**ALISON M. STUEBE, MD, MSc, FACOG**

**CURRICULUM VITAE**

(Last Updated March 4, 2020)

**Personal Information:**

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# **Education:**

**MSc**

Harvard School of Public Health, Boston, MA

June 2008

Epidemiology

**Fellowship**

Brigham and Women’s Hospital, Boston, MA

July 2005-June 2008

Fellowship in Maternal-Fetal Medicine

**Residency**

Brigham and Women’s / Massachusetts General Hospital, Boston, MA

June 2001-June 2005

Integrated Program Obstetrics and Gynecology

**MD**

Washington University School of Medicine, St. Louis, MO

May 2001

**BS**

Duke University, Durham, NC

May 1995

Biology

**Professional Experience:**

02/2020 – Present **Interim Division Director**

Division of Maternal Fetal Medicine   
UNC Department of Obstetrics and Gynecology

01/2020 – Present **Co-Director**

UNC Center for Maternal and Infant Health

10/2019 – Present **Professor** (with tenure)

Division of Maternal Fetal Medicine   
UNC Department of Obstetrics and Gynecology

10/2019 – Present **Distinguished Professor in Infant and Young Child Feeding**  
UNC Department of Maternal and Child Health

06/2015 – 09/2019 **Distinguished Scholar in Infant and Young Child Feeding**  
UNC Department of Maternal and Child Health

09/2014 – 01/2020 **Associate Director for Research and Development**

UNC Center for Maternal and Infant Health

07/2014 - 09/2019 **Associate Professor** (with tenure)

Division of Maternal Fetal Medicine   
UNC Department of Obstetrics and Gynecology

07/2014 - 09/2019 **Associate Professor** (with tenure)

UNC Department of Maternal and Child Health

02/2013 - Present **Medical Director of Lactation Services**

UNC HealthCare

07/2010 – 06/2014 **Assistant Professor** (joint appointment)

Department of Maternal and Child Health

UNC Gillings School of Global Public Health

07/2008 – 06/2014 **Assistant Professor**

Division of Maternal Fetal Medicine   
UNC Department of Obstetrics and Gynecology

2005 - 2008 **Fellow**

Maternal-Fetal Medicine

Brigham and Women’s Hospital

Boston, MA

2001 - 2005 **Resident**

Brigham and Women’s Hospital / Massachusetts General Hospital Integrated Residency in Obstetrics and Gynecology

Boston, MA

01/1996 - 6/1997 **Producer**

New York Times Electronic Media Company

New York, NY

06-08/1995 **Summer Intern**

The Washington Post Co.

Washington, DC

**Honors and Awards:**

2017 Talent Identification Program/Distinguished Alumni Award

(Duke University)

2016 Society of Maternal-Fetal Medicine Award of Research Excellence

2013 Jefferson Pilot Faculty Scholar, UNC School of Medicine

2012 Invited Participant, National Cancer Institute Workshop, Postpartum Breast Remodeling, Lactation and Breast Cancer Risk: Toward Improved Risk Assessment and Prevention

2012 Society of Maternal-Fetal Medicine Award of Research Excellence

2008 - 2012 Women’s Reproductive Health Research Faculty Scholar

2011 Invited participant, National Institute of Child Health and Development. Scientific Vision Workshop on Developmental Origins of Health and Disease

2008 Wyeth President’s Presenters Award   
Society for Gynecologic Investigation

2008 Society of Maternal-Fetal Medicine Award of Research Excellence

2006 - 2007 Ross Award, for best maternal-fetal medicine research presentation by a person in training. New England Perinatal Society.

2004 - 2005 Harvard Medical School Excellence in Teaching Award

2002 - 2003 Berlex Resident Teaching Award

2001 - 2002 Harvard Medical School Excellence in Teaching Award

2001 Elected Alpha Omega Alpha

Robert Carter Medical School Prize for outstanding performance in the medical school curriculum

Academic Women's Network Student Leadership Award

American Medical Women’s Association

Janet M. Glasgow Memorial Achievement Citation

Missouri State Medical Association Award

Park J. White, M.D. Prize

Wynder Prize in Preventive Medicine

1997 - 2001 Washington University Distinguished Student Scholar/

Mr. and Mrs. Spencer T. Olin Fellow (full tuition merit award)

1995 Summa Cum Laude, Duke University

1994 Phi Beta Kappa

Harry S. Truman Scholar

Barry M. Goldwater Presidential Scholar

1991 - 1995 Angier B. Duke Scholar (full tuition merit award)

1991 National Merit Scholar

**Board Certifications and Licensure:**

**American Board of Obstetrics and Gynecology**

Board Certified, Maternal Fetal Medicine, April 2012

Board Certified, Obstetrics and Gynecology, January 2010

**Massachusetts Board of Registration in Medicine**

License #224935

**North Carolina Medical Board**

License # 2008-00156

**BIBLIOGRAPHY**

Key to Role on Publications

\* Leader for conception, design, data analysis and writing of article/chapter

^ Co-investigator, and contributor to concept and writing

#   Principal investigator of project and mentor to first author

\*\* Mentor to first author

! dissertation committee member

‡ Medical Student, + Resident, ~ Fellow, & graduate student

**Peer-reviewed Publications:**

***Book Chapters***

1. **Stuebe A\***, & Tully K (2020). Optimizing Maternal-Infant Health: Ameliorating the Mismatch between Evolved Dyadic Needs and the Current Culture of Health around the 4th Trimester. In J. Schulkin & M. Power (Eds.), *Integrating Evolutionary Biology into Medical Education*: Oxford University Press.
2. Dotters-Katz SK~, **Stuebe AM**\*,#. Postpartum Care. In *Obstetric Evidence Based Guidelines*, 3rd Ed. New York: CRC Press, 2017: 317-334
3. **Stuebe, AM\***. Postpartum Care. In *Obstetric Evidence Based Guidelines*, 2nd Ed. London: Informa Health Care, 2012: 242-253

