

COHORT 12 BIOS

Ugbede Abu, MPH

Supply Chain Advisor
United States Agency for International Development
Lilongwe, Malawi

Ugbede Abu has served as Supply Chain Advisor for USAID Malawi since 2012. He is a pharmacist and public health professional with over 20 years of specialized experience in health and pharmaceutical systems strengthening in international settings. He provides technical leadership and programmatic guidance to the US government and host government's HIV/AIDS, Family Planning, Malaria, Tuberculosis and Essential Medicine Programs, to ensure an uninterrupted supply of lifesaving medicines in Malawi's public health programs. He has particular expertise in procurement and supply chain management, strategic planning, program design, implementation, monitoring and evaluation. He provided short-term supply chain technical assistance to USAID Ethiopia health team in 2011 and 2012.

Ugbede previously worked for USAID Nigeria as Pharmaceutical Commodities Logistics Manager, and as a technical lead for the PEPFAR Nigeria supply chain program, one of USG's major supply chain portfolio for HIV/AIDS medication worldwide. Before then, he served as Assistant Director in charge of Commodities at the Institute of Human Virology in Nigeria (an affiliate of University of Maryland, Baltimore) and Warehouse and Distribution Manager at the GHAIN Project/AXIOS Foundation. He supported the design of a national logistics system for the HIV/AIDS program in Nigeria and the scale-up of ART program from 1000 patients in 2005 to over 400,000 patients in 2012. He has a decade of civil service experience with Federal Capital Territory Authority (FCTA) Abuja-Nigeria, where he served as a senior hospital pharmacist, pharmaceutical inspector, administrator, and event manager.

Ugbede holds a Master of Public Health (MPH) from University of Limpopo, Medunsa Campus, South Africa and a Bachelor of Pharmacy degree from Ahmadu Bello University, Zaria, Nigeria. He is married with three children. He enjoys playing social volleyball, jogging, and watching live sporting events.

Jennifer Dunphy, MBA, MPH

Director, Population Health
Regal Medical Group
Los Angeles, CA

Jennifer Dunphy currently serves as Director of Population Health for Regal Medical Group. Regal Medical is the second largest managed care group in Southern California with over 500,000 members. Jennifer created and now leads her population health department in developing, operationalizing, managing and evaluating innovative programs and interventions for high-risk groups. She concentrates on improving the quality of care delivered to vulnerable populations with a focus on applying predicting algorithms, and analytical science to more efficiently allocate resources to those in need. Thus far, she has been successful in creating a program which has cut re-admissions rates in half for her organization's highest cost population of dual eligible members.

She has an undergraduate background in neuroscience and clinical research, a graduate background both in business that focused on economics and strategy, and in public health that focused on quantitative evaluation and healthcare management. Jennifer received her Master of Business

Administration from Loyola Marymount University and her Master of Public Health degree from University of California at Berkeley. She met her husband, Taylor, at a University of Southern California football game, and they have now been married for two years. He is a fourth-year sports medicine orthopedic surgical resident at the University of Southern California. They live in Santa Monica, CA, and enjoy tennis, cooking, spending time with their family, skiing and traveling the world.

Jeremy Fisher, MPAS, APA-C

Aeromedical Physician Assistant, Section Leader
United States Coast Guard
Base: Elizabeth City
Elizabeth City, NC

Jeremy Fisher is an Aeromedical Physician Assistant currently serving in the United States Coast Guard. Prior to this, he was an Aeromedical Physician Assistant in the United States Army. His leadership and clinical skills have been tested through three Army deployments and one Coast Guard deployment as the sole provider in geographically remote areas and austere environments. He is adept in battlefield and trauma medicine, developing mass casualty plans, evacuation protocols, cold chain management, and preventative medicine. He is very skilled in developing plans for medical missions, contingency operations, and humanitarian missions. He has served as a Physician Assistant, platoon leader, healthcare recruiter, and company commander.

He is a graduate of Penn State University, and his master's degree is from the University of Nebraska Medical Center. Jeremy currently lives in coastal North Carolina with his wife and their son and two daughters. He likes to run, hike, and cheer the Steelers on to victory.

Nicole F. Fisher, MPP

Founder and CEO
HHR Strategies, Inc.
Executive Director
Global Brain Health Coalition
Chapel Hill, NC and Washington, DC

Nicole Fisher is the Founder and CEO at HHR Strategies, a health care and human rights-focused advising firm. She is also the Executive Director for the Global Brain Health Coalition that focuses on brain health awareness and empowerment. Additionally, she is an expert on health economics, technology and reform, specifically as they impact vulnerable populations. Nicole runs a Health Innovation and Policy page at *Forbes* highlighting the companies, ideas and people that are changing the health landscape, and curates a monthly international health dinner series, "A Seat at the Table." Her writing has appeared in publications and blogs such as *Health Affairs*, *Wall Street Journal*, *Chicago Sun Times*, *Washington Post*, *Centers for Medicare & Medicaid Services Journal*, *Health Services Research*, *Wright on Health*, and the *Health Care Blog*, and her talks can be found on the United Nations website and various news and sports shows.

