

Duke University Medical Center
Curriculum Vitae
Date Updated: May 17, 2016

Name: Kathryn I. Pollak, Ph.D.

Primary academic appointment: Department of Community and Family Medicine

Present academic rank and title: Professor, *with tenure*, July 1, 2015

Date and rank of first Duke faculty appointment: Associate Professor, *with tenure*, March 1, 2009
Associate Professor, without tenure, May 1, 2006
Assistant Research Professor, Department of Community and Family Medicine, October 1, 1998

Education:

College: Pitzer College
August 1987-May 1989
California State University
August 1989-June 1991
B.A. (*Magna Cum Laude*) Psychology

Graduate School: University of Houston, 1994
M.A. Social Psychology

University of Houston, 1996
Ph.D. Social Psychology
Minor in Quantitative Methods

Scholarly Societies: Psi Chi (National Honor Society in Psychology)
Golden Key National Honor Society

Professional Training and Academic Career:

Associate Professor, Lien Centre for Palliative Care, Duke-NUS Singapore, 2015-present

Adjunct Associate Professor, University of North Carolina at Chapel Hill School of Public Health, 2009-present

Adjunct Assistant Professor, University of North Carolina at Chapel Hill School of Public Health, 2001-2009

Postdoctoral Fellow with Patricia Dolan Mullen, Dr.P.H., Center for Health Promotion Research and Development at the School of Public Health at the University of Texas, Houston, 1996-1998

Adjunct Faculty Member, University of Houston, 1996-1998.

Data Analyst for Patricia Dolan Mullen, Dr.P.H., Center for Health Promotion Research and Development, School of Public Health, University of Texas, 1995-1996.

Research Assistant for Richard A. Kasschau, Ph.D., University of Houston for his “Teaching High School Psychology Teachers How to Teach Psychology” grant, 1993-1995.

Refereed Publications:

1. **Pollak KI** & Mullen PD. An exploration of the effects of partner smoking, type of social support, and stress on postpartum smoking in married women who stopped smoking during pregnancy. *Psychology of Addictive Behaviors*, 1997; 11:182-189.
2. Mullen PD, **Pollak KI**, Titus JP, Sockrider MM, & Moy JG. Prenatal smoking cessation counseling by Texas obstetricians. *Birth*, 1998; 25:25-31.
3. Niemann YF, **Pollak KI**, Rogers S, & O’Connor E. Effects of context on stereotyping. *Hispanic Journal of Behavioral Sciences*, 1998; 20(3):349-362.
4. **Pollak KI**, Carbonari JP, DiClemente CC, Niemann YF & Mullen PD. Causal relationships of processes of change and decisional balance: Stage-specific models for smokers. *Addictive Behaviors*, 1998; 23:437-448.
5. **Pollak KI**, & Niemann YF. Black and White tokens in academia: A difference of chronic vs. acute distinctiveness. *Journal of Applied Social Psychology*, 1998; 11:954-972.
6. Mullen PD, **Pollak KI**, & Kok G. Success attributions for stopping smoking during pregnancy, self-efficacy and postpartum maintenance. *Psychology of Addictive Behaviors*, 1999; 13(3):198-206.
7. Lipkus IM, Kuchibhatla M, McBride CM, Bosworth HB, **Pollak KI**, Siegler IC, & Rimer BK. Relationships among breast cancer perceived absolute risk, comparative risk and worries. *Cancer Epidemiology, Biomarkers & Prevention*, 2000; 9(9) 973-975.
8. **Pollak KI**, McBride CM, Baucom DH, Curry SJ, Lando H, Pirie PL, & Grothaus LC. Women’s perceived and partners’ reported support for smoking cessation during pregnancy. *Annals of Behavioral Medicine*, 2001; 23(3) 208-214.
9. **Pollak KI**, Arredondo EM, Yarnall KSH, Lipkus I, Myers E, McNeilly M, & Costanzo P. How do residents prioritize smoking cessation for young “high-risk” women? Factor associated with smoking cessation. *Preventive Medicine*, 2001; 33(4):292-299.

10. McBride CM, **Pollak KI**, Lyna P, Lipkus I, Samsa G, & Bepler G. Reasons for quitting smoking among African American smokers in a community health clinic. *Health Psychology*, 2001; 20(5):334-340.
11. Timpson S, **Pollak KI**, Williams M, Ross M, Bowen A, McCoy C & McCoy V. Gender differences in the processes of change for condom use: Patterns across stages of change in crack cocaine users. *Health Education & Research*, 2001; 16(5): 541-553.
12. Lyna P, McBride CM, Samsa G, & **Pollak KI**. Exploring the association between perceived risks of smoking and benefits to quitting: Who doesn't see the link? *Addictive Behaviors*, 2001; 27(2): 293-301.
13. Timpson S, **Pollak KI**, Ross M, Williams R, Kapadia A, Bowen A, McCoy C, & McCoy V. Predictors of stage of change for condom use in crack cocaine users. *AIDS and Behavior*. 2001; 5(1), 65-74.
14. **Pollak KI**, Yarnall KSH, Lyna P, Rimer BK, & Lipkus I. (2002) Factors associated with patient-recalled smoking cessation advice in a low-income clinic. *Journal of the National Medical Association*. 2002; 94(5), 354-363.
15. Anderson CB, **Pollak, KI**, & Wetter, DW. Relations between self-generated positive and negative expected outcomes to adolescent smoking behavior. *Psychology of Addictive Behaviors*. 2002; 16(3), 196-204.
16. Porter LS, Keefe FJ, McBride CM, **Pollak KI**, Fish L, & Garst J. Perceptions of patients' self-efficacy for managing pain and lung cancer symptoms: correspondence between patients and family caregivers. *Pain*. 2002; 98(1-2):169-78.
17. **Pollak KI**, McBride CM, Scholes D, Grothaus LC, Civic D, & Curry SJ. Women's reports of smoking cessation advice during reproductive health visits and subsequent smoking cessation. *American Journal of Managed Care*. 2002; 8(10) 837-844.
18. **Pollak KI**, Arredondo EM, Yarnall KSH, Lipkus I, Myers E, McNeilly M, & Costanzo P. Influence of stereotyping on primary care residents' smoking cessation counseling. *Ethnicity and Disease*. 2002; 12(4) 578-585.
19. **Pollak KI**, Taiwo B, Lyna P, Baldwin, M, Lipkus IM, Bepler G, & McBride CM. Reported cessation advice given to African Americans by health care providers in a community health clinic. *Journal of Community Health*. 2002; 27(6) 381-393.
20. Yarnall KSH, **Pollak KI**, Østbye T, Krause K, & Michener JL. Is there enough time for prevention in primary care? *American Journal of Public Health*. 2003; 93(4), 635-641.
21. **Pollak, KI**, Brouwer, RJN, Lyna, P, Taiwo, B, & McBride, CM. Weight concerns as barriers to smoking cessation among low income African American smokers. *American Journal of Preventive Medicine*. 2003; 25(2): 136-139.

