
PERSONAL

Research Interests

- Maternal health disparities and health policy
- Effective and equitable implementation of evidence-based programs and policies
- Technology-based innovations to improve healthcare quality and access
- Qualitative research

EDUCATION

University of North Carolina at Chapel Hill

Doctoral student, Gillings School of Global Public Health

Health Policy and Management – Organization and Implementation Science minor

Academic Advisor: Dr. Christopher M. Shea

Aug 2020 -

University of North Carolina at Chapel Hill

Master of Public Health, Gillings School of Global Public Health

Maternal and Child Health with emphasis on Implementation Science

Advisor: Dr. Herbert Perterson

Aug 2015 to May 2017

University of Kashmir, Kashmir, India

Medical Internship

Government Medical College, Srinagar

May 2007 to May 2008

Rajiv Gandhi University of Health Sciences, Karnataka, India

Bachelor of Medicine and Bachelor of Surgery

Al-Ameen Medical College

Merit Scholarship

Oct 2002 to May 2008

RESEARCH/PROFESSIONAL EXPERIENCE

Graduate Research Assistant

Department of Health Policy and Management

University of North Carolina at Chapel Hill

NC Medicaid 1115 Waiver Evaluation

PI: Dr. Marisa Domino

Funding agency: North Carolina Department of Health and Human Services

June 2021 to present

Graduate Research Assistant

Department of Health Policy and Management

University of North Carolina at Chapel Hill

Increasing access to maternal telehealth services

PI: Dr. Christopher M. Shea

Funding Agency: Federal Office of Rural Health Policy

Feb 2021 to present

Graduate Research Assistant

Department of Health Policy and Management

University of North Carolina at Chapel Hill

Understanding the influence of Covid-19 pandemic on primary care workforce

January 2021 to August 2021

Monisa Aijaz, M.D, MPH

PI: Dr. Valerie Lewis

Funding Agency: U.S Health Resources and Services Administration

Research Associate

May 2017 to July 2020

WHO Collaborating Center for Research Evidence for Sexual and Reproductive Health
Department of Maternal and Child Health

Project – Implementation Science for Professional Learner

- Assisted in building implementation capacity in WHO-affiliated Low-middle income countries.
- Assisted in developing the implementation science curriculum for the global health community.

Project – Family Planning National Training Center

- Provide technical assistance to the Title X family planning grantees to improve performance using implementation and improvement methods.
- Led the development of a modified Delphi survey to identify Adaptive Leadership competencies with Title X grantees and family planning experts.
- Designed a two-day Leadership Institute for Title X grantees and led its evaluation efforts.

Graduate Research Assistant

Feb 2017 to May 2017

Department of Maternal and Child Health
University of North Carolina at Chapel Hill

Improving implementation of the Title X family planning program

PI: Dr. Herbert Peterson

Grant Funding: Department of Health and Human Services, Office of Population Affairs

Intern

May 2017 to August 2017

Centering Pregnancy Program
Durham County Health Department

- Conducted fidelity assessment of centering prenatal groups, analyzed program evaluation data, updated existing fidelity assessment tools.

Resident Physician

August 2008 to March 2010

Department of Obstetrics and Gynecology
G.B Pant Hospital, Kashmir, India
Ramzana Hospital, Kashmir, India

- Coordinated and trained community health workers for improving quality of care for women of reproductive age.
- Implemented guidelines to address pregnancy-related complications.
- Organized health awareness campaigns for rural women about pregnancy and childbirth complications and availability of emergency obstetric services.

