

Breastfeeding-Friendly Child Care: Action Plan

Your Name: _____ Date: _____

Child Care Facility Name: _____

Step 1. Have a written policy that reflects the program's commitment to promoting and supporting breastfeeding, especially exclusive breastfeeding, and share with employees and families.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 2. Train and evaluate all staff in the skills to support and promote optimal infant and young child feeding.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 3. Inform women and families about the importance of breastfeeding.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 4. Provide learning and play opportunities that normalize breastfeeding for children.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 5. Ensure that all breastfeeding families we serve are able to properly store and label their breast milk for child care use.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 6. Provide a breastfeeding-friendly environment.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 7. Support breastfeeding employees.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 8. Ensure that each infant has a feeding plan that supports best feeding practices.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			

Step 9. Contact and coordinate with community breastfeeding support resources; actively refer mothers and families.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B..			
C.			

Step 10. Train all staff (teaching and non-teaching) annually on the protection, promotion, and support of breastfeeding.

Goals	Actions to reach goal	Persons Involved	Target Date for Completion
A.			
B.			
C.			