

**Jessica Soldavini, PhD, MPH, RD, LDN**

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**EDUCATION**

**University of North Carolina at Chapel Hill**

PhD in Nutrition, May 2021

*Dissertation: Cooking Matters for Kids: Evaluation of an Experiential Nutrition and Cooking Education Program for Children*

Center for the Integration of Research, Teaching, and Learning (CIRTL) @ UNC Chapel Hill - Associates Level of Accomplishment, December 2020; Practitioner Level of Accomplishment, May 2021; Scholar Level of Accomplishment, May 2021

Certificate in Survey Methodology, May 2018

**University of California, Los Angeles**

MPH in Community Health Sciences, June 2012

Maternal and Child Health Nutrition Leadership Training Program

**University of California, Berkeley**

BS in Nutritional Sciences – Dietetics/Minor in Anthropology, May 2010

*Honors Thesis: The Effects of Nutrition Claims on Children's Perceptions of the Healthfulness of a Product and Its' Impact on their Preferences*

**Wake Technical Community College**

Certificate in Culinary Arts, May 2021

**CERTIFICATIONS/LICENSURE**

Registered Dietitian (RD)/Licensed Dietitian/Nutritionist (LDN)

Certified Lactation Educator Counselor (CLEC)

Nutrition Data System for Research (NDSR) Certified

ServSafe Food Protection Manager Certified

**PROFESSIONAL EXPERIENCE**

2021-present Assistant Professor, Department of Nutrition, Gillings School of Global Public Health, UNC Chapel Hill

2021-present Research Specialist, Carolina Hunger Initiative and No Kid Hungry NC, Center for Health Promotion and Disease Prevention, UNC Chapel Hill

2021-present Fellow and Training Specialist, Center for Health Promotion and Disease Prevention, UNC Chapel Hill

2017-2023 Evidence Analyst, Academy of Nutrition and Dietetics Evidence Analysis Library

2019-2021 Adjunct Instructor, Gillings School of Global Public Health, UNC Chapel Hill

2015-2021 Graduate Research Assistant, Center for Health Promotion and Disease Prevention, UNC

Chapel Hill

- 2018 Consultant/Interviewer, RTI International, Durham, NC
- 2018 Research Assistant, The Odum Institute, UNC Chapel Hill
- 2016-2018 Teaching Assistant, Gillings School of Global Public Health, UNC Chapel Hill
- 2013-2015 Public Health Nutritionist, Santa Clara County Public Health Department, San Jose, CA
- 2011-2012 Dietetic Intern, VA Greater Los Angeles Healthcare System, Los Angeles, CA
- 2011 Teaching Assistant, University of California, Los Angeles
- 2009-2010 Data Assistant, Samuels and Associates, Oakland, CA
- 2009 Food Service Management Intern, International House Dining Services, Berkeley, CA
- 2008-2009 Nutritionist Intern, Alameda County Public Health Department, Oakland, CA

### **HONORS AND AWARDS**

- 2023 Gold Medal at American Culinary Federation Raleigh-Durham Area Chefs Association Pastry Salon Culinary Competition
- 2021 North Carolina Academy of Nutrition and Dietetics Outstanding Dietitian of the Year
- 2021 Frank Porter Graham Honor Society
- 2020 Academy of Nutrition and Dietetics Foundation Maxine F. and Arlene M. Wilson Scholarship
- 2020 Mary P. Huddleson Award for exceptional paper published in the Journal of the Academy of Nutrition and Dietetics
- 2020 UNC Chapel Hill A. Hughes Bryan Outstanding Doctoral Award
- 2020 UNC Greensboro/NC Campus Compact Inaugural Engaged Scholarship Prize
- 2020 UNC Chapel Hill Graduate Education Advancement Board Impact Award
- 2019 James Beard Foundation National Scholar Award
- 2019-2021 USDA National Institute of Food and Agriculture Predoctoral Fellowship
- 2019 Korean Society of Community Nutrition and Society for Nutrition Education and Behavior Student Award
- 2019 Joanne Ikeda Memorial Student Scholarship
- 2019 Society for Nutrition Education and Behavior Public Health Division Student Award
- 2019 Society for Nutrition Education and Behavior Foundation Scholarship
- 2019 P.E.O. Scholar Award
- 2019 Rise Against Hunger World Hunger Leadership Award
- 2019-2020 American Society for Nutrition Science Policy Fellow
- 2018 Walmart Foundation/Hispanic Scholarship Fund Scholarship
- 2018 Academy of Nutrition and Dietetics Foundation Second Century Scholarship
- 2018 Federation of American Societies for Experimental Biology Mentored Poster/Platform Presenter Travel Award
- 2017 Academy of Nutrition and Dietetics Foundation Mary Swartz Rose Graduate Scholarship
- 2017 Carolina Center for Public Service Community Engagement Fellowship

2016-2018	National Institutes of Health National Research Service Award (Nutrition Training Grant)
2016	UNC Nutrition Research Institute Nutrigenomics, Nutrigenetics, and Precision Nutrition Short Course Scholarship
2016	Hispanic Scholarship Fund Scholarship
2016	Academy of Nutrition and Dietetics Foundation Patsyjane O'Malley Memorial Scholarship
2015	Tylenol Future Care Scholarship
2015	Commission on Dietetics Registration Doctoral Scholarship
2015	Academy of Nutrition and Dietetics Recognized Young Dietitian of the Year
2012	Academy of Nutrition and Dietetics Outstanding Dietetic Student in a Dietetic Internship Program
2011	UCLA School of Public Health Dean's Leadership Grant
2011	UCLA School of Public Health Wayne SooHoo Memorial Scholarship
2011	Irene J. Jones Memorial Scholarship
2010	Nutritional Science and Toxicology Undergraduate Departmental Citation Award
2010	UC Berkeley College of Natural Resources Honors Program Melis Medal
2010	Graduated with Honors from UC Berkeley
2010	Graduated with Highest Distinction from UC Berkeley
2010	American Dietetic Association Scholarship
2009	California Alumni Association Leadership Award
2009	UC Berkeley College of Natural Resources Sponsored Projects for Undergraduate Research Program Grant
2006-2010	UC Berkeley College of Natural Resources Dean's List

## **BIBLIOGRAPHY**

\*Indicates student author

### **Book Chapters**

1. **Soldavini J**, \*Miller M. Food Insecurity Throughout the Life Cycle. In: Thompson KL, Barth MM, Gutschall MD, eds. *Lifecycle Nutrition for Public Health Professionals*. New York, NY: Springer; 2024.
2. **Soldavini J**, Hildebrand C, Ammerman A. Public health nutrition interventions and evaluation. In: Barth MM, Bell RA, Grimmer M, eds. *Public Health Nutrition: Rural, Urban, and Global Community-Based Practice*. New York, NY: Springer; 2020.

