

## **CURRICULUM VITAE**

**Catherine Sposito Sullivan, MPH, RDN, LDN, IBCLC, RLC, FAND**

### **Personal Information**

Catherine Sposito Sullivan, MPH, RDN, LDN, IBCLC, RLC, FAND

Work Address:       UNC Gillings School of Global Public Health  
                          Department of Maternal and Child Health  
                          421 Pittsboro St., CB #7445  
                          Chapel Hill, NC 27599-7445  
                          [catherine\\_sullivan@unc.edu](mailto:catherine_sullivan@unc.edu)  
                          919.843.4118

### **Education**

Master's in Public Health, University of North Carolina at Chapel Hill, 2000, Nutrition

Faculty Development Mini-Fellowship, Department of Family Medicine, East Carolina University, 2001

Bachelor of Science, East Carolina University, 1997, Dietetics

### **Certification**

International Board Certified Lactation Consultant (IBCLC), Registered Lactation Consultant, 2004-2024

North Carolina Lactation Educator Program, Forsyth Memorial Hospital, 1998, 2007

### **Registration and Licensure**

IBCLC, Registered Lactation Consultant  
North Carolina Licensed Dietitian  
Registered Dietitian Nutritionist

### **Professional Experience**

2016-Present   Director, Assistant Professor & Director of Training, Carolina Global Breastfeeding Institute, Gillings School of Global Public Health, Department of Maternal and Child Health, Chapel Hill, North Carolina

- 2013-2016 Clinical Instructor & Director of Training, Carolina Global Breastfeeding Institute, Gillings School of Global Public Health, Department of Maternal and Child Health, Chapel Hill, North Carolina
- 2006-2016 Affiliate Faculty, Clinical Assistant Professor, The Brody School of Medicine at East Carolina University, Department of Family Medicine, Greenville, North Carolina
- 2006-2013 State Breastfeeding Coordinator, North Carolina Department of Health and Human Services, Division of Public Health, Nutrition Services Branch, Raleigh, North Carolina
- 2003-2006 Clinical Assistant Professor, The Brody School of Medicine at East Carolina University, Department of Family Medicine, Greenville, North Carolina
- 2000-2003 Lecturer/Nutrition Specialist, The Brody School of Medicine at East Carolina University, Department of Family Medicine, Greenville, North Carolina
- 1999-2000 Assistant Family and Consumer Educator (Field Faculty), North Carolina State University, Edgecombe County Cooperative Extension Center, Tarboro, North Carolina
- 1997-1999 WIC Director/Nutritionist II/Breastfeeding Coordinator, Pamlico County Health Department, Bayboro, North Carolina
- 1997 Nutrition Consultant, Summer Foodservice Program for Children, Central Region, State of North Carolina, Raleigh, North Carolina
- 1996-1997 WIC Program Processing Assistant/Medical Records Clerk, Pitt County Health Department, Greenville, North Carolina
- 1994-1995 Foodservice Manager-IBM Facility, Canteen Corporation, Raleigh, North Carolina

**Special Honors and Awards**

- 2021 Bernard G. Greenberg Alumni Endowment Award, The University of North Carolina at Chapel Hill, Gillings School of Global Public Health.
- 2021 Nominee. Outstanding Encouragement of Learning & Development (OELD Award), University Managers Association, The University of North Carolina at Chapel Hill.

- 2020 William Lloyd Garrison Ally Award. Reaching Our Sisters Everywhere. Atlanta, Georgia.
- 2020 Nominee. The University Awards for the Advancement of Women, The University of North Carolina at Chapel Hill.
- 2020 Nominee. Greenberg Award, The University of North Carolina at Chapel Hill, Gillings School of Global Public Health
- 2019 Impact in Practice Award, The University of North Carolina at Chapel Hill, Gillings School of Global Public Health
- 2019 Teaching Excellence and Innovation Award-Maternal and Child Health, The University of North Carolina at Chapel Hill, Gillings School of Global Public Health
- 2019 Delta Omega Inductee, The Honorary Public Health Society, Theta Chapter, University of North Carolina at Chapel Hill
- 2017 Fellow of the Academy of Nutrition and Dietetics (FAND), Academy of Nutrition and Dietetics, Chicago, Illinois
- 2009 Centennial Legacy Leader, College of Human Ecology, East Carolina University
- 2006 Faculty Author Recognition Award, Laupus Health Sciences Library, East Carolina University
- 2005 Faculty Author Recognition Award, Laupus Health Sciences Library, East Carolina University
- 2004 Outstanding Research Paper Award for 2003-04, Department of Family Medicine, The Brody School of Medicine, East Carolina University
- 2004 Outstanding Alumnus, Department of Nutrition and Hospitality Management, School of Human Ecology, East Carolina University
- 2003 Outstanding Team Award for *My Baby Book*, Department of Family Medicine, The Brody School of Medicine, East Carolina University
- 2003 Outstanding Research Project Award for KIDPOWER, Department of Family Medicine, The Brody School of Medicine, East Carolina University

- 2002-03      Recognized Young Dietitian of the Year, North Carolina Dietetic Association
- 2000          Award for Case Study, Physician's Curriculum in Clinical Nutrition, Society of Teachers of Family Medicine
- 1999          Outstanding Alumni-Department of Nutrition, East Carolina University Founder's Day Celebration
- 1997          Recipient of the Lydia Brown Fellowship in Public Health Nutrition, American Dietetic Association
- 1997          Recipient of the Governor's Award for Volunteerism, County of Pitt, State of North Carolina
- 1996, 1997   Outstanding Volunteerism, Student Dietetic Association, East Carolina University
- 1996, 1997   Outstanding Volunteerism, County of Pitt

**Professional Memberships**

- Academy of Nutrition and Dietetics
- ✦ Practice Groups for Academy of Nutrition and Dietetics: Women Health
- American Public Health Association
- ✦ Maternal and Child Health Section, Food and Nutrition Section
- International Lactation Consultant Association
- North Carolina Breastfeeding Coalition
- North Carolina Lactation Consultant Association
- North Carolina Dietetic Association
- United States Breastfeeding Committee
- United States Lactation Consultant Association

**Peer Reviewed Publications**

***Book Chapters***

- Cox J, Sullivan C. Pregnancy and Lactation. In: Morrow K., editor. Krause and Mahan Food and the Nutrition Care Process, 15<sup>th</sup> Ed. Elsevier, 2020. p. 240-309.

\*Houk K, Chetwynd E, **Sullivan C**. Advocacy for IBCLC care: A toolkit for action based on cost benefit analysis and GIS mapping in North Carolina. In: Lobbok M, Hall Smith P, editors. Breastfeeding, social justice, and equity: Reflecting, reclaiming, re-visioning. Praeclarus Press, LLC. 2017.

Chetwynd E, **Sullivan C**. The provision of breastfeeding support: Differentiating the research on peer counselors and IBCLCs. In: Lobbok M, Hall Smith P, editors. In: Advancing Breastfeeding: Forging partnerships for a better tomorrow. Praeclarus Press, LLC, Amarillo, TX; 2016. p. 2052011.

Lawrence RA, **Sullivan CS**. Encouraging breastfeeding. In: Hark L, Deen D, Morrison G, editors. Medical nutrition and disease: A case-based approach. 5th ed. John Wiley and Sons, Ltd, The Atrium, Southern Gate, Chichester, West Sussex UK; 2014. p. 137-145.

Lawrence RA, **Sullivan CS**. Encouraging breastfeeding. In: Hark L, Morrison G, editors. Medical nutrition and disease: A case-based approach. 4<sup>th</sup> ed. Blackwell Publishing Ltd. 2009. p. 145-152.

Nicholson JM, **Sullivan CS**, Holt MB. Feeding the mother-to be. In: Hark L, Deen D, editors. The complete guide to nutrition in primary care. MA: Blackwell Publishing Ltd. 2007. p. 85-108.

### ***Journal Articles***

Al-Barwani S, Hodges E, Thoyre S, Knafl K, Crandell K, **Sullivan C**. Cross-Cultural Adaption and Validation of the Translated Arabic Revised Breastfeeding Attrition Tool. *Journal of Nursing Measurement*, 2021, pending production.

Palmquist AEL, Parry KC, Wouk K, Lawless GC, Smith JL, Smetana AR, Bourg JF, Hendricks MJ, and **Sullivan CS**. Ready, Set, BABY Live Virtual prenatal breastfeeding education for COVID-19. *Journal of Human Lactation*, 2020, epub ahead of print, DOI:10.1177%2F0890334420959292

Tully KP, **Sullivan CS**. Parent-infant room-sharing is complex and important for breastfeeding. *Evidence Based Nursing Journal* 2018; 21 (1), 18.

