

## Curriculum Vitae

**CARMINA G. VALLE, PHD, MPH**

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Department of Nutrition  
Gillings School of Global Public Health  
University of North Carolina at Chapel Hill  
2004 Michael Hooker Research Center  
Campus Box #7461  
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### EDUCATION

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- 2012-2015 **Postdoctoral Fellowship, Cancer Health Disparities Training Program**  
University of North Carolina at Chapel Hill, Chapel Hill, NC  
Concentration: *Weight research, Digital health interventions*
- 2007-2012 **PhD, Nutrition**  
**Certificate in Interdisciplinary Health Communication**  
University of North Carolina at Chapel Hill, Chapel Hill, NC  
Dissertation title: *Examining the Use of Online Social Networking to Improve Physical Activity Behaviors among Young Adult Cancer Survivors*
- 2000-2002 **MPH, Epidemiology and Biostatistics**  
Drexel University School of Public Health, Philadelphia, PA  
Thesis title: *Evaluation of a Nutrition Counseling Program in Philadelphia Department of Public Health Family Health Centers*
- 1993-1997 **BS, Biology**  
Yale University, New Haven, CT

### PROFESSIONAL EXPERIENCE

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- 2024-present **Associate Professor (with Tenure)**, Department of Nutrition, UNC Gillings School of Global Public Health and School of Medicine, University of North Carolina at Chapel Hill
- 2024-present **Cluster Leader, Community and Behavioral Intervention Science**, Department of Nutrition, UNC Gillings School of Global Public Health and School of Medicine, University of North Carolina at Chapel Hill
- 2023-present **Associate Director**, Connected Health Applications and Interventions (CHAI) Core, funded by Nutrition Obesity Research Center (P30 DK056350) and UNC Lineberger Cancer Center Core Grant (P30 CA016086)

- 2017-2024 **Assistant Professor (Tenure-track)**, Department of Nutrition, UNC Gillings School of Global Public Health and School of Medicine, University of North Carolina at Chapel Hill
- 2016-present **Member**, Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill
- 2015-2017 **Assistant Professor (Research-track)**, Department of Health Behavior, UNC Gillings School of Global Public Health, University of North Carolina at Chapel Hill
- 2012-2015 **Postdoctoral Research Associate**, Weight Research Program, UNC Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill
- 2012-2014 **Postdoctoral Trainee**, Cancer Health Disparities Training Program, Departments of Nutrition and Health Behavior, University of North Carolina at Chapel Hill (T32 CA128582)
- 2009-2011 **Predoctoral Fellow**, Cancer Control Education Program, UNC Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill (R25 CA057726)
- 2008-2012 **Graduate Research Assistant**, UNC Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill
- 2008-2009 **Predoctoral Fellow**, Ruth L. Kirchstein National Research Service Award, Department of Nutrition Training Grant, University of North Carolina at Chapel Hill (T32 DK007686)
- 2008 **Consultant**, Office of Cancer Survivorship, National Cancer Institute, National Institutes of Health, Bethesda, MD
- 2005-2007 **Program Analyst**, Office of Cancer Survivorship, National Cancer Institute, National Institutes of Health, Bethesda, MD
- 2004-2005 **Program Analyst**, Analytic Epidemiology Research Branch, National Cancer Institute, National Institutes of Health, Bethesda, MD
- 2002-2004 **Presidential Management Fellow**, National Cancer Institute, National Institutes of Health, Bethesda, MD
- Office of Cancer Survivorship
  - Lance Armstrong Foundation, Austin, TX
  - Center to Reduce Cancer Health Disparities
  - Office of the NCI Director
  - President's Cancer Panel
  - Office of the Director, Division of Cancer Control and Population Sciences
- 2001-2002 **Intern**, Division of Early Childhood, Youth and Women's Health, Philadelphia Department of Public Health, Philadelphia, PA
- 2001 **Health Policy Fellow**, Roundtable on Environmental Health Sciences, Research and Medicine, Board on Health Sciences Policy, Institute of Medicine, Washington, DC
- 2000-2002 **Graduate Research Assistant**, Drexel University School of Public Health, Philadelphia, PA

- 1999-2000 **Science Teacher**, Upper School, Friends' Central School, Wynnewood, PA
- 1997-1999 **Research Assistant**, Molecular and Cellular Neuroscience Laboratory of Nobel Laureate Paul Greengard, The Rockefeller University, New York, NY
- 1996-1997 **Research Assistant**, Department of Obstetrics and Gynecology, School of Medicine, Yale University, New Haven, CT

## HONORS AND AWARDS

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### Academic

- 2023 Citation Abstract Award, 44<sup>th</sup> Annual Meeting and Scientific Sessions, Society of Behavioral Medicine
- 2019-2020 Fellow, National Cancer Institute (NCI)-funded Transdisciplinary Research on Energetics and Cancer (TREC) Training Workshop Fellowship (R25 CA203650; Competitively Selected)
- 2019 Trainee, National Institutes of Health (NIH)-funded Training on Optimization of Behavioral and Biobehavioral Interventions, The Methodology Center, Penn State University (P50 DA039838; Competitively Selected)
- 2018 Top Peer Reviewer for 2017, *Preventing Chronic Disease*, Centers for Disease Control and Prevention
- 2017 Citation Abstract Award, 38<sup>th</sup> Annual Meeting and Scientific Sessions, Society of Behavioral Medicine
- 2014 First Place Population Sciences Poster, Ninth Annual UNC Lineberger Comprehensive Cancer Center Scientific Retreat, University of North Carolina at Chapel Hill
- 2014 New Investigators Workshop Participant, American Society of Preventive Oncology (Competitively Selected)
- 2013 Outstanding Dissertation Award, Society of Behavioral Medicine (Competitively Selected)
- 2012 Finalist, Cancer Prevention Fellowship, National Cancer Institute, NIH (Competitively Selected)
- 2012 Travel Scholarship to Annual Conference, Critical Mass Young Adult Cancer Alliance
- 2012 Second Place Poster, 37<sup>th</sup> Annual UNC Lineberger Comprehensive Cancer Center Postdoc-Faculty Research Day, University of North Carolina at Chapel Hill
- 2012 Marci Kramish Campbell Dissertation Award Supporting Research Excellence in Cancer and the Population Sciences, University of North Carolina at Chapel Hill (Competitively Selected)
- 2012 A. Hughes Bryan Outstanding Doctoral Award, Department of Nutrition, University of North Carolina at Chapel Hill
- 2012 First Place Social Sciences Poster, Eighth Annual University Research Day, University of North Carolina at Chapel Hill
- 2011 Distinguished Student Award for Excellence in Research, Society of Behavioral Medicine
- 2011 Second Place Social Sciences Poster, Seventh Annual University Research Day, University of North Carolina at Chapel Hill
- 2007-2012 Caroline and Thomas Royster, Jr. Multi-Year Fellowship, The Graduate School, University of North Carolina at Chapel Hill
- 2005 Minority Training Program in Cancer Control Research, University of California at Los Angeles (NCI-funded; Competitively Selected)
- 2002 Award for Academic Excellence, Drexel University School of Public Health

2002 Hygeia Public Health Honor Society, Drexel University School of Public Health  
 2001 Health Policy Fellowship Recipient, National Board for Women in Medicine  
 1996-1997 Captain, NCAA Division I Women's Lacrosse Team, Yale University

### Professional

2007 Performance Award, Office of Cancer Survivorship, NCI, NIH  
 2007 Special Act Award, Office of Cancer Survivorship, NCI, NIH  
 2006 On-the-Spot Award, Office of Cancer Survivorship, NCI, NIH  
 2006 Special Act Award, Office of Cancer Survivorship, NCI, NIH  
 2005 Special Act Award, Analytic Epidemiology Research Branch, NCI, NIH (3)  
 2004 Performance Award, Office of Workforce Development, NCI, NIH  
 2002 Finalist, Presidential Management Intern Program, U.S. Office of Personnel Management

### PROFESSIONAL SOCIETY MEMBERSHIPS

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2007-2014 American Public Health Association  
 2012-present American Society of Preventive Oncology (ASPO)  
 2012-present International Society for Behavioral Nutrition and Physical Activity (ISBNPA)  
 2013-present International Society for Research on Internet Interventions (ISRII)  
 2010-present Society of Behavioral Medicine (SBM)  
 2013-present The Obesity Society (TOS)  
 2022-present Adolescent & Young Adult Cancer Alliance

### PUBLICATIONS

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\* indicates mentored student or trainee when study was conducted

\*\*indicates senior author

+ indicates activity related to Diversity, Equity, and Inclusion and/or work conducted with underrepresented populations

### Book Chapters

1. Tate DF, Nezami BT, **Valle CG**. (2018). Remotely delivered interventions for obesity. In: Wadden, T. (ed): *Handbook of Obesity Treatment*. New York, NY: The Guilford Press. p. 466-479.
2. **Valle CG**, Tate DF. (2014). Technology-based Interventions to Promote Diet, Exercise and Weight Control. In: Marsch, Lord, Dallery, J. (eds): *Behavioral Healthcare and Technology: Using Science-Based Innovations to Transform Practice*. New York, NY: Oxford University Press. p. 113-138.

### Refereed Articles

#### Published or In Press

1. +Allotey D\*, Flax VL, Ipadeola A, Adeola O, Grimes K, Adair LS, **Valle CG**, Bentley ME, Bose S, Martin SL. Feasibility and acceptability of integrating a multicomponent breastfeeding promotion intervention into routine health services in private health facilities in Lagos State, Nigeria: A mixed methods process evaluation. *PLoS ONE* (In press).

2. **+Valle CG**, Diamond MA, Heiling HM, Deal AM, Hales DP, Nezami BT, Pinto BM, LaRose JG Rini CM, Tate DF. Examining sociodemographic and health-related characteristics as moderators of an mHealth intervention on physical activity outcomes in young adult cancer survivors. *J of Cancer Surviv* (2024) doi: 10.1007/s11764-024-01577-4.
3. Caru M, Wurz A, Brunet J, Barb ED, Adams SC, Roth ME, Winters-Stone K, Fidler-Benaoudia MM, Dandekar S, Ness KK, Culos-Reed SN, Schulte F, Rao P, Mizrahi D, Swartz MC, Smith M, **Valle CG**, Kadan-Lottick NS, Dieli-Conwright CM, Schmitz KH. Physical activity and physical fitness assessments in adolescents and young adults diagnosed with cancer: A scoping review. *Supp Care Cancer* (2023). 11;31(10):569-660. doi: 10.1007/s00520-023-08008-7.
4. **+Coffman EM\***, Smitherman AB, Willis EW, Tate DF, Ward DS, **Valle CG\*\***. Frailty and comorbidities among young adult cancer survivors in a mobile physical activity intervention trial. *J Cancer Surviv* (2023). (p. 1-12). doi: 10.1007/s11764-023-01448-4. Epub ahead of print. PMID: 37610479.
5. Hoover R\*, Xu J, Conklin JL, Nichols HB, Smitherman AB, **Valle CG**, Schwartz TA, Mayer DK, Hirschey R\*. Physical Activity Intervention Characteristics and Effects on Behavioral and Health-Related Outcomes Among Adolescents and Young Adults Living with and Beyond Cancer: A Systematic Review. *J Adolesc Young Adult Oncol* (2023). Sep 8 (p. 1- 25). doi.org/10.1089/jayao.2023.0047. Epub ahead of print. PMID: 37682344.
6. **+Pereira LM\***, Mallela JL, **Valle CG**, Salsman JM, Quinn GP. Influence of Making a Video Cancer Narrative in Adolescents and Young Adults on Factors Impacting Self-Efficacy. *Health New Media Res* (2023). 7(1):37-50. doi: https://doi.org/10.22720/hnmr.2023.00045
7. **+Valle CG**, Diamond MA, Heiling HM, Deal AM, Hales DP, Nezami BT, Pinto BM, LaRose JG Rini CM, Tate DF. Physical activity maintenance among young adult cancer survivors in an mHealth intervention: Twelve-month outcomes from the IMPACT randomized clinical trial. *Cancer Med* (2023). 12(15):16502-16516. doi: 10.1002/cam4.6238.
8. **+Lazard AJ**, Meernik C, Reffner Collins JKR, Vereen RN, Benedict C, **Valle CG**, Love B. Social Media Use for Cancer Support Among Young Adults with Cancer. *J Adolesc Young Adult Oncol* (2023). 12(5):674-684. doi: 10.1089/jayao.2023.0025. Epub 2023 May 31. PMID: 37257189.
9. **+Hirschey R\***, Xu J, Lea DF, Milner JL, Duggins P, Coleman K, Teal R, Carda-Auten J, Giannone K, Hilton A, Waheed M, Triglianios T, Wheeler SB, **Valle CG\*\***, Bryant AL. Barriers and facilitators to the engagement of physical activity among Black and African American cancer survivors during and after treatments. *Support Care Cancer*. (2023). 31(2):136-143. doi: 10.1007/s00520-023-07601-0. PMID: 36700992; PMCID: PMC9877498.
10. **+Camp LN\***, Coffman EM\*, Chinthapatla J\*, Boey KA, Lux L, Smitherman A, Manning M, Vizer L, Hanes E, **Valle CG\*\***. Active Treatment to Survivorship Care: A Mixed-Methods Study of Resource Needs and Preferences of Young Adult Cancer Survivors in Transition. *J Adolesc Young Adult Oncol*. (2023). 2(5):735-743. doi: 10.1089/jayao.2022.0095. Epub 2023 Jan 27. PMID: 36706031; PMCID: PMC10618808.
11. **+Valle CG**, Diamond MA, Heiling HM, Deal AM, Hales DP, Nezami BT, Pinto BM, Gokee LaRose J, Rini CM, Tate DF. Effect of an mHealth intervention on physical activity outcomes among young adult cancer survivors: The IMPACT randomized controlled trial. *Cancer*. (2023). 129(3):461-472. doi: 10.1002/cncr.34556. Epub 2022 Nov 29. PMID: 36444676.

