI in the prediction of young adult BMI. *Obesity* Published online July, 2008. PMID: PMC2747360

124. Pasch KE, Nelson MC, [Lytle LA](#), Moe SG, Perry CL. Adoption of risk-related factors through early adolescence: Associations with weight status and implications for causal mechanisms. *Journal of Adolescent Health*. 2008;43:387-393. PMID: PMC2577596
125. Klein EG, [Lytle LA](#), Chen V. Social ecological predictors of the transition to overweight in youth: Results from the Teens Eating for Energy and Nutrition at Schools (TEENS) Study. *Journal of the American Dietetic Association*. 2008;108:1163-1169. PMID: PMC2527051
126. Fulkerson JA, Nelson MC, [Lytle LA](#), Moe SG, Heitzler C, Pasch KE. The validation of a home food inventory. *International Journal of Behavioral Nutrition and Physical Activity*. 2008, 5:55. PMID: PMC2587472
127. Pratt C, Webber LS, Baggett C, Ward D, Pate R, Murray D, Lohman T, [Lytle LA](#), Elder JP. Sedentary Activity and Body Composition of Middle School Girls: The Trial of Activity for Adolescent Girls. *Research Quarterly for Exercise and Sport*. 2008;79(4):458-467. PMID: PMC2701393
128. Young DR, Steckler A, Cohen S, Pratt C, Felton G, Moe S, Pickrel J, Johnson C, Grieser M, [Lytle LA](#), Lee JS, Raburn B. Process Evaluation Results from a School-and Community-Linked Intervention: The Trial of Activity for Adolescent Girls (TAAG). *Health Education Research*. 2008;23(6):976-986. PMID: PMC2583909
129. Nelson MC, Story M, Larson NI, Neumark-Sztainer D, [Lytle LA](#). Emerging adulthood and college-aged youth: An overlooked age for weight-related behavior change. *Obesity*. 2008; 365:1-7.

2009

130. Pasch KE, Hearst MO, Nelson MC, Forsyth A, [Lytle LA](#). Alcohol outlets and youth alcohol use: Exposure in suburban areas. *Health & Place*. 2009;15:642-646. PMID: PMC2739405
131. Nelson M, [Lytle LA](#), Pasch K. Improving literacy about energy-related issues: The need for a better understanding of energy intake and expenditure among adolescents and their parents. *Journal of the American Dietetic Association*. 2009; 109:281-287. PMID: PMC2763433
132. McKinnon RA, Reedy J, Morrissette MA, [Lytle LA](#), Yaroch AL. Measures of the Food Environment: A Compilation of the Literature, 1990-2007. *American Journal of Preventive Medicine*. 2009; 36(4S):S124-133.
133. [Lytle LA](#). Measuring the Food Environment: State of the Science and Issues. *American Journal of Preventive Medicine*. 2009;36(4S):S134-S144. PMID: PMC2716804
134. Klein EG, Forster JL, Erickson DJ, [Lytle LA](#), Schillo B. Does the Type of Clean Indoor Air Policy Significantly Affect Bar and Restaurant Employment in Minnesota Cities? *Prevention Science*. 2009 June; 10(2):168-174. PMID: PMC2670359
135. [Lytle LA](#). School-based interventions: Where do we go next? (editorial). *Archives of Pediatrics Adolescent Medicine*. 2009; 163(4):388-389.
136. Harnack L, [Lytle LA](#), Himes JH, Story M, Taylor G, Bishop D. Low awareness of overweight among parents of preschool-aged children. *Preventing Chronic Disease*. 2009; 6(2). PMID: PMC2687853

