

Curriculum Vitae

Date Updated: September 29, 2021

Name: Anthony J. Viera, MD, MPH

Primary Academic Appointment: Department of Family Medicine and Community Health
Box 2914, Duke University Medical Center
Erwin Square, 2200 West Main Street
Suite 400, Room 405
Durham, NC 27705
Email: anthony.viera@duke.edu

Present Academic Rank and Title: Professor and Chair (since Oct 1, 2017)
Department of Family Medicine and Community Health

Date and Rank of First Duke Faculty Appointment: Professor with tenure, May 1, 2018

Secondary Appointment: Professor, Population Health Sciences, September 1, 2019

Other Appointments: Adjunct Professor, Epidemiology,
Adjunct Professor, Public Health Leadership
University of North Carolina at Chapel Hill Gillings School of Global
Public Health

Medical Licensure: North Carolina 200400615

Specialty Certification: American Board of Family Medicine, July 1999 (recertified 2005,
2015)

Specialist in Clinical Hypertension (American Society of
Hypertension), May 2009

Date of Birth: September 21, 1970

Place: Brooklyn, New York

Citizenship: United States of America

Education:

	<u>Institution</u>	<u>Date</u>	<u>Degree</u>
College	Wofford College, Spartanburg, SC	1988-1991	BS
	Winthrop College Rock Hill, SC	1991-1992	Teacher Certification
Medical School	Medical Univ. of South Carolina Charleston, SC	1992-1996	MD

Graduate or Professional	Gillings School of Global Public Health University of North Carolina	2004-2006	MPH
Fellowships	Robert Wood Johnson Clinical Scholars Program	2004-2006	
	University of North Carolina Chapel Hill, NC	2007-2009	K30 Clinical Research
Scholarly Societies	Alpha Omega Alpha (Medicine) Delta Omega (Public Health)		

Professional Training and Academic Career:

Naval Hospital Jacksonville, Jacksonville, FL, Family Medicine Internship and Residency, 1996-1999

Naval Hospital Jacksonville, Jacksonville, FL, Chief Resident, 1998-1999

Department of Family Medicine, Uniformed Services University of the Health Sciences, F. Edward Hébert School of Medicine, Assistant Professor, Bethesda, MD, 2002-2004

Department of Family Medicine, University of North Carolina Chapel Hill School of Medicine, Chapel Hill, NC, Adjunct Assistant Professor (during fellowship), 2004-2006

Department of Family Medicine, University of North Carolina Chapel Hill School of Medicine, Chapel Hill, NC, Research Assistant Professor, 2006-2009

Public Health Leadership Program, University of North Carolina Chapel Hill School of Public Health, Chapel Hill, NC, Adjunct Assistant Professor, 2006-2012

Department of Family Medicine, University of North Carolina Chapel Hill School of Medicine, Chapel Hill, NC, Assistant Professor (tenure-track), 2009-2011

Public Health Leadership, University of North Carolina Chapel Hill School of Public Health, Chapel Hill, NC, Adjunct Associate Professor, 2012-2016

Department of Family Medicine, University of North Carolina Chapel Hill School of Medicine, Chapel Hill, NC, Charles B. Wilkerson, MD '06 Distinguished Scholar, 2012-2016

Department of Family Medicine, University of North Carolina Chapel Hill School of Medicine, Chapel Hill, NC, 2011-2016, Associate Professor (with tenure),

Department of Epidemiology, University of North Carolina Chapel Hill School of Public Health, Chapel Hill, NC, Adjunct Associate Professor, 2012-2016

Department of Family Medicine, University of North Carolina Chapel Hill School of Medicine, Chapel Hill, NC, Professor (with tenure), 2016-2017

Public Health Leadership, University of North Carolina Chapel Hill, Gillings School of Global Public Health, Chapel Hill, NC, Adjunct Professor, 2016-present

University of North Carolina Chapel Hill, Gillings School of Global Public Health, Chapel Hill, NC, Adjunct Professor, Epidemiology, 2017-present

Department of Family Medicine and Community Health, Duke University School of Medicine, Durham, NC, Department Chair, Oct 2017-present

Publications:

Refereed Publications (*student or mentee author)

1. **Viera AJ**. Primary upper-extremity deep venous thrombosis. *Mil Med* 1997;162:829-31.
2. **Viera AJ**, Cubano M. Perforated gastric ulcer in an eleven year old, *Jacksonville Medicine*, September 1998.
3. **Viera AJ**, Yates SW. Toxic ingestion of gamma-hydroxybutyric acid. *South Med J* 1999;92:404-5.
4. **Viera AJ**, Clenney TC, Shenenberger DW, Green GF. Newer pharmacologic alternatives for erectile dysfunction. *Am Fam Physician* 1999;60:1159-66,1169,1172.
5. *Bond MM, **Viera AJ**, Yates SW. The minor head injury: Which patients need CT? *Emergency Medicine* (cover article), April 1999.
6. **Viera AJ**. Breastfeeding with ectopic axillary breast tissue. *Mayo Clin Proc* 1999;74:1021-1022.
7. **Viera AJ**, Bond MM, Yates SW. Troponin-I: A specific marker of myocardial damage, *Emergency Medicine*, January 2000.
8. **Viera AJ**, Larkins-Pettigrew M. Rectal prolapse during pregnancy. *J Reprod Med* 2000;45:45-7.
9. Yates SW, **Viera AJ**. Physostigmine in the treatment of gamma-hydroxybutyric acid overdose. *Mayo Clin Proc* 2000;75:401-2.
10. **Viera AJ**, Larkins-Pettigrew M. Practical use of the pessary. *Am Fam Physician* 2000;61:2719-26, 2729.
11. **Viera AJ**. Hypoactive sexual desire in women (cover CME article). *Medical Aspects of Human Sexuality*, February 2001.
12. **Viera AJ**, Hoag S, Shaughnessy J. Irritable bowel syndrome (cover article). *Am Fam Physician* 2002;66:867-74.
13. **Viera AJ**, Bond MM, Yates SW. Diagnosing night sweats. *Am Fam Physician* 2003;67:1019-24.

14. **Viera AJ**. Thyroid function testing in outpatients: are both sensitive thyrotropin (sTSH) and free thyroxine (FT4) necessary? *Fam Med* 2003;35:408-10.
15. **Viera AJ**. Management of carpal tunnel syndrome (cover article). *Am Fam Physician* 2003;68:265-72.
16. *Stone KJ, **Viera AJ**, *Parman CL. Off-label applications for SSRIs. *Am Fam Physician* 2003;68:498-504.
17. Clenney TL, **Viera AJ**. Low-molecular weight heparin is more effective than oral anticoagulation for prevention of recurrent venous thromboembolism in cancer patients. *J Fam Pract* 2003;52:843-4.
18. Blackadar CS, **Viera AJ**. A retrospective review of performance and utility of routine clinical pelvimetry. *Fam Med* 2004;36:505-7.
19. **Viera AJ**, Choksi R, Conrad JL. Prescribing to preserve or restore sexual function. *Current Psychiatry* 2004;3(3):57-76.
20. *Thibodeau KP, **Viera AJ**. Atypical pathogens and challenges in community acquired pneumonia. *Am Fam Physician* 2004;69:1699-706.
21. *Stuart BJ, **Viera AJ**. Polycythemia vera. *Am Fam Physician* 2004;69:2139-44,2146.
22. Clenney TL, **Viera AJ**. Evidence-based case report: corticosteroids for HELLP (haemolysis, elevated liver enzymes, low platelets) syndrome. *BMJ* 2004;329:270-2.
23. *Buccolo LS, **Viera AJ**. Pruritic urticarial papules and plaques of pregnancy presenting in the postpartum period. *J Reprod Med* 2005;Jan, 61-63.
24. **Viera AJ**, Garrett JM. Understanding interobserver agreement: the kappa statistic. *Fam Med* 2005;37:360-3.
25. **Viera AJ**, Thorpe JM, Garrett JM. Effects of sex, age, and visits on receipt of preventive healthcare services: a secondary analysis of national data. *BMC Health Serv Res* 2006;6:15.
26. **Viera AJ**, Pathman DE, Garrett JM. Adults' lack of a usual source of care: a matter of preference? *Ann Fam Med* 2006;4:1-7.
27. **Viera AJ**. The new 'normal' blood pressure: what are the implications for family medicine? *J Am Board Fam Med* 2007;20:45-51. (One of most highly accessed articles for the journal during 2007-2008).
28. **Viera AJ**, Hinderliter AL. Validation of the HEM-780-REL with easy wrap cuff for self-measurement of blood pressure according to the European Society of Hypertension International Protocol. *Blood Press Monitoring* 2007;12:335-8.
29. **Viera AJ**, Kshirsagar AV, Hinderliter AL. Lifestyle modification advice for lowering or controlling high blood pressure: Who's getting it? *J Clin Hypertens* 2007;9:850-8.

30. **Viera AJ**, Bangdiwala SI. Eliminating bias in randomized controlled trials: importance of allocation concealment and masking. *Fam Med* 2007;39:132-8.
31. **Viera AJ**, Jamieson B, DeAlleaume L. How effective are hypertension self-care interventions? *J Fam Pract* 2007;56:229-31.
32. Jimenez J, Safranek S, **Viera AJ**. Angiotensin blockade in patients with diabetic nephropathy. *Am Fam Physician* 2007 Aug 1;76(3):423-4.
33. Pathman DE, **Viera AJ**, Newton WP. Research published by US family medicine authors in 2003. *J Am Board Fam Med* 2008;21:6-16.
34. **Viera AJ**, Kshirsagar AV, Hinderliter AL. Lifestyle modifications to lower or control high blood pressure: Is advice associated with action? *J Clin Hypertens* 2008;10:105-11.
35. **Viera AJ**, Garrett JM. Preliminary study of a school-based program to raise hypertension awareness in the community. *Fam Med* 2008;40:264-70.
36. **Viera AJ**, Cohen LW, Mitchell CM, Sloane PD. Use of home blood pressure monitoring by hypertensive patients in primary care. *J Clin Hypertens* 2008;10:280-6.
37. **Viera AJ**, Cohen LW, Mitchell CM, Sloane PD. How and why do patients use home blood pressure monitors? *Blood Press Monitoring* 2008;13:133-7.
38. *McGinagle K, Rich C, Milano P, **Viera AJ**. Volunteerism among surgeons: an exploration of attitudes and barriers. *Am J Surg.* 2008;19:300-4.
39. **Viera AJ**, Cohen LW, Mitchell CM, Sloane PD. High blood pressure knowledge among primary care patients with known hypertension: a North Carolina Family Medicine Research Network study. *J Am Board Fam Med.* 2008;21:300-8.
40. **Viera AJ**, Cohen LW, Mitchell CM, Sloane PD. Hypertensive patient's use of blood pressure monitors stationed in pharmacies and other locations. *BMC Health Serv Res* 2008;22:216.
41. Harris RP, Kinsinger L, Tolleson-Rinehart S, **Viera AJ**, Dent G. The MD-MPH program at the University of North Carolina at Chapel Hill. *Acad Med* 2008;83:371-77.
42. **Viera AJ**. Odds ratios and risk ratios: What's the difference and why does it matter? *South Med J* 2008;10:730-34.
43. Smithies O. Tea with Dr. Oliver Smithies: 2007 Nobel Laureate in Physiology and Medicine. Interview by **Dr. Anthony Viera**. *J Clin Hypertens*, 2008;10:640-43.
44. **Viera AJ**, Hinderliter AL. Evaluation and management of the patient with difficult-to-control or resistant hypertension. *Am Fam Physician* 2009;79:863-69.(cover article).
45. *Leese PJ, **Viera AJ**, Hinderliter AL, Stearns SC. Cost-effectiveness of electrocardiography vs electrocardiography plus limited echocardiography to diagnose LVH in young, newly identified, hypertensives. *Am J Hypertens* 2010;23:592-8.

46. Sheridan SL, **Viera AJ**, Krantz M, Ice CL, Steinman LE, Peters K, Kopin L, Lungelow D. The effect of giving global coronary risk information to adults: a systematic review. *Arch Intern Med* 2010;170:230-39.
47. Shimbo D, Muntner P, Mann D, **Viera AJ**, Homma S, Polak JF, Barr G, Herrington D, Shea S. Endothelial dysfunction and the risk of hypertension: the Multi-Ethnic Study of Atherosclerosis. *Hypertension* 2010;55:1210-16.
48. *LaMantia MA, *Scheunemann LP, **Viera AJ**, Hanson LC. Interventions to improve transitional care between nursing homes and hospitals: a systematic review. *J Am Geriatr Soc* 2010;58:777-82.
49. Linnan LA, Reiter PL, Duffy C, Hales D, Ward DS, **Viera AJ**. Assessing and promoting physical activity in African American barbershops: results of the FITStop pilot study. *Am J Mens Health* 2010;5:38-46.
50. **Viera AJ**, Hinderliter AL, Kshirsagar AV, Fine J, Dominik R. Reproducibility of masked hypertension in adults with untreated borderline office blood pressure: comparison of ambulatory and home monitoring. *Am J Hypertens* 2010;23:1190-7.
51. **Viera AJ**, Schmid D, Bostrom S, Yow A, Lawrence W, DuBard CA. Level of blood pressure above goal and clinical inertia in a Medicaid population. *J Am Soc Hypertens* 2010;4:244-254.
52. Ripley-Moffitt C, **Viera AJ**, Goldstein AO, Steiner J, Kramer K. Influence of a tobacco-free hospital campus policy on smoking status of hospital employees. *Am J Health Prom* 2010 Sep-Oct;25(1):e25-8.
53. **Viera AJ**, Lingley K, Esserman D. The effects of labeling patients as prehypertensive. *J Am Board Fam Med* 2010;23:571-583.
54. Kshirsagar AV, Chiue Y, Bomback AS, August PA, **Viera AJ**, Colindres RE, Bang H. A hypertension risk score for middle-aged and older adults. *J Clin Hypertens* 2010;12:800-808.
55. **Viera AJ**, Sheridan SL. Global coronary heart disease risk: assessment and application. *Am Fam Physician* 2010;82:265-274.
56. **Viera AJ**, *Neutze DM. Secondary hypertension: an age-based approach. *Am Fam Physician* 2010; 15;82(12):1471-1478. (cover article).
57. *Triplette M, Rossi J, **Viera AJ**, Cohen MG, Pathman DE. The contribution of hypertension to black-white differences in likelihood of coronary artery disease detected during elective angiography. *Am J Hypertens* 2011;24(2):181-6.
58. **Viera AJ**, Sheridan SL, Soliman EZ, Harris R, Furberg C. Acceptance of a polypill approach to prevent cardiovascular disease among a sample of US physicians. *Prev Med* 2011;52(1):10-5.
59. **Viera AJ**, *Bangura F, Cerna A, Mitchell CM, Sloane P. Do clinicians tell patients they have prehypertension? *J Am Board Fam Med* 2011;24:117-118.