12. Park EM, Deal AM, Heiling HM, Jung A, Yopp JM, Bowers S, Hanson LC, Song MK, **Valle CG**, Yi B, Cassidy AM, Won JH, Rosenstein DL. Families Addressing Cancer Together (FACT): feasibility and acceptability of a web-based psychosocial intervention for parents with cancer. *Supp Care Cancer*. (2022). 30(10):8301-8311. doi: 10.1007/s00520-022-07278-x. PMID: 35831719.
13. +Allotey D\*, Flax VL, Ipadeola A, Kwasu S, Adair LS, **Valle CG**, Bose S, Martin SL. Fathers' complementary feeding support strengthens the association between mothers' decision-making autonomy and optimal complementary feeding in Nigeria. *Current Developments in Nutrition*. (2022). 6(7):nzac098 (p. 1-11). doi: 10.1093/cdn/nzac098. PMID: 35854939.
14. **+Valle CG**, Camp LN\*, Diamond M, Nezami BT, LaRose JG, Pinto BM, Tate DF. Recruitment of young adult cancer survivors into a randomized trial of an mHealth physical activity intervention. *Trials*. (2022). 23(1):254-267. doi: 10.1186/s13063-022-06148-5. PMID: 35379294.
15. +Pranikoff S, Ayer Miller VL, Heiling H, Deal AM, **Valle CG**, Williams GR, Muss HB, Nichols HB, Smitherman AB. Frail young adult cancer survivors experience poor health-related quality of life. *Cancer*. (2022). 129(12):2375-2383. doi: 10.1002/cncr.34196. PMID: 35319782.
16. Nezami BT, Hurley A, Power JM, **Valle CG**, Tate DF. A pilot randomized trial of simplified versus standard calorie dietary self-monitoring in a mobile weight loss intervention. *Obesity (Silver Spring)*. (2022). 30(3):628-638. doi: 10.1002/oby.23377. PMID: 35146942.
17. +Allotey D\*, Flax V, Ipadeola A, Kwasu S, Bentley M, Worku B, Kalluru K, **Valle CG**, Bose S, Martin SL. Maternal and paternal involvement in complementary feeding in Kaduna State, Nigeria: The continuum of gender roles in urban and rural settings. *Matern Child Nutr*. (2022). 18(2):e13325 (p. 1-11). doi: 10.1111/mcn.13325. Epub 2022 Jan 25. PMID: 35080111.
18. Hirschev R\*, Nance J, Hoover R, Triglianos T, Coffman EM\*, Horrell LN\*, Walker JS, Bryant AL, **Valle CG\*\***. Physical Activity: A Systematic Review to Inform Nurse Recommendations During Treatment for Colorectal Cancer. *Clin J Oncol Nurs*. (2021). 25(6):697-705. doi: 10.1188/21.CJON.697-705. PMID: 34800098.
19. +Lazard AJ, Collins MKR, Hedrick A, Horrell LN\*, Varma T, **Valle CG**, Love B, Benedict C. Initiation and changes in use of social media for peer support among young adult cancer patients and survivors. *Psychooncology*. (2021). 30(11):1859-1865. doi: 10.1002/pon.5758. PMID: 34165848.
20. +Lazard AJ, Collins MKR, Hedrick A, Varma T, Love B, **Valle CG**, Brooks E, Benedict C. Using Social Media for Peer-to-Peer Cancer Support: Interviews with Young Adults with Cancer. *JMIR Cancer*. (2021). 7(3):e28234 (p. 1-13). doi: 10.2196/28234. PMID: 34473063.
21. Horrell LN\*, Hayes S, Herbert LB, MacTurk K, Lawhon L, **Valle CG**, Bhowmick A. Telemedicine Use and Health-related Concerns of Patients with Chronic Conditions During COVID-19: A Survey of Members of Online Health Communities. *J Med Internet Res*. (2021). 23(2):e23795 (p. 1-12). doi:10.2196/23795. PMID: 33539307.
22. **+Valle CG**, Pinto BM, LaRose JG, Diamond M, Horrell LN\*, Nezami BT, Hatley KE, Coffman EM\*, Polzien K, Hales DP, Deal AM, Rini CM, Rosenstein DL, Tate DF. Promoting physical activity in young adult cancer survivors using mHealth and adaptive tailored feedback strategies: Design of the Improving Physical Activity after Cancer Treatment (IMPACT) randomized

- controlled trial. *Contemp Clin Trials*. (2021). 103;106293 (p.1-14). doi: 10.1016/j.cct.2021.106293. PMID: 33515784.
23. Nezami BT\*, **Valle CG**, Nulty AK, Espeland M, Wing RR, Tate DF. Predictors and Outcomes of Lapses in Weighing and Physical Activity Tracking Among Young Adults During Weight Gain Prevention. *Obesity*. (2021) 29(4):698-705. doi: 10.1002/oby.23123. PMID: 33759388.
  24. **Valle CG**, Nezami BT\*, Tate DF. Designing in-app messages to nudge behavior change: Lessons learned from a weight management app for young adults. *Organizational Behavior and Human Decision Processes*. (2020). 161S:95-101. doi:10.1016/j.obhdp.2020.10.004.
  25. Wasser HM, **Valle CG**, Tate DF. Optimizing Behavioral Interventions for Obesity Using an Engineering-Inspired Approach. [peer-reviewed commentary] *Obesity*. (2020). 28(9):1574. doi: 10.1002/oby.22957. PMID: 32770623.
  26. +Power JM\*, Tate DF, **Valle CG\*\***. Experiences of African American breast cancer survivors using digital scales and activity trackers in a weight gain prevention intervention: a qualitative study. *JMIR Mhealth Uhealth*. (2020). 8(6):e16059 (p. 1-10). doi: 10.2196/16059. PMID: 32510461.
  27. Cuthbertson CC\*, Pearce EE, **Valle CG**, Evenson KR. Cardiac Rehabilitation Programs for Cancer Survivors: A Scoping Review. *Curr Epidemiol Rep*. (2020). 7(2):89-103. doi: 10.1007/s40471-020-00235-4. PMID: 32577336.
  28. Horrell LN\*, Lazard AJ, Bhowmick A, Hayes S, Mees S, **Valle CG\*\***. Attracting Users to Online Health Communities: Results of the LungCancer.net Facebook Advertisement Campaign. *J Med Internet Res* (2019). 21(11):e1442 (p. 1-11). doi: 10.2196/14421. PMID: 31682589.
  29. +**Valle CG**, Padilla N, Gellin M, Manning M, Reuland DS, Rios P, Lane G, Lewis V, Rosenstein DL. ¿Ahora qué?: Cultural Adaptation of a Cancer Survivorship Intervention for Latino/a Cancer Survivors. *Psychooncology* (2019). 28(9):1854-1861. doi: 10.1002/pon.5164. PMID: 31260139.
  30. +Martin CL\*, Tate DF, **Valle CG\*\***. Nonadherence to daily self-weighing and activity tracking is associated with weight fluctuations among African American breast cancer survivors. *PLoS ONE* (2018). 26;13(6):e0199751 (p. 1-11). PMID: 29944706.
  31. Close MA\*, Lytle LA, Viera AJ, Chen D-G, Linnan LA, **Valle CG**. Identifying and describing segments of office workers by activity patterns: Associations with demographic characteristics and objectively measured physical activity. *Int J Workplace Health Manag* (2018). 11(1):16-30. doi.org/10.1108/IJWHM-07-2017-0053.
  32. **Valle CG**, Queen TL, Martin BA, Ribisl KM, Mayer DK, Tate DF. Optimizing Tailored Communications for Health Risk Assessment: A Randomized Factorial Experiment of the Effects of Expectancy Priming, Autonomy Support, and Exemplification. *J Med Internet Res* (2018). 20(3): e63 (p.1-18). doi: 10.2196/jmir.7613. PMID: 29496652.
  33. +Tate DF, **Valle CG**, Crane MM, Nezami BT, Samuel-Hodge CD, Hatley KE, Diamond M, Polzien K. Randomized trial comparing group size of periodic in-person sessions in a remotely delivered weight loss intervention. *Int J Behav Nutr Phys Act* (2017).14(1):144 (p. 1-11). doi: 10.1186/s12966-017-0599-3. PMID: 29061153.

34. **+Valle CG**, Tate DF. Engagement of young adult cancer survivors within a Facebook-based physical activity intervention. *Transl Behav Med* (2017). 7(4):667-679. doi: 10.1007/s13142-017-0483-3. PMID: 28374211.
35. **+Valle CG**, Deal AM, Tate DF. Preventing weight gain in African American breast cancer survivors using smart scales and activity trackers: A randomized controlled pilot study. *J Cancer Surviv* (2017). 11(1):133-148. doi:10.1007/s11764-016-0571-2. PMID: 27631874.
36. Kulik N, **Valle CG**, Tate DF. Family and friend support for weight loss in adolescent females. *Child Obes* (2016). 12(1):45-51. doi: 10.1089/chi.2015.0044. PMID: 26584254.
37. **+Valle CG**, Tate DF, Mayer DK, Allicock M, Cai J. Exploring mediators of physical activity in young adult cancer survivors: Evidence from a randomized trial of a Facebook-based physical activity intervention. *J Adolesc Young Adult Oncol* (2015). 4(1):26-33. doi: 10.1089/jayao.2014.0034. PMID: 25852972.
38. Tate DF, Lyons EJ, **Valle CG**. High-tech tools for exercise motivation: use and role of technologies such as the internet, smartphone apps, social media, and video games. *Diabetes Spectr* (2015). 28(1):45-54. doi: 10.2337/diaspect.28.1.45. PMID: 25717278.
39. **Valle CG**, Tate DF, Mayer DK, Allicock M, Cai J, Campbell MK. Physical activity in young adults: a signal detection analysis of Health Information National Trends Survey (HINTS) 2007 data. *J Health Comm* (2015). 20(2):134-146. doi: 10.1080/10810730.2014.917745. PMID: 25375396.
40. **+Valle CG**, Tate DF, Mayer DK, Allicock M, Cai J. A randomized trial of a Facebook-based physical activity intervention for young adult cancer survivors. *J of Cancer Surviv* (2013). 7(3):355-368. doi: 10.1007/s11764-013-0279-5. PMID: 23532799.
41. +Allicock MA, Campbell MK, **Valle CG**, Carr C, Resnicow K, Gizlice Z. Evaluating the dissemination of Body & Soul, an evidence-based fruit and vegetable intake intervention: challenges for dissemination and implementation research. *J Nutr Educ Behav* (2012). 44(6):530-538. doi: 10.1016/j.jneb.2011.09.002. PMID: 22406012.
42. Ko LK, Allicock M, Campbell MK, **Valle CG**, Armstrong-Brown J, Carr C, Dundon M, Anthony A. An examination of sociodemographic, health psychological factors, and fruit and vegetable consumption among overweight and obese U.S. veterans. *Mil Med* (2011). 176(11):1281-1286. doi: 10.7205/milmed-d-11-00021. PMID: 22165657.
43. Campbell MK, Tessaro I, Gellin M, **Valle CG**, Golden S, Kaye L, Ganz PA, McCabe MS, Jacobs LA, Syrjala K, Anderson B, Jones AF, Miller K. Adult cancer survivorship care: experiences from the LIVESTRONG centers of excellence network. *J Cancer Surviv* (2011). 5(3):271-282. doi: 10.1007/s11764-011-0180-z. PMID: 21553353.
44. Allicock M, Ko LK, van der Sterren E, **Valle CG**, Campbell MK, Carr C. Pilot weight control intervention among US veterans to promote diets high in fruits and vegetables. *Prev Med* (2010). 51(3-4):279-281. doi: 10.1016/j.ypmed.2010.06.010. PMID: 20600260.
45. +Allicock M, Campbell MK, **Valle CG**, Barlow JN, Carr C, Meier A, Gizlice Z. Evaluating the implementation of peer counseling in a church-based dietary intervention for African Americans. *Patient Educ Couns* (2010). 81(1):37-42. doi: 10.1016/j.pec.2009.11.018. PMID: 20044231.



46. Tzeng JP, Mayer D, Richman AR, Lipkus I, Han PK, Reitel V, **Valle CG**, Carey LA, Brewer NT. Women's experiences with genomic testing for breast cancer recurrence risk. *Cancer* (2010). 116(8):1992-2000. doi: 10.1002/cncr.24990. PMID: 20213682.
47. Caporaso GL, Bibb JA, Snyder GL, **Valle C**, Rakhilin S, Fienberg AA, Hemmings HC, Nairn AC, Greengard P. Drugs of abuse modulate the phosphorylation of ARPP-21, a cyclic AMP-regulated phosphoprotein enriched in the basal ganglia. *Neuropharmacology* (2000). 39(9):1637-1644. doi: 10.1016/s0028-3908(99)00230-0. PMID: 10854908.
48. Snyder GL, Allen PB, Fienberg AA, **Valle CG**, Haganir RL, Nairn AC, Greengard P. Regulation of phosphorylation of the GluR1 AMPA receptor in the neostriatum by dopamine and psychostimulants in vivo. *J Neurosci* (2000). 20(12):4480-4488. doi: 10.1523/JNEUROSCI.20-12-04480.2000. PMID: 10844017.

### **Under Review or In Progress**

Hurley A\*, Nezami BT, **Valle CG**, Tate DF. Motivated information avoidance in an mHealth weight loss intervention: Associations between unmet behavioral goals and likelihood of viewing program messages". *Digital Health* (Under review, p. 1-19).

+Coffman EM\*, Choi SM, **Valle CG\*\***. Physical Activity and Dietary Interventions in Adolescent and Young Adult Cancer Survivors: A Systematic Review. *J Adolesc Young Adult Oncol* (In submission, waiting final approval from all authors p. 1-20).

Hurley A\*, O'Shea NG, Nezami BT, **Valle CG**, Tate DF. Fluctuations in mHealth program engagement following receipt of goal-discrepant feedback messages in a weight loss intervention *PLOS Digital Health* (In submission, waiting final approval from all authors, p. 1-25).

+‘Survivor Mentality’: The Meaning of Cancer Survivorship Identities among Black Cancer Survivors. Woodard N, Xu J, Bryant AL, Triglianios T, Hoover RL\*, Lea DF, Milner JL, Duggins P, Coleman K **Valle CG**, Wheeler SB, Carda-Auten J, Hirschey R.\* *J Cancer Surviv* (In submission, waiting final approval from all authors, p. 1-26).

+Barr AW\*, Wasser HM, Baggett C, Deal AM, Kushi LH, CR Chao, Nichols HB, **Valle CG\*\***. Behavioral Profile and Programming Needs of Female Adolescent and Young Cancer Survivors: Results from the Horizon Survey. *J Adolesc Young Adult Oncol* (In submission, waiting final approval from all authors p. 1-33).

+Hirschey R\*, Xu J, Woodard N, Duggins P, Lea DF, Milner JL, Coleman K, Bryant AL, Burse NR, Sanoff HK, Triglianios T, Wheeler SB, Leeman J, **Valle CG**. Community engaged approach to increase physical activity among Black individuals with colorectal cancer: Design of the Physical Activity Centers Empowerment (PACE) feasibility randomized controlled trial. *JMIR Protocol* (In submission, waiting final approval from all authors p. 1-36).

### **In Preparation**

**Valle CG**, Nezami BT\*, O'Shea N, Hatley KE, Tate DF. (In Preparation). A micro-randomized trial of just-in-time adaptive intervention messages nudging weight-related behaviors in young adults (p. 1-35).

+**Valle CG**, Coffman EM\*, Tooze JA, Diamond M, Polzien K, Salsman JM. (In Preparation). An mHealth physical activity intervention for survivors of adolescent and young adult cancer: results of the THRIVE randomized controlled trial. (p. 1-25).

+**Valle CG**, Willis EW, Nezami BT, Tate DF. (In Preparation). Changes in body weight among young adult cancer survivors during pandemic stay-at-home orders (p. 1-8).

+Camp LN\*, Lazard AJ, Tate DF, Diamond M, Coffman EM\*, Pinto BM, Nezami BT, Polzien K, Hatley KE, LaRose JG, Rosenstein DL, **Valle CG\*\***. (In Preparation). Testing recruitment strategies to attract young adult cancer survivors to a digital health physical activity intervention (p. 1-15).

+ Hurley A, Tate DF, **Valle CG\*\***. Content analysis of young adult cancer survivor peer conversations within a closed mHealth intervention social media group over 6 months. (p. 1-25).

