

DEBORAH F. TATE, PH.D

University of North Carolina
Gillings School of Global Public Health
Department of Health Behavior
Department of Nutrition
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EDUCATION

- Postdoctoral Fellowship **Brown University/Miriam Hospital** (1999-2000)
American Diabetes Association Mentor-based Fellowship with Rena R. Wing, Ph.D.
- Ph.D. **Virginia Tech** (1999), Blacksburg, Virginia
Psychology (Clinical – APA Approved Training Program)
Mentor: Richard Winett, Ph.D.
Pre-doctoral Internship – Brown University Clinical Psychology Training Consortium
(1997-98)
- M.S. **Virginia Tech** (1995), Blacksburg, Virginia
Psychology
- B.A. **The College of William and Mary** (1989), Williamsburg, Virginia
English

PROFESSIONAL EXPERIENCE

- 2012 – present **Director**
Connected Health Applications and Interventions Core (CHAI)
Core resource funded by NIDDK -Nutrition Obesity Research Center (P30 DK056350) and NCI – Lineberger Cancer Center Core Grant (P30 CA16086)
- 2015 – present **Professor, (with tenure)**
Department of Health Behavior and Health Education
Department of Nutrition, Gillings School of Global Public Health and
School of Medicine
University of North Carolina, Chapel Hill, North Carolina
- 2010 – 2015 **Associate Professor, (with tenure)**
Department of Health Behavior and Health Education
Department of Nutrition, Gillings School of Global Public Health and
School of Medicine
University of North Carolina, Chapel Hill, North Carolina

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- 2004 – 2010 **Assistant Professor**, Department of Health Behavior and Health Education
Department of Nutrition, Gillings School of Global Public Health and
School of Medicine
University of North Carolina, Chapel Hill, North Carolina
- 2004 – 2007 **Adjunct Assistant Professor**
Department of Psychiatry and Human Behavior
Brown Medical School, Providence, Rhode Island
- 2000–2004 **Assistant Professor (Research)**
Department of Psychiatry and Human Behavior
Weight Control and Diabetes Research Center
Brown Medical School, Providence, Rhode Island
- 2000-2004 **Staff Psychologist**
Miriam Hospital, Providence, RI
- 1999 – 2000 **Post-doctoral Fellow**
Centers for Behavioral and Preventive Medicine
Weight Control and Diabetes Research Center
Department of Psychiatry and Human Behavior
Brown University and Miriam Hospital
Providence, Rhode Island
- 1997-1998 **Psychology Intern**
Brown University Clinical Psychology Training Consortium
Dept. of Psychiatry and Human Behavior
Providence, Rhode Island
- 1995 **Psychology Extern**
Veterans Affairs Medical Center
Salem, Virginia
- 1992-1997 **Graduate Research Assistant and Graduate Teaching Assistant**
Department of Psychology
Center for Research in Health Behavior (CRHB)
Virginia Tech, Blacksburg, VA

HONORS

- 2018 **The George A. Bray Founders Award**, The Obesity Society
2016 **Pioneer Award**, The Obesity Society, eHealth/mHealth Section
2009 **Delta Omega**, Theta Chapter, National Public Health Honor Society

2005 **Early Career Honorary Recognition Award** – Society of Behavioral Medicine
1999 **Psychology Postdoctoral Fellow Research Award** - Brown School of Medicine
1994 **Graduate Research Development Award** - Masters Thesis
1993 **Phi Kappa Phi** National Honor Society

MEMBERSHIPS

Society of Behavioral Medicine (SBM)
The Obesity Society (TOS)
International Society for Behavioral Nutrition and Physical Activity (ISBNPA)
International Society for Research on Internet Interventions (ISRII)

PUBLICATIONS

Books and Chapters [** indicates first author trainee at the time completed]

1. **Tate, DF**, Nezami, BT, & Valle, C (2018) Remotely Delivered Interventions for Obesity. In Wadden, TA & Bray, G. *Handbook of Obesity Treatment, 2nd Edition*, New York, NY: Guilford Press
2. **Tate, DF** (2017) Using Digital Media to Address Obesity In Brownell, KD & Walsh, T. (eds). *Eating Disorders and Obesity: A Comprehensive Handbook, 3rd Edition*, New York, NY: Guilford Press
3. **Valle C & **Tate DF**. (2015) Technology-based Interventions to Promote Diet, Exercise and Weight Control. In Marsch L, Lord S, & Dallery J (eds) *Leveraging Technology to Transform Behavioral Healthcare*. New York, NY: Oxford University Press, pp. 113-138.
4. Wing RR, Gorin A, **Tate DF**. (2012) Strategies for Changing Eating and Exercise Behavior to Promote Weight Loss and Maintenance. In JW Erdman, IA Macdonald and SH Zeisel (eds) *Present Knowledge in Nutrition 10th Edition*. Wiley-Blackwell, Oxford, UK, pp. 1057-1070.
5. **Tate DF**. (2008) Technological innovations with application to the prevention and treatment of overweight in children and adolescents. In Jelalian E & Steele RG (eds) *Handbook of Child and Adolescent Obesity*. New York, NY: Springer Publishing, pp. 387-404.
6. Winett RA, **Tate DF**, Anderson ES, Wojcik JR, Winett SG. (2007) Preventing weight gain with internet programs. In PA Watkins & GA Clum (eds) *Handbook of Self Help Therapies*. Mahwah, NJ: Lawrence Erlbaum. pp 325-354.

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7. Wing RR, Gorin A, **Tate DF**. (2006) Strategies for Changing Eating and Exercise Behavior. In Robert M. Russell and Barbara Bowman (eds) *Present Knowledge in Nutrition 9th Edition*, Washington, DC, International Life Sciences Institute, pp. 822-837.
 8. Wing RR & **Tate DF**. (2003) Behavioral Treatment of Obesity, In Jose Caro (Ed.) *Obesity and Nutrition* Endotext.org (13 pages).
 9. Wing RR, Gorin A, **Tate DF**. (2001). Changing behavior for a healthier lifestyle. In Robert M. Russell and Barbara Bowman (eds) *Present Knowledge in Nutrition 8th Edition*, Washington, DC, International Life Sciences Institute, pp. 650-661.
 10. Marcus BH, Clark MM, Bock BC, Pinto BM, **Tate DF**. (1999). Promoting Adoption and Maintenance of Physical Activity and Dietary Behavior Change. In Maria Fiatarone Singh (ed.) *Exercise, Nutrition and the Older Woman: Wellness for Women Over 50*, CRC Press, New York, NY, pp. 545-560.

Refereed Papers [****** indicates first author trainee at the time study completed]

1. Hayes JF, Russell GB, **Tate DF**, Espeland MA, LaRose JG, Gorin AA, Lewis CE, Jelalian E, Bahnson J, Wing RR. Who loses weight in a weight gain prevention program? A comparison of weight losers and weight maintainers at 3 years. *Health Psych.* (In press) 2021.
2. Valle CG, Pinto BM, LaRose JG, Diamond M, Horrell LN, Nezami BT, Hatley KE, Coffman EM, Polzien K, Hales DP, Deal AM, Rini CM, Rosenstein DL, **Tate DF**. Promoting physical activity in young adult cancer survivors using mHealth and adaptive tailored feedback strategies: Design of the Improving Physical Activity after Cancer Treatment (IMPACT) randomized controlled trial. *Contemp Clin Trials*. 2021 Jan 27;103:106293. doi: 10.1016/j.cct.2021.106293. Epub ahead of print. PMID: 33515784.
3. Valle, C.G., Nezami, B.T. & **Tate, D.F.** Designing in-app messages to nudge behavior change: Lessons learned from a weight management app for young adults, *Organizational Behavior and Human Decision Processes*, Volume 161, Supplement, 2020, Pages 95-101, ISSN 0749-5978, <https://doi.org/10.1016/j.obhdp.2020.10.004>.
4. Wing RR, Espeland MA, **Tate DF**, Perdue LH, Bahnson J, Polzien K, Ferguson Robichaud E, LaRose JG, Gorin AA, Lewis CE, Jelalian E; Study of Novel Approaches to Weight Gain Prevention Research Group. Changes in Cardiovascular Risk Factors Over 6 Years in Young Adults in a Randomized Trial of Weight Gain Prevention. *Obesity (Silver Spring)*. 2020 Dec;28(12):2323-2330. doi: 10.1002/oby.23003. PMID: 33230964; PMCID: PMC7687606.
5. Gooding HC, Gidding SS, Moran AE, Redmond N, Allen NB, Bacha F, Burns TL, Catov JM, Grandner MA, Harris KM, Johnson HM, Kiernan M, Lewis TT, Matthews KA, Monaghan M, Robinson JG, **Tate D**, Bibbins-Domingo K, Spring B. Challenges and Opportunities for the Prevention and Treatment of Cardiovascular Disease Among Young Adults: Report From a National Heart, Lung, and Blood Institute Working Group. *J Am Heart Assoc*. 2020 Oct 20;9(19):e016115. doi: 10.1161/JAHA.120.016115. Epub 2020 Sep 30. PMID: 32993438; PMCID: PMC7792379.

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6. Bennion KA, **Tate D**, Muñoz-Christian K, Phelan S. Impact of an Internet-Based Lifestyle Intervention on Behavioral and Psychosocial Factors During Postpartum Weight Loss. *Obesity (Silver Spring)*. 2020 Oct;28(10):1860-1867. doi: 10.1002/oby.22921. Epub 2020 Sep 4. PMID: 32888250; PMCID: PMC7511419.
 7. Wasser HM, Valle CG, **Tate DF**. Optimizing Behavioral Interventions for Obesity Using an Engineering-Inspired Approach. *Obesity (Silver Spring)*. 2020 Sep;28(9):1574. doi: 10.1002/oby.22957. Epub 2020 Aug 7. PMID: 32770623.
 8. ****Power JM, Tate DF, Valle CG**. Experiences of African American Breast Cancer Survivors Using Digital Scales and Activity Trackers in a Weight Gain Prevention Intervention: Qualitative Study. *JMIR Mhealth Uhealth*. 2020 Jun 8;8(6):e16059. doi: 10.2196/16059. PMID: 32510461; PMCID: PMC7308909.
 9. ****Nezami BT, Lytle LA, Ward DS, Ennett ST, Tate DF**. Effect of the Smart Moms intervention on targeted mediators of change in child sugar-sweetened beverage intake. *Public Health*. 2020 May;182:193-198. doi: 10.1016/j.puhe.2020.03.015. Epub 2020 May 3. PMID: 32375100.
 10. ****Neshteruk CD, Jones DJ, Skinner A, Ammerman A, Tate DF, Ward DS**. Understanding the Role of Fathers in Children's Physical Activity: A Qualitative Study. *J Phys Act Health*. 2020 May 1;17(5):540-547. doi: 10.1123/jpah.2019-0386. PMID: 32283541.
 11. **Tate DF, Quesnel DA, Lutes L, Hatley KE, Nezami BT, Wojtanowski AC, Pinto AM, Power J, Diamond M, Polzien K, Foster G**. Examination of a partial dietary self-monitoring approach for behavioral weight management. *Obes Sci Pract*. 2020 Apr 26;6(4):353-364. doi: 10.1002/osp4.416. PMID: 32874670; PMCID: PMC7448156
 12. Wing RR, Russell GB, **Tate DF**, Espeland MA, LaRose JG, Gorin AA, Lewis CE, Jelalian E, Perdue LH, Bahnson J, Polzien K, Ferguson Robichaud E; Study of Novel Approaches to Weight Gain Prevention (SNAP) Research Group. Examining Heterogeneity of Outcomes in a Weight Gain Prevention Program for Young Adults. *Obesity (Silver Spring)*. 2020 Mar;28(3):521-528. doi: 10.1002/oby.22720. Epub 2020 Feb 6. PMID: 32030910; PMCID: PMC7042032.
 13. ****Nezami BT, Jakicic JM, Lang W, Davis K, Tate DF**. Examining barriers, physical activity, and weight change among parents and nonparents in a weight loss intervention. *Obes Sci Pract*. 2020 Jan 30;6(3):264-271. doi: 10.1002/osp4.401. PMID: 32523715; PMCID: PMC7278899.
 14. Webber BJ, Ruiz SA, Talcott GW, Little MA, **Tate DF**. Weight Gain of Service Members After Basic Military Training. *Am J Prev Med*. 2020 Jan;58(1):117-121. doi: 10.1016/j.amepre.2019.08.022. PMID: 31862098.
 15. Wing RR, Espeland MA, **Tate DF**, Perdue LH, Bahnson J, Polzien K, Robichaud EF, LaRose JG, Gorin AA, Lewis CE, Jelalian E; Study of Novel Approaches to Weight Gain Prevention (SNAP) Research Group. Weight Gain Over 6 Years in Young Adults: The Study of Novel Approaches to Weight Gain Prevention Randomized Trial. *Obesity (Silver Spring)*. 2020 Jan;28(1):80-88. doi: 10.1002/oby.22661. PMID: 31858732; PMCID: PMC6927481.
 16. ****Blackman Carr LT, Samuel-Hodge CD, Ward DS, Evenson KR, Bangdiwala SI, Tate DF**. Comparative effectiveness of a standard behavioral and physical activity enhanced behavioral weight loss intervention in Black women. *Women Health*. 2020 Jul;60(6):676-691. doi: 10.1080/03630242.2019.1700585. Epub 2019 Dec 8. PMID: 31814531.
 17. Thornton PL, Kumanyika SK, Gregg EW, Araneta MR, Baskin ML, Chin MH, Crespo CJ, de