Parry KC, Tully KP, Moss SL, **Sullivan CS**. Innovative prenatal breastfeeding education curriculum: Ready, Set, BABY. *Journal of Nutrition Education and Behavior* 2017;49: (7S2):S214-S216.e1. DOI: 10.1016/j.jneb.2017.05.348.

Parry KC, **Sullivan C**, Stuebe AM. Health professional associations and industry funding. *Lancet* 2017; 29; 389. DOI: 10.1016/S0140-6736(17)31026-0.

\*Wouk K, Chetwynd E, Vitaglione T, **Sullivan C**. Improving access to medical lactation support and counseling: Building the cast for medicaid reimbursement. *Journal of Maternal and Child Health* 2017;21(4):836-844. DOI: 10.1007/s10995-016-2175-x.

**Sullivan CS**, Logan J, Kolasa K. Medical nutrition therapy for the bariatric patient. *Nutrition Today* 2006;41(5):2007-2012.

Kolasa KM, Craven K, Henes S, **Sullivan C**. Commentary: The clinical nutrition implications of obesity and overweight. *North Carolina Medical Journal* 2006;67(4):283-287.

**Sullivan CS**, Beste JF, Cummings DM, Hester VH, Holbrook T, Kolasa KM, Morrissey S, Olsson JM, Gutai JP. Prevalence of hyperinsulinemia and clinical correlates in overweight children referred for an intervention study. *Journal of the American Dietetic Association* 2004;104(3):433-436. DOI: 10.1016/j.jada.2003.12.020

### ***Non-refereed Papers/Articles***

Herrick H, Miles D, **Sullivan C**. Does breastfeeding reduce the risk of child overweight in North Carolina? State Center for Health Statistics Study No. 164. 2010.

### ***Other***

Acknowledged Contributor. Competency verification toolkit: ensuring competency of direct care providers to implement the Baby-friendly Hospital Initiative. Geneva: World Health Organization and the United Nations Children's Fund (UNICEF), 2020. Licence: CC BY-NC-SA 3.0 IGO.

Acknowledged Contributor. Barraza L, Lebedevitch C, Stuebe A. The Role of Law and Policy in Assisting Families to Reach Healthy People's Maternal, Infant, and Child Health Breastfeeding Goals in the United States. Department of Health and Human Services, Office of Disease Prevention and Health Promotion; 4 May 2020.

Carolina Global Breastfeeding Institute, Population Health Improvement Partners, Abt Associates. Trainer. (2019). EMPower Training Modules Online. EMPower Training was funded by CDC/DNPAO Contract No. # 200-2014061267-0004. <https://sph.unc.edu/cgbi/empower-training-initiative/>

Carolina Global Breastfeeding Institute, Population Health Improvement Partners, Abt Associates. Trainer Manual: Comprehensive training materials to implement skills-based competency in maternity care and breastfeeding. Prepared for: EMPower Training Learning Collaborative Regional Meetings. July 2018.

**Sullivan CS.** Invited Author. Breastfeeding friendly maternity care in the United States. Women's Health Dietetic Practice Group Report, Academy of Nutrition and Dietetics. 2015;(4)1-3.

**Sullivan C.** Lead Author. Promoting, protecting and supporting breastfeeding in North Carolina: Blueprint Status Report, 2011.

**Sullivan C.** Contributing Author. Achieving a healthy weight in children, Medical Nutrition Therapy Protocol and Handouts, 2005.

### ***Refereed Abstracts***

**Sullivan CS,** Hester VH, Kolasa KM, Holbrook T, Olsson JM, Cummings DM, Beste J, Gutai JP. A dietary intervention for overweight children with hyperinsulinemia. *Diabetes* 2003;52(Suppl 1):A555.

**Sullivan CS,** Beste JF, Hester VH, Kolasa KM, Olsson JM. KIDPOWER: A feasibility trial for children and teens suspected of hyperinsulinemia. *Journal of the American Dietetic Association* 2002;102(9):A-38.

**Sullivan CS,** Hester VH, Kolasa KM, McKee AB, Logan J. Pediatric assessment tool: Addressing the needs of today's computerized charting. *Journal of the American Dietetic Association* 2002;102(9):A-52.

**Sullivan C,** Hester G, Kolasa K, Holbrook T. KIDPOWER: A feasibility trial for children and teens suspected of hyperinsulinemia. *The American Journal of Clinical Nutrition* 2002;75(2S):394S.

### ***On-Line Publications***

Kolasa K, **Sullivan C.** Electronic review of raising happy, healthy, weight-wise kids. Toews J Parton N, 2001, Sarasota Press. Society of Nutrition Education SNEEZE list-serve, January 2002.

**Sullivan C.** Case study: Using the DASH diet to control hypertension. Electronic Media, Physician's Curriculum in Clinical Nutrition, Society of Teachers of Family Medicine, July 2001.

Kolasa KM, Harris N, Hester G, Borre K, **Sullivan C.** Guidelines for collecting heights and weights on children and adolescents in school settings. University of California, Berkeley. Society for Nutrition Education Online. June 14, 2001.

### *Audiovisual Publications for CME*

**Sullivan CS.** Nutrition and gastric bypass patients. In: Obesity epidemic, Part 2. Kolasa K (ed). Program 831. Video recording. Secaucus, NJ: Network for Continuing Medical Education, April 12, 2004.

Kolasa KM, **Sullivan C.** Childhood obesity II. Prevention and community intervention. Program #794. Video for the Network on Continuing Medical Education, Secaucus, NJ, Released February 14, 2002.

Kolasa KM, **Sullivan C.** Childhood obesity I. Clinical evaluation and treatment. Program #793. Video for the Network on Continuing Medical Education, Secaucus, NJ, Released January 31, 2002.

### *Newsletters*

**Sullivan C.** Graduate gems: Got breastmilk? Resident Education in Lactation Management. Educator's Resource (Newsletter): Nutrition Educators of Health Professionals: Summer 2001, No 41.

### *Published Review*

Kolasa K, **Sullivan, C.** Review of problem-based learning video. Journal of Nutrition Education, November/December 2000.

### **Oral Presentations-Invited**

Sullivan, C, Tate, Jeanne. Baby Friendly Annual Quality Improvement Process and Competency Verification Workshop. California Breastfeeding Summit. January 25-26, 2021.

Bourg, J, **Sullivan, C,** Parry, K, Huntley, D, Lawless, G, Smith, J, Hendricks, M, Bridgman, J, Palmquist, A, Wouk, K, Flower, K. Improving maternity-care practices and breastfeeding support in underserved communities in the Carolinas: A comprehensive approach to improved breastfeeding outcomes. American Public Health Association Annual Meeting and Expo. October 24-28, 2020.

Sullivan C. Promoting, Protecting and Supporting Breastfeeding in North Carolina and Beyond. East Carolina University Family Medicine Residency Program Academic Afternoon. October 1, 2020.

Sullivan C. (Panel) Implementing Evidence-Informed Practices in Maternal and Child Health: Bridging Domestic and International Methods. Abt Associates MCH Webinar Series, August 20, 2020.



Sullivan C. (Plenary) Advancing Approaches to Optimizing Birthing Care Practice in 2020 and Beyond. International Lactation Consultant Association Annual Virtual Meeting, August 19, 2020.

Sullivan C. (Plenary) Impact of COVID-19. 2020 Breastfeeding Symposium, Eastern Area Health Education Center, August 7, 2020.

Sullivan C. Training Resources from the Carolina Global Breastfeeding Institute. United States Breastfeeding Committee National Webinar Series, February 11, 2020.

Bourg J., Lawless G., Parry K., **Sullivan C.**, Flower K., Godwin A., Deloso K., Hombroek D., Mansfield M., Klein C. EMPower Training: Comprehensive Training Materials to Implement Skills-based Competency in Maternity Care and Breastfeeding. American Public Health Association Annual Meeting, Philadelphia, Pennsylvania, November 5, 2019.

Davis S., **Sullivan C.** RISE: Creating Equitable Access Amongst BIPOC. GLC-SOPHE Fall Conference, Detroit, Michigan, October 4, 2019.

**Sullivan C.**, Davis, S. RISE: Lactation Model, A Lactation Consultant Equity Initiative. 9<sup>th</sup> National Breastfeeding Conference and Convening, Bethesda, Maryland, June 14, 2019.

Fuller-Sankofa N, Mordi I, Banerjee K, **Sullivan C.** Baby Steps Lead to Big Footprints. 2019 CDC DNPAO National Training Program, Atlanta, Georgia, May 7, 2019.