### **Peer Reviewed Publications**

1. **Soldavini J**, \*Lowery CM, \*Busse KR, Ng SW, Ammerman A. Improving knowledge, confidence, and skills related to engaging in nutrition policy-related activities through authentic assignments and class activities [published online ahead of print, 2023 November 26] *Pedagogy in Health Promotion*. doi: 10.1177/23733799231214995
2. Olfert MD, Hagedorn-Hatfield RL, Houghtaling B, Esquivel MK, Hood LB, MacNell L, **Soldavini J**, Berner M, Savoie Roskos MR, Hingle MD, Mann GR, Waity JF, Knol LL, Walsh J, Kern-Lyons V, Paul C, Pearson K, Goetz JR, Spence M, Anderson-Steeves E, Wall-Bassett ED, Lillis JP, Kelly EB, Hege A, Fontenot MC, Coleman P. Struggling with the basics: food and housing insecurity among college students across twenty-two colleges and universities. *J Am Coll Health*. 2023;71(8):2518-2529. doi: 10.1080/07448481.2021.1978456

3. **Soldavini J**, Read M, Clay L. United States Department of Agriculture nutrition assistance programs during the COVID-19 pandemic: A scoping review protocol. *PLoS One*. 2023;18(7):e0288585. doi:10.1371/journal.pone.0288585
4. Waity JF, Huelskamp A, Hagedorn-Hatfield R, \*Harding R, Hege A, Hood LB, \*Rowerdink A, **Soldavini J**. The COVID-19 Pandemic and College Student Food Access: Perspectives from Students at Four North Carolina Universities. *Journal of Hunger & Environmental Nutrition*. 2023;18(5):772-788. doi: 10.1080/19320248.2023.2217105
5. Katz BN, **Soldavini J**, Grover K, Jilcott Pitts S, Martin SL, Thayer L, Ammerman AS, Lane HG. “Let’s Use This Mess to Our Advantage”: Calls to Action to Optimize School Nutrition Program beyond the Pandemic. *International Journal of Environmental Research and Public Health*. 2022; 19(13):7650. <https://doi.org/10.3390/ijerph19137650>
6. **Soldavini J**, Andrew H, Berner M. Campus-based food insecurity: the case of international students at a Southeastern university. *Journal of Student Affairs Research and Practice*. 2022;59(3):338-351. doi:10.1080/19496591.2021.1997755
7. **Soldavini J**, Taillie LS, Lytle LA, Berner M, Ward DS, Ammerman A. College Student Motivations for and Perceived Impacts of Volunteering with a Nutrition and Cooking Education Program for Children. *J Community Psychol*. 2022;50(5):2104-2115. doi:10.1002/jcop.22757. doi:10.1002/jcop.22757
8. **Soldavini J**, Taillie LS, Lytle LA, Berner M, Ward DS, Ammerman A. Cooking Matters for Kids improves attitudes and self-efficacy related to healthy eating and cooking. *J Nutr Educ Behav*. 2022;54(3):211-218. doi:10.1016/j.jneb.2021.09.004
9. Hagedorn RL, Olfert MD, MacNell L, Houghtaling B, Hood LB, Savoie Roskos MR, Goetz JR, Kern-Lyons V, Knol LL, Mann GR, Esquivel MK, Hege A, Walsh J, Pearson K, Berner M, **Soldavini J**, Anderson-Steeves E, Spence M, Paul C, Waity JF, Wall-Bassett ED, Hingle MD, Kelly EB, Lillis JP, Coleman P, Fontenot MC. College Student Sleep Quality and Mental and Physical Health are Associated with Food Insecurity in a Multi-Campus Study. *Public Health Nutr*. 2021;24(13):4305-4312. doi: 10.1017/S1368980021001191
10. **Soldavini J**, Berner M. Characteristics of Cooking Frequency Among College Students. *Int J Gastron Food Sci*. 2021;23. doi: 10.1016/j.ijgfs.2021.100303
11. **Soldavini J**, Ammerman A. Marginal, Low and Very Low Food Security Among Children Associated with Intake of Select Dietary Factors During the Summer. *J Acad Nutr Diet*. 2021;121(4):728-737. doi: 10.1016/j.jand.2020.11.010
12. **Soldavini J**, Andrew H, Berner M. Characteristics associated with changes in food security status among college students during the COVID-19 pandemic. *Transl Behav Med*. 2021;11(2):295-304. doi: 10.1093/tbm/ibaa110
13. **Soldavini J**, Berner M. The importance of precision: differences in characteristics associated with levels of food security among college students. *Public Health Nutr*. 2020;23(9):1473-1483. doi: 10.1017/S1368980019004026.

