

# Quality Child Care

Choosing a child care program is an important decision for your family, but there is no need to take on the journey alone!

#### 🔀 🖗 🔀

The brain develops from birth to 3 years at an amazing rate. Relationships & experiences during this time are critical. Interactions a child has with the world & their caregivers in these early years can lay the groundwork for learning.

There are quality child care programs that will honor your feeding choices, offer supportive resources, engage in open communication about your child, & be responsive to the needs of each child enrolled.

### **Connect with Resources**

There are reliable organizations whose mission it is to meet your family's needs. Look up the resources listed below to find contact information for services near you.

#### FIND CHILD CARE (AND HELP FOR PAYING)

- SC Child Care Resource and Referral Agency
- SC Department of Social Services- ABC Quality
- SC Department of Social Services- SC Voucher
- Child Care Aware of America

#### **ADDITIONAL SUPPORT FOR FAMILIES**

- SC Program for Infant/Toddler Care (SCPITC)
- SC Department of Disabilities & Special Needs BabyNet
- SC Inclusion Collaborative

#### QUALITY MATTERS

Why? Quality means commitment to maintaining skilled staff who strive to provide your child with optimal learning opportunities.

## Did You Know?

Child care centers & family child care homes can participate in the SCPITC Breastfeeding Friendly Child Care Designation and commit to:

#### Accommodating breastfeeding families

- Families are encouraged to visit the program to breastfeed, not only during drop-off/pick-up, but anytime during the day
- Families are offered space for breastfeeding & expressing milk (note: space is always available; is not a bathroom; is out of view from staff & the public; has seating & access to an outlet)
- Families may provide breast milk for children of any age
- Families may request breast milk, leftover from a feeding, be returned home

(note: ask to see the program's breastfeeding policy)

- Families have additional option to send frozen breast milk
- Program staff may breastfeed their children
- Working with families to develop a feeding plan which matches your child's eating habits at home (note: up-to-date feeding plan is required for children under 15 months of age)
- Accepting bottles (or cups) sent from home that are always labeled with your child's name & the date intended to feed

(note: to avoid waste, prepare multiple bottles with the amount needed for each feeding throughout the day)

#### HAVE A CONCERN?

If a program hinders your breastfeeding journey, you can submit an anonymous report to a licensing specialist

800-556-7445





