

# Gillings Culture Of Health

## *“Artwalk”*

### Featured Artists

Amid Covid-19, two employees from the BioSpecimen Processing Lab here at the Gillings School of Global Public Health have spent their free time creating wonderful works of art.

**Heena Mehta**, a research specialist at UNC, has worked for the university for 27 years, retired, and recently came back on board part-time to take part in research that she enjoys. In her free time, Heena spends her time as a henna artist. She makes candles, masks, bracelets, and an assortment of items decorated in unique henna designs. Heena says that she usually spends her morning creating and it helps her have a fresh mind and an overall better day. She enjoys spending her free time at home working on her art and especially enjoys making her neighbors and others happy by completing a piece for them. She doesn't need too many supplies for her art and doesn't follow any templates – each creation is a unique design that allows her to flow into her work for every piece.

**Patricia Basta**, Assistant Professor and Facility Director of the BioSpecimen Processing Facility, loves art – she enjoys visiting the NC art museums, enjoys paintings, and every facet of art. After attending an Georgia O’Keeffe art exhibit, works by Wardell Milan really stood out to her. For a while after visiting the exhibit Patricia toyed with the idea of painting. After a few weeks of being home during the pandemic and her normal entertainment, mainly baseball, being cancelled, Patricia decided now was a great time to see if she could do it. The first painting was the hardest, but as she finished it, she became more comfortable knowing that she could do this and completed the paintings in March, May and July.

Both Heena and Patricia said that their art kept their mind busy and gave them an outlet to do something they enjoy.



culture of health

wellness  champions



Heena Mehta



*Visions of Cape Cod*



*Ode to Wardell Milan 2*



*Ode to Wardell Milan 1*