+Choi SM\*, Nezami BT, Diamond MA, Tate DF, **Valle CG\*\***. (In Preparation). Associations of weight with psychosocial factors and health-related quality of life among young adult cancer survivors. (p. 1-20).

### Published Technical Report

+Shaeffer J, **Valle C.** (2006). Resources. In: Bleyer A, O'Leary M, Barr R, Ries LAG. (eds): *Cancer Epidemiology in Older Adolescents and Young Adults 15 to 29 Years of Age, Including SEER Incidence and Survival: 1975-2000*. National Cancer Institute, NIH Pub. No. 06-5767, Bethesda, MD, 191-197. [https://seer.cancer.gov/archive/publications/aya/aya\\_mono\\_complete.pdf](https://seer.cancer.gov/archive/publications/aya/aya_mono_complete.pdf)

### Refereed Published Abstracts

1. +Woodard N, Xu J, Lea D, Milner J, Duggins P, Coleman K, Bryant AL, **Valle CG**, Wheeler S, Carda-Auten J, Triglianios T, Hirschey R.\* (April 2024). 'Survivor mentality': The meaning of survivorship among Black cancer survivors. *Cancer Res* (2024) 84 (6\_Supplement): 3408. 2024 American Association for Cancer Research Annual Meeting, San Diego, CA.
2. Hurley L, **Valle CG**, Nezami BT, Tate DF. (March 2024). Depression symptoms negatively influence mHealth engagement following receipt of goal-discrepant feedback messages. *Ann Behav Med*, 2023, 58 (Suppl 1): S63. Poster presentation, Society of Behavioral Medicine, 45th Annual Meeting & Scientific Sessions, Philadelphia, PA.
3. +Woodard N, Coleman K, Milner J, Duggins P, Lea D, Krogfus L, Xu J, Bryant AL, Wheeler S, Sanoff H, Triglianios T, Battaglini C, Zou B, **Valle CG**, Hirschey R\*. (March 2024). Developing a video library to support physical activity among Black colorectal cancer survivors: A community engaged approach. *Ann Behav Med*, 2024, 58(Suppl 1): S163. Poster presentation, Society of Behavioral Medicine, 45th Annual Meeting & Scientific Sessions, Philadelphia, PA.
4. Hurley L, **Valle CG**, Nezami BT, Tate DF. (March 2024). Motivated information avoidance: Number of unmet goals inversely related to likelihood of reading any message sent. *Ann Behav Med*, 2023, 58(Suppl 1): S175. Poster presentation, Society of Behavioral Medicine, 45th Annual Meeting & Scientific Sessions, Philadelphia, PA.

5. +Smith JG\*, Lanoye A, Rybarczyk B, Keeley J, **Valle CG\*\***. (March 2024). *Ann Behav Med*, 2024, 58(Suppl 1): S324. Poster presentation, Society of Behavioral Medicine, 45th Annual Meeting & Scientific Sessions, Philadelphia, PA, USA.
6. **+Valle CG**, Tooze JA, Diamond M, Coffman EM\*, Polzien K, Salsman JM. (April 2023). An mHealth physical activity intervention for survivors of adolescent and young adult cancer: Results of the THRIVE pilot randomized controlled trial. *Ann Behav Med*, 2023, 57(Suppl 1): S385. Oral presentation, Society of Behavioral Medicine, 44th Annual Meeting & Scientific Sessions, Phoenix, AZ. Citation Award Winner.
7. +Xu J, Lea DF, Milner JL, Duggins P, **Valle CG**, Triglianos T, Wheeler S, Bryant AL, Hirschey R\*. (April 2023). Facilitators and Barriers to Physical Activity among Black and African American Cancer Survivors. *Ann Behav Med*, 2023, 57(Suppl 1): S458. Poster presentation, Society of Behavioral Medicine, 44th Annual Meeting & Scientific Sessions, Phoenix, AZ.
8. Jung A, Deal AM, Yopp JM, Rosenstein DL, Pak YP, Won H, Cassidy A, Swift C, Walker WC, **Valle CG**, Hanson LC, Song M-K, Park EM. (March 2023). Individualized communication guidance for parents with cancer: A pilot randomized controlled trial. *Psycho-Oncol*, 32 (S1): 81. Poster presentation, 2023 20<sup>th</sup> Annual American Psychosocial Oncology Society Conference.
9. +Allotey D\*, Flax VL, Ipadeola A, Kwasu S, Adair LS, **Valle CG**, Bose S, Martin SL. (June 2022). Fathers' Complementary Feeding Support Moderates the Association Between Mothers' Autonomous Household Decision-Making and Optimal Complementary Feeding. *Current Developments in Nutrition*. 6(Suppl1): 545. Poster presentation, NUTRITION 2022 LIVE ONLINE, American Society of Nutrition Meeting, Virtual Event.
10. +Allotey D\*, Flax VL, Ipadeola A, Kwasu S, Adeola O, Adair LS, **Valle CG**, Bentley M, Grimes K, Bose S, Martin SL. (June 2022). Integrating a targeted breastfeeding promotion intervention into routine health services in private health facilities in Lagos State, Nigeria is feasible. *Current Developments in Nutrition*. 6(Suppl1): 546. Oral presentation, NUTRITION 2022 LIVE ONLINE, American Society of Nutrition Meeting, Virtual Event. Emerging Leaders in Nutrition Science Abstract Recognition Award.
11. **+Valle CG**, Diamond M, Pinto BM, LaRose JG, Nezami BT, Hales DP, Deal AM, Heiling H, Rini CM, Rosenstein DL, Tate DF. (March 2022). IMPACT: A Randomized Controlled Trial of an mHealth Physical Activity Intervention for Young Adult Cancer Survivors. *Cancer Epidemiol Biomarkers Prev*. 31(7):1509. doi.org/10.1158/1055-9965.EPI-22-0471. Oral presentation, American Society of Preventive Oncology, 46th Annual Meeting & Scientific Sessions, Tucson, AZ.
12. +Choi SM\*, Nezami BT, Diamond MA, Tate DF, **Valle CG\*\***. (April 2022). Associations of weight with psychosocial factors and health-related quality of life among young adult cancer survivors. *Ann Behav Med*. 56(Suppl 1):S120. Poster presentation, Society of Behavioral Medicine, 43rd Annual Meeting & Scientific Sessions, Baltimore, MD.
13. +Coffman EM\*, **Valle CG\*\***. (April 2022). Physical Activity and Dietary Interventions in Adolescent and Young Adult Cancer Survivors: A Systematic Review. *Ann Behav Med*. 56(Suppl 1): S514. Poster presentation, Society of Behavioral Medicine, 43rd Annual Meeting & Scientific Sessions, Baltimore, MD.

14. +Hirschev R\*, Getachew B, Lea D, Coleman K, Milner J, Bryant AL, Triglianos T, **Valle CG\*\***. (April 2022). African American Cancer Survivor Engagement to Develop a Theory Guided Physical Activity Intervention. *Ann Behav Med.* 56(Suppl 1):S108. Poster presentation, Society of Behavioral Medicine, 43rd Annual Meeting & Scientific Sessions, Baltimore, MD.
15. Lanoye A\*, **Valle CG**, Sheppard V, LaRose JG. (April 2021). Self-Reported Exercise, Psychological Symptoms, and Cancer-Related Cognitive Impairment Among Breast Cancer Survivors. *Ann Behav Med.* 55(Suppl 1). Research Spotlight presentation, Society of Behavioral Medicine, 2021 Annual Meeting & Scientific Sessions.
16. **Valle CG**. (March 2021). Using mHealth technology to promote weight management and physical activity among cancer survivors. *Psycho-Oncol.* 30(Suppl.1):19-20. Invited presentation, 2021 Annual American Psychosocial Oncology Society Virtual Conference.
17. Yi S, Bowers S, Obt B, Daniel B, **Valle CG**, Horrell LN\*, Reblin M, Park E. (March 2021). Cancer Conversations: Understanding Parents' Decisions to Share Cancer Diagnosis With Children. *Psycho-Oncol.* 30(Suppl.1):59. Poster presentation, 2021 Annual American Psychosocial Oncology Society Virtual Conference.
18. +Lazard A, Collins M, Hedrick A, Horrell LN\*, Varma T, **Valle CG**, Love B, Benedict C. (March 2021). Initiation and Changes in Use of Social Media for Peer Support Among Young Adults With Cancer. *Psycho-Oncol.* 30(Suppl.1):60-61. 2021 Annual American Psychosocial Oncology Society Virtual Conference.
19. Lanoye A\*, Sheppard VB, **Valle CG**, LaRose JG. Provider Communication Regarding Cancer-Related Cognitive Impairment: Perceptions Among Breast Cancer Survivors. (March 2021). *Psycho-Oncol.* 30(Suppl.1):86. 2021 Annual American Psychosocial Oncology Society Virtual Conference.
20. +Lazard A, Collins M, Hedrick A, Varma T, Love B, **Valle CG**, Brooks E, Benedict C. (March 2021). Using Social Media for Support Among Young Adults With Cancer. *Psycho-Oncol.* 30(Suppl.1):86-87. 2021 Annual American Psychosocial Oncology Society Virtual Conference.
21. Cuthbertson CC\*, Pearce EE, **Valle CG**, Evenson KR. (June 2020). Cardiac Rehabilitation Programs for Cancer Survivors: a Scoping Review. *Med Sci Sport Exercise.* 52(7S):33. Poster presentation, American College of Sports Medicine 2020 Annual Meeting, San Francisco, CA.
22. +**Valle CG**, Horrell LN\*, Diamond MA, Coffman EM\*, Pinto BM, Nezami BT\*, Polzien K, Hatley KE, Tate DF. (April 2020). Social media recruitment of young adult cancer survivors into a randomized trial of an mHealth physical activity intervention. *Ann Behav Med.* 54(Suppl 1):S497. Oral presentation, Society of Behavioral Medicine, 41<sup>st</sup> Annual Meeting & Scientific Sessions, San Francisco, CA.
23. **Valle CG**, Nezami BT\*, Hatley KE, Power JM\*, Tate DF. (April 2020). A micro-randomized trial of just-in-time adaptive intervention messages nudging weight-related behaviors in young adults. *Ann Behav Med.* 54(Suppl 1):S747. Poster presentation, Society of Behavioral Medicine, 41<sup>st</sup> Annual Meeting & Scientific Sessions, San Francisco, CA.

24. Nezami BT\*, **Valle CG**, Power JM\*, Hatley KE, Tate DF. (April 2020). Adherence to simplified dietary “red food” monitoring among young adults using a mobile-based behavioral weight loss app. *Ann Behav Med.* 54(Suppl 1):S781. Poster presentation, Society of Behavioral Medicine, 41<sup>st</sup> Annual Meeting & Scientific Sessions, San Francisco, CA.
25. +Horrell LN\*, Lazard AJ, Tate DF, Pinto BM, Diamond M, Coffman EM\*, Nezami BT\*, Polzien K, Hatley KE, **Valle CG\*\***. (April 2020). Strategies to recruit young adult cancer survivors to digital behavioral health interventions: What messages and channels Work. *Ann Behav Med.* 54(Suppl 1):S695. Poster presentation, Society of Behavioral Medicine, 41<sup>st</sup> Annual Meeting & Scientific Sessions, San Francisco, CA.
26. +Coffman EM\*, Diamond M, Polzien K, Tooze J, Little-Greene D, Salsman JM, **Valle CG\*\***. (April 2020). Tracker Wear and Physical Activity Monitoring in an mHealth Intervention for Survivors of Adolescent and Young Adult Cancer. *Ann Behav Med.* 54(Suppl 1):S694. Poster presentation, Society of Behavioral Medicine, 41<sup>st</sup> Annual Meeting & Scientific Sessions, San Francisco, CA.
27. +Salsman JM, Tooze JA, Diamond M, Coffman EM\*, Polzien K, Little-Greene D, **Valle CG\*\***. (March 2020). A randomized pilot trial of an mHealth physical activity intervention for adolescent and young adult cancer survivors: Feasibility, acceptability, and psychological well-being outcomes. *Psycho-Oncol.* 29(Suppl.1):90-91. Oral presentation, 2020 American Psychosocial Oncology Society Annual Virtual Conference.
28. Horrell LN\*, Lazard AJ, Bhowmick A, Hayes S, Mees S, **Valle CG\*\***. (March 2019). Increasing Recruitment to Online Health Communities: Results of the LungCancer.net Facebook Advertisement Campaign. *Ann Behav Med.* 53(Suppl 1):S314. Poster presentation, Society of Behavioral Medicine, 40<sup>th</sup> Annual Meeting & Scientific Sessions, Washington, DC.
29. **Valle CG**, Mye S, Balian L, Tate DF. (April 2018). A Review to Identify the Use of Behavior Change Techniques in Technology-based Health Interventions for Physical Activity: Considerations for Building More Effective Interventions. *Ann Behav Med.* 52(Suppl 1):S296. Poster presentation, Society of Behavioral Medicine, 39<sup>th</sup> Annual Meeting & Scientific Sessions, New Orleans, LA.
30. Nezami BT\*, **Valle CG**, Power JM, Gottfreson NC, Tate DF. (April 2018). An ecological momentary study of predictors of daily weighing and physical activity tracking among young adults. *Ann Behav Med.* 52(Suppl 1):S87. Poster presentation, Society of Behavioral Medicine, 39<sup>th</sup> Annual Meeting & Scientific Sessions, New Orleans, LA.
31. +Power JM\*, Tate DF, **Valle CG\*\***. (April 2018). Experiences of daily self-weighing among African American breast cancer survivors in a weight gain prevention intervention. *Ann Behav Med.* 52(Suppl 1):S784. Poster presentation, Society of Behavioral Medicine, 39<sup>th</sup> Annual Meeting & Scientific Sessions, New Orleans, LA.
32. Close MA\*, Lytle LA, Viera AJ, Chen D-G, Linnan LA, **Valle CG**. (April 2018). Identifying and Describing Segments of Office Workers By Activity Patterns. *Ann Behav Med.* 52(Suppl 1):S808. Poster presentation, Society of Behavioral Medicine, 39<sup>th</sup> Annual Meeting & Scientific Sessions, New Orleans, LA.