***Peer-Reviewed Articles (based on original research)***

1. Whitley J+, Wouk K, Bauer AE, Grewen K, Gottfredson NC, Meltzer-Brody S, Propper C, Mills-Koonce R, Pearson B, **Stuebe A**#. Oxytocin during breastfeeding and maternal mood symptoms. Psychoneuroendocrinology. 2019 Dec 31;113:104581.
2. Johnson JD~, Asiodu IV, McKenzie CP, Tucker C, Tully KP, Bryant K, Verbiest S, **Stuebe AM**#. Racial and Ethnic Inequities in Postpartum Pain Evaluation and Management. Obstetrics & Gynecology. 2019;134(6):1155-1162.
3. Beamon CJ~, **Stuebe AM**^, Edwards LJ, Mayer DC, Strauss RA. Is the type of neuraxial anesthesia associated with adverse neonatal outcomes among patients with preeclampsia? J Neonatal Perinatal Med. 2019 Nov 16
4. **Stuebe AM**\*, Meltzer-Brody S, Propper C, Pearson B, Beiler P, Elam M, Walker C, Mills-Koonce R, Grewen K. The Mood, Mother, and Infant Study: Associations Between Maternal Mood in Pregnancy and Breastfeeding Outcome. *Breastfeed Med*. 2019 Aug 19. [EPub ahead of print]
5. ~,&Fryer KE, Vines AI, **Stuebe AM**\*\*. A Multisite Examination of Everyday Discrimination and the Prevalence of Spontaneous Preterm Birth in African American and Latina Women in the United States. Am J Perinatol. 2019 Jul 31. [EPub ahead of print]
6. Maldonado LY‡, Fryer KE, Tucker CM, Stuebe AM\*\*. The Association between Travel Time and Prenatal Care Attendance. Am J Perinatol. 2019 Jun 12.
7. Wouk K~, Tucker C, Pence BW, Meltzer-Brody S, Zvara B, Grewen K, Stuebe AM\*\*#!. Positive Emotions During Infant Feeding and Breastfeeding Outcomes. J Hum Lact. 2019 May 6.
8. Cordero C, Windham GC, Schieve LA, Fallin MD, Croen LA, Siega-Riz AM, Engel SM, Herring AH, **Stuebe AM**^, Vladutiu CJ, Daniels JL. Maternal diabetes and hypertensive disorders in association with autism spectrum disorder. *Autism Res*. 2019 Apr 10. [Epub ahead of print]
9. Bryant AG, Bauer AE, Muddana A, Wouk K, Chetwynd E, Yourkavitch J, **Stuebe AM#**. The Lactational Effects of Contraceptive Hormones: an Evaluation (LECHE) Study. *Contraception*. 2019 Mar 18. [Epub ahead of print]
10. Chetwynd EM, **Stuebe AM\*\***, Rosenberg L, Troester MA, Palmer JR. Prepregnancy Diabetes and Breastfeeding Cessation Among Black Women in the United States. Breastfeed Med. 2019 May;14(4):249-255.
11. Krashin JW, Lemani C, Nkambule J, Talama G, Chinula L, Flax VL, **Stuebe AM^**, Tang JH. A Comparison of Breastfeeding Exclusivity and Duration Rates Between Immediate Postpartum Levonorgestrel Versus Etonogestrel Implant Users: A Prospective Cohort Study. Breastfeed Med. 2019 Jan/Feb;14(1):69-76.
12. Glover AV~, Berry DC, Schwartz TA, **Stuebe AM**#. The Association of Metabolic Dysfunction with Breastfeeding Outcomes in Gestational Diabetes. *American Journal of Perinatology* 2018 Dec;35(14):1339-1345.
13. Oliver-Williams C&, Vladutiu CJ, Loehr LR, Rosamond WD, **Stuebe AM**\*\*. The Association Between Parity and Subsequent Cardiovascular Disease in Women: The Atherosclerosis Risk in Communities Study. *Journal of Women’s Health* (Larchmt). 2018 Nov 27. [Epub ahead of print]
14. Vladutiu CJ, Ahrens KA, Verbiest S, Menard MK, **Stuebe AM**^. Cardiovascular Health of Mothers in the United States: National Health and Nutrition Examination Survey 2007-2014. *Journal of Women’s Health* (Larchmt). 2019 Sep;28(9):1227-1236. 2018 Nov 20. [Epub ahead of print]
15. Wouk K&, Gottfredson NC, Tucker C, Pence BW, Meltzer-Brody S, Zvara B, Grewen K, **Stuebe AM**#. Positive Emotions During Infant Feeding and Postpartum Mental Health. *Journal of Women’s Health* (Larchmt). 2018 Oct 10. [Epub ahead of print]
16. Herrera SR~, Vincent KL, Poole A, Olson G, Patrikeev I, Saada J, Gamble P, Motamedi M, Saade GR, **Stuebe AM**^, Bytautiene Prewit E. Long-Term Effect of Lactation on Maternal Cardiovascular Function and Adiposity in a Murine Model. *American Journal of Perinatology* 2018 Sep 7. [Epub ahead of print]
17. Bytautiene Prewit E, Kechichian T, Okunade D, Yin H, **Stuebe AM**^. Effect of Normal Pregnancy Followed by Lactation on Long-Term Maternal Health in a Mouse Model. *Reproductive Science* 2018 Aug;25(8):1186-1196. Epub 2017 Oct 11.
18. Perera MJ, Reina SA, Elfassy T, Potter JE, Alvarez DS, Simon MA, Isasi CR, **Stuebe AM**^, Schneiderman N, Llabre MM. Gestational diabetes and cardiovascular risk factors and disease in U.S. Hispanics/Latinas in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *Women Health* 2018 Jul 24:1-15.
19. Muddana A, Asbill DT, Jerath MR, **Stuebe AM**\*\*. Quantitative Sensory Testing, Antihistamines, and Beta-Blockers for Management of Persistent Breast Pain: A Case Series. *Breastfeed Medicine* 2018 Apr 9.
20. Fryer K~, Santos HP Jr., Pedersen C, **Stuebe AM**\*\*. The Hispanic Paradox: Socioeconomic Factors and Race/Ethnicity in Breastfeeding Outcomes. *Breastfeed Medicine* 2018 Feb 27.
21. Smid MC~, **Stuebe AM**^, Manuck TA, Sen S. Maternal obesity, fish intake and recurrent spontaneous preterm birth. *Journal of Maternal Fetal Neonatal Medicine* 2019 Aug;32(15):2486-2492. [Epub ahead of print] 2018 Feb 7:1-141.
22. Goulding AN+, Wouk K, **Stuebe AM**\*\*. Contraception and Breastfeeding at 4 Months Postpartum Among Women Intending to Breastfeed. *Breastfeed Medicine* 2018 Jan/Feb;13(1):75-80.
23. **Stuebe AM**\*, Jegier BJ, Schwarz EB, Green BD, Reinhold AG, Colaizy TT, Bogen DL, Schaefer AJ, Jegier JT, Green NS, Bartick MC. An Online Calculator to Estimate the Impact of Changes in Breastfeeding Rates on Population Health and Costs. *Breastfeed Medicine* 2017 Dec;12(10):645-658.
24. Chetwynd EM&, **Stuebe AM**\*\*,!, Rosenberg L, Troester M, Rowley D, Palmer JR. Cumulative lactation and onset of hypertension in African American women. *American Journal of Epidemiology* 2017 Oct 15;186(8):927-934.
25. Bytautiene Prewit E, Kechichian T, Okunade D, Yin H, **Stuebe AM^**. Effect of Normal Pregnancy Followed by Lactation on Long-Term Maternal Health in a Mouse Model. *Reproductive Science* 2017 October 11 [Epub ahead of print]
26. Guintivano J, Sullivan PF, **Stuebe AM**, Penders T, Thorp J, Rubinow DR, Meltzer-Brody S. Adverse life events, psychiatric history, and biological predictors of postpartum depression in an ethnically diverse sample of postpartum women. *Psychological Medicine* 2017 Sep 27:1-14. [Epub ahead of print]
27. Cox EQ, Raines C, Kimmel M, Richardson E, **Stuebe A^**, Meltzer-Brody S. Comprehensive Integrated Care Model to Improve Maternal Mental Health. *Journal of Obstetrics and Gynecological Neonatal Nursing* Epub 2017 Sep 6.
28. Zerden ML~, Falkovich A, McClain EK, Verbiest S, Warner DD, Wereszczak JK, **Stuebe A**\*\*. Addressing Unmet Maternal Health Needs at a Pediatric Specialty Infant Care Clinic. *Womens Health Issues* 2017 Sep - Oct;27(5):559-564.
29. Vladutiu CJ, Meyer ML, Malek AM, **Stuebe AM**^, Mosher A, Aggarwal S, Kleindorfer D, Howard VJ. Racial Differences in the Association between Parity and Incident Stroke: Results from the REasons for Geographic and Racial Differences in Stroke Study. *Journal of Stroke & Cerebrovascular Diseases* 2017 Apr;26(4):749-755.
30. Smid MC~, Dotters-Katz SK, McElwain CA, Volckmann ET, Schulkin J, **Stuebe AM**\*\*. Pregnancy After Bariatric Surgery: National Survey of Obstetrician's Comfort, Knowledge, and Practice Patterns. *Obesity Surgery* 2017 Mar 30
31. Wouk K&, **Stuebe AM**\*\*, Meltzer-Brody S. Postpartum Mental Health and Breastfeeding Practices: An Analysis Using the 2010-2011 Pregnancy Risk Assessment Monitoring System. *Maternal Child Health Journal* 2017 Mar;21(3):636-647. Epub 2016 Jul 22.
32. Smid MC~, Edwards RK, Biggio JR, Dorman K, Leduke RC, Lesher LL, Manuck TA, Saade GR, Salazar AE, Stamilio DM, **Stuebe AM**\*\*, Tita AT, Torres CM, Varner MW, Wapner RJ. Class III Obese Women's Preferences and Concerns for Cesarean Skin Incision: A Multicenter Survey. *American Journal of Perinatology* 2017 Feb;34(3):289-294. Epub 2016 Aug 17.
33. Bartick MC, Jegier BJ, Green BD, Schwarz EB, Reinhold AG, **Stuebe AM**\*\*. Disparities in Breastfeeding: Impact on Maternal and Child Health Outcomes and Costs. *Journal of Pediatrics* 2017 Feb;181:49-55.e6.
34. Bartick MC, Schwarz EB, Green BD, Jegier BJ, Reinhold AG, Colaizy TT, Bogen DL, Schaefer AJ, **Stuebe AM**\*\*. Suboptimal breastfeeding in the United States: Maternal and pediatric health outcomes and costs. *Maternal Child Nutrition* 2017 Jan;13(1).
35. **Stuebe AM\***, Bonuck K, Adatorwovor R, Schwartz TA, Berry DC. A Cluster Randomized Trial of Tailored Breastfeeding Support for Women with Gestational Diabetes. *Breastfeed Medicine* 2016 Dec;11:504-513.
36. Martin CL&, Siega-Riz AM, Sotres-Alvarez D, Robinson WR, Daniels JL, Perrin EM, & **Stuebe AM**!. Maternal Dietary Patterns during Pregnancy Are Associated with Child Growth in the First 3 Years of Life. J Nutr. 2016 Nov;146(11):2281-2288.
37. Verbiest S, McClain E, **Stuebe A**^, Menard MK. Postpartum Health Services Requested by Mothers with Newborns Receiving Intensive Care. Matern Child Health J. 2016 Nov;20(Suppl 1):125-131.
38. Colaizy TT, Bartick MC, Jegier BJ, Green BD, Reinhold AG, Schaefer AJ, Bogen DL, Schwarz EB, **Stuebe AM**^; Eunice Kennedy Shriver National Institute of Child Health and Human Development Neonatal Research Network. Impact of Optimized Breastfeeding on the Costs of Necrotizing Enterocolitis in Extremely Low Birthweight Infants. J Pediatr. 2016 Aug;175:100-105
39. **Stuebe AM**\*, Bryant AG, Lewis R, Muddana A. Association of Etonogestrel-Releasing Contraceptive Implant with Reduced Weight Gain in an Exclusively Breastfed Infant: Report and Literature Review*. Breastfeed Medicine* 2016 May;11:203-6. Epub 2016 Mar 31.
40. Martin CL&, Siega-Riz AM, Sotres-Alvarez D, Robinson WR, Daniels JL, Perrin EM, **Stuebe AM**!. Maternal Dietary Patterns are Associated with Lower Levels of Cardiometabolic Markers during Pregnancy. *Paediatric and Perinatal Epidemiology*. 2016. May;30(3):246-55. Epub 2016 Feb 5.
41. Smid MC~, Smiley SG, Schulkin J, Stamilio DM, Edwards RK, **Stuebe AM**\*\*. The Problem of the Pannus: Physician Preference Survey and a Review of the Literature on Cesarean Skin Incision in Morbidly Obese Women. *American Journal of Perinatology* 2016 Apr;33(5):463-72. Epub 2015 Oct 28.
42. Crowley SK~, O'Buckley TK, Schiller CE, **Stuebe A**^, Morrow AL, Girdler SS. Blunted neuroactive steroid and HPA axis responses to stress are associated with reduced sleep quality and negative affect in pregnancy: a pilot study. *Psychopharmacology* (Berl). 2016 Apr;233(7):1299-310.
43. Vladutiu CJ, Siega-Riz AM, Sotres-Alvarez D, **Stuebe AM**^, Ni A, Tabb KM, Gallo LC, Potter JE, Heiss G. Parity and Components of the Metabolic Syndrome Among US Hispanic/Latina Women: Results From the Hispanic Community Health Study/Study of Latinos. Circulation: *Cardiovascular Quality and Outcomes*. 2016 Jan;9(1):S62-9.
44. Perng W, Rifas-Shiman SL, Rich-Edwards JW, **Stuebe AM^**, Oken E. Inflammation and weight gain in reproductive-aged women. *Annals of Human Biology* 2016 Jan;43(1):91-5. Epub 2014 Dec 16.
45. Wouk K&, Lara-Cinisomo S, **Stuebe AM**^, Poole C, Petrick JL, McKenney KM. Clinical Interventions to Promote Breastfeeding by Latinas: A Meta-analysis. Pediatrics. 2016 Jan;137(1).
46. Eichelberger KY~, Baker AM, Woodham PC, Haeri S, Strauss RA, **Stuebe AM**\*\*. Second-Trimester Maternal Serum Paraxanthine, CYP1A2 Activity, and the Risk of Severe Preeclampsia. *Obstetrics & Gynecology* 2015 Oct;126(4):725-730.
47. Twigger AJ, Hepworth AR, Lai CT, Chetwynd E, **Stuebe AM**^, Blancafort P, Hartmann PE, Geddes DT, Kakulas F. Gene expression in breastmilk cells is associated with maternal and infant characteristics. Sci Rep. 2015 Aug 10;5
48. Berry D, Verbiest S, Hall EG, Dawson I, Norton D, Willis S, McDonald K, **Stuebe A**^. A Postpartum Community-Based Weight Management Intervention Designed for Low-Income Women: Feasibility and Initial Efficacy Testing. *Journal of the National Black Nurses Association* 2015 Jul;26(1):29-39.
49. Zera CA, Bates DW, **Stuebe AM**^, Ecker JL, Seely EW. Diabetes Screening Reminder for Women With Prior Gestational Diabetes: A Randomized Controlled Trial. *Obstetrics & Gynecology* 2015 Jul;126(1):109-114.
50. Grace MR, Hardisty E, Green NS, Davidson E, **Stuebe AM**^, Vora NL. Cell free DNA testing-interpretation of results using an online calculator. Am J Obstet Gynecol. 2015 Jul;213(1):30.
51. **Stuebe AM**\*, Landon MB, Lai Y, Klebanoff M, Ramin SM, Wapner RJ, Varner MW, Rouse DJ, Sciscione A, Catalano P, Saade G, Sorokin Y, Peaceman AM; Is there a threshold Oral Glucose Tolerance Test Value for Predicting Adverse Pregnancy Outcome? For the Eunice Kennedy Shriver National Institute of Child Health and Human Development Maternal-Fetal Medicine Units Network, Bethesda, MD. *American Journal of Perinatology* 2015 Jul;32(9):833-8.
52. **Stuebe AM**\*, Meltzer-Brody S, Pearson B, Pedersen C, Grewen K. Maternal neuroendocrine serum levels in exclusively breastfeeding mothers. *Breastfeed Medicine* 2015 May;10:197-202. [Epub 2015 Apr 1.]
53. Stuart GS, Lesko CR, **Stuebe AM**^**,** Bryant AG, Levi EE, Danvers AI. A Randomized Trial of Levonorgestrel Intrauterine System Insertion 6 to 48Hours Compared to 6Weeks After Vaginal delivery; Lessons Learned. *Contraception* 2015 Apr;91(4):284-8. Epub 2014 Dec 29.
54. Lopez LM, Grey TW, **Stuebe AM**^, Chen M, Truitt ST, Gallo MF. Combined hormonal versus nonhormonal versus progestin-only contraception in lactation. *Cochrane* *Database System Review* 2015 Mar 20;3:CD003988.
55. Cox EQ+, **Stuebe A**\*\*,^, Pearson B, Grewen K, Rubinow D, Meltzer-Brody S. Oxytocin and HPA stress axis reactivity in postpartum women. *Psychoneuroendocrinology* 2015 Feb 25;55:164-172.
56. Wiegand SL~, Stringer EM, **Stuebe AM**^, Jones H, Seashore C, Thorp J. Buprenorphine and Naloxone Compared with Methadone Treatment in Pregnancy. *Obstetrics & Gynecology* 2015 Feb;125(2):363-8.
57. Berggren EK~, **Stuebe AM**^,\*\*, Boggess KA. Excess Maternal Weight Gain and Large for Gestational Age Risk among Women with Gestational Diabetes. *American Journal of Perinatology* 2015 Feb;32(3):251-6.
58. Perng W, Stuart J, Rifas-Shiman SL, Rich-Edwards JW, **Stuebe A**^, Oken E. Preterm Birth and Long-term Maternal Cardiovascular Health. *Annals of Epidemiology* 2015 Jan;25(1):40-5. Epub 2014 Oct 18.
59. Chollet-Hinton LS&, **Stuebe AM**#**,** Casbas-Hernandez P, Chetwynd E, & Troester MA. Temporal Trends in the Inflammatory Cytokine Profile of Human Breastmilk. Breastfeed Med. 2014 Dec;9(10):530-7.
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61. Harmon QE&, Engel SM, Wu MC, Moran TM, Luo J, **Stuebe AM**!, Avery CL, Olshan AF. Polymorphisms in Inflammatory Genes are Associated with Term Small for Gestational Age and Preeclampsia. *American Journal of Reproductive Immunology* 2014 May;71(5):472-84.
62. **Stuebe AM**\*, Horton BJ, Chetwynd E, Watkins S, Grewen K, Meltzer-Brody S. Prevalence and Risk Factors for Early, Undesired Weaning Attributed to Lactation Dysfunction. *Journal of Womens Health (*Larchmt*).* 2014 May; 23(5); 404-12.
63. Starling AP&, Engel SM, Richardson DB, Baird DD, Haug LS, **Stuebe AM**!**,** Klungseyr K, Harmon Q, Becher G, Thomsen C, Sabaredzovic A, Eggesbe M, Hoppin JA, Travlos GS, Wilson RE, Trogstad LI, Magnus P, Longnecker MP. Perfluoroalkyl Substances During Pregnancy and Validated Preeclampsia Among Nulliparous Women in the Norwegian Mother and Child Cohort Study. *American Journal of Epidemiology* 2014 Apr 1;179(7):824-33.
64. Bonuck K, **Stuebe A^**, Barnett J, Fletcher J, Bernstein P. A primary care intervention increases breastfeeding duration and intensity: Results of two randomized clinical trials. *American Journal of Public Health*. 2014 Feb;104 Suppl 1:S119-27.
65. Starling AP&, Engel SM, Whitworth KW, Richardson DB, **Stuebe AM**!, Daniels JL, Haug LS, Eggesbø M, Becher G, Sabaredzovic A, Thomsen C, Wilson RE, Travlos GS, Hoppin JA, Baird DD, Longnecker MP. Perfluoroalkyl substances and lipid concentrations in plasma during pregnancy among women in the Norwegian Mother and Child Cohort Study. *Environ International Journal* 2014 Jan;62:104-12.
66. Chetwynd E&, Meyer AM, **Stuebe A**^, Costello R, Labbok M. Recognition of International Board Certified Lactation Consultants by health insurance providers in the United States: results of a national survey of lactation consultants. *Journal of Human Lactation* 2013 Nov;29(4):517-526.
67. Berry DC, Neal M, Hall EG, Schwartz TA, Verbiest S, Bonuck K, Goodnight W, Brody S, Dorman KF, Menard MK, **Stuebe** **AM**^. Rationale, design, and methodology for the optimizing outcomes in women with gestational diabetes mellitus and their infants study. *BMC Pregnancy Childbirth*. 2013 Oct 10;13(1):184.
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69. Cramer DW, Williams K, Vitonis AF, Yamamoto HS, **Stuebe A**^**,** Welch WR, Titus L, Fichorova RN. Puerperal mastitis: a reproductive event of importance affecting anti-mucin antibody levels and ovarian cancer risk. *Cancer Causes Control*. 2013 Aug 8. Epub 2013 Aug 8
70. Bartick MC, **Stuebe AM**^, Schwarz EB, Luongo C, Reinhold AG, Foster EM. Cost Analysis of Maternal Disease Associated With Suboptimal Breastfeeding. *Obstetrics & Gynecology* 2013 Jul;122(1):111-119.
71. Lenhart PM&, Nguyen T, Wise A, Caron KM, Herring AH, **Stuebe AM**#. Adrenomedullin Signaling Pathway Polymorphisms and Adverse Pregnancy Outcomes. Am J Perinatol. 2014 Apr;31(4):327-34.
72. Stuebe AM\*, Wise A, Nguyen T, Herring A, North KE, Siega-Riz AM. Maternal Genotype and Gestational Diabetes. American Journal of Perinatology 2014 Jan;31(1):69-76.
73. **Stuebe AM**\*, Grewen K, Meltzer-Brody S. Association between maternal mood and oxytocin response to breastfeeding. J Womens Health (Larchmt). 2013 Apr;22(4):352-61
74. Hassiotou F, Hepworth AR, Beltran AS, Mathews MM, **Stuebe AM**^, Hartmann PE, Filgueira L, Blancafort P. Expression of the Pluripotency Transcription Factor OCT4 in the Normal and Aberrant Mammary Gland. *Front Oncology* 2013 Apr 11;3:79.
75. Connolly A, Ryan DH+, **Stuebe AM**^**,** Wolfe HM. Reevaluation of discriminatory and threshold levels for serum β-hCG in early pregnancy. *Obstetrics & Gynecology* 2013 Jan;121(1):65-70.
76. Hassiotou F, Beltran A, Chetwynd E, **Stuebe AM**^, Twigger AJ, Metzger P, Trengove N, Tat Lai C, Filgueira L, Blancafort P, Hartmann PE. Breastmilk is a Novel Source of Stem Cells with Multi-Lineage Differentiation Potential. *Stem Cells* 2012 Oct;30(10):2164-74.
77. Beamon CJ+, **Stuebe** **AM**^, Wolfe HM. Factors Influencing Visualization of the Intracranial Translucency during First-Trimester Screening for Aneuploidy. *American Journal of Perinatology* 2012 Aug;29(7):503-8.
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79. Berggren EK~, Boggess KA, Funk MJ, **Stuebe AM\***\*. Racial Disparities in Perinatal Outcomes Among Women with Gestational Diabetes. *Journal of Women’s Health (Larchmt).* 2012 May;21(5):521-7.
80. McLean M+, Hines R, Polinkovsky M, **Stuebe A**^, Thorp J, Strauss R. Type of Skin Incision and Wound Complications in the Obese Parturient*.* *American Journal of Perinatology* 2012 Apr;29(4):301-6.
81. Baker AM~, Haeri S, Camargo CA Jr, **Stuebe AM**^, Boggess KA. First trimester maternal vitamin D status and risk for gestational diabetes mellitus: a nested case-control study. *Diabetes/Metabolism Research and Reviews* 2012 Feb;28(2):164-8.
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***Other Peer-Reviewed Articles***

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2. **Stuebe A**\*. Go Red for Breastfeeding. Breastfeed Med. 2020 Feb
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***Accepted Peer-Reviewed Papers***

1. Fryer K, Vines AI, **Stuebe AM**. A Multi-site Examination of Everyday Discrimination and the Prevalence of Spontaneous Preterm Birth in African American and Latina Women in the United States. Submitted to *American Journal of Perinatology*, February 2019, 19 typed pages.

***Peer-Reviewed Report***

1. Feltner C, Weber RP, **Stuebe A**^, Grodensky CA, Orr C, Viswanathan M. Breastfeeding Programs and Policies, Breastfeeding Uptake, and Maternal Health Outcomes in Developed Countries. Comparative Effectiveness Review No. 210. (Prepared by the RTI International–University of North Carolina at Chapel Hill Evidence-based Practice Center under Contract No. 290-2015-00011-I.) AHRQ Publication No. 18-EHC014-EF. Rockville, MD: Agency for Healthcare Research and Quality; July 2018 pgs. 1-23

***Peer Reviewed Online Scholarship***

1. **Stuebe AM\***, Barbieri R. Continuous intrapartum support. In: Rose BD, editor. UpToDate, Inc. Wellesley (MA); 2009. Available from: http://www.uptodateonline.com/home/index.html [Jan 1 2019].
2. **Stuebe AM**, Fiumara K, Lee K. Principles of medication use during lactation

In: Rose BD, editor. UpToDate, Inc. Wellesley (MA); 2013. Available from: http://www.uptodateonline.com/home/index.html [Sept 1 2013].

