

Our Child Care Center Supports Breastfeeding

Photo courtesy of Leslie Koehn Photographic
www.lesliekoehn.com



In order to support families who are breastfeeding or who are considering breastfeeding, we strive to do the following:

- **Make a commitment** to the importance of breastfeeding, especially exclusive breastfeeding, and share this commitment with our staff and families.
- **Train all staff** in supporting the best infant and young child feeding.
- **Inform families** about the importance of breastfeeding.
- **Provide learning and play experiences** that normalize breastfeeding for children.
- Teach our families to **properly store and label their milk** for child care center use.
- **Provide a breastfeeding-friendly environment**, displaying posters about breastfeeding and welcoming mothers to breastfeed their babies at our center.
- **Support breastfeeding employees.**
- **Develop a feeding plan** that supports best infant feeding practices with each family.
- Contact and coordinate with local skilled breastfeeding support and **actively refer.**
- **Continually update** our information and learning about breastfeeding support.

Breastfeeding
Families
Welcome
Here!

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In Collaboration With:
NC Child Care Health and Safety Resource Center
NC Infant Toddler Enhancement Project
Shape NC: Healthy Starts for Young Children
NC Department of Health and Human Services
Wake County Human Services and
Wake County Smart Start