22. Arredondo, EA, **Pollak, KI**, Costanzo, P, McNeilly, M, & Myers, E. Primary care residents' characteristics and motives for providing differential medical treatment of cervical cancer screening. *Journal of the National Medical Association*. 2003; 95(7): 577-584.
23. Lipkus, IM, McBride, CM, Lyna, P, & **Pollak, KI**. Interpretation of genetic risk feedback among African-American smokers with low socioeconomic status. *Health Psychology*. 2004; 23:178-188. PMID: 15008663
24. Lipkus, IM, McBride, CM, **Pollak, KI**, Schwartz-Bloom, RS, Tilson, E, & Bloom, PN. A randomized trial comparing the effects of self-help materials and proactive telephone counseling on teen smoking cessation. *Health Psychology*. 2004; 23:397-406. PMID: 15264976
25. McBride, CM, **Pollak, KI**, Garst, J, Keefe, F, Lyna, P, Fish, L, & Hood, L. Distress and motivation for smoking cessation among lung cancer patients' relatives who smoke. *Journal of Cancer Education*. 2003; 18(3): 150-6. PMID: 14512262
26. Clipp EC, Carver EH, **Pollak KI**, Puleo E, Emmons KM, Onken J, Farraye FA, & McBride CM. Age-related vulnerabilities of older adults with colon adenomas: Evidence from Project Prevent. *Cancer*. 2004; 100:1085-94. PMID: 14983506
27. McBride, CM, Baucom, DH, Peterson, B, **Pollak, KI**, Palmer, CA, Westman, E, & Lyna, P. Prenatal and postpartum smoking abstinence: A partner-assisted approach. *American Journal of Preventive Medicine*. 2004; 27(3): 232-238. PMID: 15450636
28. Lipkus, IM, **Pollak, KI**, McBride, CM, Schwartz-Bloom, R, Lyna, P, & Tilson, EC. Assessing attitudinal ambivalence towards smoking and its association with desire to quit among teen smokers. *Psychology and Health*. 2005; 20(3): 373-387.
29. Emmons, KM, McBride, CM, Puleo, E, **Pollak, KI**, Clipp, E, Kunz, K, & Marcus, BH, Napolitano, M, Onken, J, Farraye, F, Fletcher, R. Reduction of multiple behavioral risk factors for colon cancer: Results from Project Prevent. *Cancer Epidemiology, Biomarkers, and Prevention*. 2005; 14(6):1453-9. PMID: 15941955
30. Østbye T, Yarnall KSH, Krause K, **Pollak KI**, & Michener JL. Is there time for management of patients with chronic diseases in primary care? *Annals of Family Medicine*. 2005; 3(3):209-214. PMID: 15928223
31. Emmons, KM, McBride, CM, Puleo, E, **Pollak, KI**, Marcus, BH, Napolitano, M, Clipp, E, Onken, J, Farraye, F, & Fletcher, R. Prevalence and predictors of multiple behavioral risk factors for colon cancer. *Preventive Medicine*. 2005; 40(5): 527-534. PMID: 15749134
32. Vidrine, JI, Anderson, CB, **Pollak, KI**, & Wetter, DW. Race/ethnicity, smoking status, and self-generated expected outcomes from smoking among adolescents. *Cancer*

- Control (Cancer, Culture, and Literacy Supplement)*. 2005; 12:51-57. PMID: 16327751
33. **Pollak, KI** Oncken, CO, Lipkus, IM, Peterson, BL, Swamy, GK, Pletsch, PK, Lyna, P, Brouwer, RJN, Fish, L, & Myers, ER. Challenges and solutions for recruiting pregnant smokers into a nicotine replacement therapy trial. *Nicotine & Tobacco Research*. 2006; 8(4): 547-554. PMID: 16920652.
 34. Lewis, MA, McBride, CM, **Pollak, KI**, Puleo, E, & Emmons, KM. Understanding health behavior change among couples: An interdependence and communal coping approach. *Social Science and Medicine*. 2006; 62(6): 1369-1380. PMID: 16146666
 35. Bloom PN, McBride CM, **Pollak KI**, Schwartz-Bloom RD, & Lipkus IM. Recruiting teen smokers in shopping malls to a smoking cessation program using the foot-in-the-door technique. *Journal of Applied Social Psychology*. 2006; 36(5): 1129-1144.
 36. Vidrine, JI, Anderson, CB, **Pollak, KI**, & Wetter, DW. Gender differences in adolescent smoking: Mediator and moderator effects of self-generated expected smoking outcomes. *American Journal of Health Promotion*. 2006; 20(6): 383-7. PMID: 16871816
 37. Heflin, MT, **Pollak, KI**, & Kuchibhatla M. The impact of comorbidity and disability on physicians' intentions to offer cancer screening to older adults. *Journal of Gerontology: Medical Sciences*. 2006; 61A(8): 844-850. PMID: 16912103
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 39. **Pollak, KI**, Baucom, DH, Palmer, CA, Peterson, BL, Østbye, T, & Stanton, S. Couples' reports of support for smoking cessation predicting women's late pregnancy cessation. *American Journal of Health Promotion*. 2006; 21(2): 90-96. PMID: 17152247
 40. Virji, A, Yarnall, KSH, Krause, KM, **Pollak, KI**, Scannell, MA, & Østbye, T. Use of e-mail in a family practice setting: Opportunities and challenges in patient- and physician-initiated communication. *BMC Family Practice*. 2006; 4(18): 1-7. PMID: 16911780
 41. Koropchak CM, **Pollak KI**, Arnold RM, Alexander SC, Skinner CS, Olsen M, Jeffreys A, Rodriguez KL, Abernethy AP, & Tulskey JA. Studying Communication in Oncologist-Patient Encounters: The SCOPE Trial. *Palliative Medicine*. 2006; 20(8): 813-9. PMID: 17148536
 42. **Pollak, KI** Oncken, CO, Lipkus, IM, Peterson, BL, Swamy, GK, Pletsch, PK, Heine, RP, Lyna, P, Brouwer, RJN, Fish, L, & Myers, ER. Nicotine replacement and behavioral therapy for smoking cessation in pregnancy. *American Journal of Preventive Medicine*. 2007; 33(4): 297-305. PMID: 17888856
 43. Alexander, SC, Østbye, T, **Pollak, KI**, Gradison, M, Bastian, LA, & Brouwer, RJN.