60. **Viera AJ**, Zhu S, Hinderliter AL, Shimbo D, Person SD, Jacobs DR. Diurnal blood pressure pattern and development of prehypertension or hypertension in young adults: the CARDIA study. *J Am Soc Hypertens* 2011; 5:48-55.
61. *Tan WT, **Viera AJ**, Rowe-West B, Grimshaw A, Quinn B, Walter EB. The HPV vaccine: are dosing recommendations being followed? *Vaccine* 2011;29:2548-2554.
62. Berkman ND, Sheridan SL, Donahue KE, Halpern DJ, **Viera AJ**, Crotty K, Holland A, Brasure M, Lohr KN, Harden E, Tant E, Wallace I, Viswanathan M. Health literacy interventions and outcomes: an updated systematic review. *Evid Rep Technol Assess (Full Rep)*. 2011;(199):1-941.
63. Asher GN, Motsinger-Reif AA, Jonas DE, **Viera AJ**. Quality of reporting on randomized controlled trials of auriculotherapy for pain. *Acupunct Med* 2011;29:122-126.
64. **Viera AJ**, Lingley K, Hinderliter AL. Tolerability of the Oscar 2 ambulatory blood pressure monitor among research participants: a cross-sectional repeated measures study. *BMC Med Res Methodol* 2011;11(1):59.
65. **Viera AJ**. Pre-disease: when does it make sense? *Epidemiol Rev* 2011;33(1):122-134.
66. *Olson KA, **Viera AJ**, Soliman EZ, Crow RS, Rosamond W. Long-term prognosis associated with J-point elevation in a large middle-aged, biracial cohort: the ARIC study. *Eur Heart J* 2011;32:3098-3106.
67. DuBard CA, Schmid D, Bostrom S, Yow A, **Viera AJ**, Huston S, Lawrence W. Management of cardiovascular risk in the usual care of Medicaid recipients. *J Health Care Poor Underserved* 2011;22(3):772-790.
68. Sheridan SL, Halpern D, **Viera AJ**, Berkman N, Donahue K, Crotty K. Interventions to mitigate the effects of low health literacy: an updated systematic review. *J Health Comm* 2011;16(sup3):30-54.
69. *Swartz JJ, Braxton D, **Viera AJ**. Calorie menu labeling on quick-service restaurant menus: an updated systematic review of the literature. *Int J Behav Nutr Phys Act* 2011;8:135. (named as Highly Accessed).
70. **Viera AJ**. The Polypill to prevent cardiovascular disease: physicians' perspectives. *Curr Opin Cardiol* 2011; 26(5):438-442. (invited review)
71. *Shillinglaw B, **Viera AJ**, Edwards T, Simpson R, Sheridan SL. Use of global coronary heart disease risk assessment for primary prevention: a cross-sectional survey of a sample of U.S. physicians. *BMC Health Serv Res* 2012;12:20.
72. **Viera AJ**, Edwards T. Does an offer for a free on-line continuing medical education (CME) activity increase physician survey response rate? *BMC Res Notes* 2012;5(1):129.
73. Asher GN, **Viera AJ**, Weaver MA, Dominik R, Caughey M, Hinderliter AL. Effect of Hawthorn standardized extract on flow mediated dilation in prehypertensive and mildly hypertensive adults: a randomized, controlled cross-over trial. *BMC Compl Altern Med* 2012;12(1):26.

74. **Viera AJ**, Lin F, Hinderliter AL, Shimbo D, Person S, Pletcher MJ, Jacobs DR, Jr. Nighttime blood pressure dipping in young adults and coronary artery calcium 10-15 years later: the CARDIA study. *Hypertension* 2012;59(6):1157-63.
75. O'Connor SK, Roederer MW, Ferreri SP, Michaels N, Greco AJ, **Viera AJ**, Faruki H, McLeod HL. Exploratory planning and implementation of a pilot pharmacogenetic program in a community pharmacy. *Pharmacogenomics* 2012;13:955-62.
76. Jonas DE, Garbutt JC, Brown JM, Amick HR, Brownley KA, Council CL, **Viera AJ**, Wilkins TM, *Schwartz CJ, Richmond ER, *Yeatts J, Swinson Evans T, *Wood S, Harris RP. Screening, Behavioral Counseling, and Referral in Primary Care to Reduce Alcohol Misuse. Comparative Effectiveness Review No. 64. AHRQ Publication No. 12-EHC055-EF. Rockville, MD: Agency for Healthcare Research and Quality. July 2012. www.effectivehealthcare.ahrq.gov/reports/final.cfm.
77. *Olson MD, Tong GL, Steiner BD, **Viera AJ**, Ashkin E, Newton WP. Medication documentation in a primary care network serving North Carolina Medicaid patients: results of a cross-sectional chart review. *BMC Fam Pract* 2012;13:13:83.
78. *Saperstein AK, **Viera AJ**, Firnhaber GC. Mentorship and job satisfaction among Navy family physicians. *Mil Med* 2012;177(8):883-8.
79. Jonas DE, Garbutt JC, Brown JM, Amick HR, Brownley KA, Council CL, **Viera AJ**, Wilkins TM, *Schwartz CJ, Richmond ER, *Yeatts J, Swinson Evans T, *Wood S, Harris RP. Screening, Behavioral Counseling, and Referral in Primary Care to Reduce Alcohol Misuse. Systematic Review and Meta-analysis of the Evidence for the U.S. Preventive Services Task Force. *Ann Intern Med* 2012;157:645-54.
80. O'Connor SK, Roederer MW, Ferreri SP, Michaels N, Chater R, **Viera AJ**, Faruki H, McLeod HL. Making pharmacogenetic testing a reality in a community pharmacy. *J Am Pharm Assoc* 2012;52:e888-e894.
81. **Viera AJ**. Resistant hypertension. *J Am Board Fam Med* 2012; 25:487-495.
82. **Viera AJ**, Mooberry M, Key NS. Microparticles in cardiovascular disease pathophysiology and outcomes. *J Am Soc Hypertens* 2012;6:243-252.
83. *Dowray S, *Swartz JJ, Braxton D, **Viera AJ**. Potential effect of physical activity based menu labels on the calorie content of selected fast food meals. *Appetite* 2013;62:173-181.
84. *Teigland CL, *Blasiak RC, *Hines RE, *Wilson LA, *Meyerhoff KL, **Viera AJ**. Patient safety and quality improvement education: a cross-sectional study of medical students' preferences and attitudes. *BMC Med Educ* 2013;13:16. (named as Highly Accessed)
85. Shimbo D, Shea S, McClelland R, **Viera AJ**, Mann D, Newman J, Lima J, Polak J, Psaty B, Muntner P. Associations of aortic distensibility and arterial elasticity with long-term visit-to-visit blood pressure variability: The Multi-Ethnic Study of Atherosclerosis (MESA). *Am J Hypertens*. 2013;26(7):896-902.
86. Bauserman M, Lokangaka A, Kodondi K. Gado J, **Viera AJ**, Bentley M, Engmann C,

Tshefu A, Bose CL. Caterpillar cereal as a potential complementary feeding product for infants and young children: nutritional content and acceptability. *Matern Child Nutr.* 2013 Apr 5. doi: 10.1111/mcn.12037.

87. *Swartz JJ, *Dowray S, Braxton D, Mihas P, **Viera AJ**. Simplifying healthful choices: a qualitative study of a physical activity based nutrition label format. *Nutr J* 2013;12(1):72.

88. *Winter K, Tuttle LA, **Viera AJ**. Hypertension. *Prim Care* 2013;40:179-194.

89. Rayala BZ, **Viera AJ**. Common questions about vasectomy. *Am Fam Physician* 2013;88(11):757-761. (Used as model article for AFP Q&A format).

90. *Pelkowski TD, **Viera AJ**. Celiac disease: diagnosis and management. *Am Fam Physician* 2014; 15;89(2):99-105.

91. Bloch MJ, **Viera AJ**. Should patients with obesity and hypertension be treated differently than those who are not obese? *Curr Hypertens Rep* 2014;16(3):418. (invited review)

92. Peacock J, Diaz KM, **Viera AJ**, Schwartz JE, Shimbo D. Unmasking masked hypertension: prevalence, clinical implications, diagnosis, correlates and future directions. *J Hypertens* 2014 Feb 27. doi: 10.1038/jhh.2014;28(9):521-528.

93. *Manek M, Kulkarni A, **Viera A**. Hint of Lyme: an uncommon cause of syncope. *BMJ Case Rep* Mar 2014. doi:10.1136/bcr-2013-201547.

94. Mounsey A, **Viera AJ**, Dominik R. 7 questions to ask when evaluating a noninferiority trial. *J Fam Pract* 2014;63(3):E4-E8.

95. *Davis AS, **Viera AJ**, Mead MD. Leukemia: an overview for primary care. *Am Fam Physician* 2014;89:731-738.

96. Martinelli SM, McGraw KA, Kalbaugh CA, Vance S, **Viera AJ**, Zvara DA, Mayer DC. A novel core competencies-based academic medicine curriculum: description and primary results. *J of Educat Periop Med* 2014;16(10).

97. *Rivard G, **Viera A**. Staying ahead of pertussis. *J Fam Pract*, 2014;63(11):658-69.

98. Turner JR, **Viera AJ**, Shimbo D. Ambulatory blood pressure monitoring in clinical practice: a review. *Am J Med.* 2014 Aug 5. doi: 10.1016/j.amjmed.2014.07.021.

99. **Viera AJ**, Shimbo D. Ambulatory blood pressure phenotypes and the risk for hypertension. *Curr Hypertens Rep* 2014 Oct;16(10):481(invited review article).

100. *Beadles CA, Hassmiller Lich K, **Viera AJ**, Greene SB, Brookhart MA, Weinberger M. Patient-centered medical homes and oral anticoagulation therapy initiation. *Med Care Res Rev* 2014;71(2):174-91.

101. *Hathcock A, Krause K, **Viera AJ**, Fuemmeler BF, Lovelady C, Ostbye T. The effect of satiety responsiveness on the relationship between breastfeeding and weight status of toddlers of overweight and obese women. *Matern Child Health J* 2014;18(4):1023-30.

102. *Blasiak RC, *Stokes CL, *Meyerhoff KL, *Hines RE, *Wilson LA, **Viera AJ**. A cross-sectional study of medical students' knowledge of patient safety and quality improvement. *NC Med J* 2014;75(1):15-20.
103. *Beadles CA, Hassmiller Lich K, **Viera AJ**, Greene SB, Brookhart MA, Weinberger M. A non-experimental study of oral anticoagulation therapy initiation before and after national patient safety goals. *BMJ Open*. 2014 Feb 12;4(2):e003960.
104. Ferreri SP, Greco AJ, Michaels NM, O'Connor SK, Chater RW, **Viera AJ**, Faruki H, McLeod HL, Roederer MW. Implementation of a pharmacogenomics service in a community pharmacy. *J Am Pharm Assoc* 2014;54(2):172-80.
105. *Stalls CM, Triplette MA, **Viera AJ**, Pathman DE, Cohen MG, Rossi JS. The association between body mass index and coronary artery disease severity: a comparison of black and white patients. *Am Heart J* 2014;167(4):514-20.
106. **Viera AJ**, Lin F, Tuttle LA, Olsson E, Stankevitz K, Girdler SS, Klein JL, Hinderliter AL. Reproducibility of masked hypertension among adults 30 years and older. *Blood Press Monit* 2014;19(4):208-215.
107. *Pierson J, **Viera AJ**, Barnhouse KK, Tulsy JA, Richman BD, Goldstein AO. Physician attitudes and experience with permit applications for concealed weapons. *N Engl J Med* 2014;370(25):2453-2454.
109. *Gee MA, **Viera AJ**, Miller PF, Tolleson-Rinehart S. Functional capacity in men and women following cardiac rehabilitation. *J Cardiopulm Rehabil Prev* 2014;34(4):255-262.
110. Kent ST, Shimbo D, Huang L, Diaz KM, **Viera AJ**, Kilgore M, Oparil S, Muntner P. Rates, amounts, and determinants of ambulatory blood pressure monitoring claim reimbursements among Medicare beneficiaries. *J Am Soc Hypertens* 2014;9(12):898-908.
111. Shimbo D, Kent ST, Diaz KM, Huang L, **Viera AJ**, Kilgore M, Oparil S, Muntner P. The use of ambulatory blood pressure monitoring among Medicare beneficiaries in 2007-2010. *J Am Soc Hypertens* 2014;8(12): 891-97.
112. Muntner P, Lewis CE, Diaz K, Carson A, Kim Y, Calhoun D, Yano Y, **Viera AJ**, Shimbo D. Racial differences in abnormal ambulatory blood pressure monitoring measures: Results from the Coronary Artery Risk Development in Young Adults (CARDIA) study. *Am J Hypertens* 2015;28(5):640-8.
113. *Rao VN, Tuttle LA, Sheridan SL, Lin F, Shimbo D, Diaz KM, Hinderliter AL, **Viera AJ**. Numeracy level and completeness of home blood pressure reporting. *J Clin Hypertens (Greenwich)*. 2015;17(1):39-45.
114. *McMillan DT, **Viera AJ**, Matthews J, Raynor MC, Woods ME, Pruthi RS, Wallen EM, Nielsen ME, Smith AB. Resident involvement and experience do not affect perioperative complications following robotic prostatectomy. *World J Urol* 2015;33(6):793-9.
115. **Viera AJ**, Lin F, Tuttle LA, Shimbo D, Diaz KM, Olsson E, Stankevitz K, Hinderliter AL. Levels of office blood pressure and their operating characteristics for detecting masked hypertension based on ambulatory blood pressure monitoring. *Am J Hypertens*

2015;28(1):42-49.