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- Groot M, Garcia DO, Haire-Joshu D, Heisler M, Hill-Briggs F, Ladapo JA, Lindberg NM, Manson SM, Marrero DG, Peek ME, Shields AE, **Tate DF**, Mangione CM. New research directions on disparities in obesity and type 2 diabetes. *Ann N Y Acad Sci*. 2020 Feb;1461(1):524. doi: 10.1111/nyas.14270. Epub 2019 Dec 3. PMID: 31793006; PMCID: PMC7159314.
18. ****Power JM, Phelan S, Hatley K, Brannen A, Muñoz-Christian K, Legato M, Tate DF.** Engagement and Weight Loss in a Web and Mobile Program for Low-Income Postpartum Women: Fit Moms/*Mamás Activas*. *Health Educ Behav*. 2019 Dec;46(2_suppl):114-123. doi: 10.1177/1090198119873915. PMID: 31742447.
 19. **Tate DF, Lytle L, Polzien K, Diamond M, Leonard KR, Jakicic JM, Johnson KC, Olson CM, Patrick K, Svetkey LP, Wing RR, Lin PH, Coday M, Laska MN, Merchant G, Czaja SJ, Schulz R, Belle SH.** Deconstructing Weight Management Interventions for Young Adults: Looking Inside the Black Box of the EARLY Consortium Trials. *Obesity (Silver Spring)*. 2019 Jul;27(7):1085-1098. doi: 10.1002/oby.22506. Epub 2019 May 28. PMID: 31135102; PMCID: PMC6749832.
 20. Yearly KHK, Chi X, Lensing S, Baroni H, Ferguson A, Su J, Estabrooks PA, **Tate D, Linnan L.** Overweight and Obesity Among School Bus Drivers in Rural Arkansas. *Prev Chronic Dis*. 2019 May 16;16:E61. doi: 10.5888/pcd16.180413. PMID: 31095920; PMCID: PMC6549416.
 21. **Tate DF, Crane MM, Espeland MA, Gorin AA, LaRose JG, Wing RR.** Sustaining eHealth engagement in a multi-year weight gain prevention intervention. *Obes Sci Pract*. 2019 Mar 13;5(2):103-110. doi: 10.1002/osp4.333. PMID: 31019727; PMCID: PMC6469337.
 22. LaRose JG, Neiberg RH, Evans EW, **Tate DF**, Espeland MA, Gorin AA, Perdue L, Hatley K, Lewis CE, Robichaud E, Wing RR; Study of Novel Approaches to Weight Gain Prevention (SNAP) Research Group. Dietary outcomes within the study of novel approaches to weight gain prevention (SNAP) randomized controlled trial. *Int J Behav Nutr Phys Act*. 2019 Jan 31;16(1):14. doi: 10.1186/s12966-019-0771-z. PMID: 30704533; PMCID: PMC6357348.
 23. Gorin AA, Gokee LaRose J, Espeland MA, **Tate DF**, Jelalian E, Robichaud E, Coward P, Hatley KE, Garcia KR, Lang W, Bahnson J, Lewis CE, Wing RR. Eating pathology and psychological outcomes in young adults in self-regulation interventions using daily self-weighing. *Health Psychol*. 2019 Feb;38(2):143-150. doi: 10.1037/hea0000689. Epub 2018 Dec 13. PMID: 30550313; PMCID: PMC6447368.
 24. Phelan S, Hagobian TA, Ventura A, Brannen A, Erickson-Hatley K, Schaffner A, Muñoz-Christian K, Mercado A, **Tate DF.** 'Ripple' effect on infant zBMI trajectory of an internet-based weight loss program for low-income postpartum women. *Pediatr Obes*. 2019 Jan;14(1):10.1111/ijpo.12456. doi: 10.1111/ijpo.12456. Epub 2018 Sep 17. PMID: 30225981; PMCID: PMC7368392.
 25. Olson KL, Neiberg RH, **Tate DF**, Garcia KR, Gorin AA, Lewis CE, Unick J, Wing RR. Weight and Shape Concern Impacts Weight Gain Prevention in the SNAP Trial: Implications for Tailoring Intervention Delivery. *Obesity (Silver Spring)*. 2018 Aug;26(8):1270-1276. doi: 10.1002/oby.22212. Epub 2018 Jun 28. PMID: 29956495; PMCID: PMC6437682.
 26. ****Martin CL, Tate DF, Valle CG.** Nonadherence to daily self-weighing and activity tracking is associated with weight fluctuations among African American breast cancer survivors. *PLoS One*. 2018 Jun 26;13(6):e0199751. doi: 10.1371/journal.pone.0199751. PMID: 29944706; PMCID: PMC6019092.

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27. **Creasy SA, Lang W, **Tate DF**, Davis KK, Jakicic JM. Pattern of Daily Steps is Associated with Weight Loss: Secondary Analysis from the Step-Up Randomized Trial. *Obesity* (Silver Spring). 2018 Jun;26(6):977-984. doi: 10.1002/oby.22171. Epub 2018 Apr 6. PMID: 29633583; PMCID: PMC5970037.
 28. McCaffery JM, Ordovas JM, Huggins GS, Lai CQ, Espeland MA, **Tate DF**, Wing RR. Weight gain prevention buffers the impact of CETP rs3764261 on high density lipoprotein cholesterol in young adulthood: The Study of Novel Approaches to Weight Gain Prevention (SNAP). *Nutr Metab Cardiovasc Dis*. 2018 Aug;28(8):816-821. doi: 10.1016/j.numecd.2018.02.018. Epub 2018 Mar 6. PMID: 29699816; PMCID: PMC6127000.
 29. Valle CG, Queen TL, Martin BA, Ribisl KM, Mayer DK, **Tate DF**. Optimizing Tailored Communications for Health Risk Assessment: A Randomized Factorial Experiment of the Effects of Expectancy Priming, Autonomy Support, and Exemplification. *J Med Internet Res*. 2018 Mar 1;20(3):e63. doi: 10.2196/jmir.7613. PMID: 29496652; PMCID: PMC5856933.
 30. **Blackman Carr LT, Samuel-Hodge C, Ward DS, Evenson KR, Bangdiwala SI, **Tate DF**. Racial Differences in Weight Loss Mediated by Engagement and Behavior Change. *Ethn Dis*. 2018 Feb 1;28(1):43-48. doi: 10.18865/ed.28.1.43. PMID: 29467565; PMCID: PMC5794447.
 31. **Alick CL, Samuel-Hodge C, Ward D, Ammerman A, Rini C, **Tate DF**. Together Eating & Activity Matters (TEAM): results of a pilot randomized-clinical trial of a spousal support weight loss intervention for Black men. *Obes Sci Pract*. 2018 Jan 17;4(1):62-75. doi: 10.1002/osp4.142. PMID: 29479466; PMCID: PMC5818757.
 32. Unick JL, Lang W, Williams SE, Bond DS, Egan CM, Espeland MA, Wing RR, **Tate DF**; SNAP Research Group. Objectively-assessed physical activity and weight change in young adults: a randomized controlled trial. *Int J Behav Nutr Phys Act*. 2017 Dec 4;14(1):165. doi: 10.1186/s12966-017-0620-x. PMID: 29202850; PMCID: PMC5715643.
 33. **Valle CG, **Tate DF**. Engagement of young adult cancer survivors within a Facebook-based physical activity intervention. *Transl Behav Med*. 2017 Dec;7(4):667-679. doi: 10.1007/s13142017-0483-3. PMID: 28374211; PMCID: PMC5684071.
 34. **Mazzucca S, Hales D, Evenson KR, Ammerman A, **Tate DF**, Berry DC, Ward DS. Physical Activity Opportunities Within the Schedule of Early Care and Education Centers. *J Phys Act Health*. 2018 Feb 1;15(2):73-81. doi: 10.1123/jpah.2017-0071. Epub 2017 Nov 27. PMID: 28872405.
 35. **Nezami BT, Ward DS, Lytle LA, Ennett ST, **Tate DF**. A mHealth randomized controlled trial to reduce sugar-sweetened beverage intake in preschool-aged children. *Pediatr Obes*. 2018 Nov;13(11):668-676. doi: 10.1111/ijpo.12258. Epub 2017 Nov 8. PMID: 29119719.
 36. **Tate DF**, Valle CG, Crane MM, Nezami BT, Samuel-Hodge CD, Hatley KE, Diamond M, Polzien K. Randomized trial comparing group size of periodic in-person sessions in a remotely delivered weight loss intervention. *Int J Behav Nutr Phys Act*. 2017 Oct 23;14(1):144. doi: 10.1186/s12966-017-0599-3. PMID: 29061153; PMCID: PMC5654056.
 37. Thomas JG, Raynor HA, Bond DS, Luke AK, Cardoso CC, Wojtanowski AC, Vander Veur S, **Tate D**, Wing RR, Foster GD. Weight loss and frequency of body-weight self-monitoring in an online commercial weight management program with and without a cellular-connected 'smart' scale: a randomized pilot study. *Obes Sci Pract*. 2017 Oct 13;3(4):365-372. doi: 10.1002/osp4.132. PMID: 29259794; PMCID: PMC5729493.

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38. **Crane MM, Lutes LD, Sherwood NE, Ward DS, **Tate DF**. Weight Loss Strategies Utilized in a Men's Weight Loss Intervention. *Health Educ Behav*. 2018 Jun;45(3):401-409. doi: 10.1177/1090198117733025. Epub 2017 Sep 28. PMID: 28956969; PMCID: PMC5832568.
 39. **Martin CL, **Tate DF**, Schaffner A, Brannen A, Hatley KE, Diamond M, Munoz-Christian K, Pomeroy J, Sanchez T, Mercado A, Hagobian T, Phelan S. Acculturation Influences Postpartum Eating, Activity, and Weight Retention in Low-Income Hispanic Women. *J Womens Health (Larchmt)*. 2017 Dec;26(12):1333-1339. doi: 10.1089/jwh.2016.6154. Epub 2017 Aug 17. PMID: 28816589; PMCID: PMC5733667.
 40. Phelan, S. , Hagobian, T. , Brannen, A. , Hatley, K. E. , Schaffner, A. , Muñoz-Christian, K. & **Tate, D. F.** (2017). Effect of an Internet-Based Program on Weight Loss for Low-Income Postpartum Women. *Obstetrical & Gynecological Survey*, 72(10), 577–579. doi: 10.1097/01.ogx.0000525837.98272.39.
 41. Wing RR, **Tate DF**, Garcia KR, Bahnson J, Lewis CE, Espeland MA; Study of Novel Approaches to Weight Gain Prevention (SNAP) Research Group. Improvements in Cardiovascular Risk Factors in Young Adults in a Randomized Trial of Approaches to Weight Gain Prevention. *Obesity (Silver Spring)*. 2017 Oct;25(10):1660-1666. doi: 10.1002/oby.21917. Epub 2017 Aug 7. PMID: 28782918; PMCID: PMC5656399.
 42. Phelan S, Hagobian T, Brannen A, Hatley KE, Schaffner A, Muñoz-Christian K, **Tate DF**. Effect of an Internet-Based Program on Weight Loss for Low-Income Postpartum Women: A Randomized Clinical Trial. *JAMA*. 2017 Jun 20;317(23):2381-2391. doi: 10.1001/jama.2017.7119. PMID: 28632867; PMCID: PMC5815021.
 43. Masheb RM, Chan SH, Raffa SD, Ackermann R, Damschroder LJ, Estabrooks PA, EvansHudnall G, Evans NC, Histon T, Littman AJ, Moin T, Nelson KM, Pagoto S, Pronk NP, **Tate DF**, Goldstein MG. State of the art conference on weight management in VA: Policy and research recommendations for advancing behavioral interventions. *J Gen Intern Med*. 2017 Apr;32(Suppl 1):74-78. doi: 10.1007/s11606-016-3965-y. PMID: 28271431; PMCID: PMC5359158.
 44. **Sage A, Roberts C, Geryk L, Sleath B, **Tate D**, Carpenter D. A Self-Regulation Theory-Based Asthma Management Mobile App for Adolescents: A Usability Assessment. *JMIR Hum Factors*. 2017 Feb 1;4(1):e5. doi: 10.2196/humanfactors.7133. PMID: 28148471; PMCID: PMC5311420.
 45. LaRose JG, **Tate DF**, Lanoye A, Fava JL, Jelalian E, Blumenthal M, Caccavale LJ, Wing RR. Adapting evidence-based behavioral weight loss programs for emerging adults: A pilot randomized controlled trial. *J Health Psychol*. 2019 Jun;24(7):870-887. doi: 10.1177/1359105316688951. Epub 2017 Jan 29. PMID: 28810394; PMCID: PMC5623115.
 46. Comello MLG, Qian X, Deal AM, Ribisl KM, Linnan LA, **Tate DF**. Acknowledgment Correction of: Impact of Game-Inspired Infographics on User Engagement and Information Processing in an eHealth Program. *J Med Internet Res*. 2017 Jan 9;19(1):e12. doi: 10.2196/jmir.7104. Erratum for: *J Med Internet Res*. 2016 Sep 22;18(9):e237. PMID: 30578193; PMCID: PMC6304218.
 47. Unick JL, Lang W, **Tate DF**, Bond DS, Espeland MA, Wing RR. Objective Estimates of Physical Activity and Sedentary Time among Young Adults. *J Obes*. 2017;2017:9257564. doi: 10.1155/2017/9257564. Epub 2017 Jan 2. PMID: 28116151; PMCID: PMC5237733.
 48. Colberg SR, Sigal RJ, Yardley JE, Riddell MC, Dunstan DW, Dempsey PC, Horton ES, Castorino K, **Tate DF**. Physical Activity/Exercise and Diabetes: A Position Statement of the