33. +Manning M, **Valle CG**, Padilla N, Gellin M, Reuland D, Rosenstein D. (February 2018). Cultural and linguistic adaptation of a cancer survivorship intervention for Spanish-speaking Latino/a cancer survivors. *Psycho-Oncology*. 27:11-12. Oral presentation, 2018 American Psychosocial Oncology Society Annual Conference, Tucson, AZ.
34. **+Valle CG**, Martin CL\*, Tate DF. (March 2017). Nonadherence to daily weighing and activity tracking is associated with weight fluctuations among breast cancer survivors. *Ann Behav Med*. 51(Suppl 1):S442. Oral presentation, Society of Behavioral Medicine, 38th Annual Meeting & Scientific Sessions, San Diego, CA. Citation Award Winner.
35. Nezami BT\*, **Valle CG**, Tate DF. (March 2017). Predictors and outcomes of lapses in daily weighing and physical activity tracking among young adults during weight gain prevention. *Ann Behav Med*. 51(Suppl 1):S440. Oral presentation, Society of Behavioral Medicine, 38th Annual Meeting & Scientific Sessions, San Diego, CA.
36. +Diamond MA\*, **Valle CG**, Tate DF. (April 2016). Enrolling with others enhances participation rates in a community-based behavioral weight loss program. *Ann Behav Med*. 50(Suppl 1):S225. Oral presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC. Citation and Meritorious Award Winner.
37. Lerner H\*, **Valle CG**, Nezami BT, Tate DF. (April 2016). Dietary variety and self-monitoring in a behavioral weight loss study. *Ann Behav Med*. 50(Suppl 1):S255. Poster presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC. Meritorious Student Award Winner.
38. +Blackman LT\*, **Valle CG**, Tate DF. (April 2016). Differences in weight control eating behaviors among black and white women enrolled in a behavioral weight loss intervention. *Ann Behav Med*. 50(Suppl 1):S260. Poster presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC.
39. **+Valle CG**, Tate DF. (March 2016). Using social networking sites and objective monitoring devices to promote behavior change in cancer survivors. *Ann Behav Med*. 50(Suppl 1):S42. Oral symposium presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC.
40. Swartz M, Basen-Engquist K, **Valle CG**, Lyons E, Peterson SK, Ahern DK. (March 2016). Best practices and lessons learned: Using technologies in cancer prevention and cancer control interventions. *Ann Behav Med*. 50(Suppl 1):S41. Oral symposium presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC.
41. **+Valle CG**, Tate DF. (March 2016). Outcomes of a pilot randomized trial of weight gain prevention interventions for African American breast cancer survivors. *Ann Behav Med*. 50(Suppl 1):S115. Poster presentation, Society of Behavioral Medicine, 37th Annual Meeting & Scientific Sessions, Washington, DC.
42. **+Valle CG**, Crane MM, Tate DF. (April 2014). Adoption of self-monitoring behaviors in a community-based weight loss intervention varies by race. *Ann Behav Med*. 47(Suppl 1):S119. Poster presentation, Society of Behavioral Medicine 35th Annual Meeting & Scientific Sessions, Philadelphia, PA.

43. Allicock M, **Valle CG**, Thibodeaux H. (April 2014). Using Facebook for health promotion: a failure to connect. *Ann Behav Med.* 47(Suppl 1):S13. Poster presentation, Society of Behavioral Medicine 35th Annual Meeting & Scientific Sessions, Philadelphia, PA.
44. **+Valle CG**, Tate DF, Mayer DK, Allicock M, Cai J. (March 2013). Exploring mediators of physical activity in young adult cancer survivors: evidence from the Fostering Improvement through Networking and Exercising Together study. *Ann Behav Med.* 45(2 Suppl):S247. Oral presentation, Society of Behavioral Medicine 34th Annual Meeting & Scientific Sessions, San Francisco, CA.
45. **+Valle CG**, Tate DF. (March 2013). Reasons and strategies used to lose weight: A comparison of African-American and White participants recruited to a community-based weight loss intervention. *Ann Behav Med.* 45(2 Suppl):S215. Poster presentation, Society of Behavioral Medicine 34th Annual Meeting & Scientific Sessions, San Francisco, CA.
46. **Valle CG**, Campbell MK, Mayer DK, Cai J, Allicock M & Tate DF. (April 2011). Physical activity in young adults: a signal detection analysis of Health Information National Trends Survey 2007 data. *Ann Behav Med.* 40(1 Suppl):S34. Poster presentation, Society of Behavioral Medicine 32nd Annual Meeting & Scientific Sessions, Washington, DC.
47. **Valle CG**, Campbell MK, Sherwood E, Manning M & Gellin M. (April 2010). Information and support needs of adult cancer patients in North Carolina: implications for a comprehensive cancer center survivorship program. *Ann Behav Med.* 39(1 Suppl):S6. Poster presentation, Society of Behavioral Medicine 31st Annual Meeting & Scientific Sessions, Seattle, WA.

## REFEREED PRESENTATIONS AND ABSTRACTS

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\* indicates mentored student or trainee when study was conducted

\*\*indicates senior author

+ indicates activity related to Diversity, Equity and Inclusion and/or work conducted with underrepresented populations

1. Barr AW\*, Wasser HM, Deal AM, Kushi LH, Chao CR, Nichols HB, **Valle CG**. (March 2024). Behavioral Profile and Programming Needs of Female Adolescent and Young Cancer Survivors: Results from the Horizon Survey. Poster presentation, 2024 American Society of Preventive Oncology 44<sup>th</sup> Annual Meeting & Scientific Sessions, Chicago, IL.
2. **+Lanoye A**, Smith J, Nezami BT, LaRose JG, **Valle CG**. (March 2024). Subjective Cognitive Functioning Among Young Adult Cancer Survivors Enrolled in an mHealth Physical Activity Intervention. (Abstract accepted. Poster presentation, 2024 21<sup>st</sup> Annual American Psychosocial Oncology Society Conference, Albuquerque, NM.
3. **Valle CG**, Nezami BT, Wasser HM, Hatley KE, Diamond MA, Polzien K, Gottfredson NC, Tate DF. (August 2023). Using micro-randomized trials to optimize just-in-time-adaptive intervention messaging to promote daily adherence to weight-related behaviors in young adults. 2A (Symposium): The Why and How of Intervention Optimization: Examples of Projects using the Multiphase Optimization Strategy (MOST) 17th International Congress on Behavioral Medicine, Vancouver, Canada.

4. Wasser H, Nezami B, **Valle CG**, Tate D. (August 2023). Optimizing a just-in-time adaptive intervention for weight loss: rationale and design of the AGILE study. 2A (Symposium): The Why and How of Intervention Optimization: Examples of Projects using the Multiphase Optimization Strategy (MOST). 17<sup>th</sup> International Congress of Behavioral Medicine. Vancouver, Canada
5. +Smith JG\*, Lanoye A, Rybarczyk B, Keeley J, **Valle CG\*\***. (June 2023). Predictors of Fitbit engagement in an mHealth physical activity intervention among young adult cancer survivors: A secondary analysis of the IMPACT randomized controlled trial. Poster presentation, Society of Digital Mental Health, Second Annual Virtual Meeting.
6. +Smith JG\*, Lanoye A, Rybarczyk B, Keeley J, **Valle CG\*\***. (June 2023). Young Adult Cancer Survivors are Underrepresented in Analyses of Digital and Wearable Physical Activity Interventions. Poster presentation, Society of Digital Mental Health, Second Annual Virtual Meeting.
7. +**Valle CG**, Diamond MA, Heiling H, Deal AM, Hales DP, Nezami BT, Gokee LaRose J, Rini CM, Pinto BM, Tate DF. (June 2023). Physical activity maintenance among young adult cancer survivors in an mHealth intervention: Twelve-month outcomes from the IMPACT randomized controlled trial. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2023 Annual Conference, Uppsala, Sweden.
8. **Valle CG**, Nezami BT, Wasser HM, Hatley KE, Diamond MA, Polzien K, Gottfredson NC, Tate DF. (June 2023). Design of a micro-randomized trial to optimize just-in-time-adaptive intervention messaging to improve adherence to weight-related behaviors in young adults. Symposium presentation, International Society for Behavioral Nutrition and Physical Activity 2023 Annual Conference, Uppsala, Sweden.
9. +Hoover R\*, Xu J, Conklin J, Nichols H, Smitherman A, **Valle CG**, Schwartz T, Mayer DK, Hirschev R. (April 2023). Physical Activity Intervention Characteristics and Effects on Behavioral and Health-Related Outcomes among Adolescent and Young Adults Living with Cancer: A Systematic Review. E-poster presentation, Oncology Nursing Society 48th Annual Congress, San Antonio, United States.
10. +Coffman EM\*, Smitherman AB, Willis EW, Tate DF, Ward DS, **Valle CG\*\*** (March 2023). Frailty and comorbidities among young adult cancer survivors in a mobile physical activity intervention trial. Poster presentation, American Society of Preventive Oncology, 47th Annual Meeting & Scientific Sessions, San Diego, CA.
11. +Horrell LN\*, Lazard A, Diamond M, **Valle CG\*\***. (December 2018). Message Strategies and Channels to Recruit Young Adult Cancer Survivors to Research. Rapid fire oral presentation, 3<sup>rd</sup> Global Adolescent and Young Adult Cancer Congress. Sydney, Australia.
12. +**Valle CG**, Tate DF, Pinto BM, Hatley KE, Nezami BT\*, Diamond M, Polzien K. (June 2018). Development of an mHealth Intervention to Promote Physical Activity in Young Adult Cancer Survivors. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2018 Annual Conference, Hong Kong, China.
13. +**Valle CG**, Tate DF. (November 2016). Adoption and perceptions of daily self-weighing in weight gain prevention interventions for African American breast cancer survivors. Poster presentation, The Obesity Society Annual Meeting, New Orleans, LA.



14. **+Valle CG**, Tate DF. (June 2016). Self-monitoring with daily weighing and activity tracking to promote weight management in African American breast cancer survivors. Poster presentation, 8<sup>th</sup> Biennial Cancer Survivorship Research Conference, Washington, DC.
15. Balian L, Mye S, Tate DF, **Valle CG**, Cabell A. (April 2016). Considerations for building more effective technology-based health interventions from the smallest building blocks: behavior change techniques. Poster presentation, 2016 mHealth@Duke Conference, Durham, NC.
16. **+Valle CG**, Tate DF. (November 2015). Health-related information needs of young adult cancer survivors in a physical activity intervention study. Poster presentation, Annual Conference of Critical Mass: The Young Adult Cancer Alliance, Chicago, IL.
17. **+Valle CG**, Crane MM, Tate DF. (November 2015). A pilot randomized controlled trial of self-regulation interventions for weight gain prevention in African American breast cancer survivors. Poster presentation, The Obesity Society Annual Meeting, Los Angeles, CA.
18. **+Valle CG**, Bordogna RK\*, Blackman LT\*, Alick C\*, Tate DF. (June 2014). If you build it, will they come and communicate? Young adult cancer survivors' engagement in a Facebook-based physical activity intervention. Poster presentation, Seventh Biennial Cancer Survivorship Research Conference. Atlanta, GA.
19. **+Valle CG**, Tate DF. (May 2013). Online social networking by young adult cancer survivors: communication and engagement through Facebook in the Fostering Improvement through Networking and Exercising Together (FITNET) study. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2013 Annual Conference, Ghent, Belgium.
20. **+Valle CG**, Tate DF. (May 2013). Design and adherence to a Facebook-based physical activity intervention for young adult cancer survivors. Oral presentation, International Society for Research on Internet Interventions 2013 Meeting, Chicago, IL.
21. Cavallo D, **Valle CG**. (May 2013). Design considerations in the use of online social networks for physical activity promotion. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2013 Annual Conference, Ghent, Belgium.
22. +Tate DF, Crane MM, **Valle CG**, Erickson KE. (May 2013). Feasibility and weight loss using a combined technology and face-to-face intervention in a diverse community: Lose Now NC. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2013 Annual Conference, Ghent, Belgium.
23. +Crane MM, **Valle CG**, Erickson KE, Tate DF. (May 2013). Community based Internet and mobile weight loss intervention: Adherence and acceptability in Lose Now NC. Oral presentation, International Society for Research on Internet Interventions 2013 Meeting, Chicago, IL.
24. +Blackman L\*, Crane MM, **Valle CG**, Tate DF. (March 2013). An exploration of exercise beliefs and physical activity among obese women enrolling in a behavioral weight loss program. Poster presentation, Society of Behavioral Medicine 34th Annual Meeting & Scientific Sessions, San Francisco, CA.

25. **+Valle CG**, Campbell MK. (June 2012). Use of social networking sites among young adult cancer survivors: evidence from the Fostering Improvement Through Networking and Exercising Together (FITNET) study. Poster presentation, Sixth Biennial Cancer Survivorship Research Conference: Translating Science to Care, Arlington, VA.
26. **+Valle CG**, Campbell MK, Allicock M, Mayer DK, Tate DF, Cai J. (May 2012). Facebook-based physical activity intervention for young adult cancer survivors: The Fostering Improvement Through Networking and Exercising Together (FITNET) study. Oral presentation, International Society for Behavioral Nutrition and Physical Activity 2012 Annual Conference, Austin, TX.
27. **+Valle CG**, Campbell MK, Allicock M, Mayer DK, Cai J, Tate DF. (April 2012). Feasibility of a Facebook-based physical activity intervention for young adult cancer survivors: The Fostering Improvement Through Networking and Exercising Together study. Poster presentation, Society of Behavioral Medicine 33rd Annual Meeting & Scientific Sessions, New Orleans, LA.
28. **+Valle CG**, Campbell MK. (March 2012). Correlates of physical activity behaviors among young adult cancer survivors. Poster presentation, American Society of Prevention Oncology 36th Annual Meeting, Washington, DC.
29. **+Valle CG**, Campbell MK. (May 2011). Designing a theory-based physical activity intervention for young adult cancer survivors: the Fostering Improvement Through Networking and Exercising Together (FITNET) study. Poster presentation, Biennial George Washington Cancer Institute Cancer Survivorship Research Symposium. Washington, DC.
30. +Kaye L, **Valle C**, Campbell MK. (April 2011). Coping with cancer diagnosis and treatment: a qualitative comparison of African American and White cancer survivors in North Carolina. Poster presentation, Society of Behavioral Medicine 32nd Annual Meeting & Scientific Sessions, Washington, DC.
31. **Valle CG**, Campbell MK, Sherwood E, Manning M, Gellin M. (June 2010). Supportive care needs and survivorship programming preferences of North Carolina cancer survivors. Poster presentation, Fifth Biennial Cancer Survivorship Research Conference: Recovery and Beyond, Washington, DC.
32. **Valle CG**, Ko LK, Campbell MK. (November 2009). Colon cancer information sources utilized among colorectal cancer survivors and the general population: findings from the North Carolina Strategies to Improve Diet, Exercise, and Screening (NC STRIDES) study. Poster presentation, American Public Health Association 137th Annual Meeting, Philadelphia, PA.
33. +Shafer A, Hartmann M, Groves AK, **Valle CG**, Brostek E, Meier C, Cates J. (June 2009). Designing a social marketing campaign to promote HPV vaccine uptake in the rural South: mothers' feedback on theory-based messages. Oral presentation, National Conference on Health Communication, Marketing, and Media, Atlanta, GA.
34. Allicock M, Ko LK, Campbell MK, **Valle CG**, Armstrong-Brown J, Carr C, Dundon M, Anthony A. (June 2009). Correlates of fruits and vegetable consumption among US veterans. Poster presentation, Annual Conference of the International Society for Behavioral Nutrition and Physical Activity, Lisbon, Portugal.