116. *Mount H, Zakrajsek T, *Huffman M, *Deffenbacher B, *Gallagher K, *Skinker B, *Rivard G, *Benson S, *Buckman F, *Dancel R, *Jackson J, *Michael M, **Viera AJ**. Text messaging to improve resident knowledge: a randomized controlled trial. *Family Med* 2015;47(1):37-42.

117. **Viera AJ**, *Antonelli R. Potential effect of physical activity calorie equivalent labeling on parent fast food decisions. *Pediatrics* 2015;135(2):e376-82.

118. Goldstein AO, **Viera AJ**, *Pierson J, Barnhouse KK, Tulsy JA, Richman BD. Physician beliefs about physical and mental competency of patients applying for concealed weapon permits. *Behav Sci Law*. 2015;33(2-3):238-45.

119. Yano Y, Ning H, Muntner P, Reis JP, Calhoun DA, **Viera AJ**, Levine DA, Jacobs DR, Shimbo D, Liu K, Greenland P, Lloyd-Jones D. Nocturnal blood pressure in young adults and cognitive function in midlife: the CARDIA study. *Am J Hypertens*, 2015;28(10):1240-7.

120. *Hutchins R, **Viera AJ**, Sheridan SL, Pignone MP. Quantifying the utility of taking pills for preventing cardiovascular disease. *Circ Cardiovasc Qual Outcomes* 2015;8(2):155-163.

121. *Kiechle E, Hnat AT, Norman KE, **Viera AJ**, DeWalt DA, Brice JH. Comparison of brief health literacy screens in the emergency department. *J Health Commun* 2015;20(5):539-45.

122. *Kiechle ES, Bailey SC, Hedlund LA, **Viera AJ**, Sheridan SL. Different measures, different outcomes? A systematic review of performance-based versus self-reported measures of health literacy and numeracy. *J Gen Intern Med* 2015;30(10):1538-46.

123. *Hutchins R, Sheridan SL, Pignone MP, **Viera AJ**. Quantifying the utility of taking pills for preventing adverse health outcomes. *BMJ Open* 2015, May 11;5(5):e006505. doi: 10.1136/bmjopen-2014-006505.

124. *Antonelli R, **Viera AJ**. Potential effect of physical activity calorie equivalent (PACE) labeling on adult fast food ordering and exercise. *PLoS One* 2015;10(7):e0134289.

125. **Viera AJ**, Tuttle L, Voora R, Olsson E. Comparison of patients' confidence in office, ambulatory, and home blood pressure measurements as methods of assessing for hypertension. *Blood Press Monit* 2015; 20(6):335-40.

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Letters, & Non-Refereed Publications (*student or mentee author)

1. **Viera AJ**. As Contributing Editor (7 publications), *Hospital Medicine*, Picture This: Pneumocystis carinii pneumonia (November 1999), Ascariasis (October 1999), Spontaneous pneumothorax (September 1999), Pericarditis (August 1999), Filariasis (July 1999), Folliculitis decalvans (June 1999), Spondylolisthesis (May 1999)
2. **Viera AJ**. Hospitalists in military family practice. 1st-place essay, *The Uniformed Family Physician*, March 1999.
3. *Bevin AA, **Viera AJ**. Meningococcal disease outbreak associated with disco attendance. *J Infect Dis* 1999;179:751-2.
4. **Viera AJ**, Clenney TC, Shenenberger DW. Photo quiz. Vaginal bleeding at sixteen weeks. *Am Fam Physician* 1999;59:649-51.
5. *Gentry BC, **Viera AJ**. Photo quiz. A subtle ECG. *Am Fam Physician* 1999;59:2581-2.
6. **Viera AJ**, Clenney TC. Sister (Mary?) Joseph's node. *Am Fam Physician* 1999;59:2984.
7. **Viera AJ**, Yates SW. Fatalities attributed to GHB and other compounds. *South Med J*, October 1999.
8. **Viera AJ**. Radon and lung cancer. *Am Fam Physician* 2000;62:950-1.
9. **Viera AJ**. As Contributing Editor, *Medical Aspects of Human Sexuality*, Patient X feature: Temporomandibular joint disorder (February 2002), Primary hyperparathyroidism (January 2002), Systemic lupus erythematosus (July 2001), Fibromyalgia (May 2001), Polymyalgia rheumatica (March/April 2001), Irritable bowel syndrome (February 2001), Tourette's disorder (November/December 2000), Primary biliary cirrhosis (September 2000), Sarcoidosis (July 2000)
10. **Viera AJ**, Sullivan SA. Remedies for prolonged hiccups. *Am Fam Physician* 2001;63:1684-6.
11. Clenney TL, **Viera A**. Debating the current status of research in family medicine. *Fam Med* 2002;34:493.
12. **Viera AJ**. Diagnosing night sweats requires clear definition. *Am Fam Physician* 2003;68.
13. *Leonard E, **Viera AJ**. Photo quiz. Velvety axillary lesions. *Am Fam Physician* 2004;63:373-4.

14. *Yoder JA, **Viera AJ**. Management of swimming-induced pulmonary edema. *Am Fam Physician* 2004;69: 1046-9.
15. *Allen TA, **Viera AJ**. Milk-like serum suggests marked hypertriglyceridemia. *Am Fam Physician* 2004;70.
16. **Viera AJ**, Pathman DE. Usual source of care offers convenience and continuity (e-letter). *Ann Fam Med*, August 2006.
17. **Viera AJ**. Toward an evidence-based differential diagnosis of night sweats (e-letter). *Ann Fam Med*, October 2006.
18. **Viera AJ**. Should I recommend home blood pressure monitoring to my patients? *Rural Clinician's Quarterly* 2006, Issue 2.
19. *Leese PJ, **Viera AJ**, Hinderliter AL, Stearns SC. Response to "electrocardiography plus limited echocardiography in young, newly identified hypertensives: some considerations". *Am J Hypertens*. 2010;23(10):1051.
20. **Viera AJ**, Hinderliter AL. Lowering sodium intake can help reduce hypertension (reply). *Am Fam Physician* 2010;82(4):322-324.
21. **Viera AJ**, Sheridan SL. Cates plot for risks and benefits of aspirin chemoprevention (reply). *Am Fam Physician* 2011; 2011 Sep 15;84(6):602-604.
22. **Viera AJ**, Lin F, Shimbo D, Jacobs DR, Jr. Response to "Is the atherosclerotic risk of extreme dipping in youth partly explained by exaggerated morning surge?" *Hypertension* 2012;60:e20-e21.
23. *Winter KH, *Ritter RK, **Viera AJ**. Painful ear nodules in a polysubstance user. *J Fam Pract*. 2013;62:503-505.

Book Chapters

1. **Viera AJ**. Hyperparathyroidism. In: Parrish D (ed). *Clinics in Family Practice* 2002;4(3):627-638.
2. Epperly AT, **Viera AJ**. Pelvic inflammatory disease. In: Quinlan J (ed). *Clinics in Family Practice* 2005;7(1):67-78.
3. **Viera AJ**, Buccolo LS. Men's Health Concerns, pp. 469-495. In: Sloane PD, et al. (eds). *Essentials of Family Medicine*, 5th ed, 2007.
4. **Viera AJ**, Newton WP. Hypertension, pp. 165-78. In: Sloane PD, et al. (eds). *Essentials of Family Medicine*, 5th ed, 2007.
5. Buccolo LS, **Viera AJ**. Men's Health Concerns, pp. 361-374. In: Sloane PD, et al. (eds). *Essentials of Family Medicine*, 6th ed, May 2011.

6. Forrest B, **Viera AJ**. Hypertension, pp 125-134. In: Sloane PD, et al. (eds). Essentials of Family Medicine, 6th ed, May 2011.
7. **Viera AJ**, Power D. Overview of Prevention and Screening, pp. 29-35. In: Sloane PD, et al. (eds). Essentials of Family Medicine, 6th ed, May 2011.
8. **Viera AJ**. Resistant Hypertension: Definition, Prevalence, and Therapeutic Approaches, pp. 903-917. In: Jagadeesh G, et al. (eds). Pathophysiology and Pharmacotherapy of Cardiovascular Disease, Springer, July 2015.
9. **Viera AJ**. Ambulatory Blood Pressure Monitoring in Special Populations: Masked Hypertension, pp 323-330. In: White W. (ed). Blood Pressure Monitoring in Cardiovascular Medicine and Therapeutics, 3rd ed, Humana/Springer, 2016.
10. Kramer R, **Viera AJ**. The Leadership Stance, pp141-150. In: Viera AJ and Kramer R (eds). In: Management and Leadership Skills for Medical Faculty: A Practical Handbook. Springer, 2016.
11. **Viera AJ**. Managing Your Time, pp 43-51. In: Viera AJ and Kramer R (eds). In: Management and Leadership Skills for Medical Faculty: A Practical Handbook. Springer, 2016.
12. McClester-Brown M, **Viera AJ**. Hypertension. In: Principles and Practice, 7th Ed. Paulman, Taylor, (Eds.). Springer Publishing.
13. **Viera AJ**, Rietz A. Ischemic Heart Disease. In: Principles and Practice, 7th Ed. Paulman, Taylor, (Eds.). Springer Publishing.
14. Barzin A, **Viera AJ**. Anticoagulation. In: Essential Evidence Plus, Ebell MH, Brown SR (Eds), Wiley & Sons, 2017.
15. Kaysin A, **Viera AJ**. Overview of Prevention and Screening. In: Smith M, et al. (eds). Essentials of Family Medicine, 8th ed, 2017.
16. Halpert K, **Viera AJ**. Chronic Pancreatitis. In: Essential Evidence Plus, Ebell MH, Brown SR (Eds), Wiley & Sons, 2017.
17. **Viera AJ**. White-Coat Hypertension. In: DiPette (ed). Hypertension: A Case-Based Approach, pp 271-278, Jaypee Brothers Medical Publishers, 2020.
18. Kramer R, **Viera AJ**. The Leadership Stance, pp xx-xx. In: Viera AJ and Kramer R (eds). In: Management and Leadership Skills for Medical Faculty and Healthcare Executives: A Practical Handbook, 2nd ed, Springer, in production.
19. Zakrajsek T, **Viera AJ**. Managing Your Time, pp xx-xx. In: Viera AJ and Kramer R (eds). In: Management and Leadership Skills for Medical Faculty and Healthcare Executives: A Practical Handbook, 2nd ed.. Springer, in production.
20. Sangvai D, Reitz A, **Viera AJ**. Ischemic Heart Disease. In: Principles and Practice, 8th Ed. Paulman, Taylor, (Eds.). Springer Publishing

21. Railey K, McClester-Brown M, **Viera AJ**. Hypertension. In: Principles and Practice, 8th Ed. Paulman, Taylor, (Eds.). Springer Publishing

Books and Monographs

1. **Viera AJ**, Roederer M. Hypertension in Special Populations. FP Essentials 360, American Academy of Family Physicians, May 2009.
2. Essentials of Family Medicine, 6th edition, Wolters Kluwer | LWW. Editors: Sloane, Slatt, Ebell, Smith, Power, **Viera AJ**. May 2011, 688 pp (plus online references).
3. CrossWards™, Step 1 Board Review, 1st edition, Wolters Kluwer | LWW. **Viera AJ**, Sutton M. Sept 2013, 201 pp.
4. CrossWards™, Step 2 Board Review, 1st edition, Wolters Kluwer | LWW. **Viera AJ**, Sutton M. Oct 2013, 201 pp.
5. Hawes EM, **Viera AJ**. Updates in Anticoagulation. FP Essentials 422, American Academy of Family Physicians, July 2014.
6. Management and Leadership Skills for Medical Faculty: A Practical Handbook. **Viera AJ**, Kramer R (eds). Springer Publishing, April 2016, 270 pp. (also translated to Japanese 2019)
7. **Viera AJ**. Hypertension in Adults Update. FP Essentials, American Academy of Family Physicians, June 2018.
8. Sangvai DG, **Viera AJ**. Population Health (Volume 48-4) (Primary Care Clinics: (Volume 48-4)) Hardcover – December 2019.
9. Management and Leadership Skills for Medical Faculty and Healthcare Executives: A Practical Handbook, 2nd edition. **Viera AJ**, Kramer R (eds). Springer Publishing, June 2020, 291 pages.
10. Principles and Practice of College Health. Vaughn J, **Viera AJ** (eds.) Springer Publishing, Dec 2020, 336 pages.
11. **Viera AJ**, Reamy B. Cardiovascular Disease Prevention. FP Essentials, American Academy of Family Physicians, in production.

Electronic (Web-based) and Audio Publications

1. **Viera AJ**. Coronary Artery Disease and Acute Coronary Syndrome. Lecture presentation for Audio-Digest, Family Medicine. May 2014.
2. **Viera AJ**. Preventive care in adults: Strategies for prioritization and delivery. In: UpToDate, Post TW (Ed), Waltham, MA, May 2015., last updated 2020.
3. **Viera AJ**. Heart Health. A radio interview for WCHL. February 2016.

4. **Viera AJ.** Vasectomy: Beyond the Basics. In: UpToDate, Post TW (Ed), Waltham, MA, updated 2017, 2020.
5. **Viera AJ.** Vasectomy and other vasal occlusion techniques for male contraception. In: UpToDate, Post TW (Ed), Waltham, MA, 2009, updated 2012, updated 2013, updated 2015, updated 2017, updated 2019, 2020.
6. **Viera AJ.** Sorting Out Chest Pain in the Office. Lecture presentation for Audio-Digest, Family Medicine. 2020.
7. **Viera AJ.** Diarrhea: Evaluation and Management. Lecture presentation for Audio-Digest, Family Medicine. 2020.
8. **Viera AJ.** Electrolyte Disorders. Lecture presentation for Audio-Digest, Family Medicine. 2020.
9. **Viera AJ.** Vasectomy. Lecture presentation for Audio-Digest, Family Medicine. 2020.
10. **Viera AJ.** The Rational Clinical Examination Chapter 110: Does This Adult Patient Have Hypertension? Podcast JMAEvidence, in production.