137. Nelson MC, [Lytle LA](#). Development and evaluation of a brief screener to estimate fast-food and beverage consumption among adolescents. *Journal of the American Dietetic Association*. 2009; 109:730-734. PMID: PMC2727452
138. Davis JN, Nelson MC, Ventura EE, [Lytle LA](#). A brief dietary screener: Appropriate for overweight Latino adolescents? *Journal of the American Dietetic Association*. 2009; 109:725-729. PMID: PMC2684875
139. Taber DR, Stevens J, Murray DM, Elder JP, Webber LS, Jobe JB, [Lytle LA](#). The Effect of a Physical Activity Intervention on Bias in Self-Reported Activity. *Annals of Epidemiology*. 2009;19:316-322. PMID: PMC2746093
140. Nelson MC, Kocos R, [Lytle LA](#), Perry CL. Understanding the perceived determinants of weight gain in late adolescence: A qualitative analysis among college youth. *Journal of Nutrition Education and Behavior*. 2009; 41(4):287-292.
141. [Lytle LA](#), Hearst MO. Examining the state of the science of prevention of childhood obesity. *Current Nutrition and Food Science*. 2009; 5(2):134-148.
142. Kubik M, [Lytle LA](#), Farbakhsh K, Moe S, Samuelson A. Food use in middle and high school fundraising: Does policy support healthy practice? Results from a survey of Minnesota school principals. *Journal of the American Dietetic Association*. 2009; 109:1215-1219. PMID: PMC2955858
143. Dengel DR, Hearst MO, Harmon JH, Forsyth A, [Lytle LA](#). Does the built environment relate to the metabolic syndrome in adolescents? *Journal of Health and Place*. 2009; 15: 946-951. PMID: PMC2743682
144. Voorhees CC, Catellier DJ, Ashwood JS, Cohen DA, Rung A, [Lytle LA](#), Conway TL, Dowda M. Neighborhood Socioeconomic Status and Non School Physical Activity and Body Mass Index in Adolescent Girls. *Journal of Physical Activity and Health*. 2009; 6:731-740. PMID: PMC2854409
145. [Lytle LA](#). Examining the etiology of childhood obesity: The IDEA Study. *American Journal of Community Psychology*. December 2009; 44:3-4, 338-349. PMID: PMC 2819263
146. Klein EG, Forster JL, Erickson DJ, [Lytle LA](#), Schillo B. The relationship between local clean indoor air policies and smoking initiation in Minnesota youth. *Tobacco Control*. 2009 April; 18(2):132-137. PMID: PMC2741406
147. Schmitz KH, Troxel AB, Cheville A, Grant LL, Bryan CJ, Gross C, [Lytle LA](#), Ahmed RL. Physical activity and lymphedema (The PAL Trial): Assessing the safety of progressive strength training in breast cancer survivors. *Contemporary Clinical Trials*. 2009 May; 30(3):223-245. PMID: PMC2730488
148. Schwartz MB, Lund AE, Greves M, McDonnell E, Probart C, Samuelson A., [Lytle LA](#). A comprehensive coding system to measure the quality of school wellness policies. *Journal of the American Dietetic Association*. 2009 July; 109(7):1256-62.
149. Hearst M, [Lytle LA](#), Pasch KE, Heitzler CD. Inventory versus checklist approach to assess middle school a la carte food availability. *Journal of School Health*. 2009; 19(12):593-598. PMID: PMC3079419
150. [Lytle LA](#), Murray DM, Evenson KR, Moody J, Pratt CA. Mediators affecting girls' levels of physical activity outside of school: Findings from the Trial of Activity in Adolescent Girls (TAAG). *Annals of Behavioral Medicine*. 2009; 38(2);124-136. PMID: PMC 2819204

151. Fulkerson JA, Kubik MY, Story M, [Lytle LA](#), Arcan C. Are there Nutritional and Other Benefits Associated with Family Meals among At-Risk Youth? *Journal of Adolescent Health*. 2009; 45:389-395.
152. Hearst M, Pasch K, Fulkerson J, [Lytle LA](#). Does weight status influence weight-related beliefs and the consumption of sugar-sweetened beverages and fast food purchases in adolescents? *Health Education Journal*. December 2009; 68(4):284-295. PMID: PMC3027059

2010

153. Pasch KE, Laska MN, [Lytle LA](#), Moe SG. Adolescent Sleep, Risk Behaviors and Depressive Symptoms: Are They Linked? *American Journal of Health Behavior*. 2010; 34(2):237-248. PMID: PMC3086400
154. Stovitz S, Hannan P, Lytle LA, Demerath E, Pereira M, Himes J. Child height and the risk of young-adult obesity. *American Journal of Preventive Medicine*. 2010; 38(1):74-77. PMID: PMC 2818981
155. Heitzler CD, Lytle LA, Erickson DJ, Barr-Anderson D, Sirard JR, Story M. Evaluating a model of youth physical activity. *American Journal of Health Behavior*. 2010; 34(5):593-606. PMID: PMC3086379
156. Klein EG, Forster JL, Erickson DJ, [Lytle LA](#), Schillo B. Economic effects of clean indoor air policies on bars and restaurant employment in Minneapolis and St. Paul, Minnesota. *Journal of Public Health Management Practice*. 2010; 16(4):285-293.
157. Forsyth A, [Lytle LA](#), Van Riper D. Finding Food: Issues and Challenges in Using GIS to Measure Food Access. *Journal of Transport and Land Use*. 2010; 3(1):43-65.
158. Fulkerson JA, Rydell S, Kubik MY, [Lytle LA](#), Boutelle K, Story M, Neumark-Sztainer D, Dudovitz B, Garwick A. Healthy Home Offerings via the Mealtime Environment (HOME): Feasibility, Acceptability, and Outcomes of a Pilot Study. *Obesity*. 18(S1):S69-S74. PMID: PMC3070470
159. Speck RM, Gross CR, Hormes JM, Ahmed RL, [Lytle LA](#), Hwang WT, Schmitz KH. Changes in the Body Image and Relationship Scale (BIRS) Following a One-Year Strength Training Trial for Breast Cancer Survivors With or At Risk for Lymphedema. *Breast Cancer Research and Treatment*. 2010; 121:421-430.
160. Dengel DR, Hearst MO, Harmon JH, Sirard J, Heitzler CD, [Lytle LA](#). Association of the home environment with cardiovascular and metabolic biomarkers in youth. *Preventive Medicine*. 2010; 51:259-261. PMID: PMC2939178
161. Samuelson A, [Lytle L](#), Pasch K, Farbaksh K, Moe S, Sirard JR. The Physical Activity Climate in Minnesota Middle and High Schools. *Journal of Physical Activity and Health*. 2010; 7:811-817. PMID: PMC3020899
162. Patnode CD, [Lytle LA](#), Erickson DJ, Sirard JR, Barr-Anderson D, Story M. The relative influence of demographic, individual, social, and environmental factors on physical activity among boys and girls. *IJBNPA*. 2010; 7:79. PMID: PMC2991277
163. Laska MN, Hearst MO, Forsyth A, Pasch KE, [Lytle LA](#). Neighborhood food environments: Are they associated with adolescent dietary intake, food purchases and weight status? *Public Health Nutrition*. 2010; 13(11):1757-1763. PMID: PMC3119051

164. Hormes JM, Bryan C, [Lytle LA](#), Gross CR, Ahmed RL, Troxel AB, Schmitz KH. Impact of lymphedema and arm symptoms on quality of life in breast cancer survivors. *Lymphology*. 2010;43(1):1-13.