***Letters to the Editor***

1. **Stuebe AM**, Auguste TC, Gulati M, Zahn CM. In Reply. *Obstetrics & Gynecology*. 2018 Sep;132(3):785.
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***Published Abstracts***

***Oral Presentations***

1. Bauer AE, Wouk K, Grewen K, Gottfredson NC, Meltzer-Brody S, Propper C, Mills-Koonce R, Pearson B, Whitley J and **Stuebe A**. Prenatal depression and anxiety is associated with Hypothalamic Pituitary Adrenal (HPA) axis dysregulation. American Journal of Obstetrics & Gynecology. 2020 (70): S59-S60. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Grapevine, TX, February 2020.
2. Palmquist AEL, Asiodu I, Asbill DT, Malloy A, Tully K, Muddana A, Tucker C, Bryant K, and **Stuebe A**. Racial Equity and Access to Pasteurized Donor Human Milk in a Hospital Setting. Breastfeeding and Feminism International Conference, March 2019, Chapel Hill, NC.
3. **Stuebe AM**, McKenzie CP, Tucker C, Tully K, Bryant K, Verbiest S. 101: Patterns of opiate prescribing following cesarean birth. *American Journal of Obstetrics & Gynecology* . 2018;218(1):S73. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Dallas, TX, February 2018.
4. Muddana A, Lougou D, Harris H, Tester C, Bartick M, **Stuebe A.** Lactation Safety Recommendation And Reliability Update In 10 Medication Resources From 2007-2017. Breastfeeding Medicine. October 2017, 12(S1). Presented at the Academy of Breastfeeding Medicine 22nd Annual International Meeting, Atlanta, Georgia, November 2017.
5. **Stuebe AM**, Lebedevitch C, Barraza L.  How Healthcare Providers and Payers Can Enable Breastfeeding: The Role of Law and Policy. Presented at the American Public Health Association 2017 Annual Meeting & Expo, Atlanta, GA, November 2017.
6. **Stuebe AM,** Tully K, Verbiest S. Establishing the 4th Trimester. Presented at the American Public Health Association 2017 Annual Meeting & Expo, Atlanta, GA, November 2017.
7. **Stuebe AM**, Tully KP, Verbiest SB, Simpson M. The 4th Trimester: Inequity in Understanding, Reaching, and Supporting Maternal Health. Presented at the Breastfeeding and Feminism International Conference, Chapel Hill, NC, March 2017.
8. Grewen K, Lee TK, **Stuebe A**. 64: Benefits of greater breastfeeding intensity on endothelial function and metabolic profile. *American Journal of Obstetrics & Gynecology* ;216(1):S46-S47. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Las Vegas, NV, January 2017.
9. Chetwynd E, **Stuebe A**, Troester M, Rowley D, Halpern C, Palmer J. Cumulative lactation and middle aged onset of hypertension in African American women. *Breastfeeding Medicine*. 2016;11(S1):S8. Presented at the Academy of Breastfeeding Medicine 21st Annual International Meeting, Washington, DC, October 2016.
10. Bryant A, Muddana A, Yourkavitch J, Chetwynd E, Wouk K, **Stuebe A**. Lactational Effects of Contraceptive Hormones: An Evaluation (LECHE). *Breastfeed Medicine* 2016;11(S1):S6. Presented at the Academy of Breastfeeding Medicine 21st Annual International Meeting, Washington, DC, October 2016.
11. **Stuebe AM**, Bonuck K, Adatorwovor R, Schwartz TA, Berry D. A tailored breastfeeding support intervention for women with gestational diabetes. Winner, Society of Maternal-Fetal Medicine Award of Research Excellence. *American Journal of Obstetrics and Gynecology* 2016 Jan;214(1):S68.Presented at the Society for Maternal Fetal Medicine Annual Meeting, Atlanta, GA, February 2016.
12. Herrera SR, Vincent KL, Patrikeev I, Saada J, Gamble P, Motamedi M, Saade GR, **Stuebe A**, Bytautiene E.Long term effect of lactation on maternal cardiovascular function and adiposity. *American Journal of Obstetrics and Gynecology* 2016 Jan;214(1):S33. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Atlanta, GA, February 2016
13. Goulding A, Houk K, **Stuebe A**. Prenatal Breastfeeding Intention, Contraceptive Method, And Infant Feeding at Three Months Postpartum. *Breastfeeding Medicine* September 2015, 10(S8). Presented at The Academy of Breastfeeding Medicine 20th Annual International Meeting, Los Angeles, California, October 2015.
14. Robertson S, Grewen K, Meltzer-Brody S, Pearson B, **Stuebe A**. Prenatal anxiety symptoms and infant feeding patterns. *Breastfeeding Medicine* November 2014, 9(S1): S-1. Presented at the Academy of Breastfeeding Medicine International Meeting, Cleveland, OH. November 2014.
15. Poole A, Gamble P, Tamayo E, Patrikeev I, Wei J, Vinvent K, Olson G, Saade G, **Stuebe A**, Bytautiene E. Effect of lactation on maternal postpartum cardiometabolic status-a murine mode. Winner, Society of Maternal-Fetal Medicine Award of Research Excellence. *American Journal of Obstetrics and Gynecology* 2014 Jan;210(1):S27. Presented at the Society for Maternal Fetal Medicine Annual Meeting, New Orleans, LA, February 2014.
16. **Stuebe AM**, Wise A, Nguyen T, Meltzer-Brody S, Grewen K, Siega-Riz, AM. Oxytocin Receptor Polymorphisms and Postpartum Weight Retention. *Reproductive Science* 2013:20(3S):93A. Presented at the Society for Gynecologic Investigation, Orlando, FL, March 2013.
17. **Stuebe AM,** Schiller C, Meltzer-Brody S, Grewen K. Maternal mood modifies associations between estradiol and oxytocin release during breastfeeding. *Breastfeeding Medicine* 2012: 7(S1): S2. Presented at Academy of Breastfeeding Medicine International Meeting, Chicago, IL, October 2012.
18. **Stuebe AM**, Wise A, Boggess KA, Herring AH, Siega-Riz AM. Maternal Genotype and Gestational Diabetes. *American Journal of Obstetrics Gynecology* 2012:206(1):S47. Winner, Society of Maternal-Fetal Medicine Award of Research Excellence. Presented at the Society for Maternal Fetal Medicine Annual Meeting. Dallas, TX, February 2012.
19. **Stuebe AM**, Meltzer-Brody S, Grewen K. What is “normal” endocrine function during exclusive breastfeeding*? Breastfeeding Medicine* 2011: 6(S1): S3. Presented at the Academy of Breastfeeding Medicine International Meeting, Miami, FL, November 2011.
20. **Stuebe AM**, Wise A, Boggess KA, Herring AH, Siega-Riz AM: Vitamin D-Associated Polymorphisms and Hypertensive Complications of Pregnancy. *Reproductive Science* 2011;18(3S):170A. Presented at the Society for Gynecologic Investigation, Miami, FL, March 2011.
21. Woodham P, Brittain J, Baker A, Haeri S, Camargo C, **Stuebe A**. 37: Maternal 25(OH)D levels and sFLT-1/PlGF ratio improves predictability of severe preeclampsia in early pregnancy. *American Journal of Obstetrics and Gynecology* 2011;204(1):S22. Presented at the Society for Maternal Fetal Medicine Annual Meeting. San Francisco, CA, February 2011.
22. **Stuebe AM**, Willett WC, Michels KM. Lactation and incidence of premenopausal breast cancer: A prospective cohort study. *Reproductive Science* 2008 Aug;15(1):93A. Winner, Wyeth President’s Presenter's Award. Presented at the Society for Gynecologic Investigation, San Diego, CA, March 2008.
23. **Stuebe AM**, Michels KB, Willett WC, Manson JE, Rich-Edwards J. Duration of lactation and incidence of myocardial infarction. *American Journal of Obstetrics Gynecology* 2006:195(6):S34. Winner, Society of Maternal-Fetal Medicine Award of Research Excellence. February 2007. Presented at the Society for Maternal Fetal Medicine Annual Meeting.

***Published Poster Presentations***

1. Bauer AE, Wouk K, Grewen K, Gottfredson NC, Meltzer-Brody S, Propper C, Mills-Koonce R, Pearson B, Whitley J and **Stuebe AM**. Associations of postpartum depression symptoms and infant feeding with Hypothalamic Pituitary Adrenal (HPA) axis reactivity. *American Journal of Obstetrics and Gynecology*. 2020 (157): S114. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Grapevine, TX, February 2020.
2. Field CP, **Stuebe AM**, Verbiest S, Tucker C, Ferrari R and Jonsson-Funk M. Early Identification of women likely to be high utilizers of perinatal acute care services. *American Journal of Obstetrics and Gynecology*. 2020 (917): S567-S568. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Grapevine, TX, February 2020.
3. Goulding AN, Tucker C, Verbiest S, Bryant K and **Stuebe AM**. Differences in postpartum receipt of long-acting reversible contraception by sociodemographic. *American Journal of Obstetrics and Gynecology*. 2020 (1087): S670-S671. Presented at the Society for Maternal Fetal Medicine Annual Meeting, Grapevine, TX, February 2020.
4. Johnson JD, Vuletich HA, **Stuebe AM**. Associations Between Racial Bias and Adverse Perinatal Outcomes [10E]. *Obstetrics & Gynecology*. 2019 May 2019;133:53S. Presented at The American College of Obstetricians and Gynecologists Annual Clinical and Scientific Meeting, Nashville, TN, May 2019.
5. Fryer KE, Munoz C, Rahangdale L, **Stuebe AM**. Barriers to Prenatal Care by Race/Ethnicity in Multiparous Women [27F] *Obstetrics & Gynecology*. 2019 May 2019;133:69S. Presented at The American College of Obstetricians and Gynecologists Annual Clinical and Scientific Meeting, Nashville, TN, May 2019.
6. Stuebe AM, Tucker C, Ferrari R, Verbiest S, Pate V, Jonsson-Funk M. Benefits and Challenges of Linking Electronic Medical Record and Claims Data for Perinatal Research [28H]. *Obstetrics & Gynecology*. 2019 May 2019;133:92S. Presented at The American College of Obstetricians and Gynecologists Annual Clinical and Scientific Meeting, Nashville, TN, May 2019.
7. Stuebe AM, Tucker C, Ferrari R, Verbiest S, Pate V, Jonsson-Funk M. Postpartum Severe Maternal Morbidity Among Mothers of Neonatal Intensive Care Unit Infants [20R]. *Obstetrics & Gynecology*. 2019 May 2019;133:196S-197S. Presented at The American College of Obstetricians and Gynecologists Annual Clinical and Scientific Meeting, Nashville, TN, May 2019.
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***Un-refereed works (blogs & other online resources)***

1. **Stuebe A.** [American Maternity Care Remains Separate and Unequal](https://www.momsrising.org/blog/maternity-care-in-the-united-states-remains-separate-and-unequal). Blog, December10, 2018. Accessed online:<https://www.momsrising.org/blog/maternity-care-in-the-united-states-remains-separate-and-unequal>
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<https://bfmed.wordpress.com/2016/05/04/update-reseach-studies-quantify-risks-of-risk-based-language/>

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3. **Stuebe AM.** How rooming in helps moms and babies. Breastfeeding Medicine Blog. March 3, 2016. Accessed online: <https://bfmed.wordpress.com/2016/03/03/how-rooming-in-helps-moms-and-babies/>
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6. Stuebe AM. Building a Breastfeeding Culture. Breastfeeding Medicine Blog. Nov 16, 2012. Accessed online: <http://bfmed.wordpress.com/2012/11/16/building-a-breastfeeding-culture/>
7. Stuebe AM. How often does breastfeeding just not work? Breastfeeding Medicine Blog. Oct 15, 2012. Accessed online: <http://bfmed.wordpress.com/2012/10/15/how-often-does-breastfeeding-just-not-work/>
8. Stuebe AM. Stop the Madness. Breastfeeding Medicine Blog. July 23, 2012. Accessed online: <http://bfmed.wordpress.com/2012/07/23/stop-the-madness/>
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13. Stuebe AM. Now on iTunes: An audio galactogogues. Breastfeeding Medicine Blog. April 14, 2011. Accessed online: <http://bfmed.wordpress.com/2011/04/14/now-on-itunes-an-audio-galactogogue/>
14. Stuebe AM. Down with rules! Breastfeeding Medicine Blog. March 9, 2011. Accessed online: <http://bfmed.wordpress.com/2011/03/09/down-with-rules/>
15. Stuebe AM. Is breastfeeding promotion bad for mothers? Breastfeeding Medicine Blog. Feb 21, 2011. Accessed online: <http://bfmed.wordpress.com/2011/02/21/is-breastfeeding-promotion-bad-for-mothers/>
16. Stuebe AM. Putting breastfeeding on the research agenda. Breastfeeding Medicine Blog. Feb 10, 2011. Accessed online: <http://bfmed.wordpress.com/2011/02/10/putting-breastfeeding-on-the-research-agenda/>
17. Stuebe AM. All I want for Christmas is milk. Breastfeeding Medicine Blog. Dec 22, 2010. Accessed online: <http://bfmed.wordpress.com/2010/12/22/all-i-want-for-christmas-is-milk/>
18. Stuebe AM. Why I’m conflicted about breast pumps and flexible spending accounts. Breastfeeding Medicine Blog. Oct 27, 2010. Accessed online: [http://bfmed.wordpress.com/2010/10/27/why-i’m-conflicted-about-breast-pumps-and-flexible-spending-accounts/](http://bfmed.wordpress.com/2010/10/27/why-i'm-conflicted-about-breast-pumps-and-flexible-spending-accounts/)
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22. Stuebe AM. What does feminism have to do with breastfeeding? Breastfeeding Medicine Blog. June 12, 2010. Accessed online: <http://bfmed.wordpress.com/2010/06/12/what-does-feminism-have-to-do-with-breastfeeding/>
23. Stuebe AM. How will you celebrate the Ten Steps? Breastfeeding Medicine Blog. May 25, 2010. Accessed online: <http://bfmed.wordpress.com/2010/05/25/how-will-you-celebrate-the-ten-steps/>
24. Stuebe AM. Full disclosure. Breastfeeding Medicine Blog. May 18, 2010. Accessed online: <http://bfmed.wordpress.com/2010/05/18/full-disclosure/>
25. Stuebe AM. Why we still need to “Watch our language” Breastfeeding Medicine Blog. May 3, 2010. Accessed online: <http://bfmed.wordpress.com/2010/05/03/why-we-still-need-to-watch-our-language/>
26. Stuebe AM. When lactation doesn’t work. Breastfeeding Medicine Blog. April 24, 2010. Accessed online: <http://bfmed.wordpress.com/2010/04/24/when-lactation-doesnt-work/>
27. Stuebe AM. Does breastfeeding prevent postpartum depression? Breastfeeding Medicine Blog. April 18, 2010. Accessed online: <http://bfmed.wordpress.com/2010/04/18/does-breastfeeding-prevent-postpartum-depression/>
28. Stuebe AM. Call your Senator now to support paid family leave. Breastfeeding Medicine Blog. April 13, 2010. Accessed online: <http://bfmed.wordpress.com/2010/04/13/call-your-senator-now-to-support-paid-family-leave/>
29. Stuebe AM. What did that study really show? Breastfeeding Medicine Blog. April 8, 2010. Accessed online: <http://bfmed.wordpress.com/2010/04/08/what-did-that-study-really-show/>
30. Stuebe AM. What’s an abstract, and why does it matter? Breastfeeding Medicine Blog. April 8, 2010. Accessed online: <http://bfmed.wordpress.com/2010/04/08/whats-an-abstract-and-why-does-it-matter/>
31. Stuebe AM. If we really want to help moms. *Raleigh News and Observer*, May 10, 2009. Accessed online: <http://www.newsobserver.com/2009/05/10/34961/if-we-really-want-to-help-moms.html>
32. Stuebe AM. Breastfeeding and diabetes - benefits and special needs. Diabetes Voice 2007;51(1):26-9.