- Physicians' beliefs about discussing obesity: Results from focus groups. *American Journal of Health Promotion*. 2007; 21(6): 498-500. PMID: 17674636
44. **Pollak, KI**, Østbye, T, Alexander, SC, Gradison, M, Bastian, LA, & Brouwer, RJN, Lyna, P. Empathy goes a long way in weight loss discussions. *Journal of Family Practice*. 2007; 56(12): 1031-6. PMID: 18053443
 45. **Pollak, KI**, Arnold, RM, Jeffreys, A, Alexander, SC, Olsen, M, Abernethy, AP, Skinner, CS, Rodriguez, KL, Tulskey, JA. Oncologist communication about emotion during visits with advanced cancer patients. *Journal of Clinical Oncology*. 2007; 25(36):5748-5752. PMID: 18089870
 46. Pletsch, PK, **Pollak, KI**, Park, J, Oncken, CA, Peterson, BL, Swamy, GK, Lyna, P. Olfactory and gustatory sensory changes to tobacco smoke in pregnant smokers. *Research in Nursing and Health*. 2008; 31(1):31-41. PMID: 18161772
 47. Anderson, WG, Alexander, SC, Rodriguez, KL, Jeffreys, A, Olsen, MK, **Pollak, KI**, Tulskey, JA, Arnold, RM. "What Concerns Me Is..." Expression of emotion by advanced cancer patients during outpatient visits. *Supportive Care in Cancer*. 2008; 16(7):803-11. PMID: 17960430
 48. Arredondo, EM, **Pollak, KI**, & Costanzo, PR. Evaluating a stage model in predicting Latinas' cervical cancer screening practices: The role of psychosocial and cultural predictors. *Health Education and Behavior*. 2008; 35(6): 791-805. PMID: 17652618
 49. McBride, CM, Puleo, E, **Pollak, KI**, Clipp, EC, Woolford, S, Emmons, KM. Understanding the role of cancer worry in creating a "teachable moment" for multiple risk factor reduction. *Social Science & Medicine*. 2007; 66(3):790-800. PMID: 18037204
 50. Robinson, TM, Alexander, SC, Hays, M, Jeffreys, A, Olsen, MK, Rodriguez, KL, **Pollak, KI**, Abernethy, AP, Arnold, RM, Tulskey, JA. Patient-oncologist communication in advanced cancer: Predictors of patient perceptions of prognosis. *Journal of Supportive Care in Cancer*. 2008; Sep;16(9):1049-57. PMID: 18196288
 51. **Pollak, KI**, Østbye, T, Krause, KM, Yarnall, KSH, Gradison, M, Michener, JL. Time spent on preventive health services by primary care physicians during preventive and chronic care visits. *BMC: Health Services*. 2008; 8:245. *Highly accessed article*.
 52. **Pollak, KI**, Alexander, SC, Østbye, T, Lyna, P, Tulskey, JA, Dolor, RJ, Coffman, C, Brouwer, RJN, Esoimeme, I, Manusov, JRE, Bravender, T. Primary care physicians' discussions of weight-related topics with at risk and overweight adolescents: Results from the Teen CHAT pilot study. *Journal of Adolescent Health*. 2009; 45(2) 205-207. NIHMS #134300.
 53. Dolor, R, Yancy, Jr. WS, McGuire, HL, Owen, WF, Matchar, DB, Samsa, GP, **Pollak, KI**, Lin, P-H, Ard, JD, Prempeh, M, McGuire, HL, Batch, BC, Fan, W, & Svetkey, LP.

- Hypertension Improvement Project: Study design methodology, baseline results, and implementation challenges. *Trials*. 2009; 10:13. *Highly accessed article*.
54. Fish, LJ, Peterson, BL, Brouwer, RJN, Lyna, P, Oncken, CA, Swamy, GK, Pletsch, PK, **Pollak, KI**. Adherence to nicotine replacement therapy among pregnant smokers. *Nicotine and Tobacco Research*. 2009; 11(5): 514-518.
 55. Kennifer, SL, Alexander, SC, **Pollak, KI**, Jeffreys, AS, Olsen, MK, Rodriguez, KL, Arnold, RM, Tulsky, JA. Negative emotions in cancer care: Do oncologists' responses depend on severity and type of emotion? *Patient Education and Counseling*. 2009; 76(1):51-56.
 56. Yarnall, KSH, Østbye, T, Krause, KM, **Pollak, KI**, Gradison, M, Michener, JL. It is "time" to share the care: Family physicians as team leaders. *Preventing Chronic Disease*. 2009; 6(2): http://www.cdc.gov/pcd/issues/2009/apr/08_0023.htm
 57. Swamy, GK, Roelands, JJ, Peterson, BL, Lyna, P, Brouwer, RJN, Fish, LJ, Oncken, CA, Pletsch, PK, Myers, ER, Whitecar, PW, **Pollak, KI**. Predictors of adverse events among pregnant smokers exposed in a nicotine replacement trial. *American Journal of Obstetrics and Gynecology*. 2009; 201(4): 354.e1-354.e7.
 58. Skinner, CS, **Pollak, KI**, Farrell, D, Olsen, MK, Jeffreys, AS, Tulsky, JA. Use of and reactions to a tailored CD-ROM designed to enhance oncologist-patient communication: The SCOPE Trial intervention. *Patient Education & Counseling*. 2009; 77(1): 90-6.
 59. Rodriguez KL, Bayliss N, Alexander SC, Jeffreys AS, Olsen MK, **Pollak KI**, Kennifer SL, Tulsky JA, Arnold RM. How oncologists and their patients with advanced cancer communicate about health-related quality of life. *Psycho-Oncology*. 2010; 19(5):490-5.
 60. **Pollak, KI**, Alexander, SC, Grambow, SC, Tulsky, JA. Oncologist patient-centered communication with patients with advanced cancer: Exploring whether race or socioeconomic status matter. *Palliative Medicine*. 2010; 24(1): 96-98.
 61. **Pollak, KI**, Denman, S, Gordon, KS, Lyna, P, Rocha, P, Brouwer, RN, Baucom, DH. Is pregnancy a teachable moment among Latino expectant fathers? A pilot study. *Ethnicity and Health*. 2010; 15(1): 47-59.
 62. **Pollak, KI**, Arnold, RM, Alexander, SC, Jeffreys, AS, Olsen, MK, Abernethy, AP, Rodriguez, KL, Tulsky, JA. Do patient attributes predict oncologist empathic responses and patient perceptions of empathy? *Journal of Supportive Care in Cancer*. 2010; 18(11): 1405-1411. DOI, 10.1007/s00520-009-0762-8
 63. Svetkey, LP, **Pollak, KI**, Yancy, Jr. WS, Dolor, RJ, Batch, BC, Samsa, GP, Matchar, DB, Lin, P-H. Hypertension Improvement Project (HIP): A randomized trial of quality improvement for physicians and lifestyle modification for patients. *Hypertension*. 2009; 54:1226-1233.