2011

165. Kubik M, [Lytle LA](#), Farbakhsh K. School and district wellness councils and availability of low-nutrient, energy-dense vending fare in Minnesota middle and high schools. *Journal of the American Dietetic Association*. 2011; 111:150-155. PMID: PMC3104466
166. [Lytle LA](#), Pasch KE, Farbakhsh K. The relationship between sleep and weight in a sample of adolescents. *Obesity*. 2011;19(2):324-331. PMID: PMC3099473
167. Pasch KE, [Lytle LA](#), Samuelson AC, Farbakhsh K, Kubik MY, Patnode CD. Are School Vending Machines Loaded with Calories and Fat: An Assessment of 106 Middle and High Schools. *Journal of School Health*. 2011;81(4):212-218. PMID: PMC3583197
168. Anderson SE, Murray DM, Johnson CC, Elder JP, [Lytle LA](#), Jobe JB, Saksvig BI, Stevens J. Obesity and depressed moods associations differ by race/ethnicity in adolescent girls. *International Journal of Pediatric Obesity*. 2011; 6:69-78. PMID: PMC3066285
169. Pereira MA, Erickson E, McKee P, Schrankler K, Raatz SK, [Lytle LA](#), Pellegrini AD. Breakfast Frequency and Quality May Affect Glycemia and Appetite in Adults and Children. *The Journal of Nutrition*. 2011;141;163S-168S. PMID: PMC3001239
170. Patnode CD, [Lytle LA](#), Erickson DJ, Sirard JR, Barr-Anderson DJ, Story M. Physical activity and sedentary activity patterns among children and adolescents: a latent class analysis approach. *JPAH*. 2011; 8:457-467. PMID: PMC3100677
171. Hearst MO, Sherwood N, Klein EG, Pasch KE, [Lytle LA](#). Parental perceptions of their adolescent's weight status. The ECHO Study. *American Journal of Health Behavior*. 2011; 35(2):248-255. PMID: PMC3232733
172. Sirard JR, Laska MN, Patnode CD, Farbakhsh K, Lytle LA. Adolescent Physical Activity and Screen Time: Associations with the Physical Home Environment. *IJBNPA*. 2010. 15;7:82. PMID: PMC2996341
173. Slater ME, Sirard JR, Laska MN, Pereira MA, [Lytle LA](#). Relationships between energy balance knowledge and the home environment. *JADA*. 2011; 111:556-560. PMID: PMC3107531
174. [Lytle LA](#), Hearst MO, Fulkerson JA, Martinson BC, Klein EG, Murray DM, Pasch KE, Samuelson AC. Examining the relationships between family meal practices, family stressors and the weight of youth in the family. *Annals of Behavioral Medicine*. 2011; 41(3):353-362. PMID: PMC3617927
175. Pasch KE, Klein EG, Laska MN, Velazquez CE, Moe SG, [Lytle LA](#). Weight Misperception and Health Risk Behaviors Among Early Adolescents. *American Journal of Health Behavior*. 2011; 35(6):797-806. PMID: PMC3261574
176. Stovitz SD, Demerath EW, Hannan PJ, [Lytle LA](#), Himes JH. Growing into obesity: Patterns of height growth in those who become normal weight, overweight, or obese as young adults. *American Journal of Human Biology*. 2011; 23:635-641. PMID: PMC 3152584

177. Martinson BC, VazquezBenitez G, Patnode CD, Hearst MO, Sherwood NE, Parker ED, Sirard JR, Pasch KE, [Lytle LA](#). Obesogenic Family Types Identified Through Latent Profile Analysis. *Annals of Behavioral Medicine*. 2011; 42:210-220. PMID: PMC3184384
178. Dengel DR, Hearst MO, Harmon JH, [Lytle LA](#). Impact of Changes in Screen Time on Blood Profiles and Blood Pressure in Adolescents Over a Two-Year Period. In: Williams CA, Armstrong N (eds.), *Children and Exercise XXVII: The Proceedings of the XXVIIth International Symposium of the European Group of Pediatrics Work Physiology*, September, 2011. Oxon, England: Routledge, pp. 121-125, 2012.
179. Taber D, Stevens J, Pratt C, [Lytle LA](#), Foreman R, Parra-Medina D, Moody J. Association between school- and non-school-based activity programs and physical activity in adolescent girls. *Journal of Physical Activity and Health*. 2011; Sep; 8(7):971-7. PMID: PMC3226769
180. Kubik MY, Farbakhsh K, [Lytle LA](#). Two years later: Wellness councils and healthier vending in a cohort of middle and high schools. *Journal of Adolescent Health*. 2011; Nov;49(5): 550-2. PMID: PMC3427769
181. Laska MN, Graham D, Moe SG, [Lytle LA](#), Fulkerson JA. Situational characteristics of young adults' eating occasions: A real-time data collection using Personal Digital Assistants. *Public Health Nutrition*. 2011; 14(3), 472-479. PMID: PMC3516625
182. Fulkerson JA, Farbakhsh K, [Lytle L](#), Hearst MO, Dengel DR, Pasch KE, Kubik MY. Away-from-home family dinner sources and associations with weight status, body composition and related biomarkers of chronic disease among adolescents and their parents. *JADA*. 2011; 111:1892-1897. PMID: PMC3230299
183. Affuso O, Stevens J, Catellier D, McMurray R, Ward D, Lytle L, Sothorn M, Young D. Validity of self-reported leisure-time sedentary behavior in adolescents. *Journal of Negative Results in Biomedicine*. February 2011, 10:2. PMID: PMC3046002

