

Interprofessional Summer Reading 2021

# PEAK

Secrets from the New Science of Expertise

by Anders Ericsson and Robert Pool



Read the book independently over the Summer. Come together in September to discuss concepts of growth mindset as an interprofessional group.

Growth mindset is a way of thinking and behaving, such as sharing information, collaborating, innovating, seeking feedback, or admitting errors, that drive motivation and achievement (Harvard Business Review).

The book is available at the HSL as an e-book, or ordered online at Amazon or any other retailer. Books can be borrowed by reaching out to [unc\\_ipe@unc.edu](mailto:unc_ipe@unc.edu)