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- American Diabetes Association. *Diabetes Care*. 2016 Nov;39(11):2065-2079. doi: 10.2337/dc161728. PMID: 27926890; PMCID: PMC6908414.
49. LaRose JG, Guthrie KM, Lanoye A, **Tate DF**, Robichaud E, Caccavale LJ, Wing RR. A mixed methods approach to improving recruitment and engagement of emerging adults in behavioural weight loss programs. *Obes Sci Pract*. 2016 Dec;2(4):341-354. doi: 10.1002/osp4.71. Epub 2016 Oct 6. PMID: 28090339; PMCID: PMC5192532.
 50. Turner-McGrievy G, Wang X, Popkin B, **Tate DF**. Tasting profile affects adoption of caloric beverage reduction in a randomized weight loss intervention. *Obes Sci Pract*. 2016 Dec;2(4):392398. doi: 10.1002/osp4.64. Epub 2016 Sep 23. PMID: 28090344; PMCID: PMC5192544.
 51. Comello ML, Qian X, Deal AM, Ribisl KM, Linnan LA, **Tate DF**. Impact of Game-Inspired Infographics on User Engagement and Information Processing in an eHealth Program. *J Med Internet Res*. 2016 Sep 22;18(9):e237. doi: 10.2196/jmir.5976. Erratum in: *J Med Internet Res*. 2017 Jan 09;19(1):e12. PMID: 27658469; PMCID: PMC5054233.
 52. Nicholson WK, Beckham AJ, Hatley K, Diamond M, Johnson LS, Green SL, **Tate D**. The Gestational Diabetes Management System (GoodMomS): development, feasibility and lessons learned from a patient-informed, web-based pregnancy and postpartum lifestyle intervention. *BMC Pregnancy Childbirth*. 2016 Sep 21;16(1):277. doi: 10.1186/s12884-016-1064-z. PMID: 27654119; PMCID: PMC5031324.
 53. Valle CG, Deal AM, **Tate DF**. Preventing weight gain in African American breast cancer survivors using smart scales and activity trackers: a randomized controlled pilot study. *J Cancer Surviv*. 2017 Feb;11(1):133-148. doi: 10.1007/s11764-016-0571-2. Epub 2016 Sep 8. PMID: 27631874; PMCID: PMC5269496.
 54. **Nezami BT**, Lytle LA, **Tate DF**. A randomized trial to reduce sugar-sweetened beverage and juice intake in preschool-aged children: description of the Smart Moms intervention trial. *BMC Public Health*. 2016 Aug 19;16(1):837. doi: 10.1186/s12889-016-3533-8. PMID: 27542357; PMCID: PMC4992273.
 55. **Leung MM**, Green MC, **Tate DF**, Cai J, Wyka K, Ammerman AS. Fight for Your Right to Fruit: Psychosocial Outcomes of a Manga Comic Promoting Fruit Consumption in Middle-School Youth. *Health Commun*. 2017 May;32(5):533-540. doi: 10.1080/10410236.2016.1211074. Epub 2016 Aug 19. PMID: 27540773.
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 139. Sciamanna CN, **Tate DF**, Lang W, Wing RR. Who reports receiving advice to lose weight? Results from a multistate survey. *Arch Intern Med.* 2000 Aug 14-28;160(15):2334-9. doi: 10.1001/archinte.160.15.2334. PMID: 10927731.
 140. Russ CR, Tate DF, Whiteley JA, Winett RA, Winett SG, Pflieger G. (1998). The Effects of an Innovative WWW-Based Health Behavior Program on the Nutritional Practices of Tenth Grade Girls: Preliminary Report on the Eat4Life Program I. *Journal of Gender, Culture, and Health.* 3(2), 121-128.

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141. Winett RA, Cleaveland BL, **Tate DF**, Lombard DN, Lombard TN, Russ CR, Galper D. The Effects of the Safe-sun Program on Patrons' and Lifeguards' Skin Cancer Risk-reduction Behaviors at Swimming Pools. *J Health Psychol.* 1997 Jan;2(1):85-95. doi: 10.1177/135910539700200109. PMID: 22012800.

Refereed Professional Presentations

[** indicates trainee at the time of presentation. Includes Published Abstracts Where Applicable]

1. Valle CG, Tate DF, Pinto BM, Hatley KE, Nezami BT, Diamond M, Polzien K. (2018). Development of an mHealth Intervention to Promote Physical Activity in Young Adult Cancer Survivors. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2018 Annual Conference, Hong Kong, China.
2. Power JM**, **Tate DF**, Valle CG. (2018). Experiences of daily self-weighing among African American breast cancer survivors in a weight gain prevention intervention. Poster presentation, 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
3. Valle CG, Mye S, Balian L, **Tate DF**. (2018). A Review to Identify the Use of Behavior Change Techniques in Technology-based Health Interventions for Physical Activity: Considerations for Building More Effective Interventions. Poster presentation, 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
4. Nezami BT**, Valle CG, Power JM, Gottfreson NC, **Tate DF**. (2018). An ecological momentary study of predictors of daily weighing and physical activity tracking among young adults. Poster presentation, 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
5. Valle CG, Martin CL** & **Tate DF**. (2017). Nonadherence to daily weighing and activity tracking is associated with weight fluctuations among breast cancer survivors. *Ann Behav Med*, 51 (Suppl 1):s442. Oral presentation, 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. San Diego, CA. Citation Award Winner.
6. Nezami BT*, Valle CG & **Tate DF**. (2017, March). Predictors and outcomes of lapses in daily weighing and physical activity tracking among young adults during weight gain prevention. *Ann Behav Med*, 51 (Suppl 1):s440. Oral presentation, 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. San Diego, CA.
7. Diamond MD, Valle CG, **Tate DF**. (2016) Enrolling with Others Enhances Participation Rates in a Community-based Behavioral Weight Loss Program. Oral Presentation at the Society of Behavioral Medicine Annual Meeting, Washington DC, March 30-April 2. Citation Award Winner.

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8. Nezami BT**, Ward DS, Lytle L, Faith M, **Tate DF**. (2016) Reducing sugar-sweetened beverage intake in preschool-aged children: Results from the Smart Moms mHealth intervention. Poster presentation at the 37th Annual Meeting of the Society of Behavioral Medicine, Washington DC, March 30-April 2. Citation Award Winner, Meritorious Student Abstract Award Winner, Technology SIG Student Award.
 9. Blackman LT**, Valle CG, **Tate DF**. (2016) Differences in Weight Control Eating Behaviors among Black and White Women Enrolled in a Behavioral Weight Loss Intervention. Poster at the Society for Behavioral Medicine 37th Annual Meeting & Scientific Sessions, Washington, D.C., March 30-April 2.
 10. Lerner H**, Valle CG, Nezami BT, **Tate DF**. (2016). Dietary variety and self-monitoring in a behavioral weight loss study. Poster presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC, March 30 – April 2.
 11. Valle CG & **Tate DF**. (2016, March). Outcomes of a pilot randomized trial of weight gain prevention interventions for African American breast cancer survivors. Poster presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC, March 30 – April 2.
 12. Valle CG & **Tate, D.F.** (2016, March). Using social networking sites and objective monitoring devices to promote behavior change in cancer survivors. Oral presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC, March 30 – April 2.
 13. Valle CG & **Tate DF**. (2015, November). Health-related information needs of young adult cancer survivors in a physical activity intervention study. Poster presentation, Annual Conference of Critical Mass: The Young Adult Cancer Alliance, Chicago, IL, November 4-6.
 14. Valle CG, Crane MM**, & **Tate DF**. (2015). A pilot randomized controlled trial of self-regulation interventions for weight gain prevention in African American breast cancer survivors. Poster presentation, The Obesity Society Annual Meeting, Los Angeles, CA, November 2-7.
 15. Nezami BT**, Lytle L, Ward DS, Faith M, Bowling JM, **Tate DF**. (2015). Reducing sugarsweetened beverage consumption in preschool children: A randomized trial of the Smart Moms mHealth program. Poster presentation at Obesity Week 2015, TOS Annual Meeting, Los Angeles, CA, November 2-7. 1st place Student Award from American Institute for Cancer Research; 2nd place in Early Career Poster Pitch Competition
 16. Crane MM**, Sherwood N, Lutes LD, Ward DS, **Tate DF**. (2016). Losing weight like a man: Weight loss strategies utilized in a men's weight loss intervention. Poster presentation at the Society of Behavioral Medicine Annual Meeting, Washington DC, March 30-April 2.
 17. Crane MM**, Ward DS, Lutes LD, Bowling JM, **Tate DF**. (2015). Reaching men with weight loss: Randomized Trial of the REFIT program for men. Paper presentation at The Obesity Society Annual Meeting, Los Angeles, CA, November 2-7.

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18. Crane MM**, Ward DS, Lutes LD, Bowling JM, **Tate DF**. (2015) Mediators of an Innovative MenOnly Weight Loss Program. Oral Presentation at the International Society of Behavioral Nutrition and Physical Activity, June 3-6, Edinburgh, Scotland. Student Researcher Oral Presentation Award Winner.
 19. Wing RR, **Tate DF**, Espeland M, Lewis CE, Gorin A, LaRose JG, Bahnson J, Perdue L, Erickson K, Ferguson E, Lang W. (2015). Innovative Self-Regulation Strategies Reduce Weight Gain in Young Adults. Poster Presentation at the American Heart Association EPI Lifestyle Scientific Sessions, Baltimore MD, March 3-6.
 20. Crane MM**, Ward DS, Lutes LD, Bowling JM, & **Tate DF**. (2015). Randomized trial of a menonly weight loss program: The Rethinking Eating and FITNESS Trial. Oral presentation at the Society of Behavioral Medicine Annual Meeting, San Antonio, TX, April 23-25. Citation Award recipient.
 21. Crane** MM, LaRose JG, Wing RR, Espeland ME, & **Tate DF**. (2015). Increasing Recruitment for Weight Gain Prevention: Testing Messages for Men and Types of Mailings. Oral presentation at the Society of Behavioral Medicine Annual Meeting, San Antonio, TX, April 23-25.
 22. Valle CG**, Bordogna RK**, Blackman L**, Alick C**, **Tate DF**. (2014) *If You Build It, Will They Come and Communicate? Young Adult Cancer Survivors' Engagement in a Facebook-Based Physical Activity Intervention*. Poster at the 7th Biennial Survivorship Research Conference, Atlanta, GA. June 18-20.
 23. Crane MM** & **Tate DF**. (2014). *Recruitment and Baseline Characteristics of the REFIT Weight Loss Program for Men*. Presented at the 35th Annual Meeting of the Society of Behavioral Medicine Annual, Philadelphia, PA, April 23-26.
 24. Nezami BT**, Davis K, Polzien K, Erickson K, Rickman AD, Lang W, Jakicic JM, **Tate DF**. (2014). *Weight loss and maintenance in participants with and without children in a behavioral weight loss intervention*. Poster presentation at the 35th Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA, April 23-26.
 25. Valle, C.G**, Crane, M.M.** , & **Tate, D.F.** (2014). Adoption of self-monitoring behaviors in a community-based weight loss intervention varies by race. Accepted for poster presentation at Society of Behavioral Medicine 35th Annual Meeting & Scientific Sessions, Philadelphia, PA, April 23-26.
 26. Valle CG** & **Tate DF**. (2013) *Online Social Networking by Young Adult Cancer Survivors: Communication and Engagement through Facebook in the Fostering Improvement through Networking and Exercising Together (FITNET) Study*. Paper Presentation, International Society for Behavioral Nutrition and Physical Activity Annual Scientific Meeting, Ghent, Belgium, May 22-25.