35. Cates J, Shafer A, Diehl S, Gates H, Brostek E, Groves A, Hartmann M, Meier C, **Valle C.** (June 2009). Mothers and daughters: designing a campaign for HPV vaccine uptake. Oral presentation, 18th International Society for STD Research in conjunction with the British Association for Sexual Health and HIV, London, United Kingdom.
36. Rogers S, Dowling E, **Valle CG**, Mikhail IS, Seminara D. (November 2005). The trends and developments in consortia as tools for genetic epidemiology research. Poster presentation, American Association for Cancer Research Fourth Annual International Conference: Frontiers in Cancer Prevention Research, Baltimore, MD.
37. Bader J, Tesauro G, **Valle CG**, Costella K, Rowland J. (September 2004). Cancer survivorship and the internet. Oral presentation, European School of Oncology 2nd International Conference on Cancer on the Internet, New York, NY.
38. **Valle CG**, Spielberg LA, Matthews LS. (November 2002). Evaluation of a nutrition counseling program in Philadelphia Department of Public Health Family Health Centers. Oral presentation, American Public Health Association 130th Annual Meeting, Philadelphia, PA.

## INVITED PRESENTATIONS

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### International

1. **+Valle CG.** (May 2021). *Physical Activity Recommendations for Young People Following Cancer Diagnosis.* Physical Activity & the European Code Against Cancer. European Week Against Cancer European Cancer League Webinar, Association of European Cancer Leagues. <https://www.youtube.com/watch?v=6Yvewi73YUM>
2. **+Valle CG.** (December 2013). *Technology-based Interventions for Physical Activity and Weight Control in Cancer Survivors.* Health and Use of Time Group Seminar, School of Health Sciences, University of South Australia, Adelaide, Australia

### Regional / National

3. **Valle CG.** (October 2023). *Behavioral Interventions for Adolescent and Young Adult Cancer Survivors.* From Surviving to Thriving - Key Considerations for Weight Control Across Diverse Cancer Survivorship Populations. Symposium Presentation. The Obesity Society Annual Scientific Meeting, Dallas, TX.
4. **Valle CG.** (August 2022). *Optimizing Digital Interventions to Promote Physical Activity and Weight Management for Cancer Control.* Cancer Prevention and Control Seminar. Fox Chase Cancer Center, Temple Health, Philadelphia, PA.
5. **Valle CG.** (January 2022). *Healthy Living Beyond a Cancer Diagnosis.* 2022 Cervical Cancer Summit. Cervivor.
6. **Valle CG.** (January 2022). *Digital Interventions to Promote Physical Activity and Weight Management for Cancer Prevention and Control.* Preventive Medicine Grand Rounds. Rush University Medical Center, Department of Preventive Medicine. Chicago, IL.

7. **+Valle CG.** (June 2021). *Overview of eHealth/mHealth Approaches for Weight Management and Physical Activity Promotion in Cancer Survivors.* 2021 Interdisciplinary Nutrition Sciences Symposium, Department of Nutrition, University of North Carolina at Chapel Hill. Virtual Symposium.
8. **+Valle CG.** (April 2021). *Promoting Physical Activity among Adolescent and Young Adult Cancer Survivors.* 3rd North Carolina Adolescent and Young Adult Cancer Symposium. Research Triangle Park, NC. Virtual Symposium
9. **+Valle CG.** (March 2021). *Using mHealth Technology to Promote Weight Management and Physical Activity in Cancer Survivors.* American Psychosocial Oncology Society Annual Virtual Conference.
10. **+Valle CG.** (August 2020). *Digital Health Interventions to Promote Physical Activity among Young Adult Cancer Survivors.* Cancer Control and Survivorship Speaker Series, Robert H. Lurie Comprehensive Cancer Center, Northwestern University, Chicago, IL. (Virtual presentation due to COVID-19).
11. **Valle CG.** (March 2020). *Using Technology to Promote Physical Activity among Adolescent and Young Adult Cancer Survivors.* Pediatrics Grand Rounds, Division of Pediatrics, The University of Texas MD Anderson Cancer Center, Houston, TX. (Postponed due to COVID-19).
12. **Valle CG.** (May 2019). Co-Chair and Presenter. *Digital Interventions for Weight Management and Physical Activity Promotion in Cancer Survivors.* eHealth/mHealth Approaches to Weight Management and Physical Activity Promotion. Pre-Conference Workshop. 2019 AICR Research Conference on Diet, Obesity, Physical Activity and Cancer: Beyond the Blueprint, Chapel Hill, NC.
13. **Valle CG.** (March 2019). *Digital Health Interventions to Promote Physical Activity and Weight Management among Cancer Survivors.* 43<sup>rd</sup> Annual American Society of Preventive Oncology Conference, Tampa, FL.
14. **Valle CG, Pinto BM.** (March 2019). Session Co-Chairs. *Health Behavior Interventions in Patients Surviving Cancer.* (2019, March). 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
15. **Valle CG.** (February 2019). *Accelerating Research on Digital Behavior Change Interventions for Cancer Control.* Cancer Prevention & Control Program Seminar, Wake Forest University School of Medicine, Comprehensive Cancer Center, Winston-Salem, NC.
16. **Valle CG.** (June 2017). *Enhancing Benefits of Exercise for the Survivor Using Emerging Technology.* Enhancing Survivorship for Women with Gynecologic Cancer. Education Session. 2017 American Society of Clinical Oncology Annual Meeting, Chicago, IL.
17. **Valle CG, Burke LE.** (March 2017). Session Co-Chairs. *Understanding Lapses and Impulse Management in Diet and Obesity.* 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
18. **Valle CG.** (April 2015). *Peer Support in a Facebook-based Physical Activity Intervention for Young Adult Cancer Survivors.* High Tech/ Soft Touch: Integrating eHealth into Peer Support. Peers for Progress Meeting, Chapel Hill, NC.

19. **Valle CG.** (June 2014). Discussant. *The State of Cancer Care for Underserved Cancer Survivors: A Call to Action*. Seventh Biennial Cancer Survivorship Research Conference, Atlanta, GA.
20. **Valle CG.** (March 2014). *The Use of Smart Scales for Weight Gain Prevention in African American Breast Cancer Survivors*. New Investigators Workshop, American Society of Preventive Oncology 38th Annual Meeting, Arlington, VA.
21. **Valle CG,** Loria C. (November 2013). Session Co-Chairs. *Using Technology in Behavioral Intervention Trials Targeting Young Adults: The Early Adult Reduction of weight through Lifestyle intervention (EARLY) Trials*. The Obesity Society Annual Scientific Meeting, Atlanta, GA.
22. **Valle CG.** (September 2004). *Mapping Survivorship Mandates*. Office of Cancer Survivorship Annual Planning and Training Session, NCI, NIH, Bethesda, MD.
23. **Valle CG.** (April 2004). *State Profiles: Planning for Public Health Progress*. Lance Armstrong Foundation, Austin, TX.

#### **University of North Carolina at Chapel Hill**

24. **Valle CG.** (April 2023). *Optimizing Just-in-time Adaptive Interventions (JITAs) with Micro-randomized Trials (MRTs)*. Leveraging digital health tools to advance tailored messaging. UNC Cancer Prevention and Control Program Retreat. University of North Carolina at Chapel Hill.
25. **Valle CG.** (October 2022). *Developing and evaluating JITAI messaging to improve adherence to multiple weight loss behaviors in young adults*. UNC Clinical Informatics Fellowship Program Seminar. University of North Carolina at Chapel Hill.
26. **Valle CG.** (May 2022). *A micro-randomized trial of JITAI messaging to improve adherence to multiple weight loss behaviors in young adults*. Physical Activity and Sedentary Behavior Research Group Monthly Seminar. University of North Carolina at Chapel Hill.
27. **Valle CG.** (October 2021). *Digital Health Interventions to Promote Weight Management and Physical Activity Among Cancer Survivors*. Virtual Webinar. UNC Sports Medicine Institute, University of North Carolina at Chapel Hill.
28. **Valle CG.** (June 2021). *Digital Health Interventions to Promote Physical Activity and Weight Management among Cancer Survivors*. UNC TREND Seminar. UNC Program on Translational Research in Endometrial Cancer Disparities. UNC School of Medicine, Chapel Hill, NC.
29. **Valle CG.** (October 2020). *Research and Reflections on Prioritizing Adolescents and Young Adults with Cancer*. Adolescent and Young Adult Oncology Research Working Group, UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC.
30. **Valle CG.** (January 2019). *Development and Pilot Evaluation of an mHealth Intervention to Promote Physical Activity in Young Adult Cancer Survivors*. Office of Research Support & Consultation and T32 Seminar. UNC School of Nursing, Chapel Hill, NC.

31. **Valle CG.** (December 2018). *Royster Society Fellows Past*. Royster Society of Fellows Celebration. UNC Graduate School, Chapel Hill, NC.
32. **Valle CG.** (October 2017). *Preventing Weight Gain in Cancer Survivors Using Smart Scales and Activity Trackers*. 2017 UNC Lineberger Comprehensive Cancer Center Annual Retreat, Chapel Hill, NC.
33. **Valle CG.** (October 2016). *Transferable Skills and Careers Transitions*. Royster Society of Fellows 20<sup>th</sup> Anniversary Interdisciplinary Seminar. UNC Graduate School, Chapel Hill, NC.
34. **Valle CG.** (April 2016). *Promoting Weight Management in African Breast Cancer Survivors using Smart Scales and Activity Trackers*. Increasing the Reach and Impact of Self-Management Interventions for Cancer Survivors Using Technology-Based Interventions. The Office of Research Support & Consultation. UNC School of Nursing, Chapel Hill, NC.
35. **Valle CG.** (December 2014). *Recruiting Cancer Survivors: Strategies and Experiences from Two Behavioral Intervention Trials*. UNC Lineberger Cancer Prevention and Control Quarterly Meeting, Chapel Hill, NC.
36. **Valle CG.** (October 2014). *Using Facebook to Promote Physical Activity in Young Adult Cancer Survivors*. Workshop on Building More Effective eInterventions Through Functional Design. UNC Communication for Health Applications & Interventions Core and UNC Lineberger Cancer Prevention and Control, Chapel Hill, NC.
37. **Valle CG.** (March 2014). *Technology-based Interventions for Physical Activity and Weight Control in Cancer Survivors*. UNC Lineberger Cancer Prevention and Control Quarterly Meeting, Chapel Hill, NC.

## TEACHING ACTIVITIES

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### Course Lead Instructor

- Fall 2025: NUTR 885: Doctoral Seminar (2 credits), 10 students anticipated.
- Fall 2025 NUTR 722: Thesis Seminar (1 credits), 11-20 students anticipated.
- Summer 2024 NUTR 470: Foundations of Nutrition Interventions (3 credits), 13 students.
- Spring 2023 NUTR 770: Clinical Trials in Nutrition (3 credits), 7 students.
- Spring 2023 NUTR 470: Foundations of Nutrition Interventions (3 credits), 20 students.
- Spring 2022 NUTR 770: Clinical Trials in Nutrition (3 credits), 29 students.
- Spring 2022 NUTR 470: Foundations of Nutrition Interventions (3 credits), 10 students.
- Spring 2021 NUTR 770: Clinical Trials in Nutrition (3 credits, 30 classes), 20 students.
- Spring 2020 NUTR 696-002: Special Topics: Nutrition and Health Behavior (3 credits), 14 students.
- Spring 2019 NUTR 696-079: Special Topics: Nutrition and Health Behavior (3 credits), 11 students.

**Guest Lectures**

- Fall 2023 NUTR 723: Community Nutrition (Martin), 45 students. *Digital Health Interventions for Promoting Health among Young Adult Cancer Survivors.*
- Fall 2023 HBEH/NUTR 811: Development and Evaluation of Health Promotion and Disease Prevention Interventions (Morocco), 12 students. *Behavior Change Techniques.*
- Fall 2023 HBEH 765 Nutrition (Gilkey), 20 students. *Digital Interventions Approaches for Promoting Physical Activity among Young Adult Cancer Survivors.*
- Fall 2022 SBHD 639: Intervention Development and Implementation, Virginia Commonwealth University School of Medicine (LaRose), 9 students. *Using technology to deliver evidence-based behavioral interventions.*
- Fall 2022 HBEH 749: mHealth for Behavior Change (Tate), 24 students. *Using Social Media in mHealth Interventions for Young Adult Cancer Survivors.*
- Fall 2022 NUTR 723: Public Health Nutrition Management (Martin), 39 students. *Digital Interventions for Weight Management and Physical Activity Promotion in Cancer Survivors.*
- Fall 2022 SPHG 101: Exploring Public Health Fields (Polston), 93 students. *Accelerating Research on Digital Behavior Change Interventions for Cancer Prevention and Control.*
- Fall 2022 MHCH 859: Theoretical Perspectives on Maternal and Child Health (Tumlinson), 10 students. *Incorporating Social Cognitive Theory into Physical Activity Interventions for Young Adult Cancer Survivors.*
- Fall 2021 SBHD 639: Intervention Development and Implementation, Virginia Commonwealth University School of Medicine (LaRose), 10 students. *Using technology to deliver evidence-based behavioral interventions.*
- Fall 2021 HBEH 749: mHealth for Behavior Change (Tate), 18 students. *Using Social Media in mHealth Interventions for Young Adult Cancer Survivors.*
- Fall 2021 NUTR 723: Public Health Nutrition Management (Martin), 34 students. *Digital Interventions for Weight Management and Physical Activity Promotion in Cancer Survivors.*
- Fall 2021 SPHG 101: Exploring Public Health Fields (Bocchino), 100 students. *Accelerating Research on Technology-based Behavioral Interventions for Cancer Control.*
- Fall 2021 MHCH 859: Theoretical Perspectives on Maternal and Child Health (Tumlinson), 8 students. *Incorporating Social Cognitive Theory into Physical Activity Interventions for Young Adult Cancer Survivors.*
- Fall 2020 NUTR 723: Public Health Nutrition Management (Martin), 49 students. *Digital Interventions for Weight Management and Physical Activity Promotion in Cancer Survivors.*

- Fall 2020 HBEH 749: mHealth for Behavior Change (Tate), 18 students. *Using Social Media in mHealth Interventions for Young Adult Cancer Survivors.*
- Spring 2020 NUTR 812: Introduction to Obesity: From Cell to Society (Voruganti / Shearer), 15 students. *Digital Weight Management Interventions for Cancer Survivors.*
- Spring 2020 EPID 771: Cancer Epidemiology: Survivorship and Outcomes (Nichols), 26 students. *Technology-delivered Behavioral Interventions for Cancer Survivors.*
- Spring 2020 NUTR 723 (Online MPH): Public Health Nutrition Management (Martin). *Digital Interventions for Weight Management and Physical Activity Promotion in Cancer Survivors.*
- Fall 2019 SPHG 101: Exploring Public Health Fields (Bocchino), 106 students. *Accelerating Research on Technology-based Behavioral Interventions for Cancer Control.*
- Fall 2019 NUTR 723: Public Health Nutrition Management (Martin), 28 students. *Digital Interventions for Weight Management and Physical Activity Promotion in Cancer Survivors.*
- Fall 2019 HPM/HBEH 765, EPID 772: Cancer Prevention and Control Seminar (Gilkey), 20 students. *Weight Control Interventions for Cancer Prevention and Control*
- Spring 2019 T32 Cancer Pre-and Postdoctoral Training Programs, Professional Development Series. (Eng), 37 fellows. *Tips for Preparing a Job Talk and Interview*
- Fall 2018 EPID 771: Cancer Epidemiology: Survivorship and Outcomes (Nichols), 17 students. *Technology-delivered Behavioral Interventions for Cancer Survivors.*
- Spring 2018 HBEH 892: Special Topics: mHealth for Behavior Change (Tate), 20 students. *Social Media and mHealth for Cancer Survivors.*
- Spring 2018 NUTR 812: Introduction to Obesity: From Cell to Society (Voruganti / Poti), 12 students. *Individual-level Behavior Change Interventions for Nutrition, Physical activity, and Weight Control.*
- Spring 2018 HPM/HBEH 765, EPID 772: Cancer Prevention and Control Seminar (Gilkey), 20 students. *Weight Control Interventions for Cancer Prevention and Control.*
- Fall 2017 T32 Cancer Pre-and Postdoctoral Training Programs, Professional Development Series (Eng), 25 fellows. *Successful Interviews and Job Talks.*
- Fall 2017 HBEH 826/MEJO 826: Interdisciplinary Health Communication Colloquium (Cates), 12 students. *Technology-based Behavioral Interventions for Cancer Control.*
- Spring 2017 *Preparing and Delivering Job Talks.* Cancer Health Disparities Training Program. UNC Gillings School of Global Public Health, 6 fellows.
- Spring 2016 HBEH 892: Special Topics: mHealth for Behavior Change (Tate), 20 students. *Innovative Intervention Approaches Using Wearables and Sensors.*



