

# Breastfeeding Exclusive Newsletter

Volume 9 | Issue 2 | June 2017

Dear Friends and Colleagues,

Please take a moment to enjoy the 2nd quarter issue of our newsletter, Breastfeeding Exclusive, in the e-newsletter format. The e-newsletter allows you to:

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## *Letter from the Director*

Dear Friends and Colleagues,

As the spring semester winds down I am often asked if things slow down at CGBI in the summer months. The answer is a resounding and grateful no. Our programmatic work is year round and preparations for the coming academic year start as soon as the semester ends. Now to give you a recap of the last few months... Click "[Read Full Letter](#)" to learn more.

Kindest Regards,  
Catherine

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## 4th Trimester Project

A 4th Trimester project engagement meeting was held on June 2, 2017. Fifty stakeholders attended the meeting focused on next steps in measuring the maternal transition through the 4th Trimester and developing research proposals to

test ways that the US health care system can better serve families. [Read More Below...](#)

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## NCLCA Summit 2017

In May, the North Carolina Lactation Consultant Association hosted its annual summit as an opportunity for North Carolina (NC) lactation consultants and other lactation professionals to come together and learn from one another. NC has the fourth largest number of IBCLCs in the nation, behind California, New York, and Texas. Participation was at an all time high for this year's gathering. Attendees arrived from every perinatal region in the state, and across multiple areas of specialty. Each of the six perinatal regions gathered together for concrete discussions that build communication across the state. [Read More Below...](#)

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**KATE B. REYNOLDS**  
CHARITABLE TRUST  
*Investing in Impact*

## Project Update: Responsive Feeding in Forsyth County

We have wrapped up the 2-year responsive feeding project in Forsyth County funded by the Kate B. Reynolds Charitable Trust, Great Expectations Initiative, which aimed to contribute to school readiness for children through optimal nutrition, growth and development in the vital early months and years of life. We invite you to use the English, Spanish and soon Arabic language patient materials created for this project them in your work if they are helpful. There are easy-to-use one-page materials not only on responsive feeding for several age-groups, but also on going back to work or

## *EMPower Breastfeeding Initiative*

In May, all EMPower hospitals were invited to come together in Atlanta, GA to attend our 2nd Learning Collaborative Meeting. This year's agenda brought nationally renowned speakers to share on important topics and the latest research in breastfeeding. We also incorporated individual hospital presentations into each of the breakout sessions, ensuring that hospital teams played a central role in the meeting, and that teams could learn from one another. The sharing and engagement was nothing short of inspiring, both for hospital teams and the EMPower coaches and team members in attendance. We want to congratulate our teams on how far they have come, and for where they are heading: ten facilities have achieved Baby-Friendly designation, and a large group are either awaiting assessment by Baby-Friendly or are in the process of scheduling their assessment date. *Read More Below...*



EMPower Team.

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## *Infant Side-Car Bassinet Project Update*



Dr. Kristin Tully and Ty Haglar.

Side-car project PI Dr. Kristin Tully returned from her maternity leave with her baby Bethany after they personally experienced the stand-alone bassinet on the postnatal unit. They attended the North Carolina State University College of Industrial Design studio course final meeting with Catherine Sullivan, Carl Seashore, Alison Stuebe, and other members of the UNC side-car team.

Presentations reflected the capstone of the graduate students' market research, regulatory assessment, and designs. Studio feedback involved interviews while stakeholders used the prototypes with a maternity bed from NC Women's Hospital and weighted dolls. The January to May 2017 NC State design phase of the project was also informed by instruction and input from industrial design firm Principal Ty Haglar, along with designer Seth Teeple and others. *Read More Below...*

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## *Colleague Corner: Lisa Akers*

Lisa Akers has been working in the field of public health and human lactation for over 16 years where she spent nearly 15 of those years with the Virginia WIC Program as the State Breastfeeding Coordinator. Lisa then embarked on her journey to earn her PhD in Strategic Leadership Studies from James Madison University. She concentrated her studies on nonprofit and community leadership and more specifically on nonprofit healthcare organizations. Lisa combined her passion for the field of human lactation with her study of organizational leadership to examine the organizational factors that influence quality perinatal care and ultimately affect breastfeeding relationships. Lisa is currently the Executive



Director for the Best for Babes® Foundation. *Read More Below...*

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Lisa Akers, PhD, RDN, IBCLC, RLC, FAND

## *Alumni Spotlight: Amy Sanchez*



Amy Sanchez, MD, IBCLC

Amy Sanchez graduated from UNC School of Medicine and completed Family Medicine residency in Austin. She is currently completing an MPH in Healthcare and Prevention at UNC, as well as completing her Preventive Medicine Residency at UNC. Amy is an alumni of the Mary Rose Tully Training Initiative and is a board certified lactation consultant. After finishing her current residency and MPH program, Amy is moving to Hawaii with her family. *Read More Below...*

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## *Carolina BEBES Update*

BEBES hosted "Hello Mama Hello Baby!" health fair in April for prenatal and postpartum families in the local area. Community partners set up tables to share their resources with new mothers, and a participant goodie-bag contained samples of mama-friendly goods as well as a printed resources guide. Congratulations to BEBES on this accomplishment. The students have wrapped up their Spring semester and are now engaged in their summer internships, or have graduated and are starting new futures as Tarheel alumni. *Read More Below...*



Hello Mama Hello Baby! health fair



## *Nathan Nickle Awarded Sydney S. Chipman Award*

Congratulations to Nathan Nickle for being honored this April at the MCH Family Reunion with the Gillings School of Global Public Health's Sydney S. Chipman Award for having shown outstanding promise to the field of maternal and child health. Nathan is Assistant Professor and Research Scientist at the Manitoba Centre for Health Policy. He completed his doctoral work in 2011 under then-advisor Dr. Miriam Labbok. Find Nathan on [Linked-In](#) or [Twitter](#).