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27. **Tate DF**, Crane MM**, Valle CG**, Erickson KE, Polzien K. (2013) *Feasibility and weight loss using a combined Internet, SMS and face-to-face intervention in a diverse community: Lose Now NC*. Paper Presentation, International Society for Behavioral Nutrition and Physical Activity Annual Scientific Meeting, Ghent, Belgium, May 22-25.
 28. Crane MM**, Valle CG, Erickson KE, **Tate DF**. (2013) *Community Based Internet and Mobile Weight Loss Intervention: Adherence and Acceptability in Lose Now NC*. Paper Presentation, International Society for Research on Internet Interventions Scientific Meeting, Chicago, IL, May 16-18.
 29. **Tate DF**, LaRose JG, Wing RR. (2013) *Utilization Of Different Technologies To Promote Long Term Reporting And Engagement In A Weight Gain Prevention Intervention Targeting Young Adults: The Study of Novel Approaches to Prevention (SNAP)*. Paper Presentation, International Society for Research on Internet Interventions Scientific Meeting, Chicago, IL, May 16-18.
 30. Valle CG** & **Tate DF**. (2013) *Design and Adherence to a Facebook-based Physical Activity Intervention for Young Adult Cancer Survivors*. Paper Presentation, International Society for Research on Internet Interventions Scientific Meeting, Chicago, IL, May 16-18.
 31. Blackman LT**, Crane MM**, Valle CG**, **Tate DF**. (2013). *An exploration of exercise beliefs and physical activity among obese women enrolling in a behavioral weight loss program*. Poster presented at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
 32. **Tate DF**. (2013) *Why Weigh Every Day? Interventions Promoting Daily Weighing Across the Weight Management Spectrum*. Symposium, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
 33. **Tate DF**. (2013) *Quantified Self - How This Large Movement of Self Trackers Can Help Advance Behavioral Science*. Panel Discussion, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
 34. **Tate DF**. (2013) *Military and Veterans' Health Special Interest Group presents: Mobile Applications to Support Patient Self-Management for Military and Veterans: Promise, Challenges, and Evaluation*. Symposium, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
 35. **Tate DF**. (2013), *If You Build It, Will They Come? Exploring the Challenges of Tracking the Utilization of eHealth Interventions*. Panel Discussion, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
 36. Nezami BT**, **Tate DF**, Lang W, Polzien K, Erickson KE, Davis KK, Rickman AD, Jakicic JM. (2013) *Effect of Children in the Home on Exercise Barriers, Physical Activity and Weight Loss in A*

Behavioral Weight Loss Intervention. Paper Presentation, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23. ***Meritorious Student Award Winner**

37. Steinberg DM**, **Tate DF**, Bennett GG, Ennett S, Samuel-Hodge C, Ward DS. (2013) *Daily SelfWeighing Does Not Cause Adverse Psychological Outcomes among Overweight Adults: Results from a Randomized Controlled Trial*. Paper Presentation, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
38. Valle CG**, **Tate DF**, Mayer DK, Allicock M, Cai J. (2013) *Exploring Mediators of Physical Activity in Young Adult Cancer Survivors: Evidence from the Fostering Improvement through Networking and Exercising Together Study*. Paper Presentation, Society for Behavioral Medicine Annual Meeting, San Francisco, CA, March 20-23.
39. **Tate DF**, Gokee-LaRose J, Espeland M, Wing RR. (2012) *Study of Novel Approaches to Prevention (SNAP) of Weight Gain in Young Adults: Rationale, Design and Development of Interventions*. Symposium, International Society for Behavioral Nutrition and Physical Activity (ISBNPA) Annual Conference, Austin, TX, May 23-26.
40. Kulik N, **Tate D**, Ward D. (2012) *A RCT to Examine Peer Support Skills Training and Behavioral Weigh Loss Treatment for Overweight Adolescent Females*. Poster Presentation, International Society for Behavioral Nutrition and Physical Activity (ISBNPA) Annual Conference, Austin, TX, May 23-26.
41. Valle C**, Campbell M, Allicock M, Mayer D, **Tate D**, Cai J. (2012) *Facebook-based physical activity intervention for young adult cancer survivors: The Fostering Improvement Through Networking and Exercising Together (FITNET) Study*. Paper Presentation, International Society for Behavioral Nutrition and Physical Activity (ISBNPA) Annual Conference, Austin, TX, May 23-26.
42. Cavallo D**, **Tate D**, Ammerman D. (2012) *Using Facebook to increase social support for physical activity: The Internet Support for Healthy Associations Promoting Exercise (INSHAPE) Study*. Paper Presentation, International Society for Behavioral Nutrition and Physical Activity (ISBNPA) Annual Conference, Austin, TX, May 23-26.
43. Lutes LD, **Tate DF**, Kiernan M, Epstein LH. (2012) *Innovative Approaches to Long-Term Weight Management: Rethinking the Initial Treatment Phase*. Symposium, Society for Behavioral Medicine Annual Meeting, New Orleans, LA, April 11-14.
44. Tompkins KB**, **Tate DF**, Polzien K, Erickson KE, Davis K, Rickman AD, Jakicic JM. (2012) *Exploring the Relationship Between Behavior-Specific Self-Efficacy, Weight Control Behaviors, and Weight Loss*. Paper Presentation, Society for Behavioral Medicine Annual Meeting, New Orleans, LA, April 11-14.

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45. Glasgow RE, Kumanyika S, Robinson T, **Tate DF**. (2012) *Innovative Technology Interventions to Address the Obesity Epidemic. Presidential Keynote Panel*, Society for Behavioral Medicine Annual Meeting, New Orleans, LA, April 11-14.
 46. Turner-McGrievy G, Boyle A, Wong J, McMullin M, **Tate, DF**. (2012) *Weight Loss Social Support in 140 Characters or Less*. Paper Presentation, Society for Behavioral Medicine Annual Meeting, New Orleans, LA, April 11-14.
 47. Steinberg DM**, **Tate DF**, Bennett GG, Ennett S, Samuel-Hodge C, Ward DS. (2012) *The WEIGH Study: A Randomized Trial Focusing on Daily Self-Weighing for Weight Loss Among Overweight Adults*. Paper Presentation, Society for Behavioral Medicine Annual Meeting, New Orleans, LA, April 11-14.
 48. **Tate DF**, Gokee-LaRose J, Espeland M, Bahnson J, Ferguson E, Erickson K, Perdue L, Wing RR. (2012) *Recruitment of Young Adults for Weight Gain Prevention*. Poster, Society for Behavioral Medicine Annual Meeting, New Orleans, LA, April 11-14.
 49. Jakicic JM, Davis K, **Tate DF**, Erickson K, Finkelstein E, Lang W, Polzien K, Rickman AD. (2011) *Effect of a Stepped-Care Approach to 12-month Weight Loss in Overweight and Obese Adults*. Oral Plenary Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 50. Turner-McGrievy G**, **Tate DF**, Wong J, Popkin BM. (2011) *How Sweet It Is: Tasting Profile Affects Reduction of Caloric Beverages in a Randomized Weight Loss Intervention*. Paper Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 51. Davis K, **Tate DF**, Polzien K, Erickson K, Lang W, Rickman AD, Jakicic JM. (2011) *Racial Variation in Weight Loss: Do Physical Activity and Other Weight Loss Behaviors Differ Among Women in a Behavioral Weight Loss Intervention?* Paper Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 52. **Tate DF**, Turner-McGrievy G**, Stevens J, Erickson, K, Polzien K, Diamond M, Popkin BM. (2011) *Replacing Caloric Beverages With Water or Diet Beverages for Weight Loss in Adults: Results of a 6-month Randomized Controlled Trial*. Paper Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 53. Piernas C**, **Tate DF**, Popkin BM. (2011) *Does Diet Beverage Intake Affect Consumption Patterns? Results from the CHOICE RCT Study*. Paper Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 54. Turner Mc-Grievy G**, **Tate DF**, Boyle A. (2011) *Tweets, Apps and Pods: Results of a 6-Month, Mobile Media Weight Loss Intervention*. Poster Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.

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55. Tomkins KB**, **Tate DF**, Polzien K, Erickson K. (2011) *Effect of Children in the Home Environment on Weight Loss and Adherence in a Behavioral Weight Loss Intervention*. Poster Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 56. Tabak RG**, **Tate DF**, Stevens J, Siega-Riz AM, Ward DS. (2011) *Family Ties to Health Study: A Randomized Intervention to Improve Vegetable Intake in Children*. Poster Presentation, The Obesity Society Annual Meeting, Orlando, FL, October 1-5.
 57. Davis K, **Tate DF**, Otto AD, Polzein K, Erickson KE, Lang W, Jakicic JM. (2011) *Evaluation of a Stepped Care Approach to Delivery of a Behavioral Weight Loss Intervention*. Paper presented at the American College of Sports Medicine Conference, Denver, CO, May 31-June 4. Published in a supplement to *Medicine and Science in Sports and Exercise*.
 58. Steinberg DM** & **Tate DF**. (2011) *Are There Negative Consequences to Daily Self-weighing Among Overweight Adults?* Presented as a poster presentation at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC, April 27-30 Abstract published in *Annals of Behavioral Medicine Supplement*.
 59. Crane MM**, **Tate DF**, Finkelstein E, Lee I, Linnan L. (2011) *Money, motivation, and weight loss: An analysis of motivation and incentives in a worksite program*. Paper presented at the 32nd Annual Society of Behavioral Medicine Annual Meeting, Washington, DC, April 27-30. Abstract published in *Annals of Behavioral Medicine Supplement*.
 60. Linnan, L, **Tate D**, Finkelstein E, Naseer C, Li J, Chantala K. (2011) *Innovative Approaches to Worksite-Based Weight Loss: Results of the WAY to Health Research Study*. Paper presented at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. Washington, DC, April 27-30. **CITATION PAPER**
 61. Valle CG**, Campbell MK, Mayer DK, Cai JW, Allicock M, **Tate DF**. (2011) *Physical Activity in Young Adults: A signal detection analysis of health information national trends survey 2007 data*.
Poster presentation at the 32nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC, April 27-30. Abstract published in *Annals of Behavioral Medicine Supplement*.
 62. **Tate DF**, Otto A, Davis K, Polzein K, Jakicic J (2011) *Stepped-care approach to delivery of a behavioral weight loss program*. Paper presented at the 32nd Annual Society of Behavioral Medicine Annual Meeting, Washington, DC, April 27-30. Abstract published in *Annals of Behavioral Medicine Supplement*.
 63. **Tate DF**, Erickson K, Vaughn A, Grabow M, Ward D (2011) *A Pilot Study Comparing Two Parent Focused internet Interventions for Reducing Pediatric Overweight*. Paper presented at the

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- 32nd Annual Society of Behavioral Medicine Annual Meeting, Washington, DC, April 27-30. Abstract published in *Annals of Behavioral Medicine Supplement*.
64. Linnan L, **Tate D**, Naseer C, Finkelstein E, Li J. (2010) *Innovative Approaches to Worksite-Based Weight Loss*. American Public Health Association Annual Meeting. Denver, CO, November 9.
 65. Turner McGrievy G**, **Tate DF**, Popkin B. (2010) *Taking the Bitter with the Sweet: Exploring the interaction of being a sweet liker and supertaster on metabolic syndrome and dietary intake*. Poster presentation at The Obesity Society meeting, San Diego, CA, October 8-12. Published in the Obesity Research Annual Meeting Supplement.
 66. Lyons EJ**, **Tate DF**, Ward DS. (2010) *Game type and player weight affect energy expenditure and motivation during video game play in young adults*. Poster presentation at The Obesity Society meeting, San Diego, CA, October 8-12. Published in the Obesity Research Annual Meeting Supplement.
 67. Davis K, **Tate DF**, Otto AD, Polzien K, Erickson K, Lang W, Jakicic JM. (2010) *Test-Retest Reliability of the Paffenbarger Physical Activity Questionnaire in Overweight and Obese Adults*. Presentation at The Obesity Society meeting, San Diego, CA, October 8-12. Published in the Obesity Research Annual Meeting Supplement.
 68. Steinberg DM** & **Tate DF**. (2010) *Mechanisms Linking Daily Self-Weighing and Weight Loss in Adults*. Accepted for oral presentation at The Society for Behavioral Medicine Annual Meeting, Seattle, WA, April 7-10.
 69. Lyons EJ**, **Tate DF**, Ward DS. (2009). *A Pilot Study Examining Energy Expenditure and Enjoyment in Exercise vs. Music-Oriented Video Games Played by Young Adults*. Presented at the Obesity Society Annual National Meeting, Washington, DC, October 24-28.
 70. Steinberg DM ** & **Tate DF**. (2009) *Daily Self-weighing and Weight Loss in Adults*. Presented as a poster presentation at The Obesity Society Annual National Meeting, Washington, DC, October 24-28.
 71. Kulik N** & **Tate DF**. (2009) *Social Support from Family and Friends and Weight Loss in Adults Enrolled in an Internet Weight Loss Program*. Presented as poster presentation at The Obesity Society Annual Scientific Meeting, Washington, DC, October 24-28.
 72. Webber KH & **Tate DF**. (2009) *The Impact of Motivational Treatment on Early Motivation and Weight Loss*. Oral presentation The Society of Behavioral Medicine Annual Meeting, Montreal, Canada, April 22-25.