Editorials

1. **Viera AJ.** Will diagnosing prehypertension help? J Am Board Fam Med 2007;20:322-3.
2. Goldstein AO, Barnhouse KK, **Viera AJ**, Tulskey JA, Richman BD. Assessing competency for concealed-weapons permits - the physician's role. N Engl J Med 2013;368:1-3.
3. Pignone M, **Viera AJ.** Blood pressure treatment targets in adults aged 60 years or older. Ann Intern Med 2017;166(6):445-446.
4. **Viera AJ.** Whatever happened to the polypill? BMJ. 2017 Mar 27;356:j1474

Editorships and Editorial Boards

Editorial Board, Journal of Medical Screening, December 2019 – present

Editorial Board, Blood Pressure Monitoring, March 2019 – present

Editorial Board, NC Medical Journal, January 2018 – present

Guest Editor, Primary Care Clinics of North America, Population Health, 2018-2019

Guest Editor, Practical Therapeutics Series, American Family Physician, 2001-2004

Contributing Editor, Hospital Medicine, 1999-2000

*Ad Hoc Peer Reviewing (*Most frequent)*

Journals I review for include: *American Family Physician, *American Journal of Hypertension, American Journal of Preventive Medicine, Annals of Family Medicine, Archives of Internal Medicine,*Blood Pressure Monitoring, BMC Family Practice, Clinical Therapeutics, Ethnicity and Disease, Journal of the Academy of Nutrition and Dietetics, Journal of Psychosomatic Research, Family Medicine, Family Practice Inquiries Network, Heart, Hypertension, JAMA, *Journal of the American Board of Family Medicine (named as a “top reviewer” 2009), *Journal of Clinical Hypertension, Journal of Family Practice, Journal of Health Care for the Poor and Underserved, Psychosomatic Research, Public Health Nutrition

Presentations:***Select Invited Regional and National Presentations (only last several years listed)***

“The Bleeding Edge of Leading Diverse Realities in Health Care,” International Leadership Association 22nd Annual Global Conference, Leading at the Edge, November 2020.

“Ambulatory BP Monitoring: Can We Put it Into Practice?” American Heart Association Hypertension meeting. September 2019, New Orleans, LA.

“Sorting Out Chest Pain in the Office Setting.” Sea Pines Family Medicine CME Conference. July 2019, Hilton Head, SC.

“Coronary Artery Disease Diagnosis and Management.” Sea Pines Family Medicine CME Conference. July 2019, Hilton Head, SC.

“White-Coat Hypertension: What is the Best Approach to Identify?” American Heart Association Scientific Sessions 2018. November 10, 2018, Chicago, IL.

“Out-of-Office BP Monitoring.” Southern Medical Association/American Society of Hypertension Symposium 208. November 2, 2018, Charleston, SC.

“Case Presentation Panelist.” American Heart Association Council on Hypertension/American Society of Hypertension Joint Scientific Sessions 2018. Sept 6-9, 2018, Chicago, IL.

“Resistant Hypertension.” Sea Pines Family Medicine CME Conference. July 9, 2018, Hilton Head, SC.

“Ambulatory Blood Pressure Monitoring.” Sea Pines Family Medicine CME Conference. July 9, 2018, Hilton Head, SC.

“Hypertension Cases with Panel Discussion.” 22nd Annual Conference on Hypertension, Diabetes & Dyslipidemia. June 22-24, 2018, Charleston, SC.

“Chronic Disease Management Panel.” North Carolina Academy of Family Physicians Mid-Summer Family Medicine Digest, July 2-6, 2017, Myrtle Beach, SC.

“Hypertension Update 2017.” North Carolina Academy of Family Physicians Mid-Summer Family Medicine Digest, July 2-6, 2017, Myrtle Beach, SC.

“Ambulatory BP Monitoring.” AHEC UNC Pardee Heart Health Now Collaborative meeting. March 16, 2017.

“Maximizing and Organizing Your Time for Writing.” Keynote address at 2016 UNC/Duke/NCCU BIRCWH Symposium. December 2, 2016. Durham, NC.

“Managing Your Time in Academic Medicine.” Invited presentation for the UNC ACCLAIM Program, University of North Carolina School of Medicine, October 26, 2016. Chapel Hill, NC

“The PACE Study: Testing Physical Activity Calorie Expenditure Labeling.” Invited webinar for Health Communication and Informatics Research Branch, Behavioral Research Program, Division of Cancer Control and Population Sciences, National Institutes of Health, September 28, 2016.

“Secondary Hypertension.” Mainstage at Primary Care Focus conference, September 23, 2016, Bayfront Convention Center, Erie, Pa

“White Coat Effect and Role of Ambulatory BP Monitoring in Primary Care.” Grand Rounds at ECU Family Medicine, July 7, 2016. Greenville, NC.

“Overcoming Clinical Inertia for Better BP Control.” 20th Annual Conference on Hypertension, Diabetes and Dyslipidemia. June 24-26, 2016. Charleston, SC.

“Using Home and Ambulatory BP Rather than Office Measurement for Outcome Improvement in 2016.” 20th Annual Conference on Hypertension, Diabetes and Dyslipidemia. June 24-26, 2016. Charleston, SC.

“Patient Preparation for Ambulatory BP Monitoring.” Mainstage at American Society of Hypertension Annual Meeting, May 15, 2016. New York, NY.

“Home vs Ambulatory BP Monitoring: When to use ABPM over home BP monitoring.” Mainstage at American Society of Hypertension Annual Meeting, May 13, 2016. New York, NY.

“Aspirin for Primary Prevention.” Southern Regional AHEC Cardiovascular Update Symposium 2016. May 6, 2016. Raeford, NC

“Cardiovascular Risk Calculation.” Southern Regional AHEC Cardiovascular Update Symposium 2016. May 6, 2016. Raeford, NC

“Ambulatory BP Monitoring: Getting the Diagnosis of Hypertension Right.” Late-breaking presentation for the 39th Annual Internal Medicine Conference, Charlotte AHEC and Department of Medicine, UNC Chapel Hill School of Medicine. March 20, 2015.

“Ambulatory Blood Pressure Monitoring: Getting the Diagnosis Right.” Main-stage presentation at American Society of Hypertension Annual Meeting, May 2014, New York, NY.

“Ambulatory Blood Pressure Monitoring: Interpreting the Data in Adult and Pediatric Populations: A Case-Based Approach.” Mainstage at American Society of Hypertension Annual Meeting, May 2013. San Francisco, CA.

"When to Consider Secondary Causes of Hypertension." Main-stage presentation at American Society of Hypertension Annual Meeting, May 2012. New York, NY.

Selected Abstracts and Presentations (*student or mentee)

Arnold MJ, Barrett J, **Viera AJ**. Changing the academic poster: is it time? Society of Teachers of Family Medicine Annual Spring Conference, May 2021.

Boyzen L, Gill P, France T, Kramer R, **Viera AJ**. The bleeding/cutting edge of leading diverse realities in Health Care: Case Examples. Accepted for International Leadership Association 22nd Global Conference, San Francisco, CA, November 5-8, 2020.

*Scherr KA, *Geisz M, Spratt S, Ward A, Vasaitis S, **Viera A**. Development of an integrated electronic referral system to local Diabetes Prevention Programs within a family medicine clinic. 2020 AAFP National Conference of Family Medicine Residents and Medical Students, July 30–August 1.

Everett CM, Price A, Butterfield R, Morgan P, Smith V, Docherty S, Anderson J, **Viera A**, Jackson G. Provider Interdependence, Patient Complexity, and Continuity of Care. Accepted for Academy Health.

Nwabuo CC, Yano Y, Moreira HT, Appiah D, Vasconcellos HD, Aghaji QN, **Viera AJ**, Rana JS, Shah RV, Murthy VL, Allen NB, Schreiner PJ, Lloyd-Jones DM, Lima JAC. Visit-to-Visit Blood Pressure Variability in Early Adulthood and Coronary Artery Calcium and Carotid Intima-Media Thickness in Mid-Life: The CARDIA Study. Journal of the American College of Cardiology (ACC Scientific Session March 2020, Chicago IL)

Nwabuo CC, Yano Y, Moreira HT, Appiah D, Vasconcellos HD, Aghaji QN, **Viera AJ**, Rana JS, Shah RV, Murthy VL, Allen NB, Schreiner PJ, Lloyd-Jones DM, Lima JAC. Visit-to-Visit Blood Pressure Variability and Cardiac Structure and Function: The CARDIA Study. Journal of the American College of Cardiology (ACC Scientific Session March 2020, Chicago IL)

*Blewer AL, Alexander TD, Leary M, Riegel B, Asch D.A, Bosworth HB, **Viera AJ**, Abella BS. (2019) Increasing pragmatic clinical trial enrollment using social and financial incentives. 12th Annual Dissemination and Implementation Conference. Arlington, VA

*Blewer AL, McGovern, SK, Murray, AM., Leary M, Putt ME, Riegel B, Shea JA, Berg RA, Asch DA, Merchant RM, Nadkarni VM, **Viera AJ**, Abella BS. (2019) Cardiopulmonary resuscitation training for families of cardiac patients before hospital discharge using a mobile application. Philadelphia, PA.

*Thai ST, Rosamond W, **Viera AJ**, et al. Predictors of Outpatient Cardiac Rehabilitation Referral Among Hospitalized Heart Failure Patients: the Atherosclerosis Risk in Communities (ARIC) Study." Poster presentation, 34th International Conference on Pharmacoepidemiology & Therapeutic Risk Management, August 22-26, 2018, Prague, Czech Republic.

Everett CM, Docherty, SL, Matheson E, Leach B, Morgan PA, Michener JL, Smith VA, **Viera A**, Jackson GL. US Primary Care Teams and Coordination. Society of Academic Primary Care Annual Meeting, June 2018, London, UK.

*Close MA, Lytle LA, **Viera AJ**, Chen D, Linnan L, Valle CG. Identifying and Describing Segments of Office Workers by Activity Patterns: Associations with Demographic Characteristics and Objectively Measured Physical Activity. Poster at Society of Behavioral Medicine Annual Meeting, April 2018, New Orleans, LA.

Tuttle L, Olsson E, Gras-Najjar J, **Viera AJ**. Testing Physical Activity Calorie Expenditure Food Labels in a Workplace Setting. Presented at Society of Clinical Research Associates Annual meeting, Oct 5-8, 2017, Orlando, FL.

Olsson E, Gras-Najar J, Tuttle L, **Viera AJ**. Expanding the Impact of Research: One Team's Journey into Entrepreneurship. Presented at Society of Clinical Research Associates Annual meeting, Oct 5-8, 2017, Orlando, FL.

Gras-Najjar J, Tuttle LA, Olsson EH, **Viera AJ**. Do Physical Activity Calorie Expenditure Labels Decrease Sugary Drink Purchases in Workplace Cafeterias? Presented at Society of Clinical Research Associates Annual meeting, Oct 5-8, 2017, Orlando, FL.

Benedum, M, Wyncott, D., Fletke, K., Smith, D., Elsayed, T., Halpert, K., Burdick J., Meredith, T., Wheeler, H., Scott., R., **Viera A**, Zakrajsek Y. "What is Coaching? A Deeper Dive in the Make Them CARE Trial: Coaching to Advance Resident Engagement." Society of Teachers in Family Medicine, Annual Spring Conference. San Diego, CA May 2017.

Raguckas C, Clark J, Zakrajsek T, **Viera AJ**, et al. AIM to ACT: Active teaching techniques for medical education. Submitted for presentation at Society of Teachers of Family Medicine Annual Spring Conference 2017, San Diego, CA.

Meredith TJ, Wyncott D, Halpert K, **Viera AJ**. Make Them CARE: Coaching to Advance Resident Engagement. Submitted for presentation at Society of Teachers of Family Medicine Annual Spring Conference 2017, San Diego, CA.

Wilson GA, Miles M, Piper K, Fisher D, **Viera AJ**, Zakrajsek T. Half Full, or Half Empty? How To Fill Your Learner's Glass. Submitted for presentation at Society of Teachers of Family Medicine Annual Spring Conference 2017, San Diego, CA.

*Niblock FC, **Viera AJ**, Donahue KE. Type 2 Diabetes Mellitus and Mobile Health Technology: Associations with Engagement, University of North Carolina at Chapel Hill, Gillings School of Global Public Health; April 2017.

Coe C, Feller C, Eniola K, Waters A, Cairns A, Doshi N, Mulligan K, **Viera AJ**. More than Coughs and Colds! - Increasing Undergraduate Students' Exposure to Family Medicine. 2017 Society of Teachers of Family Medicine Conference on Medical Student Education, Anaheim, CA February 9-12, 2017.

O'Bryan J, Husain A, Joodi G, Lin F, Sadaf MI, Ashoka A, Patel S, Pursell C, **Viera A**, Simpson RJ. Trends in healthcare utilization in victims of out-of-hospital sudden death. Submitted to AHA, 2016.

Olsson E, *Barnes M, Gras-Najar J, Tuttle L, Gizlice Z, Hales D, **Viera AJ**. Does increased physical activity correlate with lower calorie meal choices? Presented at Society of Clinical

Research Associates Annual meeting, September 28-Oct 2, 2016. Montreal, Canada. ****Won 1st Place Research Award****

Gras-Najjar J, Tuttle LA, Olsson EH, *Barnes ME, Gizlice Z, **Viera AJ**. Is socioeconomic status associated with calories of meals chosen in the workplace setting? Presented at Society of Clinical Research Associates Annual meeting, September 28-Oct 2, 2016. Montreal, Canada.

Tuttle L, Olsson E, Gras-Najjar J, **Viera AJ**. Improving research through a university network for research Personnel. Presented at Society of Clinical Research Associates Annual meeting, September 28-Oct 2, 2016. Montreal, Canada.

*Close MA, Lytle LA, **Viera AJ**. Assessing the Construct Validity of Healthful Eating Belief Scales among Southeastern United States Office Workers. To be presented at the Society of Nutrition Education and Behavior Annual Meeting, August 2016, San Diego, CA.

Williams T, Alexander C, Fisher D, Wilson AG, Moss D, Niceler B, Raleigh M, Walden J, Piper K, Zakrajsek T, **Viera AJ**. Same Content, Different Methods: Traditional Lecture, Engaged Classroom, and High Fidelity Simulation. North American Primary Care Research Group, November 12-16, 2016, Colorado Springs, CO.

