

Faurot Curriculum Vita

Personal Information

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Education

- May 2014 **PhD, Epidemiology**; Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- 2005 **MPH, Health Behavior and Health Education**; School of Public Health, University of North Carolina at Chapel Hill
- PA Certificate**; Department of Physician Assistant Studies, Bowman Gray School of Medicine, Wake Forest University, Winston-Salem, NC
- BA, Psychology**; School of Arts and Sciences, University of North Carolina at Chapel Hill
Smith College, Northampton, MA

Research Experience

- 6/1/2015 (offered) **Research Assistant Professor**; Department of Physical Medicine & Rehabilitation, School of Medicine, University of North Carolina at Chapel Hill
- 6/2014 - present **Postdoctoral Fellow**, Department of Physical Medicine & Rehabilitation, School of Medicine, University of North Carolina at Chapel Hill
- 1/2010 -5/2014 **Pre-doctoral Fellow**, National Institutes of Health T32 Research Fellowship in Complementary and Alternative Medicine, University of North Carolina at Chapel Hill Program on Integrative Medicine
- 1/2007- 1/2010 **Research Coordinator**; Department of Physical Medicine & Rehabilitation, School of Medicine, University of North Carolina at Chapel Hill
- 1/2006-1/2007 **Research Associate**; Department of Physical Medicine & Rehabilitation, School of Medicine, University of North Carolina at Chapel Hill
- 5/2002-1/2006 **Research Assistant**; Department of Physical Medicine & Rehabilitation, School of Medicine, University of North Carolina at Chapel Hill
- 1/2005-8/2005 **Research Assistant**; Department of Family Medicine, School of Medicine, University of North Carolina at Chapel Hill

Clinical Experience

- 8/1997-9/2000 **Physician Assistant**, Carver Living Center (Long Term Care), Durham, NC
- Physician Assistant**, South Carolina Heart Center, Columbia, SC
- Physician Assistant**, Columbia Cardiology Associates, Columbia, SC
- Physician Assistant**, LeBauer, Weintraub, Brodie, and Associates, Greensboro, NC
- Physician Assistant**, East Tennessee Heart Consultants, Knoxville, TN

Teaching experience

- 2015 **Course director** for "Evidence-Based Medicine I and II" to begin August, 2016.
UNC Physician Assistant Program. Expected time commitment: TBD

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- 8/2014 - present **Instructor** for section of “Quantitative Methods for Health Care Professionals”, a course in applied biostatistics for medical professionals earning an MPH degree.
UNC Gillings School of Global Public Health. Time commitment: 20% FTE
- 10/2014 Lecture: Dietary supplement safety and efficacy for “Principles and Practices of Complementary and Alternative Medicine”
- 8-12/2013 **Co-Instructor** for course “Quantitative Methods for Health Care Professionals”.
- 10/2012 Lecture: Dietary supplement safety and information sources for “Principles and Practices of Complementary and Alternative Medicine”
- 8-12/2012 **Teaching Assistant** for course “Quantitative Methods for Health Care Professionals”. Includes presentation of original lectures on use of STATA software, Confounding concepts, and rational approaches to data analysis.
- 9/28/2011 Lecture: Essentials of Meta-analysis & Systematic Review for Physical Medicine & Rehabilitation residents
- 10/2011 Lecture: Dietary Supplements 2011: What clinicians need to know, “Principles and Practices of Complementary and Alternative Medicine”
- 11/2010 Lecture: Dietary Supplement Safety Considerations, Physical Medicine & Rehabilitation residents
- 10/2010 Lecture: Update on Dietary Supplement Regulations for course “Principles and Practices of Complementary and Alternative Medicine”
- 8-12/2010 **Teaching Assistant** for course “Clinical Measurement and Evaluation”, epidemiology for health care professionals
- 11/2005 AHEC invited lecture to medical staff of Maria Parham Hospital, Henderson, NC: Herbal Medicine: Information Resources.
- 11/2005 Lecture on Herbal Medicine for course “Principles and Practices of Complementary and Alternative Medicine”

