

HBEH 812: Professional Development I

Fall 2017

Department of Health Behavior
Gillings School of Global Public Health
Monday, 9:05-11:35am, 332 Rosenau

Course Instructors

Clare Barrington, PhD (of record)
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Office Hours: By Appointment

Course Description

Professional Development is required for first-year PhD and second-year MSPH-to-PhD students in the Department of Health Behavior. The course is designed to offer doctoral students a structured, efficient opportunity for enhancing professional development competencies relevant to doctoral training and career advancement in our discipline. The class is taught through engaged discussion with the instructors, guest speakers, and panels; participation in external training opportunities; and in-class exercises. HBEH 812 is a two-credit class offered in the fall; an additional one credit professional development course, HBEH 813, will also be required during students' final semester of coursework in the program.

Course Objectives

At the end of the course students will be able to:

- More fully engage with the HB Department, including faculty, advanced students, and alumni
- Describe their short-term academic and professional goals and identify strategies for meeting those goals
- Identify research funding strategies
- Understand and access informational and technological resources on campus that promote and support doctoral research
- Understand the process of writing and reporting research findings in peer reviewed journals

Course Expectations & Assignments

The course will be graded as H (high pass), P (pass), L (low pass), and F (fail). Students are expected to complete readings and assignments before class and arrive ready to contribute to class discussions and exercises. All readings are posted on the course Sakai website. Course grades are based on engagement in the class discussion, attendance, arriving on time, and quality of exercises and course assignments. There are four additional requirements for the course:

1. Ethics Training: Students must complete the CITI ethics training required by the Department and register in the UNC Ethics Training Database by the start of class on September 11th, 2017.
 - CITI Training Information: <http://research.unc.edu/offices/human-research-ethics/getting-started/training/>
2. Individual Development Plan: Students must submit a draft of their individual development plan for feedback via email to Yesenia by 5pm on October 16th, 2017. A detailed description of this assignment will be available on the Sakai website.

3. Participation in external trainings and workshops: To promote engagement in our discipline and in research, students are required to attend at least *three* seminars offered in the HB Department, Gillings School of Global Public Health, or elsewhere locally over the course of the semester. Students may choose any seminar topics of interest to them, and are encouraged to select trainings that help meet the goals and objectives set forth in their individual development plan. A list of opportunities will be regularly updated through the blog on the course Sakai website. Email a list of the seminars including title, date and speaker via email to Yesenia by 5pm on December 6th, 2017.
4. Course Evaluation: Students are required to complete the course evaluation via Qualtrics by 5pm on December 6th, 2017. This evaluation is separate from the school-wide evaluations and is intended to gain constructive feedback on the course content, schedule, and facilitation. Students are asked to complete the official online departmental/school evaluation at the close of the course. The online evaluation system will be open at the end of the semester; in addition, time will be set aside in the last class for students to complete the evaluation.

Course Website

Accessible through Sakai at <http://sakai.unc.edu/>. Resources for this course and beyond regarding professional development topics will be continuously updated under the Resources folder on Sakai.

Honor Code

As a student at UNC-Chapel Hill, you are bound by the University's honor code, which can be viewed at <http://instrument.unc.edu/>. It is your responsibility to learn about and abide by the code for all work conducted for this course.

No Laptop Policy

Unless formally stated otherwise, laptops must remain closed during class in an attempt to help you remain engaged in class discussions, avoid distractions, and get the most out of the class. We encourage you to take notes by hand if you would like.

Diversity and Inclusion Statement

In support of the University's diversity and inclusion goals and the Gillings School of Global Public Health, the Health Behavior department embraces diversity as an ethical and societal value. We broadly define diversity to include race, gender, national origin, ethnicity, religion, social class, age, sexual orientation, and physical and learning ability. Promoting and valuing diversity in the classroom enriches learning and broadens everyone's perspectives and are key elements for the success of any enterprise.

This class will follow principles of inclusion, respect, and acceptance that support the values of diversity.

Some useful links:

- UNC Non-Discrimination Policies: <http://policy.sites.unc.edu/files/2013/04/nondiscrim.pdf>
- Prohibited Discrimination, Harassment, and Related Misconduct at UNC: <https://deanofstudents.unc.edu/incident-reporting/prohibited-harassmentsexual-misconduct>
- Diversity and Inclusion at the Gillings School of Global Public Health: <http://sph.unc.edu/resource-pages/diversity/>

Course Schedule

Date	Topic
August 28	Orientation: everything you need to know starting the PhD program, including resources on campus and technology Class ends by 11:30 [faculty meeting]
September 4	No Class: Labor Day
September 11	No Class DUE: Completion of online CITI training via email to Yesenia by email by 5pm
September 18	Equity & Inclusion in HB: Debby Stroman
September 25	Individual development plans and timelines: mapping out academic and professional goals and next steps Class ends by 11:30 [faculty meeting]
October 2	Career pathways & research—community-based research: Alex Lightfoot, Geni Eng
October 9	Writing/publishing in public health (as a student) Student Panel: Andrew Seidenberg, Deshira Wallace, May Chen
October 16	Public speaking and presentation skills DUE: IDP due to Yesenia via email by 5pm
October 23	No Class
October 30	Graduate funding: what, how and when to secure funding during your PhD program Guest: Clare Barrington (overview of funding mechanisms)—30 minutes Student Panel: Leslie Adams, Jennifer Richmond, Liz Chen
November 6	No Class: APHA Meeting in Atlanta, GA
November 13	Management basics in academia
November 20	No Class
November 27	Understanding the academic job market —New HB faculty: Melissa Gilkey, Nora Rosenberg Class ends by 11:30 [faculty meeting]
December 4	No Class
December 6	DUE: Course evaluation via Qualtrics by 5pm DUE: List of external seminars via email to Yesenia by 5pm