***National presentations***

1. **Stuebe AM.** Lactation and hormonal contraception. Presented at Updating US Medical Eligibility Criteria for Contraceptive Use, Centers for Disease Control and Prevention, Atlanta, GA, August 2015.
2. **Stuebe AM.** Clinical determinants of breast milk cytokine profile and cellular composition. Presented atPostpartum Breast Remodelling, Lactation and Breast Cancer Risk: Toward Improved Risk Assessment and Prevention. National Cancer Institute, March 2012.
3. **Stuebe AM**. Future research directions. Expert Panel, Department of Health and Human Services Call to Action on Breastfeeding. April 2009.

***Regional presentations***

1. Duration of lactation and incidence of myocardial infarction in middle to late adulthood. New England Perinatal Society annual meeting. Winner of Ross Award for best maternal-fetal medicine research presentation by a person in training April 2007.
2. Tubal Factor Infertility and Preterm Birth. New England Perinatal Society annual meeting. Winner of Ross Award for best clinical research presentation by a person in training April 2006.
3. The Effects of Breastfeeding and Parity on After-pains. ACOG District I Conference. Quebec City, Quebec, September 2005.
4. Breastfeeding and Diabetes in the Nurses’ Health Study. Resident Research Day, Brigham and Women’s Hospital. Boston, MA, June 2003.

**Teaching Activities:**

***Lectures to UNC Medical Students***

09/2016 *Breastfeeding & the Puerperium* Second-year Reproductive Medicine course

2009-2016 *Breastfeeding*

Third-year Obstetrics and Gynecology Clerkship Series

04/2009-2015 *Lactation Physiology and Management*

Second-year Reproductive Medicine course

02 /2009 - 2014 *Introduction to Lactation Physiology*

First- year Medical Student Mini-lecture

03 /2013 *Abnormal Labor*

03 /2012 Second-year Reproductive Medicine course

***Lectures to Graduate Students in the UNC Gillings School of Global Public Health***

2015-2019 *Lactation and Postpartum Depression*

Reproductive Epidemiology seminar

2011-2019 *Women's Health and Breastfeeding*

Lactation Consultant Training Lecture Series

2010-2019 *Anatomy and Physiology of Breastfeeding*

Lactation Consultant Training Lecture Series

2010-2019 *Medications and Mother’s Milk*

Lactation Consultant Training Lecture Series

2010-2019 *Breastfeeding and Maternal Medical Problems*

Lactation Consultant Training Lecture Series

2016-2017 *Breastfeeding: Keystone in the Support of the Reproductive Health Continuum*

Lactation Consultant Training Lecture Series

2010-2015 *Lactation and Maternal Health*

Introduction to Infant and Child Feeding

2011-2014 *Lactation and Maternal Health*

Reproductive Epidemiology seminar

11/2009 *Properties of Human Milk*

Lactation Consultant Training Lecture Series

***Lectures to Graduate Students in the Harvard School of Public Health***

2006 & 2007 *Lactation and Epidemiology*

Epidemiological Research in Obstetrics and Gynecology

2005 & 2006 *Infertility: Clinical Issues and Implications for Epidemiology*  Epidemiological Research in Obstetrics and Gynecology

***Lectures to Residents at UNC***

07/2019 4th Trimester Challenges and Opportunities  
UNC Ob/Gyn Resident Lecture

2009-2016 Intern Chapter review: *Breastfeeding*

03/2016 *Establishing the 4th Trimester*  
 Family Medicine Resident Lecture

07/2010 *Managing Maternal Complications While Breastfeeding*

***Seminars***

05/2012 *Changing the Trajectory Following Preterm Birth*  
 Neonatology Division Meeting, UNC School of Medicine

Chapel Hill, NC

02/2012 *Lactation and future health: The fourth trimester and developmental origins of health and disease*

Society of Maternal Fetal Medicine Pregnancy and Future Health Interest Group

Dallas, TX

10/2010 *Breastfeeding and maternal metabolic health: What do we know, and where might we go from here?*

Maternal-Child Health Doctoral Seminar

Gillings Global School of Public Health

Chapel Hill, NC

03/2010 *Maternal genotype, gestational weight gain and glucose tolerance* Reproductive Epidemiology Seminar

Gillings Global School of Public Health

Chapel Hill, NC

02/2010 *Facebook, Twitter and More*

Computing Interest Group

Society for Maternal-Fetal Medicine

Chicago, IL

*Lactation and Maternal Metabolism*

Nutrition Interest Group

Society for Maternal-Fetal Medicine

Chicago, IL

05/2007 *Gestational Weight Gain: A modifiable fetal origin of adult disease?*

Neonatalogy Epidemiology Seminar

Beth Israel Deaconess Medical Center

Boston, MA

03/2006 *Lactation, Diabetes, and Cardiovascular Disease Risk*

Maternal and Child Health Doctoral Seminar

Harvard School of Public Health

Boston, MA

***Grand Rounds***

*At UNC*

10/2015 *Establishing the Fourth Trimester*

Department of Obstetrics and Gynecology

06/2010 *The Ten Steps: Empowering Mothers to Achieve Their Infant Feeding Goals.*

Department of Obstetrics and Gynecology

10/2009 *Simple Steps: Starting with Skin-to-Skin.*

Department of Family Medicine

*Outside UNC - National*

12/2019 *How OB providers can enable women to achieve their breastfeeding goals*Obstetrics and Gynecology Grand Rounds

University of Virginia School of Medicine

Charlottesville, VA

09/2019 *Establishing the 4th Trimester*

Obstetrics and Gynecology Grand Rounds

University of Missouri School of Medicine

Columbia, MO

01/2019 *Establishing the 4th Trimester*  
Obstetrics and Gynecology Grand Rounds  
Beth Israel Deaconess Medical Center  
Harvard Medical School  
Boston, MA

01/2019 *Establishing the 4th Trimester*  
Obstetrics and Gynecology Grand Rounds  
Massachusetts General Hospital  
Harvard Medical School  
Boston, MA

05/2016 *How OB's can help moms achieve their breastfeeding goals*  
Obstetrics Grand Rounds

Good Samaritan Hospital

Cincinnati, OH

08/2011 *Breastfeeding & Maternal Health: Heart Disease, Diabetes, and More*  
Department of Obstetrics and Gynecology  
Women and Infants Hospital  
Brown University  
Providence, RI

08/2011 *Yes, we can!   
Empowering mothers to breastfeed from skin-to-skin to long-term health benefits*  
Department of Pediatrics  
Hasbro Children’s Hospital  
Brown University  
Providence, RI

01/2008 *Breastfeeding: Opportunities and Challenges.*

South Shore Hospital

Weymouth, MA

05/2006 *Breastfeeding and the Preterm Infant.*

Brigham and Women’s Hospital

Obstetrics and Gynecology  
Boston, MA

03/2006 *Lactation and Diabetes Risk.*

Boston Medical Center

Obstetrics and Gynecology

Boston, MA

03/2006 *Medical Issues in Pregnancy.*

Faulkner Hospital Internal Medicine

Boston, MA

*Outside UNC – Regional*

12/2016 *Enabling breastfeeding to reduce health disparities: The pediatricians’ role*Pediatric Grand Rounds

Duke University Medical Center

Durham, NC

05/2015 *Enabling women to achieve their infant feeding goals*  
Pediatric and Obstetric Grand Rounds  
New Hanover Hospital  
Wilmington, NC

08/2013 *The Role of the Obstetrical Physician in Promoting and Supporting Breastfeeding and how Baby Friendly Hospitals Can Improve Your Patient Outcomes*  
Department of Obstetrics and Gynecology  
Carolinas Medical Center  
Charlotte, NC

03/2011 *Lactation failure and perinatal mood disorders: Common problems arising from shared neuroendocrine pathways?*

Department of Obstetrics and Gynecology

Emory University

Atlanta, GA

04/2010 *Maternal Effects of Breastfeeding on the Cardiovascular System*.

Department of Obstetrics and Gynecology

East Carolina University

Greenville, NC

***CME / CEU Presentations***

*At UNC*

12/2018 *Building a Breastfeeding Culture*ENRICH Learning Collaborative  
Chapel Hill, NC

03/2018 *How Health Policy and Law Enable Breastfeeding*   
Breastfeeding and Feminism International Conference  
Chapel Hill, NC

10/2016 *A Model of Collaboration*

Art of Breastfeeding Conference 21st Annual Conference

Chapel Hill, NC

03/2016 4th Trimester PCORI Stakeholder Engagement Meeting

Chapel Hill, NC  
Defining postpartum patient-centered health service priorities in the 4th Trimester Infant Care and Feeding

10/2015 Q&A with Alison Stuebe: Everything You Always Wanted to Ask a Breastfeeding Medicine Expert  
Art of Breastfeeding Conference 20th Annual Conference  
Chapel Hill, NC

03/2015 Biopsychosocial vulnerability, lactation and postpartum depression  
The risks of risk-based language  
10th Breastfeeding and Feminism International Conference  
Breastfeeding, Social Justice and Equity:   
Reflecting, Reclaiming, Re-Visioning  
Chapel Hill, NC

10/2014 Lactation 201: It's so much more than just the Latch  
Preconference Workshop  
24rd Annual Art of Breastfeeding Conference  
Wake AHEC  
Chapel Hill, NC

12/2013 Creating Sustainable Change Using the Six Sources of Influence  
Perinatal Quality Collaborative of North Carolina Webinar

Chapel Hill, NC

10/2013 Building a Breastfeeding Culture  
23rd Annual Art of Breastfeeding Conference  
Wake AHEC  
Chapel Hill, NC

10/2012 Sounds like yeast to me…   
22nd Annual Art of Breastfeeding Conference   
The Future is Now! Contemporary Concepts and Care for Breastfeeding Families  
Wake AHEC  
Chapel Hill, NC

9/2011 The skinny on skin-to-skin.

Art of Breastfeeding 21th Annual Conference. Wake AHEC.

Chapel Hill, NC

02/2011 Breastfeeding: How prenatal care providers can empower mothers to meet their infant feeding goals.   
Optimizing Women’s Health from Adolescence to Menopause: Putting Research into Practice.

UNC Department of Obstetrics and Gynecology

11/2010 Breastfeeding: A two-person, single-organ system. The Mind-Body Solution: Women's Mental Health and Wellness Conference.

UNC Department of Psychiatry

10/2010 Why does it hurt? An approach to the evaluation of breastfeeding-associated pain.

Art of Breastfeeding 20th Annual Conference. Wake AHEC.

Chapel Hill, NC

11/2009 What Every Physician Needs to Know About Breastfeeding Workshop

* Maternal complications during breastfeeding
* Breastfeeding and Maternal Medications

Chapel Hill, NC

10/2009 Simple steps: Starting with Skin-to-Skin. Keynote, Art of Breastfeeding 19th Annual Conference.   
Wake AHEC.   
Chapel Hill, NC

05/2009 Using genetics to understand pregnancy weight gain and gestational diabetes. Ross Society Annual Meeting

Chapel Hill, NC

03/2009 Simple steps: Starting with Skin-to-Skin.

2nd Annual Science Behind the Art of Maternity Care: Evidence-Based Pregnancy, Birth and Postpartum Care

Chapel Hill, NC

10/2008 Breastfeeding and Diabetes: Old Challenges, New Opportunities.   
18th Annual Art of Breastfeeding Conference.   
Wake AHEC.   
Chapel Hill, NC

***CME/CEU Presentations - Outside UNC***

International

03/2019 Australian Breastfeeding Association Health Professional Seminars

Mood, Mother & Infant: Oxytocin, lactation and postpartum depression

Obesity, metabolic disease and early weaning: Which came first, and what can we do about it?

Brisbane, QLD; Sydney, NSW; Melbourne, VIC and Perth, WA

03/2019 Australian National Department of Health  
Establishing the 4th Trimester  
Canberra, ACT, Australia

05/2018 The 16th Breastfeeding Support Course in Tokai  
Shame, Guilt and the Search for Common Ground  
Establishing the 4th Trimester  
Nagoya, Japan

05/2018 Macau Breastfeeding and Nurturing Promotion Series  
Building a healthier future: The First 1,000 Days  
Shame, Guilt and the Search for Common Ground  
Lactation, Oxytocin and Perinatal Mood Disorders  
Diabetes and early weaning: which came first, and what can we do about it?  
Why does it hurt? A differential diagnosis of breastfeeding-associated pain  
Macau, Macau S.A.R.

05/2018 Breastfeeding Advocacy Collective Meeting   
Breastfeeding, reproductive rights and gender equity  
Toronto, Ontario, Canada

10/2017 40th Annual Obstetrics & Gynaecology Memorial Program  
Establishing the 4th Trimester  
Queen's University, Kingston, Ontario, Canada

10/2017 Infant Feeding In whose interest?  
Reframing the right to breastfeed as a women's health imperative  
In whose best interest? The ethics of autonomy, coercion and informed consent in infant feeding

Melbourne, Australia

04/2015 It’s so much more than the latch: Skills for talking about breastfeeding   
Why does it hurt?: A differential diagnosis for breastfeeding-associated pain  
Metabolic Syndrome and Breastfeeding: Implications and Outcomes  
Building a Breastfeeding Culture  
Ottawa, Ontario, Canada

02/2015 How obstetric providers can enable women to achieve their breastfeeding goals. Building a Breastfeeding Culture: Barriers to promoting breastfeeding and how to overcome resistance to change VIII Congreso Español de Lactancia Materna "Construyendo Salud"  
Bilbao, Spain

08/2014 The Cost of Suboptimal Breastfeeding  
Caring for the whole mother-baby dyad: Breastfeeding, primary care and maternal mental health  
Building a Breastfeeding Culture  
Liquid Gold, the Australian Breastfeeding Association   
Golden Jubilee National Conference  
Melbourne, VIC, Australia

02-03/2013 Breastfeeding: Turning the Tide  
Does breastfeeding prevent maternal metabolic disease or does maternal metabolic disease prevent breastfeeding?  
Mood, mother and infant: Breastfeeding and postpartum depression  
Choose your words carefully - Reclaiming breastfeeding as the cultural norm

Auckland, NZ

02/2013 Breastfeeding: Turning the Tide   
Does breastfeeding prevent maternal metabolic disease or does maternal metabolic disease prevent breastfeeding?  
Mood, mother and infant: Breastfeeding and postpartum depression  
Choose your words carefully - Reclaiming breastfeeding as the cultural norm

Surfers Paradise, QLD, Australia

02/2013 Turning the Tide for Birth and Breastfeeding   
Does breastfeeding prevent maternal metabolic disease or does maternal metabolic disease prevent breastfeeding?  
Mood, mother and infant: Breastfeeding and postpartum depression  
Breastfeeding for medical professionals - what every doctor needs to know

Warrnambool,VIC, Australia

03/2011 Yes we can! Empowering mothers in the transition from hospital to home.

Australian Breastfeeding Association Seminar.

Hobart, TAS; Melbourne, VIC; Canberra, ACT and Brisbane, QLD

03/2011 Why does it hurt? An approach to breastfeeding-associated pain. Australian Breastfeeding Association Seminar.