Honors/Awards

- 2012 Scholarship from the International Society for Pharmacoepidemiology to present research abstract at the International Conference: Pharmacoepidemiology and Therapeutic Risk Management
- 2010 Travel award from the American Society for Nutrition to participate in the National Institutes of Health (NIH) Office of Dietary Supplements (ODS) course, “Dietary Supplement Research Practicum 2010.”
- 2006 Young Investigator Award, North American Research Conference on Complementary and Integrative Medicine

Publications

Refereed papers

- Ramsden CE, Zamora D, Makriyannis A, Wood JT, Mann JD, **Faurot KR**, MacIntosh BA, Majchrzak-Hong SF, Gross JR, Courville AB, Davis JM, Hibbeln JR. 2015. [Diet-induced changes in n-3 and n-6 derived endocannabinoids and reductions in headache pain and psychological distress](#). J Pain. 2015 May 6. pii: S1526-5900(15)00643-4. doi: 10.1016/j.jpain.2015.04.007
- Ramsden CE, **Faurot KR**, Zamora D, Palsson OS, MacIntosh BA, Gaylord S, Taha AY, Rapoport SI, Hibbeln JR, Davis JM, Mann JD. 2015. [Targeted alterations in dietary n-3 and n-6 fatty acids improve life functioning and reduce psychological distress among chronic headache patients: secondary analysis of a randomized trial](#). Pain. 156(4):587-96. doi: 10.1097/01.jpain.0000460348.84965.47

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- Faurot KR**, Jonsson Funk M, Pate V, Brookhart MA, Patrick A, Hanson LC, Camelo Castillo W, Stürmer T. 2015. [Using Claims Data to Predict Dependency in Activities of Daily Living as a Proxy for Frailty](#). *Pharmacoepi Drug Saf*. 24(1):59-66
- Faurot KR**, Filipelli A, Poole C, Gardiner P. *Patterns of Variation in Botanical Supplement Use among Hispanics and Latinos in the United States*. 2014. Epidemiology-Open Access. In Press: Accepted 6/16/2014
- Ramsden CE, **Faurot KR**, Zamora D, Suchindran CM, Macintosh BA, Gaylord S, Ringel A, Hibbeln JR, Feldstein AE, Mori TA, Barden A, Lynch C, Coble R, Mas E, Palsson O, Barrow DA, Mann JD. 2013 [Targeted alteration of dietary n-3 and n-6 fatty acids for the treatment of chronic headaches: A randomized trial](#). *Pain*. Nov;154(11):2441-51. doi: 10.1016/j.pain.2013.07.028.
- Ramsden CE, Zamora D, Leelarthae-pin B, Majchrzak-Hong SF, **Faurot KR**, Suchindran CM, Ringel A, Davis JM, Hibbeln J. 2013. [Use of dietary linoleic acid for secondary prevention of coronary heart disease and death: evaluation of recovered data from the Sydney Diet Heart Study and updated meta-analysis](#). *BMJ*. 346:e8707.doi: 10.1136/bmj.e8707.
- MacIntosh BA, Ramsden CE, **Faurot KR**, Zamora D, Mangan B, Hibbeln JR, Mann JD. 2013. [Low n-6 and low n-6 plus high n-3 diets for use in clinical research](#). *Br J Nutr*. Aug 28;110(3):559-68. doi: 10.1017/S0007114512005181.
- Ramsden CE, Ringel A, Feldstein AE, Taha AY, Macintosh BA, Hibbeln JR, Majchrzak-Hong SF, **Faurot KR**, Rapoport SI, Cheon Y, Chung YM, Berk M, Douglas Mann J. 2012. [Lowering dietary linoleic acid reduces bioactive oxidized linoleic acid metabolites in humans](#). *Prostaglandins Leukot Essent Fatty Acids*. Oct-Nov;87(4-5):135-41. doi: 10.1016/j.plefa.2012.08.004
- Moura VL, **Faurot KR**, Gaylord SA, Mann JD, Sill M, Lynch CE. 2012. [Mind-body interventions for treatment of phantom limb pain in persons with amputation](#). *Am J Phys Med Rehabil*.91(8):701-14.
- Garland EL, Gaylord SA, Palsson O, **Faurot K**, Douglas Mann J, Whitehead WE. 2012. [Therapeutic mechanisms of a mindfulness-based treatment for IBS: effects on visceral sensitivity, catastrophizing, and affective processing of pain sensations](#). *J Behav Med*. 2012; 35(6): 591-602. Doi: 10.1007/s10865-011.
- Curtis P, Gaylord SA, Park JB, **Faurot KR**, Coble R, Suchindran C, Coeytaux RR, Wilkinson L, Mann JD. 2011. [Credibility of low-strength static magnet therapy as an attention control intervention for a randomized controlled study of CranioSacral therapy for migraine headaches](#). *J Altern Complement Med*. 17(8): 711-21
- Gaylord SA, Palsson OS, Garland EL, **Faurot KR**, Coble RS, Mann JD, Frey W, Leniek K, Whitehead WE. 2011 [Mindfulness training reduces the severity of irritable bowel syndrome in women: results of a randomized controlled trial](#). *Am J Gastroenterol*. 106: 1678-1688.
- Ramsden CE, Mann JD, **Faurot KR**, Lynch C, Imam ST, MacIntosh BA, Hibbeln JR, Loewcke J, Smith S, Coble R, Suchindran C, Gaylord SA. 2011. [Low omega-6 vs. low omega-6 plus high omega-3 dietary intervention for Chronic Daily Headache: Protocol for a randomized clinical trial](#). *Trials*. 12:97.
- Gregory P, Edwards L, **Faurot K**, Williams SW, Felix AC. 2010. [Patient preferences for stroke rehabilitation](#). *Top Stroke Rehabil*. 17(5): 394-400.
- Ramsden C, Gagnon C, Graciosa J, **Faurot K**, David R, Bralley JA, Harden RN. 2010. [Do omega-6 and trans fatty acids play a role in complex regional pain syndrome? A pilot study](#). *Pain Med*. 11(7):1115-25.