14. Sadeghzadeh C, **Soldavini J**, Uslan D, De Marco M. Novel sales tracking method to evaluate a rural healthy corner store intervention. *Health Promot Pract.* 2020;21(3):401-409. doi: 10.1177/1524839918789379
15. **Soldavini J**, Ammerman AS. Serving breakfast free to all students and type of breakfast serving model are associated with participation in the School Breakfast Program. *J Acad Nutr Diet.* 2019;119(7):1142-1149. doi: 10.1016/j.jand.2019.03.001
16. **Soldavini J**, Berner M, Da Silva J. Rates of and characteristics associated with food insecurity differ among undergraduate and graduate students at a large public university in the Southeast United States. *Prev Med Rep.* 2019. doi: 10.1016/j.pmedr.2019.100836
17. Calanci L, **Soldavini J**, Dawson-McClure S. Partnering to strengthen school meals programs in a southeastern school district. *Prog Community Health Partnersh.* 2018;12(3):289-296. doi: 10.1353/cpr.2018.0053
18. **Soldavini J**, Smith LP. Recommendations for adopting the International Code of Marketing of Breast-milk Substitutes into United States policy. *J Hum Lact.* 2017;33(3):582-587. doi: 10.1177/0890334417703063
19. **Soldavini J**, Kaunitz JD. Pathobiology and potential therapeutic value of intestinal short-chain fatty acids in gut inflammation and obesity. *Dig Dis Sci.* 2013;58(10):2756-66. doi: 10.1007/s10620-013-2744-4
20. **Soldavini J**, Crawford P, Ritchie L. Nutrition claims influence health perceptions and taste preferences in fourth- and fifth-grade children. *J Nutr Educ Behav.* 2012;44:624-627. doi: 10.1016/j.jneb.2012.04.009

### **Refereed Abstracts and Presentations**

\*Indicates student at time of presentation

1. Baker T, **Soldavini J**. Non-Congregate Summer Meals: A Deep Dive into Possibilities. Conference Presentation at National Child Nutrition Conference on April 25, 2024.
2. **Soldavini J**, Baker T. Serving Up Fun at Summer Meals Sites. Conference Presentation at National Child Nutrition Conference on April 24, 2024.
3. Baker T, **Soldavini J**. Year-Round Celebration: Summer meals Training and Planning. Conference session at National Child Nutrition Conference on April 24, 2024.
4. **Soldavini J**, Baker T. In their words: how meal providers survived and thrived. Conference session at National Child Nutrition Conference on April 20, 2022
5. Baker T, **Soldavini J**. Innovate SFSP with Super Fun Events and Creative Promotions. Conference session at National Child Nutrition Conference on April 19, 2022
6. \*Moore A, \*Benson E Hege A, \*Davis S, Hagedorn R, Hood L, Waity J, **Soldavini J**, Huelskamp A, Wall-Bassett E, MacNeill L, Paul C, Lillis JP, Berner M. Food and housing insecurity differences

between living on-campus and off-campus among students at eight different NC universities and colleges. Oral presentation given by Adam Hege at the American Public Health Association Annual Meeting & Expo on October 25, 2021.

7. \*Galphin G, \*Ruffin G, Hege A, \*Carpenter A, \*Austin I, \*Hancock E, \*Estes A, \*Ayers S, \*Dull E, Hagedorn R, Hood L, Waity J, **Soldavini J**, Huelskamp A, Wall-Bassett E, MacNell L, Paul C, Lillis JP, Berner M. Food insecurity and the impacts on mental and physical health status among students at eight NC universities and colleges. Poster presented by Adam Hege at the American Public Health Association Annual Meeting & Expo on October 22, 2021.
8. \*Macfarlane A, \*Carpenter A, Hege A, \*Rogers M, \*Estes A, \*Ayers S, \*Hancock E, \*Dull E, Hagedorn R, Hood L, Waity J, **Soldavini J**, Huelskamp A, Wall-Bassett E, MacNell L, Paul C, Lillis JP, Berner M. Food and housing insecurity and the relationship with sleep health among students from eight North Carolina universities and colleges. Poster presented by Adam Hege at the American Public Health Association Annual Meeting & Expo on October 21, 2021.
9. **Soldavini J**, Hazael A, Berner M. Changes in Food Security and Foods Eaten Among College Students During the Pandemic. Virtual poster presentation for the NIH Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science workshop in September 2021.
10. **Soldavini J**, \*Lowery C, \*Busse K, Ng SW, Ammerman A. Improving Student Confidence for Engaging in the Nutrition Policy Process Through Authentic Assignments and Class Activities. *J Nutr Educ Behav.* 2021;55(7 suppl):S1-2. Virtual presentation for the Society for Nutrition Education and Behavior Annual Conference on August 8, 2021.
11. **Soldavini J**, Hazael A, Berner M. Moving in with Family During the COVID-19 Pandemic is Associated with Changes in Food Consumption Among College Students. *Curr Dev Nutr.* 2021;5(suppl 2):249. Virtual abstract presentation posted online for Nutrition 2021 Live Online.
12. **Soldavini J**, Berner M. Prevalence and Characteristics Associated with Food Security Status Among International School. *J Nutr Educ Behav.* 2020;52(7 suppl):S26-27. Virtual abstract presentation posted online for the Society for Nutrition Education and Behavior Annual Conference in July 2020.
13. **Soldavini J**, Holloway M, Baker T. A Creative Approach to Developing Branding and Marketing Materials for the NC Summer Nutrition Program. *J Nutr Educ Behav.* 2020;52(7 suppl):S55. Virtual abstract presentation posted online for the Society for Nutrition Education and Behavior Annual Conference in July 2020.
14. **Soldavini J**, Berner M. Food Security Status is Associated with Academic Performance in Undergraduate and Graduate Students. *Curr Dev Nutr.* 2020;4(suppl 2):nzaa043\_133. Virtual abstract presentation posted online for Nutrition 2020 Live Online.
15. **Soldavini J**, Berner M. Individuals Benefit from Their Experiences Volunteering with the Summer Food Service Program in Chapel Hill and Carrboro, NC. *Curr Dev Nutr.* 2020;4(suppl 2):nzaa043\_134. Virtual abstract presentation posted online for Nutrition 2020 Live Online.
16. **Soldavini J**, Baker T. Nutrition Education and Physical Activity Opportunities at Federal Summer Nutrition Program Sites in North Carolina. *J Nutr Educ Behav.* 2019;51(7 suppl):S113. Poster

presentation given at the Society for Nutrition Education and Behavior Annual Conference on July 29, 2019.