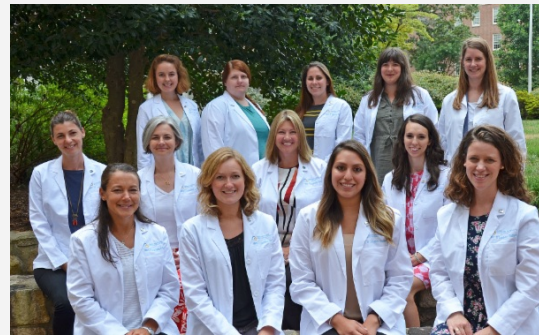
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## *Mary Rose Tully Training Institute Graduates*

Congratulations to the 2016-2017 Class of the Mary Rose Tully Training Initiative who have recently graduated this May.

Left to Right, Back row: Cat Palmer, Nicole Reid, Hope Lima, Amber Christis, Faculty Instructor Catherine Sullivan. Middle row: Gina Rose, Jennifer Yourkavitch, Kim Dodson, Clair Ashburn. Front row: Courtney MacDonald, Amanda Petry, Heather Lynn

We wish you all good luck on your IBCLC exams!



2016-2017 Cohort

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## *Tigers Screening*



Judy Canahuati and Syed Aamir Raza

In conjunction with the March Breastfeeding and Feminism International Conference, the groundbreaking film *Tigers* was screened at a local theatre. Many attended to view the film and participate in a discussion panel with the filmmaker and whistleblower, Syed Aamir Raza. The event was organized and moderated by Judy Canahuati. Judy recently retired from a long career at USAID and was a long-time friend of Dr. Miriam Labbok, dating back to their work together in the study of LAM. Find Judy on [LinkedIn](#).

## BFIC Committee Member Recruitment

Have you attended The Breastfeeding and Feminism International Conference? Are you interested in seeing it improve? If so, apply to be a member of one of our committees/action groups for the 2018 conference.

We are currently recruiting for the following:

1. **Scholarship Committee:** The members of this committee select applicants to receive a scholarship to attend the conference. The applicants are selected from among those who are presenting and the review takes place in January (2018).
2. **Outreach Action Group:** The members of this action group will help us reach out to groups, communities, and practices whose voices are underrepresented at the conference. Members will be asked to actively reach out to their networks to help spread the word about the conference and our call for abstracts.

If you are interested please click on the link below to apply.

Please note that we are unable to compensate committee members. All applicants must have attended the conference previously and be planning on attending the 2018 Breastfeeding and Feminism International Conference.

[BFIC Committee Member Application](#)



Conference speakers Liz Brooks (left) and Angela Malloy (right) pose during a luncheon with author Kimberly Seals Allers (back, speaking)

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## Publications & Presentations

### Publications

Chetwynd EM, Stuebe AM, Rosenberg L, Troester M, Rowley D, Palmer JR. **Cumulative lactation and onset of hypertension in African American women.** Am J Epidemiol. 2017 May 23.

Parry KC, Sullivan C, Stuebe AM. **Health professional associations and industry funding-reply from Parry et al.** Lancet. 2017 Apr 29; 389(10080):1696. DOI: [http://dx.doi.org/10.1016/S0140-6736\(17\)31062-0](http://dx.doi.org/10.1016/S0140-6736(17)31062-0)

Tully KP, Stuebe AM, Verbiest SB. **The 4th Trimester: A Critical Transition Period with Unmet Maternal Health Needs.** Am J Obstet Gynecol. 2017 Apr 05. [e-pub ahead of print] doi: 0.1016/j.ajog.2017.03.032.

Verbiest SB, Tully KP, Stuebe AM. **Promoting maternal and infant health in the 4th Trimester.** Zero to Three. 2017 March: 34-44.

Wouk K, Chetwynd E, Vitaglione T, Sullivan C. **Improving access to medical lactation support and counseling: Building the case for medicaid reimbursement.** Journal of Maternal and Child Health. 2017;21(4):836-844. DOI: 10.1007/s10995-016-2175-x.

### Blogs:

Stuebe AM. Moms need health care before, during, and after pregnancy Moms Rising Blog. May 17, 2017. Accessed online: <https://www.momsrising.org/blog/moms-need-health-care-before-during-and-after-pregnancy>



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We hope you enjoyed this issue  
of the *Breastfeeding Exclusive*.

Have a beautiful summer!

Sincerely,  
The CGBI Team

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support of our work.

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