64. Casarett, D, Pickard, A, Fishman, JM, Alexander, SC, Arnold, RM, **Pollak, KI**, Tulsky, JA. Can metaphors and analogies improve communication with seriously ill patients? *Journal of Palliative Medicine*. 2010; 13(3): 255-60.
65. Swamy, GK, Reddick, KLB, Brouwer, RN, **Pollak, KI**, Myers, ER. Smoking prevalence in early pregnancy: Comparison of self-report and anonymous urine cotinine testing. *Journal of Maternal, Fetal, and Neonatal Medicine*. 2011; 24(1): 86-90.
66. Morgan PA, Strand de Oliveira J, Alexander SC, **Pollak KI**, Jeffreys AS, Olsen MK, Arnold RM, Abernethy AP, Rodriguez KL, Tulsky JA. Comparing physician, nurse, and physician assistant attitudes towards discussions of patient emotion. *Journal of Physician Assistant Education*. 2010; 21(3):13-7.
67. **Pollak, KI**, Alexander, SC, Coffman, CJ, Tulsky, JA, Lyna, P, Dolor, RJ, Esoimeme, I, Brouwer, RJN, Manusov, JRE, Østbye, T. Project CHAT: Physician communication style and weight loss in overweight and obese adults. *American Journal of Preventive Medicine*. 2010; 39(4):321-328.
68. Rodriguez KL, Bayliss N, Alexander SC, Jeffreys AS, Olsen MK, **Pollak KI**, Kennifer SL, Tulsky JA, Arnold RM. Effect of patient and patient-oncologist relationship characteristics on communication about health-related quality of life. *Psycho-Oncology*. In Press.
69. Alexander SC, Cox ME, Boling Turner CL, Lyna P, Østbye T, Tulsky JA, Dolor RJ, **Pollak KI**. Do the 5 As work when physicians counsel about weight? *Family Medicine*, 2011;45:179-84.
70. Dolor, RJ, Østbye, T, Lyna, P, Alexander, SC, Coffman, CJ, Tulsky, JA, Brouwer, RJN, Esoimeme, I, **Pollak, KI**. What do physicians and patients think about diet, weight, exercise and smoking cessation counseling? *Preventive Medicine*. 2010;51(5):440-2.
71. Alexander, SC, Morgan, PA, Strand, J, Jeffreys, AS, **Pollak, KI**, Abernethy, AP, Arnold, RM, Olsen, MK, Rodriguez, KL, Garrigues, SK, Manusov, JRE, Tulsky, JA. How do non-physician clinicians respond to cancer patients' expressions of emotions? *Journal of Supportive Care in Cancer*. 2011;19(1):155-9.
72. Corsino, L, Yancy, WS, Samsa, GP, Dolor, RJ, **Pollak, KI**, Lin, PH, Svetkey, LP. Physician characteristics as predictors of blood pressure control in patients enrolled in the Hypertension Improvement Project (HIP). *The Journal of Clinical Hypertension*. 2011 Feb;13(2):106-11. doi: 10.1111/j.1751-7176.2010.00385.x. Epub 2010 Nov 4.
73. **Pollak, KI**, Childers, JW, Arnold, RM. Applying motivational interviewing techniques to palliative care communication. *Journal of Palliative Medicine*. 2011;14(5):587-592.
74. Cox ME, Yancy WS Jr, Coffman CJ, Østbye T, Tulsky JA, Alexander SC, Brouwer RJ, Dolor RJ, **Pollak KI**. Effects of counseling techniques on patients' weight-related attitudes

- and behaviors in a primary care clinic. *Patient Education and Counseling* 2011; 85(3): 363-8. (epub ahead of print <http://www.ncbi.nlm.nih.gov/pubmed/21316897>).
75. Alexander SC, Cox ME, Yancy WS Jr, Turer CB, Lyna P, Østbye T, Dolor RJ, Tulskey JA, **Pollak KI**. Weight-loss talks: What works (and what doesn't). *Journal of Family Practice*, 2011;60:213-9.
 76. **Pollak, KI**, Coffman, CJ, Manusov, JRE, Alexander, SC, Østbye, T, Lyna, P, Tulskey, JA, Esoimeme, I, Brouwer, RJN, Dolor, RJ. Predictors of weight-related communication in primary care encounters. *Patient Education and Counseling*. 2011; 85(3):e175-e182. [doi:10.1016/j.pec.2011.03.001](https://doi.org/10.1016/j.pec.2011.03.001)
 77. Gulbrandsen, P, Østbye, T, Lyna, P, Dolor, RJ, Tulskey, JA, Alexander, SC, **Pollak, KI**. Overweight patients' perception of time and physician being rushed: Results from the CHAT Study. *Family Medicine*. 2012; 44(3): 183-8.
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 80. Tulskey, JA, Arnold, RM, Alexander, SC, Olsen, MK, Jeffreys, AS, Rodriguez, KL, Skinner, CS, Farrell, D, Abernethy, AP, **Pollak, KI**. Enhancing communication between oncologists and patients with advanced cancer through a brief, interactive, computer-based training program: A randomized, controlled trial. *Annals of Internal Medicine*. 2011; 155:593-601.
 81. **Pollak, KI**, Coffman, CJ, Alexander, SC, Tulskey, JA, Lyna, P, Dolor, RJ, Cox, ME, Brouwer, RJN, Bodner, ME, Østbye, T, Can physicians accurately predict which patients will lose weight, improve nutrition, and increase physical activity? *Family Practice*. 2012; 29(5):553-60.
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87. Lin PH, Yancy WS Jr, **Pollak KI**, Dolor RJ, Marcello J, Samsa GP, Batch BC, and Svetkey LP. The influence of a physician and patient intervention program on dietary intake. *J. Acad Nutr Diet*. 2013; 113(11): 1465-75. PMID: 23999279
88. Bodner, ME, Dolor, RJ, Østbye T, Lyna, P, Alexander, SC, Tulsy, JA, **Pollak, KI**. Accuracy and congruence of patient and physician perceptions of audio-recorded weight-related discussions content. Project CHAT. *J Am Board Fam Pract*. 2014; 27:70-77. PMID: 24390888
89. Chhabra KR, **Pollak KI**, Lee SJ, Back AL, Goldman RE, Tulsy JA. Physician communication styles in initial consultations for hematological cancer. 2013 *Patient Education and Counseling*. 93(3); 573-578. PMID: 24035463
90. Alexander SC, Fortenberry JD, **Pollak KI**, Bravender T, Davis JK, Østbye T, Tulsy JA, Dolor RJ, Shields C. G. Sexuality talk during adolescent health maintenance visits. *JAMA Pediatrics*. 2014 Feb;168(2):163-9. PMID: 24378686
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94. Fish, LJ, **Pollak, KI**, Scheuermann, TS, Cox, LS, Mathur, C, Ahluwalia, JS. Comparison of native light daily smokers and light daily smokers who were former heavy smokers. *Nic Tob Res*. 2014. PMID: 25180075.
95. **Pollak KI**, Alexander SC, Bennett, G, Lyna P, Coffman, CJ, Bilheimer, A, Farrell, D, Bodner, ME, Swamy, GK, Østbye T. Weight-related SMS texts promoting appropriate pregnancy weight gain: A pilot study. *Pat Educ Couns*. In press. PMID: 25153313