*Close MA, Lytle LA, **Viera AJ**. Are frequency of fast food and sit-down restaurant eating occasions differentially associated with less healthful eating habits? Presented at 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, March 30-April 2, 2016, Washington, DC.

*Close MA, Lytle LA, Chen D, **Viera AJ**. Using the Theory of Planned Behavior to Predict Intention to Eat Healthy among Southeastern United States Office Workers: a structural equation modeling approach. Presentation at the 2016 Annual Meeting of the American Public Health Association, Denver, CO.

Booth JN, Muntner P, Diaz KM, **Viera AJ**, Bello NA, Schwartz JE, Shimbo D. Evaluation of Criteria to Identify Adults to Test for Masked Hypertension. Presented at American Heart Association Strategically Focused Hypertension Network meeting, March 4-5, 2016, Phoenix, AZ.

Wilson AG, Walden J, Alexander C, Williams T, Fisher D, Niceler B, Piper K, Moss D, Zakrajsek T, **Viera AJ**. What is the Best Way to Teach a New Skill? Let's Open Wine and Find Out. Annual Spring Conference of the Society of Teachers of Family Medicine, May 2016, Minneapolis, MN.

Wilson AG, Fisher D, Walden J, Alexander C, Williams T, Niceler B, Piper K, Moss D, Zakrajsek T, **Viera AJ**. Same Content, Different Methods: Traditional Lecture, Engaged Classroom, and High Fidelity Simulation. Annual Spring Conference of the Society of Teachers of Family Medicine, May 2016, Minneapolis, MN. (Also presented at Uniformed Services Academy of Family Physicians meeting, March 2016, Denver, CO. (**Won 1st place Educational Research Award.**)

Zakrajsek T, Koonce T, **Viera A**. Active and Engaged Students: Concepts, Tips, and Strategies for Better Student Learning. Annual Spring Conference of the Society of Teachers of Family Medicine, May 2016, Minneapolis, MN.

*Clark J, *Harris L, *Brawley S, *Davis C, *Johnson L, *Raguckas C, *Westerfield K, Zakrajsek T, **Viera AJ**. AIM to ACT: Assessing & Improving Medical education through an Active Classroom Toolbox." Annual Spring Conference of the Society of Teachers of Family Medicine, May 2016, Minneapolis, MN.

Tedla YG, Yano Y, Thyagarajan B, Kalhan R, Kumar R, **Viera A**, Rosenberg S, Greenland P, Carnethon MR. Lung function associated with long-term blood pressure variability in young adults: the CARDIA Study. American Heart Association/Epi/Lifestyle Conference, March 1-4, 2016.

Yano Y, Allen NB, Erus G, Colangelo LA, Levine DA, Sidney S, Bryan NR, **Viera AJ**, et al. Long-term blood pressure and its variability throughout young adulthood and mid-life cerebrovascular structure and function: the Coronary Artery Risk Development in Young Adults (CARDIA) study. American Heart Association/Epi/Lifestyle Conference, March 1-4, 2016.

*Coe C, *Waters A, *Feller C, *Cairns A, *Evans K, **Viera AJ**. Establishment of a standardized curriculum for an Undergraduate Family Medicine Interest Group. Accepted for presentation at STFM 2016 Medical Student Education Conference, Phoenix, AZ.

*Kilgore R, **Viera A**, Hussey J, Mullan-Harris K. The effect and timing of intrapersonal and interpersonal resilience factors as mediators of the relationship between maltreatment and depression across the life-course. University of North Carolina at Chapel Hill Student Research Day, Nov 30, 2015, Chapel Hill, NC.

Viera AJ. Racial differences in abnormal ambulatory blood pressure monitoring measures. University of North Carolina at Chapel Hill, Cardiovascular Epidemiology Conference, November 17, 2015, Chapel Hill, NC.

Tuttle L, Olsson E, Gras-Najjar J, **Viera AJ**. Development and Testing of Physical Activity Calorie Expenditure (PACE) Food Labeling. Presented at Society of Clinical Research Associates Annual meeting, September 18-20, 2015, Denver, CO. ***Won 1st Place Research Award***

Gras-Najjar J, Bullock S, Tuttle L, Olson E, **Viera AJ**. Method for estimating portion size and calorie content based on meal photographs. Presented at Society of Clinical Research Associates Annual meeting, September 18-20, 2015, Denver, CO.

Olsson E, Gras-Najjar J, Tuttle L, **Viera AJ**, Buchholz V. Phlebotomy Training for Research Personnel. Presented at Society of Clinical Research Associates Annual meeting, September 18-20, 2015, Denver, CO. ***Selected for Oral Presentation***

Viera AJ, Slatt L, Johnson R, Mounsey A, Tolleson-Rinehart S. The Primary Care and Population Health Scholars Program at UNC Chapel Hill. Poster presentation at the UNC Academy of Educators Evening of Scholarship, May 2015.

*Friedman J, Pollock KI, **Viera AJ**. Screening and brief intervention for adolescent alcohol use in primary care: a systematic. Poster for AOA Research Day, Duke University, 2015.

Booth JN, Muntner P, Abdalla M, Diaz K, **Viera A**, Reynolds K, Schwartz, Shimbo D. Comparing Sleep Ambulatory Blood Pressure Using Periods Defined by Self-report, Fixed Times, and

Actigraphy. Abstract accepted for presentation at American Society of Hypertension annual meeting, May 2015, New York, NY.

Viera AJ, Zakrajsek T. Developing Your Scholarly Book Proposal. Presented at Annual Spring Conference of the Society of Teachers of Family Medicine, April 2015, Orlando, FL.

*Halpert K, Encarnacion J, Lam Y, **Viera AJ**. Paying Patients for Performance: Why Didn't It Work? Poster presented at Annual Spring Conference of the Society of Teachers of Family Medicine April 2015, Orlando, FL.

*Alexander C, *Fisher D, *Moss D, *Niceler B, *Raleigh M, *Piper K, *Walden J, *Williams T, *Wilson G, Zakrajsek T, **Viera A**. Assessing Resident Learning in High-Fidelity Simulation, Engaged Classroom, and Traditional Lecture: A Multisite Trial. Presented as work-in-progress at Annual Spring Conference of the Society of Teachers of Family Medicine, April 2015, Orlando, FL.

Zakrajsek, Koonce T, **Viera AJ**. From Passive Lectures to Active Engagement: Concepts, Tips, and Techniques to Bring About Deep Learning. Presented at Annual Spring Conference of the Society of Teachers of Family Medicine April 2015, Orlando, FL.

Viera AJ, Russell T, Mount H, Zakrajsek T. A Collaborative Model for Conducting Educational Research. Presented at Annual Spring Conference of the Society of Teachers of Family Medicine, April 2015, Orlando, FL.

*Cone L, *Kiser S, Mounsey A, **Viera AJ**. SHAC Bridge-to-Care: A Free Student-Run Clinic and Group Visits for Patients with Chronic Diseases. Presented at Annual Spring Conference of the Society of Teachers of Family Medicine, April 2015, Orlando, FL.

*Duncan J, *Devitt J, *Dambro A, *Nass S, Zakrajsek T, **Viera AJ**. Using Field Notes to Improve Feedback and Evaluation in Your Residency Program. Presented at Annual Spring Conference of the Society of Teachers of Family Medicine, April 2015, Orlando, FL.

*Dambro A, *Devitt J, *Duncan J, *Nass S, *Russell T, Zakrajsek T, **Viera AJ**. Hitting the Same MARC (Milestone Assessment of Resident Competency). Presented at Annual Spring Conference of the Society of Teachers of Family Medicine, April 2015, Orlando, FL.

Knight O, Lawrence S, Mwanza J, **Viera AJ**, Budnez D. SENSIMED Triggerfish® Contact Lens Sensor Interactions with the Cornea. Accepted for presentation 2015 ARVO Annual Meeting, May 3-7, 2015, Denver, Colorado.

*Petruski-Ivleva N, **Viera A**, Couper D, Shimbo D, Muntner P, Avery C, Schneider AL, Kucharska-Newton A. Longitudinal patterns of change in systolic blood pressure (SBP) and incidence of cardiovascular disease. The Atherosclerosis Risk in Communities (ARIC) Study. Presented at American Heart Association EPI/Lifestyle 2015 Scientific Sessions March 2015, Baltimore, MD.

Qin B, Popkin B, Adair L, Plassman B, Edwards L, **Viera AJ**, Mendez M. Visit-to-visit Variability in Blood Pressure is Related to Late-life Cognitive Decline. Finalist for the Jeremiah and Rose Stamler Research Award for New Investigators, oral presentation, American Heart Association EPI/Lifestyle 2015 Scientific Sessions for presentation March 2015, Baltimore, MD.

Viera AJ, Denham A, Long M, Steiner B, Gilliland K, Byerley J. The New Population Health Thread in the University of North Carolina School of Medicine Curriculum. Presented at the annual meeting of the Association for Prevention Teaching and Research, March 15-17, 2015, Charleston, SC.

*Semelka C, *Cone L, *Kiser S, Mounsey A, **Viera A**. SHAC Bridge-to-Care: A Free Student-Run Clinic and Group Visits for Patients with Chronic Diseases. Presented at UNC School of Medicine Medical Student Research Day, January 12, 2015, Chapel Hill, NC.

Yano Y, Ning H, Muntner P, Reis JP, Calhoun DA, **Viera AJ**, Levine DA, Jacobs DR, Shimbo D, Liu K, Greenland P, Lloyd-Jones D. Nocturnal Blood Pressure in Young Adults and Cognitive Function in Midlife: The CARDIA Study. Presented at the American Heart Association's Scientific Sessions 2014, November 15-19, Chicago, IL.

*Annaim A, Cohen SE, Ryan JL, **Viera AJ**, Ferris RM, Ocegueda S, Ferris ME. Parent-child dyad's preferred learning platforms for chronic kidney disease. Presented at the American Society of Nephrology for Kidney Week meeting November 2014, Philadelphia, PA.

*Dambro A, *Devitt J, *Duncan J, *Keen S, *Long C, Mounsey A, *Nass S, *Russell T, *Sinclair S, *Takedai T, Zakrajsek T, **Viera A**. Hitting the MARC (Milestone Assessment of Resident Competency): Using field notes for successful and consistent milestone assessment of residents to determine competency. Poster presentation at the North American Primary Care Research Group meeting November 21-25, 2014, New York, NY and at the Lily Teaching Conference.

*Hutchins R, Pignone M, Sheridan S, **Viera AJ**. Quantifying the utility of taking pills for preventing adverse health outcomes. Accepted for presentation at the 36th Annual Meeting of the Society for Medical Decision Making, upcoming October 18 - October 22, 2014, Miami, FL.

*Nass S, *Dambro A, *Devitt J, *Duncan J, *Keen S, *Long MC, *Russell T, *Sinclair S, *Takedai T, Mounsey A, Zakrajsek T, **Viera A**. Using behavior-based Fieldnotes for consistent assessment of Family Medicine residents. Abstract accepted for the Lilly Conference Series on College and University Teaching and Learning, October 16-19, 2014, Traverse City, Michigan.

*Dambro A, *Devitt J, *Duncan J, *Keen S, *Long MC, *Nass S, *Russell T, *Sinclair S, *Takedai T, Mounsey A, Zakrajsek T, **Viera A**. Hitting the same MARC (Milestone Assessment of Resident Competency): Using observable behavior-based Field Notes for successful and consistent Milestone assessment of Family Medicine residents to determine competency. Abstract presented at Association for the Behavioral Sciences and Medical Education 44th Anniversary Meeting October 16-18, 2014, Newport Beach, California.

Tuttle LA, Olsson EH, Voora R, **Viera AJ**. Confidence in Blood Pressure Assessments: A Comparison of Office and Ambulatory Measurements. Presented at the Society of Clinical Research Associates Annual meeting, September 19-21, 2014, Orlando, FL. ***Won poster finalist award***

Olsson EH, Tuttle LA, **Viera AJ**. Randomized Trial of Plasma Renin Guided vs. Generic Combination Therapy for Hypertension: Preliminary Data and Feasibility. Presented at the Society of Clinical Research Associates Annual meeting, September 19-21, 2014, Orlando, FL.

Knight OJ, Mwanza J, Lawrence S, **Viera AJ**, Budenz D. Diurnal patterns and safety of ambulatory blood pressure and intraocular pressure in normal and normotensive glaucoma patients. Association for Research in Vision and Ophthalmology Annual meeting, May 2014, Orlando, FL.

Hinderliter A, Tuttle L, Lin F, Klein L, Shimbo D, **Viera AJ**. Target organ manifestations of high blood pressure in patients with masked hypertension. Poster presentation at American Society of Hypertension Annual Meeting, May 2014, New York, NY.

*Rao V, Tuttle L, Lin F, Sheridan S, Shimbo D, Diaz KM, Hinderliter A, **Viera AJ**. Numeracy level and completeness of home blood pressure measurement reporting. Poster presentation at American Society of Hypertension Annual Meeting, May 2014, New York, NY.

Diaz KM, Flores-Medrano O, **Viera AJ**, Mari E, Schwartz JE, Shimbo D. Determination of an office blood pressure cutpoint that excludes ambulatory hypertension. Poster presentation at American Society of Hypertension Annual Meeting, May 2014, New York, NY.

Kent ST, Shimbo D, Huang L, Diaz KM, **Viera AJ**, Kilgore M, Oparil S, Muntner P. Reimbursement for ambulatory blood pressure monitoring among Medicare beneficiaries during 2007 to 2010. Poster presentation at American Society of Hypertension Annual Meeting, May 2014, New York, NY.

*Halpert K, **Viera AJ**. Feasibility of Patient Pay for Performance for Diabetes Mellitus Type 2 management. Poster presentation at Society of Teachers of Family Medicine Annual Meeting, May 2014, San Antonio, TX.

Viera AJ, *Graziosi M, *Cairns A, *Burns R, *Piggott C, Koonce T. The First Undergraduate (College) Family Medicine Interest Group. Oral presentation at Society of Teachers of Family Medicine Annual Meeting, May 2014, San Antonio, TX.

Viera AJ, Slatt L, Steiner B, Tolleson-Rinehart S. The Primary Care and Population Health Scholars Program at UNC Chapel Hill. Poster presentation at Society of Teachers of Family Medicine Annual Meeting, May 2014, San Antonio, TX. (Also presented at the UNC Academy of Educators Evening of Scholarship, May 2014.)

