

Breastfeeding Exclusive Newsletter

Volume 9 | Issue 1 | March 2017

Dear Friends and Colleagues,

Please take a moment to enjoy the 1st quarter issue of our newsletter, Breastfeeding Exclusive, in the e-newsletter format. The e-newsletter allows you to:

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- forward the newsletter to a friend
- read and share blog posts of individual articles online
- customize your newsletter experience by clicking on what interests you

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Letter from the Director

Dear Friends and Colleagues,

The CGBI team has moved into 2017 with renewed energy and enthusiasm for the work year ahead. During the typical time for resolutions and promises for the New Year, the CGBI team was considering our past, present and future of our institute, how we can improve and expand, while still maintaining an infrastructure of excellence in our programmatic endeavors.

...

Click "Read Full Letter" to learn more about efforts on health equity, transitions in the CGBI team, and the upcoming Breastfeeding and Feminism International Conference.

...

I would like to introduce you to our youngest CGBI family member. Research Associate Dr. Kristin Tully gave birth to Bethany Samantha Tully on Thursday, February 3, 2017. We congratulate Kristin, Jonathan and big sister Elise on the arrival of their little miracle.

kindest regards,
 Catherine

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Left: Kathleen Anderson
Right: Daina Huntley

Staff Transitions at CGBI

It is with gratitude and well-wishes that we announce the retirement of Kathleen Anderson. This article details Kathleen's accomplishments at the institute and introduces our new team member, Daina Huntley, MPH, CHES. Please join us in offering a farewell to Kathleen, and a hearty welcome to Daina. ...

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Food for the Hungry - Guatemala

Food for the Hungry (FH) Guatemala has received new grant funding to continue their work to improve maternal and child health in rural communities of Guatemala. As a part of the new funding, FH will be working with CGBI to update two existing Care Groups education modules with input from recent evidence and community feedback: 1) Prenatal and Newborn Care and 2) Breastfeeding. Topics of responsive feeding and early childhood development will be woven into the messaging for a more complete approach.

Train-the-trainer workshops and community Care Groups will then disseminate education modules, building on long-term existing relationships ...



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Side Car Bassinet Program Update

As part of the NC TRaCS Institute Improving Human Health Award (PI Tully), CGBI is actively engaged with North Carolina State University's (NCSU) College of Design to develop side-car bassinet prototypes for testing at UNC Hospitals later this year. Recently, student teams presented their design concepts, supporting their work with literature review and analysis of CGBI survey input (discussed in the last issue of BFE). The research team from UNC and a partner from Trig Innovations also provided the students with feedback on their work. A hospital bed and bassinet recently delivered to the NCSU design studio will enhance the ability to explore mechanisms so that students may further develop their prototypes ...

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EMPower Breastfeeding Initiative

The EMPower Initiative is in its third and final year of assisting 93 hospitals achieve Baby-Friendly designation. We have launched into one last round of travel to facilities in order to offer comprehensive site visits. Many facilities are in the final stage of the Baby-Friendly pathway, or are hoping to enter it soon. A handful of EMPower facilities have already become designated. We would like to congratulate Carolinas Healthcare Charlotte and Williamsport Regional Medical Center for recently achieving Baby-Friendly designation. Congratulations on a job well done! ...



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Colleague Corner:



Simran Noor is Vice President of Policy & Programs at Center for Social Inclusion (CSI). She is a regular speaker on issues of racial equity-frequently featured at conferences and public meetings. Simran has also been a key developer of CSI's work on first food. CSI has written a report outlining the structural barriers to breastfeeding, titled, "**Removing Barriers to Breastfeeding: A Structural Race Analysis of First Food**". In this report, CSI outlines the barriers to breastfeeding that communities of color face, as well as recommend policies and practices to address racial inequity in First Food. In addition, Center for Social Inclusion convenes the **National First Food Racial Equity Cohort**. The Cohort has been working to develop ...

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Alumni Spotlight: Ellen Chetwynd

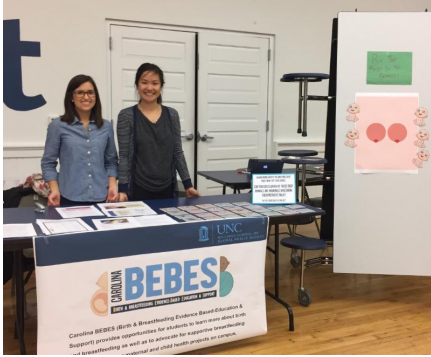
Dr. Ellen Chetwynd is a post-doctoral researcher at North Carolina State University and a lactation consultant at the Women's Birth and Wellness Center. Her current research is on evidence for new models of lactation care, as well as merging layers of data to frame the landscape of breastfeeding support in North Carolina. She is also building "Next Level Lactation LLC", a group of advanced lactation consultants providing resources for colleagues interested in developing their lactation practice, writing a book on breastfeeding for the scientifically minded mother, and pursuing grants that will bring quality lactation services to low resource settings. ...