Sullivan C. What's Rocking the Cradle? Navigating Challenges to Breastfeeding Support, 2019 CDC DNPAO National Training Program, Atlanta, Georgia, May 6, 2019.

Sullivan C. Carolina Global Breastfeeding Institute: Ready, Set, Baby, Baby Friendly Arkansas, Promoting Optimal Breastfeeding Practices Conference, Little Rock, Arkansas, May 2, 2019.

Sullivan C. Deconstructing Fake Equity: Lessons Learned from a Dominant Culture Institution, 2019 Breastfeeding Learning Collaborative, Bozeman, Montana, April 2, 2019.

Sullivan C. Ready-to-Use Materials for Counseling Pregnant Women on Breastfeeding, 2019 Breastfeeding Learning Collaborative, Bozeman, Montana, April 2, 2019.

Sullivan C. The Baby Friendly Hospital Initiative-The role of WIC, 2019 Breastfeeding Learning Collaborative, Bozeman, Montana, April 1, 2019.

Sullivan C. New Who Revised Guidance on BFHI, 2019 Breastfeeding Learning Collaborative, Bozeman, Montana, April 1, 2019.

Sullivan C. Applying an Equity Lens While Making Maternity Care Practice Change. ENRICH Carolinas Learning Collaborative Meeting, Chapel Hill, North Carolina, December 4, 2018.

Sullivan C, Smetana A, Davis S, Huntley D, Palmquist A, Wouk K. RISE: Lactation Training Model-Reclaiming, Improving, and Sustaining Equity, American Public Health Association Annual Meeting, San Diego, California, November 13, 2018.

Sullivan C, Huntley D, Lawless G, Bourg J, Parry K, Flower K. (Poster) Improving Maternity-Care Practices and Breastfeeding Rates in Hospitals Serving Underserved Communities in the Carolinas, American Public Health Association Annual Meeting, San Diego, California, November 12, 2018

Sullivan C. (Plenary) Step Up and Step Back: Guidance for Dominant Culture Institutions Addressing Inequity, International Lactation Consultant Association Annual Meeting Portland, Oregon, July 21, 2018.

Sullivan C, Palmquist A, Davis S, Hamlin M. (Workshop). Deconstructing Fake Equity: Lessons Learned from a Dominant Culture Institution, International Lactation Consultant Association Annual Meeting. Portland, Oregon, July 20, 2018.

Wouk K, **Sullivan C**, Smetana A. Preparing IBLCE Exam Candidates for Success: Lessons Learned from the First CAAHEP-Accredited Pathway 2 Program. International Lactation Consultant Association Annual Meeting. Portland, Oregon, July 19, 2018.

Sullivan C. (Panel). Charting the Course Together. Supporting Breastfeeding at Work: Child Care. National Association of County and City Health Officials Webinar Series, May 14, 2018.

Sullivan C. (Plenary Closing Address). Overcoming Challenging Situations, 16<sup>th</sup> Annual Triangle Breastfeeding Alliance Conference: Optimizing Outcomes in Challenging Situations, April 26, 2018.

Carney G, Sullivan C. (Webinar). Keeping Abreast of the Lactation Field-Another Opportunity for the RDN. Women's Health Dietetic Practice Group, Academy of Nutrition and Dietetics, April 13, 2018.

Sullivan C. CGBI Update on Initiatives, 13<sup>th</sup> Annual Breastfeeding and Feminism International Conference, Chapel Hill, NC, March 22, 2018.

Sullivan C. (Panel). Charting the Course Together. Maternity Care Practices at the Nexus of Hospitals, Providers, States and Communities. National Association of County and City Health Officials Webinar Series, March 12, 2018.

Chetwynd E, Costello R, Singletary N, Sanchez A, Goldstein A, Wulff S, **Sullivan C**, Fogelman A. (Poster) Optimum infant feeding: a breastfeeding medicine elective for physicians and

advance practice nurses. Academy of Breastfeeding Medicine 22nd Annual International Meeting. Atlanta, Georgia during November 10-14, 2017.

Tully K, Stuebe A, Seashore C, **Sullivan C.** (Poster). Postnatal unit experiences of mothers in the United States, by cesarean section or vaginal childbirth. Academy of Breastfeeding Medicine 22nd Annual International Meeting. Atlanta, Georgia during November 10-14, 2017.

Klein C, **Sullivan C**, Randolph G, Hombroek D, Flower K, Parry K, Massie S. (Poster) EMPOWER Breastfeeding Initiative: Impact on Key Impact and Process Outcome Monitoring Measures. American Public Health Association Annual Meeting and Expo, Atlanta, GA, November 4, 2017.

Parry K, **Sullivan C.** Ready-to-Use Materials for Counseling Pregnant Women on Breastfeeding Plus Strategies for Integration. FNCE 2018 Food & Nutrition Conference & Expo. October 23, 2017.

Sullivan C. (Panel) Advocacy & Leadership Panel. Uplifting Leadership in Maternal Care, Black Mothers Breastfeeding Association 8<sup>th</sup> National Seminar, Detroit, MI, October 13, 2017.

Sullivan C. (Panel) Baby Friendly Hospital Initiative: CGBI/EMPOWER Ten Step Implementation, Reaching Our Sisters Everywhere Summit, New Orleans, LA, August 24, 2017.

Sullivan C. (Panel) Changing the Model of Care: Using Quality Improvement, Keystone 10: 2017 Pennsylvania Breastfeeding Summit, PA-Academy of Pediatrics, Harrisburg, PA, May 24, 2017.

Sullivan C. (Panel) Tips and Challenges to Implementing the 10 Steps to Successful Breastfeeding: One Step at a Time, Keystone 10: 2017 Pennsylvania Breastfeeding Summit, PA Academy of Pediatrics, Harrisburg, PA, May 24, 2017.

Sullivan C, Smetana A. Mary Rose Tully Training Initiative, New Horizons in Clinical Lactation, United States Lactation Consultant Association, San Antonio, TX, May 6, 2017.

Parry K, **Sullivan C**, Moss S. Evaluation of a Prenatal Breastfeeding Education and Counseling Approach, National WIC Association Annual Education and Training Conference & Exhibits, Philadelphia, PA, April 3, 2017.

Sullivan C. CGBI Initiatives 2017 and Beyond, Breastfeeding and Feminism International Conference, Chapel Hill, NC, March 24, 2017.

Sullivan C. Introduction to the Ten Steps. Georgia WIC Coastal District - Regional Ready, Set, BABY Training. Brunswick, GA. January 31, 2017.

Sullivan C. (Panel) National initiatives and collaboratives: EMPOWER, CHAMPS System Approach to Baby Friendly Designation Meeting, Jackson, Mississippi, November 14, 2016.

Klein C, Randolph G, **Sullivan C.** CDC's EMPOWER Breastfeeding Initiative: addressing health disparities through changes in hospital policies and practices. American Public Health Association Annual Meeting and Expo, Denver, Colorado, November 1, 2016.

Parry K, **Sullivan C.** (Poster) Tested tools to support hospitals achieving the ten steps to successful breastfeeding. American Public Health Association Annual Meeting and Expo, Denver, Colorado, October 30, 2016.

Sullivan C. Future direction for IBCLC practice. 26<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 4, 2016.

Sullivan C, Lawless G. The journey to breastfeeding-friendly designation. 26<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 4, 2016.

Sullivan C. (Panel) CGBI overview, CARE Inc. World Breastfeeding Week Celebration, Atlanta, Georgia, August 24, 2016.

Sullivan C. (Panel) Breastfeeding Public Health Partners State Connections: Carolina global breastfeeding Institute. National Breastfeeding Coalitions Conference, Washington, District of Columbia, August 7, 2016.

Chetwynd E, Parry K, **Sullivan C.** Coalitions as vehicles of change. National Breastfeeding Coalitions Conference, Washington, District of Columbia, August 7, 2016.

Sullivan C, Anderson K, Parry K. Expanded BFHI: implementation beyond the clinical setting. International Lactation Consultant Association Annual Meeting, Chicago, Illinois, July 21, 2016.

Sullivan C. Advocacy and working with state partners. National Association of County and City Health Officials Breastfeeding Meeting, Baltimore, Maryland, April 20, 2016.

**Sullivan C,** Smetana A, Houk K. Developing a pathway 2 lactation training program to meet community needs. American Public Health Association Annual Meeting, Chicago, Illinois, November 3, 2015.

**Sullivan C.** (Panel) Martha May Eliot Forum: Collective impact from grassroots to treetops: Building local, state and national programs to reduce disparities in breastfeeding. American Public Health Association Annual Meeting, Chicago, Illinois, November 2, 2015.

