Breastfeeding Pre-Test

For the following questions, circle **T** if the statement is true, and **F** if the statement is false.

Т	F	1.	You should always wear gloves when handling human milk.
Т	F	2.	Breastfed babies have fewer ear infections.
Т	F	3.	Babies who receive formula have more diarrhea than those who do not.
Т	F	4.	Supporting breastfeeding is part of my job.
Т	F	5.	If a child is not breastfed, she is more likely to die of SIDS.
Т	F	6.	Formula contains all of the components in human milk.
Т	F	7.	I can affect whether or not a mother continues breastfeeding her baby.
Т	F	8.	A good way to feed a baby cereal is in a bottle.
Т	F	9.	The longer a mother breastfeeds, the better it is for her health.
Т	F	10.	If a mother's diet is poor, she should not breastfeed.
Т	F	11.	It is best if babies receive only mother's milk until they are six months old.
Т	F	12.	Microwaving is a good way to warm bottles.
Т	F	13.	It is best for everyone if babies are fed on a schedule.
Т	F	14.	Human milk will spoil if left at room temperature for an hour.
Т	F	15.	You should always wear gloves when handling bottles of formula.
Т	F	16.	Most babies should start eating solid foods at about 4 months of age.



©2015 Carolina Global Breastfeeding Institute http://breastfeeding.sph.unc.edu/