17. **Soldavini J**, Berner M. Examining Characteristics Associated with Cooking Frequency Among College Students. *J Nutr Educ Behav.* 2019;51(7 suppl):S42. Poster presentation given at the Society for Nutrition Education and Behavior Annual Conference on July 28, 2019.
18. **Soldavini J**, Holloway M, Baker T. SummerPalooza! Summits as a Strategy for Supporting Federal Nutrition Programs. *Curr Dev Nutr.* 2019;3(suppl 1): nzz051.P04-027-19. Poster presentation given at Nutrition 2019 on June 9, 2019.
19. **Soldavini J**, Berner M. Food Security Status Among College Students is Associated with Self-Rated Health, Weight Status, and Dietary Behaviors. *Curr Dev Nutr.* 2019;3(suppl 1): nzz051.P04-083-19. Poster presentation given at Nutrition 2019 on June 8, 2019.
20. **Soldavini J**, Baker T. “More than Serving a Meal: Strategies for a Successful Summer Meals Program.” National Child Nutrition Conference. Conference session given on April 25, 2019.
21. **Soldavini J**, Ammerman A. “Serving Breakfast Free to All Students and Type of Breakfast Serving Model are Associated with Participation in the School Breakfast Program.” Southeastern University Consortium on Hunger, Poverty, and Nutrition Symposium. Poster presentation given on April 4, 2019.
22. **Soldavini J**. “Addressing Child Hunger in Your Community During the Summer.” Universities Fighting World Hunger Summit. Conference session given on March 16, 2019.
23. **Soldavini J**, Berner M, Da Silva J. “Rates of and Characteristics Associated with Food Insecurity Differ Among Undergraduate and Graduate Students at a Large Public University in the Southeastern United States.” Universities Fighting World Hunger Summit. Poster presentation given on March 15, 2019.
24. **Soldavini J**, Berner M. Using Photovoice to Engage Youth in Evaluating Food for the Summer. *J Acad Nutr Diet.* 2018;118(suppl):A66. Poster presentation given at the Food and Nutrition Conference and Expo on October 23, 2018.
25. **Soldavini J**, Ervin C. Summer Nutrition for Children: We All Have a Role to Play! Food and Nutrition Conference and Expo. Conference session given on October 21, 2018.
26. **Soldavini J**, Berner M. Children’s Perspectives on the Summer Nutrition Program. *J Nutr Educ Behav.* 2018;50(7 suppl):S32. Poster presentation given at the Society for Nutrition Education and Behavior Annual Conference on July 22, 2018.
27. **Soldavini J**, Baker T. Supporting Summer Nutrition Programs in North Carolina Through Regional SummerPalooza! Summits. *J Nutr Educ Behav.* 2018;50(7 suppl):S7. Oral presentation given at the Society for Nutrition Education and Behavior Annual Conference on July 22, 2018.
28. **Soldavini J**, Ammerman A. “Serving Breakfast Free to All Students and Breakfast Serving Model are Associated with Participation in the School Breakfast Program.” *Curr Dev Nutr.* 2019;2(11): nzy033. Poster presentation given at Nutrition 2018 on June 11, 2018.

29. **Soldavini J.** “Very Low and Low Food Security Among Children are Associated with Poor Dietary Outcomes in Low-income Children During the Summer.” *Curr Dev Nutr.* 2019;2(11): nzy033. Poster presentation given at Nutrition 2018 on June 11, 2018.
30. **Soldavini J.** The Food for the Summer Partnership: A Collaborative Approach to Expanding the Summer Nutrition Program in Chapel Hill and Carrboro, North Carolina. *J Acad Nutr Diet.* 2017;117(suppl):A79. Poster presentation given at the Food and Nutrition Conference and Expo on October 24, 2017.
31. **Soldavini J.** Looking Beyond the Target Audience: Examining Motivations for and Impacts of Volunteering with Food for the Summer. *J Nutr Educ Behav.* 2017;49(suppl 1):S102. Poster presentation given at the Society for Nutrition Education and Behavior Annual Conference on July 22, 2017.
32. **Soldavini J.** Increasing Children’s Exposure to and Preferences for Fruits and Vegetables at Summer Food Service Program Sites. *J Nutr Educ Behav.* 2017;49(suppl 1):S56. Poster presentation given at the Society for Nutrition Education and Behavior Annual Conference on July 21, 2017.
33. **Soldavini J.** Baker T. “Addressing Child Hunger Through the NC Child Hunger Leaders Conference.” Southeastern University Consortium on Hunger, Poverty, and Nutrition Symposium. Poster presentation given on March 23, 2017.
34. Calancie L, Dawson-McClure S, **Soldavini J.** “Translating Research to Practice in School Cafeterias by Engaging Child Nutrition Staff to Strengthen Their School Meal Program.” Presented by Calancie L at Society for Behavioral Medicine 37<sup>th</sup> Annual Meeting & Scientific Sessions. April 2016.
35. **Soldavini J.** “CNAP Spotlight: Successfully Coordinating Nutrition Messages Through CNAP Partners.” California Conference of Local Health Department Nutritionists. Oral presentation given on May 28, 2015.

### **Invited Presentations**

1. “Food Security Among Students.” Carolina Cupboard. Presentation given on February 20, 2024.
2. “Addressing Food Insecurity Through School Meals.” Food Ark Innovation Challenge. Keynote presentation given on December 10, 2023.
3. “Food Security Among Students.” Flourish Meeting. Webinar presented on October 12, 2023.
4. “Improving Dietary Intake Among Low-Income Youth Through Nutrition/Cooking Education and USDA Summer Nutrition Programs.” USDA NIFA AFRI Predoctoral Fellowship Project Directors Meeting. Virtual presentation on March 28, 2023.
5. “Food Insecurity Among Students.” Flourish Meeting. Webinar presented on February 20, 2023.
6. “Addressing Food Insecurity Through School Meals for All.” Food Ark Innovation Challenge. Keynote presentation given on November 11, 2022.