**Sullivan C.** Breastfeeding in the United States. 25<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 14, 2015.

Sullivan C. Breastfeeding action and advocacy in North Carolina, Every Woman South East Webinar, August 20, 2015.

Houk K, Chetwynd E, **Sullivan C.** Advocacy for IBCLC Care: A toolkit for action based on cost benefit analysis and GIS mapping in North Carolina. 10<sup>th</sup> Breastfeeding and Feminism International Conference, Chapel Hill, North Carolina, March 2015.

Anderson K, **Sullivan C**, Labbok M., Taylor E. Breastfeeding-friendly activities in hospitals and child care programs: Making it happen. American Public Health Association Annual Meeting, New Orleans, Louisiana, November 2014.

Houk K, **Sullivan C**, Chetwynd E. Professional lactation services and breastfeeding rates in North Carolina: A GIS case for medicaid reimbursement of IBCLCs. Poster. American Public Health Association Annual Meeting, New Orleans, Louisiana, November, 2014.

**Sullivan C.** Impact of bariatric surgery on breastfeeding. 24<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 8, 2014.

**Sullivan C.** Breastfeeding update. Perinatal Health Committee of the NC Child Fatality Task Force, Raleigh, North Carolina, September 10, 2014.

Gray C, Keefe E, Patterson K, **Sullivan C**, Houk K. An assessment of the impact of the Mary Rose Tully Training Initiative (MRTTI) upon alumnae satisfaction and career development. Poster. Region VI Breastfeeding Symposium, Greenville, North Carolina, August 8, 2014.

Houk K, **Sullivan C**, Chetwynd E, Fogelman A. Building a case for medicaid reimbursement of IBCLC's: a toolkit for state coalitions. Poster. US Breastfeeding Committee Coalitions Conference, Arlington, Virginia, August 2-4, 2014.

**Sullivan C**, Fogelman A. Collaboration between NC Breastfeeding Coalition, NC State University, and UNC Chapel Hill: Organizations with common goals. Concurrent Presentation. US Breastfeeding Committee Coalitions Conference, Arlington, Virginia, August 4, 2014.

**Sullivan C.** Caring for the breastfeeding dyad: The role of the family physician. The Brody School of Medicine at ECU Family Medicine Residency, Greenville, North Carolina, July 14, 2014.

**Sullivan CS.** The provision of breastfeeding support: Differentiating the research on peer counselors and IBCLCs. 9<sup>th</sup> Breastfeeding and Feminism International Conference. Chapel Hill, North Carolina, March 2014.

**Sullivan CS.** Addressing breastfeeding concerns in the mother-baby dyad. NC Social Work Conference, Raleigh, North Carolina, March 2014.

**Sullivan CS.** Human rights and infant feeding choices. Region VI Breastfeeding Symposium, Greenville, North Carolina, August 2013.

**Sullivan CS.** Obesity and breastfeeding. Region VI Breastfeeding Symposium, Greenville, North Carolina, August 2013.

**Sullivan CS.** North Carolina maternity center breastfeeding-friendly designation. Webinar for Virginia Department of Health, July 2013.

**Sullivan CS.** Best practices: Progress based models. Interstate collaborative, Chapel Hill, North Carolina, May 2013.

Taylor E, Dennison BA, Peters K, **Sullivan CS.** Interstate collaborative for improving maternity practices related to breastfeeding. (Panel). American Public Health Association Annual Meeting, San Francisco, California, October 2012.

**Sullivan CS,** Taylor S, Daniels L. Triple challenge: Bariatric surgery, breast reduction and lactation (Panel). 22<sup>nd</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 2012.

**Sullivan CS.** Support breastfeeding moms: Where they live, birth, learn, earn, play and pray. North Carolina WIC Conference, Durham, North Carolina, October 2012.

**Sullivan CS,** Erickson T, Lantz T, Farley K. How WIC can help hospitals become baby-friendly. (Panel). National WIC Association Nutrition and Breastfeeding Conference, Los Angeles, California, September 2012.

**Sullivan CS.** North Carolina maternity center breastfeeding-friendly designation: A model for success. Birth Matters Conference, Greensboro, North Carolina, August 2012.

**Sullivan CS.** NC blueprint for action: Successful collaborations. US Breastfeeding Committee Coalitions Conference, Arlington, Virginia, August 2012.

**Sullivan CS.** Promoting, protecting and supporting breastfeeding in North Carolina: The dietitian's role. North Carolina Dietetic Association Annual Meeting, Charlotte, North Carolina, April 2012.

**Sullivan CS.** State level breastfeeding initiatives and improving the public health infrastructure. Panel presentation. 7<sup>th</sup> Breastfeeding and Feminism Symposium, Greensboro, North Carolina, March 2012.

**Sullivan CS.** New national WIC association strategic plan. 21<sup>st</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, September 2011.

**Sullivan CS.** Breastfeeding friendly child care. CACFP Conference, Durham, North Carolina, September 2011.

**Sullivan CS.** Promoting, protecting and support breastfeeding in midwifery. Midwives Alliance of North America Conference, Cary, North Carolina, August 2011.

**Sullivan CS.** Effects of our US health care culture: Self-assessment of your practice. 9<sup>th</sup> Annual Triangle Breastfeeding Alliance Conference, Raleigh, North Carolina, June 2011.

**Sullivan CS.** Promoting, protecting and supporting breastfeeding in North Carolina. Pediatric Grand Rounds, The Brody School of Medicine, Greenville, North Carolina, February 2011.

**Sullivan CS, Lenihan AL.** Promoting, protecting and supporting breastfeeding in North Carolina. State Health Director's Conference, Raleigh, North Carolina, January 2011.

**Sullivan CS.** National and statewide policies to support breastfeeding. Breastfeeding Promotion and Support Conference, Roanoke Rapids, North Carolina, January 2011.

Shabazz C, **Sullivan C.** Lactation support policy training for HR managers and supervisors. Office of State Personnel (webcast), North Carolina, January 2011.

**Sullivan CS, Holloway BT.** Current events in WIC. 20<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 2010.

Holloway B, Enright D, Chowdhury N, Roholt S, **Sullivan C.** Development of a ranking system and use of spatial analysis to target breastfeeding interventions. (Poster). National WIC Association Biennial Nutrition Education & Breastfeeding Conference, San Diego, California, September 2010.

**Sullivan CS.** Weight gain in pregnancy: Does it matter? Eastern Region Perinatal Symposium, Greenville, North Carolina, February 2010.

**Sullivan CS.** Breastfeeding hot topics. Eastern Region Perinatal Symposium, Greenville, North Carolina, February 2010.

**Sullivan CS.** Got vitamin D? Not in milk. 19<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 2009.

**Sullivan CS.** Hot button topics in breastfeeding: Panel discussion. WIC Food Package, Greenville, North Carolina, April 2009.

**Sullivan CS, Tully MR.** Promoting, protecting and supporting breastfeeding: New initiatives in North Carolina. 18<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 2008.

**Sullivan CS.** WIC: Partnering for breastfeeding support. 18<sup>th</sup> Annual Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 2008.

**Sullivan CS.** Promoting, protecting and supporting breastfeeding in child care. Child and Adult Care Food Program Statewide Meeting, Durham, North Carolina, August 2008.

**Sullivan CS.** Support strategies for hospital staff. A mother's gift conference, Charlotte, North Carolina, April 2008.

**Sullivan CS.** Promoting, protecting and supporting breastfeeding: The role of the childcare provider, child and adult care food program. Regional Meeting, Greenville, North Carolina, February 2008.

**Sullivan CS.** Promoting, protecting and support breastfeeding in North Carolina. Women's Health Regional Meetings, Fayetteville, Greenville, and Greensboro, North Carolina, February 2008.

**Sullivan CS.** WIC: Partnering for breastfeeding success, Mid-South Lactation Consultant Association, Chapel Hill, North Carolina, November 2007.

**Sullivan CS.** Gastric bypass: Pregnancy and breastfeeding implications. Graviditas at Risk Conference, Hickory, North Carolina, November 2007.

**Sullivan CS.** Support strategies for hospital staff, counseling the young mother, impact of breast augmentation and reduction on the breastfeeding experience, pregnancy and lactation post gastric bypass, overcoming challenges to promote effective breastfeeding, Tri-County Breastfeeding Coalition, Wilmington, North Carolina, September 2007.

**Sullivan CS.** Protecting, promoting and supporting breastfeeding: Is it my job? 17<sup>th</sup> Annual Baby Love Conference, Research Triangle Park, North Carolina, August 2007.