Nicole earned her Master in Public Policy degree from the University of Chicago and her undergraduate degree from the University of Missouri. Her health care and policy work at those institutions had an emphasis on underserved populations, women's and children's issues. She presides on several Boards for domestic and international health organizations and frequently speaks on health reform, innovation, human rights and the context surrounding health.

Courtney Lundquist, MBA, MA

Risk Mitigation Manager, The Americas
GlaxoSmithKline
Raleigh, NC

Courtney Lundquist has worked at GlaxoSmithKline (GSK), a global healthcare company, for 10 years. During her tenure, she has been involved in setting global and domestic public health strategy, implementing strategies for vaccine delivery, prevention of rare disease, and diseases specific to developing countries. She is GSK's United Nations corporate delegate accountable for achieving UN 2030 Sustainable Development Goals and serves as an enterprise panelist and external facing voice for public health related issues including: global partnership for sustainable development, infrastructure, and education. Courtney was selected as the Healthcare Business Women's Association GSK 2015 Rising Star for her work and advocacy of women and STEM education. For the majority of her career, Courtney has focused on vaccine development and delivery, including leading Vaccine Future Innovation and managing GSK's US influenza strategy.

Currently, Courtney works in corporate intelligence and risk mitigation, focusing on the Americas. She is most proud of her work in Romania supporting the development of and fundraising for the first hospice in Bucharest. Courtney holds an MBA from Indiana University and a Master's in Global Management from Thunderbird School of Global Management. She resides in Raleigh, North Carolina with her husband, Adam.

James (Jamie) C. Howgate, II, MPH

Chief of Staff
Georgia Department of Public Health
Atlanta, Georgia

Jamie Howgate grew up in Virginia and earned his Bachelor of Science degree in biology from George Mason University in 1991, and his Master of Public Health degree with a concentration in epidemiology in 2000 from George Washington University. That same year, Jamie started working for the state of Georgia's Emerging Infections Program within the Division of Infectious Diseases at Emory University's School of Medicine, where he managed several federally-funded epidemiological studies. In early 2005, he moved to the Fulton County Department of Health and Wellness in Atlanta, Georgia. In 2009, Jamie took a position at the state level in the Division of Public Health, which in 2011 became a stand-alone department, where he currently serves as Chief of Staff.

Jamie has been married for 21 years to his wife Jill and has two sons, Carson, 18, and Holden, 17. When not at work, he enjoys spending time with his wife and family, is an active leader in his sons' Boy Scout troop, and participates in a variety of outdoor activities including hiking, fly-fishing, canoeing and camping. Jamie's professional interests include data design and health assessment.

Mohamed H. Ismail, MD, MPH

Lead, Regional Tobacco Cessation Workgroup
Southern California Permanente Medical Group
Riverside, CA

Mohamed Ismail is passionate about improving health outcomes through research, policy and innovation, specifically in the area of lifestyle medicine. As the Southern California Permanente Medical Group regional advisor for tobacco cessation and alcohol use screening, he leads a team that covers 13 hospitals and serves four million health plan members. He envisages that his work in the field of tobacco control will pave the way to improve services for other risk factors, such as a less-than-optimal diet.

Mohamed's journey started with a medical degree from Cairo University and an MPH in Global Health/ Certificate in Health Geoinformatics from Loma Linda University. He is board-certified in General Preventive Medicine as well as Internal Medicine, and volunteers as a primary care physician at a free clinic for the underserved.

Mohamed enjoys giving health talks in his community and taking part in interfaith activities. He mentors youth and cherishes quality time with both of his parents. He loves cycling, appreciating sunrises, and practicing Yin Yoga. Last but not least, he is enthusiastic and honored to be a part of the DrPH Cohort 12 at the UNC Gillings School of Global Public Health!

Megan McGuire, MSC

eHealth Unit, Médecins Sans Frontières
Brooklyn, NY

Megan McGuire spent the past nine years working at Doctors Without Borders/Médecins Sans Frontières (MSF), an international humanitarian-aid non-governmental organization. Megan currently leads the eHealth Unit, with a focus on designing, developing, deploying and supporting a new health information system to MSF projects in 26 countries. She started with MSF in 2007 as a field and regional Epidemiologist leading operational research and monitoring and evaluation in various HIV and TB projects throughout sub-Saharan Africa, as well as outbreak surveillance and investigation. Prior to MSF, Megan worked for the Institute for Global Health and Center for AIDS Prevention Studies at University of California, San Francisco focusing on global health and community-based research with migrant men in India, Hepatitis C surveillance and risk assessment among inmates and staff in California State prisons, and access to healthcare and risk knowledge among young injection drug users and men who have sex with men (MSM) in San Francisco.