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Ramsden CE, **Faurot KR**, Carrera-Bastos P, Cordain L, De Lorgeril M, Sperling LS. 2009. *Dietary fat quality and coronary heart disease prevention: a unified theory based on evolutionary, historical, global, and modern perspectives*. Current Treat Options Cardiovasc Med. Aug;11(4):289-301.

Gaylord SA, Whitehead WE, Coble RS, **Faurot KR**, Palsson OS, Garland EL, Frey W, Mann JD. 2009. *Mindfulness for irritable bowel syndrome: protocol development for a controlled clinical trial*. BMC Complement Alternative Medicine; 9:24.

Young LA, **Faurot KR**, Gaylord SA. 2009. *Use of and communication about dietary supplements among hospitalized patients*. J Gen Intern Med;24(3):366-9.

Mann JD, **Faurot KR**, Wilkinson L, Coeytaux RR, Curtis P, Suchindran C. 2008. *Craniosacral therapy for migraine: protocol development for an exploratory controlled clinical trial*. BMC Complementary and Alternative Medicine; 8:28.

Faurot KR, Gaylord SA, and Mann JD. 2007. *Training family caregivers in hand and foot massage for hospitalized patients: feasibility, challenges, and lessons learned*. Complementary Health Practice Review; 12; 203

Refereed abstracts

2014 **Faurot K**, Siega-Riz AM, Gardiner P, Rivera JO, Young L, González H, Barnhart J, Casteneda S, Chirinos D, Daviglius M, Espinoza R, Talavera G, Van Horn L, Whitsel E, Avilés-Santa ML. **Measuring Botanical Supplement Use among Hispanics/Latinos in the United States: a Comparison of Methods in the Hispanic Community Health Study/Study of Latinos**, (Poster presented 5/15/2014 at the International Conference on Integrative Medicine and Health.) J Altern Complement Med. 2014 May;20(5):A136. doi: 10.1089/acm.2014.5364.abstract.

