



culture of health

GILLINGS' CULTURE OF HEALTH

INVITES YOU TO

Celebrate

National Nutrition Month

Put Your Best Fork Forward

MONDAY, March 27, 11:30 – 12:30

THE ATRIUM

Free healthy dietary information & snacks!

Be Proactive about your health!!

PARTICIPATE!



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Questions or suggestions? [Email mps3@email.unc.edu](mailto:mps3@email.unc.edu)