7. “Food Insecurity and Federally Supported Nutrition Programs.” Public Health 360 Meeting. Webinar presented on October 10, 2022.
8. “How the Carolina Hunger Initiative, SFAs, DoorDash, and Rural Communities can Partner on Summer Meals.” School Nutrition Association of North Carolina Annual Conference. Conference session co-presented with Tamara Baker on June 23, 2022.
9. “SummerMeals4NCKids: Expanding Access to Summer Meals in NC During the COVID-19 Pandemic.” NOPREN Rural Food Access Working Group. Virtual presentation co-presented with Tamara Baker on May 19, 2022.
10. “How Strong Child Nutrition in North Carolina Can Bolster National Security.” Served as panelist for event hosted by Mission Readiness on March 24, 2022.
11. “Impact of the COVID-19 pandemic and USDA waivers on child nutrition programs in North Carolina.” American Public Health Association Annual Meeting & Expo. Virtual presentation as part of “Reach and Implementation of USDA Child Nutrition Programs in Three States during COVID-19: Realities and Reasons for Optimism” on October 26, 2021.
12. “Strengthening the Impact of USDA’s Summer Meals Program During and After the COVID-19 Pandemic.” Healthy Community Action Team Arlington Food Security Subcommittee Meeting. Virtual presentation co-presented with Sheila Fleishhacker on October 12, 2021.
13. “Survive and Thrive! A New TA Institute.” Served as a panelist on a panel about being a Teaching Assistant at a training hosted by the UNC Graduate School on August 11, 2021.
14. Graduation speaker for the 2021 MPH/RD graduation at UNC Chapel Hill on August 7, 2021.
15. “Strengthening the Impact of USDA’s Summer Meals Program During and After the COVID-19 Pandemic.” NOPREN State-of-the-Science Webinar on “The Impact of COVID-19 on School Nutrition Programs: A Review of the Evidence.” Webinar presentation co-presented with Becky Franckle on April 12, 2021.
16. “Child Nutrition for Parents.” Feast Down East Local Food Conference. Presented on March 6, 2021.
17. “Adaptations of Federal Child Nutrition Programs in NC During the COVID-19 Pandemic.” Durham Chapel Hill Dietetic Association. Webinar co-presented with Sam Rasnic on presented on January 25, 2021.
18. “Food Justice: Applied in a College Setting.” Farm to School to Healthcare Youth Summit. Served as panelist on January, 18, 2021.
19. “Food Insecurity and Nutrition During the COVID-19 Pandemic.” Webinar presented for Improving Meals and Physical Activity in Children and Teens (IMPACT) on December 8, 2020.
20. “Adaptation of Federal Child Nutrition Programs in NC During the COVID-19 Pandemic.” Southeastern University Consortium on Hunger, Poverty, and Nutrition Webinar Series. Webinar co-

presented with Sam Rasnic on November 18, 2020.

21. "Food Access and Food Security During the COVID-19 Pandemic." MPH@UNC Adjunct Faculty Professional Development Series. Webinar presented on October 27, 2020.
22. "Summer Nutrition for Children: We All Have a Role to Play!" North Carolina Academy of Nutrition and Dietetics Regional Meeting. Co-presented on December 6, 2019.
23. "The Importance of Precision: Differences in Characteristics Associated with Levels of Food Security Among College Students." Southeastern University Consortium on Hunger, Poverty, and Nutrition Webinar on Campus Food Security Updates – Barriers to qualification, evidence, and insights for policy change. Webinar presented on October 10, 2019.
24. "Research Briefings – Campus Food Security." Southeastern University Consortium on Hunger, Poverty, and Nutrition Symposium. Served as panelist on April 4, 2019.
25. "Food Insecurity and Disparities in Healthy Food Access in the US." UNICEF at Carolina Hunger Banquet. Presented on November 30, 2018.
26. "The Evaluation of the Chapel Hill Carrboro Food for the Summer Program" Southeastern University Consortium on Hunger, Poverty, and Nutrition Seminar Series. Webinar presented on June 1, 2017.
27. "Strategizing Implementation for a Successful Summer Meal Program." Promoting Healthy Weight Colloquium 2.0: Food Security and Hunger. Co-presented with Maureen Berner on March 24, 2017.
28. Graduate and Professional Models of Engaged Experiential Education Panel at UNC Engagement Units Summit: Engaged Experiential Education. Served as panelist on February 10, 2017.
29. "Food and the Humanities: Food Insecurity in the Triangle." UNC Institute for the Arts and Humanities Panel Discussion. Served as panelist on December 8, 2016.
30. "Fun and Easy Ways to Promote Nutrition and Physical Activity at Your School: Santa Clara County Nutrition and Physical Activity Monthly Themes." Northern California PBIS/School Climate Symposium. Presented on April 17, 2015.
31. "Partnering to Promote Consistent Messaging: Santa Clara County Nutrition and Physical Activity Monthly Themes." Coordination, Collaboration, and Partnerships Panel at 2015 SNAP-Ed Local Implementing Agencies Forum. Presented on March 18, 2015.
32. "Creating a Healthy Environment Within Your Organization." San Jose Peninsula Dietetic Association Trends in Nutrition. Presented on March, 14, 2015.
33. "Adopting Nutrition Standards in Your Community." California Conference of Local Health Department Nutritionists. Co-presented with Laurie Martin and Jamie Flores on April 29, 2014.
34. "Nutrition Claims Influence Health Perceptions and Taste Preferences in Fourth- and Fifth-Grade Children." Journal of Nutrition Education and Behavior Journal Club. Webinar presented on January 28, 2013.