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73. **Tate DF.** (2009) *Examining Different Methods for Delivery of Support in Internet Interventions for Obesity*. Oral presentation. The Society of Behavioral Medicine Annual Meeting, Montreal, Canada, April 22-25.
 74. La Rose J, **Tate DF**, Gorin A, Wing RR. (2009) *Prevention of Weight Gain in Young Adults: A Preliminary Comparison of Large vs. Small Changes Approaches*. Oral presentation The Society of Behavioral Medicine Annual Meeting, Montreal, Canada, April 22-25.
 75. Lyons EJ**, **Tate DF**, Erickson KE, Ward DS. (2009) *The Effect of a Warm-up Video Game on Activity Levels During Nintendo Wii Game Play*. Poster presentation The Society of Behavioral Medicine Annual Meeting, Montreal, Canada, April 22-25.
 76. Turner-McGrievy G**, Campbell MK, **Tate DF**, Truesdale KP, Bowling JM. (2009) *Pounds Off Digitally (POD) Study: A Randomized Podcasting Weight Loss Intervention*. Oral presentation The Society of Behavioral Medicine Annual Meeting, Montreal, Canada, April 22-25.
 77. **Tate DF**, Erickson KE, Vaughn A, Grabow M, Ward DS. (2008) *A Pilot Study Comparing Internet Parent Skills Training vs. Internet Parental Weight Loss Programs for Reducing Child Overweight*, Paper Presentation, The Obesity Society Annual Scientific Meeting, Phoenix, AZ, October 3-7.
 78. Lyons EJ**, **Tate DF**, Erickson KE, Vaughn A, Ward DS. (2008). *Energy Expenditure during Wii Sports Minigames in Overweight Children: Comparing Data Parameter Selection*. Paper presented at the Obesity Society Annual National Meeting, Phoenix, AZ, October 3-7.
 79. Kulik N** & **Tate DF**. (2008) *The Influence of Social Support from Family and Friends on Weight Loss in Adolescent Girls*. Poster presentation at The Obesity Society Annual Scientific Meeting, Phoenix, AZ, October 3-7.
 80. Webber KH**, **Tate DF**, Ward D, Bowling JM. (2008) *Relationships Among Motivation, Adherence, and Weight Loss in a 16-week Internet Behavioral Weight Loss Intervention*, Presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA, March 26-29.
 81. Gabriele JM**, **Tate DF**, Carpenter BD, Fisher EB. (2008) *Effects of Nondirective and Directive Support on Weight Loss and Satisfaction in a 12-Week Weight Loss E-Coaching Program*, Presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA, March 26-29.
 82. **Tate DF**. (2008) *Technical Problems, Adherence, and Outcomes in a PDA plus Internet Intervention* Symposium paper presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA, March 26-29.
 83. **Tate DF**, Mohr DC, Ritterband L, Patrick K. (2008) *E-health Interventions in Behavioral Medicine: Barriers, Adherence & Outcome*. **Chair of Symposium** presented at the Society of Behavioral Medicine Annual Meeting, San Diego, CA, March 26-29.

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84. **Tate DF.** (2007) *The Internet and Information Technology in Extending Obesity Interventions.* Symposium presentation at the Obesity Society Annual Meeting, New Orleans, LA, October 20-24.
 85. **Tate DF,** Erickson K, Grabow M, Webber K**, Gabriele J**. (2007) *Results of a randomized trial comparing individual e-mail with group e-counseling in a PDA enhanced Internet Program.* Paper presented at the International Society for Research on Internet Interventions, Charlottesville, VA, October 11-12.
 86. Erickson KE, Grabow MA, **Tate DF.** (2007) *Technical Problems Experienced in a PDA and Internet based Behavioral Weight Loss Treatment,* Poster presented at the International Society for Research on Internet Interventions, Charlottesville, VA, October 11-12.
 87. Grabow MA, Erickson KE, **Tate DF.** (2007) *Participant Preference and Adherence with PDA SelfMonitoring During Internet Weight Loss Treatment* Poster presented at the International Society for Research on Internet Interventions, Charlottesville, VA, October 11-12.
 88. **Tate DF.** (2007) *Designing basic science for dissemination: A series of efficacy studies for internet obesity interventions.* Symposium presentation at the Society of Behavioral Medicine Annual Meeting, Washington, DC, March 21-24. Published in *Annals of Behavioral Medicine*, 33 Supplement, S010.
 89. Webber KH** & **Tate DF.** (2007) *Comparison of two internet weight loss programs enhanced by motivational interviewing.* Paper presented at the Society of Behavioral Medicine Annual Meeting, Washington, DC, March 21-24. Published in *Annals of Behavioral Medicine*, 33 Supplement, S121.
 90. Gorin AA, Pinto A, **Tate D,** Raynor H, Fava J, Wing R. (2007) *Is anyone satisfied with weight loss?* Paper presented at the Society of Behavioral Medicine Annual Meeting, Washington, DC, March 21-24. Published in *Annals of Behavioral Medicine*, 33 Supplement, S140.
 91. **Tate DF** Erickson KE, Jackvony EH, Marcus BH, Wing RR. (2006) *Efficacy of Individual versus Group Internet Behavioral Weight Loss Counseling: 6 Month Results of a Randomized Trial –* Paper presented at The Obesity Society (formerly NAASO) Annual Scientific Meeting Boston, MA, October 20-24.
 92. Pinto AM, **Tate DF,** Raynor H, Gorin A, Wing RR. (2006) *Method of initial weight loss is related to weight maintenance success among participants in a weight regain prevention program* Paper presented at The Obesity Society (formerly NAASO) Annual Scientific Meeting Boston, MA, October 20-24.
 93. Ward D, Bower J**, **Tate DF,** et al. (2006) *Impact of the Child Care Environment on Physical Activity of Preschool Children –* Poster presentation at The Obesity Society (formerly NAASO) Annual Meeting Boston, MA, October 20-24.

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94. **Tate DF.** (2006) *Adherence in Internet Interventions for Obesity* **Panel Presenter** at the 11th World Congress on Internet in Medicine (Mednet), Toronto, Canada, October 13-20.
 95. **Tate DF.** (2006) *High Tech Soft Touch: Web and Telephonic Approaches to Changing and Maintaining Lifestyles and Self Management* –Symposium Discussant at the Society of Behavioral Medicine Annual Meeting 2006, San Francisco, CA, March 22-25.
 96. **Tate DF.** (2006) *Personal Digital Assistant (PDA) As Behavioral Interventionist: Getting the Therapist into the Hip Pocket* –Symposium Discussant at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA, March 22-25.
 97. Marcus BH, Lewis B, Williams D, Napolitano M, Whiteley J, Albrecht A, Bock B, Hogan J, Jakicic J, Neighbors C, Sciamanna C, Parisi A, **Tate DF.** (2006) *Relative Efficacy of Tailored Internet and Tailored Print-Based Physical Activity Interventions: Six-Month Findings*. Poster presentation at Society of Behavioral Medicine Annual Meeting, San Francisco, CA, March 22-25.
 98. Linnan L, **Tate DF**, Finkelstein E, Britt A, Birken B. (2006) *Community Colleges for Promoting Health*. Paper presented at Society of Behavioral Medicine Annual Meeting, San Francisco, CA, March 22-25.
 99. Webber KH**, **Tate DF.** (2006) *Motivational Interviewing in Internet Groups: A Pilot Study for Weight Loss*. Poster presentation at Society of Behavioral Medicine Annual Meeting, San Francisco, CA, March 22-25.
 100. **Tate DF**, Jelalian E, Ferguson E, Wing RR. (2005) *Combining Face-to-Face and Internet Channels in the Treatment of Overweight Adolescent Girls*, Paper presented at the North American Association for the Study of Obesity Annual Scientific Meeting, Vancouver, British Columbia, October 15-19.
 101. Wing RR, **Tate DF**, Raynor HA, Robinson N, Roberts M, Gorin AA. (2005) *Can We STOP Regain After Successful Weight Loss? 18-month results of a randomized trial*. Paper presented at the North American Association for the Study of Obesity Annual Scientific Meeting, Vancouver, British Columbia, October 15-19.
 102. Marcus BH, Lewis B, Jakicic J, Albrecht A, Napolitano M, Sciamanna C, Bock B, **Tate DF**, Parisi A, Hogan J, Neighbors C, Whiteley J, Williams D. (2005) *Examining the Efficacy of a Tailored Internet Physical Activity Intervention: Baseline Data and Preliminary Findings*. Paper presented at the Society of Behavioral Medicine Annual Meeting & Scientific Sessions, Boston, MA, April 13-16.
 103. **Tate DF**, Jackvony EH, Marcus BH, Wing RR. (2004) *PDA-Assisted Self-Monitoring During Internet Weight Loss Treatment*. Poster presented at the North American Association for the Study of Obesity Annual meeting, Las Vegas, NV, November 14-18.

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104. Wing RR, **Tate DF**, Gorin A, Robinson N, Raynor H. (2004) *STOP Regain: A Randomized Trial of Weight Maintenance Interventions – 6 Month Results*. Paper presented at the North American Association for the Study of Obesity Annual meeting, Las Vegas, NV, November 14-18.
 105. **Tate DF**, Jackvony EH, Wing RR. (2003) *Internet counseling for weight loss: computers vs. human counselors*. Paper presented at the North American Association for the Study of Obesity Annual meeting, Fort Lauderdale, FL, October 11-15.
 106. **Tate DF**, Wing RR, Jackvony EH, Coward PR, Sylvia HD. (2003) *Effects of intensive E-mail counseling in an Internet Behavioral Weight Loss program for adults*. Citation Paper presented at the Society of Behavioral Medicine Annual Meeting, Salt Lake City, UT, March 19-22.
 107. **Tate DF**. (2002) *Innovative Uses of Computer/Internet for Modifying Diet and Physical Activity* Symposium paper given at International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Seattle, WA, July 12-13.
 108. **Tate DF**. (2001) *Internet Applications for Health Behavior Change Interventions – An Internet Behavioral Weight Loss Program*, Symposium paper presented in Interactive Health Communications in Health Behavior Change Symposium at the Society of Behavioral Medicine Annual Meeting, Seattle, WA, March.
 109. Napolitano M, Fotheringham M, **Tate D**, Sciamanna C, Bauman A, Leslie E, Owen N, Marcus B. (2001) *Lessons learned from recruitment for work-site based Internet studies*, Poster presented at the Society of Behavioral Medicine Annual Meeting, Seattle, WA, March.
 110. **Tate DF** & Wing RR. (2000) *Behavioral Weight Loss via the Internet: 12 Month Outcomes*, Paper Selected for Plenary Session: Crossing the Border at North American Association for the Study of Obesity, Long Beach, CA, October.
 111. **Tate DF**, Jakicic JM, Wing RR. (2000) *The relationship between baseline depression, exercise participation, and long term weight loss*. Paper presented at the American College of Sports Medicine Annual meeting, June 2000, Indianapolis, IN, May 31-June 3.
 112. **Tate DF**, Wing RR, Winett RA. (2000) *Treating obesity using the Internet: An initial efficacy study*. Citation Paper presented at the Society of Behavioral Medicine Conference, Nashville, TN, April 5-8.
 113. Napolitano MA, Marcus BH, **Tate DF**, Sciamanna C, Fotheringham M, Owen N. (2000) Who responds to web-based physical activity programs? Poster presented at the Society of Behavioral Medicine Conference, Nashville, TN, April.
 114. Sciamanna CN, **Tate DF**, Lang W, Wing RR. (2000) Practitioner advice to lose weight in a multi-state survey. Paper presented at the Society of Behavioral Medicine Conference, Nashville, TN, April.

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115. **Tate DF**, Wing RR, Winett RA. (1999) *Development and evaluation of an internet behavior therapy program for weight loss*. Paper presented at the North American Association for the Study of Obesity, Charleston, SC, November 14-18.
 116. **Tate DF**, Marcus B, King TK, Borrelli B, Bock BC, Roberts M. (1998) *Changes in depressive symptoms during exercise-enhanced smoking cessation treatment in women*. Poster presented at the Society of Behavioral Medicine, New Orleans, LA, March.
 117. **Tate DF**, Russ CR, Whiteley JA, Winett RA. (1997) *Development of self-efficacy and outcome expectancy measures for dietary change among rural adolescent females*. Poster presented at the Association for Advancement of Behavior Therapy Conference, Miami, FL, November.
 118. Russ CR, **Tate DF**, Whiteley JA, Winett RA. (1997) *Dietary, exercise, and smoking habits among rural adolescents: Implications for intervention*, Poster presented at the Association for Advancement of Behavior Therapy Conference, Miami, FL, November.
 119. Russ CR & **Tate DF**. (1996) *Personality factors and other psychopathology associated with binge eating among non-obese women*. Poster presented at the Association for the Advancement of Behavior Therapy, New York, November.
 120. Galper DI, **Tate DF**, Garcia ME, Dunn AL, Blair SN, Thompson RW. (1996) *Utility of the Tritrac[®] accelerometer in free-living conditions*. Paper presented at the American College of Sports Medicine, Indianapolis, IN, May.
 121. **Tate DF**, Winett RA, Harris C. (1996). *Promoting exercise adoption through computer networks*. Paper presented at The Fourth International Congress of Behavioral Medicine, Society of Behavioral Medicine, Washington, DC, March 13-16.
 122. Winett RA, Cleaveland BL, **Tate DF**, Russ CR, Galper DI, Lombard DN, Lombard TN. (1996). *Promoting skin cancer risk reduction at swimming pools: The SafeSun Project*. Poster presented at The Fourth International Congress of Behavioral Medicine, Society of Behavioral Medicine, Washington, DC, March 13-16.