*Mount H, *Deffenbacher B, *Huffman M, *Gallagher K, *Skinker B, *Rivard G, *Benson S, *Dancel R, Hayes M, *Buckman F, *Jackson J, **Viera AJ**, Zakrajsek T. Using Text Messaging as an Educational Method in Residency Programs. Oral presentation at the 47thSTFM Annual Spring Conference; 2014 May 3-7; San Antonio, TX.

*Deffenbacher B, *Huffman M, *Gallagher K, *Skinker B, *Rivard G, *Benson S, *Dancel R, *Hayes M, *Buckman F, *Jackson J, *Mount H, Zakrajsek T, **Viera AJ**. What Do Residents Think About Using Text Messages to Improve Their Knowledge? Poster presentation at the 47th STFM Annual Spring Conference; 2014 May 3-7; San Antonio, TX. (Also presented at the UNC Academy of Educators Evening of Scholarship, May 2014.)

*Benson S, Zakrajsek T, *Mount H, *Huffman M, *Gallagher K, *Skinker B, *Rivard G, *Benson S, *Dancel R, H*ayes M, *Buckman F, *Jackson J, **Viera AJ**. Evaluation of a Text Messaging Intervention to Improve Resident Exam Scores. Oral presentation at the 47th STFM Annual Spring Conference; 2014 May 3-7; San Antonio, TX.

Rudkin L, Cicale S, Plumb J, Kornfield J, Arcari C, Remington P, **Viera A**, Chiapa-Scifres AL, Bowling J. Integrating Public Health Content into Clinical Curricula: Reflections from HRSA Joint Degree Grantees. Oral presentation at Association for Prevention Teaching and Research. March 20-21, 2014 meeting, Washington, DC.

Viera AJ. Use of Audience Response, Twitter and other Collaborative Learning Techniques to Teach Prevention. Oral presentation at Association for Prevention Teaching and Research. March 20-21 2014 meeting, Washington, DC.

Knight OJ, Mwanza J, Lawrence S, **Viera A**, Budenz D. Comparison of Ambulatory Blood Pressure and Intraocular Pressure in Non-Glaucomatous Patients. Poster presentation at American Glaucoma Society. Feb 27-Mar 2 2014 meeting, Washington, DC.

*Huffman M, *Mount H, *Rivard, G, *Benson S, *Dancel R, *Deffenbacher B, *Gallagher K, *Michael M, *Jackson J, *Skinker B, **Viera A**, Zakrajsek T, *Buckman F. How to use text messaging to teach. Oral presentation at the 40th Annual STFM Conference on Medical Student Education; 2014 Jan 30-Feb 2; Nashville, TN.

*Skinker B, *Deffenbacher B, *Mount H, Zakrajsek T, *Rivard G, *Benson S, *Buckman F, *Dancel R, *Gallagher K, *Huffman M, *Jackson J, *Michael M, **Viera A**. What Do Residents Think about Using Text Messages to Improve their Knowledge? A Qualitative Study of Resident Feedback. Poster session presented at: 32nd Annual 2013 FMEC Northeast Regional Meeting of Family Medicine Educational Consortium. Nov 2013. Philadelphia, PA.

*Kiechle ES, Harris RP, **Viera AJ**, Sheridan SL. Use of Performance-Based and Self-Reported Measures of Health Literacy and Numeracy and Effects on Health Outcomes and Health Services Utilization: a Systematic Review. Health Literacy Annual Research Conference Oct 2013.

*Kiechle ES, Hnat AT, Norman KE, **Viera AJ**, DeWalt DA, Brice JH. Comparison of Brief Health Literacy Screens in the Emergency Department. Health Literacy Annual Research Conference Oct 2013. Washington, DC.

*Tuttle LA, Lin F, Olsson E, Stankevitz K, **Viera AJ**. Prevalence and Reproducibility of Masked Hypertension among Primary Care Patients. Society of Clinical Research Associates Annual Meeting, Sept 2013. New Orleans, LA. ***Won Best Research Award***

*Stankevitz K, Lin F, Tuttle LA, Olsson E, **Viera AJ**. Ambulatory Monitoring of Pulse Wave Velocity and its Application in Clinical Research. Society of Clinical Research Associates Annual Meeting, Sept 2013. New Orleans, LA.

Cheema S, Klemmer P, **Viera A**, Colindres R, Kshirsagar A, Caughey M, Hinderliter A. Effects of Spironolactone on Blood Pressure in Patients with Stage 6 Chronic Kidney Disease. American Society of Hypertension Annual Meeting, May 2013. San Francisco, CA.

Viera AJ, *Pelkowski TD, *Fox BA, *Temple R, *Latham J, *Noble C, *Lynch S, *Miller I, Reid A. A Comparison of Three Designs for Educational Research. Society of Teachers of Family Medicine Annual Meeting, May 2013. Boston, MA.

*Appenheimer SA, **Viera AJ**. Diabetic Foot Exams in Routine Clinical Practice: Do They Reduce Foot Ulcers? Society of Teachers of Family Medicine Annual Meeting, May 2013. Boston, MA.

*Pelkowski TD, *Fox BA, *Temple R, *Latham J, *Noble C, *Lynch S, *Miller I, Reid A, **Viera AJ**. Does "SIGNOUT?" Education Improve Perceived Quality of Patient Handoffs Among Family Medicine Residents? Society of Teachers of Family Medicine Annual Meeting, May 2013. Boston, MA.

*Neumann IA, **Viera AJ**, Page CP. A Novel Way to Prepare Residents for a Residency Review Committee (RRC) Site Visit. Society of Teachers of Family Medicine Annual Meeting, May 2013. Boston, MA.

*House LK, Reid A, **Viera AJ**. Evaluating Community Health Education for Medical Students and Residents: A Systematic Review. Society of Teachers of Family Medicine Annual Meeting, May 2013. Boston, MA. (Also presented at UNC Academy of Educators Evening of Educational Scholarship, May 2013).

Martinelli SM, Mayer DC, **Viera A**, McGraw K, Zvara D. Novel Curriculum for Anesthesiology PGY-1s: Academic Medicine Rotation. Society of Education in Anesthesia, spring meeting 2012. (Also presented at UNC Academy of Educators Evening of Academic Scholarship, May 2013).

Viera AJ, Harris R. The "Strategies of Prevention" Course of the UNC Chapel Hill MD-MPH Program. Association for Prevention Teaching and Research. Conference on Teaching Prevention, March 2013. Washington, DC.

*Blasiak RC, **Viera AJ**, Harris R. Does Sunscreen Use Reduce the Incidence of Melanoma? A Systematic Review. Southeastern Dermatology Conference, October 2012. (2nd place winner). Also presented at UNC Medical Student Research Day, January 2013.

*Tuttle LA, *Mann CM, *Greggs EH, **Viera AJ**. Implementing Ambulatory Blood Pressure Monitoring in Clinical Research. Society of Clinical Research Associates Annual Meeting, Sept 2012.

*Greggs EH, *Tuttle L, *Mann C, Klein L, **Viera AJ**. Implementation of Coronary Artery Calcium Scoring with Cardiac Computed Tomography in Research. Society of Clinical Research Associates Annual Meeting, Sept 2012.

*Pelkowski TD, *Fox BA, *Temple R, *Lynch S, *Latham J, *Noble C, *Miller I, Reid A, **Viera AJ**. Does "SIGNOUT" education improve perceived quality of patient handoffs? FMEC: Northeast Region Meeting, September 2012.

Platts-Mills TF, *MacKuen C, Isaacs CG, Dickey R, Hunold K, **Viera AJ**, McLean SA. Side effects from outpatient analgesics for older emergency department patients with musculoskeletal pain. Society for Academic Emergency Medicine, April 2012.

Greco AJ, O'Connor SK, Michaels N, Roederer MW, Ferreri S, **Viera A**, Faruki H, Chater R, McLeod H, Marciniak MW. Feasibility of a personalized medicine (pharmacogenomics) service for clopidogrel in a community pharmacy. American Pharmacists Association, March 2012.

*Fox BA, *Temple R, *Pelkowski T, *Lynch S, *Latham J, *Noble CE, *Shanbaky I, **Viera AJ**, Reid A. Improving transitions of care. Primary Care Research Regional Meeting, East Tennessee State University, February 2012.

*Stalls CM, Triplette MA, **Viera AJ**, Pathman DE, Cohen MG, Rossi JS. The Association Between Obesity and Coronary Artery Disease Detected during Non-emergent Angiography: A comparison between black and white patients. American Heart Association, November 2011.

Viera AJ, Lin F, Hinderliter AL, Shimbo D, Person S, Pletcher MJ, Jacobs DR. Nighttime blood pressure dipping in young adults and coronary artery calcium 10-15 years later: the CARDIA Study. Cardiovascular Epidemiology Seminar, University of North Carolina at Chapel Hill. October 18, 2011.

*Triplette M, Rossi J, **Viera AJ**, Cohen M, Pathman D. The role of hypertension in black-white disparities in angiographic coronary artery disease. American Heart Association, November 2010

*Wurzelmann D, **Viera AJ**, Toews A, Gilliland K. Quantitative look at the MS1 and MS2 curricula. University of North Carolina School of Medicine Faculty Curriculum Retreat. November 2010.

Sheridan SL, Berkman ND, Donahue KD, Halpern DJ, Crotty KA, **Viera AJ**. Systematic review of health literacy interventions and outcomes. 2nd Annual Health Literacy Conference, Bethesda, MD, October 2010.

Viera AJ, *Springer B, *DeAugustinis M, Calleson D. Medical students views on public health education in the medical school curriculum. CDC Conference on Public Health in Medical Education, September 2010.

Viera AJ, Schmid D, Bostrom S, Yow A, Lawrence W, DuBard CA. Level of blood pressure above goal and clinical inertia in a Medicaid population. American Society of Hypertension, May 2010.

Viera AJ, Lingley K, Esserman D. The effects of labeling patients as prehypertensive. Clinical and Translational Research Education Meeting, April 2010.

Viera AJ, Hinderliter AL. Short-term reproducibility of masked hypertension in untreated adults with recent borderline office blood pressure. American Society of Hypertension, May 2009. (Also abstract at the KL2 National Clinical Research meeting, April 2009)

*LaMantia MA, Scheunemann LP, **Viera AJ**, Hanson LC. Interventions to improve transitional care between nursing homes and hospitals: a systematic review. American Geriatrics Society meeting, 2009.

Goldstein A, **Viera A**, Kramer K, Ripley-Moffitt C. Influence of a tobacco-free hospital campus policy on the smoking status of hospital employees. American Public Health Association, October 2008.

Viera AJ, Cohen LW, Mitchell CM, Sloane PD. High blood pressure knowledge among primary care patients with hypertension in North Carolina. American Society of Hypertension, May 2008.

Viera AJ. Masked hypertension: reproducibility and exploration of associated factors. Clinical Research Scholar Annual Meeting, March 2007.

Viera AJ, Garrett JM. Pilot study of a school-based program to raise hypertension awareness in the community. North American Primary Care Research Group, October 2006.

Lindbloom E, Koopman R, Richardson C, **Viera AJ**. Research Skills Faculty Development Workshop. Society of Teachers of Family Medicine Annual Spring Conference, April 2006.

Viera AJ, Pathman DE, Garrett JM. Is lack of a usual source of care mostly a matter of desire? North American Primary Care Research Group, October 2005. Also presented at Robert Wood Johnson Clinical Scholars National Meeting, November 2005.

Pathman DE, **Viera AJ**, Newton WP. Published research in Family medicine, 2003: Overview of findings. North American Primary Care Research Group, October 2005.

Viera AJ, Thorpe JM, Garrett JM. Combined effect of age and sex on receipt of preventive services. Society of General Internal Medicine, *Lipkin Award Finalist*. May 2005.

*Buccolo LS, **Viera AJ**. Pruritic Urticarial papules and plaques of pregnancy presenting in the postpartum period. Uniformed Services Academy of Family Physicians, March 2004.

Blackadar CS, **Viera AJ**. A retrospective review of performance and utility of routine clinical pelvimetry. 2nd-place research presentation at AAFP Scientific Assembly, October 2003.

Viera AJ, Clenney TL. A research curriculum for family medicine interns, Society of Teachers of Family Medicine 2003 Annual Conference, September 2003. (Also presented at Southeast Regional Conference, October 2002.)

Viera AJ. Thyroid function testing in outpatients: Are both sTSH and FT4 necessary? **1st-place**, Resident Clinical Investigations, Uniformed Services Academy of Family Physicians, March 1998. Also 2nd-place at American Academy of Family Physicians, October 2002.

Viera AJ. Upper extremity deep venous thrombosis that fails to respond to anticoagulation: a case of Paget-Schroetter Syndrome. **1st-place**, Resident Case Report, Uniformed Services Academy of Family Physicians, March 1997.

Grant Reviews/Study Section

National Institutes of Health, NHLBI SBIR/STTR grant proposal reviewer, 2021

National Institutes of Health, NHLBI R13 grant proposal reviewer, 2020

American Heart Association, Vascular Biology, Blood Pressure, and Clinical Section, 2012-present

National Institutes of Health, Clinical and Integrative Cardiovascular Sciences (CICS) study section, Feb 2016

Health Research Board (Ireland), ad hoc grant peer reviewer, 2014

Medical Research Council (United Kingdom), Invited (ad hoc) grant peer reviewer, 2012-2013 and 2015

Professional Awards and Special Recognitions:

Honors

Arnold D. Kaluzny, PhD 2019 Distinguished Alumnus Award, Public Health Leadership Program, Gillings School of Global Public Health, University of North Carolina at Chapel Hill, April 2019

Delta Omega Honorary Society Award, Public Health Leadership Program, Gillings School of Global Public Health, University of North Carolina at Chapel Hill, April 2019

Association of Departments of Family Medicine Fellowship (national program for development of Family Medicine leadership), 2016-2018

Selected by UNC Family Medicine graduating residents to present at “Pearls Lecture,” 2016

Boyd O’Dell Award, given in recognition of innovative and notable research in the fields of nutrition and metabolism, presented by Department of Nutrition and Exercise Physiology, University of Missouri, April 2015.