2012

184. Hearst MO, Sirard JR, [Lytle LA](#), Dengel DR, Berrigan D. Comparison of three measures of physical activity and associations with blood pressure, HDL and body composition in a sample of adolescents. *J Phys Act Health*. January 2012; 9(1):78-85. PMID: PMC3600646
185. Pasch KE, Velazquez CE, Cance JD, Moe SG, [Lytle LA](#). Youth substance use and body composition: does risk in one area predict risk in the other? *Journal of Youth and Adolescence*. January 2012; 41(1):14-26. PMID: PMC3617983
186. Rodriguez DA, Cho G, Evenson KR, Conway TL, Cohen D, Ghosh-Dastidar B, Shay E, Cohen D, Pickrel JL, Veblen-Mortenson S, [Lytle LA](#). Out and about: Association of the built environment with physical activity behaviors of adolescent females. *Health and Place*. January 2012; 18(1): 55-62. PMID: PMC3259163
187. Laska MN, Murray DM, [Lytle LA](#), Harnack LJ. Longitudinal associations between key dietary behaviors and weight gain over time: Transitions through the adolescent years. *Obesity*. January 2012; 20(1):118-125. PMID: PMC3402912
188. Hearst MO, Patnode CD, Sirard JR, Farbakhsh K, [Lytle LA](#). Multilevel predictors of adolescent physical activity: A longitudinal analysis. *International Journal of Behavioral Nutrition and Physical Activity*. February 2012, 9:8. PMID: PMC3305547

189. Fulkerson JA, [Lytle LA](#), Story M, Moe SG, Samuelson A, Weymiller A. Development and validation of a screening instrument to assess the types and quality of foods served at home meals. *International Journal of Behavioral Nutrition and Physical Activity*. February 2012; 9:10. PMID: PMC3298474
190. McDonald K, Hearst MO, Farbaksh K, Patnode CD, Forsyth A, Sirard JR, [Lytle LA](#). Adolescent Physical Activity and the Built Environment: A Latent Class Analysis Approach. *Health and Place*. March 2012; 18:191-198. PMID: PMC3266467
191. Rodriguez DA, Cho G, Elder, JP, Conway TL, Evenson KR, Ghosh-Dastidar B, Shay E, Cohen D, Veblen-Mortenson S, Pickrel J, [Lytle LA](#). Identifying walking trips from GPS and accelerometer data in adolescent females. *Journal of Physical Activity and Health*. March 2012; 9:421-431. PMID: PMC3689590
192. Hearst MO, Sevcik S, Fulkerson JA, Pasch KE, Harnack LJ, [Lytle LA](#). Stressed out and overcommitted! The relationships between time demands and family rules and parents' and their child's weight status. *Health Education & Behavior*. August 2012; 39(4): 446-454. (Epub January 6, 2012) PMID: PMC3587053
193. Pasch KE, Latimer LA, Cance JD, Moe SG, [Lytle LA](#). Longitudinal bi-directional relationships between sleep and youth substance use. *Journal of Youth and Adolescence*. September 2012; 41(9):1184-1196. PMID: PMC3431186
194. Trilk JL, Pate RR, Pfeiffer KA, Dowda M, Addy CL, Ribisl KM, Neumark-Sztainer D, [Lytle LA](#). A Cluster Analysis of Physical Activity and Sedentary Behavior Patterns in Middle School Girls. *Journal of Adolescent Health*. September 2012; 51(3):292-298. PMID: PMC3428590
195. Cohen DA, Ghosh-Dastidar B, Beckman R, [Lytle L](#), Elder J, Pereira MA, Veblen-Mortenson S, Pickrel J, Conway T. Adolescent Girls' Most Common Source of Junk Food Away from Home. *Health and Place*. September 2012; 18(5):963-970. PMID: PMC3646799
196. Shimotsu ST, Jones-Webb RJ, [Lytle LA](#), MacLehose RF, Nelson TF, Forster JL. The relationships among socioeconomic status, fruit and vegetable intake, and alcohol consumption. *American Journal of Health Promotion*. September-October 2012; 27(1):21-28.
197. [Lytle LA](#). Dealing with the childhood obesity epidemic: A public health approach. *Abdominal Imaging*. October 2012; 37(5):719-724.
198. Shimotsu ST, Jones-Webb RJ, Nelson TF, MacLehose RF, [Lytle LA](#), Forster JL, Van Riper DC. Food and Alcohol Access in Neighborhoods of Varying Socioeconomic Status. *Journal of Alcohol and Drug Education*. December 2012; 56(3): 77-92.