### **Additional Professional Presentations**

1. “How Communities Can Partner to Increase Access to Summer Meals for Kids and Teens.” Webinar co-presented with Tamara Baker as part of UNC Engagement Week on March 22, 2022.
2. Debrief/Working Group Discussion for 2021 Campus Food Insecurity Symposium: Race, Inequity, and Food Insecurity. Co-facilitated with Lia Artis on February 12, 2021.
3. “Very Low and Low Food Security Among Children are Associated with Poor Dietary Outcomes in Low-income Children During the Summer.” 2019 UNC Women in Science Symposium. Poster presentation given on April 12, 2019.
4. “Rates of and Characteristics Associated with Food Insecurity Differ Among Undergraduate and Graduate Students at a Large Public University in the Southeastern United States.” 2019 NC Research Campus Catalyst Symposium. Poster presentation given on March 29, 2019.
5. “Rates of and Characteristics Associated with Food Insecurity Differ Among Undergraduate and Graduate Students.” 2019 UNC Graduate and Professional Research and Policy Expo. Oral presentation given on March 8, 2019.
6. “2018 Federal Summer Nutrition Programs in Rural Counties of North Carolina.” Rural Food Access Summit at Campbell University. Poster presentation given on February 9, 2019.
7. “The Food for the Summer Partnership: A Collaborative Approach to Addressing Child Food Insecurity During the Summer.” 2018 UNC Graduate and Professional Research and Policy Expo. Oral and poster presentations given on April 2, 2018.

### **Research Briefs**

\*Indicates student author

1. Lane H, Dinh J, Rader A, **Soldavini J**, Grover K, Ammerman A, Hager E, Read M. “Lessons that Matter: Strategies to Translate Pandemic-Era School Meal Innovations to Common Practice. Washington, DC: Share Our Strength; 2023. Available at: <https://bestpractices.nokidhungry.org/resource/lessons-matter-strategies-translate-pandemic-era-school-meal-innovations-common-practice>
2. \*Pan A, **Soldavini J**. School Meal Charge Policies in North Carolina. 2023. Available at: <https://schoolmealsforallnc.org/wp-content/uploads/2023/01/School-Meal-Charge-Policies-in-North-Carolina-Final.pdf>
3. **Soldavini J**, Franckle RL, Dunn C, Turner L, Fleischhacker S. Strengthening the Impact of USDA’s Child Nutrition Summer Feeding Programs During and After the COVID-19 Pandemic. Durham, NC: Healthy Eating Research; 2021. Available at: <https://healthyeatingresearch.org/wp-content/uploads/2021/05/HER-Summer-Feeding-final-1.pdf>
4. De Marco M, **Soldavini J**, Wesley T, Ammerman A. Research on Behavioral Economics-Based Promotion of healthy Food Choice in a Retail Setting: Can Results Inform SNAP-Ed Practice? Durham (NC): The Duke-UNC USDA Center for Behavioral Economics and Healthy Food Choice

Research (BECR), 2017 September.

5. Hartman T, De Marco M, Lott M, **Soldavini J**, Katz M, Ammerman A, Story M. Choosing Foods and Beverages to Promote in Healthy Retail Research. Durham (NC): The Duke-UNC USDA Center for Behavioral Economics and Healthy Food Choice Research (BECR), 2016 November.
6. Uslan D, **Soldavini J**, De Marco M, Hartman T, Ammerman A. Uses of Behavioral Economics Nudges within Healthy Retail Interventions in the SNAP-Ed Program: Research Opportunities. Durham (NC): The Duke-UNC USDA Center for Behavioral Economics and Healthy Food Choice Research (BECR), 2016 June.

### **Additional Publications**

1. **Soldavini J**. Krause's Food & the Nutrition Care Process [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2019;51:1225.
2. **Soldavini J**. School Foodservice Bingo [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2019;51:916.
3. **Soldavini J**. Practical Applications in Sports Nutrition [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2019;51:379.
4. **Soldavini J**. The Mediterranean Method [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2018;50:645.
5. **Soldavini J**. Plan a Heart Healthy Valentine's Party [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2018;50:209.
6. **Soldavini J**. This is Gluten-free [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2017;49:531.
7. **Soldavini J**. What's all the buzz about? The meaning behind common nutrition buzzwords. *The Well-Being*. December 2016:4-5.
8. **Soldavini J**. Healthy Living Made Easy [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2016;48:431.
9. **Soldavini J**. The Johns Hopkins Guide to Diabetes for Patients and Families [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2015;47:290.e7.
10. **Soldavini J**. Delicious Diabetes Cooking for One or Two People [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2014;46:632.e3.
11. **Soldavini J**. NJ Snap-Ed [New Resources for Nutrition Educators]. *J Nutr Educ Behav*. 2014;46:224.e3.
12. **Soldavini J**. Watch what you eat! Tips for eating healthy when dining out. *Active Over 50*. 2013;4:28.

## **TEACHING ACTIVITIES**

### **University of North Carolina at Chapel Hill, Chapel Hill, NC**

#### NUTR 805: Nutrition Policy

Co-Instructor for Residential Course (Fall 2019, Fall 2020, Fall 2021, Fall 2022, Fall 2023)  
Instructor for MPH@UNC (online course) (Summer 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Summer 2021, Fall 2021, Spring 2022 (2 sections), Summer 2022 (2 sections), Fall 2022 (2 sections), Spring 2023 (2 sections), Summer 2023, Fall 2023 (2 sections), Spring 2024 (2 sections), Summer 2024)

#### NUTR 405: Food and Nutrition Policy

Co-Instructor (Fall 2021, Fall 2022, Fall 2023)

#### IDST 190-009: Triple I – Food, People, Politics, and Policies

Guest Lecture on School Meals (November 2022)

#### ANTH 89: Breakfast Club

Guest Lecture on the School Breakfast Club (March 2022)

#### Interactive Grant Writing Workshop for MPH Students

Co-Instructor (Spring 2018-2021)

#### HBEH 610: Alternative Spring Break – COVID-19 Response

Guest Lecture on Food Access and Food Security During the COVID-19 Pandemic (March 2021)

#### SPHG 690: Public Health Implications of Research related to COVID-19: A Framework for Action

Guest Lecture on *Food Access and Food Security* (October 2020, March 2021)