INVITED PRESENTATIONS

1. Karmanos Cancer Center Annual Scientific Retreat, “Using Behavioral Interventions to Reduce Cancer Health Disparities and Improve Cancer Outcomes” Wayne State University, Keynote Speaker (October 2019)
2. Obesity Medicine Association, Invited Presentation (Dallas Texas – April 2019)
3. American Society of Nutrition, Invited Speaker (Baltimore Maryland – June 2019)
4. American Diabetes Association Scientific Sessions Symposium “Using mHealth for Obesity

Treatment and Weight Management. Invited symposium presentation “State-of-the-Art— Perspectives towards Sustained Behavior Change”. Orlando, Florida, June 25, 2018

5. American College of Sports Medicine Highlighted Symposium, “What’s App Doc? New Frontiers in Technologies for Physical Activity and Health”. Invited symposium presentation “Precision mHealth: A New Frontier in Tailored Obesity Interventions”. Minneapolis, Minnesota. May 30, 2018
6. National Institute of Diabetes and Digestive Diseases (NIDDK, NIH) Workshop: Enhancing Opportunities in Addressing Obesity and Type 2 Diabetes Disparities. Invited Workshop Presentation “Achieving and Sustaining Lifestyle Change and Self-Management in Community Settings with Remotely Delivered Approaches”. Bethesda, MD Oct 24 - 25, 2017
- 7.
8. National Heart Lung and Blood Institute (NHLBI, NIH) Workshop: Challenges and opportunities for the prevention and treatment of cardiovascular disease among young adults. Invited workshop presentation “Lessons learned in the EARLY Trials Consortium”. Bethesda, MD Sept 14-15, 2017
- 9.
10. Academy of Nutrition and Dietetics Weight Management Practice Group Annual Symposium. There’s an App for That: Using Technology to Enhance Your Practice. April 15, 2016.
11. UNC Chapel Hill Department of Medicine Grand Rounds. Obesity Management. February 4, 2016, Chapel Hill, NC.
12. American Heart Association EPI-Lifestyle Scientific Sessions. eHealth and mHealth Approaches for Obesity Prevention and Treatment, presented March 5, 2015, Baltimore, MD.
13. Dietary Guidelines Advisory Committee (DGAC)
Methods of Intervention at Individual and Small Group Levels: Effective Strategies and Delivery Approaches to Changing Diet and Activity for Weight Control, invited presentation to the DGAC Meeting 3, March 14, 2014, Bethesda, MD.
14. Trans NIH Conference: Genes, Behaviors and Response to Weight Loss Interventions Weight Loss and Maintenance: Can we predict who responds?, invited presentation at the NIH conference, May 8-9, 2014, Bethesda, MD.
15. Trans NIH Conference: Genes, Behaviors and Response to Weight Loss Interventions Methods for Pooling Across Weight Loss Intervention Trials, invited presentation at the NIH conference, May 8-9, 2014, Bethesda, MD.
16. UNC Women and Obesity Forum
Evidence Based Behavioral Obesity Prevention and Treatment Approaches, invited presentation, February 2014, Chapel Hill, NC.
17. Society for Clinical Trials
The EARLY Consortium: Exploring Differences in Interventions and Outcome Presented in

Symposium entitled: Putting your Eggs into Multiple Baskets – the Consortium Model of Simultaneous, But Separate Behavioral Intervention Trials on the Same Topic, presented May 18-19, 2014, Philadelphia, PA.

18. mHealth@Duke Conference eHealth/mHealth Engagement: Lessons Learned and Future Directions, presented April 2014, Durham, NC.
19. The Obesity Society Annual Scientific Meeting
Replacing Sugary Drinks with Water and other Non-Caloric Beverages Promotes Weight Loss and Improves Health Indicators Presented in Invited Symposium Increasing Water Consumption: A Dietary Weight Management Strategy for Children and Adults?, November 2013, Atlanta, GA.
20. The Obesity Society Annual Scientific Meeting
Tate DF. Study of Novel Approaches for Prevention (SNAP) tests two hybrid in-person, web and mobile Web-based weight gain prevention In Symposium Using Technology in Behavioral Intervention Trials Targeting Young Adults: The Early Adult Reduction of weight through Lifestyle intervention (Early) Trials, November 2013, Atlanta, GA.
21. Cancer Prevention Grand Rounds MD Anderson Cancer Center
Technology Based Approaches to Obesity Prevention and Treatment, October 2013, Houston, TX.
22. UNC Inaugural Symposium on Using New Technologies to Enhance Healthy Behaviors Using technology to change health behaviors: Lessons learned from obesity prevention and treatment, October 2013, Chapel Hill, NC.
23. NIH Workshop - Obesity intervention taxonomy and Pooled analysis workshop Pooling Diverse Interventions in the EARLY Trials August 2013, Bethesda, MD.
24. American Diabetes Assoc. Research Symposium: Biologic Responses to Weight Loss and Weight Regain Technology Based Intervention Approaches for Behavioral Weight Control, April 26-28, 2013, Washington, DC.
25. Presidential Keynote Panel: Society of Behavioral Medicine Annual Meeting
Innovative Technology Interventions to Address the Obesity Epidemic, April 2012, New Orleans, LA.
26. University of Illinois – Department of Kinesiology and Community Health
One Size Does Not Fit All: Alternative to Traditional Obesity Treatment, November 2011, Urbana, IL.
27. Keynote Address: International Society for Behavioral Nutrition and Physical Activity Annual Conference – Moving On and Moving More: Finding Ways to Use Technology to promote Energy Expenditure and Energy balance, May 2010, Minneapolis, MN.

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28. US Department of Veterans Affairs - National Center for Health Promotion and Disease Prevention Telehealth Call Centers and Web-Based MOVE! Planning Meeting Invited Speaker – Lessons Learned from Internet Treatment of Overweight and Obese Adults, April 2008, Durham, NC.
 29. University of Connecticut Center for Health, Interventions, and Prevention (CHIP) Invited Seminar, One Size Does Not Fit All: Alternatives to Clinic Based Behavioral Treatment of Obesity, March 2008, Storrs, CT.
 30. University of Heidelberg, Germany - Expert Conference on Technology Enhanced Treatment Delivery, Using Internet and New Technologies in Obesity Treatment, December 2007, Heidelberg, Germany.
 31. The Obesity Society Annual Meeting Keynote Lecture - Advances in Population Studies: Innovative Assessment & Intervention Tools - The Web and PDAs, TOS Annual Meeting October 2006, Boston, MA.
 32. UNC Interdisciplinary Obesity Center Scientific Dinner Speaker - Research Update: Web-based approaches for weight loss and maintenance, October 2006, Chapel Hill, NC.
 33. UNC School of Journalism Invited Colloquium Speaker. E-health approaches for obesity prevention and treatment, October 2006, Chapel Hill, NC.
 34. American College of Sports Medicine Health and Fitness Summit. Weight Loss Approaches for Overweight Children and Adolescents, April 2006, Orlando FL.
 35. American College of Sports Medicine Health and Fitness Summit. Town Hall Panelist: Behavioral Techniques for Assisting Tough Clients with Weight Loss, April 2006, Orlando, FL.
 36. University of Arizona Invited Colloquium Speaker. E-health intervention studies of obesity prevention and treatment, March 2006, Tucson, AZ.
 37. Centers for Disease Control, Department of Defense and Pennington Biomedical Research Center Symposium on Weight Loss Maintenance, invited paper, December 2005, Baton Rouge, LA.
 38. National Institutes of Health – Critical Issues in eHealth Research Conference Lessons Learned from e-Health Intervention Studies of Obesity (Invited paper), June 2005, Washington, DC.
 39. NC Area Health Educators (AHEC) Lifestyle Interventions for Obesity, May 2005, Rocky Mount, NC.
 40. American College of Sports Medicine Health and Fitness Summit Using New Methods to Change Eating and Exercise in Children and Adolescents (Invited faculty lecture), April 2005, Las Vegas, NV.

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41. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (DHHS & SAMSHA) Meeting “e-Therapy, Telehealth, Telepsychiatry and Beyond”, Internet Applications for Psychological Treatment, December 9-10, 2004, Washington, DC.
 42. New England Psychological Association Annual Meeting Web Based Applications for Treating Obesity –October 2004, Providence, RI.
 43. 13th Annual Contemporary Topics in Nutrition Symposium “Nutrition and Diabetes: Where are we and where are we going” The Internet – A New Behavioral Change Agent, March 2004, Rhode Island Hospital, Providence, RI.
 44. National Institute on Drug Abuse (NIDA) Meeting -- Using information technology for assessment and treatment of drug abuse and provider training – Lessons learned from treating obesity using the Internet, March 2004, Washington, DC.
 45. Harvard University -Practical Approaches to the Treatment of Obesity. Update on Internet Strategies for Treating Obesity, June 2003 Cambridge, MA.
 46. Rhode Island Psychological Association, Obesity: Clinical and Research Update, 2003, Providence, RI.
 47. University of Pittsburgh, The Obesity Epidemic Across the Lifespan: Treatment Tools for Clinicians, Practitioners, and Educators – Can the Internet be an Effective Tool for Obesity Programming for Children and Adults?, March 2003, Pittsburgh, PA.
 48. CDC/Kaiser Permanente Working Group on the Prevention and Treatment of Obesity –Internet Behavioral Treatment of Obesity, June, 2002, Denver, CO.
 49. American College of Sports Medicine Health and Fitness Summit – Using the Internet to Change Health Behaviors: How to develop effective web-based interventions, April 2002, Orlando, FL.
 50. Brown-Yale-Harvard Research Career Development Series Transdisciplinary Research Forum – Web-based Weight Loss - Twelve Month Follow-up, 2001, Connecticut.
 51. American College of Sports Medicine Health and Fitness Summit –Technology-based Interventions: Are they effective for diet, exercise and weight loss? April 2001 Las Vegas, NV.
 52. American College of Sports Medicine Health and Fitness Summit Psychosocial aspects of changing health related behaviors, April 2001 Las Vegas, NV.

TEACHING

Graduate Courses Taught

Semester/Year (no. of students)	Course
Fall 2020 (n=14) Spring 2018 (n=15) Spring 2016 (n=20)	HBEH 892-001 Special Topics: mHealth for Behavior Change
Spring 2016 (n=4) Spring 2014 (n=6) Fall 2013 (n=6) Spring 2013 (n=16) Fall 2012 (n=16)	NUTR 802/803: Advanced Nutrition Intervention Research Methods I & II Co-Instructor: Dianne Ward, EdD
Fall 2018 (n=16) Fall 2017 (n=12) Fall 2016 (n=15) Fall 2015 (n=14) Fall 2014 (n=8) Fall 2013 (n=17) Fall 2012 (n=18) Fall 2011 (n=15) Fall 2010 (n=13) Fall 2009 (n=5) Fall 2007 (n=15) Fall 2006 (n=10) Fall 2005 (n=11)	HBEH 811/NUTR 811: Development and Evaluation of Health Promotion and Disease Prevention Interventions Co-Instructor: Marta Mulawa, Ph.D. 2018 Co-Instructor: Susan Haws, Ph.D. 2017 Co-Instructor: Leslie Lytle, Ph.D. 2013-2016 Co-Instructors: Susan Ennett, PhD and Geni Eng, PhD (2009-2012) No Co-Instructor: 2005-2007
Spring 2011 (n=13) Spring 2010 (n=4)	HBHE 852: Evaluation of HPDP Interventions Co-Instructors: Susan Ennett, Ph.D., Geni Eng, DrPH
Spring 2007 (n=20)	NUTR 814/EPID 814: Obesity Epidemiology Co-Instructors: June Stevens, Ph.D., Kimberly Truesdale, Ph.D.

STUDENT ADVISING

Bachelor of Science in Public Health (BSPH – NUTR) Research Advisor

Priyam Patel (Fall 2020-Spring 2022)

Lindsey Molina (Fall 2018-Spring 2020)

Honors Thesis: Participant Experience with Continuous Glucose Monitoring: Acceptability and Implications for Physical Activity Behavior Modification

Sahil Prakesh Honors (Fall 2017- Spring 2019)

Honors Thesis: Who succeeds with weight loss by changing beverage intake? An examination of predictors of weight loss within a randomized trial to reduce caloric beverage intake

Mary Shen – Honors (Fall 2010 – Spring 2013)

Honors Thesis: Exploring the Relationship Between Perceived Stress and Weight Loss in a Community-Based Behavioral Intervention (Received a Summer Undergraduate Research Fellowship (SURF) Award for this project)

Jordan Wong (Fall 2009-Spring 2011)

Masters Practicum Advisor (HB)

Andrew Bradford (2018)

Alexandra Munson (2017)

Janna Howard (2015)

Hannah Lerner (2015)

Lara Balian (2013) Rachel Kuliani (2 Rachel Zucker (2013) Julie K. Bower (2

Aubrey Delaney (2012)

Lesley Copeland (2011)

Hannah-Prentice Dunn (2011)

Daniel Cothran ()
Elizabeth Stoiff ()
Kathleen McGuire ()

Masters Advisor (HB)

Liza Engstrom (2013-2015)

Anna Spier (2013-2015)

Reikan Lin (2014-2016)

Janna Howard, (2014-2016)

Claire McClendon (2015-2017)

Hannah Lerner (2014-2016)

Alexandra Munson (2016-2018)

Deanna Williams (2019-2021)

Masters Advisor (NUTR)

Lindsey Stevenson (2014-2016)

Benjamin White (2013-2015)

Rebecca Rudel (2013-2015)

Masters Capstone Team Advising

2020-2021

Community Partner: RTI

Preceptors: Megan Lewis, Ph.D., Laura Wagner

Student Team: Destiny James, Chloe Mitchell, Oshauna Morgan, Townshend Peters, Madison Walker

Project Title: Center for Communication Science for Precision Medicine

2015-2016

Community Partner: UNC Family Medicine

Preceptors: Laurel Sisler and Carol Ripley-Moffitt

Student team: Humberto Gonzalez Rodriguez, Rinchen Mohiuddin Lama, Elizabeth Metzler, Eleanor Avery Wertman, Sarah Edwards,

Project title: Weight Management Program Implementation Support & Process Evaluation Role: Faculty advisor

2013-2014

Community partner: Community Transformation Grant

Preceptors: Annie Martinie & Candy West

Student team: Rebecca Chávez, Charla Hodges, Casey Horvitz, & Tiffany Williams

Project title: Caswell County Fresh Fruit and Vegetable Access Project Role:

