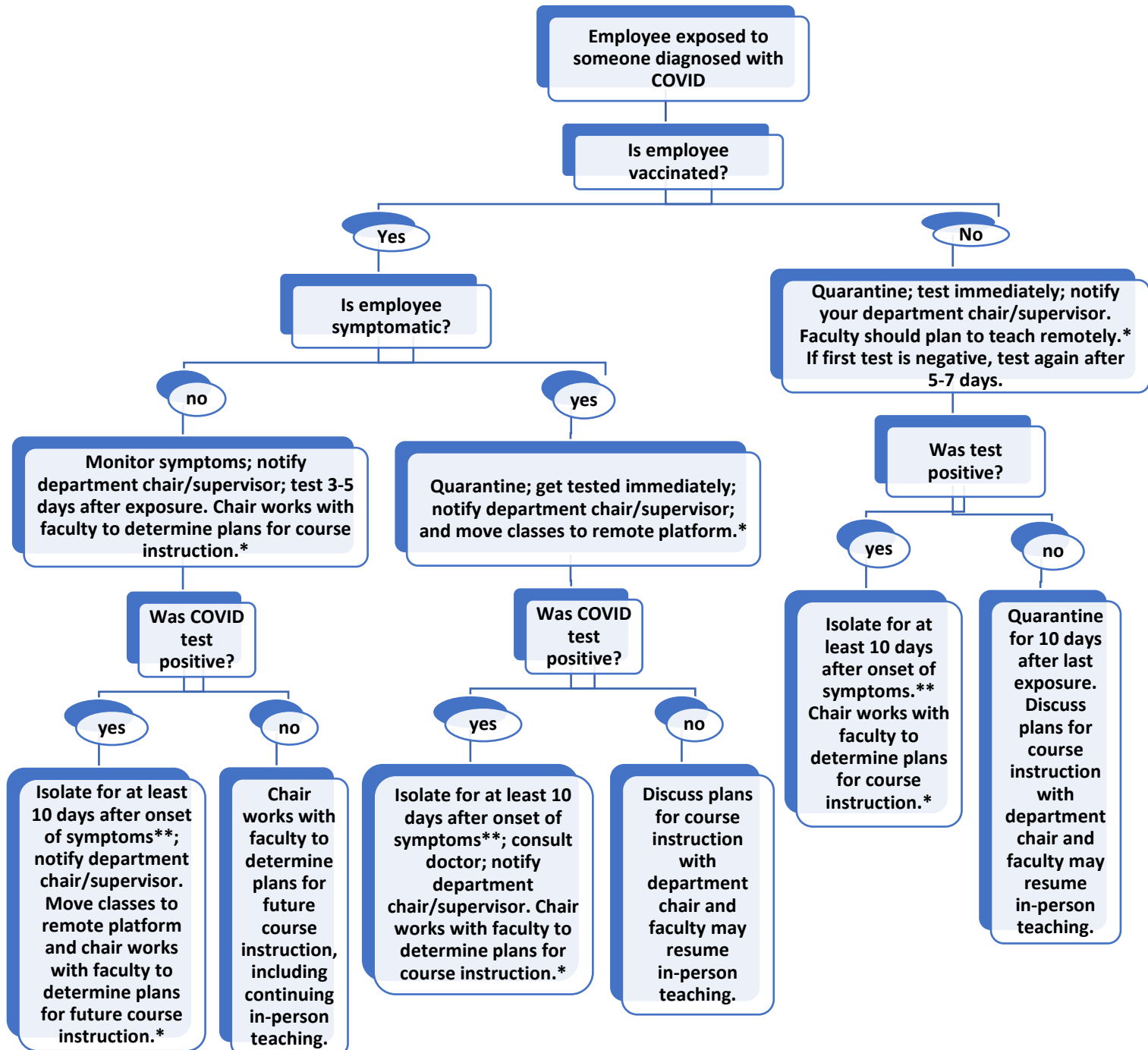


Gillings Flowchart for Handling Cases of Employees (faculty and staff) Exposure to COVID

The following flowchart is intended to assist employees (faculty and staff) with how to handle exposure to COVID. The University's [Community Standards](#) emphasize being vaccinated and wearing a mask as our best defenses against the coronavirus. If you do experience symptoms, get tested and seek medical advice as soon as possible. This flowchart will be revised as CDC and University guidance evolves. If you are uncertain about test results, let your decision-making be guided by exercising caution and err on the side of reducing exposures.



*Changing to remote instruction requires approval from the department chair and the senior associate dean for academic and student affairs.

***CDC guidelines*: For most adults with COVID-19 illness, isolation should begin immediately and precautions can be discontinued 10 days after symptom onset and after resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms. For asymptomatic people, isolation can be discontinued after 10 days of positive test date.

Isolation separates sick people with a contagious disease from people who are not sick. In all cases, consult with your primary care provider.

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. Individuals in quarantine should wear masks at all time.

Resources:

Carolina Together testing program: <https://carolinatogether.unc.edu/carolina-together-testing-program/>

UNC quarantine and Isolation guidelines: <https://carolinatogether.unc.edu/quarantine-and-isolation/>

Equal Opportunity and Compliance Office (for ADA accommodations): <https://eoc.unc.edu/>

CDC guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>