96. Haga, SB, Mills, R, **Pollak, KI**, Rehder, C, Buchanan, AH, Lipkus, IM, Crow, JH, Datto, M. Developing patient-friendly genetic and genomic test reports: formats to promote patient engagement and understanding. *Genomic Med.* Genome Med. 2014; 6(7):58. PubMed PMID: 25473429;
97. Alexander, SC Fortenberry JD, **Pollak KI**, Østbye T, Bravender T, Tulsy JA, Dolor R, Shields CG. Disclosures of sexual intercourse by teenagers: Agreement between telephone survey responses and annual visit disclosures. *Clin Ped.* In press.
98. **Pollak, KI**, Lyna, P, Bilheimer, AK, Gordon, KC, Peterson, BL, Gao, Xiaomei, Swamy, GK, Denman, S, Gonzalez, A, Rocha, P, Fish, LJ. Efficacy of a couple-based randomized controlled trial to help Latino fathers quit smoking during pregnancy and postpartum: The Parejas Trial. *Cancer Epi Prev Bio.* 2014; 24(2): 1-7. PMID: 25406226
99. Østbye T, Lyna P, Bodner M, Alexander C, Coffman C, Tulsy J, Dolor R, **Pollak K.** The effect of parental presence on weight related discussions between physicians and their overweight adolescent patients. *Clin Ped.* In press.
100. **Pollak, KI**, Fish, LJ, Lyna, P, Peterson, BL, Swamy, GK, Levine, MD. Predictors of pregnant quitters' intentions to return to smoking postpartum. *Nic Tob Res.* 2014; PMID: 25542912
101. **Pollak, KI**, Lyna, P, Bilheimer, A, Porter, LS. A brief relaxation intervention for pain delivered by palliative care physicians: A pilot study. In press. *Pall Med.*
102. **Pollak, KI**, Jones, J, Lum, HD, De La Cruz, S, Felton, S, Gill, A, Kutner, JS. Patient and caregiver opinions of motivational interviewing techniques in role-played palliative care conversations: A pilot study. In press. *J Pain and Symptom Manag.*
103. **Pollak, KI.** Learning what is in the "secret sauce" of MI that is essential for teaching busy clinicians. 2015; 98(4): 399-400. *Pat Educ Couns.* PMID: 25732564
104. Porter, LS, **Pollak, KI**, Farrell, D, Cooper, M, Arnold, RM, Jeffreys, AS, Tulsy, JA. Development and implementation of an online program to improve how patients communicate emotional concerns to their oncology providers. In press. *Supp Care Cancer.*
105. Khaddouma, A, Gordon, KC, Fish, LJ, Bilheimer, A, Gonzalez, A, Pollak, K. Relationships Among Spousal Communication, Self-Efficacy, and Motivation Among Expectant Latino Fathers Who Smoke. In press. *Health Psych.*
106. Zafar SY, Ubel PA, Tulsy JA, Pollak KI. Cost-related health literacy: A key component of high quality cancer care. In press. *J Oncol Pract.*
107. Alexander SC, Christ SL, Fortenberry JD, **Pollak KI**, Østbye T, Bravender T, Shields CG. Types of sexuality conversations in physician-adolescent conversations: Latent class

analysis. In press. *Sexual Health*.

108. **Pollak, KI**, Nagy, P, Bigger, J, Bilheimer, A, Lyna, P, Gao, X, Lancaster, M, Watkins, RC, Johnson, F, Batish, S, Skelton, JA, Armstrong, S. Effect of teaching Motivational Interviewing via communication coaching on clinician and patient satisfaction in primary care and pediatric obesity-focused offices. In press. *Pat Educ Couns*.
109. Bodner ME, Bilheimer A, Gao X, Lyna P, Alexander SC, Dolor RJ, Østbye T, Bravender T, Tulsy JA, Graves S, Irons A, Pollak KI. Studying physician-adolescent patient communication in community-based practices: Recruitment challenges and solutions. In press. *Int J of Adol Med and Health*.
110. Shaw, RJ, Pollak, KI, Zullig, L, Bennett, G, Hawkins, K, Lipkus, I. (in press). Feasibility and smokers' evaluation of self-generated text messages to promote quitting. In press. *Nic Tob Res*.
111. **Pollak, KI**. Not all participatory styles are created equal. 2016; *Pat Educ Couns*. 99, 480.
112. **Pollak, KI**, Coffman, CJ, Tulsy, JA, Alexander, SC, Østbye, T, Farrell, D, Lyna, P, Dolor, RJ, Bilheimer, A, Lin, P-H, Bodner, ME, Bravender, T. Teaching physicians Motivational Interviewing for discussing weight with overweight adolescents. In press. *J Adol Health*.
113. **Pollak, KI**, Tulsy, JA, Bravender, T, Østbye, T, Lyna, P, Dolor, RJ, Coffman, CJ, Bilheimer, A, Lin, P-H, Farrell, D, Bodner, ME, Alexander, SC. Teaching primary care physicians the 5 A's for discussing weight with overweight and obese adolescents. In press. *Pat Educ Couns*.
114. Pollak, KI, Fish, LJ, Lyna, P, Peterson, BL, Myers, ER, Gao, X, Swamy, GK, Brown-Johnson, A, Whitecar, P, Bilheimer, AK, Pletsch, PK. Efficacy of a nurse-delivered intervention to prevent and delay postpartum return to smoking: The Quit for Two Trial. In press. *Nic Tob Res*.
115. Friedman JL, Lyna P, Sendak M, Viera AJ, Silberberg M, **Pollak KI**. Use of the 5 A's for teen alcohol use. In press. *Clin Pediatr*.

Invited Talks:

“Weight’s up Doc? Efficacy of physician weight loss counseling.” Invited talk at Welch Center for Epidemiology, Prevention, and Clinical Research, Johns Hopkins University; March 2011.

“Promoting smoking cessation during pregnancy.” Invited talk at Magee Women’s Research Institute, University of Pittsburgh; April 2011.