Faculty advisor

2009-2010

Community partner: North Carolina Comprehensive Cancer Program

Preceptors: Walter Shepherd & Kenisha Bethea

Student team: Laura Calderon, Mohamed Jalloh, Raphael Louie, & Peyton Purcell

Project title: Reducing Cancer Risks in North Carolina (RCR-NC): Development of a Web-based Tool to Reduce Cancer Risks Through Tailored Health Messaging Around Behavior Change Role: Faculty Advisor

Masters Papers

Student Name	Year Graduated	Dept.	Master's Paper Title	Reader
Leah Wakefield	2016	NUTR	Mindful Eating for Weight Management: A review and reflection on the literature	Advisor
Hannah Lerner	2016	HB	Dietary Variety and Self-Monitoring in a Behavioral Weight Loss Study	Advisor

Elizabeth Saunders	2013	NUTR	Nutrition Science in the Twittersphere: Case Studies Provide Guidelines for More Effective Communication Via Twitter	Advisor
Elizabeth Stoiff	2009	HBHE	Preventing Eating Disorders in College Women: A Review and Recommendations	Primary
Kathleen McGuire	2009	HBHE	Diet related health disparities: exploring attitudes, barriers, and facilitators to eating fruits and vegetables and shopping at farmers' markets among low income North Carolinians	Primary
Rachel Kuliani	2008	HBHE	Impacting the Health of Veterans: Lipid-Management Interventions and the Effect on Patient Outcome Goals	Primary
Julie K. Bower	2006	HBHE	The Role of the Preschool Environment in Shaping Children's Physical Activity	Primary

Doctoral Trainees

Student Name	Status (or Graduation Year)	Dept.	Dissertation Title	Role
*Caitlin Woglom	Pre-Proposal	NUTR	TBD	Chair
*Alexander Hurling	Pre-Proposal	HB	TBD	Chair
*Julianne Power	Defended Proposal	HB	TBD	Chair
Courtney Lueking	2019	NUTR	Implementation of a Child Care + Home Intervention to Improve Children's Nutrition and Physical Activity: Assessment of Fidelity, Parent Engagement, and Enhanced Implementation	Member
Cody Neshteruk	2019	NUTR	Examining the role of physical activity in the father-child dyad	Member
Liz Chen	2019	HB	Scale Development To Measure The Acceptability Of mHealth Interventions Among Teens	Member

Loneke Blackman	2017	NUTR	Closing the gap: Understanding and Reducing Racial Disparities In Response to Weight Loss Interventions for African American Women	Chair
Candice Alick	2017	NUTR	Effect of TEAM (Together Eating and Activity Matters) Intervention on Weight Loss among African American Men	Chair
Stephanie Mazzuca	2017	NUTR	Creating Active Classrooms in Early Care and Education Centers	Member
Brooke Nezami	2016	HB	Healthy Weight Behaviors and Weight Change in Parents and Preschoolers	Chair
Melissa Crane	2015	HB	Improving Men's Health through Weight Control: Randomized Trials Testing Recruitment Messaging and a Novel Weight Loss Intervention	Chair
Leanne Kaye	2014	NUTR	Effect of a Tailored Pilot Intervention on Minutes of Activity among Breast Cancer Survivors	Member
Jiang Li	2013	HB	Understanding Pathways to Weight Loss among Employees and Organizations Enrolled in the Way to Health Worksite Based Weight Loss Study	Member
David Cavallo	2012	NUTR	Using Online Social Networks to Increase Physical Activity	Member
Carmina Valle	2012	NUTR	Examining the use of online social networking to improve physical activity behaviors among young adult cancer survivors	Member/Chair Assumed chair upon mentor death
Dori Steinberg	2012	NUTR	Effect of Daily Self-Weighing on Weight Loss in Adults	Chair

Noel Kulik	2011	HBHE	Enhancing Social Support in Adolescent Chair Weight Loss Treatment	
Lisa Lowenstein	2011	NUTR	Assessing Barriers to Counseling Families about Obesity by Primary Care Providers	Member
Elizabeth Lyons	2010	HBHE	PRESENCE: PREdicting SENsory and Control Effects of home console video games	Chair
May May Leung	2010	NUTR	Impact of a Manga comic with health messages on nutrition beliefs in middleschool youth	Member
Rachel Tabak	2010	NUTR	The home environment and child diet	Member
Brie Turner-McGrievy	2009	NUTR	Pounds Off Digitally (Pod): An Examination Of The Use Of Podcasting To Promote Weight Loss	Member
Jeanne Gabrielle	2008	HBHE*	Effects of Nondirective and Directive Support on Weight Loss in an E- Counseling Intervention	Research Advisor
Kelly H. Webber	2007	NUTR	Evaluating the Efficacy of Internet Based Motivational Interviewing Group Treatment for Weight Loss	Chair
Sara Benjamin	2006	NUTR	Promoting Healthy Weight in Child Care: Pilot Testing, Training Methodology, and Instrument Evaluation	Member

*University of Washington, St. Louis Clinical Psychology doctoral student, in residence at UNC

Post-doctoral/Faculty Mentees

Name	Years of Training	Previous Degree	Previous Institution	Project Title	Current Position
Kimberly Shoenbill	2020present	MD, PhD		K submitted	Assistant Professor, Family Medicine & Informatics

Melissa Cox	2020present	PhD	UNC	K-01 funded	Assistant Professor, Health Behavior (UNC/ECU)
Sandra Soto	2020present	PhD MPH	UCSD	K-01 funded	Assistant Professor, Nursing (UNC)
Rachel Goode	2018present	PhD	University of Pittsburgh	NORC pilot/K submission	Assistant Professor, Sociology (UNC)
Heather Wasser (primary mentor)	2018-present	PhD	University of North Carolina at Chapel Hill	K-Award (funded)	Assistant Professor, Nutrition (UNC)
*Brooke Nezami	2016present	PhD	University of North Carolina at Chapel Hill	R01 submission/K submission	Assistant Professor, Nutrition (UNC)
Chantel Martin	2015 – 2016	PhD	University of North Carolina at Chapel Hill		Post-doc
Rachel Barnes (faculty mentor, 2016 NIH K23 DK092279)	2011-	PhD	University of Central Florida	Examining Innovative Obesity Treatment and Related Novel Constructs	Associate Research Scientist, Department of Psychiatry, Yale University
Carmina Valle (Postdoctoral fellowship mentor)	2012-2014	PhD	UNC-Chapel Hill	The Use of Smart Scales for Weight Gain Prevention in African American Breast Cancer Survivors	Assistant Professor University of North Carolina at Chapel Hill
Jessica GokeeLaRose (faculty mentor, NIH K23 DK083440)	2009-2014	PhD	University of Central Florida	Recruiting and Retaining Young Adults in Behavioral Weight Loss Programs	Associate Professor Virginia Commonwealth University/Medical College of Virginia

Elizabeth Lyons (post doctoral fellowship mentor)	2010-2011	PHD	UNC-Chapel Hill	PREdicting SENSory and Control Effects of home console video games	Associate Professor, Institute for Translational Sciences, University of Texas Medical Branch, Galveston, TX
Brie TurnerMcGrievy (postdoctoral fellowship mentor)	2009-2011	PhD	UNC-Chapel Hill	Pounds Off Digitally (Pod): An Examination Of The Use Of Podcasting To Promote Weight Loss	Associate Professor, University of South Carolina, Columbia, SC

CURRENT GRANTS

(Grant number (Principal Investigator), Funding agency, Project dates, Title, Role on project)

R01DK125779 (Tate) NIH/NIDDK 7/1/2020 - 6/30/2025
Optimization of a mHealth Behavioral Weight Loss Intervention for Young Adults.
 Role: Principal Investigator

R01CA204965 (Valle) NIH/NCI 01/01/2017 - 12/31/2022
Promoting Physical Activity in Young Adult Cancer Survivors Using mHealth and Adaptive Tailored Feedback Strategies. Role: Co-Investigator

P30CA16086 (Earp) NIH/NCI 12/01/2010 - 11/30/2025
Cancer Center Core Support Grant- CHAI Core. Role: Director, Behavioral Core

P30DK056350 11 (Zeisel) NIH/NIDDK 09/30/1999 - 03/31/2026
UNC Nutrition Obesity Research Center. Role: Director, Behavioral Core

R21NR017908 (Evon) NIH/NINR 06/01/2019 - 05/31/2021
Pilot feasibility testing of a small randomized controlled trial to evaluate a telemedicine stress management and lifestyle group intervention for patients with symptomatic chronic hepatitis C.
 Role: Co-Investigator

R01MD012832 (Kneipp) NIH/NIMD 06/1/2019 - 05/31/2024

NC Works4Health: Reducing Chronic Disease Risks in Socioeconomically Disadvantaged, Unemployed Populations. Role: Co-Investigator

T32CA128582 (Tate, Eng) NIH/NCI 09/01/2009 - 08/31/2024
Cancer Health Disparities Training Program. Role: Co-Principal Investigator

R01DK118957 (Leahey) NIH/UConn 09/01/2019 - 08/31/2024
Using Behavioral Economics Strategies to Address Obesity in Economically Disadvantaged Adults.
 Role: Subcontract PI

R01MD015033 (Zoellner) NIH/UVA 4/01/2020 - 03/31/2025
An RCT to evaluate the efficacy, reach, and engagement of a technology-based behavioral and health literacy intervention to reduce sugary beverages among rural Appalachian adults. Role: Subcontract PI

No Number (Tate) NIH/WeStat 10/1/2018 - 06/30/2021
Behavior Change Techniques Taxonomy and Adherence Project for the *Trans-NIH Consortium: Randomized Controlled Trials of Lifestyle Weight Loss Interventions for Genome-Wide Association Studies.*
 Role: Principal Investigator

R21 TBD (Gottfredson) NIH 05/01/2021 - 04/30/2023
Building a reinforcement learning tool for individually tailoring just-in-time adaptive interventions: Extending the reach of mHealth technology for improved weight loss outcomes.
 Role: Co-Investigator

No Number (Tate) Office of the Vice Chancellor UNC-CH 06/01/2018 - 05/31/2021
Obesity Hub-Precision Weight Loss Intervention Trial. Role: Principal Investigator

PENDING GRANTS

R01HL161836 (Tate) NIH/NHLBI 09/01/2021 - 8/31/2026
Preventing weight gain in U.S. Air Force personnel using a novel mobile health intervention. Role: Principal Investigator

R01 Not assigned (Valle) NIH 09/01/2021 - 8/31/2025
A micro-randomized trial of JITAI messaging to improve adherence to multiple weight loss behaviors in young adults. Role: Co-Investigator

Not Assigned (Mayer-Davis) NIH 12/1/2021 - 11/30/2026
Nutrition for Precision Health: The University of North Carolina at Chapel Hill Clinical Center.
 Role: Co-Investigator

Not Assigned (Cai) NIH 12/1/2021 - 11/30/2026
Research Coordinating Center for the Nutrition for Precision Health Consortium. Role: Co-

Investigator

R01 Not Assigned (Nezami) NIH 09/01/2021 - 08/31/2026
A Sequential Multiple Assignment Randomized Trial Testing Adaptive Approaches to Optimize Dietary Monitoring and Weight Management. Role: Co-Investigator

R01 Not Assigned (LaRose) NIH 12/01/2020 - 11/31/2024
Lifestyle Intervention to Reduce Adiposity in Young Black Women: A Novel Approach to Improving Engagement and Long-Term Outcomes. Role: Subcontract PI

Not Assigned (Fisher) NIH 07/1/2021 - 06/30/2026
Helping Overcome Psychological and Emotional Distress related to Diabetes: The (HOPE-D Trial). Role: Co-Investigator

Not Assigned (Machineni) Vanderbilt University Medical Center 7/1/2020 - 6/30/2021
Online weight management in underserved populations. Role: Co-Investigator
*** Just In Time Documents and Administrative Review Complete, Awaiting NOGA*

R34 Not Assigned (Gottfredson) NIH 12/01/2020 - 11/30/2023
Developing a Brief Intervention for Parental Alcohol Socialization to be Delivered by Pediatric Providers: A Feasibility Study. Role: Co-Investigator

R01 Not Assigned (Willis) NIH 04/01/2021 - 03/31/2026
My weight-their weight: eHealth intervention for managing obesity in child care settings. Role: Co-Investigator

COMPLETED GRANTS

P30DK056350-19S3 (Zeisel; Tate-Supplement) NIDDK 09/01/2019 - 08/31/2020
Inventory of ADOPT Core Measures in Completed Obesity Trials. Role: Supplement PI

No Number (Tate, Deborah) Weight Watchers International Inc. 05/16/2018 - 12/31/2020
Randomized Controlled Trial of an International Commercial Program on Weight Loss and Health Outcomes. Role: Principal Investigator

R01 HL127341 (Tate, Wing, Espeland) NIH/NHLBI 09/01/2015 - 06/31/2020
Study of Novel Approaches to Weight Gain Prevention-Extension (SNAP-E). Role: Multiple PI

No Number (Tate) University of Michigan Board of Regents 12/01/2017 - 01/31/2020
Adaptation of a digital weight loss intervention promoting self-regulation for use in type 2 diabetes. Role: Principal Investigator

R01HL122144 (Tate, Deborah, Belle, Steve) NIH/NHLBI 12/01/2014 - 11/30/2019
Identifying Strategies for Effective Weight Management in Diverse Interventions. The Early Role:
 Multiple PI