- Spring 2013, 2014 NUTR 802: Introduction to Advanced Nutrition Research (Ward, Tate), 6-15 students. *Mediation Analyses.*
- Spring 2013, 2014 HBEH 715/PUBH 715: Communication for Health-Related Decision Making (Golin), 15 32 students. *Behavioral and Social Cognitive Theories Applicable to Health-Related Decision Making.*
- Spring 2010-2013 NUTR 715: Dietary Change Interventions (Campbell, Allicock, Faith) 35-40 students. *Intervention Mapping.*

### Other Teaching Activities at UNC

- 2023 **Grader**, SPHG 992: MPH Integrated Learning Experience, Department of Nutrition, UNC Gillings School of Global Public Health
- 2020-present **Faculty Preceptor**, Global Cardiometabolic Disease Training Program (T32HL129969), Department of Nutrition, UNC Gillings School of Global Public Health
- 2019-present **Faculty Preceptor**, Nutrition Training Grant (T32 DK007686), Department of Nutrition, UNC Gillings School of Global Public Health
- 2018-present **Faculty Preceptor**, Cancer Control Education Program (T32CA057726), UNC Lineberger Comprehensive Cancer Center
- 2018-present **Faculty Preceptor**, Cancer Health Disparities Training Program (T32CA128582), Department of Health Behavior, UNC Gillings School of Global Public Health
- Fall 2016 **Teaching Faculty**, Evidence-Based Weight Management Counseling: Improving Patient Outcomes and Integrating Technology into Your Practice (16 trainees), Department of Nutrition
- Spring 2009 **Graduate Teaching Assistant**, NUTR 715: Dietary Change Interventions (Campbell), 35 students. Department of Nutrition

### Other Teaching Experience and Assistantships

- 2020-present **Peer Mentor**, Transdisciplinary Research on Energetics and Cancer (TREC) Training Fellowship (R25 CA203650)
- Fall 2001 **Graduate Teaching Assistant**, Epidemiology and Biostatistics (25 students), Drexel University School of Public Health, Philadelphia, PA.
- 1999-2000 **Science Teacher and Lacrosse Coach**, Upper School (15-20 students per 4 classes), Friends' Central School, Wynnwood, PA

**Student Advising and Mentoring****Primary Mentor / Chair of PhD Dissertation Committee**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department</b>	<b>Topic / Title</b>
Susanna Choi	2021-present, PhD Candidate	NUTR	<i>Using positive psychology interventions to promote weight management and well-being in adolescent and young adult cancer survivors</i>
Erin Coffman	2018-present, PhD Candidate	NUTR	<i>A pilot randomized factorial trial to promote physical activity and healthy eating among young adult cancer survivors</i>

**Member of PhD Dissertation Committee**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department</b>	<b>Topic / Title</b>
Ximena Perez-Velazco	2022-present	NUTR	<i>Increasing the use of SNAP benefits among college students to combat food insecurity</i>
Becky Hoover	2021-present	NURS	<i>Cardiovascular risk factors, CVD and physical activity adherence in AYA cancer survivors</i>
Alexander Hurley	2021-2023, graduated 2023	HBEH	<i>Understanding the influence of depressive symptoms and its precursors on engagement in digital behavior change interventions</i>
Diana Allotey	2020-2022, graduated 2022	NUTR	<i>Breastfeeding and complementary feeding practices in the Alive and Thrive Program</i>
Michael Close	2016-2018, graduated 2018	HBEH	<i>Identifying and Describing Typologies of Office Workers by Activity Patterns: Associations with Demographic Characteristics, Levels of Physical Activity, and Body Mass Index</i>

**Member of PhD Advisory Committee of Three**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department</b>	<b>Topic / Title</b>
Celeste Kurz	2022-present	NUTR	<i>Cultural adaptation techniques applied in behavioral nutrition interventions</i>
Angela Clontz	2022-present	NUTR	<i>Early detection biomarkers for better prognoses in pancreatic cancer patients</i>

Natashia Rogers	2020	NUTR	<i>Application of mindfulness practices to address obesity-related eating behaviors</i>
Caitlin Martinez	2019-2021	NUTR	<i>Digital weight management interventions for young adults</i>
Alexander Hurley	2019-2020	HBEH	<i>Engagement in digital weight management interventions</i>

**Member of Specialization Doctoral Comprehensive Exam Committee**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department</b>	<b>Topic / Title</b>
Angela Clontz	2024	NUTR	<i>TBD</i>
Afroditi Papantoni	2021	NUTR	<i>Nutrition interventions, fMRI, and training in cognitive strategies</i>
Natashia Rogers	2021	NUTR	<i>Incorporating mindfulness into multicomponent weight management interventions</i>
Caitlin Martinez	2021	NUTR	<i>Primary care interventions for obesity</i>

**Primary Mentor for MS Student Honors Thesis**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department</b>	<b>Topic</b>
Juhitha Chinthapatla	2021-2022, graduated	NUTR	<i>Examining Young Adult Cancer Survivors' (YACS) Perceptions of A Facebook Group and Social Connectedness Within a Mobile Health Physical Activity Intervention: A Mixed Methods Study</i>

**Primary Advisor for MPH-RD Masters Paper**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department</b>	<b>Topic</b>
Hayley Gillam	2020-2021, graduated	NUTR	<i>A Narrative Review of Nutrition Interventions for Treatment-Related Obesity in Pediatric Acute Lymphoblastic Leukemia Patients</i>
Susanna Choi	2019-2021, graduated	NUTR	<i>Associations of Weight with Psychosocial Factors and Health-Related Quality of Life among Young Adult Cancer Survivors</i>

Ana Krista Linares	2018, graduated	NUTR	<i>Nutrition Interventions and Self-Management in Patients with Comorbid Diabetes and Cancer: A Narrative Review</i>
Jessica Wallis	2018, graduated	NUTR	<i>The Ketogenic Diet for Cancer Patients: A Narrative Review</i>

### **Faculty Mentor for MPH and MS Students**

2023-present	<b>Madison Pryor</b> , Nutrition
2023-present	<b>Joanna Houston</b> , Nutrition
2023-present	<b>Jessica Riguro</b> , Nutrition
2023-present	<b>Daniel Raymond Okren</b> , Nutrition
2023-present	<b>Ashlyn Adams</b> , Nutrition
2023-present	<b>Nina Samuta</b> , Nutrition
2023-present	<b>Samantha Johnson</b> , Nutrition
2023-present	<b>Morgan Drake</b> , Nutrition
2023-present	<b>Kevin Yu</b> , Nutrition
2023-present	<b>Sydney Shnider</b> , Nutrition
2023-present	<b>Mallory Tripp</b> , Nutrition MPH@UNC
2022-present	<b>WenXin Tang</b> , Nutrition
2022-present	<b>Allegra Tucker</b> , Nutrition
2022-present	<b>Ashka Shah</b> , Nutrition
2021-2022	<b>Juhitha Chinthapatla</b> , MS, Nutrition, graduated 2022
2018-2020	<b>Ashley N. White</b> , Nutrition, graduated 2020
2016-2017	<b>Cherese Beatty</b> , Health Behavior, graduated 2018
2016-2017	<b>Shelby Rimmier</b> , Health Behavior, graduated 2018

### **Advisor for Masters Capstone Team**

2016-2017	Community Partner: El Pueblo, Inc. Students: Bailey Herrington, Casey Leo, Barbara Muffoletto, Cathlene Webster Title: <i>Strengthening and Evaluating a Reproductive Justice Program with Latinx Adults in Wake County, NC</i>
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### **Preceptor for MPH Practicum**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department / Degree</b>	<b>Practicum Topic</b>
Serena Sevigny	2024-present	NUTR, MPH	<i>Return of results related to frailty assessment among adolescent and young adult cancer survivors</i>
Julia Moraitis	2024-present	NUTR, MPH	<i>Social media posts to motivate peer support and lifestyle behavior changes among adolescent and young adult cancer survivors</i>

**Primary Mentor for BSPH Student Honors Thesis**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department / Degree</b>	<b>Thesis Topic</b>
Chiragji Odedra	2020-2022, graduated	NUTR, BSPH Honors	<i>The Impact of COVID-19 on Physical Activity Habits of Young Adult Cancer Survivors</i>
Esraa Omar	2020-2022, graduated	NUTR, BSPH Honors	<i>Frequent Self-Weighing and Weighing Perceptions among Young Adult Cancer Survivors</i>
Juhitha Chinthapatla	2019-2021, graduated. ORISE Fellow, CDC	NUTR, BSPH Honors	<i>Exploration of Facebook Engagement by Young Adult Cancer Survivors within the IMPACT Randomized Controlled Trial</i>
Miriam Chisholm	2018-2020, graduated, Medical Student, Duke University	NUTR, BSPH Honors	<i>Motivations among Adolescent and Young Adult Cancer Survivors for Enrolling in a Physical Activity Intervention Study</i>

**Reader for BSPH Student Honors Thesis**

<b>Student Name</b>	<b>Years Advised / Current Status</b>	<b>Department / Degree</b>	<b>Thesis Topic</b>
Lily Jones	2018, graduated	NUTR, BSPH Honors	<i>Dietary Restraint and Hedonic Drivers of Sugar Sweetened Beverage Consumption</i>
Mary Shen	2012-2013, graduated	NUTR, BSPH Honors	<i>Exploring the Relationship Between Perceived Stress and Weight Loss in a Community- Based Behavioral Intervention</i>

**Primary Mentor for BSPH Student Research**

2024-present	<b>Zuhaa Asrar</b> , SPH Honors, Nutrition, anticipated graduation 2025
2023-present	<b>Nathan Adams</b> , BSPH Honors, Nutrition, anticipated graduation 2025
2021-2022	<b>Joshua Causey</b> , BSPH, Nutrition, graduated 2023
2020-2022	<b>Chiragji Odedra</b> , BSPH Honors, Nutrition, graduated 2022
2020-2022	<b>Esraa Omar</b> , BSPH Honors, Nutrition, graduated 2022
2019-2021	<b>Juhitha Chinthapatla</b> , BSPH Honors, Nutrition, graduated 2021
2018-2020	<b>Miriam Chisholm</b> , BSPH Honors, Nutrition, graduated 2020
2017-2019	<b>Kayla Warechowski</b> , BSPH Nutrition, graduated 2019

**Mentor or Advisor for Postdoctoral Trainees**

<b>Name</b>	<b>Years Advised / Role</b>	<b>Position</b>	<b>Topic</b>	<b>Current Position</b>
Lex Hurley, PhD	2023-present	Postdoctoral Fellow, UNC Cancer Health Disparities Training Program	<i>Young adult cancer survivor peer conversations within social media groups</i>	Postdoctoral Fellow, UNC Cancer Health Disparities Training Program
Melissa Lopez-Pentecost, PhD, MS, RDN	2023-present, Peer Mentor, TREC Fellowship	Postdoctoral Fellow, Sylvester Comprehensive Cancer Center, University of Miami	<i>Development of symptom management and lifestyle interventions for pancreatic cancer patients.</i>	Postdoctoral Fellow, Sylvester Comprehensive Cancer Center, University of Miami
Alexis Woods Barr, PhD, MPH	2022-present	Postdoctoral Fellow, UNC Cancer Health Disparities Training Program	<i>Factors that influence infant feeding and breast cancer prevention communication among African American families</i>	Postdoctoral Fellow, UNC Cancer Health Disparities Training Program
Natalia Heredia, PhD, MPH	2020-2021, Peer Mentor, TREC Fellowship	Postdoctoral Fellow, University of Texas MD Anderson Cancer Center	<i>Adapting and pilot testing a culturally-appropriate behavioral lifestyle intervention for Hispanic NAFLD patients</i>	Assistant Professor, University of Texas School of Public Health
Autumn Lanoye, PhD	2020-2021, Secondary Mentor on K99/R00 Proposal	Postdoctoral Fellow, Massey Cancer Center, Virginia Commonwealth University	<i>A Novel Mind/Body Intervention Targeting Cancer-Related Cognitive Impairment among Breast Cancer Survivors</i>	Research Scientist, Virginia Commonwealth University
Elizabeth J. Siembida, PhD, MPH	2019-2021, Secondary Mentor on K22 Proposal	Cancer Prevention Fellow, National Cancer Institute	<i>Patient-Reported Outcomes Among Posttreatment Adolescent and Young Adult Cancer Survivors</i>	Assistant Professor, Northwell Health
Lila Pereira, PhD	2018-2019, Advisor	Postdoctoral Pediatric Psychology Fellow, New York Medical College	<i>Narrative Videos among Adolescent and Young Adult Cancer Patients and Survivors</i>	Assistant Professor, New York Medical College

Lindsey N. Camp (née Horrell)	2018-2020, Primary Mentor	Postdoctoral Fellow, UNC Cancer Health Disparities Training Program	<i>Transition from Treatment to Survivorship among Adolescent and Young Adult Cancer Survivors</i>	Assistant Professor, School of Nursing, Boston College
Brooke T. Nezami, PhD, MS	2016-2019, Primary Mentor	Postdoctoral Fellow, UNC Gillings Innovation Lab	<i>Precision Public Health: Enhancing Connections to Develop Just-in-Time Adaptive Intervention Strategies</i>	Assistant Professor, Department of Nutrition, UNC
Chantel L. Martin, PhD, MSPH	2015-2017, Advisor	Postdoctoral Fellow, UNC Cancer Health Disparities Training Program	<i>Adherence to daily self-weighing and activity tracking among African American breast cancer survivors in a weight gain prevention intervention</i>	Assistant Professor, Department of Epidemiology, UNC