Hobart, TAS; Melbourne, VIC; Canberra, ACT and Brisbane, QLD

National

11/2019 Building a Breastfeeding Culture  
Establishing the 4th Trimester  
Mississippi Perinatal Quality Collaborative, 6th Annual State Meeting  
Jackson, MS

11/2019 Introducing NewMomHealth.com  
Women’s Health Subcommittee, Institute for Medicaid Innovation  
Webinar Presentation

10/2019 Marcé of North America 2019 Conference

Establishing the 4th Trimester

Chapel Hill, NC

09/2019 CityMatCH Maternal and Child Health Leadership Conference

Reimagining Women’s Health Care: The 4th Trimester

Providence, RI

08/2019 Reaching Our Sisters Everywhere Breastfeeding Summit

Equity and the 4th Trimester

Atlanta, GA

07/2019 HealthNet Webinar  
Equity and the 4th Trimester  
Woodland Hills, CA

04/2019 National Perinatal Association Conference: Improving Access to Perinatal Care: Confronting Disparities and Inequities in Maternal-Infant Health  
Equity and the 4th Trimester  
Providence, RI

02/2019 Society for Maternal Fetal Medicine  
Debate: Stop being an interventionist   
Las Vegas, NV

11/2018 Academy of Breastfeeding Medicine International Conference  
Caring for the whole MotherBaby in the 4th Trimester  
San Francisco, CA

11/2018 Evidence-Based Approach to Managing Maternal & Fetal Complications in High-Risk Obstetrics  
Establishing the 4th Trimester  
Breastfeeding and the metabolic syndrome  
The modified labor curve: a safe approach to prevent the first cesarean  
St. Thomas Midtown Hospital  
Nashville, TN

09/2018 iLactation Online International Conference  
Breastfeeding, contraception, and ethics, oh my! Advocacy and informed decision-making in the post-partum period  
Lactation, Oxytocin and Perinatal Mood Disorders

09/2018 Sonoma County Breastfeeding Coalition Conference  
Applying a 4th Trimester Lens to Mother-Infant Care  
Obesity and metabolic syndrome  
Lactation and contraception  
Beyond the latch: Persistent breast pain  
Sonoma, CA

03/2018 Wisconsin Association of Lactation Consultants Conference  
Tools for talking about breastfeeding: It's so much more than the latch!   
Why does it hurt? A differential diagnosis for breastfeeding-associated pain  
Mood, Mother & Infant: Oxytocin, lactation and postpartum depression  
Building a 4th Trimester Culture  
Oshkosh, WI

01/2018 Enabling women with diabetes to breastfeed successfully  
Diabetes Forum, Society for Maternal-Fetal Medicine

Dallas, TX

11/2017 Academy of Breastfeeding Medicine International Meeting  
Beyond the Latch: Persistent Breast Pain  
4th Trimester Cultural Panel  
Breastfeeding and Hormonal Contraception: An Interactive Session to Develop a Priority Research Agenda  
Atlanta, GA

10/2017 Food & Nutrition Conference & Expo 2017   
Building Healthier Futures: The First 1,000 Days  
Chicago, IL

09/2017 Crucial Connections: The Mother-Baby Symbiosis  
Establishing the 4th Trimester  
Building a Breastfeeding Culture  
Akron, Ohio

08/2017 Breastfeeding: Baby's Natural Choice  
Establishing the 4th Trimester  
Breastfeeding, Contraception and Ethics: Oh My! Advocacy and Informed Decision-Making in the Postpartum Period  
Lactation Failure and Postpartum Mood Disorders: Common Problems Arising from Shared Neuroendocrine Pathways  
La Vista, Nebraska

07/2017 Applying a 4th Trimester Lens to Mother-Infant Care

30th Annual Postpartum Support International Conference  
Philadelphia, PA

06/2017 Lactation and the 4th Trimester: A mismatch between evolved dyadic needs and the current culture of health

ACOG Research Conference: An Evolutionary Perspective: Integrating Evolution into Medical Education  
Presented with Kristin Tully, PhD  
Washington, DC

05/2017 Shifting the Course of Population Health through Infant Nutrition

Trinity Health Webinar

05/2017 Breastfeeding Update for Medical Providers  
Good Samaritan Medicine Center  
Lafayette, CO

05/2017 The 4th Trimester: A Critical Transition  
Colorado Breastfeeding Coalition  
Denver, CO

05/2017 Perinatal Mood and Breastfeeding   
US Lactation Consultant Association Keynote

San Antonio, TX

03/2017 Why does it hurt? A differential diagnosis for breastfeeding-associated pain

Kansas Breastfeeding Coalition Physician Seminar

Wichita, KS

03/2017 La Leche League of Kansas: Maternal Health and Breastfeeding Success   
Establishing the 4th Trimester  
Breastfeeding and Postpartum Depression  
Does breastfeeding prevent metabolic syndrome, or does metabolic syndrome prevent breastfeeding?  
Building a Breastfeeding Culture  
Newton, KS

03/2017 La Leche League of Kansas Leader Day  
Establishing the 4th Trimester  
Breastfeeding and Postpartum Depression  
Does breastfeeding prevent metabolic syndrome, or does metabolic syndrome prevent breastfeeding?  
Building a Breastfeeding Culture  
Newton, KS

03/2017 Association of State and Territorial Health Officials Breastfeeding and Contraception Webinar  
The data aren’t clear….So what do we do now?  
Presented with Amy Bryant, MD

01/2017 Society of Maternal Fetal Medicine Obstetric Debates  
Pro: The modified labor curve: A safe and effective approach to preventing the first Cesarean  
Con: Peripartum LARC: An effective intervention to improve obstetric health and outcomes  
Las Vegas, NV

01/2017 Breastfeeding and future maternal health

Society for Maternal-Fetal Medicine   
Pregnancy as a Window to Future Health Special Interest Group  
Las Vegas, NV

11/2016 AACR Cancer Risk and Prevention Conference

Reducing Cancer Risk by Enabling Women to Breastfeed

Orlando, CA

10/2016 SWAG Conferences, LLC  
Lactation, Oxytocin and Perinatal Mood Disorders  
Obesity, Maternal Metabolic Disease, Diabetes and Early Weaning: Which Comes First and What Can We Do About It?   
Why Does It Hurt? A Differential Diagnosis For Breastfeeding Associated Pain Building a Breastfeeding Culture: Barriers to Promoting Breastfeeding and How to Overcome Resistance to Change   
Berkeley, CA

10/2016 31st Annual Asbury Memorial Lectureship  
4th Trimester Awareness and Safety  
Mood, Mother and Infant: The Psychobiology of Postpartum Mood Disorders  
Helping Women to Achieve Their Breastfeeding Goals  
Corvallis, OR

10/2016 The 4th Trimester: Implications for assessment and care of women with endocrine abnormalities.   
Food & Nutrition Conference & Expo 2016.   
Boston, MA

05/2016 Postpartum Depression and the Breastfeeding Mom

Center for Interdisciplinary Research in Human Milk and Lactation  
Cincinnati, OH

Breastfeeding Q&A with University of Cincinnati faculty and staff  
University of Cincinnati Hospital  
Cincinnati, OH

Breastfeeding, maternal health and shared decision-making  
HOPE Community Event: The Obstetrician and the Opiate-Addicted Mother  
Good Samaritan Hospital  
Cincinnati, OH

It's so much more than just the latch: Crucial Conversations about Breastfeeding  
Cincinnati Children's Hospital

05/2016 Lactation and hormonal contraception  
Long Acting Reversible Contraception (LARC) Immediately Postpartum Learning Community   
Association of State and Territorial Health Officials  
Virtual Learning Session #4

05/2016 Optimizing Support for Breastfeeding as Part of Obstetric Practice  
New York State Prevention Agenda Webinar Series  
New York Department of Health

04/2016 Frederick Memorial Hospital Breastfeeding Conference  
It’s so much more than latch  
Why does it hurt? A differential diagnosis for breastfeeding associated pain.  
Obesity, maternal metabolic disease and early weaning: Which came first and what can we do about it?  
Mood, mother and infant : oxytocin, lactation and perinatal mood disorders  
Frederick, MD

03/2016 Establishing the 4th Trimester  
First Food Forum 2016: Health Equity in Every Community  
Washington, DC

02/2016 2016 Becoming Baby-Friendly in Oklahoma Summit  
Building a Breastfeeding Culture using the Six Sources of Influence  
The Role of the Obstetrical Physician in Promoting and Supporting Breastfeeding and How Baby-Friendly Hospitals Can Improve Your Patient Outcomes  
Oklahoma City, OK

11/2015 Lactation, Oxytocin and Perinatal Mood Disorders

2nd Biennial Perinatal Mental Health Conference  
Asher Center for the Study and Treatment of Depressive Disorders, Northwestern University  
Chicago, IL

10/2015 Breastfeeding and Postpartum Depression

American Academy of Pediatrics Annual Meeting

Washington, DC

10/2015 Establishing the Fourth Trimester

Academy of Breastfeeding Medicine International Conference

Los Angeles, CA

09/2014 Mood, Mother and Infant: Infant Feeding and Postpartum Depression  
Bronx Breastfeeding Coalition Annual Conference  
Bronx, NY

07/2014 Why Does It Hurt? A differential diagnosis for breastfeeding-associated pain  
Plenary: Obesity, Maternal Metabolic Disease, and Early Weaning: Which came first and what can we do about it?  
International Lactation Consultant Association 2014 Annual Conference & Meeting  
Phoenix, AZ

05/2014 Why does it hurt? A differential diagnosis of breastfeeding-associated pain  
Creating a breastfeeding culture-strategies for change  
Hormones, birth, breastfeeding, and their impact on perinatal mood disorders  
Placer Lactation Conferences  
Roseville, CA

02/2014 Association between GDM and metabolic syndrome  
Breastfeeding and Metabolic Syndrome  
Society of Maternal Fetal Medicine/ ACOG Workshop  
Pregnancy as a Window to Future Health  
New Orleans, LA

10/2013 Breastfeeding & Maternal Health  
Lactation Failure and Perinatal Mood Disorders: Common Problems Arising from Shared Neuroendocrine Pathways  
Akron Children's Hospital  
Akron, OH

09/2013 Pain and breastfeeding  
Breastfeeding in the Bay State 2013  
Massachusetts Breastfeeding Coalition Conference  
Boston, MA

05/2013 Why does it hurt? An approach to evaluation and management of breastfeeding associated pain     
Breastfeeding and Maternal Health - Heart Disease, Diabetes and more. Mid-Hudson Lactation Consortium Annual Breastfeeding Education Conference.  
Middletown, NY

04/2013 Building a breastfeeding culture using the six sources of influence

Keynote presentation, GOLD Lactation Online Conference

04/2013 Breastfeeding and Maternal Health - Heart Disease, Diabetes and more     
Why does it hurt? An approach to evaluation and management of breastfeeding associated pain     
Yes we can!   Transitioning home for breastfeeding success

Breastfeeding Today  
Western Michigan Association of Lactation Consultants  
Grand Rapids, MI

11/2012 The Mind-Booby Connection: Using neuroscience research to help mothers achieve their breastfeeding goals  
LATCH-AZ, Tucson, AZ

11/2012 Yes we can! How OB providers can enable mothers to achieve their infant feeding goals  
Tucson Medical Center  
Tucson, AZ

11/2012 Breastfeeding Jeopardy  
St. Joseph’s Hospital and Medical Center  
Phoenix, AZ

11/2012 The Mind-Booby Connection: Using neuroscience research to help mothers achieve their breastfeeding goals  
St. Joseph's Hospital and Medical Center   
LATCH-AZ, Phoenix, AZ

10/2012 Mood, Mother and Infant: Oxytocin, lactation and perinatal mood disorders  
Academy of Breastfeeding Medicine International Meeting

Chicago, IL

10/2012 Integrated Approaches to Mood Disorders in Breastfeeding  
Multidisciplinary workshop  
Academy of Breastfeeding Medicine International Meeting

Chicago, IL

09/2012 Breastfeeding and Maternal Health  
Why does it hurt? A differential diagnosis for breastfeeding-associated pain  
Bronx Breastfeeding Coalition Conference,   
Bronx, NY

01/2012 How OB providers can enable mothers to achieve their infant feeding goals.   
Arizona Department of Health Services Conference  
Phoenix, AZ

11/2011 A differential diagnosis for breastfeeding-associated pain  
Academy of Breastfeeding Medicine International Conference  
Miami, FL

09/2011 Breastfeeding: A two-person, single organ system  
The impact of birthing practices  
Why does it hurt? An approach to breastfeeding-associated pain  
Breastfeeding and Maternal Health  
Akron Children’s Hospital Breastfeeding Conference

Akron, OH

08/2011 Breastfeeding: How care providers can enable mothers to meet their infant feeding goals

Rhode Island Department of Public Health  
Warwick, RI

02/2011 Postnatal Nutrition: Breastfeeding. At the Frontiers of Science and Medicine: Environment, Nutrition, and (Epi)genomics.   
Society of Maternal Fetal Medicine Postgraduate Course  
San Francisco, CA

10/2010 Why does it hurt? An approach to the evaluation of breastfeeding-associated pain.  
Breastfeeding: A Bridge to the Gold Standard.   
Academy of Breastfeeding Medicine 15th Annual International Meeting.   
San Francisco, CA

10/2010 Breastfeeding and Maternal Health — Heart Disease, Diabetes, and More. Keynote speaker, Breastfeeding in the Bay State.   
Massachusetts Breastfeeding Coalition Annual Conference.   
Boston, MA

09/2010 Breastfeeding for the MFM Physician.   
Society of Maternal Fetal Medicine Fellows Lecture Series, webinar

06/2010 Facebook, Twitter and more: Social Networking and Web 2.0. Maternal and Child Health Bureau Distance Learning Grantee Annual Meeting, webinar

01/2010

Lactation and women’s health. 2010 International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management.   
Orlando, FL

10/2008 Pregnancy, Lactation and Maternal Metabolism.   
Academy of Breastfeeding Medicine Annual Conference.