2013

199. Kubik, MY, Farbaksh K, [Lytle LA](#). A healthy trend: Less food used in fundraising and as rewards and incentives in Minnesota middle and high schools. *Public Health Nutrition*. April 2013; 16(4): 683-686. (Epub July 2012) PMID: PMC3566355
200. Hearst MO, Sirard JR, Forsyth A, Parker ED, Klein EG, Green CG, [Lytle LA](#). The relationship of area-level sociodemographic characteristics, household composition and individual-level SES on walking behavior among adults. *Transportation Research Part A*. April 2013; 50:149-157. PMID: PMC3667602

201. [Lytle LA](#), Murray DM, Laska MN, Pasch K, Anderson SE, Farbaksh K. Examining the longitudinal relationship between change in sleep and obesity risk in adolescents. *Health Education and Behavior*. June 2013; 40(3): 362-370. (Epub September 2012) PMID: PMC3659197
202. Shimotsu ST, Jones-Webb R, MacLehose RF, Nelson TF, Forster JL, [Lytle LA](#). Neighborhood Socioeconomic Characteristics, the Retail Environment, and Alcohol Consumption: A Multilevel Analysis. *Drug and Alcohol Dependence*. October 2013; 132(3): 449-456. (Epub May 3, 2013)
203. Gardner, J, Kjolhaug J, Linde JA, Sevcik SM, [Lytle LA](#). Teaching Goal-Setting for Weight-Gain Prevention in a College Population: Insights from the CHOICES Study. *Journal of Health Education Teaching*. 2013; 4(1): 39-49. PMID: PMC4038901

2014

204. Linde JA, Sevcik SM, Petrich CA, Gardner JK, Laska MN, Lozano P, [Lytle LA](#). Translating a Health Behavior Change Intervention for Delivery to Two-Year College Students: The Importance of Formative Research. *Translational Behavioral Medicine*. 2014 Jun; 4(2):160-9. PMID: PMC4041923
205. [Lytle LA](#), Moe SG, Nanney MS, Laska MN, Linde JA, Petrich CA, Sevcik SM. Designing a Weight Gain Prevention Trial for Young Adults: The CHOICES Study. *American Journal Health Education*. March-April 2014; 45(2): 67-75. PMID: PMC4043377
206. Cohen DA, Ghosh-Dastidar B, Conway TL, Evenson KR, Rodriguez D, Beckman R, Elder J, Pickrel J, [Lytle LA](#). Energy Balance in Adolescent Girls: The Trial of Activity for Adolescent Girls Cohort. *Obesity*. March 2014; 22(3): 772-780. (Epub June 26, 2013) PMID: PMC3825824
207. [Lytle LA](#), Svetkey LP, Patrick K, Belle S, Fernandez ID, Jakicic JM, Johnson KC, Olson C, Tate DF, Wing R, Loria, CM. The EARLY Trials: A Consortium of Studies Targeting Weight Control in Young Adults. *Translational Behavioral Medicine*. 2014 September; 4(3): 304-313. PMID: PMC4167899

2015

208. Laska MN, Hearst MO, Lust K, [Lytle LA](#), Story M. How we eat what we eat: identifying meal routines and practices most strongly associated with healthy and unhealthy dietary factors among young adults. *Public Health Nutrition*. 2015 Aug;18(12):2135-45.
209. [Lytle LA](#). Considering the potential effect of federal policy on childhood obesity. Invited commentary. *JAMA Pediatrics*. 2015 Jan; 169(1):15-16.
210. Nanney MS, [Lytle LA](#), Farbaksh K, Moe SG, Linde JA, Gardner JK, Laska MN. Weight and weight-related behaviors among 2-year college students. *J American College Health*. 2015;63(4):221-9. PMID: PMC4428949
211. Ranjit N, Wilkinson AV, [Lytle LA](#), Evans AE, Saxton D, Hoelscher DM. Socioeconomic inequalities in children's diet: the role of the home food environment. *International Journal of Behavioral Nutrition and Physical Activity*. 2015, 12(Suppl 1):S4, 9 pages. PMID: PMC4518619
212. Baranowski T, [Lytle LA](#). Should the IDEFICS outcomes have been expected? *Obesity Reviews*. December 2015, 16(S2): 162–172.