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Carolina BEBES Update

In February Carolina BEBES participated in the Maureen Joy Charter School's Health Fair in Durham. This was their second time attending the fair and both times were a success! They facilitated activities to teach school aged children and their families about breastfeeding. Interactive games included learning about what kinds of animals produce milk for their young and "Pin the Baby to the Breast." Resources and information on contraception, pregnancy and the Lactational Amenorrhea Method (LAM) were also provided. ...



Co-Presidents Valerie and Kim at the Maureen Joy Charter School Health Fair.

Staff Updates

CGBI Research Associate Dr. Kristin Tully was featured in the UNC Chapel Hill Endeavors as part of highlighting UNC Women in Science.

<http://endeavors.unc.edu/kristin-tully/>



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Register Now for the Breastfeeding & Feminism International Conference 2017

Register now for the upcoming Breastfeeding and Feminism International Conference March 22-24, 2017 in Chapel Hill, NC.

Act fast - it's going to be great!

[Click here to register.](#)

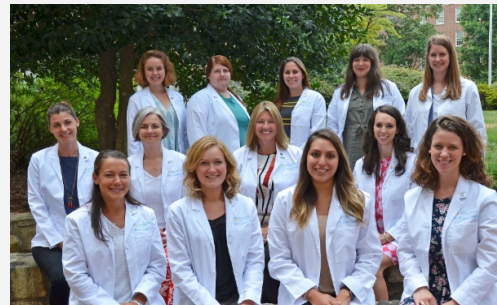
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Now Accepting Applications for the Mary Rose Tully Training Institute!

Applications are now being accepted for the 2017-2018 MRT-TI class.

Please share widely with those interested in becoming a Lactation Consultant through Pathway 2!

[Click here to apply or for more information.](#)



2016-2017 Cohort

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Tigers

Join us for this one-of-a-kind event in Chapel Hill!



Tickets: \$10

The whistleblower baby milk salesman, Syed Aamir Raza, will be available for a brief Q & A.

Thu, March 23, 2017
9:00 PM - 11:00 PM EDT

Varsity Theatre
123 East Franklin Street
Chapel Hill, NC 27514

Learn more about *Tigers* here:

<http://www.the-match-factory.com/films/items/tigers.html>

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Publications & Presentations

Publications

Wasser, H., Heinig, M.J., & Tully, K.P. 2017. **The importance of the Baby-Friendly Hospital Initiative.** *JAMA Pediatrics.* [e-pub ahead of print] 171(3):304-305. doi: 10.1001/jamapediatrics.2016.4823.

Wouk, K., Tully, K.P., & Labbok, M. 2017. **Systematic review of evidence for Baby-friendly Hospital Initiative Step Three: Prenatal breastfeeding education.** *Journal of Human Lactation.* 33(1):50-82. doi: 10.1177/0890334416679618

Presentations

Tully, K.P., Sullivan, C., Seashore, C., & Stuebe, A.M. The design and development of infant side-car bassinets. College of Industrial Design. North Carolina State University on January 17, 2017.

Tully, K.P. Enabling breastfeeding and interrelated maternal and child health processes: Evidence, innovation, and implementation. Department of Maternal and Child Health. University of North Carolina at Chapel Hill on January 13, 2017.

Grewen, K., Lee, T.K., & **Stuebe, A.** 64: Benefits of greater breastfeeding intensity on endothelial function and metabolic profile. *American Journal of Obstetrics & Gynecology*; 216(1):S46-S47. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

Herrera, S.R., Vincent, K.L., Patrikeev, I., Gamble, P., Saada, J., Olson, G., **Stuebe, A.M.**, Saade, G.R., & Prewit, E.B. Oxytocin and maternal cardiovascular and metabolic health post-delivery in a murine model. *American Journal of Obstetrics & Gynecology*; 216(1):S300-S301. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

Whitley, J., Grewen, K., Meltzer-Brody, S., Pearson, B., & **Stuebe, A.M.** Association of oxytocin during breastfeeding with maternal depression and anxiety symptoms. *American Journal of Obstetrics & Gynecology*. 216(1):S318-S319. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

Glover, A.V., Berry, D.C., Schwartz, T.A., & **Stuebe, A.M.** Impact of metabolic dysfunction on breastfeeding outcomes in gestational diabetes mellitus. *American Journal of Obstetrics & Gynecology*. 216(1):S527. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

Robertson, S., Grewen, K., & **Stuebe, A.M.** Effect of infant feeding on maternal blood pressure response to acute stressor. *American Journal of Obstetrics & Gynecology*. 216(1):S542. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

Stuebe, A.M. SMFM Obstetric Debates. Pro: The modified labor curve: A safe and effective approach to preventing the first Cesarean; Con: Peripartum LARC: An effective intervention to improve obstetric health and outcomes. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

Stuebe, A.M. Breastfeeding for future maternal health. Pregnancy as a Window to Future Health Special Interest Group. Society for Maternal Fetal Medicine Annual Meeting. Las Vegas, NV on January 2017.

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Contact

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We hope you enjoyed this issue
of the *Breastfeeding Exclusive*.

Have a beautiful spring!

Sincerely,
The CGBI Team

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tax-deductible gift in
support of our work.

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