Dearborn, MI

09/2007 It’s My Birthday, Give Me a Hug! Skin-to-Skin Care.   
Massachusetts Breastfeeding Coalition Annual Conference.   
Waltham, MA

03/2007 Breastfeeding: Getting it started, keeping it going.   
Harvard CME course in obstetrics and gynecology.   
Boston, MA

12/2006 It’s My Birthday, Give Me a Hug! Skin-to-Skin Care.   
Harvard Vanguard Medical Associates CME program.  
Boston, MA

09/2006 Culture Change: Eliminating Formula Marketing Bags.   
Massachusetts Breastfeeding Coalition Annual Conference.   
Waltham, MA

05/2006 Counseling and Common Problems. Breastfeeding: What Every Doctor Needs to Know.   
Massachusetts Medical Society CME program   
Boston and Springfield, MA

03/2006 It’s My Birthday, Give Me a Hug! Skin-to-Skin Care.   
Center for Women and Newborns Conference, Partners Health Care.   
Boston, MA

09/2005 Breastfeeding and Maternal Anesthesia.   
Breastfeeding and Diabetes.  
Massachusetts Breastfeeding Coalition Annual Conference.   
Natick, MA

07/2005 Medical Issues in Breastfeeding.   
ACOG Massachusetts Section, 2005 Annual Meeting Educational Program.  
Waltham, MA

11/2003 Breastfeeding and Diabetes.   
Center for Women and Newborns Nurses’ Conference, Partners Healthcare.  
Boston, MA

Regional

12/2019 It really does take a village

10/2019 It really does take a village  
Perinatal subcommittee, North Carolina Child Fatality Task Force

Raleigh, NC

10/2019 29th Annual Art of Breastfeeding Conference

Medical Aspects of Milk Supply & Breast and Nipple Pain

Raleigh, NC

09/2019 North Carolina Medical Society Maternal and Infant Health Summit

Mamas Matter: The 4th Trimester

Raleigh, NC

04/2019 North Carolina Institute of Medicine Task Force   
on Risk-Appropriate Care  
Establishing the 4th Trimester  
Morrisville, NC

03/2016 4th Annual Breastfeeding Forum: Practices for the Future  
Establishing the 4th Trimester  
Breastfeeding Implications: Postpartum Depression, Tobacco and Marijuana  
Winston Salem, NC

05/2016 Accelerating momentum on your baby-friendly journey   
EMPower Learning Collaborative Meeting  
Building a Breastfeeding Culture Using the Six Sources of Influence  
Ask the Experts! Panel and Roundtable  
Atlanta, GA

03/2016 Breastfeeding and Feminism International Conference  
The 4th Trimester Project  
Breastfeeding, Contraception, and Ethics, Oh My! Advocacy and informed decision-making in the post-partum period  
Chapel Hill, NC

03/2015 Why does it hurt?: A differential diagnosis for breastfeeding-associated pain   
Mood, Mother and Infant: Infant Feeding and Postpartum Depression  
26th Annual Conference on Breastfeeding: Promoting and Protecting Babies’ Health  
Atlanta, GA

10/2014 Lactation, Oxytocin, and Perinatal Depression  
International Society for Research in Human Milk and Lactation  
Kiawah, SC

06/2014 Breastfeeding and Maternal Health  
Resident Research Day Visiting Professor  
Wake Forest School of Medicine  
Winston Salem, NC

08/2013 Diabetes and Breastfeeding  
Breastfeeding Symposium  
Department of Obstetrics & Gynecology   
Brody School of Medicine at ECU  
Women’s Services, Vidant Medical Center  
Greenville, NC

08/2013 The Role of the Obstetrical Physician in Promoting and Supporting Breastfeeding and how Baby Friendly Hospitals Can Improve Your Patient Outcomes  
Charlotte AHEC  
Carolinas HealthCare System  
Charlotte, NC

08/2013 The Critical Role of the Ob/Gyn in Breastfeeding  
Creative Breastfeeding Associations  
Charlotte AHEC  
Charlotte, NC

05/2012 Why does it hurt? A differential diagnosis for breastfeeding-associated pain.  
WakeMed OB Clinic Staff Meeting,   
Raleigh, NC

05/2012 The Skinny on Skin-to-Skin.   
Randolph Hospital, Asheboro, NC

03/2012 The Risks of Not Breastfeeding. NorthWest AHEC Conference, Lenoir, NC

06/2011 Ouch! Updates on the causes and treatment of breastfeeding-associated pain  
Triangle Breastfeeding Alliance, Wake AHEC   
Raleigh, NC

03/2011 The Impact of Birthing Practices on Breastfeeding.   
LCCU Annual Review. Wake AHEC.   
Raleigh, NC

03/2011 Managing maternal complications while breastfeeding.  
Department of Obstetrics and Gynecology Resident Lecture.   
Emory University  
Atlanta, GA

04/2010 The Impact of Birthing Practices on Breastfeeding.   
Lactation Consultant Core Concepts Annual Review.   
Wake AHEC.   
Raleigh, NC

04/2010 Applied physiology of breastfeeding initiation.   
The Physicians' Role in Breastfeeding Support: Essential Clinical and Policy Issues.   
Breastfeeding and Maternal Medications.   
The Physicians' Role in Breastfeeding Support: Essential Clinical and Policy Issues.   
Asheville, NC

02/2010 Applied physiology of breastfeeding initiation.   
The Physicians' Role in Breastfeeding Support: Essential Clinical and Policy Issues.   
Breastfeeding and Maternal Medications.   
What Every Physician Needs to Know About Breastfeeding Workshop.   
Gastonia, NC

04/2009 Simple steps: Starting with Skin-to-Skin. LCCU Annual Review.  
Wake AHEC.   
Raleigh, NC

03/2009 Yes we can! Empowering women in the transition from birthplace to home. 4th Symposium on Breastfeeding and Feminism.  
Greensboro, NC

***Research Mentorships***

***Fellows***

2016-present **Angelica Glover, MD**  
Maternal-Fetal Medicine Fellow (3 years)  
University of North Carolina School of Medicine

Projects:  
Innovation in postpartum care for women with hypertensive disorders of pregnancy: A randomized trial of home- versus office-based blood pressure monitoring. UNC Center for Medical Innovation Grant-funded clinical trial.

The Association of Metabolic Dysfunction with Breastfeeding Outcomes in Gestational Diabetes.   
  
Poster presentation at the Society for Maternal-Fetal Medicine, Las Vegas, NV, 2017

Glover AV, Berry DC, Schwartz TA, Stuebe AM. The Association of Metabolic Dysfunction with Breastfeeding Outcomes in Gestational Diabetes.

*American Journal of Perinatology*2018 Feb 2

2013-2015 **Marcella Smid, MD**  
Maternal-Fetal Medicine Fellow (3 years)  
University of North Carolina School of Medicine

Smid MC, Smiley SG, Schulkin J, Stamilio DM, Edwards RK, **Stuebe AM**. The Problem of the Pannus: Physician Preference Survey and a Review of the Literature on Cesarean Skin Incision in Morbidly Obese Women. *American Journal of Perinatology* 2016 Apr;33(5):463-72. Epub 2015 Oct 28.

Smid MC, Edwards RK, Biggio JR, Dorman K, Leduke RC, Lesher LL, Manuck TA, Saade GR, Salazar AE, Stamilio DM, **Stuebe AM**, Tita AT, Torres CM, Varner MW, Wapner RJ. Class III Obese Women's Preferences and Concerns for Cesarean Skin Incision: A Multicenter Survey. *American Journal of Perinatology* Epub 2016 Aug 17.

Smid MC, Dotters-Katz SK, McElwain CA, Volckmann ET,   
Schulkin J, **Stuebe AM**. Pregnancy After Bariatric Surgery: National Survey of Obstetrician's Comfort, Knowledge, and Practice Patterns. *Obesity Surgery* 2017 Mar 30

Smid MC, **Stuebe AM**, Manuck TA, Sen S. Maternal obesity, fish intake and recurrent spontaneous preterm birth. *Journal of Maternal Fetal Neonatal Medicine* 2018 Feb 7:1-141.

2010 - 2014 **Carmen Beamon, MD**

Maternal-Fetal Medicine Fellow (3 years)

University of North Carolina School of Medicine

Projects:   
Neonatal Outcomes associated with Regional Anesthesia in Preeclamptic Patients  
Awarded Tracs 2K grant for secondary analysis study

Universal transvaginal and transabdominal cervical length screening for short cervix

Poster presentation, Society for Maternal Fetal Medicine, February 2013

Postpartum Weight Retention and HPA-Axis Response to Stress

Poster presentation, Society for Gynecologic Investigation, March 2012  
  
Beamon CJ, Stuebe AM, Wolfe HM. Factors Influencing Visualization of the Intracranial Translucency during First-Trimester Screening for Aneuploidy. *American Journal of Perinatology* 2012 Aug;29(7):503-8.

2010 - 2013 **Kacey Eichelberger, MD**

Maternal-Fetal Medicine Fellow (3 years)

University of North Carolina School of Medicine

Project: Association of maternal serum paraxanthine and severe preeclampsia

Poster presentation, Society for Maternal-Fetal Medicine, February 2012

Eichelberger KY, Baker AM, Woodham PC, Haeri S, Strauss RA, Stuebe AM. Second-Trimester Maternal Serum Paraxanthine, CYP1A2 Activity, and the Risk of Severe Preeclampsia. *Obstetrics & Gynecology 2015* Oct;126(4):725-730.

2010-2011 **Erica Berggren, MD**

TECT Fellow (2 years)  
University of North Carolina School of Medicine

Project: Epidemiology of gestational diabetes

Berggren EK, Stuebe AM, Boggess KA. Excess Maternal Weight Gain and Large for Gestational Age Risk among Women with Gestational Diabetes. *American Journal of Perinatology* 2015 Feb;32(3):251-6.

Berggren EK, Boggess KA, Funk MJ, Stuebe AM. Racial Disparities in Perinatal Outcomes Among Women with Gestational Diabetes. *Journal of Women’s Health (*Larchmt*).* 2012 May;21(5):521-7.

Berggren EK, Boggess KA, Stuebe AM, Jonsson Funk M. National Diabetes Data Group vs Carpenter-Coustan criteria to diagnose gestational diabetes. *American Journal of Obstetrics and Gynecology* 2011 Sep;205(3):253.e1-7.

2008 - 2010 **Arthur Baker, MD**Maternal-Fetal Medicine Fellow (3 years)  
University of North Carolina School of Medicine

Project: Association of Midgestation Vitamin D Deficiency and Severe Preeclampsia

Baker AM, Haeri S, Camargo CA, Jr., Espinola JA, Stuebe AM. A nested case-control study of midgestation vitamin D deficiency and risk of severe preeclampsia. *Journal of Clinical Endocrinology & Metabolism* Nov 2010;95(11):5105-5109.

Baker AM, Haeri S, Camargo CA, Stuebe AM, Boggess KA. A Nested Case-Control Study of First-Trimester Maternal Vitamin D Status and Risk for Spontaneous Preterm Birth. *American Journal of Perinatology* 2011 Oct;28(9):667-72.

Baker AM, Haeri S, Camargo CA Jr, Stuebe AM, Boggess KA. First trimester maternal vitamin D status and risk for gestational diabetes mellitus: a nested case-control study. *Diabetes/Metabolism Research and Reviews* 2012

Feb;28(2):164-8.

2009 - 2010  **Champa Chaudhury, MD**

Maternal-Fetal Medicine Fellow (2nd year)

University of North Carolina School of Medicine

Project: Association of Angiogenic Factors and Vitamin D in Preeclampsia

Selected for Fellow’s oral plenary presentation, Society of Maternal Fetal Medicine 2011.

Woodham PC, Brittain JE, Baker AM, Long DL, Haeri S, Camargo CA, Bogges KA, Stuebe AM. Midgestation Maternal Serum 25-Hydroxyvitamin D Level and Soluble Fms-Like Tyrosine Kinase 1/Placental Growth Factor Ratio as Predictors of Severe Preeclampsia. *Hypertension* 2011 Dec;58(6):1120-5.

***Residents***

2016 **Alison Goulding, MD**

Obstetrics and Gynecology Senior Resident  
University of North Carolina School of Medicine

Project: Contraception and breastfeeding at four months postpartum among women intending to breastfeed   
  
Oral presentation at the Academy of Breastfeeding Medicine, Los Angeles, CA, October 2015

Resident Research Day Presentation

Goulding AN, Wouk K, Stuebe AM. Contraception and Breastfeeding at 4 Months Postpartum Among Women Intending to Breastfeed. *Breastfeed Medicine* 2017 Nov 01;13(1):75-80.

2013 **Christina McCall, MD**

Obstetrics and Gynecology Senior Resident  
University of North Carolina School of Medicine  
  
Project: Single Institution Experience with Implementation of an   
Obstetric Hemorrhage Protocol  
  
Resident Research Day Presentation

2011 **Mamie McLean, MD**Obstetrics and Gynecology Senior Resident  
University of North Carolina School of Medicine  
  
Project: Incision and Wound Complications in the Obese Parturient  
  
McLean M, Hines R, Polinkovsky M, Stuebe A, Thorp J, Strauss R. Type of Skin Incision and Wound Complications in the Obese Parturient. American Journal of Perinatology2012 Apr;29(4):301-6.

2011 **David Ryan, MD**  
Obstetrics and Gynecology Senior Resident  
University of North Carolina School of Medicine  
  
Project: Reevaluation of discriminatory and threshold levels for serum β-hCG in early pregnancy  
  
Connolly A, Ryan DH, Stuebe AM, Wolfe HM. Reevaluation of discriminatory and threshold levels for serum β-hCG in early pregnancy. Obstetrics & Gynecology 2013. Jan;121(1):65-70.

***Medical Students***

2016 **Julia Whitley**

Second-Fourth year Medical Student

Project: Association of oxytocin during breastfeeding with maternal depression and anxiety symptoms.   
  
Poster Presentation, Society for Maternal Fetal Medicine Annual Meeting, Las Vegas, NV, January 2017

2014 **Shan Robertson**  
Third-year Medical Student  
University of North Carolina School of Medicine  
  
Project: Prenatal anxiety symptoms and infant feeding patterns  
  
Oral Presentation at the Academy of Breastfeeding Medicine International Meeting, Cleveland, OH

2014 **Paris Scott**  
Second-year Medical Student  
University of North Carolina School of Medicine  
  
Project: Perinatal Post-Traumatic Stress Symptoms, Mood, Parenting and Infant Feeding  
  
Poster Presentation at the Society for Reproductive Investigation, San Francisco, CA

2014 **Marisa Sturza**  
Second-year Medical Student  
University of North Carolina School of Medicine  
  
Project: Perinatal eating disorder symptoms, parenting stress, and infant feeding  
  
Poster Presentation at the Society for Reproductive Investigation, San Francisco, CA

2010 **Kimberly Newton, MPH**

First-year Medical Student

University of North Carolina School of Medicine

Carolina Medical Student Research Program

Project: Maternal mood and heart rate variability during infant feeding

Poster presentation at the Society for Gynecologic Investigation,

March 2011.

2010 **Olivia Gage**

First-year Medical Student

University of North Carolina School of Medicine

International Health Summer Elective

Project: Knowledge, Attitudes and Practices of Mosquito Net Utilization of Family Caregivers in Shirati, Tanzania

***Undergraduates***

2017 **Delali Lougou, BA**

Senior

University of North Carolina at Chapel Hill

Project: Lactation Safety Recommendation And Reliability Update In 10 Medication Resources From 2007-2017.   
  
Poster presentation, Academy of Breastfeeding Medicine 22nd Annual International Meeting, Atlanta, Georgia, November 2017.

2013 **Alexandra Anderson, BA**  
Junior  
University of North Carolina at Chapel Hill  
Women’s Studies Internship  
  
Project: Postpartum Well-Being and Health Care Needs of NICU Mothers  
  
Abstract submitted, Society of Maternal Fetal Medicine 2014

2012-2013 **Karen Hardy, BA**

Senior

University of North Carolina at Chapel Hill

Project: Racial and ethnic differences in beliefs   
about exclusive breastfeeding

Poster presentation, Society for Maternal Fetal Medicine

February 2013

***Masters & Doctoral Candidates***

2017-present **Nkechi Charles**

Maternal & Child Health Doctoral Candidate

Primary Dissertation Advisor

Project: Operationalization of the Maternal Resilience Construct

2016-2018 **Kimberly Fryer, MD**

MSCR Candidate

Thesis: A Multi-site Examination of Everyday Discrimination and the Prevalence of Spontaneous Preterm Birth in African American and Latina Women in the United States

Publication: Fryer K, Santos HP Jr., Pedersen C, Stuebe AM. The Hispanic Paradox: Socioeconomic Factors and Race/Ethnicity in Breastfeeding Outcomes. *Breastfeed Medicine* 2018 Feb 27

Mentored research project: Reducing barriers to maternity care for Spanish-speaking women

2016-2018 **Lauren Maldonado**

Maternal & Child Health Master's Candidate

Primary advisor

Thesis Project: Transportation and access to prenatal care

Poster presentation at ACOG, Maldonado LY, Fryer K, Tucker C, Stuebe AM. Driving Time as a Structural Barrier to Quality Prenatal Care, *Obstetrics & Gynecology* 2018;131

2015-2018 **Kathyrn G. Wouk**

Maternal & Child Health Doctoral Candidate

Advisor and dissertation committee chair

Project: The role of positive emotions in perinatal mental health and breastfeeding

Wouk K, Gottfredson NC, Tucker C, Pence BW, Meltzer-Brody S, Zvara B, Grewen K, Stuebe AM. Positive emotions during infant feeding and postpartum mental health. *Journal of Women’s Health,* accepted for publication  
  
Wouk K, **Stuebe AM**, Meltzer-Brody S. Postpartum Mental Health and Breastfeeding Practices: An Analysis Using the 2010-2011 Pregnancy Risk Assessment Monitoring System. *Maternal Child Health Journal* 2017 Mar;21(3):636-647. Epub 2016 Jul 22.