Megan received a Master of Science in Epidemiology at the London School of Hygiene and Tropical Medicine, and her Public Health Informatics Certification from Johns Hopkins University's Bloomberg School of Public Health. She is based out of Brooklyn, New York with her partner and three plants.

Angela Nelson, JD, MPH

Executive Director & Special Advisor
Department of Medicine
Columbia University
New York, NY

Angela Nelson provides senior leadership to the clinical and research programs of Columbia University's Department of Medicine. Angela supports the chairman's goals and priorities through a wide range of matters including policy formulation, conflict resolution, compliance, contract management, research operations, and a variety of other chair initiatives. At the institutional level, Angela has been involved in professional stewardship activities through her work on the University Senate. During her tenure there, she has worked on issues such as salary equity, a campus-wide smoking policy, and most recently,

evaluating the Rules of University Conduct. Angela's professional interests include organizational behavior, organizational effectiveness, and conflict resolution. To that end, Angela has spent a substantial amount of time studying conflict theory, volunteering as a mediator and arbitrator, and serving on the Board of Directors of the Institute for Mediation and Conflict Resolution.

Personally, Angela satisfies her passion for community service and civic engagement through active involvement in New York Cares and the Central Park Conservancy. When time permits, Angela gives back through volunteer vacations, most recently at a wildlife research center in Spain, and next at a social food program in Israel.

Sybil D Pettit, MEM

Executive Director

ILSI Health and Environmental Sciences Institute
Washington, DC

Sybil Pettit is the Executive Director of the ILSI Health and Environmental Sciences Institute (HESI), a Washington, DC-based international nonprofit organization that provides a platform for scientific collaborations addressing critical human and environmental health challenges. As director, Sybil leads HESI's efforts to build multisector scientific research programs on environmental, food, drug, and chemical safety and innovation. She has helped guide HESI's scientific and strategic direction for 16 years and has been executive director since 2011. Sybil is the author or co-author of numerous scientific articles in journals such as *Science Translational Medicine*, *American Heart Journal*, and *Toxicological Sciences* and has spoken at international scientific meetings around the world on topics relating to biomarkers, cardiac safety, genomics, translational science, public private partnerships, and other drug and chemical safety and innovation issues.

Sybil holds a bachelor's degree in biology from Amherst College and a Master of Environmental Management (MEM) degree with a specialization in toxicology from Duke University's Nicholas School of the Environment. She lives in Arlington, Virginia with her husband, two children, and a very active Brittany spaniel. In her personal time, she is also an avid distance runner and swimmer.

Marya Plotkin, MPH

Senior Monitoring, Evaluation and Research Advisor

Jhpiego (affiliate of Johns Hopkins University)
Chapel Hill, NC

Marya Plotkin has worked for Jhpiego, an affiliate of Johns Hopkins University, for the last 10 years, currently a Senior Monitoring, Evaluation and Research Advisor. For six years, Marya was based in Dar es Salaam and led a team conducting program evaluation and research for a program portfolio of close to \$60 million, which included maternal and newborn health, Voluntary Medical Male Circumcision (VMMC), and reproductive health including cervical cancer prevention. Marya has worked for other organizations over the years, including Concern Worldwide, JSI, AMREF and the Carolina Population Center. Marya has been principal investigator (PI) on four research projects in Tanzania and Zanzibar on voluntary medical male circumcision, HIV testing and counseling, malaria in pregnancy, and is currently PI on a study on measuring preventable newborn death in the health facility setting in Tanzania. She has first authored three articles in peer-reviewed journals and co-authored over a dozen.

Marya has an undergraduate degree in biology and international studies from Marlboro College in VT ('95) and an MPH from UNC Chapel Hill's Maternal and Child Health Department ('99). Marya has been awarded a Foreign Language and Area Studies (FLAS) scholarship at UNC, and will be studying the Lingala language in addition to enrollment in the DrPH program.

Marya moved from Dar es Salaam, Tanzania to Chapel Hill, North Carolina with her two sons, Janusz, 13, and Tadzio, 8. Tanzania is her "other home," since she has spent over 11 years living and working in that country since 1992. She is fluent in Swahili and her two boys are dual citizens of Tanzania and US. Marya is a former soccer player, an avid reader and is rushing to finish compiling a book of personal narratives about living in Tanzania before August.