PUBLICATIONS

Published Articles

- **Aijaz M**, Fixsen D, Schultes, M., Van Dyke, M. (2021). Using Implementation Teams to Inform a More Effective Response to Covid-19 and Future Pandemics. *Public Health Reports*. <https://doi.org/10.1177/0033354920988613>
- Schultes, **M.**, **Aijaz**, M., Klug, J., & Fixsen, D. (2020). Competencies for Implementation Science: What Trainees Need To Learn and Where They Learn It? *Advances in Health Sciences Education*. doi: 10.1007/s10459-020-09969-8

Articles Under Progress

- **Aijaz M**, Murray G, Lewis V. Equity in Telehealth during the Covid-19 Pandemic: Semi-Structured Interviews with Primary Care Workforce.
- **Aijaz M**, Song Paula, Winslow H, Jackson J, Lewis V, Shea C M. Continuity Through Disruption: Beneficiary Engagement during the Transition to Medicaid Managed Care in North Carolina.
- **Aijaz M**, Burcu B, Shea CM. Considerations for Maternal Telehealth Services during and after the Covid-19 Pandemic: A Qualitative Study.
- Burcu B, **Aijaz M**, Planey A, Saif K, Shea CM. Gaps in Maternity Care for Rural Women.

Book Chapters

- Fixsen, D. L., Blase, K. A., & **Aijaz, M.** (2020). Implementing Social and Emotional Innovations to Eliminate Bullying. In J. Cohen & D. Espelage (Eds.), *Feeling Safe in School: Bullying and Violence Prevention Around the World*. Fitchburg, MA: Harvard University Press.

Other Contributions

- **Aijaz, M.**, 2021. *Commentary on "Implementing immediate postpartum contraception: a comparative case study at 11 hospitals"* | *Implementation Science News*. [online] News.consortiumforis.org. Available at: <https://news.consortiumforis.org/2021/06/07/commentary-on-implementing-immediate-postpartum-contraception-a-comparative-case-study-at-11-hospitals/>
- Fixsen, A., **Aijaz M.**, Fixsen, D., Burks, E. and Schultes, M., 2021. *Implementation Frameworks - An analysis*. Available at: <https://www.activeimplementation.org/wp-content/uploads/2021/04/AIRN-AFixsen-FrameworksAnalysis-2021.pdf>

PRESENTATIONS AND PROCEEDINGS (* Indicates primary presenter)

- **Aijaz M***, Song P, Winslow H, Jackson J, Lewis V, Shea Chris. Continuity through Disruption: Beneficiary Engagement Strategies during the Transition to Medicaid Managed Care in North Carolina. Poster presentation at 2022 Annual Research Meeting, Academy Health. June 4-7, 2022
- **Aijaz M***, Murray G, Lewis V. Equity in Telehealth during the Covid-19 Pandemic: Semi-Structured Interviews with Primary Care Workforce. Poster presentation at 2022 Annual Research Meeting, Academy Health. June 4-7, 2022
- **Aijaz M***, Morris H, Pierce J, Halle T. Core standards for frontline workers in health, education, and child-welfare sectors for innovation implementation. Oral presentation at 5TH Global Implementation Conference. September 15-17, 2019, Glasgow, Scotland.
- **Aijaz M***. Using Usable Innovation Framework to define and operationalize evidence-based practices in Low-Middle Income Countries. Poster presentation at 5TH Global Implementation Conference. September 15-17, 2019, Glasgow, Scotland.
- Fixsen A, **Aijaz M***, Fixsen D, Burks E, Schultes M. Implementation Frameworks: Synthesis and Analysis. Poster presentation at 5TH Global Implementation Conference. September 15-17, 2019, Glasgow, Scotland
- Schultes M, **Aijaz M**, Clug J, Fixsen D. Where do implementation experts acquire their expertise? Results of an international cross-disciplinary survey. Oral presentation at the UK Implementation Science Research Conference, King's College. July 19, 2018, London, UK.

MEMEBERSHIPS AND PROFESSIONAL SERVICE

- **Global Implementation Society** *Jan 2018 to present*
Founding Member
- **Implementation Science Student Group** *Jan 2021 to present*
University of North Carolina at Chapel Hill
- **Journal of Global Implementation Research and Applications** *August 2020 to present*
Peer Reviewer

TEACHING EXPERIENCE

Teaching Assistant

Department of Health Policy and Management
HPM 310 – Health Law in the United States

*August 2020 to
December 2020*

Teaching Courses

Department of Health Policy and Management
HPM 871 – Seminar in Teaching

*August 2020 to
December 2020*