**Sullivan CS.** Protecting, promoting and supporting breastfeeding: Is it my job? WIC Breastfeeding Coordinator's Meeting, Greensboro, North Carolina, June 2007.

**Sullivan CS.** Promoting, protecting and supporting breastfeeding. Breastfeeding: Trends and issues, Greenville, North Carolina, April 2007.

**Sullivan CS.** Effects of bariatric surgery on fertility and lactation. North Carolina Dietetic Association Annual Meeting, Cary, North Carolina, April 2007.



**Sullivan CS.** Eating disorders. Women's Health Conference, Atlantic Beach, North Carolina, March 2007.

**Sullivan CS.** Nutrition, pregnancy and lactation after gastric bypass: Implications for reproduction and beyond. The Eastern Region Perinatal Symposium, Greenville, North Carolina, February 2007.

**Sullivan CS.** Facing weight issues in women's health. Women's Health Regional Meeting, Raleigh, North Carolina, October 2006.

**Sullivan CS.** Effects of bariatric surgery on fertility and lactation. Art of Breastfeeding Conference, Chapel Hill, North Carolina, October 2006.

**Sullivan CS.** Defining the problem: Weight issues in North Carolina. Healthy Weight Healthy Women Regional Meeting, New Bern, North Carolina, July 2006.

**Sullivan CS.** Nutrition considerations in the GI patient, Eastern AHEC Pharmacy Education Conference, Greenville, North Carolina, April 2006.

**Sullivan CS.** Vitamins and supplements: Which ones, how much and for whom. Women's Health Conference, Atlantic Beach, North Carolina, March 2006.

**Sullivan CS.** Eat smart move more, finding balance in 2006. Greenville Fire and Rescue Squad, North Carolina, January 2006.

**Sullivan CS.** Nutrition and multiple sclerosis. Eastern NC Chapter of the MS Society, Rocky Mount, North Carolina, January 2006.

**Sullivan CS, Harris NG.** Gastric bypass: Exploring nutrition issues in the pediatric population. Pediatric Healthy Weight and Treatment Center Noon Conference, Greenville, North Carolina, December 2005.

**Sullivan CS, Weismiller DG, Place MA.** Creating a breastfeeding-friendly environment in an academic residency program: Catalyst for change? 27<sup>th</sup> Annual Patient Education Conference, Society for Teachers of Family Medicine, Orlando, Florida, November 2005.

**Sullivan CS, Mason G.** Promoting, protecting and supporting breastfeeding: Is it my job? The American Dietetic Association Food and Nutrition Expo, St. Louis, Missouri, October 2005.

**Sullivan CS.** Unlocking the mystery: Nutrition in multiple sclerosis. North Carolina MS Society Annual Meeting, Raleigh, North Carolina, October 2005.

**Sullivan CS.** Manage your weight before it manages you. Winning with diabetes: Fourth Annual Conference. Greenville, North Carolina, July 2005.

**Sullivan CS.** Gastric bypass: Exploring nutrition issues for the successful GOP candidate. Triangle East Physician Extender's Society Annual Meeting, Wilmington, North Carolina, June 2005.

**Sullivan CS.** Do you DASH? Current trends in evidence based diet therapy. Triangle East Physician Extender's Society Annual Meeting, Wilmington, North Carolina, June 2005.

**Sullivan CS.** Popular diets. Coastal Diabetes Association Support Group. New Bern, North Carolina, January 2005.

**Sullivan CS.** Modern nutrition and exercise programs for the obese and overweight. Coastal Carolina Diabetes and Endocrine Day, Greenville, North Carolina, November 2004.

**Sullivan CS.** Rapid transit: Exploiting electronic resources to enhance nutrition education, the electronic medical record. The American Dietetic Association Food and Nutrition Conference and Expo, Anaheim, California, October 2004.

**Sullivan CS.** Pills, potions, and powders: Benefits for the breastfeeding mother? Eastern AHEC Regional Pharmacy Meeting, Morehead City, North Carolina, September 2004.

**Sullivan CS.** Integration of breastfeeding education and promotion in a family medicine residency program. Statewide Forum: Promoting, Protecting, and Supporting Breastfeeding in NC, Chapel Hill, North Carolina, September 2004.

**Sullivan CS.** Popular diets: Unlocking the mystery. Triangle East Physician Extender's Society Annual Meeting, Wilmington, North Carolina, June 2004.

**Sullivan CS.** Nutrition and breastfeeding: Special situations. Breastfeeding: trends and issues, Greenville, North Carolina, April 2004.

**Sullivan C.** Childhood obesity. Eastern District Dietetic Association, Rocky Mount, North Carolina, March 2004.

**Sullivan C.** Comparison of fad diets: What works, what does not? Diabetes and Obesity: Strategies in 2004, CCADE, Greenville, North Carolina, March 2004.

**Sullivan C.** Breastfeeding and human lactation. Women's Health Conference. Office of CME and the Department of Family Medicine, Greenville, North Carolina, February 2004.

**Sullivan C.** Navigating the course to your future. Peace College Science Club, Raleigh, North Carolina, February 2004.

**Sullivan C.** Gestational diabetes. The Eastern Regional Perinatal Symposium, Greenville, North Carolina, February 2004.

**Sullivan C.** Dietary supplements: Navigating the course. Eastern AHEC, Goldsboro, North Carolina, December 2003.

Harris J, **Sullivan C**, Hart F, Place M, Weismiller D. My Baby Book: Patient education as catalyst for improved quality of care. Patient Education Conference, Society of Teachers of Family Medicine, San Antonio, Texas, November 2003.

**Sullivan C.** Nutrition in gestational diabetes. NC Statewide Women, Infants, Children (WIC) Annual Conference, Durham, North Carolina, November 2003.

**Sullivan C.** Popular and not so popular diets for cardiovascular health: What works. Annual Eastern Regional Cardiac Conference, Greenville, North Carolina, October 2003.

**Sullivan C.** Nutrition in MS. MS Gateway to Wellness Series, Greenville, North Carolina, September 2003.

**Sullivan C**, Jenkins S, Cummings D, Joslin C. Greene county breastfeeding and obesity prevention initiative. Poster Presentation at 2003 Summit on Childhood Obesity Prevention and Treatment, Greenville, North Carolina, August 2003.

Kolasa KM, Gallagher M, **Sullivan CS.** Controversies of the Food Guide Pyramid. Modified carbohydrate approach. Eastern AHEC, Greenville, North Carolina, April 2003.

**Sullivan C.** Nutrition interventions: A practical approach. Jon Tingelstad Pediatrics Day, Greenville, North Carolina, April 2003.

**Sullivan C.** Nutrition management of gestational diabetes. WIC Regional Meeting, Greenville, North Carolina, February 2003.

**Sullivan C**, Kolasa K, Holbrook T, Olsson J. Panel presentation on treatment of pediatric obesity. Rural Mentor's Workshop, Greenville, North Carolina, February 2003.

**Sullivan C.** Arthritis: Importance of nutrition and the relationship of food and medications. Panel Presentation at Pitt County Extension, North Carolina Division of Aging, November 2002.

Cummings DM, **Sullivan CS**, Morrissey SL, Kolasa KM, Hester G, Holbrook T, Olsson J. Obesity in children: Clinical correlates of insulin resistance. Presented at NAPCRG. November 2002.

Beste JF, Olsson JM, **Sullivan CS**, Holbrook T, Hester VH, Kolasa KM. Prevalence of hyperinsulinemia and dietary intervention in overweight children. 13<sup>th</sup> Annual Research Symposium, Institute of Nutrition, Chapel Hill, North Carolina October 2002.

**Sullivan C**, Hester VH, Kolasa KM, McKee AB, Logan J. Pediatric assessment tool: Addressing the needs of today's computerized charting. Poster Presentation at American Dietetic Association Annual Meeting, Philadelphia, Pennsylvania, October 2002.

**Sullivan CS**, Beste JF, Hester VH, Kolasa KM, Olsson JM, KIDPOWER: A lifestyle change trial for children and teens suspected of hyperinsulinemia, Poster Presentation at American Dietetic Association Annual Meeting, Philadelphia, Pennsylvania, October 2002.

**Sullivan CS**. Nutrition and prevention of osteoporosis. Presentation Eastern District Public Health Association Annual Conference, Atlantic Beach, North Carolina, May 2002.

**Sullivan C**, Hester G, Kolasa K, Holbrook T. KIDPOWER: A feasibility trial for children and teens suspected of hyperinsulinemia. Poster Presentation at 1<sup>st</sup> Annual Nutrition Week, San Diego, California, February 2002.

