BFHC 4. Medications in Lactation: Is this drug safe for Breastfeeding?

Core Competencies:

* Use of medications while breastfeeding
* Contraindications to breastfeeding

Learning Objectives:

* Locate information that will allow you to treat maternal health problems and minimize disruption of breastfeeding
* Describe how drugs transfer into human milk
* List (permanent or absolute) contraindications to breastfeeding
* List conditions that may require temporary suspension of breastfeeding

Time: 30-minute equivalent

Content Outline:

1. Taking Medications and Breastfeeding
2. Safety in Pregnancy vs Lactating
3. Drugs in Human Milk
4. General Guidelines for Medications and Breastfeeding
5. Package Warnings
6. Breastfeeding after Anesthesia
7. Safety of Newer Drugs vs Older
8. Pumping and Dumping and IV Contrasts
9. Temporary Contraindication
10. Reduced Milk Production
11. Finding Information on Drugs- LactMed, Meds & Mothers’ Milk
12. Resources for Informed Prescriptions
13. Case Study #1: Enalapril and Breastfeeding
14. LactMed App for iOS
15. Case Management: Enalapril and Breastfeeding Case Study #1 Follow-up
16. Case Study #2: Maternal Drug Metabolism and Breastfeeding
17. Maintaining Milk Supply When Mother and Baby Are Separated
18. Drugs of Abuse and Alcohol
19. Caffeine
20. Contraindications
21. Case Study #3– Putting It All Together