Medical Alumni Distinguished Teaching Professorship (term 2014-2018), University of North Carolina School of Medicine (honors mid-career faculty with a track record of substantial leadership in teaching medical students as well as educational innovation), 2014

Educational Scholarship Award, Academy of Educators, University of North Carolina School of Medicine, 2014

Elected as Fellow of the American Heart Association (FAHA) conferred by the Council for High Blood Pressure Research, 2014

Outstanding Educational Program Award, presented by the Association for Prevention Teaching and Research (APTR) to UNC MD-MPH Program, Anthony Viera, Director, 2014

George T. Wolff Award, Presented by the UNC School of Medicine Whitehead Society, this award honors dedication to quality medical education, 2013

Selected by UNC Family Medicine graduating residents to present at “Pearls Lecture,” 2013

Distinguished Teaching Award for Post-Baccalaureate Instruction, University of North Carolina at Chapel Hill (University-wide teaching award), 2013

Teaching Innovation Award, Gillings School of Global Public Health, University of North Carolina at Chapel Hill, 2013

Top 20 Medical Professors in North Carolina Award, 2013

Alpha Omega Alpha (AOA) - Honor Medical Society, Gamma Chapter, University of North Carolina at Chapel Hill School of Medicine, Chapel Hill, NC, 2012

Named as Charles B. Wilkerson, MD '06 Distinguished Scholar (Endowed Professorship), Department of Family Medicine, University of North Carolina at Chapel Hill School of Medicine, Chapel Hill, NC, 2012

Early promotion to Associate Professor with tenure, Department of Family Medicine, University of North Carolina at Chapel Hill School of Medicine, Chapel Hill, NC, 2011

Selected as a 2012-2013 Academic Leadership Fellow at the Institute for the Arts and Humanities, University of North Carolina at Chapel Hill, 2011

James W. Woods Faculty Award (outstanding junior faculty member in School of Medicine), University of North Carolina at Chapel Hill School of Medicine, 2011

Named in Best Doctors in America in discipline of Family Medicine multiple years since 2010 (most recently 2020)

Health Care Heroes Award, presented by Triangle Business Journal, Raleigh, NC, 2010

David S. Citron Award (outstanding junior faculty member selected by Executive Council of the Statewide Department of Family Medicine), UNC Chapel Hill, 2009

Selected by UNC Family Medicine graduating residents to present at "Pearls Lecture," 2009

Junior Faculty Development Award, Office of Executive Vice Chancellor, University of North Carolina at Chapel Hill, 2008

Teaching Excellence Award, Department of Family Medicine, University of North Carolina at Chapel Hill School of Medicine, 2008

Named to the Academy of Educators, University of North Carolina at Chapel Hill School of Medicine, 2008

Selected as a K12 Scholar, University of North Carolina at Chapel Hill, 2007

Society of General Internal Medicine, Lipkin Research Award Finalist, 2005

Invited Graduation Speaker, Family Medicine Residency graduation, Naval Hospital Jacksonville, 2005

Melvin Museles Award (outstanding contributions to family medicine education), Naval Hospital Jacksonville, 2004

Family Medicine Faculty Teacher of the Year, Naval Hospital Jacksonville, 2004

President's Award for service as Scientific Assembly Program Chair, Uniformed Services Academy of Family Physicians, 2004

Navy & Marine Corps Commendation Medal, Gold Star, Naval Hospital Jacksonville, 2004

Selected as Robert Wood Johnson Clinical Scholar, University of North Carolina at Chapel Hill, 2014

Family Medicine Faculty Teacher of the Year, Naval Hospital Jacksonville, 2003

New Faculty Scholar Award Presented by the Society of Teachers of Family Medicine, 2002

Navy & Marine Corps Commendation Medal, Naval Hospital Guam, 2001

Navy & Marine Corps Achievement Medal, Gold Star, Naval Hospital Guam, 2000

Family Practice Resident Teacher Award, Presented by the Society of Teachers of Family Medicine, 1999

Navy & Marine Corps Achievement Medal, Gold Star, Naval Hospital Jacksonville, 1999

Obstetrics Senior Resident of the Year, Naval Hospital Jacksonville, 1999

Mead-Johnson Award for Graduate Education in Family Practice (now called AAFP Excellence in GME Award), Presented by American Academy of Family Physicians, 1998 (awarded to only 16 residents nationally per year)

Intern of the Year, Naval Hospital Jacksonville, 1997

Navy & Marine Corps Achievement Medal, Naval Hospital Jacksonville, 1997

Organizations and Participation:

Professional Affiliations

Association of Departments of Family Medicine, 2017-present

American Association for Physician Leadership, 2017-present

American Health Council, 2016-present

Association for Prevention Teaching and Research, 2011-present

American Heart Association (High Blood Pressure Research Council), 2007-present

American Society of Hypertension, 2005-present

North American Primary Care Research Group, 2005-present

Society of Teachers of Family Medicine, 2001-present

American Academy of Family Physicians, 1996-present

Committees

National

Association of American Medical Colleges (AAMC) Council of Faculty and Academic Societies (CFAS), Senior Representative, 2019-present

Uniformed Services Academy of Family Physicians Research Committee, 2018-present

American Heart Association, Hypertension for Primary Care planning committee, 2016-2019

American Heart Association Advisory Committee for CMS Ambulatory BP Monitoring Review, 2017

American Heart Association Writing Group, Recommendations for Blood Pressure Measurement in Humans, 2016-2017

Board of Directors, Association for Prevention Teaching and Research, 2015-2018

American Society of Hypertension, Scientific Program Committee and Primary Care Steering Committee, 2012-present; Research Abstract Reviewer, 2011-2016

Paul Ambrose Scholars Program Reviewer, Association for Prevention Teaching and Research, 2014

Invited Member - AHRQ Stakeholder Panel, Future Needs of Self (Home) Blood Pressure Monitoring Research, 2012

Fellow Representative, Research Committee, Society of Teachers of Family Medicine, 2005-2007

Chairman, Scientific Assembly Program Committee, Uniformed Services Academy of Family Physicians, 2002-2003

Member, Education Committee, Uniformed Services Academy of Family Physicians, 1998-1999

Regional

Editorial Board, NC Medical Journal, NC Institute of Medicine, Morrisville, NC, 2017 – present

University of North Carolina at Chapel Hill

Chair of Search Committee (for three open rank research faculty), Public Health Leadership Program, Gillings School of Global Public Health, University of North Carolina at Chapel Hill, 2015-2016

Five Year Review Committee, McAlister Heart Institute, UNC Chapel Hill, October 2016

University Faculty Council, elected to represent tenured faculty in School of Medicine, University of North Carolina at Chapel Hill, 2013-2016

Student Grievance Committee, University of North Carolina at Chapel Hill, 2013-2015

University Teaching Awards Committee, Post-Baccalaureate Teaching Awards Subcommittee, University of North Carolina at Chapel Hill, 2013-2014

School of Medicine

KL2 Program Applicant Reviewer, UNC Translational & Clinical Sciences Institute, 2014-present

Medical Student Research Day Judge, School of Medicine, University of North Carolina at Chapel Hill, 2012-present

Academy of Educators Membership Committee, School of Medicine, University of North Carolina at Chapel Hill, 2011-present

Education Committee (formerly called Curriculum Committee), School of Medicine, University of North Carolina at Chapel Hill, 2009-2016

Hypertension Prevention, Treatment and Control Evidence Academy Steering Committee, UNC Translational & Clinical Sciences Institute, 2014

Department

Resident advisor, Family Medicine Residency, Department of Family Medicine, School of Medicine, University of North Carolina at Chapel Hill, 2008-present

Chair, Family Medicine Center Studies Oversight Committee, Department of Family Medicine, School of Medicine, University of North Carolina at Chapel Hill, 2008-2017

Hospital

Chairman, Committee for Protection of Human Subjects, Naval Hospital Jacksonville, Jacksonville, FL, 2002-2004

Member, Graduate Medical Education Committee, Naval Hospital Jacksonville, Jacksonville, FL, 2003-2004

Member, Committee for Protection of Human Subjects, Naval Hospital Jacksonville, Jacksonville, FL, 2001-2002

Physician Advisor for Performance Improvement, Naval Hospital Guam, Agana, Guam, 2000-2001

Member, Executive Committee of the Medical Staff, Naval Hospital Guam, Agana, Guam, 2000-2001

Member, Medical Records Review Committee, Naval Hospital Guam, Agana, Guam, 1999-2001

Member, Pharmacy and Therapeutics Committee, Naval Hospital Jacksonville, Jacksonville, FL, 1998-1999

Other Committees

Data Safety and Monitoring Committee, Keys to Healthy Family Child Care Homes (PI: Ward), School of Public Health, University of North Carolina at Chapel Hill, 2014-present

I3POP Advisory Board, Tri-state Quality Improvement Collaborative led by Dr. Warren Newton, 2012-present

Chair, Data Safety and Monitoring Committee, Heart-to-Health (PIs: Keyserling & Sheridan) School of Medicine, University of North Carolina at Chapel Hill, 2011-2013

Data Safety and Monitoring Committee, Heart-to-Heart (PI: Sheridan), School of Medicine, University of North Carolina at Chapel Hill, 2008-2009

Data Safety and Monitoring Committee, WAY to Health Study (PI: Linnan), School of Public Health, University of North Carolina at Chapel Hill, 2007-2008

Teaching Record:

National

Founder and Course Director, The Ready Clinician's™ Ambulatory Blood Pressure Monitoring Course (www.abpmcourse.com). September 2016 – 2017

This course was the first national course focusing on teaching ambulatory BP monitoring to primary care clinicians and includes innovative hands-on training component.

(16 participants per year)

American Society of Hypertension, Primary Care Track, multiple years

American Heart Association, Council on Hypertension, Primary Care Track, multiple years

Regional

Program, Curriculum, and Course Leadership & Administration

Director, Primary Care Transformation Fellowship, Department of Family Medicine and Community Health, Duke University School of Medicine

July 2019-July 2020 (then transitioned directorship to my Vice Chair)

Director, Primary Care and Population Health Scholars Program, School of Medicine
August 2012 – September 2017

The PCPH Scholars program was created through a HRSA grant to emphasize the connections between primary care and public health, enhance research and writing skills, develop leaders, and provide excellent, enhanced preparation for students to incorporate population health into their clinical career (12 to 16 students each year).

Director, Health Care and Prevention MPH (“MD-MPH Program”), Public Health Leadership Program, School of Public Health, April 2012 – August 2017

This is UNC Chapel Hill’s MD-MPH Program, one of the most well-established and largest in the country; it is a combined effort of the UNC School of Medicine and the UNC Gillings School of Global Public Health (44 to 56 students each year). Each student needs a Master’s paper advisor: I served as Master’s paper advisor to 12 to 20 students per year.

Co-Director of Scholarship Curriculum, Department of Family Medicine Faculty Development Fellowship April 2011 – September 2017

The UNC DFM Faculty Development Fellowship is nationally renowned with over three decades of graduating leaders in family medicine (16 fellows per year).

Director, Translational Education at Carolina Population Health Thread (TEC3), UNC School of Medicine August 2013 – November 2016

The TEC leaders provide oversight for the development of the entire curriculum. As TEC3 Director, I assured delivery of the population health components over the course of four years of medical school (180 students per year).

Co-Associate Director, Health Care and Prevention MPH, Public Health Leadership Program, School of Public Health, June 2007 – April 2012

This is UNC Chapel Hill’s MD-MPH Program, one of the most well-established and largest in the country; it is a combined effort of the UNC School of Medicine and the UNC Gillings School of Global Public Health (44 to 56 students each year).

Associate Course Director, Clinical Epidemiology and Evidence Based Medicine, School of Medicine, April 2009 – Jan 2012

The UNC Clinical Epidemiology course has been a leader in the field; our students typically scored well above the national average on their board exams in this area (180 students per year).

Graduate School

PUBH 749 Master’s seminar course, required course for all Health Care & Prevention MPH students, 2006 – 2017 (44 to 56 students per year)

PUBH 750 Strategies of Prevention, required course for all Health Care & Prevention MPH students, 2006 – 2017 (44 to 56 students per year)

EPID 889:003 Contemporary Issues in Hypertension Research, 2015 – 2016 (8 students in 2015, 8 in 2016)

EPID 889: CVD Epidemiology, guest lecturer each year, 2016-present (8-15 students)

Medical School Courses

Medical Education Elective, Seminar on medical education research, 2016-2017 (15 students)

Principles of Medicine course, Lecture on overview of population health and prevention, 2014-2017 (180 students)

Cardiovascular Block, Lecture on hypertension and population health, 2014-2016 (180 students)

MEDI 220 Clinical Epidemiology and Evidence Based Medicine

Small-group instructor - Taught Clinical Epidemiology in small group format to 2nd-year medical students: 2005-2012, ~16 to 20 students per year

Undergraduate UNC Chapel Hill Teaching and Leadership

I created the First-Year Seminar (PUBH089) titled "Health of the Nation" to teach first-year Carolina students about the health care system, health care reform, and population health. I taught the course for three years from 2011 to 2013 (16-20 students per year). Some of the materials are being used in current undergraduate/graduate course "Introduction to Public Health". In fall of 2012, I led the founding of this first-in-the-nation undergraduate Family Medicine Interest Group. The U-FMIG partners with the medical school FMIG as well as the Family Medicine Residency. The mission is not only to spread interest and awareness about family medicine to students considering careers in medicine, but also to anyone interested in health care or health policy regardless of planned career. In spring 2013, I served as mentor for a team of six students taking the Health Care Consulting Course (Instructor Marci Thomas). For the past several years, I also guest lecture in the Introduction to Clinical Medicine for Undergraduates (ICMU 401, 8-20 students per year).

Faculty Development and Fellowship Teaching

Within the UNC Department of Family Medicine Faculty Development Fellowship, I presented several didactic sessions (critical appraisal series, writing for publication) and worked as a mentor on fellowship projects including journal club blogs, research collaboratives, and narrative review articles: Aug 2011 – Sept 2017 (16 fellows per year).

As part of UNC CTSA Education Core the K2R Program assisted junior faculty write their first independent grant proposal. I was co-instructor in the seminar 2010-2015 (5 to 6 faculty per year)

Family Medicine Residency and Clinical Teaching

I regularly taught in the Intern Month and the 18-month Residency curriculum (numerous topics and talks), help residents with Journal Club and scholarly projects. I oversaw the Second Year Resident Prevention Projects from 2008-2016. I also taught in the intern procedures lab. I served as a resident advisor.