R01DK103668 (LaRose) NIH/NIDDK 02/01/2015 - 08/31/2019
Low Intensity Weight Loss for Young Adults: Autonomous vs. Extrinsic Motivation Role:
 UNC Subcontract Principal Investigator

No number (Tate). Weight Watchers International Inc. 1/17/17-10/31/18
Evaluation of a Commercial Program on Weight Loss and Health Outcomes
 Role: Principal Investigator

5P50CA180907 (Ribisl) NIH/NCI 09/01/2013 - 08/31/2018
Effective Communication on Tobacco Product Risk and FDA Authority.
 Role: Core Director; Communication Core

No Number (Tate, Valle) Gillings Innovation Lab (UNC-CH) 04/01/2016 – 03/31/2018
**Precision Public Health: Enhancing Connections to Develop Just-in-Time Adaptive Intervention
 Strategies.** Role: Multiple PI

R01DK 095078 (Tate, Sciamanna) NIH/Penn State University 06/1/2012 - 11/30/2017
Impact of Weight Control Interventions in Primary Care Settings. Role: Multiple PI

U01HL090864 (Wing, Espeland) NIH/(Miriam Hospital) 09/01/09 - 06/30/16
Prevention of Weight Gain in Young Adults. Role: Subcontract/UNC Principal Investigator

R01DK087889 (Phelan) NIH/NIDDK 07/01/2011 - 06/30/2016
Prevention of postpartum weight retention in low income WIC women. Role: UNC Subcontract
 Principal Investigator

R21DK095189 (Nicholson) NIH/NIDDK 04/01/2013 - 03/31/2015
A Transgenerational e-Intervention for Gestational Diabetics and their Offspring. Role: Co-
 Investigator

No Number (Tate) UNC Lineberger Comprehensive Cancer Center 07/01/2011 - 06/31/2013
**Lose-Now-NC: Feasibility of a large group format community weight loss program coupled with
 Internet support.** Role: Principal Investigator

R01HL084400 (Jakicic) NIH/University of Pittsburgh 09/01/2007 - 06/30/2013
The Effect of a Stepped Care Approach to Long-term Weight Loss. Role: Subcontract/UNC Site
 Principal Investigator

No number (Tate) Nestle Water, USA 03/11/2008 - 02/28/2012
Randomized Controlled Trial of a Beverage Reduction Intervention for Promoting Modest

Weight Loss in Free Living Adults. Role: Principal Investigator

R01HL080656 (Linnan) NIH/NHLBI 09/01/06 - 08/31/11

Controlling Obesity Among College Employees. Role: Co-Investigator

No number (Fisher) American Academy of Fam. Physicians Found. 10/01/2007 - 03/31/2010

Peers for Progress: An International Collaboration for Peer Support in Diabetes Management.

Role: Co-Investigator

64438 (Tate) Robert Wood Johnson Foundation 05/01/2008 - 12/31/2009

Presence: Predicting Sensory and Control Effects of Console Video Games in Young Adults. Role: Principal Investigator

No Number (Tate) UNC Get Kids In Action – Dept. of Nutrition 10/01/2006 - 09/30/2008

HealthFamilies: Comparing Internet Interventions for Parenting Skills vs. Parent Weight Loss.

Role: Principal Investigator

R01DP000102 (Linnan) Centers for Disease Control (CDC) 10/01/2004 - 09/31/2008

Interventions to Control Obesity in Community Colleges. Role: Co-Investigator

P20RR020649 (Popkin) NIH 09/28/2004 - 07/31/2008

An Interdisciplinary Strategy for Obesity. Role: Co-Investigator

R01DK60058 (Tate) NIH/NIDDK 05/01/2002 - 04/30/2007

Enhanced Internet Behavior Therapy for Obesity Treatment. Role: Principal Investigator

R01HL69866 (Marcus) NIH/NHLBI 12/1/2002 - 05/31/2006

Internet Technologies to increase exercise behavior. Role: Co-Investigator

R01DK57413 (Wing) NIH/NIDDK 07/01/20 - 06/30/2006

Interactive Computer Intervention for Prevention of Weight Regain. Role: Co-Investigator

No number (Tate) US District Court, Eastern Division of Michigan 04/01/2002 - 03/31/2005

Evaluation of an Internet Intervention for Overweight Adolescents. Role: Principal Investigator

No Number (Tate) American Diabetes Association 01/01/2001 - 12/31/2003

Development and Evaluation of an Enhanced Internet Behavioral Weight Loss Program. Role:

Principal Investigator

No number (Wing, Tate) Slimfast Foods Co 06/01/2000 - 05/31/2003

Development and Evaluation of a SlimFast Internet Behavioral Weight Loss Program. Role: Co-Principal Investigator

No number (Tate) Weight Risk Investigators Study Council 08/01/1999 - 08/01/2000
Development and Evaluation of an Internet-Based Behavioral Weight Loss Program. Role:
 Principal Investigator

GRANT CONSULTANT AND SCIENTIFIC ADVISORY BOARDS

<u>PI</u>	<u>Institute</u>	<u>Grant #</u>	<u>Title</u>
Ritterband, Lee	NICHD	R01HD028160	An Internet Intervention for Childhood Constipation and Encopresis
Cox, Daniel	NIDDK	R01DK028288	Identify Driving Risk Factors in T1DM and their Reduction via Behavioral Intervention (Internet)
Strayer, Scott	NIDDK	R41DK083178	WeightAdvisorMD: A computer-based obesity assessment and intervention tool
Green, Beverly	NHLBI	RC1HL100590	Collaborative Behavioral e-Care to Decrease Cardiovascular Risk (e-Compare)
2014 – Present	Scientific Advisory Board – WW (formerly Weight Watchers International)		
2018-Present	External Advisory Board Member , MD Anderson Assessment, Intervention Measurement Shared Resource.		
2016	Advisory Board Member		
Conference	U.S. Department of Veterans Affairs Weight Management State-of-the-Art (SOTA)		
2015	External Advisory Committee Panel Member		
	Teen-Longitudinal Assessment of Bariatric Surgery (LABS), NIH		

SERVICE

Editorial Service

2016-2020	Associate Editor Obesity
2007-2009	Section Co-Editor, Annals of Behavioral Medicine Special Section Co-Editor, The Science of Internet Interventions

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- 1995 - present **Editorial – Ad-Hoc Journal Reviewer**
 Journal of the American Medical Association (JAMA)
 Journal of Consulting and Clinical Psychology, (JCCP)
 Obesity
 Diabetes Care
 Psychological Medicine
 Behavior Therapy
 Annals of Behavioral Medicine (ABM)
 International Journal for Behavioral Nutrition & Physical Activity
 Health Psychology
 Obesity Reviews
 American Journal of Preventive Medicine (AJPM)
 Journal of Medical Internet Research (JMIR)
- Service to Professional Organizations**
- 2012-2013 **Society for Behavioral Medicine Technology Working Group Member –**
 Advisory to SBM President Alan Christensen, Ph.D. on increasing technology
 presence and partnerships for SBM Annual Meeting 2013
- 2007, 2012, 2013 **Program Committee**
 International Society for Research on Internet Interventions (ISRII) Annual
 Meeting
- 2004, 2008, 2009 **Chair of the SBM Health Communications and Technology Track**
 Program Committee - Society of Behavioral Medicine Annual Meetings
- 2009- 2014 **Consultant & Advisor-** MOVE (Weight Management Program for Veterans)
 Veterans Administration National Center for Health Promotion
- 2003 –present **External Grant Reviewer**
National Organizations
 University of Nebraska
 American Institute of Biological Sciences
 Department of Defense
- International Organizations
 UK - National Prevention Research Initiative
 Canadian Institute of Health Research
 British Heart Foundation
 The Netherlands Organisation of Health, Research and Development (ZonMw)
 Health Research Board of Ireland

NIH Service

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- 2015- 2016,
2018 **National Institutes of Health Award Reviewer**
NIH Director’s Early Independence Award (DP5)
- 2012- 2016 **NIH Psychosocial Risk Disease Prevention (PRDP) Standing Member**
Term of Service: Oct 2012-June 2016
- 2009- 2015 **Intervention Committee Chair**
Steering Committee Member
NHLBI - EARLY Trials (Early Adulthood Reduction of weight with LifesYle
intervention- U01 Grant Consortium)
- 2013- 2014 **Co-Chair Trans NIH Workshop & Planning Committee Member (NCI,**
NIDDK, NHLBI, OBSSR) Genes, Behaviors and Response to Weight Loss
Interventions
- 2002 - present **NIH Study Section Review Panels – AdHoc and Special Emphasis Panels**
2002-2004 R18 Translational grants from the Diabetes Prevention Program
2004 ZDK1-GRB8-M1-RO3-Small Grants in Digestive Disease & Nutrition
2004 RFA-HL-04-006: Overweight & Obesity Control at Worksites
2005 ZRG1 HOP S (50) Site Specific Approaches to Prev./Management of Pediatric
Obesity.
2006 ZDK1-GRB8-M1-RO3-Small Grants in Digestive Disease & Nutrition
2010 NIH –review group member for F31 and F32 grants, March 2010
2010 PRDP AdHoc – May 24-25, 2010, September 2010, June 2011, January 2012
2010 CLTR AdHoc– June 2010
2015 ZRG1 F16 – March 2015 - Special Emphasis Panel/Scientific Review Group
2021 ZRG1 HDM M 54 – June 2021 “Digital Healthcare Interventions to Address the
Secondary Health Effects Related to Social, Behavioral and Economic Impact of COVID-
19 Special Emphasis Panel Meeting”
- 2000-2014 **NIH Data Safety Officer - R01DK056746 – National Institute of Diabetes and**
Digestive And Kidney Diseases Internet Assisted Obesity Treatment
PI: Jean Harvey-Berino – University of Vermont
Initial grant & competing continuation
- 2006-2010 **NIH Data Safety Officer - R01-DK074721 National Institute Of Diabetes And**
Digestive And Kidney Diseases Reducing Snack Food Variety During Obesity
Treatment PI: Hollie A. Raynor – University of Tennessee
- 2019-present **NIH Data Safety Monitoring Board Member (DSMB)**
PROote weight loss in obese PAD patients to preVENT mobility loss:
The PROVE Trial funded by HL141729 and HL141732

Community Organizations

- 2013 Nutrition Research Institute, Kannapolis, NC
Appetite for Life Series Speaker, Community Lecture Series
Managing Your Weight, What Really Works?
- 2012 McDougle Elementary School
Sugar and Fat in Foods We Eat
- 2012 Chapel Hill Carrboro YMCA
Nutrition for Competitive Swimmers

UNIVERSITY SERVICE

School of Public Health

- Research Council Member (2004-2008)
- Student Research Poster Contest Judge (2006-2007)

Lineberger Comprehensive Cancer Center (NCI funded)

- Population Sciences Research Award Panel (2005, 2006, 2008, 2012, 2013)
- Sciences Division Member (2005-present)
- Biostatistician/Statistician Search Committee (2007-2008)
- University Research Fund Health E NC Leadership Team (2009-2018) Population Shared Resources Director – CHAI/Behavioral Core (2012-present)

UNC Nutrition Obesity Research Center (NIDDK funded)

- Core Director - Communication for Health Applications and Interventions (CHAI) Core (2012-present)
- Internal Advisory Board (2006-present)
- Pilot Feasibility Grant Program Review Committee (2006-present)

UNC Interdisciplinary Obesity Center (IDOC- NIH funded) Member (2004 –2010)

- Program Area Leader (Steering Committee 2004-2010)
- Post-doctoral Training Program Mentor & Selection Committee (2006-2010)
- Pilot Program Review Committee (2005-2007)

Interdisciplinary Certificate in Health Communication

- SPH representative (2010-2019)
- Steering Committee Member (2005-2019)

Health Behavior Department

- Faculty Search Committee (2006-2007, 2014, 2016)
- Doctoral Comprehensive Exam Committee (2006-2013, 2018, 2019)

Doctoral Program Committee (2006-2013)

Gillings Appointment Promotions and Tenure Committee Representative (APT) (2020-present)

Nutrition Department

Doctoral Comprehensive Exam Committee/Examiner (2007- 2017, 2020)

Intervention & Policy Division Member (2004-2017)

Faculty Search Committee (2007, 2010, 2013)

Doctoral Program Committee (2012-present)

NRI Director Interview Committee (Fall 2020)

Diversity, Equity, and Inclusion

Trainings and Service

These activities have facilitated ongoing introspection and action with respect to DEI:

June, 2020	Groundwater Training, Racial Equity Institute (3 hours)
April, 2020	Equity in Teaching workshop Health Behavior Department (4 hours)
October, 2020	What Are My Biases? Implicit Bias Inventory and Dialogue with Vickie Suggs-Jones, PhD, Nutrition Department (1 hour)
December, 2020	Faculty retreat on anti-racism, micro-aggressions, positionality, critical race praxis, and equity on assignments, Health Behavior Department (6 hours)
December, 2020	Phase 1 training – Racial Equity Institute (2 days, 16 hours)
Jan-April, 2021	Planning Committee Weight Bias and Stigma Awareness– Faculty Lead (15 hours)
April, 2021	Weight Stigma Awareness Seminar Series & Workshop with Dr. Rebecca Pearl, Department of Nutrition (2 hours)
April, 2021	Managing Bias in the Workplace, UNC Compliance Training (0.5 hours)