2012 **Faurot KR**, Brookhart MA, Jonsson Funk M, Pate V, Camelo Castillo W, Stürmer T. **Predicting ADL Dependence in Older Adults to Improve Estimates in Comparative Effectiveness Studies**, (Presented 11/17/2012 at the Gerontological Society of America Annual Conference.) Abstracts. The Gerontologist. 52 (S1): 627.

Williams SW, Felix A, **Faurot KR**, & Johnson A. *Strokes and Rehabilitation Outcomes in Rural North Carolina*. (Poster presented at the 2012 Gerontological Society of America Annual Conference.) The Gerontologist, 52 (S1): 358.

Faurot KR, Brookhart MA, Jonsson Funk M, Pate V, Camelo Castillo W, Stürmer T. *Use of Claims Data to Predict Dependence in Older Adults*. 2012, (Presented at the International Conference for Pharmacoepidemiology and Therapeutic Risk Management, 8/28/12.) Abstracts. Pharmacoepidem. Drug Safe., 21: 1-481. doi: 10.1002/pds.3324

Gardiner P, Filippelli A, **Faurot K**. **P04.26 Prevalence of botanical dietary supplement use among Hispanics in the United States: A Systematic Review**. (Presented 5/15/2012 at the International Research Congress on Integrative Medicine and Health.) BMC Complementary and Alternative Medicine 2012, **12**(Suppl 1):P296

Zamora D, **Faurot K**, Young L, Gaylord SA. **P04.87. Are people with known coronary risk factors more likely to use dietary supplements?** (Presented 5/15/2012 at the International Research Congress on Integrative Medicine and Health.) BMC Complementary and Alternative Medicine 2012, **12**(Suppl 1):P357.

Faurot K, Young L, Gardiner P, Zamora D, Gaylord SA **P04.70. Determinants of botanical/specialty dietary supplement use among Hispanics participating in the 2007 National Health Interview Survey**. (Presented 5/16/2012 at the International Research Congress on Integrative Medicine and Health.) BMC Complementary and Alternative Medicine 2012, **12**(Suppl 1):P340

Smith S, Ramsden C, Gaylord S, **Faurot K**, Lynch C, Mann J. **P02.141. Effects of a low omega-6 and high omega-3 diet on inflammatory gene expression in patients with chronic**

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daily headaches. (Presented 5/16/2012 at the International Research Congress on Integrative Medicine and Health.) BMC Complementary and Alternative Medicine 2012, **12**(Suppl 1):P197

Mann J, Gaylord S, **Faurot K**, Suchindran C, Coeytaux R, Wilkinson L, Coble R, Curtis P. *P02.55 Craniosacral Therapy for Migraine: a feasibility study*. (Presented 5/16/2012 at the International Research Congress on Integrative Medicine and Health.) BMC Complementary and Alternative Medicine 2012, **12**(Suppl 1):P111

Hava S, Williams S, **Faurot K**, Felix A. *Determinants of Length of Stay for Stroke Patients in Rural North Carolina*. (Presented 5/4/2012 at the American Geriatrics Society Annual Scientific Meeting.) Journal of the American Geriatrics Society. 2012, **60**, (Suppl s4), pages S2.

2011 Young LA, **Faurot KR**, Giscombé CW, Gaylord SA. *Mind-body therapies: patterns of use in the US among people with diabetes and prediabetes*. 2011. Diabetes. 60 S1

2010 Gregory PC, **Faurot KR**, Edwards L, Williams SW. *Hospital differences in access to stroke care services*. The Gerontologist. 2010

2009 Gregory PC, **Faurot KR**, Dilworth-Anderson P. *The Stroke Telemedicine Access Recovery (STAR) Project: A Creative Approach to Community-Based Stroke Care*. The Gerontologist. 2009 49.

Gaylord SA, Palsson O, **Faurot KR**, Garland E, Coble R, Mann JD, Whitehead, WE. *Relationship between dispositional mindfulness and disease severity, quality of life and psychological well-being in women with irritable bowel syndrome (IBS)*. 2009. Alternative Therapies in Health and Medicine.

2008 Gregory PC, **Faurot KR**, Dilworth-Anderson P. *Resilience in Aging among American Indian Stroke Survivors*. The Gerontologist. 2008; 48 SI (II): 50.

