

## **MARY ALTPETER, PhD**

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### **EDUCATION**

- B.A. (1971) Major: Natural Sciences  
Russell Sage College, Troy, New York
- M.S.W. (1973) Concentration: Social Work Clinical Practice  
School of Social Welfare, State University of New York at Albany
- M.P.A. (1987) Concentration: Public Management  
Graduate School of Public Affairs, Rockefeller College of Public Affairs and Policy, State University of New York at Albany
- Ph.D. (2000) School of Social Work, Memorial University of Newfoundland  
Dissertation: Breast Cancer, Cultural Beliefs and Rural Women:  
Racial and Age Differences in Intentions to Seek Care  
(Dissertation Abstracts International, A: The Humanities and Social Sciences, 2001, 62, 2, Aug, 770-A)

### **ADDITIONAL AGING- OR RESEARCH-RELATED TRAINING**

- Case Western Reserve University Interdisciplinary Geriatrics Educational Certificate for Faculty Development in Geriatrics (1991)
- Syracuse University Maxwell School Center for Policy Research Summer Institute: Introducing Public Policy Issues in Aging into the Curriculum (2002)
- National Institute on Aging Summer Institute on Aging Research (2003)
- National Institute on Health Training Institute for Dissemination and Implementation Research in Health (2012)

### **HONORS**

- National Council on Aging National Institute of Senior Centers' 2013 Annual Research Award.  
Shubert, T.E., Altpeter, M., & Busby-Whitehead, J. (2011). Using the RE-AIM Framework to Translate a Research-based Falls Prevention Intervention into a Community-based Program: Lessons Learned. *Journal of Safety Research*. 42(6): 509-516.
- 2012 Sarah Mazelis Best Paper of the Year Award for *Journal of Health Promotion Practice* - Schoster, B., Altpeter, M., Meier, A., & Callahan, L.F. (2012). Methodological Tips for Overcoming Formative Evaluation Challenges: The Case of the Arthritis Foundation *Walk With Ease* Program. *Health Promotion Practice*, 13(2), 198-203.
- 2013 Ewald W. Busse Award for impact on enhancing the health status of older North Carolinians, NC Division of Aging and Adult Services
- 2012 Gordon Streib Distinguished Academic Gerontologist Award, Southern Gerontological Society

Fulbright Senior Specialist, Council for International Exchange of Scholars (2008-2013)  
Faculty and curriculum development projects at Vrije Universiteit Amsterdam (2009) and  
University of Ljubljana, Slovenia (2013)  
Fellow, Gerontological Society of America (2013)  
Fellow, Health Promotion Disease Prevention Center, University of North Carolina (2009)  
Fellow, Institute on Aging, University of North Carolina (1999)  
Pi Alpha Alpha, National Honor Society for Public Affairs and Administration (1989)  
National Institute of Mental Health Graduate Fellowship (1971-1973)

## **PROFESSIONAL EXPERIENCE**

**3/17/14 to present      Center for Health Promotion and Disease Prevention, Thurston Arthritis  
Research Center, University of North Carolina at Chapel Hill**

Research Scientist: Working with the UNC Thurston Arthritis Research Center, serve as Co-investigator for two projects: 1) the 5-year CDC funded, *Advancing Arthritis Public Health Approaches through National Organizations: Expanding and Sustaining the Dissemination and Delivery of AAEBIs*, and 2) the NIAMS-funded, “*Clarifying critical processes linking partner support to insufficiently active osteoarthritis patients' initiation and maintenance of increased lifestyle physical activity*” (Informal title: *Partners in Active Living Study*). Served as co-investigator for the Arthritis Foundation *Walk With Ease (Hispanic)* grant. Assist with research development and implementation; intervention materials and training development; team coordination; participant orientation; manuscript production and reporting activities. At the Center for Health Promotion and Disease Prevention, served as co-investigator for the CDC-funded special interest project in Healthy Aging. Also provided consulting services for the Texas A&M CDC-funded *Evaluation of State-driven Fall Prevention Programs for Older Adults*.

**9/1/13 to present      Health Promotion Consultant, Private Practice**

Provide consulting expertise for health promotion and aging programming, training of service providers and for methods for research translation to community practice to foundations (Epilepsy Foundation), universities (UCLA, Texas A&M, Oregon State University), professional organizations (National Council on Aging, Council for Social Work Education) and federal and state agencies (Administration on Aging/Administration for Community Living, NC Division of Aging and Adult Services).