2012-2016 **Ellen Chetwynd**

Maternal & Child Health Doctoral Candidate

Gillings Global School of Public Health

Dissertation Committee Chair

Project: The Management of Maternal Symptoms (MOMS) Study  
  
Project: Pre-pregnancy BMI and Breastfeeding Duration among African-American Women  
  
Project: Lactation and Maternal Metabolic Health in the Black Women's Health Study

Chetwynd EM, Stuebe AM, Rosenberg L, Troester M, Rowley D, Palmer JR. Cumulative lactation and onset of hypertension in African American women. *American Journal of Epidemiology* 2017 Oct 15;186(8):927-934.

2012-2016 **Chantel Martin**

Epidemiology Doctoral Candidate

Gillings Global School of Public Health

Dissertation committee member  
Project: Maternal dietary patterns, biomarkers of metabolic fuels, and early childhood weight status  
  
Martin CL, Siega-Riz AM, Sotres-Alvarez D, Robinson WR, Daniels JL, Perrin EM, & Stuebe AM. Maternal Dietary Patterns during Pregnancy Are Associated with Child Growth in the First 3 Years of Life. *Journal of Nutrition* Epub 2016 Sep 28.  
  
Martin CL, Siega-Riz AM, Sotres-Alvarez D, Robinson WR, Daniels JL, Perrin EM, Stuebe AM. Maternal Dietary Patterns are Associated with Lower Levels of Cardiometabolic Markers during Pregnancy. *Paediatric and Perinatal Epidemiology* 2016. May;30(3):246-55. Epub 2016 Feb 5.

2013-2014 **Lynn Hinton**

Epidemiology Doctoral Candidate  
Gillings Global School of Public Health  
  
Research practicum advisor  
  
Project: Designing an epidemiologic intervention: Establishing a collaboration with the Mothers and Others Study

2012-2014 **Beth Horton**  
Biostatistics Doctoral Candidate  
Gillings Global School of Public Health  
  
Dissertation committee member  
Project: Test-dependent sampling and semiparametric inference for estimating area under the ROC curve

2012-2013 **Anne Starling**  
Epidemiology Doctoral Candidate

Gillings Global School of Public Health

Dissertation committee member

Project: Perfluoroalkyl Substances in Pregnancy and the Risk of Preeclampsia  
  
Starling AP, Engel SM, Richardson DB, Baird DD, Haug LS, Stuebe AM**,** KlungsØyr K, Harmon Q, Becher G, Thomsen C, Sabaredzovic A, EggesbØ M, Hoppin JA, Travlos GS, Wilson RE, Trogstad LI, Magnus P, Longnecker MP. Perfluoroalkyl Substances During Pregnancy and Validated Preeclampsia Among Nulliparous Women in the Norwegian Mother and Child Cohort Study. *American Journal of Epidemiology* 2014 Apr 1;179(7):824-33. Epub 2014 Feb 20.

Starling AP, Engel SM, Whitworth KW, Richardson DB, Stuebe AM, Daniels JL, Haug LS, Eggesbø M, Becher G, Sabaredzovic A, Thomsen C, Wilson RE, Travlos GS, Hoppin JA, Baird DD, Longnecker MP. Perfluoroalkyl substances and lipid concentrations in plasma during pregnancy among women in the Norwegian Mother and Child Cohort Study. *Environmental International Journal* 2014 Jan;62:104-12. Epub 2013 Nov 2.

2013 **Anna Dean**  
Maternal & Child Health Master’s Candidate

Gillings Global School of Public Health

Summer practicum supervisor, Master’s Thesis advisor

2012 **Sadaf Khan**

Chemistry and Biochemistry Doctoral Candidate

University of Western Australia

Dissertation committee member

Project: Short-term variation in breastmilk composition: associations with feeding patterns and gastric emptying in term infants

2011-2012 **Patricia Casbas-Hernandez**

Epidemiology Doctoral Candidate

Gillings Global School of Public Health

Co-Mentor  
Project: Understanding How Obesity and Breastfeeding Alter Breast Inflammatory Environments

Winner, 2012 Graduate Education Advancement Board Impact Award

2010 - 2012 **Quaker Harmon, MD**

Epidemiology Doctoral Candidate

Gillings Global School of Public Health

Dissertation Committee Member

Thesis: Variations in Inflammatory and Cell Cycle Genes and Preterm Birth, Small for Gestational Age and Gestational Hypertension.

Harmon QE, Engel SM, Olshan AF, Moran T, Stuebe AM, Luo J, Wu MC, Avery CL. Association of polymorphisms in natural killer cell-related genes with preterm birth. *American Journal of Epidemiology* 2013 Oct 15;178(8):1208-1218.

Harmon QE, Engel SM, Wu MC, Moran TM, Luo J, Stuebe AM, Avery CL, Olshan AF. Polymorphisms in inflammatory genes are associated with term small for gestational age and preeclampsia. *American Journal of Reproductive Immunology* 2014 May;71(5):472-484.

2010 - 2011 **Ellen Chetwynd**

Masters Candidate - Maternal & Child Health

Gillings School of Global Public Health

Project: International Board Certified Lactation Consultants: Current Reimbursement Practices in the United States

Chetwynd E, Meyer AM, Stuebe A, Costello R, Labbok M. Recognition of International Board Certified Lactation Consultants by health insurance providers in the United States: results of a national survey of lactation consultants. *Journal of Human Lactation* 2013 Nov;29(4):517-526.

2009 - 2011 **Stephanie Watkins**

Epidemiology Doctoral Candidate

Gillings Global School of Public Health

Project: Early breastfeeding experience and postpartum depression in the Infant Feeding Practices Study  
 Poster presented at the Academy of Breastfeeding Medicine, San Francisco, CA, October 2010.

Watkins S, Meltzer-Brody S, Zolnoun D, Stuebe A. Early Breastfeeding Experiences and Post Partum Depression. Obstetrics Gynecology 2011 Aug;118(2 Pt 1):214-21.

Winner, 2012 Graduate Education Advancement Board Impact Award

2009 - 2010 **Eric Nowicki**

Epidemiology Doctoral Candidate

Gillings Global School of Public Health

Dissertation committee member

Thesis: Measurement Error of Energy Intake During Pregnancy and its Influence on the Association Between Carbohydrate Quality and Fetal Growth.

Nowicki E, Siega-Riz AM, Herring A, He K, Stuebe A, Olshan A. Predictors of measurement error in energy intake during pregnancy. *American Journal of Epidemiology* 2011 Mar 1:173(5), 560-8.

***Faculty***

2018-present Christine McKenzie, MD

Assistant Professor of Anesthesia   
  
 Project: Reducing Unused Opioid Tablets in Postpartum Women   
 IHQI Improvement Scholars Program

***Clinical Teaching - 2008 to Present***

Obstetric inpatient attending physician for approximately 5 weeks per year. Responsibilities include supervision of fellows, residents and medical students and instruction in maternal-fetal medicine, including labor and delivery, antepartum admissions, and postpartum care.

Obstetric outpatient attending physician. High risk clinic and ultrasound unit, 1-2 four hour sessions per week. Responsibilities include supervision and instruction of medical students, residents and fellows

Breastfeeding Medicine clinic physician. Twice-monthly clinic for mother-infant dyads experiencing breastfeeding difficulties.

***Electronic Teaching Materials Produced:***

1. **Stuebe A**. Physiologic changes in pregnancy: Med-Challenger Women's Health Care Course [computer program]. Challenger Corporation, 2004.

2. **Stuebe A**. Postoperative complications: Med-Challenger Women's Health Care Course [computer program]. Challenger Corporation, 2004.

**Grants**

*Active Grants*

**2019-2023**

U7CMC33636

Health Resources and Services Administration

*State Maternal Health Innovation Support and Implementation Program*

Role: Co-PI

$13,000,000 (total) 10% FTE

**2019-2022**

1R18HS027260-01

Agency for Healthcare Research and Quality

*Re-engineering Postnatal Unit Care and the Transition Home to Reduce Perinatal*

*Morbidity and Mortality*

Role: Co-PI

$2,420,179 (total) 10% FTE

**2019-2023**

Health Resources and Services Administration/U.S. Department of Health and Human Services

*Safeguarding Two Lives: Expanding Early Identification & Access to Perinatal Mental Health & Substance Abuse Treatment*

Role: Co-Investigator

PI: Mary Kimmel, UNC Psychiatry

$1,998,828 (total) 5% FTE

**2018-2023**

R01HD093901-01A1

*Mood, Mother and Child: The Psychobiology of Dyadic Resilience*

Role: Co-PI; Roger Mills-Koonce, Frank Porter Graham Child Development Institute

$3,083,570 (total) 10% FTE

**2018-2023**

PCORI

*Scaling up psychological treatments for perinatal depression and anxiety symptoms via telemedicine*

Role: Co-investigator

Co-PIs: Samantha Meltzer-Brody, UNC Psychiatry and Daisy Singla, University of Toronto

$3,180,391 (total) 15% FTE

**2018-2022**

R01 DK116028-01

*Preconceptional health of Latinas and its association with child adiposity*

Co-PI Siega-Riz/Sotres (UNC Departments of Epidemiology and Biostatistics)

Role: Co-I

$2,775,425 (total), 5% FTE

**2016-2021**

R01DA038215

*Cocaine and Maternal Behavior: Effects on Trajectory of Infant Brain Development*

Role: Co-I

PI: Karen Grewen, UNC Department of Psychiatry

$3,237,660 (total) 3% effort

**2013-2020**

N01-HC65233

*Coordinating Center, Hispanic Community Health Study / Study of Latinos*

Role: Co-I

PI: Jianwen Cai, UNC Department of Biostatistics

$17,878.060 (total) 8% effort

**2018-2019**

ARHQ EPC V, RFTO 56

*Mental Health Treatments in Pregnancy*

Role: Co-investigator

PI: Meera Viswanathan, RTI-UNC Evidence-based Practice Center

$212,998 (total), 10% effort

**2018-2019**

UNC Center for Medical Innovation

*Innovation in postpartum care for women with hypertensive disorders of pregnancy: A randomized trial of home- versus office-based blood pressure monitoring*   
Role: Faculty advisor to PI Angelica Glover

$50,000 (total), no salary support (0% effort)

**2016-2019**

R40MC29455

*Care4Moms*

Role: PI

$897,986 (total) 10% effort

*Completed Grants*

**October 2018-September 2019**

UNC Office of Research

Emerging Challenges in Biomedical Research Award

*Human centered-design to assess and address social determinants of health in maternity care*

Role: Co-PI; Anne Whitley, Population Health Solutions, UNC Physicians, Practice Quality & Innovation

$50,000, no salary support (0%effort)

**2017-2018**

Janssen Research Development, LLC

|  |
| --- |
| *Optimizing Clinical Screening and Management of Maternal Mental Health: Predicting Women at Risk for Perinatal Depression* |

Role: Co-Investigator

PI: Meltzer-Brody (Department of Psychiatry)

$391,695 (total), 4% effort

**2013-2018**

R01 HD073220

*Mood, mother and infant: The psychobiology of impaired dyadic development*

Role: PI

$1,962,078 (total), 15% effort

**2013-2018**

NIH-NICHD\_DESPR-2013-17-1

*Diet, Obesity, and Weight Change in Pregnancy*

Role: Co-I

PI: Miles Faith, UNC Department of Nutrition, Gillings School of Global Public Health

$1,800,919 (total),5% effort

**2016-2017**

ARHQ EPC V, RFTO 35

*Breastfeeding and Maternal and Infant Health Outcomes in Developed Countries*

Role: Co-I

PI: Cynthia Feltner, RTI-UNC Evidence-based Practice Center

$140,130 (1 year grant), 10% FTE

**2015-2017**

EAIN-2603

PCORI Conference Engagement Grant

*Defining unmet patient-centered health care needs in the 4th Trimester*

Role: Co-I

PI: Sarah Verbiest, UNC Center for Maternal and Infant Health

$177,567 (total), 5% FTE

**2013-2017**

R01HL109216-01A1

*Lactation Effects on Postnatal Endothelial Function and Vascular Inflammation*

Role: Co-I

PI: Karen Grewen, UNC Department of Psychiatry

$1,249,581 (total), 10% effort

**2012-2017**

R01MH095992

*Identifying Biomarkers for Post-Partum Depression in African-American Women*

Role: Co-I

Co-PI: David Rubinow and Patrick Sullivan, UNC Department of Psychiatry

$4,928,522 (total) 4.5% effort

**2014-2015**

American Heart Association Beginning Grant-in-Aid

*Lactation, oxytocin and maternal cardiometabolic health later in life*

Role: Site PI

PI: Egle Bytautiene, University of Texas Medical Branch

$19,898 (Total), no salary support

**2013-2014**

No Number

W. K. Kellogg Foundation

*Quantifying the economic burden of suboptimal breastfeeding: a comprehensive maternal and pediatric cost analysis*

Role: Co-I

PI: Melissa Bartick, Harvard Medical School

$15,565 (total), 5% effort

**2013-2014**

No Number

NC Tracs CTSA Multisite Pilot Grant

National Perinatal Research Consortium: Registry for Adverse Rare Events (RARE)

PI: Stuebe

$25,000 (UNC), $125,000 (total across 5 sites), no salary support

**2012-2014**

R21DK092750-01

*Improving Outcomes for Women with GDM and their Infants*

Role: Co-PI

PI, Diane Berry, UNC School of Nursing

$275,000 (total) 5% effort.