Faurot KR, Ibazebo W, Gregory PC. *Acute Stroke Hospitalization Therapy Exposure: Primary Stroke Center versus Rural Community Hospital*. Archives of Physical Medicine and Rehabilitation. 2008; 89: 11

2007 Gregory PC, Han E, **Faurot K**. 2007. *Racial Disparities in access to inpatient rehabilitation among rural NC American Indians*. Am J Phys Med Rehabil.;86: Abstract

Gregory PC, **Faurot K**, Dilworth-Anderson P. *Recruitment of Minority Populations: Challenges, Costs, and Successes*. The Gerontologist. 2007; 47: SI 1 345: 520-521.

2006 **Faurot KR**, Gaylord SA, Blalock S, McDermott J. 2006. ***Dietary supplement education in the community pharmacy--the pharmacist's perspective***. Alternative Therapies in Health and Medicine. Access at <http://www.bridgehealth.com/cahc/index.html>

Web-based publication

2004-2005 Herb monographs, FAQs, and Annotated Bibliography for the website of the North Carolina Consortium on Natural Medicines

Presentations/posters of original research

2012 ***"Measurement challenges in complementary and integrative medicine research in minority populations"*** Presentation at the International Research Congress on Integrative Medicine and Health (5/17/2012)

2009 ***"Relationship between dispositional mindfulness and disease severity, quality of life and psychological well-being in women with irritable bowel syndrome (IBS)."*** North American Research Conference on Complementary and Integrative Medicine. (5/13/2009)

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2008 *“Credibility of a static magnet protocol as a comparison intervention for craniosacral therapy in a randomized trial”* at University Research Day, University of North Carolina at Chapel Hill (3/4/08).

“Disparities in acute stroke hospitalization therapy exposures: Primary stroke center vs. rural community hospital” at University Research Day, University of North Carolina at Chapel Hill (3/4/08).

2006 *“Dietary supplement education in the community pharmacy--the pharmacist's perspective”* at the North American Research Conference on Complementary and Integrative Medicine (5/13/2006).

Current Funded Research

1/1/2015-12/31/2016 Funder: North American Spine Society and the Mayday fund. PI: Carneiro
Level of Funding: \$187,944
Title: “Chronic Lumbosacral Radiculopathy: Impact of an Analgesic Dietary Intervention on Pain & Function”

A two-arm RCT to examine the effects of targeted dietary manipulations of omega-3 and omega-6 fatty acids based on whole foods (dietary counseling with limited food provision).

Role: Co-investigator, project manager. Time Commitment: 10-11% FTE

9/30/2013-5/31/2018 Funder: NIH National Center for Complementary and Alternative Medicine. PI: Mann

Level of Funding: \$3,523,688

Title: “Clinical & Metabolic Effects of Altering n-3 and n-6 Fatty Acids in Migraine (RCT)”

A three-arm RCT of dietary manipulations of omega-3 and omega-6 fatty acids based on whole foods (dietary counseling and food provision).

Role: Project manager, statistical analyst. Time Commitment: 30% FTE

7/1/2015 – 6/30/2019 Funder: Henry Jackson Foundation. PI: Mann

Level of Funding: \$188,062 plus capitation

Title: “Targeted Alteration of Dietary Omega-3 and Omega-6 Fatty Acids for the Treatment of Post-Traumatic Headache”

A two-arm multi-site RCT designed to examine the impact of n-3 and n-6 manipulation in a whole foods diet for soldiers with post-traumatic headache.

Role: Statistical analyst, project manager. Time Commitment: 15-16.7% FTE

Pending Research

1/01/2016-12/2020 Funder: National Center for Complementary and Integrative Health. PI: Mann, Gaylord

Level of funding: \$2,668,209

Title: “UNC –Sherman Collaborative Research Training Program in Chiropractic Healthcare”

This NIH T90/R90 Interdisciplinary Complementary and Integrative Health Clinical Research Training Award is designed to improve the capacity for high quality integrative health research through establishing formal partnerships between a research-intensive institution (UNC) and an institution focused on clinical training of chiropractors (Sherman).