Beste J, Olsson J, Kolasa K, Holbrook T, Spencer V, **Sullivan C**, Hester G, Perkin R, Lin J, Borre K. KIDPOWER: A feasibility trial for children and teens suspected of hyperinsulinemia. Poster Presentation at Moving Our Children to a Healthier Weight, Obesity Summit, Chapel Hill, North Carolina August 2001.

**Sullivan C**, Hester G, Kolasa K, Logan J, McKee A. Pediatric Assessment Tool: Addressing the needs of today's computerized charting. Poster Presentation at Moving Our Children to a Healthier Weight, Obesity Summit, Chapel Hill, North Carolina August 2001.

**Sullivan C**. Osteoporosis and you. Presentation at Durham Library, North Carolina Division of Aging, North Carolina Osteoporosis Coalition, Tarboro, North Carolina February 2001.

**Sullivan C**, Andersen, K. Nutrition Education and Training (NET), Presentation at North Carolina School Foodservice Annual Conference, Asheville, North Carolina October 2000.

**Sullivan C**. Building bones for a lifetime. Presentation. Pitt County Elder Fair, Greenville, North Carolina, June 2000.

**Sposito C**, Martin L. E.A.T.I.N.G. for WIC (ECU Activities Teaching Initiative, Nutrition and Growth), Poster Presentation at Research Symposium, The Institute of Nutrition, The University of North Carolina, October 1998.

**Sposito C**. Nutrition: What are your options? East Carolina University Founder's Day, Outstanding Alumni Lecture, Greenville, North Carolina March 1999.

## Teaching Activities

University of North Carolina at Chapel Hill

| <b>Semester,<br/>Year</b> | <b>Course Number</b> | <b>Course Title</b>  | <b># Students</b> |
|---------------------------|----------------------|--|-------------------|
| Spring 2021               | MHCH 766             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 13                |
| Fall 2020                 | MHCH 765             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 13                |
| Spring 2020               | MHCH 766             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 12                |
| Fall 2019                 | MHCH 765             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 12                |
| Spring 2019               | MHCH 766             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 9                 |
| Fall 2018                 | MHCH 765             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 11                |
| Spring 2018               | MHCH 766             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 11                |
| Fall 2017                 | MHCH 765             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 11                |
| Spr 2017                  | MHCH 766             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 11                |
| Fall 2016                 | MHCH 765             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 11                |
| Spr 2016                  | MHCH 766             | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 14                |

|           |          |  |    |
|-----------|----------|--|----|
| Fall 2015 | MHCH 765 | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 14 |
| Spr 2015  | MHCH 766 | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 9  |
| Fall 2014 | MHCH 765 | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 9  |
| Spr 2014  | MHCH 766 | Clinical Support for Breastfeeding                             | 10 |
|           |          | MRTTI Clinical Practicum                                       |    |
| Fall 2013 | MHCH 765 | Clinical Support for Breastfeeding<br>MRTTI Clinical Practicum | 10 |

Northwest Area Health Education Center/Wake Forest University Medical School

| <b>Years (taught 2x per year)</b> | <b>Course Title</b>                                | <b>Lectures</b>   |
|-----------------------------------|--|---|
| 2013-2017                         | North Carolina Lactation Educator Training Program | Breastfeeding: Past, Present, and Future                |
| 2008- present                     | North Carolina Lactation Educator Training Program | Model Hospital/Birthing Center Policies and Procedures  |
| 2008-2017                         | North Carolina Lactation Educator Training Program | Evidence Based Medicine Best Practices in Breastfeeding |

Student Advisees

| <b>Year</b> | <b>Student</b>  | <b>Graduation Date</b> | <b>Master's Paper/Area of Interest</b>                                     |
|-------------|-----------------|------------------------|--|
| 2020-       | Ayanna Smith    | TBD                    |  |
| 2019-2021   | Elana Jaffe     | May 2021               | Menopause Treatment in NC Women's Prison                                   |
| 2019-2021   | Caroline Nyheim | May 2021               | An Implementation Analysis and Plan for One Key Question® at Onslow County |

|           |                             |               |  |
|-----------|-----------------------------|---------------|--|
|           |                             |               | Health Department in Jacksonville, North Carolina  |
| 2018-2020 | Carrie Emery                | May 2020      | The Effects of Safe Infant Sleep Education on Parent's Safe Infant Sleep Knowledge and Behaviors: A Review of the Literature                               |
| 2018-2020 | Nora Simmons (dual MPH-MSW) | Dec 2020      | Reproductive Justice and Public Education: Developing Policy Protections for Pregnant, Expectant and Parenting Students in Maryland                        |
| 2017-2019 | Sara Lalone                 | May 2019      | Creation of an information audit tool assess accessibility of webbased sexual and reproductive health information  |
| 2016-2018 | Jenna McCready              | May 2018      | Mother perception of family planning method education and selection, with consideration of infant feeding intention  |
| 2016-2017 | Helen Toma (MSPH)           | December 2017 | A volunteer manual created for centering pregnancy volunteers at the Durham County Department of Public Health   |
| 2015-2017 | Shan Robertson (MSPH)       | May 2017      | Literature review of the benefits and risks of sudden unexpected postnatal collapse during early postpartum skin-to-skin contact for healthy, term infants |
| 2015-2016 | Meheret Mamo                | May 2016      | Breastfeeding support for NICU families  |
| 2015-2016 | Glamarys Acevedo (MPH/MSW)  | Dec 2016      | Perinatal Community Health Worker Training Facilitator's Guide   |
| 2014-2015 | Laurel Slough (MSPH)        | August 2015   | Analyzing the Key Functions of Peer Support in Postpartum Weight Management Interventions: A Review of the Literature                                      |

|           |                        |          |  |
|-----------|------------------------|----------|--|
| 2014-2016 | Elizabeth Thomas (MPH) | May 2016 | Public Schools as Partners in School-Aged Children's Mental Health: Current Themes and Opportunities in North Carolina |
|-----------|------------------------|----------|--|

Master's Paper Second Reader

| <b>Year</b> | <b>Student</b>   | <b>Graduation Date</b> | <b>Master's Paper/Area of Interest</b>   |
|-------------|------------------|------------------------|--|
| 2019        | Alina Mantha     | May 2019               | WakeMed Cary hospital breastfeeding essentials training core class                                     |
| 2017        | Amber Christis   | August 2017            | Breastfeeding Resources Available to the Eight American Indian Tribes with Territory in North Carolina |
| 2016        | Paige Schildkamp | May 2016               | Evaluation of Ready, Set, Baby Curriculum  |
| 2016        | Sarah Schwartz   | May 2016               | Breastfeeding Support for HIV Positive Women in Africa   |

Doctoral Student Curriculum Committee

| <b>Year</b> | <b>Role</b> | <b>Student</b>                                   | <b>Graduation Date</b> | <b>Doctoral Dissertation/Focus Area</b>  |
|-------------|-------------|--|------------------------|--|
| 2021-       | Member      | Ratchanok Phonyiam                               | TBD                    | Self-Management and Breastfeeding in Women with Preexisting Type Diabetes Mellitus from Thailand |
| 2016-2019   | Advisor     | Christina Chauvenet<br>Maternal and Child Health | August 2019            | Utilization and Benefits of Participation in the Farm to School Program                          |
| 2017        | Member      | Saada Al-Barwani<br>Nursing                      | December 2017          | Exploring Maternal Beliefs Towards Breastfeeding in Muscat, Oman                                 |



|           |        |   |               |  |
|-----------|--------|---|---------------|--|
| 2017-2018 | Member | Muswamba Mwamba<br>Public Health Leadership | December 2018 | What role do fathers' cultural experiences play in the decision to support breastfeeding |
|-----------|--------|---|---------------|--|

Previous Teaching-Brody School of Medicine, East Carolina University 2000-2006 Residency Education

| Session/Residency Year | Topic   |
|------------------------|---|
| FPC 1                  | Bedside Nutrition Assessment<br>Nutrition Counseling Observation<br>Prenatal Nutrition/Lactation<br>Weight Management<br>Teaching Family<br>OB Intake                   |
| FPC 2                  | Diabetes Management<br>Diet and Enteral Tasting   |
| FPC 4                  | Breastfeeding Rounds  |
| FPC 6                  | Resident Requested: Infant feeding, malabsorption in children, sports nutrition, advanced management of breastfeeding, fad diets, herbals, geriatric nutrition, calcium |
| R2                     | Eating Disorders<br>CVD/HTN<br>Wound Healing<br>Teaching Family   |
|                        | R2 OSCE   |
| R3                     | HTN in Special Populations<br>Metabolic Syndrome<br>Geriatric Rounds<br>Inpatient Service   |