### **Mentor or Advisor for Faculty**

<b>Name</b>	<b>Years Advised / Role</b>	<b>Current Position</b>	<b>Topic</b>
Elizabeth Gleeson, PhD, MPH	2024-present	Assistant Professor, School of Medicine, UNC	<i>Exploring weight-related behaviors and the potential for preoperative lifestyle interventions in cancer patients with MASLD</i>
Amber Kleckner, PhD	2022-2023, Peer Mentor, TREC Fellowship	Assistant Professor, University of Maryland School of Nursing	<i>Effects of time-restricted eating (TRE) on persistent cancer-related fatigue</i>
Spencer Rosario, PhD	2021-2022, Peer Mentor, TREC Fellowship	Assistant Professor, Roswell Park Comprehensive Cancer Center	<i>Assessing the Role of Metabolic Dysregulation in Ethnic Disparities in Pediatric Acute Lymphoblastic Leukemia</i>
Lila Pereira, PhD	2019-present, Advisor, Co-Mentor on K01 Proposal	Assistant Professor, New York Medical College	<i>Adolescent and Young Adult Cancer Video Narratives: How Digital Storytelling May Improve Patient Self-Management</i>
Rachel Hirschey, PhD	2018-present, K23 Co-Mentor	Assistant Professor, School of Nursing, UNC	<i>Physical activity intervention co-created and pilot tested with African American Colorectal Cancer Survivors</i>





- R01 HL161373 Valle CG (PI) 01/15/2022 – 12/31/2025  
 National Heart, Lung, and Blood Institute, NIH  
*A micro-randomized trial of JITAI messaging to improve adherence to multiple weight loss behaviors in young adults*  
 The goal of this project is to conduct a micro-randomized trial to systematically test the effects of behavior change techniques on achievement of daily behavioral goals to optimize message delivery in a comprehensive weight loss JITAI.  
 Role: **Principal Investigator**, \$2,802,872 total award.
- Innovation Award Valle CG (PI) 07/1/2021 – 06/30/2024  
 UNC Lineberger Comprehensive Cancer Center  
*A pilot randomized trial of a mobile weight loss intervention for adolescent and young adult cancer survivors*  
 The goal of this project is to determine the feasibility and acceptability of a mobile weight loss intervention for adolescent and young adult cancer survivors.  
 Role: **Principal Investigator**, \$175,000 total award.
- R01 DK125779 Tate DF (PI) 07/10/2020 – 06/30/2025  
 National Institute of Diabetes and Digestive and Kidney Diseases, NIH  
*Optimization of a mHealth Behavioral Weight Loss Intervention for Young Adults*  
 This project proposes the development of a just-in-time adaptive intervention (JITAI) that uses the Multiphase Optimization Strategy (MOST) to identify the most effective intervention components for weight loss in a mobile intervention for young adults with overweight or obesity.  
 Role: **Co-Investigator**, \$3,176,715 total award.
- P30 DK056350-23 9738 Tate (Subproject PI) 04/01/2021 – 03/31/2026  
 National Institute of Diabetes and Digestive and Kidney Diseases, NIH  
*Nutrition Obesity Research Center (NORC), CHAI Core: Interventions*  
 The Clinical and Community Human Assessment and Interventions (CHAI) Core is the primary resource at UNC for investigators to obtain services to support behavioral research in nutrition and obesity science.  
 Role: **Associate Director, CHAI Core: Interventions**, \$5,661,077 total award.
- P30 CA016086 Earp (PI) 12/01/2022 – 11/30/2025  
 National Cancer Institute, NIH  
*Cancer Center Support Grant, Communications for Health Applications and Interventions Core*  
 The Clinical and Community Human Assessment and Interventions (CHAI) Core provides service to the Center through its development of modern communication techniques for the range of implementation, clinical, prevention and control research.  
 Role: **Associate Director, CHAI Core: Interventions**, \$959,660 total request.
- K23 MD015719 Hirschey R (PI) 05/03/2021 – 01/31/2026  
 National Institute on Minority Health and Health Disparities, NIH  
*Physical activity intervention co-created and pilot tested with African American Colorectal Cancer Survivors*  
 The goal of this training award is to deliver a multicomponent, culturally-targeted, technology-delivered, scalable intervention to increase physical activity among African American colorectal cancer survivors.  
 Role: **Co-Mentor**, \$795,103 total award.

F31 CA275332-A1 Hoover R (PI); Nichols H (Sponsor) 05/15/2023 – 05/14/2025  
 National Cancer Institute, NIH  
*Incidence and Time to Onset of Cardiovascular Risk Factors and Cardiovascular Disease in Adult Survivors of Adolescent and Young Adult Cancer and Association with Exercise*  
 Role: **Co-Mentor**, \$89,799 total request.

### Pending

No number Francis R (PI, Biobuddy) 12/01/2024 – 11/30/2025  
 National Cancer Institute, NIH  
*SBIR: Validating use of a Gamified Digital Health Platform to Optimize Self-Management and Adherence to Survivorship Care Plans in AYA Cancer Survivors*  
 Role: **Subsite Principal Investigator**, \$82,151 total request.

No Number Allicock M (PI) 01/01/2025 – 12/31/2028  
 American Cancer Society  
*mHealth Strategy to Improve Physical Activity among non-Hispanic Black Cancer Survivors*  
 Role: **Subsite Principal Investigator**, \$373,000 total request.

### Completed

R21 CA260092 Nezami B (PI) 05/01/2021 – 04/30/2024 (NCE)  
 National Cancer Institute, NIH  
*Building a reinforcement learning tool for individually tailoring just-in-time adaptive interventions: Extending the reach of mHealth technology for improved weight loss outcomes*  
 The objective of this proposal is to develop a user-friendly, web-based application that reads in and analyzes user data in real-time, to efficiently conduct micro-randomized trials that maximize learning and create a highly tailored just-in-time adaptive intervention for weight loss.  
 Role: **Co-Investigator**, \$438,492 total award.

No number Park E (PI) 09/1/2020 – 08/31/2023  
 Foundation of Hope  
*A web-based intervention to improve mental health outcomes among newly diagnosed parents with cancer*  
 The goal of this project is to adapt and preliminarily test the feasibility and acceptability of a web-based intervention to reduce parental anxiety and facilitate their communication about illness with their children.  
 Role: **Co-Investigator**, \$39,997 total award.

R01 CA242849 Salsman J, Moskowitz J (MPIs) 07/5/2019 – 06/30/2023  
 National Cancer Institute, NIH  
*Using MOST to EMPOWER: Optimizing an emotion regulation intervention to enhance well-being among young adult cancer survivors*  
 The main objective is to optimize a multi-component intervention for young adult cancer survivors (EMPOWER) by using the Multiphase Optimization Strategy (MOST) to determine which intervention components are effective in reducing distress and promoting well-being.  
 Role: **Consultant**.

No Number Valle CG (PI) 06/1/2018 – 05/31/2022  
 UNC Lineberger Comprehensive Cancer Support Program  
*Transition from Treatment to Survivorship: Developing a Support and Education Program for Adolescent and Young Adult Cancer Survivors*

The goal of this pilot study is to develop a supportive care program for adolescent and young adult cancer survivors served by the UNC Lineberger Comprehensive Cancer Support Program.

Role: **Principal Investigator**, in kind support.

R01 CA204965 Valle CG (PI) 02/07/2017 – 01/31/2022 (NCE)  
 National Cancer Institute, NIH  
*Promoting Physical Activity in Young Adult Cancer Survivors Using mHealth and Adaptive Tailored Feedback Strategies*

The primary goal of this study is to determine the effects of a theory-based, mobile physical activity intervention with adaptive goal-setting and tailored feedback that is aimed at increasing physical activity among young adult cancer survivors.

Role: **Principal Investigator**, \$2,190,865 total award.

133694-PEP-19-154-01-PCSM Lazard A (PI) 01/01/2020 – 12/31/2021  
 American Cancer Society  
*Engaging Adolescents and Young Adults with Cancer via a Social Support App*

The objective of this study is to develop and evaluate the designs of a peer-to-peer social support app to increase engagement (seeking and sharing support) among young adults with cancer.

Role: **Co-Investigator**, \$144,000 total award.

No Number Clark LH (PI) 07/1/2017 – 06/30/2019  
 UNC Lineberger Comprehensive Cancer Center  
*MOtiVating Endometrial Cancer Survivors with Activity Trackers and Tailored Feedback*

The goal of this pilot study is to evaluate the ability of a tailored feedback physical activity intervention using an online health assessment tool and wearable activity trackers to increase physical activity in endometrial cancer survivors.

Role: **Co-Investigator**, \$50,000 total award.

No Number Tate DF, Valle CG (MPI) 04/15/2016 – 05/31/2019  
 UNC Gillings Innovation Laboratory  
*Precision Public Health: Enhancing Connections to Develop Just-in-Time Adaptive Intervention Strategies*

The goal of this laboratory is to develop the science and infrastructure at UNC to enable the construction and evaluation of innovative and scalable just-in-time adaptive interventions.

Role: **Co-Principal Investigator**, \$149,347 total award.

No Number Allicock M (PI) 04/1/2016 – 03/31/2019  
 The University of Texas Health Science Center at Houston, School of Public Health in Dallas  
*A Web-based Tailored Health Behavior Intervention for Breast and Colon Cancer Survivors*

The goal of this study is to determine the feasibility of using the internet to deliver tailored messages and videos focused on healthy diet and physical activity to breast and colon cancer survivors.

Role: **Co-Investigator**, no salary support.

No Number Valle CG, Salsman J (MPI) 01/1/2017 – 12/30/2018  
 NC Partner Pilot Grant / Wake Forest Comprehensive Cancer Center  
*mHealth Physical Activity Intervention for Survivors of Adolescent and Young Adult Cancers*  
 The goal of this pilot study is to examine the feasibility and acceptability of a 3-month mHealth intervention to promote physical activity among adolescent and young adult cancer survivors.  
 Role: **Subcontract Principal Investigator**, \$60,000 total award.

No Number Ellis K (PI) 01/1/2017 – 12/30/2018  
 UNC Lineberger Comprehensive Cancer Center Cancer Prevention and Control Program  
*Using Family Dyad-Based Behavioral Assessment & Feedback to Improve African American Cancer Survivorship*  
 The goal of this pilot study is to adapt the physical activity module of the online Carolina Health Assessment and Resource Tool (CHART) for cancer survivors/family member dyads.  
 Role: **Co-Investigator**, \$10,000 total award.

No Number Lazard A (PI) 07/1/2017 – 06/30/2018  
 Population Sciences Developmental Research Award  
 UNC Lineberger Comprehensive Cancer Center  
*Designing Effective Interactive Applications for Cancer Prevention Interventions*  
 The goals of this project are to develop and evaluate interactive application formats to provide guidance for how to effectively design online cancer interventions.  
 Role: **Consultant**, \$49,663 total award.

No Number Rosenstein D (PI) 10/1/2014 – 09/30/2016  
 Cancer Prevention and Control Intervention Research Pilot Award  
 UNC Lineberger Comprehensive Cancer Center  
*Adapting the Carolina Health Assessment and Resource Tool (CHART) for Spanish Speaking Latino Cancer Survivors*  
 Role: **Co-Investigator**, \$75,000 total award.

No Number Valle CG (PI) 10/1/2014 – 09/30/2016  
 Cancer Prevention and Control Intervention Research Pilot Award  
 UNC Lineberger Comprehensive Cancer Center  
*Optimizing Tailored Feedback for the Carolina Health Assessment and Resource Tool (CHART)*  
 Role: **Principal Investigator**, \$20,000 total award.

No Number Valle CG (PI) 07/1/2013 – 06/30/2015  
 Population Sciences Developmental Research Award  
 UNC Lineberger Comprehensive Cancer Center  
*The Use of Smart Scales for Weight Gain Prevention in African American Breast Cancer Survivors*  
 Role: **Principal Investigator**, \$31,000 total award.

T32 CA128582 Eng E (PI) 09/1/2012 – 08/31/2014  
 National Cancer Institute, NIH  
*Cancer Health Disparities Training Program*  
 Role: **Postdoctoral Fellow/Trainee**, \$240,065 total award.

R01 CA124400-05S2 Campbell M (PI) 06/01/2010 – 06/30/2013  
 National Cancer Institute, NIH  
*Disseminating and Implementing Evidence Based Computer Tailored Cancer Control Interventions-Supplement*  
 Role: **Graduate Research Assistant** (No salary support 8/16/2011-6/30/2013)

R25 CA057726 Earp J (PI) 08/01/2009 – 07/31/2011  
 National Cancer Institute, NIH  
*Cancer Control Education Program*  
 Role: **Predoctoral Fellow/Trainee**, \$896,804 total award.

Distinguished Student Award for Excellence in Research Valle CG (PI) 04/01/2011 – 12/31/2011  
 Society of Behavioral Medicine  
*Facebook-based Physical Activity for Young Adult Cancer Survivors*  
 Role: **Principal Investigator**, \$500 total award.

T32 DK007686 Stevens J (PI) 08/01/2008 – 07/31/2009  
 National Institute of Diabetes and Digestive and Kidney Diseases, NIH  
*UNC Nutrition Training Grant*  
 Role: **Predoctoral Fellow/Trainee**, \$140,060 total award.

