Because we are committed to healthy mothers and children,

## **Our Child Care Center Supports Breastfeeding**

In order to support families who are breastfeeding or who are considering breastfeeding, we strive to do the following:



- Make a commitment to the importance of breastfeeding, especially exclusive breastfeeding, and proudly share this commitment with our staff and families.
- Train all staff in supporting the best infant and young child feeding.
- Inform families about the importance of breastfeeding.
- Provide learning and play experiences that normalize breastfeeding for children.
- Teach our families to properly store and label their milk for child care center use.
- Provide a breastfeeding-friendly environment, displaying posters about breastfeeding and welcoming mothers to breastfeed their babies at our center.
- Support breastfeeding employees.
- Develop a feeding plan that supports best infant feeding practices with each family.
- Contact and coordinate with local skilled breastfeeding support, and actively refer.
- Continually update our information and learning about breastfeeding support.

## **Breastfeeding Families Welcome Here!**

CARQLINA GLOBAL BREASTFEEDING

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In Collaboration With:

NC Child Care Health and Safety Resource Center

NC Infant Toddler Enhancement Project

Shape NC: Healthy Starts for Young Children

NC Department of Health and Human Services

Wake County Human Services and

Wake County Smart Start