Predoctoral/Medical School

| Session/Year | Topic/Role   |
|--------------|--|
| M1           | Doctoring, Guest Lecturer, Small Group Facilitator                             |
| M3           | Family Medicine Clerkship-Orientation, Clinic Shadowing, Nutrition Assignments |
| M4           | Nutrition Elective (2 or 4 week)   |

Courses taught-East Carolina University MPH Program

Fall 2006

MPH Course 6610 Nutrition in Public Health

Guest Lecturer for Other Courses in the Gillings School of Global Public Health, UNC-CH

|               |   |
|---------------|---|
| October 2013  | HBEH 752: Intervention Methods                          |
| April 2014    | NUTR 640: Medical Nutrition Therapy 1: Chronic Diseases |
| October 2016  | MHCH 722: Global Maternal and Child Health              |
| November 2016 | MHCH 701: Foundations in MCH                            |
| February 2017 | MHCH 680: Global Sexual and Reproductive Health         |
| November 2017 | MHCH 701: Foundations in MCH                            |
| November 2017 | NUTR 875: Nutrition Policy                              |
| February 2019 | MHCH 702: Foundations of Maternal and Child Health      |

Guest Lecturer External

|             |  |
|-------------|--|
| Fall 2019   | Public Perspectives in Infant Feeding, North Carolina State University |
| Spring 2020 | MPH 6670 Public Health Perspectives in MCH, East Carolina University   |

**Contracts and Grants**

Active Grants:

|           |  |
|-----------|--|
| 2020-2024 | EMPower Best Practices<br>CDC #2020-Q-46930<br>Role: Principal Investigator<br>Amount: \$1,352,970 (total) |
|-----------|--|

The purpose of this project is to improve breastfeeding rates through a hospital-based quality improvement initiative across the nation.

|           |   |
|-----------|---|
| 2019-2023 | ENRICH Carolinas Expansion<br>The Duke Endowment<br>Role: Principal Investigator<br>Amount: \$4,200,000 (total) |
|-----------|---|

The purpose of this project is to improve maternity care and breastfeeding rates in underserved communities in the Carolinas.

|           |   |
|-----------|---|
| 2019-2020 | ENRICH Carolinas Expansion<br>The Duke Endowment #6809<br>Role: Principal Investigator<br>Amount: \$820,000 (total) |
|-----------|---|

The purpose of this project is to improve maternity care and breastfeeding rates in underserved communities in the Carolinas.

2018-2020                    RISE: Lactation Training Model P0130670  
W.K. Kellogg Foundation  
Role: Principal Investigator  
Amount: \$1,312,206 (total)

The purpose of the project is to increase the representation of women of color employed and serving as certified lactation consultants in vulnerable communities by establishing pipelines to employment that embed training programs into colleges and universities serving communities of color.

2018-2020                    Improving best practices in the Carolinas  
The Duke Endowment #6712  
Role: Principal Investigator  
Amount: \$830,000 (total)

The purpose of this project is to improve maternity care and breastfeeding rates in up to 20 underserved communities in the Carolinas.

Completed Grants:

2017-2019                    EMPower Training  
CDC #RFTOP PPHF 2017-08159  
Role: Principal Investigator  
Amount: \$545,000

2016-2017                    EMPower Breastfeeding: PPHF-14 Breastfeeding: Implementing and  
Identifying the Best Practices for Achieving Baby Friendly Designation.  
CDC Contract # HHSD2002013M53890B / 200-2014-F-60917  
Role: Principal Investigator  
Amount: \$448,919 (total)

2015-2016                    EMPower Breastfeeding: PPHF-14 Breastfeeding: Implementing and  
Identifying the Best Practices for Achieving Baby Friendly Designation.  
CDC Contract # HHSD2002013M53890B / 200-2014-F-60917  
Role: Principal Investigator  
Amount: \$538,507 (total)

2015-2017                    Optimal Responsive Feeding for Child Development: Enhancing  
Caretaker Skills  
Kate B. Reynolds Charitable Trust  
Role: Principal Investigator  
Amount: \$164,963 (total)

2015-2018                    Breastfeeding Support Innovation, Evaluation, and Replication: Reaching  
Underserved Populations through Translation of Research into Program

Interventions  
W.K. Kellogg Foundation  
Role: Principal Investigator  
Amount: \$300,000 (total)

2014-2015      EMPOWER Breastfeeding: PPHF-14 Breastfeeding: Implementing and  
Identifying the Best Practices for Achieving Baby Friendly Designation  
CDC Contract # HHSD2002013M53890B / 200-2014-F-60917  
Role: Co-Investigators: (Miriam Labbok)  
Amount: \$640,799 (total)

2000-2002      In Home Breastfeeding Support-Edgecombe and Nash Counties.  
Kate B. Reynolds Charitable Trust  
Role: Co-investigators: (Carrie Thompson, Susan Baker) Amount:  
\$120,000.00 (total)

1999-2000      Fruits and Veggies for Life: A Second and Third Grade Intervention  
Focusing on 5-A-Day  
Nutrition Education and Training-USDA  
Role: Co-investigators: (Brenda Canady, Nell Tharrington) Approved for  
Amount: 3,500.00 (total)

1997-1998 Nutri-Kids: Decreasing Obesity in Third Grade Students in Pamlico County Schools.  
Nutrition Education and Training-USDA  
Role: Co-investigators: (Mary Sawyer)  
Amount: 2,500.00 (total)

1997-1998      EATING for WIC.  
Role: Project Coordinator (Co-PI: Lynda Martin) Amount:  
\$5000.00 (total)

### **Service**

#### **Community**

- Baby Friendly Steering Committee (Vidant Medical), 2005-2007, 2012

#### **Department**

- Adjunct Faculty Committee, 2016-Present
- MCH Implementation Science Faculty Position Search Committee, 2016
- CGBI Faculty Position Search Committee, 2016-2017
- Mary Rose Tully Training Initiative Advisory Committee, 2015-Present

## **State**

- Region IV Obesity Team, DHHS, 2004-2011
- North Carolina Breastfeeding Coalition, Executive Board 2006-2017
- North Carolina Lactation Consultant Association- Co-Chair 2013-2018
- North Carolina Dietetic Association, Board of Directors-Liaison 2007-2013
- Perinatal Health Committee, Child Fatality Task Force, 2007-Present
- Sudden Infant Death Syndrome Prevention Committee, Healthy Start Foundation, 2006-Present
- Birth Equity Steering Committee, UNC-MCH, 2011-2014
- Birth Matters Conference Planning Committee, 2012
- North Carolina Maternity Center Breastfeeding Friendly Designation review committee, 2014-Present

## **National/Global**

- WHO Review Committee-Step 2 BFHI Competency Toolkit, 2020
- CGBI Representative, US Breastfeeding Committee, COVID Constellation, 2020
- Baby Friendly Expert Workgroup, 2018-Present
- National Perinatal Association Expert Workgroup, 2018
- Member Representative, US Breastfeeding Committee, 2014-Present
- Elected Board of Directors US Breastfeeding Committee, 2016-2018
- Governance Committee Chair, US Breastfeeding Committee, 2017-2018
- Governance Committee, US Breastfeeding Committee, 2017
- Past Chair, Women's Health Dietetic Practice Group, Academy of Nutrition and Dietetics, 2017-18
- Chair, Women's Health Dietetic Practice Group, Academy of Nutrition and Dietetics, 2016-2017
- Expert Panel (invited), Updating FNS' Breastfeeding Curriculum, USDA, 2016-2017
- Chair Elect, Women's Health Practice Group, Academy of Nutrition and Dietetics, 2015
- National WIC Association Nutrition and Breastfeeding Conference Committee, 2012

### **Professional Service Prior to 2009**

- Nutrition Care Committee (PCMH), 2000-2006
- Pitt County Breastfeeding Advisory Council, 2000-2007
- Secretary 2000-2002, 2004
- Chair 2003
- North Carolina 5-A-Day Coalition, 2000-2006
- North Carolina Osteoporosis Coalition, 1999-2006
- North Carolina Physical Activity and Nutrition Units Healthy Eating Plan Dynamic Dozen Task Force, (appointed, 2001)
- Pediatric MNT Working Group, 2003-2006
- Baby Friendly Advisory Committee (PCMH), 2006

- Family Medicine Indirect Costs Committee, 2005
- Eat Smart Move More Leadership Team, 2007
- Art of Breastfeeding Conference Planning Committee, 2006-2008
- Feminism, Breastfeeding and Reproductive Rights Conference Committee, 2007
- Breastfeeding Trends and Issues Conference Planning Committee, 2006-2009

### **Professional Service**

BUILD Health Challenge Grant Review Committee, BUILD Health, 2017.