- “Motivational Interviewing techniques to promote behavior change.” Invited talk to Grand Rounds, Division of General Internal Medicine, Duke University, July 2011.
- “Motivational Interviewing techniques for primary care and palliative medicine.” Invited talk at Grand Rounds, General Internal Medicine, Loyola University at Chicago; February 2012.
- “Weight’s up Doc? Efficacy of physician weight loss counseling.” Invited talk at North Carolina Network Consortium Annual Conference, Greensboro, March 2012.
- “Weight’s up Doc? Efficacy of physician weight loss counseling.” Invited talk at Grand Rounds, General Internal Medicine, University of Colorado Health Science Center; June 2012.
- “Motivational Interviewing in palliative care consults.” Invited talk at Grand Rounds, Palliative Care Conference, University of Colorado Health Science Center; June 2012.
- “Motivational Interviewing in primary care.” Invited talk at Grand Rounds, General Internal Medicine, University of Colorado Health Science Center; December 2012.
- “Motivational Interviewing in ethics care consults.” Invited talk at Grand Rounds, Ethics Consultations Conference, Loyola University at Chicago; March 2013.
- “Motivational Interviewing in healthcare.” Invited talk for Medicine/Behavioral Health Grand Rounds Wake Med Health and Hospitals. June 2013.
- “Promoting smoking cessation in primary care.” Invited talk for SingHealth Family Medicine, Singapore, Singapore. August 2013.
- “Motivational Interviewing for palliative care.” Invited talk for Community Care of North Carolina. September 2013.
- “Motivational Interviewing in healthcare.” Invited talk for “Motivational Interviewing in healthcare.” Invited talk for Southeast Geriatric Care Convention. November 2013.
- “Effective communication in cancer care.” Invited talk for Carolina Cancer Care Symposium. October 2014.
- “Motivational interviewing techniques to promote healthful nutrition in primary care.” Invited talk for American Society for Nutrition’s (ASN) Advances and Controversies in Clinical Nutrition conference. December 2014.
- “Motivational interviewing techniques to promote healthful nutrition in primary care.” Invited talk for American Society for Nutrition’s (ASN) Advances and Controversies in Clinical Nutrition conference. December 2015.

Selected Presentations:

- Pollak KI.** “Collectivism and individualism: Advice to mental health practitioners.”
Symposium presented at the annual meeting of the Texas Psychological Association, San Antonio, TX, 1995.
- Pollak KI** and Niemann YF. “The definition of tokenism: Does ethnicity matter?” Poster session presented at the annual meeting of the American Psychological Association, New York, New York, 1995.
- Pollak KI, McBride CM, Baucom DH, Palmer CA, Peterson BL, McKee KT, and Crawford YS.** “Agreement between women and partner-reported negative support for cessation in pregnancy.” Poster presented at the annual meeting of the Society for Behavioral Medicine, Nashville, TN, 2000
- Pollak KI, Arredondo EM, Yarnall KSH, Lipkus I, Myers E, McNeilly M, Costanzo P.** Test of racial bias in residents’ smoking cessation counseling. Poster presented at the annual meeting of the American Society for Preventive Oncology, New York, NY, 2001.
- Pollak KI, Arredondo EM, Yarnall KSH, Lipkus I, Myers E, McNeilly M, Costanzo P.** Factors associated with residents reporting addressing smoking with “high risk” White women. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Seattle, WA, 2001.
- Pollak, KI, Emmons, KM, McBride, CM, Puleo, E.** Mediators of multiple risk factor change in patients with colon polyps. Paper presented at the meeting of the Society of Behavioral Medicine, Washington, DC, 2002.
- Pollak, KI, Lipkus, I, McBride, CM, Lyna P, Bloom, P, Schwartz-Bloom, RD.** Characteristics of teen smokers who report receiving provider advice to quit smoking. Paper presented at the meeting of the Society of Behavioral Medicine, Washington, DC, 2002.
- Pollak, KI, Baucom, DH, Peterson, B, Stanton, S, McBride, CM.** Women’s rated helpfulness and partner-reported smoking support across the pregnancy-postpartum continuum. Paper presented at the annual meeting of the American Society of Preventive Oncology, Bethesda, MD, 2004.
- Pollak, KI, Østbye, T, Alexander, SC, Bastian, LA, Gradison, M, Brouwer, RJN.** How physicians and patients discuss weight loss. Paper presented at the annual meeting of the American Academy on Physician and Patient, Chicago, IL, 2005.
- Pollak KI, Arnold, RM, Olsen, M, Alexander, SC, Abernethy, A, Jeffreys, A, Tulsy, JA.** Oncologists’ responses to empathic opportunities. Paper presented at American Academy on Communication in Healthcare Conference (Plenary Session). Atlanta, GA, October 2006.

Pollak, KI Oncken, CO, Lipkus, IM, Peterson, BL, Swamy, GK, Pletsch, PK, Heine, RP, Lyna, P, Brouwer, RJN, Fish, L, & Myers, ER. Effectiveness of adding nicotine replacement to cognitive behavioral therapy for smoking cessation in pregnant smokers: The Baby Steps Trial. Paper presented at Society for Research on Nicotine and Tobacco. Austin, TX, February 2007.

Pollak, KI, Bravender, T, Alexander, SC, Østbye, T, Lyna, P, Dolor, R, Coffman, C, Brouwer, RJN, Esoimeme, I, Manusov, JRE, Tulsy, JA. Primary care physicians' discussions of weight-related topics with at risk and overweight adolescents: Results from the Teen CHAT pilot study. Poster presented at Society for Adolescent Medicine, Greensboro, NC, March 2008.

Pollak, KI, Alexander, SC, Grambow, SC, Tulsy, JA. Race and socioeconomic differences in oncologist patient-centered communication with patients with advanced cancer. Paper presented at American Academy on Communication in Healthcare Conference. Madison, WI, October 2008.

Tulsy JA, Alexander SC, Olsen MK, Arnold RM, Jeffreys AS, Skinner CS, Abernethy AP, Farrell D, Rodriguez KL, Kennifer SL, **Pollak KI**. "Can Oncologists Be Taught To Respond To Patients' Expressions of Negative Emotions? Results of the SCOPE Trial." Paper presented at American Academy on Communication in Healthcare Research and Teaching Forum. Madison, Wisconsin. October 2008.

Pollak, KI, Arnold, RM, Jeffreys, AS, Alexander, SC, Olsen, MK, Abernethy, AP, Rodriguez, KL, Tulsy, JA. Which patients with advanced cancer express negative emotions to their oncologists and how do oncologists respond? Poster presented at American Society for Preventive Oncology Conference. Tampa, FL, March 2009.

Pollak, KI, Manusov, JRE, Alexander, SC, Østbye, T, Lyna, P, Tulsy, JA, Coffman, CJ, Esoimeme, I, Brouwer, RJN, Dolor, RJ, Who's talking about weight? Predictors of weight-related communication in primary care visits with overweight and obese adults. Paper presented at American Academy on Communication in Healthcare International Conference. Miami, FL. October 2009.

Pollak KI, Alexander SC, Coffman CJ, Tulsy JA, Lyna P, Dolor RJ, Esoimeme I, Brouwer RJN, Manusov JRE, Østbye T. Weight's up doc? Physicians' use of motivational interviewing techniques predicts weight loss among overweight and obese adults in primary care. The Obesity Society (TOS) 27th Annual Meeting; Washington, DC: October 24-28 2009; Obesity 2009; 17 Suppl 2: S126-27.

Pollak KI, Alexander SC, Tulsy JA, Dolor RJ, Lyna P, Coffman CJ, Brouwer RJN, Gulbrandsen, P, Østbye T. Physician use of MI techniques and patient satisfaction and autonomy support. Paper presented at American Academy on Communication in Healthcare International Conference. Scottsdale, AZ. October 2010.

