

# Total Worker Health Resources for Practitioners

## Fundamentals of Total Worker Health® Approaches

Essential Elements for Advancing Worker Safety, Health, and Well-Being



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Centers for Disease Control and Prevention  
National Institute for Occupational Safety and Health

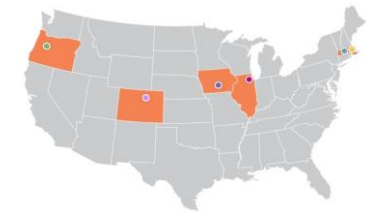


[https://www.cdc.gov/niosh/docs/2017-112/pdfs/2017\\_112.pdf?id=10.26616/NIOSH PUB2017112](https://www.cdc.gov/niosh/docs/2017-112/pdfs/2017_112.pdf?id=10.26616/NIOSH PUB2017112)

“Total Worker Health® is defined as policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness-prevention efforts to advance worker well-being.” -NIOSH



<https://www.cdc.gov/niosh/twh/>



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