#### NUTR 175: Introduction to Food Studies: From Science to Society

Guest Lecturer on *Food Insecurity and Nutrition During the COVID-19 Pandemic* (September 2020)

#### Culinary Medicine Elective

Guest Lecture on food insecurity and federal nutrition programs and led cooking demonstration (June 2020)

#### MEJO 671: Social Marketing

Guest Lecture on *Nutrition for Children* (March 2020)

#### NUTR 650: Food Science and Culinary Arts

Guest Lecturer on *Healthy Eating on a Budget* (January 2019)

#### NUTR 875: Nutrition Policy Seminar

Teaching Assistant (Fall 2016-2018)

#### NUTR 245: Sustainable, Local Food Systems – Intersection of Local Foods and Public Health

Guest Lecture on *Nutrition Myths* (March 2017)

#### NUTR 728: Nutrition Translational Research and Application

Teaching Assistant (Spring 2016)

**North Carolina State University**

ARE 475: U.S. Food Policy

Guest Lecture on USDA Nutrition Assistance Programs (February 2024)

**University of New Hampshire, Durham, NH**

NUTR 832: Dietetics: Food Service and Community

Guest Lecture on *COVID-19 and the Federal Nutrition Programs* (November 2021)

**Meredith College, Raleigh, NC**

FNG 638: Program Planning and Evaluation

Guest Lecturer on planning and evaluation of Cooking Matters for Kids (April 2021)

Guest Lecturer on planning and evaluation of the Food for the Summer Program (March 2019)

**Santa Monica City College, Santa Monica, CA**

NUTR 1: Introduction to Nutrition Science

Teaching Assistant (Fall 2011, Spring 2012)

**University of California, Los Angeles, Los Angeles, CA**

LS 3: Introduction to Molecular Biology

Teaching Assistant (Fall 2011)

**Research Advising**

- |           |  |
|-----------|--|
| 2024      | Research Mentor, Yu-Ha Kim, BSPH student in Nutrition  |
| 2024      | Research Mentor, Kevin Giang, BSPH student in Nutrition  |
| 2024      | Research Mentor, Carolena Moscatello, BSPH student in Nutrition  |
| 2023      | Thesis Reader, Mia McDonald, BSPH student in Nutrition<br><i>Honors Thesis: Effect of Maternal Iron Deficiency on Infant Neurodevelopment Outcomes</i>   |
| 2022-2023 | Thesis Reader, Tyler Malone, MPH student from Medical College of Wisconsin<br><i>Thesis: An Analysis of School Meal Charge Policies of Rural, Urban, and Suburban Public-School Districts in North Carolina</i>                |
| 2023-2023 | Thesis Reader, Christina Boelkins, undergraduate student in Global Studies and Public Policy<br><i>Honors Thesis: Uncovering Determinants of Latino Food Insecurity Prevalence: A Case Study on Siler City, North Carolina</i> |
| 2022-2023 | Research Mentor, Tatum Shamiso Kodzai, BSPH student in Nutrition   |
| 2021-2023 | Research Mentor, Yasmine Wehbi, BSPH student in Nutrition  |

*Honors Thesis: The Relationship Between Undergraduate Students with Hybrid Identities  
Dietary Behaviors and Well-being After Moving to a New Environment*

- 2021-2023 Research Mentor, Eleanor Christianson, BSPH student in Nutrition
- 2021-2023 Research Mentor, Albert Pan, BSPH student in Nutrition
- 2021 Mentor for Medical Student Training Program in Aging Research (MSTAR), Kierdre McFadden, medical student
- 2021 Masters Paper Advisor, Callie Nickles, MPH-RD student in Nutrition  
*Masters Paper: Participation in the Food for Students Program in Chapel Hill-Carrboro City Schools During the COVID-19 Pandemic*

**Additional Mentorship**

Note: Some students worked with me multiple years and are only counted once below

- 2024 SummerMeals4NCKids Internship Supervisor (5 students)
- 2024 Carolina Hunger Initiative Internship Supervisor (2 undergraduates)
- 2024 UNC Human Development and Family Studies Internship Preceptor (2 undergraduates)
- 2024 UNC MPH Nutrition and Nutrition and Dietetics Practicum Preceptor (9 student)
- 2023 Western Carolina Dietetic Internship Preceptor (1 student)
- 2023 Carolina Hunger Initiative Internship Supervisor (6 undergraduate students)
- 2023 UNC MPH Global Health Practicum Preceptor (1 student)
- 2023 UNC MPH Nutrition and Nutrition and Dietetics Practicum Preceptor (17 students)
- 2022 UNC MPH Nutrition and MPH Nutrition and Dietetics Practicum Preceptor (14 students)
- 2022 UNC Human Development and Family Studies Internship Preceptor (3 undergraduates)
- 2022 Carolina Hunger Initiative Internship Supervisor (14 undergraduate, 6 master's)
- 2021 UNC MPH Nutrition and MPH Nutrition and Dietetics Practicum Preceptor (8 students)
- 2021 UNC Human Development and Family Studies Internship Preceptor (5 undergraduates)
- 2021 Carolina Hunger Initiative Internship Supervisor (4 undergraduates, 2 master's, 1 dietetic intern)
- 2020 North Carolina Central Family and Consumer Sciences Internship Preceptor (1 master's student)
- 2020 UNC MPH Nutrition and MPH Nutrition and Dietetics Practicum Preceptor (4 students)
- 2020 UNC Human Development and Family Studies Internship Preceptor (2 undergraduates)
- 2020 No Kid Hungry NC Internship Supervisor (24 undergraduates, 10 masters, 2 doctoral)
- 2019 UNC MPH Nutrition and MPH Nutrition and Dietetics Practicum Preceptor (2 students)
- 2019 UNC Human Development and Family Studies Internship Preceptor (1 undergraduate)
- 2019 University of West Florida MPH Practicum Preceptor (1 student)
- 2019 No Kid Hungry Youth Ambassador Supervisor (4 undergraduate students)
- 2019 No Kid Hungry NC Internship Supervisor (24 undergraduates, 3 master's, 1 doctoral)
- 2018 No Kid Hungry Youth Ambassador Supervisor (1 undergraduate)
- 2018 UNC MPH Maternal and Child Health Practicum Preceptor (1 student)
- 2018 UNC Sociology Academic Internship Supervisor (1 undergraduate)
- 2018 No Kid Hungry NC Internship Supervisor (2 high school, 19 undergraduates, 5 master's)
- 2017 APPLES Service Learning Mentor (4 undergraduates)
- 2017 No Kid Hungry Youth Ambassador Supervisor (1 undergraduate)
- 2017 No Kid Hungry NC Internship Supervisor (38 undergraduate, 3 master's, 1 doctoral)
- 2016 No Kid Hungry NC Internship Supervisor (4 undergraduates)