Pollak KI, Alexander SC, Tulsky, JA, Østbye, T, Lyna, P, Dolor RJ, Coffman CJ, Bilheimer, A, Brouwer RJN, Lin, P-H, Farrell, D, Bravender, T Physician use of MI techniques and weight change among overweight adolescents: Results from Teen CHAT. Paper presented at American Academy on Communication in Healthcare International Conference. Chicago, IL. October 2011.

Pollak KI, Tulsky, JA, Bravender, T, Østbye, T, Lyna, P, Dolor RJ, Coffman CJ, Bilheimer, A, Brouwer RJN, Lin, P-H, Farrell, D, Bodner, ME, Alexander, SC. Teaching primary care physicians the 5 A's for discussing weight with overweight and obese adolescents: Results of Teen CHAT.. Paper presented at American Academy on Communication in Healthcare International Conference. Providence, RI. October 2012.

Pollak, KI Fish, LJ, Lyna, P, Peterson, BL, Myers, ER, Gao, X, Swamy, GK, Brown-Johnson, A, Whitecar, P, Bilheimer, A, Pletsch, PK. Efficacy of a nurse-delivered intervention to prevent and delay postpartum return to smoking: The Quit for Two Trial. Paper presented at Society for Research on Nicotine and Tobacco. Seattle, WA, February 2014.

Associate Editor: *Nicotine and Tobacco Research 2012-present*

Editorial Reviewer:

Journals: *Health Psychology*
Health Education and Behavior
JAMA
American Journal of Preventive Medicine
Preventive Medicine
Journal of General Internal Medicine
Social Science and Medicine
Health Education Research: Theory and Practice
Patient Education and Counseling
Journal of Palliative Medicine

Consultant Appointments:

A smoking resumption-prevention intervention for pregnant and postpartum women, Robert Wood Johnson, Consultant

Clinical Tools, Inc., Content Expert Consultant for Tobacco CME Modules

Nicotine Replacement Therapy (NRT) in Pregnancy Expert Panel Meeting

Professional Awards & Special Recognition:

1991 *Magna Cum Laude*: California State University, Fullerton
2008 Hallman Visiting Scholar, University of Waterloo, Ontario, Canada
2012 Visiting Professor in Palliative Care Research, University of Colorado Health Science Center

Organizations & Participation:

National Institutes of Health, Psychosocial Risk, and Disease Prevention Study Section, (PRDP), Standing Member 2010-2014.

National Institutes of Health, F32-F32 Study section, Chair, 2012-2014.

National Institutes of Health, Psychosocial Risk, and Disease Prevention Study Section, (PRDP), Ad Hoc Reviewer, 2005-2010.

National Institutes of Health, Risk, Prevention and Intervention for Addictions (RPIA), Ad Hoc Reviewer, 2006-present

National Institutes of Health, Risk, Prevention and Health Behavior Special Emphasis Panel, (RPHB-B), Ad Hoc Reviewer, 2006-present

Tobacco-Related Disease Research Program (TRDRP), Standing Reviewer, 2004-present

National Human Genome Research Institute, Ad Hoc Reviewer 2007

James and Esther King Biomedical Research Program, Reviewer, 2005-present

National Institutes of Health, Small Business Innovation Research Grants, Standing Reviewer, 2000-2002

Health E-NC Pilot Research Projects for University of North Carolina at Chapel Hill, Reviewer, 2010

German Research Foundation, Reviewer, 2010

Professional Society:

American Academy of Physician and Patient/American Academy on Communication in Healthcare, 2004-present

Society for Research in Nicotine and Tobacco, 2007-present

American Society of Preventive Oncology 2003-2005

Society for Behavioral Medicine 2002-2004, 2007-present

American Psychological Society, 1998-2000

American Psychological Association, 1998-2000

Teaching Responsibilities:

Duke University School of Medicine, Office of Faculty Affairs, Communication Coach for physicians and nurses, 2013-present.

Duke University Medical Center, Preceptor for attending Duke physicians, 2012-present.

Duke University Medical Center, Department of Community and Family Medicine,

Facilitator of Motivational Interviewing Practice Club (Duke Hospital Social Workers, Department of Endocrinology, LATCH program/NCCN, Senior PharmAssist). 2011-present.

Area Health Education Centers, Facilitator of Motivational Interviewing Series for Pitt County and Edgecombe County public health employees. 2012-2013

Duke University Medical Center, Department of Medicine. Guest lecturer for “Teach the Teacher” Internal Medicine faculty on Motivational Interviewing. 2011.

Duke University Medical Center, Department of Medicine. Guest lecturer for Academic Half Day for Internal Medicine residents on Motivational Interviewing. 2011-present.

Duke University School of Nursing. Guest Lecturer on Motivational Interviewing for “Health promotion and disease prevention” 2012-present.

Duke University School of Nursing. Guest Lecturer on Difficult Conversations for “Introduction to Professional Nursing” 2013.

Duke University School of Nursing. Guest Lecturer on Motivational Interviewing for “Disease Prevention and Health Promotion” 2012-present.

Duke University School of Nursing. Guest lecturer on smoking cessation counseling for “Sexual and Reproductive Health” 2001-present.

Duke University Medical Center, Community and Family Medicine. Guest lecturer for CFM faculty on weight loss counseling with adolescents. 2010.

Duke University Medical Center, Community and Family Medicine. Guest lecturer for CFM residents on patient self-management. 2008.

Duke University Medical Center, Community and Family Medicine. Guest lecturer for CFM residents on responding to patient emotion. 2008.

Duke University Medical Center, Department of Surgery. Guest lecturer for surgery residents on patient-physician communication. 2006.

North Carolina Central University, Department of Biology. Guest lecturer on smoking cessation in Seminars on Cancer Prevention, Detection and Control. 2006

Duke University Medical Center, Community and Family Medicine. Guest lecturer for CFM residents on patient self-management. 2005.

Duke University Medical Center, Community and Family Medicine. Guest lecturer for CFM intern residents on cultural competency and communication. 2005.

Adjunct Assistant Professor, University of North Carolina School of Public Health, Chapel

Hill. Guest lecturer for “Social and Behavioral Science Foundations of Health Education course” (HBHE 130). 2001-2006.

Duke University School of Nursing. Guest lecturer on smoking cessation counseling for “Sexual and Reproductive Health” 2001-present.

Duke University Medical Center, Community and Family Medicine. Guest lecturer on Motivational Interviewing for residents and faculty. 2003.

Duke University Medical Center. Guest lecturer on smoking cessation for medical students. 2003.

Duke University Medical Center. Guest lecturer on Motivational Interviewing for medical students. 2002.

Adjunct Faculty Member supervised by Marco Mariotto, Ph.D. Taught “Psychology of Gender (Psych 4397)”, University of Houston-Main, January 1998-May 1998.

Adjunct Faculty Member supervised by Patrick Williams, Ph.D. Taught “Statistics (SOS 3312)”, University of Houston-Downtown, August 1997-Dec 1997.