2016

213. Laska MN, Sevcik SM, Moe SG, Petrich CA, Nanney MS, Linde JA, Lytle LA. A two-year U.S. young adult obesity prevention trial: Process evaluation results. *Health Promotion International*. Dec 2016, 31(4): 793-800. PMID: PMC5141943 [Available on 2017-12-01]
214. Pelletier JE, Lytle LA, Laska MN. Stress, Health Risk Behaviors, and Weight Status among Community College Students. *Health Education & Behavior*. 2016, 43(2):139-144. PMID: PMC4752929
215. Moe SG, Lytle LA, Nanney MS, Linde JA, Laska MN. Recruiting and retaining young adults in a weight gain prevention trial: Lessons learned from the CHOICES study. *Clinical Trials*. April 2016, 13(2): 205-213. PMID: PMC4785077
216. Marlatt KL, Farbaksh K, Dengel DR, Lytle LA. Breakfast and fast food consumption are associated with selected biomarkers in adolescents. *Preventive Medicine Reports*. June 2016, 3:49-52. PMID: PMC4733061
217. Laska MN, Lytle LA, Nanney MS, Moe SG, Linde JA, Hannan PJ. Results of a 2-year randomized, controlled obesity prevention trial: Effects on diet, activity and sleep behaviors in an at-risk young adult population. *Preventive Medicine*. Aug 2016, 89:230-236. Epub 2016 Jun 7. PMID: PMC5038135 [Available 2017-08-01]
218. Tate DF, Lytle LA, Sherwood NE, Haire-Joshu D, Matheson D, Moore SM, Loria CM, Pratt C, Ward DS, Belle SH, Michie S. Deconstructing Interventions: Approaches to studying behavior change techniques across obesity interventions. *Translational Behavioral Medicine*. June 2016, 6(2): 236-243. PMID: PMC4927444.
219. Nezami BT, Lytle LA, Tate DF. A randomized trial to reduce sugar-sweetened beverage and juice intake in preschool-aged children: Description of the Smart Moms intervention trial. *BMC Public Health*. Aug 2016, 16(1):837 (9 pages). PMID: PMC4992273
220. D'Angelo H, Ammerman A, Gordon-Larsen P, Linnan LA, Lytle LA, Ribisl KM. Sociodemographic disparities in proximity of schools to tobacco outlets and fast-food restaurants. *American Journal of Public Health*. Sept 2016, 106(9):1556-1562. PMID: PMC4981785
221. Close MA, Lytle LA, Viera AJ. Is frequency of fast food and sit-down restaurant eating occasions differentially associated with less healthful eating habits? *Preventive Medicine Reports*. Oct 2016, 4:574-577. eCollection 2016. PMID: PMC5099275.
222. Pigeot I, Baranowski T, Lytle LA, Ahrens W. Kritische Bewertung der Konzepte zur Adipositasprävention bei Kindern (Critical appraisals of obesity prevention concepts in children). *Bundesgesundheitsbl*. Nov 2016, 59(11): 1423-1431. Epub05 Oct 2016.

2017

223. Stevens J, Pratt C, Boyington J, Nelson C, Truesdale KP, Ward DS, Lytle L, Sherwood NE, Robinson TN, Moore S, Barkin S, Cheung YK, Murray DM. Multilevel interventions targeting obesity: Research recommendations for vulnerable populations. *American Journal of Preventive Medicine*. Jan 2017, 52(1):115-124.
224. Lytle LA, Laska MN, Linde JA, Moe SG, Nanney MS, Hannan PJ, Erickson DJ. Weight-gain reduction among 2-year college students: The CHOICES RCT. *American Journal of Preventive Medicine*. Feb 2017, 52(2):183-191.

225. D'Angelo H, Ammerman A, Gordon-Larsen P, Linnan LA, Lytle LA, Ribisl KM. Small food store retailers' willingness to implement health store strategies in rural North Carolina. *Journal of Community Health*. Feb 2017, 42(1):109-115. PMID: PMC5253080 [Available on 2018-02-01]
226. Lytle LA, Sokol RL. Measures of the food environment: A systematic review of the field, 2007-2015. *Health and Place*. March 2017, 44:18-34.
227. Lytle LA, Myers AE. Measures Registry Users Guide: Food Environment. Washington (DC): National Collaborative on Childhood Obesity Research, January 2017. <http://nccor.org/tools-mruserguides/food-environment/introduction/>
228. Wallace DD, Boynton MH, Lytle LA. Multilevel analysis exploring the links between stress, depression, and sleep problems among two-year college students. *Journal of American College Health*. Apr 2017, 65(3):187-196.
229. Myers AE, Southwell BG, Ribisl KM, Moreland-Russell S, Lytle LA. Setting the agenda for a healthy retail environment: Content analysis of US newspaper coverage of tobacco control policies affecting the point of sale, 2007-2014. *Tobacco Control*. July 2017; 26(4):406-414. Epub ahead of print July 13, 2016.
230. Nezami, B, Ward, D, Lytle LA, Ennett, S, and Tate D. A mHealth Randomized Controlled Trial to Reduce Sugar-Sweetened Beverage Intake in Preschool-aged Children. *Pediatric Obesity*. E-pub ahead of print November 9, 2017.
231. Close MA, Lytle LA, Chen DG and Viera AJ. Using the Theory of planned behavior to explain intention to eat a healthful diet among Southeastern United States office workers. *Nutrition and Food Science*, 2018; 48 (2), pp 365-374.

2018

232. Lytle LA et al. Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) Core Measures: Behavioral Domain. *Obesity*, April 2018, 26: S16-S24.
233. Myers AE, Southwell BG, Ribisl KM, Moreland-Russell S, Bowling JM, Lytle LA. State-Level Point-of-Sale Tobacco News Coverage and Policy Progression Over a 2-year Period. *Health Promot Pract*. 2018 Jan 1. doi: 10.1177/1524839917752108. [Epub ahead of print]
234. Myers AE and Lytle LA. Promoting healthy eating in worksites: Measurement tools and guidance. In Editor's Desk: Viswanathan, S. Addressing Eating in the Workplace. *American Journal of Health Promotion*, solicited article) 2018, Vol. 32(1) 233-246. DOI: 10.1177/0890117117743584
235. Close, M. A., Lytle, L. A., Viera, A. J., Chen, D. G., Linnan, L. A., & Valle, C. G. Identifying and describing segments of office workers by activity patterns: Associations with demographic characteristics and objectively measured physical activity. *International Journal of Workplace Health Management*, 2018: 11(1), 16-30.
236. Jeffries JK, Lytle LA, Sotres-Alvarez D, Golden S, Aiello AE and Linnan L. Chronic disease risk typologies among young adults in community college. *Am J Health Behavior* 2018; 42 (2): 71-84.