Inpatient Attending, Family Medicine Inpatient Service

Served as clinical attending and/or take call 4 to 6 weeks out of the year plus call, 2006-2009, 2010 - present

Maternal & Child Service Attending

Served as clinical attending on labor and deliver and newborn nursery 3 weeks plus call, 2009-2010

Resident clinic and procedures preceptor, Family Medicine Residency

Provided weekly instruction/precepting for exercise treadmill testing and vasectomy procedure clinics. Provide occasional precepting for Family Medicine Residents' clinics. Previously provided weekly clinical and procedural precepting to family medicine residents, 2004 - present

Other Teaching at UNC

Since 2012, I taught about secondary hypertension in the UNC Internal Medicine Residency Program. I also guest taught in the UNC Anesthesiology Residency Program Academic Medicine Rotation, a program which I helped create. I have taught about blood pressure monitoring in the UNC Nephrology Division and even taught UNC biomedical engineering undergraduates principles of blood pressure measurement.

Naval Hospital Jacksonville

Prior to transitioning to UNC, I served for three years as a faculty member in the Naval Hospital Jacksonville Family Practice Residency. While there, in addition to providing and teaching full-scope family medicine, I served as Undergraduate Medical Education Coordinator, Clinical Team Leader, and Scholarly Projects Coordinator, and guest editor for a series of articles for *American Family Physician*.

Visiting Professorships:

Medical University of South Carolina, Charleston, SC. Invited second time to deliver presentations about public health and prevention and their intersection with medical care & role of physicians, October 2016.

Medical University of South Carolina, Charleston, SC. Invited to deliver presentations about public health and prevention and their intersection with medical care & role of physicians, also delivered special grand rounds (on hypertension) in the Department of Family Medicine, and a presentation for the newly created Department of Public Health Sciences, September 2015.

University of Missouri, Department of Nutrition and Exercise Physiology, Columbia, MO. Presented the honorary Boyd O'Dell lecture based on my research about physical activity calorie expenditure labeling and met with faculty and students, April 2015.

Columbia University Medical Center, Center for Behavioral Cardiovascular Health, New York, NY. Presented preliminary hypertension research findings, met with fellows and faculty, February 2013.

Bayfront Family Medicine Residency, St. Petersburg, FL. Presented several talks and small group sessions on developing clinical scholarship in a residency program as well as Grand Rounds "Global Coronary Heart Disease Risk Assessment and Application", October 2008.

Areas of Research Interests (Basic and Applied):

My research focuses on hypertension, particularly aspects of measurement of blood pressure and clinical strategies for reducing cardiovascular disease risk. The overarching goal of my research work is to provide guidance for evidence-based, cost-effective clinical strategies for (1) identifying patients at increased cardiovascular disease risk and (2) offering interventions to reduce that risk while balancing potential harms and benefits. As a family physician, the clinical topics on which I am able to serve as a mentor are extremely broad. My public health and

epidemiology training add to my breadth and depth of experience for serving as a research mentor. I am particularly recognized as an expert on cardiovascular disease prevention, blood pressure assessment and control, and calorie labeling as a public health effort to curb obesity. I have a track-record of successful research funding, and I am a dedicated and experienced research mentor. Over the past decade, I have mentored over 120 MPH students, medical students, graduate students, and junior faculty on K23 awards, research papers, grants, dissertations, and poster presentations. I also co-taught a grant writing seminar at UNC's CTSA-funded education core, and many of the participants received funding of their proposals.

External Support – Gifts, Grants, and Contracts:

Completed:

“Duke Primary Care Transformation Fellowship Program”
Health Resources and Service Administration (T13 HP31900-01 00)
Role: PI/Project Director (I transferred PD role to my Vice Chair for Education in July 2020)
\$1,865,027 (10%)
2018-2020

“Development of an Evaluation Plan for the American Board of Family Medicine Physician-Scientist Pathway Pilot”
The American Board of Family Medicine
Role: PI
2019-2020

“Effects of Physical Activity Calorie Expenditure (PACE) Food Labeling”
National Institutes of Health (R01 CA184473-01A1)
Role: Lead Principal Investigator (co-PI A. Ammerman)
\$2,332,955 (20%)
2014-2019

“Care2bWell: Worksite Physical Activity & Wellness Program for Child Care Staff”
National Institutes of Health
Role: Co-investigator (7.5%) (PI: Ward)
2013-2018

“Role of the Rho-GAP GRAF3 in the Pathogenesis of Human Hypertension”
Role: Co-Principal Investigator (with J. Taylor and C. Mack)
\$3,020,285 (7.5%)
2015-2018

“Enhancing Population Health in Medical Education: the EMPHasis Project”
Health Resources and Service Administration
Bureau of Health Professions (T85HP24470-01)
Role: PI/Project Director
\$1,209,000 (15%)
2012-2017 (transitioned off PD role with move to Duke)

“Longitudinal Training in Population Health to Reduce Health Disparities”

Fullerton Foundation, in collaboration with Wake Forest
 \$360,000
 Role: co-PI
 2016-2017

“Collaboration to Improve BP in the US Black Belt Region: Addressing the Triple Threat”
 PCORI and NHLBI (UH2-UH3)
 Role: Co-Principal Investigator (with M. Safford and D. Cummings)
 \$9,494,562 (15%)
 2015-2017 (transitioned off co-PI role with move to Duke)

Diversity Supplement
 “Effects of Physical Activity Calorie Expenditure (PACE) Food Labeling”
 National Institutes of Health (R01 CA184473-01A1S1)
 Role: Lead Principal Investigator (Student: M. Close)
 \$47,617
 2015-2017

“Facilitation, Spread and Translation of Patient-Centered Evidence in NC Practices (FAST PACE NC)”
 Agency for Healthcare Research and Quality
 Role: Co-Investigator
 2015-2017

“Bringing Our PACE to a SPRINT”
 National Cancer Institute in partnership with VentureWell
 SPeeding Research-tested INTerventions (SPRINT) Grant Program
 \$21,750
 Role: PI
 2017

“Improvelt: A Web-Based Application to Teach Quality Improvement Principles
 North Carolina AHEC Innovation Fund
 Role: PI
 \$40,000
 2016-2017

“UNC Clinical and Translational Science Award (CTSA)”
 National Institutes of Health
 National Center for Research Resources (U54 RR024383)
 Role: Co-investigator (5%) (PI: Buse)
 2014-2016

“A Randomized, Double-Blind, Placebo-Controlled Phase 3 Study of ISIS 304801 Administered Subcutaneously to Patients with Hypertriglyceridemia”
 Role: Site PI (5%)
 2016-2017

“Comparative Effectiveness of Ambulatory Blood Pressure Monitoring vs Usual Care for Diagnosing and Managing Hypertension: A Pilot Study”
 University of North Carolina at Chapel Hill

NC TraCS Grant Program
Role: Principal Investigator
\$50,000 (0%)
2014-2015

“NCCU-LCCC Partnership in Cancer Research”
National Institutes of Health
National Cancer Institute (U54 CA156733-01)
Role: Co-investigator (5%) (PI: Earp)
2010-2015

“Role of the Rho-GAP GRAF3 in the Pathogenesis of Human Hypertension”
University of North Carolina at Chapel Hill
NC TraCS Grant Program (# 550KR51323)
Role: Co-PI (with J. Taylor and C. Mack)
\$50,000 (0%)
2013-2014

“Reproducibility and Clinical Implications of Masked Hypertension”
National Institutes of Health
National Heart Lung and Blood Institute (R01 HL098604-01)
Role: Principal Investigator
\$1,325,267 (40%)
2010-2014

“Diurnal Relationship between Intraocular Pressure and Blood Pressure in Normal Tension Glaucoma”
University of North Carolina at Chapel Hill NC, TraCS Pilot Grant Program
Role: Co-investigator (PI: Lawrence)
2013-2014

“Focus Groups on Ideas for Front-of-Package and Menu Nutrition and Energy Balance Labels”
University of North Carolina at Chapel Hill
University Research Council
Role: Principal Investigator
\$4520 (0%)
2011-2013

“Primary Care Utilization and Quality of Life in Prostate Cancer Survivors”
University of North Carolina at Chapel Hill
NC TraCS Pilot Grant Program
Role: Co-investigator (0%) (PI: Chen)
2011-2012

“UNC Clinical and Translational Science Award (CTSA)”
National Institutes of Health
National Center for Research Resources (U54 RR024383)
Role: Co-investigator (5%) (PI: Runge)
2010-2013

“Comprehensive EPC Comparative Effectiveness Reviews for Effective Health Care: Screening, Behavior Counseling, and Pharmacologic Interventions in Primary Care to Reduce Alcohol Misuse”

Agency for Healthcare Research and Quality via Research Triangle Institute

Role: Co-investigator (10%) (PI: D. Jonas)

2010-2012

“Development of Public Health Courses for Medical Students and College Students”

University of North Carolina at Chapel Hill School of Medicine

Academy of Educators Small Grants Program

Role: Principal investigator

\$2700 (0%)

2009-2010

University of North Carolina at Chapel Hill School of Medicine

Academy of Educators Travel Grant

Role: Principal investigator

\$1000 (0%)

2009-2010

NIH Loan Repayment Program Competitive Renewal

\$11,000

Role: Scholar

2009-2010

“Health Literacy Interventions and Outcomes: An Update of the Literacy and Health Outcomes Review”

Agency for Healthcare Research and Quality via Research Triangle Institute

Role: Co-investigator (5%) (PI: S. Sheridan)

2009-2010

Mentored Clinical Research Career Development Award

University of North Carolina at Chapel Hill KL2 (CTSA) Program (U4RR024383)

Role: Scholar (PI: E. Pisano)

2008-2010

NIH Loan Repayment Program Competitive Renewal

\$18,500

Role: Scholar

2007-2009

“Effects of Labeling Patients as Prehypertensive”

American Academy of Family Physicians

Role: Principal Investigator

\$28,889 (10%)

2007-2008

Mentored Clinical Research Career Development Award

University of North Carolina at Chapel Hill K12 Program

Role: Scholar (PI: G. Orringer)

2007-2008

“Promoting CIS Among Black Men in Barbershops”
 National Cancer Institute (NCI), R-21 CA126373-01
 Role: Co-investigator (5%) (PI: L. Linnan)
 2006-2008

“Human Blood Pressure Simulation System”
 University of North Carolina Vice Chancellor’s Office
 Role: Principal investigator
 \$10,000 (0%)
 2006-2007

“Home Blood Pressure Monitoring by Hypertensive Patients in Primary Care”
 UNC Department of Family Medicine Small Grants Program
 Role: Principal investigator
 \$3500 (0%)
 2006-2007

Centers for Disease Control (CDC) RFA-DP-04-003
 “Training Barbers to TRIM Cancer Risk”
 Role: Co-investigator (5%) (PI: L. Linnan)
 2005-2007

NIH Loan Repayment Program (initial, during Robert Wood Johnson Clinical Scholars)
 \$18,500
 2004-2006

Active:

“Duke Creating ADRD Researchers for the Next Generation - Stimulating Access to Research in Residency Program (CARiNG-StARR)”
 NIH 1R38-AG065762-01
 Role: Lead PI/Project Director
 \$1,415,412
 2020-2023

“Sleep Quality and Mechanisms of Cardiovascular Risk in Adults with Hypertension”
 National Institutes of Health (1R01HL148424) (Sherwood)
 Role: Co-investigator (5%) (PI: Sherwood)
 2019-2024

“Improving Access to Health Care: Strengthening the Department of Community and Family Medicine”
 The Duke Endowment
 Role: PI/Lead
 \$4,500,000
 2018-2022

“Improving the Detection of Masked Hypertension: Analysis of Pooled Population and Community Based Studies”

National Institutes of Health (R01 HL144773-01)
 Role: Co-investigator (10%) (PI: Muntner)
 2019-2021

Other (completed) Funded Grants:

American College of Cardiology/Pfizer Visiting Professorship Grant
 Role: Awarded grant to host Professor Nicholas Wald as a Visiting Professor to UNC Chapel Hill
 \$7500
 2008

Clinical Experience:

Duke University, Department of Family Medicine and Community Health, 2017-present
Provide outpatient clinical services (chronic and acute care) and procedure clinic (vasectomy) as well as postpartum and newborn inpatient rounds

University of North Carolina at Chapel Hill, Department of Family Medicine, 2006-2017
Provided outpatient clinical services, procedure clinics (ETT, vasectomy), inpatient care (and hospital call), maternity & newborn care (2008-2009); preceptor for resident clinic (2006-2011) and student-run health clinic

University of North Carolina at Chapel Hill, Department of Family Medicine, 2004-2006
During fellowship, provided rural emergency room care at Chatham Hospital (Siler City, NC) as well as weekend services at UNC Urgent Care; staffed Family Medicine exercise treadmill testing clinic and vasectomy clinic and provided weekly clinic precepting to residents

Family Physician (Faculty), Family Medicine Residency, Naval Hospital Jacksonville, 2001-2004
Provided and taught full scope family medicine, including procedures (ETT, flex sig, skin, colposcopy, vasectomy), inpatient care, maternal-child care (including obstetrics & newborn nursery), and home visit care; taught or maintained NRP, PALS, ACLS, ATLS, and ALSO

Family Physician, Naval Hospital Guam, 1999-2001
Provided full scope family medicine, including procedures (ETT, flex sig, skin, colposcopy, vasectomy), inpatient and maternal-child care (including obstetrics & newborn nursery), as well as emergency medical evacuation care and home visits

Participation in Academic and Administrative Activities of Duke University and Medical Center:

Search Committee for School of Medicine Associate Dean for Curricular Affairs, April – 2020

Search Committee for Duke University Dean of Students, March – June 2020

Chair of Dermatology Chair Search Committee, 2019

Five year review of Dean of Duke School of Nursing, 2019

Medical Center Executive Committee, October 2017- present

Executive Committee of the Medical Staff, October 2017 – present

Private Diagnostic Clinical Board of Managers, October 2017 – present

Curriculum Reform Initiative, Committee for Innovation in Clinical Education.
Duke University School of Medicine. 2018.

Personal Information:

Faculty member's preferred familiar name: Anthony Viera

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