**8/1/12 to 8/30/13      Center for Health Promotion and Disease Prevention, University of  
North Carolina at Chapel Hill**

Research Associate and Principal Investigator of: the CDC-funded special interest project in Healthy Aging, the Arthritis Foundation *Bringing Walk With Ease to Workplace* grant, and the National Council on Aging *Health Promotion and Disease Prevention and Sustainability and Impact Study* contracts. Provide program evaluation and technical assistance to the NC Division of Aging and Adult Services (NCDAAS) *REACH II Translation Project: Resources for Enhancing Alzheimer's Caregiver's Health*. Also provide consulting services for the Texas A&M CDC-funded *Evaluation of State-driven Fall Prevention Programs for Older Adults*; the UCLA California Geriatric Education Center for two projects: *Skills for Healthy Aging Resources and Programs (SHARP)*

*Certificate Program and the Increasing Clinical Preventive Service Use by Older Adults and Reducing Health Disparities Special Interest Project*; and Oregon State University *Walk With Ease* implementation project. Serve as health promotion consultant to international entities including the Pan American Health Organization Health Promotion and Aging Initiative and the European Union Masters in Gerontology Consortium. Provide mentoring to doctoral and post-doctoral students for the T-32 Carolina Program for Aging Research.

**3/98 to 7/31/12            Institute on Aging, University of North Carolina at Chapel Hill**

9/08 to 7/31/12: Senior Scientist, Program Lead Healthy Aging Initiatives

Directed the Institute's Health Aging Initiatives program, coordinating and/or monitoring all aspects of grant and contractual work and staff efforts. Served as co-investigator of CDC-funded community intervention trial to refine and test the *Walk With Ease* intervention. Served as a consultant for the UNC *Innovation Grants to Better Serve People with Alzheimer's Disease and Related Disorders* grant and the Texas A&M University for the AoA funded *Planning a Nationwide Evaluation of Evidence-Based Programs for Seniors* grant. Served as academic member of the NC AHRQ-trained health promotion and aging team and provide leadership for the NC Healthy Aging Coalition, offering technical assistance on enhancing provider capacity to delivery evidence-based health promotion. Provided mentoring for masters, doctoral and post-doctoral students in Schools of Public Health and Social Work.

7/2009 to 8/2010: Interim Co-Director

Provided co-leadership for designating IOA directives and conducting program planning and management. Served as liaison to UNC campus departments and administration, and to national, state and local partners. Oversaw budget and human resources.

3/98 to 9/2008: Associate Director for Program Development (formerly Associate Director for Operations)

Directed the Institute's Health Promotion program and work with the Institute Director in coordinating and monitoring all aspects of the Institute's program development for research, education, and public service. Established and maintained working relationships with aging-related service organizations, private academic institutions, government agencies, consumer advocacy groups, and research groups within the state and nationally. Took lead for, or assisted with, applications for federal (e.g., CDC, NIA, NRSA, NIDR, NINR, BHP), foundation and campus grants. Served on the statewide Summer Symposium on Aging planning committee. Participated in campus-specific activities including the graduate, interdisciplinary Certificate in Aging program, the annual campus-wide Aging Exchange, and served as mentor to the IOA's NIA-funded pre- and post-doctoral training program. Participated as mentor to master and doctoral level social work and public health student thesis and dissertation committees. Assisted with the Institute's annual report, progress reports, and other special dissemination efforts. Served as Chair of the Evidence-based Health Promotion Committee of the NCDPH State Arthritis Program.

**2/93 to 2/98            The North Carolina Breast Cancer Screening Program,  
Lineberger Comprehensive Cancer Center,  
University of North Carolina at Chapel Hill**

### Program Manager

Directed the daily administration of the North Carolina Breast Cancer Screening Program, a federally-funded (NCI) \$3.3 million, eight-year cancer prevention community intervention grant targeted at older, rural, low-income African American women in 10 counties in eastern North Carolina. Coordinated a consortium of three universities, 22 state and local health agencies and organizations, managing an interdisciplinary team of 40 full and part-time staff including scientific investigators, professional and administrative support personnel, and graduate students. Took lead role, or assisted in, the preparation of all competing and non-competing grant applications, foundation applications, and student fellowship applications. Assumed major responsibility for preparation of all project and foundation reports. Planned and managed the project's overall operating budget and multiple subcontracts. Also planned and managed private foundation and university intra-mural grant budgets (Kate B. Reynolds Charitable Trust, Susan G. Komen Breast Cancer Foundation, Avon Breast Health Awareness Crusade, The Pittsburgh Foundation, The American Cancer Society, UNC Women's Health Grants, UNC Minority Research and Education Center Fellowships, UNC Cancer Education Program Fellowships). Coordinated the daily implementation of the project's outcome and process evaluation activities. Established and managed the office filing and computer systems. Took lead or assisted with preparation of publications and conference presentations. Coordinated the project's advisory committee. Served as liaison for financial and personnel matters with the university's Cancer Center, School of Medicine, Office of Sponsored Research, and Contracts and Grants Office.