2019

237. Haines J, Haycraft E, Lytle L, Nicklaus S, Kok F, Merdji M, Fisberg, M, Moreno, L, Goulet O, Hughes S. "Nurturing Children's Healthy Eating: Position statement", *Appetite* 2019; 137: 124-133.
238. Tate, D.F., Lytle, L., Polzien, K, Diamond, M., Leonard, K, Jakicic, J., Johnson, K.C, Olson, C., Patrick, K., Svetkey, L., Wing, R., Lin, P., Coday, M., Laska, M.N., Merchant, G., Czaja, S., Schulz, R. & Belle, S.H., Looking inside the Black Box: Deconstructing Behavioral Weight Management Interventions in The EARLY Consortium, *Obesity* 2019; 27, 1085-1098.

2020

239. Nezami, B.T., Lytle, L.A., Ward, D.S., Ennett, S.T., & Tate, D.F. Effect of the Smart Moms intervention on theoretical and behavioral intervention targets as mediators of change in child sugar-sweetened beverage intake. *Public Health Nutrition* 2020;18.2: 193-198.
240. Grummon A, Sokol R, and Lytle L, Is late bedtime an overlooked sleep behavior? Investigating associations between sleep timing, sleep duration and eating behaviours in adolescence and adulthood. *Public Health Nutrition*, 2020.
241. Wanghi, GI, Lytle L, Kabututu, ZP, Buhendwa AR, Sumaili KE, "Prevalence and determinants of overweight and obesity among school-aged children and adolescents," *International Journal of Public Health Science*, 2020, Vol 9 (4): 101-108
242. Alvey, J, Divaris K, Lytle L, Vann W and Lee, J, " What child oral health-related behaviors can first-time mothers actualize? A pragmatic prospective study, *JDR Clinical and Translational Research*, October 2020, Vol 5 (4): 366-375.
243. Sokol R, Grummon A, Lytle LA, "Sleep duration and body mass: Direction of the associations from adolescence to young adulthood," *International Journal of Obesity*, 2020 4:4:852-856.

2021

244. Deshira D. Wallace , Clare Barrington , Sandra Albrecht , Nisha Gottfredson , Lori Carter-Edwards & Leslie A. Lytle (2021): The role of stress responses on engagement in dietary and physical activity behaviors among Latino adults living with prediabetes, *Ethnicity & Health*
To link to this article: <https://doi.org/10.1080/13557858.2021.1880549> Published online, February 2021
245. Wallace, D. D., Lytle, L. A., Albrecht, S., & Barrington, C. (2021, May 10). All of That Causes Me Stress: An Exploration of the Sources of Stress Experienced by Latinxs Living With Prediabetes. *Journal of Latinx Psychology*. Advance online publication. <http://dx.doi.org/10.1037/lat0000168>

246. Wanghi, GI, Lytle L, Buhendwa AR, Sumaili EK, “Body mass index correlated with body fat percentage in children and adolescents in the Democratic Republic of the Congo: A cross sectional study. *African Journal of Health Sciences* Volume 34, Issue No. 1, January - February, 2021

IN PRESS

Soldivini, J, Smith T, Lytle L, Berner M, Ward, D and Ammerman A, “Cooking Matters for Kids Improves Attitudes and Self-Efficacy Related to Healthy Eating and Cooking”, Accepted *JNEB*, November 2021

Mansour-Assi SJ, Golaszewsk NM, Costello KL, Wing D, Persinger H, Coleman A, Lytle L, Larsen B, Jain S, Weibel N, Rock C, Patrick K, Hekler E, Godino, J Social Mobile Approaches to Reducing Weight (SMART) 2.0: Protocol of a randomized 2 controlled trial among young adults in university settings. Accepted *Trials*, December 2021

UNDER REVIEW

Lytle, L, Wasser H, Tate D, “Lost in translation: Presence of behavior change techniques and domains across multiple sources of intervention descriptions.” Submitted to *Obesity*, January 2022

IN PREPARATION

Belle, S, Tate D, Lytle L, “Examining the relationship between the use of behavior change techniques and weight outcomes”

Belle S, Tate D, Lytle L, “Challenges in measuring dose of digitally delivered behavior change techniques”

BOOKS

Perry CL, Lytle LA, Jacobs T. *The Vegetarian Manifesto*. Philadelphia, PA, Running Press Publishers, 2004.

Lytle, L, *Designing interventions to promote community health: A multilevel, stepwise approach*, American Psychological Association (Publication expected March 2022)

BOOK CHAPTERS

1. Perry CL, Lytle LA, Kelder SH. Teaching healthful eating habits. In: LJ Filer, RM Lauer, RV Luepker (eds.). *Prevention of Atherosclerosis and Hypertension Beginning in Youth*, Lea & Febiger, Philadelphia: 256-263, 1994.
2. Perry CL, Story M, Lytle LA. Promoting healthy dietary behaviors with children and adolescents. In: Weissberg RP, Gullotta TP, Adams GR, Hampden RL, Ryan BA (Eds.). *Healthy Children 2010: Strategies to Enhance Social, Emotional, and Physical Wellness*, Thousand Oaks, CA, Sage Publications, 214-249, 1997.