**2012-2013**

3R01NR012899-3W1

*Affective and Genomic Mediators of Sustained Behavior Change*

Role: Co-I

PI: Barbara Fredrickson, UNC Department of Psychology

$71,618 (total), 4% effort

**2012-2013**

No Number

W. K. Kellogg Foundation

*Quantifying the economic burden of suboptimal breastfeeding: a maternal cost analysis*

Role: Co-I

PI: Melissa Bartick, Harvard Medical School

$15,565 (total), 0.5% effort

**2011-2012**

Society of Family Planning

*Immediate postpartum vs. 4-8 week postpartum LNG-IUS use and breastfeeding: A randomized clinical trial*

Role: Co-I

PI: Gretchen Stuart, UNC Department of OB-GYN

$120,000 (total), no salary support

**2011-2012**

R01HD049763-05

NIH/NICHD

Best Infant Nutrition for Good Outcomes

Role: Co-I

PI: Karen Bonuck, Albert Einstein College of Medicine

$55,725 (total), 20% effort

**2011-2012**

ECHO Pilot Grant

*Alamance / UNC Breastfeeding Collaboration (ABC) Project*

Role: PI

$12,000 (total), no salary support

**2011-2012**

Alamance Alliance for Children and Families

Cultural and Linguistic Competence Mini Grant

*Integrating mental health services into the Centering Pregnancy Curriculum*

Role: Co-I

PI: Kathleen Shapley-Quinn

$5,878 (total), no salary support

**2010-2012**

University Research Council

*The CALM Study: Cardiovascular Autonomic Regulation, a Longitudinal Maternal Study*

Role: PI

$3,450 (total), no salary support

**2010-2011**

NC TraCS 50K

*Reducing the Risk of Chronic Disease: A Group-Based Weight Loss Program for Postpartum Mothers*

Role: Co-I

PI: Diane Berry, UNC School of Nursing

$50,000 (total), no salary support

**2010-2011**

NC TraCS 10K

*Management of Maternal Symptoms (MOMS) Study*

Role: PI

$10,000 (total), no salary support

**2010-2011**

NC TraCS 10K

*Determining the Role of the Human Milk Microbiome in Breastfeeding-Associated Pain*

Role: PI

$10,000 (total), no salary support

**2010-2011**

Medical Alumni Foundation

*Determining the Role of the Human Milk Microbiome in Breastfeeding-Associated Pain*

Role: PI

$8,000 (total), no salary support

**2010-2011**

NC TraCS 10K

*Feasibility of Collecting Breastfeeding data using Validated Questionnaires when the Levonorgestrel-Releasing Intrauterine Device is Placed 10 Minutes to 48 Hours Postpartum; Add on to an Ongoing Funded Pilot Study*

Role: Co-I

PI, Gretchen Stuart, UNC Department of OB-GYN

$10,000 (total), no salary support

**2008-2011**

NIH 5K12HD050113-04

*Women's Reproductive Health Research Faculty Scholar*

Role: Faculty scholar

PI, Dan Clarke-Pearson, UNC Department of OB-GYN

$75,000 (total), 75% effort

**2009-2010**

NC TraCS 50K

*Neuroendocrine Pathophysiology in Postpartum Depression and Lactation Failure*

Role: Co-PI

MPI: Samantha Meltzer-Brody, UNC Department of Perinatal Psychiatry

$50,000 (total), no salary support

**2009-2010**

NIH DK056350

*Nutrition and Obesity Research Center Pilot and Feasibility Grant*

University of North Carolina Chapel Hill Nutrition and Obesity Research Center

Role: PI

$24,000 (total), no salary support

**2008-2010**

University Research Council

University of North Carolina pilot grant

Genetic Polymorphisms and Metabolic Complications of Pregnancy

Role: PI

$5,000 (total), no salary support

**2006-2009**

NIH R21DK073739-01A1

*Lactation and Diabetes Risk Factors in Women*

Role: Consultant

PI, Janet Rich-Edwards, Harvard Medical School

$2,000 (total), no salary support.

**2007-2008**

Partners IS Research Council

*Clinical Decision Support for Women with a History of Gestational Diabetes*

Role: PI

$66,000 (total), no salary support.

**2006-2008**

Brigham and Women's Department of Obstetrics and Gynecology Internal Grant

*Expanding the Boundaries, Obstetrical Outcomes of Singleton IVF Pregnancies*

Role: PI

$10,000 (total), no salary support.

**Professional Service:**

*National*

***American College of Obstetricians and Gynecologists***

2017- Present Member, Maternal Mental Health Working Group

2017- 2018 Chair, Task Force on Reinventing the Postpartum Visit

2016- Present Member, Clinical Document Review Panel

2015- Present Member, Breastfeeding Expert Working Group

2013-2016 Member, Committee on Obstetric Practice

***Society for Maternal-Fetal Medicine***

2017 - Present Member, Board of Directors

2017 - Present Member, Health Policy and Advocacy Committee

2005 - Present Member

2009 - 2017 Member, Communications Committee

2012 - 2016 Chair, External Communications Committee

2011 - 2012 Chair, Communications Committee

***Academy of Breastfeeding Medicine***

2019 – present President / Board Member

2017 - 2019 President-Elect/Board Member

2005 - Present Member

2009 – 2018 Chair, Communications Committee

Editor, Breastfeeding Medicine blog

<http://bfmed.wordpress.com>

2009-2015 Board member

***Office of Population Affairs***

September 2018 Expert work group meeting, Birth Spacing and Adverse Pregnancy Outcomes

***Alliance for Innovation on Maternal Health***

2015 - 2018 Co-chair, Postpartum Safety Bundle Work Group

***NIH Study Section Ad-hoc Reviewer***

*June 2016* Clinical and Integrative Diabetes and Obesity

*June 2015* Clinical and Integrative Diabetes and Obesity

*April 2014 NICHD Special Emphasis Panel ZHD1 DSR-H*

*February 2012 NIEHS Special Emphasis Panel ZES1 TN-D(S1)*

*Statewide*

***Family Forward NC Advisory Council***

2018 – Present Member

***MomsRising North Carolina Steering Committee***

09/2016 - Present Member

***North Carolina Breastfeeding Coalition***

01/2009 - Present Member

***NC Paid Family Leave Advisory Committee***

2017 - 2018 Member

***Massachusetts Medical Society***

07/2001 - 2010 Member

2006-2007 Resident/Fellow Representative, Committee on Perinatal Health

Drafted MMS breastfeeding policy that was enacted at the 2007 annual meeting

***Massachusetts Breastfeeding Coalition***

2002 - 2010 Member

09/2005 - 2007 Board Member

Developed web site, [www.massbfc.org](http://www.massbfc.org).

Massachusetts Delegate, USBC National Conference, 2006

2006 Co-chaired annual conference, “Breastfeeding in the Bay State: Improving Outcomes,” Sept 2005

Developed ZipMilk.org online guide to community breastfeeding resources

*County*

**Orange County Board of Health**

2019 - present Citizen/Commissioner Appointed representative

*Institutional*

***NC Women’s Hospital Baby Friendly Group***

2012 - Present Member

***UNC School of Medicine Appointments, Promotions and Tenure Committee***

2015 - 2018 Member

***UNC Epic Physicians Informatics Council***

2013-2015 Member

***Brigham & Women's Hospital Breastfeeding Task Force***

2006 - 2008 Member

Research Statement

My research focuses on maternity care as a doorway to future health. Pregnancy presents a singular opportunity for the health care system to engage with women and chart a course for lifetime health and wellbeing. During pregnancy and the first postpartum year, mother and infant have at least 18 scheduled health care visits. These visits are frequently a woman's first adult contact with the health care system. A positive experience can empower her to advocate for herself, her children, and her friends and family, whereas a negative experience can undermine her willingness - and that of her entire social network - to access medical care. Maternity and early infant care thus provide an unparalleled opportunity to impact the health trajectory of both mother and child. My overarching goal is to develop and implement approaches to perinatal care that capitalize on this window, thereby enabling women to improve their health and the health of their families.

I began my research career working with the Nurses' Health Study, reporting a novel association between duration of breastfeeding and maternal risk of Type 2 Diabetes. I have subsequently published papers on lactation and many other maternal health outcomes, including myocardial infarction, breast cancer, hypertension, metabolic disease markers and adipokines. My epidemiological research on breastfeeding has informed review papers and simulation analyses, including a simulation study to quantify the impact of suboptimal breastfeeding rates on maternal and child health. Working with an interdisciplinary team of investigators from Harvard, UC Davis, University of Cincinnati, D’Youville College, University of Iowa, University of Pittsburgh and Rice University, we found that current lactation rates in the United States incur a disproportionate burden on maternal health, leading to more than 2,500 premature deaths for women each year, compared with about 700 infant deaths. This work has been an important component of efforts to advocate for structural support for breastfeeding as a woman’s health issue, as well as an infant and child health issue.

Alongside this epidemiologic work, I have collaborated with Dr. Egle Bytautiene, a basic scientist at University of Texas-Medical Branch, using a mouse model to elucidate the mechanisms through which lactation might improve cardiovascular health. A UNC, I have collaborated with Dr. Karen Grewen in the Department of Psychiatry to consider the role of oxytocin in maternal cardiovascular health.

In my clinical work with breastfeeding mothers, I found that many of the women presenting for consultation also had significant symptoms of postpartum depression or anxiety. During my first year at UNC, I shared this observation with psychiatrist Dr. Samantha Meltzer-Brody, who noted that many of her patients with perinatal depression had difficulty with breastfeeding. “Maybe,” she said, “there’s something more to this.” We formed a research collaboration with Dr. Karen Grewen in the Department of Psychiatry and began researching the role of oxytocin and HPA axis dysregulation in perinatal depression. Originally funded by a NCTracs 50K grant, this work led to a 5-year NICHD-funded R01: “Mood, Mother and Infant, the Psychobiology of Impaired Dyadic Development. Final assays were run in August of 2018, and we look forward to reporting our findings in the coming months. A follow-up R01, Mood, Mother and Child: The Psychobiology of Dyadic Resilience, was funded in September of 2018; mothers and their 5-year-olds will be returning to the Mother Baby lab in early 2019.

My work on the epidemiology of breastfeeding has been complemented by clinical work and education to advance management of common breastfeeding complications. Many clinicians rely on personal experience, whether as mothers, partners, or friends, to inform clinical management of lactation problems. This anecdote-based approach results in contradictory advice and, for many women, disrupted lactation, or early, undesired discontinuation of breastfeeding due to problems with latch, low supply, or pain. We found that the prevalence of disrupted lactation is about 12%; among women with perinatal depression symptoms, the prevalence is 19%.

For the past 10 years, I have worked with mothers struggling with lactation challenges in a multidisciplinary breastfeeding medicine clinic. The most common presenting issues are low milk supply and breastfeeding-associated pain. In an effort to codify management of breastfeeding pain, we have created a set of algorithms that are published on the MomBaby.org web site. These algorithms have been published in the textbook Breastfeeding Medicine, and have been presented at conferences in Australia, Macau and throughout the United States. Key components of these algorithms were incorporated into the Academy of Breastfeeding Medicine (ABM) protocol on management of persistent pain. ABM is an international physician’s organization that brings doctors together to provide evidence-based solutions to challenges facing breastfeeding women. I have served for 6 years as a member of the board, I edit the Breastfeeding Medicine blog, and I am currently president-elect of the organization.

I have directly applied my findings on breastfeeding and postpartum depression in clinical practice by making screening for postpartum depression part of all lactation visits. Working in conjunction with Dr. Samantha Meltzer-Brody in the Department of Psychiatry, I developed and implemented new guidelines for postpartum depression screening and treatment at UNC. As a member of the American College of Obstetricians and Gynecologists Committee on Obstetrics Practice, I led the 2016 revision of ACOG’s Committee Opinion on Breastfeeding, and I co-authored the College’s revised opinion on postpartum depression screening. My invited Clinical Expert Series paper “Enabling Women to Achieve Their Breastfeeding Goals” was published in *Obstetrics and Gynecology* (“the Green Journal”). I currently serve on the ACOG Maternal Mental Health Expert Work Group, which is developing a playbook for implementing screening and treatment for perinatal mood disorders in routine care.

My work in the breastfeeding medicine clinic demonstrated that depression and breastfeeding difficulties are not the only intersecting challenges that face new mothers; indeed, multiple issues impact health and wellbeing during recovery from birth. In my role as a member of the American College of Obstetricians and Gynecologists Committee on Obstetric Practice, I was first author of a 2016 committee opinion “Optimizing Postpartum Care” that sought to highlight the importance of the postpartum period for maternal health and outline priority areas in caring for women during the months following birth. To probe these areas further, I formed a collaboration with Dr. Kristin Tully, a biological anthropologist, and Dr. Sarah Verbiest, Executive Director of the Center for Maternal and Infant Health. We won a PCORI award to engage mothers and other stakeholders in defining unmet health needs in the 4th Trimester, the period from birth through 12 weeks postpartum. This patient engagement project revealed multiple challenges and opportunities for improvement and validated that multiple intersecting issues impact women’s wellbeing. Our findings informed my work as Co-Chair of the Postpartum Bundle for the Alliance for Innovation on Maternal Health; we produced two bundles: “From Birth to the Comprehensive Postpartum Visit” and “Transition from Maternity to Well-Woman Care”

In 2017, I was selected to lead Dr. Haywood Brown’s American College of Obstetricians and Gynecologists’ Presidential Task Force on Redefining the Postpartum Visit, in which ACOG calls for a new paradigm for postpartum care, replacing a single, one-off visit with ongoing care from birth through 12 weeks. The resulting recommendations received national media coverage, including outlets such as NPR and the New York Times, bringing “the 4th Trimester” into the national conversation.

My current work is focused on developing models of care that address women’s multifaceted, intersecting needs. For example, we are currently in the last year of a HRSA funded project, Care4Moms, to evaluate the health needs of mothers of infants admitted to the neonatal intensive care unit. This mixed methods study includes analyses of quantitative data from the Epic electronic medical record and extensive qualitative interviews with mothers and stakeholders. Working with faculty from the Schools of Social Work, Public Health, and Medicine, we will formulate recommendations for new models for care for mothers who are subsumed with their critically ill infants. Lastly, Drs. Sarah Verbiest, Kristin Tully and I received a $50,000 gift from the Global Health Foundation to develop a mother-designed online resource for postpartum care that provides actionable, just-in-time information to women who are navigating the 4th Trimester.

Defined Goals for the Future

My long-term goal is to work with interdisciplinary teams to develop and implement approaches to maternity care that empower women to improve their health and the health of their families. This work requires coalitions including parents, community leaders, non-profits and researchers in public health, policy, economics, social work, nursing, medicine and allied health. I look forward to a career of forming and building such coalitions, thereby improving health and well-being across two generations.

Teaching Statement

When I counsel expecting mothers, I start the conversation by asking, "What have you heard about breastfeeding?" It's the same question I use when I teach in the third-year OB/Gyn clerkship. It works in clinical practice, and it is a central part of my teaching philosophy. To be effective, I need to meet my students where they are. In a large lecture setting, it's less feasible to tailor my instruction, but I routinely survey my audience about their clinical interest or connection to the topic so that I can target my teaching to their needs and interests. Using technologies such as Poll Everywhere, I engage with my audience to build word clouds and brainstorm solutions to clinical problems.

Much of my teaching focuses on lactation, and I have worked with the School of Medicine to integrate breastfeeding education into the medical school curriculum. I lead a clinical management workshop during the third year Ob/Gyn clinical clerkship. In the School of Public Health, I teach in the Mary Rose Tully Lactation Training Program, and I give annual guest lectures in the reproductive epidemiology course. I have also lectured on breastfeeding and maternity care at local, regional, national and international conferences. I have traveled to Australia to speak at conferences in 2011, 2013, 2015 and 2017 and will be returning in March of 2019. I have also presented in Spain, Macau and Nagoya, Japan, learning the nuances of simultaneous and sequential translation.

My teaching interests also extend to new technology for education and advocacy. Prior to medical school, I was a journalist, and I have leveraged that experience serving on communications committees for medical societies. As a member of the Society for Maternal-Fetal Medicine (SMFM) Communications Committee, I created the group's Facebook Page. I also led a $150,000 project to develop a branding strategy for the Society, working with a marketing firm to determine how to communicate Society of Maternal Fetal Medicine's mission and goals to referring physicians, government agencies and patients. For a decade, I also chaired the Communications Committee for the Academy of Breastfeeding Medicine and ran the organization's blog, where ABM members share their perspective on breastfeeding medicine. The blog has helped to establish a vibrant online presence for ABM, attracting more than 1 million-page views, including more than 47,000 views for a post I wrote regarding US efforts to block a World Health Organization resolution on breastfeeding. I have also blogged for MomsRising, the Huffington Post and The Hill, addressing policies and practices that enable women to better nurture their children.

In mentoring relationships, I have worked with undergraduates, medical students, residents, fellows and graduate students on a variety of research projects that have yielded both presentations at national meetings and peer-reviewed publications. Working with learners who span such a wide range of experience is both challenging and rewarding. I strive to identify opportunities for growth in each mentee, helping each student to capitalize on their strengths and develop strategies to overcome their weaknesses. I particularly enjoy the opportunity to teach fundamentals of statistical modeling and epidemiology in a practical setting, working with students with little prior statistical experience to introduce some of the nuances of biostatistics.

I look forward to further developing my teaching skills - both on the wards and in the classroom - as I continue my career. In particular, I look forward to helping develop courses and curricula as I make the transition from occasional guest lecturer to an active participant in designing courses and methods for evaluating students.