

# MRT-TI

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TRAINING INITIATIVE

## FREQUENTLY ASKED QUESTIONS

### WHAT IS MRT-TI?

MRT-TI is a 2 semester Pathway 2 Lactation Consultant training program. It is an intensive course and should not be viewed as a “test prep course” or a “continuing education course”. Students are expected to perform at the graduate level.

### IS IT ACCREDITED?

MRT-TI is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon the recommendation of the Lactation Education and Approval Review Committee.



### HOW LONG IS THE PROGRAM AND WHEN DOES IT START?

MRT-TI runs from mid-August through mid-May. There is a mandatory orientation week immediately prior to the start of the fall semester in mid August, and another 2 day workshop in January immediately prior to the spring semester. Attendance at both workshops is mandatory. Students are supported to attend the Minority Health Conference in February.



### IS THE PROGRAM OFFERED IN DISTANCE FORMAT?

At this time, the program is only residential. Due to the impact of COVID, the class is currently offered as a hyflex model which allows for both classroom and virtual participation. The delivery of the course will be determined by the University and can change based on the latest public health guidance.



**STUDENTS EARN:**  
**300 CLINICAL HOURS**  
**95 DIDACTIC HOURS**  
**6 GRADUATE COURSE CREDITS**  
**30 CONTINUING EDUCATION UNITS**

**ONE 8-10 HOUR CLINICAL DAY PER WEEK**

**ONE 3 HOUR CLASS EACH FRIDAY FROM 12:20 PM TO 3:20 PM**

\*COURSE TIME SUBJECT TO CHANGE BASED ON UNIVERSITY GUIDANCE

Students rotate through multiple clinical sites throughout North Carolina and are expected to provide their own transportation. A drug screen, criminal background check, immunizations, personal health insurance and current Basic Life Support are some of the requirements.



Participants range from full time or part time students, those who are employed full time or part time, to stay-at home parents. Students are required to complete assignments each semester including research presentations, clinical case studies, projects, exams, and assigned readings.



### PREREQUISITE COURSES AND APPLICATION REQUIREMENTS:

Applicants must be a recognized health professional, as defined by the International Board of Lactation Consultant Examiners, or the applicant must have completed their undergraduate degree as well as the following subjects at an accredited institution of higher learning:

- Biology
- Human Anatomy
- Human Physiology
- Infant Child Growth and Development
- Introduction to Clinical Research
- Nutrition
- Psychology or Counselling Skills or Communication Skills
- Sociology or Cultural Sensitivity or Cultural Anthropology

Please visit [IBLCE.org](http://IBLCE.org) for details related to recognized health professionals and subject requirements.

**Ready to apply? Visit the MRT-TI website at:  
<https://sph.unc.edu/cgbi/lactation-consultant-training/>**

Additional questions can be emailed to: [MRT-TI@unc.edu](mailto:MRT-TI@unc.edu)