## **UNIVERSITY SERVICE**

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### **Department of Nutrition**

#### **Current**

- 2023-present **Member**, Global Epidemiology Faculty Search Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2022-present **Member**, MPH/RD Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2022-present **Member**, Faculty Development Team, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2021-present **Abstract Reviewer**, Pilot & Feasibility Program, UNC Nutrition Obesity Research Center

#### **Completed**

- 2022-2023 **Member**, Biochemistry Faculty Search Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2022 **Member**, Nutrition Intervention Faculty Search Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2022 **Peer Reviewer**, Grant Advisory Panel, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2021-2023 **Member**, Internal Advisory Board, UNC Nutrition Obesity Research Center, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2020-2021 **+Chair**, Training Working Group, Diversity, Equity, and Inclusion Committee, Department of Nutrition, Gillings School of Global Public Health, UNC

- 2019-2021 **Member**, Doctoral Comprehensive Exam Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2019-2021 **Member**, Interdisciplinary Nutrition Sciences Symposium Planning Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2017-2021 **Member**, BSPH/MS Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2017-2021 **+Member**, Diversity, Equity, and Inclusion Committee, Department of Nutrition, Gillings School of Global Public Health, UNC  
2011-2012
- 2019-2020 **Member**, Departmental Strategic Planning Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2018-2020 **Member**, Departmental Retreat Planning Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2019 **Member**, Assistant Professor Search Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2018 **Member**, Teaching Assistant Professor Search Committee, Department of Nutrition, Gillings School of Global Public Health, UNC
- 2016-2017 **Member**, Doctoral Admissions Committee, Department of Health Behavior, Gillings School of Global Public Health, UNC

### Gillings School of Global Public Health

#### Current

- 2019-present **Ad Hoc Reviewer**, Study Section Panel, UNC Gillings School of Global Public Health (August 2019, July 2021, December 2022)
- 2018-present **Reviewer**, University Cancer Research Fund Student Award, Gillings School of Global Public Health, UNC (February 2018, March 2019, March 2020, March 2021, March 2022, March 2023, March 2024)

#### Completed

- 2007-2008 **Member**, Speakers Committee, Minority Health Conference, Gillings School of Global Public Health, UNC

### University of North Carolina at Chapel Hill

#### Current

- 2023-present **Member**, Royster Professor Search Committee, The Graduate School, UNC
- 2023-2026 **Member**, Faculty Athletics Committee, UNC

2021-present **Peer Reviewer**, Population Sciences Study Section, LCCC Developmental Award Applications, Lineberger Comprehensive Cancer Center, School of Medicine, UNC (December 2021, April 2022)

2018-present **Ad Hoc Reviewer**, Mock NIH Grant Review, Office of Research Support and Consultation, School of Nursing, UNC

2017-present **Member**, Royster Society of Fellows Faculty Board, The Graduate School, UNC

### **Completed**

2018-2022 **Poster Judge**, UNC Lineberger Comprehensive Cancer Center Annual Scientific Retreat & Poster Session, School of Medicine, UNC

2019 **Member**, Research Program Manager Search Committee, Lineberger Comprehensive Cancer Center, School of Medicine, UNC

2017-2018 **Member**, Royster Professor Search Committee, The Graduate School, UNC

2016-present **Reviewer**, Marci Kramish Campbell Dissertation Award, UNC Lineberger Comprehensive Cancer Center, UNC (May 2016, May 2017, May 2020)

2016-2018 **Member**, Advisory Board, Carolina Digital Health Research Initiative, UNC

2016-2018 **Member**, Royster Carolina Seminar Committee, The University in the 21<sup>st</sup> Century: Changes and Challenges, The Graduate School, UNC

2013 **Member**, Dean's Distinguished Dissertation Award Review Committee, The Graduate School, UNC

2011-2012 **Member**, Behavioral Intervention Scientist Search Committee, Cancer Prevention and Control, UNC Lineberger Comprehensive Cancer Center, UNC

2010-2017 **Representative**, UNC Lineberger Comprehensive Cancer Center, Critical Mass, (Formerly LIVESTRONG Young Adult Alliance)

## **NATIONAL AND INTERNATIONAL SERVICE**

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### **Professional Activities and Organizations**

#### **Current**

2023-2025 **Member**, American Association for Cancer Research (AACR) Cancer Epidemiology and Prevention Award Committee, American Association for Cancer Research

2017-present **Member**, Abstract Committee, American Society of Preventive Oncology Annual Meeting, American Society of Preventive Oncology

**Completed**

- 2023-2024 **Member**, Program Committee, 2024 Annual Meeting, American Society of Preventive Oncology
- 2020-2023 **Co-Chair**, Cancer Topic Area, Society of Behavioral Medicine Annual Meeting & Scientific Sessions, Society of Behavioral Medicine
- 2019-2023 **Chair**, Behavioral Science & Health Communication Special Interest Group (SIG), American Society of Preventive Oncology
- 2019-2022 **SIG Representative**, Executive Committee, American Society of Preventive Oncology
- 2022 **Speaker**, *Cancer. The Buzz in Behavioral Medicine*, Limited Series Podcast, Society of Behavioral Medicine. <https://www.sbm.org/publications/podcast>
- 2022 **Organizer and Moderator**, “*Addressing Misinformation about COVID and HPV Vaccination*,” Behavioral Science & Health Communication Special Interest Group Webinar, Jan 11, 2022, American Society of Preventive Oncology
- 2021 **Organizer and Moderator**, “*Survivorship 2.0: Provider and Patient Reflections on Cancer Care During the Pandemic*,” Joint Session of Behavioral Science & Health Communication Special Interest Group and Survivorship and Health Outcomes/Comparative Effectiveness Research Special Interest Group, April 1, 2021, 2021 American Society of Preventive Oncology Annual Meeting, Virtual Conference
- 2020 **Organizer and Moderator**, “*Adapting and Transitioning Behavioral Interventions to Remote Delivery during COVID-19*,” Behavioral Science & Health Communication Special Interest Group Webinar, Dec 15, 2020, American Society of Preventive Oncology
- 2019-2020 **Member**, Program Committee, 2020 Society of Behavioral Medicine 41<sup>st</sup> Annual Meeting & Scientific Sessions, Society of Behavioral Medicine
- 2019 **Organizer and Moderator**, “*Visual Design Strategies and Approaches for Effective Communication and Health Promotion*,” Behavioral Science & Health Communication Special Interest Group Webinar, Nov 22, 2019, American Society of Preventive Oncology
- 2018-2019 **Member**, Program Committee, 2019 Society of Behavioral Medicine 40<sup>th</sup> Annual Meeting & Scientific Sessions, Society of Behavioral Medicine
- 2018 **Poster Mentor**, 2018 American Society of Preventive Oncology Annual Meeting, American Society of Preventive Oncology
- 2017-2019 **Vice Chair**, Behavioral Science & Health Communication Special Interest Group, American Society of Preventive Oncology
- 2013-2015 **Member**, Membership Committee, American Society of Preventive Oncology
- 2011-2012 **Member**, BioEpiPsychosocial Subcommittee, Research Task Force, LIVESTRONG Young Adult Alliance



2010-2012	<b>Member</b> , Communications Subcommittee, Standards Task Force, LIVESTRONG Young Adult Alliance
2008-2009	<b>Member</b> , Programs Committee, The Ulman Cancer Fund for Young Adults
2007-2009	<b>Secretary and Executive Committee</b> , The Ulman Cancer Fund for Young Adults
2007	<b>Member</b> , Adolescent and Young Adult Oncology Progress Review Group Implementation Work Group, NCI, NIH
2006-2008	<b>Member</b> , Scholarship Committee, The Ulman Cancer Fund for Young Adults
2006-2007	<b>Member</b> , Strategic Planning Committee, The Ulman Cancer Fund for Young Adults
2006-2007	<b>Member</b> , Planning Committee, The Fifth Annual Cancer Survivorship Teleconference Series: Living With, Through and Beyond Cancer, CancerCare, Inc., New York, NY
2006	<b>NCI Liaison</b> , Adolescent and Young Adult Oncology Progress Review Group Implementation Meeting, NCI and LIVESTRONG Young Adult Alliance
2006	<b>Roundtable Participant</b> , Adolescent and Young Adult Oncology Progress Review Group Roundtable Meeting, NCI and Lance Armstrong Foundation
2005-2007	<b>Member</b> , Planning Subcommittees, Third Biennial Cancer Survivorship Research Conference, Cancer Survivorship: Embracing the Future, Office of Cancer Survivorship, NCI, NIH <ul style="list-style-type: none"><li>• Co-Chair, Survivor-Research Mentor Program</li><li>• Abstracts Subcommittee</li><li>• Follow-up Care for Cancer Survivors Subcommittee</li><li>• Cancer Survivorship among Underserved Populations Subcommittee</li><li>• Long-term and Late Effects Subcommittee</li><li>• Methodologic Issues Subcommittee</li><li>• Complementary and Alternative Medicine Subcommittee</li><li>• Public Relations/Press Subcommittee</li></ul>
2005-2007	<b>Member</b> , Planning Committee, Third Biennial Cancer Survivorship Research Conference, Cancer Survivorship: Embracing the Future, Office of Cancer Survivorship, NCI, NIH
2005-2007	<b>Liaison to Office of Advocacy Relations</b> , Division of Cancer Control and Population Sciences, NCI, NIH
2005	<b>Member</b> , Epidemiology and Genetics Research Program Reorganization Implementation Group, NCI, NIH
2005	<b>Member</b> , Epidemiology and Genetics Research Program Reorganization Steering Committee, NCI, NIH
2005	<b>Member</b> , Planning Committee, Second NCI Epidemiology Leadership Workshop: Understudied Rare Cancers, Epidemiology and Genetics Research Program, NCI, NIH
2004-2010	<b>Board Member</b> , The Ulman Cancer Fund for Young Adults (now Ulman Foundation), Ellicott City, MD

- 2004-2007 **Member**, Health Disparities Interest Group, Division of Cancer Control and Population Sciences, NCI, NIH
- 2004 **Member**, Planning Committee, First NCI Epidemiology Leadership Workshop: Tobacco, Diet, Genes, Epidemiology and Genetics Research Program, NCI, NIH
- 2004 **Member**, Planning Committee, Second Biennial Cancer Survivorship Research Conference, Cancer Survivorship: Pathways to Health After Treatment, Office of Cancer Survivorship, NCI, NIH
- 2004 **Member**, Planning Subcommittee, Second Biennial Cancer Survivorship Research Conference, Cancer Survivorship: Pathways to Health After Treatment, Office of Cancer Survivorship, NCI, NIH
- Dissemination of Cancer Survivorship Research Pre-conference Meeting
  - Survivor-Researcher Mentor Program
- 2004 **NCI Representative**, Young Adults with Cancer National Priorities Meeting, Lance Armstrong Foundation, Austin, TX
- 2003 **Member**, Planning Committee, International Press Conference in Paris, France, Living Beyond Cancer: Celebrating Life, President's Cancer Panel, NCI, NIH
- 2002-2004 **Member**, Planning Committee, Cancer Survivorship Meeting Series, Living Beyond Cancer, President's Cancer Panel, NCI, NIH
- 2001 **Member**, Working Group on Food Security Research, Philadelphia, PA

### Grant Peer Reviewer

- 2024 **Peer Reviewer**, NIH Study Section, Mentored Clinical and Basic Sciences (MCBS) (February 2024)
- 2023 **Peer Reviewer**, Applied Partnerships Awards (APA), Health Research Board (HRB; An Bord Taighde Sláinte), Ireland
- 2022-present **Peer Reviewer**, American Cancer Society Standing Study Section, Cancer Treatment, Palliative Care, and Survivorship (CTPS) Peer Review (January 2022, June 2022, January 2023, January 2024)
- 2021 **Peer Reviewer**, NIH Study Section, Special Emphasis Panel/Scientific Review Group 2022/01 ZCA1 SRB-T (J1) R, Adolescent and Young Adults with Cancer, Research to Reduce Morbidity and Improve Care for Pediatric, and Adolescent and Young Adult (AYA) Cancer Survivors
- 2021-present **Peer Reviewer**, Pilot & Feasibility Program, UNC Nutrition Obesity Research Center
- 2021 **Peer Reviewer**, Enhanced Grant Writing Coaching Intervention for a Diverse Biomedical Workforce (U01 GM132366), University of Utah
- 2021 **Peer Reviewer**, American Heart Association, Strategically Focused Research Network (SFRN), Disparities in Cardio-Oncology, Population Peer Review Committee
- 2020 **Peer Reviewer**, NIH Study Section, Special Emphasis Panel/Scientific Review Group 2021/01 ZRG1 HDM-C (07) R, COVID-19 Digital health Interventions
- 2020 **Ad Hoc Reviewer**, NIH Study Section, Behavioral Medicine, Interventions and Outcomes (BMIO)
- 2019 **Peer Reviewer**, CancerControl Alberta, Alberta Health Services, University of Calgary
- 2018-present **Peer Reviewer**, World Cancer Research Fund International Grant Programme

**External Reviewer**

2021	<b>PhD Thesis Examiner</b> , Faculty of Health and Medical Sciences, The University of Toronto, Toronto, Canada
2019	<b>PhD Thesis Examiner</b> , Faculty of Health and Medical Sciences, The University of Adelaide, Adelaide, Australia
2016	<b>BS Thesis Examiner</b> , Department of Occupational Therapy, University of South Australia, Adelaide, Australia
2015	<b>Scholarship Reviewer</b> , The Ulman Cancer Fund for Young Adults
2014	<b>Judge</b> , Big C Competition, LIVESTRONG Foundation
2008	<b>Reviewer</b> , Education Topics, Education and Program Development, Lance Armstrong Foundation
2008	<b>External Reviewer</b> , Community Program Grants, Lance Armstrong Foundation
2004	<b>Reviewer</b> , Carpe Diem Award, Lance Armstrong Foundation
2003	<b>NCI Representative and Discussant</b> , Community Program Roundtable, Lance Armstrong Foundation
2002	<b>Panelist and Evaluator</b> , Childhood Obesity Symposium, Drexel University School of Public Health

**Editorial**

2022-2023	<b>Guest Editor</b> , Special Issue “Nutrition and Lifestyle Interventions for Cancer Survivors,” <i>Nutrients</i>
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**Ad Hoc Journal Reviewer**

<i>American Journal of Health Promotion</i>	<i>Journal of Medical Internet Research</i>
<i>American Journal of Preventive Medicine</i>	<i>Journal of the National Comprehensive Cancer Network</i>
<i>Annals of Behavioral Medicine</i>	<i>Journal of Psychosocial Oncology</i>
<i>Applied Clinical Informatics</i>	<i>JMIR Cancer</i>
<i>BMC Public Health</i>	<i>JMIR Research Protocols</i>
<i>Cancer Treatment Reviews</i>	<i>Obesity</i>
<i>Computers in Human Behavior</i>	<i>Pilot and Feasibility Studies</i>
<i>Contemporary Clinical Trials</i>	<i>PloS ONE</i>
<i>European Journal of Cancer Care</i>	<i>Preventing Chronic Disease</i>
<i>Health Education &amp; Behavior</i>	<i>Progress in Community Health Partnerships: Research Education and Action</i>
<i>Integrative Cancer Therapies</i>	<i>Psycho-Oncology</i>
<i>International Journal of Behavioral Medicine</i>	<i>Psychology, Health &amp; Medicine</i>
<i>International Journal of Sport and Exercise Psychology</i>	<i>Public Health</i>
<i>International Journal of Workplace Health Management</i>	<i>Public Health Nursing</i>
<i>Journal of Adolescent and Young Adult Oncology</i>	<i>Translational Behavioral Medicine: Practice, Policy, Research</i>
<i>Journal of Cancer Survivorship: Research and Practice</i>	
<i>Journal of Health Communication</i>	

## Conference Abstract Reviewer

### Current

- 2017-present American Society of Preventive Oncology Annual Meeting
- 2016-present Cancer Topic Area, Society of Behavioral Medicine Annual Meetings & Scientific Sessions
- 2016-present The Obesity Society Annual Meeting
- 2011-present Rapid Communication Abstracts, Society of Behavioral Medicine Annual Meetings & Scientific Sessions

### Completed

- 2016-2019 Obesity Topic Area, Society of Behavioral Medicine Annual Meetings & Scientific Sessions
- 2015-2018 Diversity Section, The Obesity Society Annual Meeting
- 2013-2015 Cancer Forum, American Public Health Association Annual Meetings
- 2011-2015 Critical Mass Annual Meeting (previously LIVESTRONG Young Adult Alliance Annual Meeting)
- 2011-2013 Food and Nutrition Section, American Public Health Association Annual Meetings
- 2009-2012 Student Assembly, American Public Health Association Annual Meetings
- 2006 Third Biennial Cancer Survivorship Research Conference, Cancer Survivorship: Embracing the Future, Office of Cancer Survivorship, NCI, NIH

## Faculty Engaged Activities

- 2021-present **Advisor and Evaluator**, Survivor Slimdown Program, Cervivor (<https://cervivor.org/> national nonprofit organization that brings cervical cancer survivors together and helps to spread awareness, education, and support).
- 2020-present **Member**, Medical Advisory Board, Tigerlily Foundation (<https://www.tigerlilyfoundation.org/> national non-profit organization providing education, awareness, advocacy, empowerment and transformational programs to girls, young women, breast cancer survivors, metaversors and caregivers – before, during and after breast cancer.)