Jason Rosenfeld, MPH

Assistant Director for Global Health
Center for Medical Humanities & Ethics
University of Texas Health Science Center
San Antonio, Texas

Jason Rosenfeld is a public health professional with 10 year of experience designing, implementing and evaluating international health and development programs, with a specific focus on community based water, sanitation and hygiene (WASH) education. Jason began his career in Ghana as a Community Health Advisor with the US Peace Corps. As a volunteer, Jason lived in a rural village of 9,000, designing health promotion materials for the National Guinea Worm Eradication program and learning to farm yams and maize. After returning to the US, Jason worked for the USAID Food for Peace program in Washington, DC before enrolling at Emory University's Rollins School of Public Health to pursue a Master in Public Health. Thereafter, he moved with his family to South Africa where he managed a participatory health education and community development program called Community Health Clubs. His success in South Africa led to his appointment with the Zimbabwe AHEAD organization in Harare, Zimbabwe during the international cholera response efforts from 2009 to 2010.

Since 2011, Jason has served as the Assistant Director for Global Health at the Center for Medical Humanities and Ethics, where he directs the global health program for the medical school. He also mentors MD/MPH students with an interest in community-based health education and evaluation research. Beginning in 2012, Jason also initiated the first adaptation of the Community Health Club model in Haiti, resulting in over 80 Clubs benefiting an estimated 24,000 people. Jason lives in San Antonio, Texas with his wife, Christy, two boys, Anders and Corbin, and two dogs, Leelu and Cookie. He keeps active by playing ultimate Frisbee, running, walking and hiking, and he recently ran his first half marathon.

Sara E. Roszak, MPH, MA

Director of Research
National Association of Chain Drug Stores
Washington, DC

Sara Roszak serves as Director of Research at the National Association of Chain Drug Stores (NACDS) where she is responsible for a portfolio of projects that highlight advancement and improvement of pharmacy practice, public health and emergency preparedness. Sara is NACDS' representative on the Institute of Medicine's Forum on Medical and Public Health Preparedness for Catastrophic Events. Separately, she manages evidence-based, principal investigator-led research projects funded by the

NACDS Foundation, a charitable organization focused on improving public health. Prior to joining NACDS and the Foundation, Sara managed the pandemic preparedness portfolio at the National Association of County and City Health Officials. In 2012, Sara co-founded Public Health Talks (#pubht | @PubHealthTalks), the first monthly Twitter chat focused solely on public health. From 2009 to 2011, she worked for U.S. Senator Bob Graham in various capacities, while first he co-chaired a congressional commission focused on preventing biological terrorism, and then as he co-chaired the presidential commission investigating the BP Deepwater Horizon oil spill.

Sara holds bachelor degrees in political science and journalism from the University of Florida (UF). She then earned a Master in Public Health and a Master of Arts in International Affairs from George Washington University. Her recent awards include the 2015 American Public Health Association's Jay S. Drotman Memorial Award for a young professional who has demonstrated outstanding potential by challenging traditional public health practice in a creative way.

Sara currently lives in Washington, DC with her husband, Andy, and serves on the board for the UF Alumni Association of Greater Washington.

Lisa P. Shock, MHS, PA-C

Senior Director of Clinical Operations
Evolent Health/WakeMed-Key Community Care
Hillsborough, North Carolina

Lisa Shock is the Senior Director of Clinical Operations, Evolent Health/WakeMed-Key Community Care. Working as a key member of the Clinical Operations Team, Lisa plays a critical growth role as one of the senior leaders responsible for working with the Accountable Care Organization to realize targeted engagement, clinical and economic outcomes. Specifically, Lisa oversees the implementation and ongoing management of the WakeMed-Key tailored population health model. Her responsibilities include the development and leadership of an annual clinical initiative plan, monitoring key program and population metrics, and participating in quality improvement efforts. She works directly with the care management staff to deliver optimal results through a tailored program that improves quality, outcomes and population health, while simultaneously lowering costs and annual trend for the populations served by partner health systems.

Lisa is a Certified Physician Assistant with subspecialties in geriatrics and rural health. She currently practices outpatient medicine at a skilled nursing facility, and inpatient medicine via a specialty consult service. Her background includes healthcare leadership roles at CHESS, Cornerstone Healthcare, Roxboro Family Medicine and Immediate Care, Duke University Medical Center and North State Medical Center, as well as teaching appointments at University of North Carolina at Chapel Hill and Duke University Medical Center. She serves on boards and committees for several state and national organizations, including the North Carolina Institute of Medicine Board of Directors, Agency for Health Care Research & Quality Technical Expert Panel and the American Academy of Physician Assistants Move to Value Taskforce.

Lisa has a BA in Neuroscience from Colgate University and her master's degree and Physician Assistant Certificate from Duke University. Lisa is married to David Shock, a chemist working on enzyme kinetics at the National Institute of Environmental Health Sciences, and they are the parents of two beautiful daughters, one of who is a pre-professional dancer. The family travels the country year-round to support their daughter's dance training. Lisa loves reading, learning and cars. She also collects antique pins.