Adjunct Faculty Member supervised by Patrick Williams, Ph.D. Taught “Social Psychology (Psych 2302)”, University of Houston-Downtown, January 1997-May 1997.

Adjunct Faculty member supervised by Patrick Williams, Ph.D. Taught “Theories of Personality (Psych 4306)”, University of Houston-Downtown, August 1996 – Dec 1996.

Teaching Fellow supervised by Eugene Doughtie, Ph.D. Taught lecture section of “Introduction to Methodology (Psych 2301)”, University of Houston, August 1993-May 1995.

Teaching Fellow supervised by Eugene Doughtie, Ph.D. Taught laboratory section of “Introduction of Methodology (Psych 2301)”, University of Houston, June 1993-August 1993.

Teaching Assistant for Richard A. Kasschau, Ph.D, University of Houston “Introduction to Psychology (Psych 1300)”, August 1992-June 1993.

Statistics Tutor for Steve Edelman, PhD at Pitzer College, Claremont, CA, January 1989-May 1989.

Mentoring:

Mentor, Duke University School of Medicine K-club

Jessica Friedman, BA, Third-year medical student, Community and Family Medicine, Duke University, School of Medicine

Michael Bodner, PhD, Research Associate/Postdoctoral Fellow, Duke Cancer Institute, 2011-present

Anna Jaffe, Undergraduate Student at Bryn Mawr. Helped secure Science Horizons Off-Campus Research Internship (\$5000), 2010-present

Laura Fish, PhD, Assistant Professor, Department of Community and Family Medicine, Duke University Medical Center, 2008-present

Stewart Alexander, PhD, Associate Professor, Department of Medicine, Duke University Medical Center, 2004-2014

Mary Beth Cox, MD, Endocrinology Fellow, Duke General Internal Medicine, 2008-2010

Bryan Batch, MD, Endocrinology Fellow, Duke General Internal Medicine, 2007-present

Justin Manusov, BA, NCI Minority Scholar 2006-2010

Iguehi Esoimeme, MPH, Masters Student, University of North Carolina at Chapel Hill School of Public Health, 2006-2007

Marcus Johnson, MPH, Masters Student, University of North Carolina at Chapel Hill School of Public Health, 2006-2007

L. Corinne Auman, PhD, Postdoctoral Fellow, Duke University Medical Center, 2002-2004

Elva Arredondo, PhD, Doctoral Student, Duke University, M.A., 1999-2003

Kelly Anthony, PhD, Doctoral Student, University of Houston, Ph.D. 1999

Sandra Timpson, DrPH, Doctoral Student, University of Texas, School of Public Health, Ph.D., 1998

Current Research: Understand and improve patient-physician communication, particularly in the areas of end-of-life care, weight loss, and smoking cessation. Design and evaluate population-based interventions to promote risk reduction for cancer.

External Support:

**Current:
Principal Investigator**

- 2009-2014 National Heart Lung and Blood Institute, Teen CHAT: Improving physician communication with adolescents about healthy weight, \$3,801,922 (1R01HL092403).
- 2013-2018 National Cancer Institute, SMS scheduled gradual reduction text messages to help pregnant smokers quit, \$2,399,090 (R01CA166149).

Participating Investigator

- 2013-2014 National Institute of Child Health and Development, OB CHAT: Improving Obstetric Providers' Smoking Cessation Counseling, \$99,000 (1R43HD077966).
- 2013-2018 National Institute for Environmental Sciences, CEASE: Community Education About Smoke Exposure, (P01ES0222831).
- 2014-2017 Health Resources and Service Administration, A Women's Health Nurse Practitioner (WHNP) Program at Duke University,

**Pending:
Principal Investigator**

- 2014-2017 National Heart, Lung, and Blood Institute: Healthy for Two: Developing and testing a preconception weight loss intervention (1R34HL126021)
- 2015-2019 National Cancer Institute: Quit for Two, Quit for You: Testing two SMS texting interventions to prevent postpartum return to smoking (R01CA195881)

Participating Investigator

- 2015-2016 National Institute of Child Health and Development, Tailored Internet Program to Improve OB Providers' Gestational Weight Gain Counseling, \$163,613 (1R43HD084014-01).
- 2015-2017 PCORI, Improving Communication Between Cancer Patients and Oncologists Using Patient Feedback on Actual Conversations and the ABIM Maintenance of Certification Program, \$1,736,440 (SC14-1403-13975).

**Past:
Principal Investigator**

2008-2013 National Institute of Nursing Research, Smoking resumption-prevention in postpartum women, \$3,535,826 (1R01NR009429).

2008-2013 National Cancer Institute, En pareja: A Latino couples intervention to help expectant fathers quit smoking, \$3,609,807 (1R01CA127307).

2002-2007 National Cancer Institute, Testing pharmacological therapies for pregnant smokers, \$2,564,250 (1R01CA089053).

2006-2009 National Cancer Institute, Obesity as a barrier to patient-physician communication, \$1,634,974 (1R01CA114392).

2006-2008 National Cancer Institute, Race effects in oncologists' end-of-life communication, \$154,000 (1R03CA113151).

2007-2008 National Cancer Institute, Obesity as a barrier to patient-physician communication (Minority Supplement) \$110,260 (3R01CA11439).

2004-2005 National Cancer Institute, Factors associated with lower rates of screening mammography among obese women, Duke Comprehensive Cancer Center Pilot Research Program (Duke Breast SPORE), \$34,708.

1999-2000 National Cancer Institute, Influence of stereotyping on residents' preventive medicine counseling, (Duke Comprehensive Cancer Center Pilot Research Program) \$16,791.

Participating Investigator

2008-2013 National Cancer Institute, Communication in oncologist patient encounters: A patient intervention \$3,604,310 (2R01CA100387).

2003-2008 National Cancer Institute, Enhancing patient-oncologist communication, \$3,359,026 (1R01CA100387).

2004-2009 National Heart Lung and Blood Institute, Hypertension Improvement Project, \$3,307,218 (1R01HL075373).

1998-2003 National Cancer Institute, Partner-assisted interventions for pregnant smokers, \$2,625,108 (R01CA76945).

1998-2003 National Cancer Institute, A multi-risk factor intervention for colon polyp patients, \$740,139 (subcontract with Dana Farber Cancer Institute) (1R01CA74000).

1998-2003 National Cancer Institute, Recruiting teen smokers into a self-help quit program, \$1,345,054 (1R01CA80262).

**Academic & administrative
Activities of the University &
Medical Center:**

Co-Leader, Cancer Control and Population Sciences, 2014-present

Duke University School of Medicine, Institutional Review Board 2012-present

Cancer Center Protocol Review Committee (IRB), Member, 2000-present

Community and Family Medicine, Appointment, Promotion, and Tenure Committee, Member 2009-present

Cancer Center Annual Meeting Planning Committee, 2007

Cancer Prevention, Detection, and Control Research Program Director Search Committee, 2008

Cancer Prevention, Detection, and Control Research Faculty Search Committee, 2011