Ad Hoc Reviewer. American Public Health Association Annual Meeting Abstracts, 2013, 2014, 2015, 2016

Reviewer. North Carolina Perinatal Health State Plan, Division of Public Health, 2015.

Ad Hoc Reviewer. Journal of the American Public Health Association, 2011

Ad Hoc Reviewer. Journal of Rural Health, 2001

Ad Hoc Reviewer. Journal of Nutrition Education, 2000

Ad Hoc Reviewer. Society of Nutrition Education, 2001

Reviewer/Planning Committee. North Carolina Blueprint for Changing Policies and Environments in Support of Healthy Eating, 2002.

Region IV Obesity Team. Department of Health and Human Services, Healthy Weight , Healthy Women Project, 2004-2011.

### **Local Community Service-Volunteer Work**

- North Carolina Osteoporosis Coalition
- Pitt County Health Department 1995-1997
- Special Events-Multiple Year Time Commitment
- “Making Pitt’s Babies Fit” Maternity Fair
- Eastern Chapter, North Carolina Multiple Sclerosis Society-Annual Meeting Planning Committee, Speaker
- Doctoring I, Healthy Eating Assessments for 1<sup>st</sup> Year Medical Students, Brody School of Medicine, East Carolina University
- World Breastfeeding Week Celebration, Planning Committee and Display, Pitt County Breastfeeding Advisory Council

### **Diversity, Equity and Inclusion Specific Trainings-Attended**

- Inclusive Excellence Summer Symposium, UNC, June 14-16, 2021
- Minority Health Conference, UNC, Feb 25-26 (6.5 hours)
- UNC IE Saving the House We Built: Critical Conversations on Contemporary Politics, January 29, 2021 (1.5 hr)
- UNC, MRT-TI Spring Workshop, April Callis, Culturally Competent Health Care for LGBTQIA+ Identified People, January 14, 2021 (1.75 hr)
- UNC IE, MRT-TI Spring Workshop, Chris Faison-The Persistence of Institutional Racism at UNC I and II, January 13, 2021 (3 hours)
- Cultural Industry, Techno-capitalism, and Labor: The Mediated Exploitation of Black and Brown Bodies, November 11, 2020
- How to Be and Antiracist: A Conversation with Ibram X. Kendi, October 28, 2020
- Advancing Health Equity Solutions at UNC, October 21, 2020
- FNCE Beyond the World Foods Course: Diversifying Educational Spaces in Dietetics, October 19, 2020
- Disaster and Health: A Discussion about Race, Gender and Social Justice, Sept 24, 2020
- Adaway Group, Whiteness at Work (4 part webinar series), July 2020
- CDC COVID- 19 Response Promising Practices in Health Equity, June 2, 2020
- Inclusive Classroom Symposium, June 8-9
- Emergency Preparedness, Ethics and Equity Series, June 2, 2020
- Emergency Preparedness, Ethics and Equity Series, April 21, 2020
- Racial Equity Series Webinar, US Breastfeeding Committee, March 2, 2020
- Minority Health Conference, Feb 28, 2020
- Cook-Ross Everyday Bias Training, January 10, 2020.
- Racial Equity Institute, Groundwater Training, January 6, 2020 (6 hours)
- ENRICH Carolinas, Cross Training, Racial Equity in the Healthcare System, December 11, 2019.
- Racial Equity in Lactation, Maternal and Child Health, NAPPLSC, January 7, 2019
- Racial Equity in Lactation, Maternal and Child Health, NAPPLSC, January 5, 2018
- Racial Equity in Lactation, Maternal and Child Health, Center for Social Inclusion/Race Forward and NAPPLSC, January 7, 2017.
- WK Kellogg Foundation, First Food Field Builders Conference, April 1, 2016.
- WK Kellogg Foundation, First Food Field Builders Conference, March 10, 2014.

### **Postgraduate Continuing Education-Attended**

- American Public Health Association, Virtual San Francisco, 2020
- Academy of Nutrition and Dietetics Food and Nutrition Expo, Virtual, 2020
- International Lactation Consultant Association, Virtual, 2020
- Adaway Group, Whiteness at Work Webinar Series, 2020
- Racial Equity Institute, Groundwater Training, Chapel Hill, 2020
- Academy of Nutrition and Dietetics Food and Nutrition Expo, Philadelphia, 2019
- American Public Health Association, Philadelphia, 2019

- Breastfeeding and Feminism International Conference, Chapel Hill, 2019
- National Coalitions Conference, Atlanta, 2018
- International Lactation Consultant Association, Portland, 2018
- Triangle Breastfeeding Alliance, Raleigh, 2018
- Breastfeeding and Feminism International Conference, Chapel Hill, 2018
- Racial Equity Training, Chapel Hill 2018
- Academy of Breastfeeding Medicine, Atlanta, 2017
- American Public Health Association, Atlanta, 2017
- Academy of Nutrition and Dietetics (FNCE), Chicago, 2017
- Black Mothers Breastfeeding Association Annual Meeting, Detroit, 2017
- ROSE Summit, New Orleans, 2017
- United States Breastfeeding Committee Coalitions Conference, Washington D.C., 2017
- International Lactation Consultant Association, Toronto, 2017
- National WIC Association, Philadelphia, 2017
- Breastfeeding and Feminism International Conference, Chapel Hill, 2017
- American Public Health Association Annual Meeting, Denver, 2016
- Academy of Nutrition and Dietetics (FNCE), Boston 2016
- International Lactation Consultant Association, Chicago, 2016
- American Public Health Association Annual Meeting, Chicago, 2015
- Academy of Nutrition and Dietetics (FNCE), Nashville, 2015
- International Lactation Consultant Association, Washington D.C., 2015
- American Public Health Association Annual Meeting, New Orleans, 2014
- International Lactation Consultant Association, Phoenix, 2014
- American Public Health Association Annual Meeting, San Francisco, 2012
- National WIC Association Nutrition and Breastfeeding Conference, Los Angeles, 2012
- NICHQ/CDC Learning Collaborative, 2012
- Birth Matters Conference, Greensboro, 2012
- Reaching Our Sisters Everywhere (ROSE) Conference, Atlanta, 2012
- Breastfeeding and Feminism 2007, 2012, 2014, 2015, 2016
- Triangle Breastfeeding Alliance, 2011, 2016 ✦ State Health Directors' Conference 2011, 2012
- American Dietetic Association Annual Meeting (FNCE), Boston, 2010
- Using Loving Support to Grow and Glow in WIC, Greensboro, 2010
- Sports, Cardiovascular, and Wellness Nutrition Symposium, Boston, 2008
- United States Breastfeeding Committee Coalitions Conference, Arlington, 2007, 2010, 2012, 2014
- WIC Breastfeeding Coordinators' Meeting 2007, 2009, 2011
- North Carolina WIC Annual Conference 1997, 2007, 2010, 2011, 2012
- North Carolina Dietetic Association Annual Conference, 2002, 2003, 2007, 2011
- Art of Breastfeeding, Chapel Hill, NC, 2003, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016



- Breastfeeding Trends and Issues, Greenville, NC, 2004, 2005, 2006, 2007, 2008, 2009
- Pediatric Healthy Weight Summit, 2007
- Patient Education Conference, Society of Teachers of Family Medicine, Orlando, Florida, 2005
- American Dietetic Association Annual Meeting, St. Louis, 2005
- American Dietetic Association Annual Meeting, Anaheim, 2004
- Patient Education Conference, Society of Teachers of Family Medicine, San Antonio, Texas, 2003
- Summit on Childhood Obesity, Greenville, NC, 2003
- Neonatal Nutrition Intensive Course, Baylor, Houston, Texas, 2002
- American Dietetic Association Annual Meeting, Philadelphia, 2002
- Eat Smart, Move More NC, Chapel Hill, 2002, 2003
- North Carolina Healthy Eating Summit, Chapel Hill, 2002
- Research Faculty Development, Greenville, 2002
- First Annual Nutrition Week, San Diego, 2002
- Pediatric Feeding Issues, Greenville, 2001
- Moving Our Children to a Healthy Weight, Chapel Hill, 2001
- Faculty Development Mini-Fellowship, Greenville, 2001
- Society of Teachers of Family Medicine Annual Conference, Denver, 2001
- Family and Consumer Sciences National Meeting, Greensboro, 2000
- American Dietetic Association Annual Meeting, Boston, 1998
- North Carolina Lactation Educator Program, Forsyth Hospital, 1997, 2007

Updated: July 1, 2021.