3. Kelder SH, Edmundson EW, Lytle LA. Health Promotion. In: *Handbook of Health Behavior Research IV*, Gochman DS, (Ed.) New York, NY, Plenum Press, 263-284, 1997.
4. Lytle LA, School-based Health Promotion. In: Anderson N (ed.). *Encyclopedia of Health Behavior*. SAGE Publications, Thousand Oaks, CA. 703-714, 2003.
5. Lytle LA, Schmitz K. Community-level influences and interventions for pediatric obesity. In: MI Goran, M Sothorn (Eds). *Handbook of Pediatric Obesity: Pathophysiology and Prevention*. Boca Raton, Taylor & Francis. 271-290, 2006.
6. Luepker RV, Lytle LA. Policy and Practice: Changing the home, school and community environment to promote health. In: RM Lauer, TL Burns, SR Daniels (Eds), *Pediatric Prevention of Atherosclerotic Cardiovascular Disease*. New York, NY: Oxford University Press, Inc., pp 341-361, 2006.
7. Dengel DR, Hearst MO, Harmon JH, Lytle LA. Impact of changes in screen time on blood profiles and blood pressure in adolescents over a two year period. In: Williams CA, Armstrong N (eds.), *Children and Exercise XXVII: The Proceedings of the XXVIIth International Symposium of the European Group of Pediatrics Work Physiology*, September 2011. Oxon, England: Routledge, pp. 121-125, 2012.
8. Elder JP, Lytle LA, Young DR, Webber L, Pate R, Stevens J, Pratt C, Lohman T. The trial of activity in adolescent girls (TAAG): from theory to implementation in middle school physical activity promotion. In: O'Dea JA (ed), *Current Issues and Controversies in School and Community Health, Sport and Physical Education*. New York: Nova Science, pp 185-196, 2012.
9. Lytle LA. Nutrition during Adolescence. In: Gullotta, T. P. & Bloom, M. (Eds.) *Encyclopedia of Primary Prevention and Health Promotion Part II*. (2nd Ed.). New York, NY: Springer, 2014.
10. Lytle LA, "Designing Public Health Behavior Change Interventions," In APA Handbook of Health Psychology. Submitted 5/21.

NON-PEER-REVIEWED ARTICLES/PROFESSIONAL REPORTS

1. Achterberg CL, Getty VM, Pugh MA, Durrwachter JG, and Lytle L (Trenkner). Evaluation of Nutrition and Your Health: Dietary Guidelines for Americans, Report to USDA, December 1989.
2. Lytle L (Trenkner), Kelder SH. Nutrition education and school food service intervention as components of comprehensive school health education. Report to the American Cancer Society's Advisory Committee on Technology Transfer of Behavioral Research, November 11, 1991.
3. Lytle LA, Kelder SH, Snyder MP. A review of school food service research. *School Food Service Research Review*, 1993;17(1):7-14.
4. Lytle LA, Eldridge A, Kotz K, Piper J, Williams S. Children's response to dietary recommendations: A qualitative study. Final report to the Minnesota Department of Education, July 1993.
5. Lytle LA. Nutrition Education for School-Aged Children: A Review of Research. USDA Food and Consumer Service, September 1994.

6. Snyder PM, Fee RM, Lytle LA, Hann B. Visually monitoring students' consumption of school lunch entrees. *School Food Service Research Review*, 1996;20(2):63-68.
7. Nicklas TA, Dwyer J, Yang M, Stone E, Lytle LA, Montgomery D, Zive M, Clesi A, Elder J, Nichaman M. The impact of modifying school meals on dietary intakes of school-aged children. *School Food Service Research Review*, 1996;20(S):20-26.
8. Lytle LA. Lessons from the Child and Adolescent Trial for Cardiovascular Health (CATCH): Interventions with children. *Current Opinion in Lipidology*. 1998;9:29-33.
9. Mâsse L and Lytle LA. Advancing knowledge of parent-child dyadic relationships about multiple cancer preventive health behaviors: The National Cancer Institute Family Life, Activity, Sun, Health, and Eating (FLASHE) study. Invited commentary, *American Journal of Preventive Medicine*. June 2017; 52(6): 833-835.

PUBLISHED CURRICULA

Lytle, L and the CATCH Collaborative. ***Hearty Heart and Friends***. A school-and home-based nutrition and physical education program for third graders. Griffin Publishing, Torrance, CA, 1998.

Lytle, L and the CATCH Collaborative. ***GO for Health 4***. A school-and home-based nutrition and physical education program for fourth graders. Griffin Publishing, Torrance, CA, 1998.

Lytle, L and the CATCH Collaborative Group. ***GO for Health 5***. A school-and home-based nutrition and physical education program for fifth graders. Griffin Publishing, Torrance, CA, 1998.

Lytle, L and the CATCH Collaborative Group. ***F.A.C.T.S. - Facts & Activities about Chewing Tobacco and Smoking***. A tobacco prevention program for fifth graders. Griffin Publishing, Torrance, CA, 1998.

Lytle, L and the CATCH Collaborative Group. ***EAT SMART***. A school lunch cafeteria-based nutrition program for third through fifth graders. Griffin Publishing, Torrance, CA, 1998.

Lytle, L and the CATCH Collaborative Group. ***CATCH PE***. A school-based physical education program for third through fifth graders. Griffin Publishing, Torrance, CA, 1998.