**1/89 to 2/93**

**Division of Geriatric Medicine, School of Medicine,  
Case Western Reserve University (CWRU), Cleveland, Ohio**

### Senior Instructor/Coordinator of Educational Programs

Administered local and federally-funded (NIA, NIH, BHP) medical and dental fellowships for the training of geriatricians. Planned, managed, and evaluated clinical, research and teaching, and administrative activities of the fellowship program. Coordinated educational activities with other postgraduate programs and area health facilities. Served as liaison with federal sponsoring agencies. Took lead role or assisted in preparation of foundation and government grant reports and applications. Coordinated collaborative efforts with other educational institutions and health/human services agencies.

Co-directed and evaluated a 22-month Administration on Aging (AoA) funded project for development of a state prototype curriculum on late onset alcoholism among the elderly for training of licensed human services professionals in the fields of aging and alcoholism services. Managed an interdisciplinary team representing university and community experts who produced and field-tested the 36-hour, 680-page curriculum guide, Late Onset Alcoholism: A Training Model for Formal and Informal Caregivers. Prepared and managed the project budget and prepared all progress reports. Served as co-editor for Ohio Aging Network Education Project Training, an 11-module curriculum development initiative of the Western Reserve Geriatric Education Center, funded by the U.S. Department of Health and Human Services, Bureau of Health Professionals. Working with an interdisciplinary team, prepared the 30-hour curriculum, The Ohio Aging Network Education Project: A Core Curriculum for Senior Service Providers, designed for entry-level paraprofessionals.

Working with the CWRU Department of Family Medicine, co-planned and served as the project evaluator for a five-year federally-funded (NIAAA, NIDA, OSAP) clinical training grant for faculty development in alcohol and other drug abuse. Prepared all annual evaluation reports and assisted with the preparation of the project's annual progress reports and manuscripts.

**8/88 to 2/93      Consultant, professional development and licensure**

Consultant to state regulatory agencies and state licensure boards. Activities included: 1) provision of technical advice on licensure/credentialing examinations and assistance in negotiating contracts and logistics for examination administration for several state social work boards; 2) representation of the New York State Education Department (NYSED) and the Social Work Board interests at national conferences concerning professional development and regulation; and 3) review and evaluation of postsecondary professional social work education programs for NYSED registration.

Consultant for curriculum development. Activities included: 1) assistance with the development and statewide delivery of a state social work licensure examination 8-hour preparation course for the Mandel School of Applied Social Sciences (MSASS), Case Western Reserve University; 2) development of a 10-day curriculum, Certificate Training Program for Income Maintenance Workers, and a 10-day curriculum, Certificate Training Program for Income Maintenance Supervisors, in conjunction with two Ohio County Departments of Human Services and MSASS personnel; 3) provision of a train-the-trainer orientation and development of program evaluation instrumentation; and 4) service as an educational consultant to three universities in Romania through a US-AID-funded professional development grant.

**3/87 to 8/88      Office of the Professions, New York State Education Department  
Albany, New York**

Executive Secretary, State Boards for Social Work & Chiropractic

Coordinated the activities of the State Board for Social Work, which regulated 24,000 licensed social workers, and the State Board for Chiropractic, which regulated 4,000 licensed chiropractors. Developed standards for licensure; reviewed and evaluated licensure applications; and advised the Board of Regents and the State Education Department in matters of professional practice and related legislative issues. Constructed and supervised the scoring of licensing examinations administered annually to 2,500 social workers and 800 chiropractors. Managed the insurance qualification application process for clinical social workers. Served as Board and Department representative with state and national groups. Prepared and managed the unit budget and supervised six professional and support staff. Evaluated and registered undergraduate and graduate educational programs in social work and chiropractic. Provided technical assistance for curricula development and accreditation. Served as liaison with national accreditation bodies. Conferred with state and national associations in matters related to professional standards, education, licensure, legislation and human resource planning.