Role: Training facilitator. Time Commitment: 15% FTE

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9/1/2015 – 8/31/2019 Funder: Department of Defense. PI: Ford, Gaylord
Level of funding: \$1,748,198
Title: “Post-traumatic Headache Phenotypes and Responsiveness to Mindfulness Training.”
The project objectives will advance rehabilitation care for veterans by: 1) characterizing and defining PTH pain subtypes in order to better guide rehabilitation therapies; 2) comparing the efficacy of a mindfulness-training intervention between PTH pain subtypes; 3) investigating the usefulness of measuring neurosensory biomarkers for tracking rehabilitation outcomes; and 4) identifying psychological mechanisms and pain biomarkers associated with reduction in headache and disability.
Role: Statistical analyst, Co-investigator. Time Commitment: 15% FTE

Completed Research

9/1/2012-3/31/2014 Funder: NIH Office of Dietary Supplements through the National Heart, Lung, and Blood Institute. PI: Siega-Riz

“Botanical dietary supplement use among Hispanic/Latinos in the Hispanic community health study/study of Latinos: comparison of a diet- vs. medication-based survey ”

Secondary analysis of baseline for cohort study—**my dissertation project.**

07/01/09-6/30/12 R21 AT004276-01A2 Agency: National Institutes of Health/NCCAM
PI: Gaylord, Giscombe.

“A Mindfulness-based Intervention to Reduce Diabetes Risk in Pre-diabetic African Americans”

A community-based RCT to compare Mindfulness-based Education and Education alone on factors associated with diabetes risk.

Role: Project Manager until 1/2010; As a Fellow, data management and analysis

5/1/09-4/30/12 Mayday Foundation. PI: Mann/Ramsden

“Exploratory Analgesic Dietary Intervention for Chronic Daily Headache (CDH).”

An RCT of a whole foods diet rich in omega-3 and low in omega-6 vs. low omega-6 diet for relief of CDH

Role: Project Manager until 1/2010; As a Fellow, data analysis, manuscript preparation, and grant proposal preparation

12/1/2008-4/30/2012 Duke Endowment PI: Williams

“Stroke Telemedicine Access Recovery”

The purpose of the study is to evaluate the effectiveness of an innovative, multi-disciplinary consultation offered via telemedicine links designed to: (1) facilitate patients’ access to rehabilitation treatment (including referrals to appropriate post-hospitalization therapies); (2) improve functional outcomes; (3) lower the rates of stroke complications and re-hospitalization; (4) reduce caregiver strain.

Role: Project Manager until 1/2010; As a Fellow, data analysis and assist with data management and manuscript preparation

9/1/2006-8/31/2009 NIH/NCCAM R21 AT003619-01. PI: Susan A. Gaylord, PhD

“Mindfulness for Irritable Bowel Syndrome”

The goal of this study is to investigate the efficacy of a mindfulness-based stress reduction intervention to reduce symptomatology in women with irritable bowel syndrome. *Role: Data Manager, data analyst*

