

SUPPORTING BREASTFEEDING IN SHELTERS

1

PROVIDE SAFE , PRIVATE AREA FOR BREASTFEEDING & EXPRESSING MILK

2

PROVIDE PRIORITY ACCESS TO FOOD FOR PREGNANT & LACTATING PARENTS

3

PROVIDE ACCESS TO BREASTFEEDING COUNSELING & SUPPORT

4

POST SIGNS THAT SHOW BREASTFEEDING IS WELCOME. ENCOURAGE BREASTFEEDING.

PARENTS WHO EXPRESS THEIR MILK FOR BOTTLE FEEDING REQUIRE SUPPORT FOR BOTTLE FEEDING HYGIENE. BREAST PUMPS ARE A PUBLIC HEALTH HAZARD IN SHELTERING SITUATIONS IF THEY CANNOT BE PROPERLY WASHED AND SANITIZED. ENCOURAGE HAND EXPRESSION AND CUP FEEDING.