**PROFESSIONAL MEMBERSHIPS**

Academy of Nutrition and Dietetics  
American Society for Nutrition  
North Carolina Academy of Nutrition and Dietetics  
Society for Nutrition Education and Behavior

**SERVICE**

**Ad Hoc Journal Reviewer**

American Journal of Preventive Medicine  
American Journal of Public Health  
BMC Nutrition  
BMC Public health  
BMJ Open  
British Journal of Nutrition  
California Agriculture  
Health Education and Behavior  
Health Promotion Practice  
Health and Quality of Life Outcomes  
International Journal of Environmental Research and Public Health  
Journal of the Academy of Nutrition and Dietetics  
Journal of Nutrition Education and Behavior  
Journal of School Health  
PLOS One  
Public Health Nutrition

**Ad Hoc Conference Abstract Reviewer**

Society for Nutrition Education and Behavior

**Grant Review Panels**

April 2024 PCORI Broad Pragmatic Studies

**Professional Service**

2023-present North Carolina Academy of Nutrition and Dietetics Public Policy Committee  
2022 Society for Nutrition Education and Behavior Dietary Guidelines for Americans  
Comment Workgroup  
2022 Academy of Nutrition and Dietetics Farm Bill Task Force  
2022 Healthy Eating Research Annual Grantee Meeting Planning Committee  
2022 Appalachian State University Nutrition and Healthcare Management External Reviewer  
for Periodic Comprehensive Review



- 2021-2023 Fellow, Nutrition & Obesity Policy Research and Evaluation Network (NOPREN) COVID-19 Food & Nutrition Workgroup
- 2020-2021 Nutrition & Obesity Policy Research and Evaluation Network (NOPREN) COVID-19 School Nutrition Implications Workgroup
- 2016-2021 Membership Chair, Durham Chapel Hill Dietetic Association
- 2019-2020 American Society for Nutrition Committee on Advocacy and Science Policy
- 2019 Intervention Reviewer, SNAP-Ed Toolkit
- 2019 Society for Nutrition Education and Behavior Strategic Planning Workgroup
- 2016-2017 Student Representative to the Board of Directors, Society for Nutrition Education and Behavior
- 2014-2015 Secretary, San Jose Peninsula Dietetic Association
- 2013-2015 Website Review Committee Chair, California Dietetic Association
- 2011-2012 Student Liaison, Academy of Nutrition and Dietetics
- 2011-2012 Speaker's and Writers Bureau Chair, Los Angeles Dietetic Association

**University Service**

- 2024-present UNC Center for Health Promotion and Disease Prevention Researcher in Residence Program Planning Committee
- 2023-present Student Food Security Subcommittee, UNC Chapel Hill
- 2023-present Student Social Committee, UNC Chapel Hill Department of Nutrition
- 2021-present MPH Committee, UNC Chapel Hill Department of Nutrition
- 2021-2022 UNC Center for Health Promotion and Disease Prevention Financial Health Strategic Planning Group
- 2020-present UNC Chapel Hill Center for the Integration of Research, Teaching, and Learning (CIRTL) Advisory Group
- 2020-2021 UNC Chapel Hill Administrative Board to the Library
- 2019-2021 Director of Academic Affairs, UNC Chapel Hill Graduate and Professional Student Federation (GPSF)
- 2019-2021 UNC Center for Faculty Excellence Advisory Board

- 2019-2021 UNC Chapel Hill Committee on Student Conduct
- 2019-2021 UNC Chapel Hill Scholarships, Awards and Student Aid Committee
- 2019-2021 Carolina Grad Student FIRSTS Advisory Board
- 2019-2021 UNC Chapel Hill Classrooms Modernization Advisory Group
- 2016-2020 UNC Chapel Hill Obesity Journal Club Planning Committee
- 2019-2020 UNC Chapel Hill Open Access Review Task Force
- 2019-2020 UNC Chapel Hill Faculty Information Technology Advisory Committee
- 2015-2016 Carolina Breastfeeding Evidence Based Education and Support (BEBES)
- 2010-2011 Department Representative, UCLA Public Health Student Association
- 2006-2010 President (2009-2010), Treasurer (2008-2009), Vice President (2007-2008), UC Berkeley Student Dietetic Association
- 2009-2010 Secretary, Golden Key International Honour Society

**Community Service/Volunteer Activities**

- 2021 Board Member, Jump Ahead
- 2020-present Orange County Schools School Health Advisory Council
- 2007-present Community Nutrition Education and Food Insecurity Activities: volunteer in the community to support projects related to nutrition education and food insecurity
- 2017-2019 Orange County Food Council Food Access Work Group
- 2016-2019 Chapel Hill-Carrboro Food for the Summer Partnership
- 2016-2019 Orange County Healthy Carolinians Physical Activity and Nutrition Committee
- 2013-2015 Lead, Santa Clara County – County Nutrition Action Project
- 2009-2010 Volunteer, Children’s Hospital Oakland
- 2008-2009 Volunteer, UC Berkeley Atkins Center for Weight and Health
- 2008 Volunteer, Washington Elementary School Afterschool Program, Berkeley, CA