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- 10/18/2006-8/31/2008 NIH/ NCCAM R21 AT002750-01 A2. PI: J. Douglas Mann, MD
“Craniosacral Therapy for Migraine: a feasibility study”
Role: Project Manager—coordinate with IRB and co-investigators, develop protocols, prepare reports and manuscripts, conduct preliminary analysis of expectancy data, supervise research staff in all project activities, including recruitment, data collection and monitoring.
- 4/13/2006-4/13/2008 UNC Institute on Aging internal grant. PI: Patricia C. Gregory, MD
“Stroke Rehabilitation in 2 American Indian Tribe Populations”
Through a series of focus groups, this study examines barriers to stroke rehabilitation among the Lumbee and Haliwa-Saponi.
Role: Study coordinator-- successful recruiting/training of focus group facilitators and recruiting of subjects in insular populations; qualitative data management and analysis with ATLAS.ti.
- 8/1/07-1/31/08 UNC Program Ethnicity, Culture, and Health Outcomes, Project EXPORT. PI: Patricia C. Gregory, MD
“Patient Preferences in Post Acute Stroke Rehabilitation Destination”
This pilot study involves patient interviews and chart abstracts to investigate the effects of stroke characteristics, patient education, and exposure to rehabilitation therapies as an inpatient on their preferences for site of rehabilitation therapy post discharge.
Role: Study Coordinator—develop study protocols and data input procedures (Microsoft Access), supervise research assistant, manage and conduct preliminary analysis of data.
- 9/1/2007-12/30/2007 UNC Institute on Aging internal grant. PI: Patricia C. Gregory
“Southeastern Regional Medical Center Stroke Rehabilitation Process of Care”
Charts at Southeastern Regional Medical Center were abstracted to examine current patterns of stroke recovery care at SRMC and any differences by physician specialty, demographic characteristics, or comorbidities.
Role: Study coordinator- developed data management files (Microsoft Access), abstracted 20 medical records, and conducted preliminary data analysis.
- 1/2006-4/2006 North Carolina Academic Alliance for Integrative Medicine. PI: Laura Young, MD, PhD
“Use of Oral Supplements in Hospitalized Patients-An Initial Evaluation”
The study proposed collection of information about patient-physician communication about dietary supplements (DS), the use of DS by inpatients and their attitudes about continuation of DS while hospitalized through a brief, semi-structured interview.
Role: Study Coordinator- developed data collection protocols, successfully recruited target number of subjects, conducted patient interviews, supervised research assistant in data input, conducted data analysis under the supervision.
- 1/2006-12/2006 Blue-Cross Blue-Shield Foundation PI: Susan A. Gaylord
“Developing an Integrative Diabetes Management Program”
This project was to design and pilot an education program on an integrative approach to prevention and management of diabetes in a rural, underserved minority population.
Role: Evaluator

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- 2005 Bureau of Health Professions, Department of Health and Human Services PI: Diane Calleson, PhD
“Education for Lifelong Service”
Training grant, UNC School of Public Health & Department of Family Medicine, to prepare medical students to work with underserved populations.
Role: Research Assistant
- 2004-2005 Golden Leaf Foundation PI: Jeanine Davis, PhD & Susan A. Gaylord, PhD
“Developing a Sustainable Medicinal Herbs Market for North Carolina”
Multifaceted research and public education project on the growing and use of medicinal herbs in North Carolina.
Role: Health Educator, Evaluator— wrote herbal monographs and list of resources. Small study evaluated clarity of website presentation.
- 2003-2004 Press Ganey Corporation PI: J. Douglas Mann, MD
“Training Family Caregivers in Hand and Foot Massage versus Active Attention for Patients Undergoing Inpatient Rehabilitation: Impact on Pain Relief, Symptom Profile and Participants’ Satisfaction.”
Study investigated the feasibility of training hospital staff to train family caregivers to provide hand and foot massage to inpatients.
Role: Study Coordinator

Mentored students

MPH student: Chanee Lynch, Summer preceptorship

Peer Review

- 2015 Editorial Board for Evidence-Based Complementary and Alternative Medicine
2015 Guest reviewer for Physical Therapy
2013-present Guest reviewer for the American Journal of Public Health
2012 Guest reviewer for Journal of Physical Activity and Health
2012 Guest reviewer for Journal of Consulting and Clinical Psychology
2012-present Guest reviewer for Disability & Rehabilitation
2007-2011 Guest reviewer for Complementary Health Practice Review
2006 Reviewer for Lippincott manual: Herbal Therapy & Supplements

Professional Societies

International Society for Pharmacoepidemiology
The Gerontological Society of America
American Society for Nutrition

Community Service

- 2001 North Carolina Sierra Club:
2002-2004 Executive Committee Member
2004-2008 NC Chapter Political Chair
2008 Political Steering Committee, Personnel Committee Member
- UNC Minority Health Conference Evaluation Committee Chair

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Research Interests

Dietary supplement epidemiology and measurement;

Improved control for confounding in comparative effectiveness research;

Integrative health interventions for chronic pain and disability;

Reduction of health disparities, particularly with regard to access to integrative health modalities.