**2/81 to 3/87      Bureau of Professional Development, New York State Division  
of Alcoholism and Alcohol Abuse, Albany, New York**

Coordinator of Professional Education ('85 to '87)

Designed and implemented human resources development plans for the statewide alcoholism services delivery system (400 programs) and related health/human services. Coordinated Division

policy initiatives pertaining to standards for private practice reimbursement for alcoholism services and credentialing of licensed professionals. Assisted in review/refinement of standards and items for the Credentialed Alcoholism Counselor Exam; prepared item analysis and scoring procedures. Provided technical assistance to other state agencies in preparation of training contract application and/or training programs incorporating interdisciplinary approaches for continuing alcoholism education of human services personnel. Provided technical assistance and advocated for model curricula for graduate and undergraduate professional studies in alcoholism treatment. Provided contract monitoring oversight of training/education contracts.

Assisted the Bureau Director in formulation of short term and long term bureau work plans and prepared Bureau annual budgets. Represented the Bureau and Division on the Governor's Task Force on Alcoholism and Criminal Justice, Education and Training Committee, and the Governor's Task Force for Domestic Violence, Professional Curriculum Committee. Assisted the Deputy Director in the design and establishment of the New York State Center of Alcohol Studies. Prepared and monitored the Center's annual budget. Promoted agency and state university collaborative efforts in research, information exchange, and grant applications. Represented the Bureau's interests in meetings and conferences. Served as field instructor for social work management students for the Graduate School of Social Welfare, State University of New York at Albany.

#### Director of Training Unit ('81 to '85)

Developed and directed the overall state and federally-funded (Title XX, NIAAA) training activities for 400 state licensed or funded alcoholism services programs and related human services agencies (New York state and county Departments of Social Services, Mental Health, Probation, Parole, Aging, Youth). Reviewed and monitored training programs, supervised curriculum development, adult learning-oriented instructional design, materials development and computerized data evaluation system. Maintained on-going needs assessment survey of worker and management training needs. Training topics included: basic alcoholism counseling; alcoholism primer for human services personnel; mandated clients; elderly alcoholics; youthful alcoholics/alcohol abusers; case management; group work; sexuality; documentation; family interventions; stress management for counselors.

Utilizing federal funds, established and coordinated a statewide pilot program of 14 community training coalitions representing public and private agencies, area councils and counselor association interests in alcoholism. Provided on-going technical assistance and consultation for the development and implementation of regional and community-based training. Served as liaison between the Division, regional groups, and state/federal agencies. Prepared contract applications, annual budgets and progress reports. Designed and implemented program evaluation and needs assessment instruments and prepared evaluation reports. Supervised seven staff and served as field instructor for the Graduate School of Social Welfare.

#### **2/78 to 2/81      Social Services Training Unit, Continuing Education Program, School of Social Welfare, State University of New York at Albany**

#### Assistant Director ('80 to '81)

Coordinated program planning and workshop scheduling for 23 staff providing training to 28 NYS county departments of social services. Monitored monthly budget reports. Designed and implemented peer evaluation system and in-service training program. Coordinated program and

resource development between SUNY Continuing Education training units. Negotiated and advocated for training programs with New York State Department of Social Services, county social services departments, and private vendor agencies. Consulted and negotiated with other state agencies for curriculum development and resource coordination. Supervised six graduate social work students and office staff.

Project Associate ('78 to '80)

Prepared and monitored Title XX funded family and children's services training programs for 57 New York state county departments of social services. Designed, delivered and evaluated training Title XIX programs for generic courses in social services delivery and protective services for adults. Assisted the New York State Department of Social Services with designing and implementing training on the 1979 Child Welfare Reform Act. Provided training and/or coordinated training delivery on a range of social work topics including working with adult clients with a variety of problems such as: mental illness; mental retardation and alcoholism; human growth and development issues; loss and grieving; case management; individual and family intervention; working with resistance; self-awareness and worker style; stress and burnout. Additional training experience in continuing education and/or staff development for case workers in foster care, day care, child care, CETA home energy aid, and child protective services. Developed preliminary budget plans. Supervised four training staff and two graduate assistants.

**4/75 to 2/78      Parsons Child and Family Center, Albany, New York**

Psychiatric Social Worker

Member of a multidisciplinary team providing individual, group and family counseling services to children and adolescents residing in community-based homes. Family-based interventions addressed such problems as severe mental illness, divorce/separation issues, inadequate parenting skills, abandonment and neglect, and alcohol misuse. Responsible for inter-agency contacts with county Departments of Social Services, Probation Departments, courts, schools, and other related services. Supervised child care team, undergraduate social work students and volunteers.

**9/74 to 4/75      Albany Medical College, Albany, New York**

Medical Technician

Assisted in hematology research in grant-funded laboratory.

**6/73 to 9/74      Veterans Administration Hospital, Albany, New York**

Medical Social Worker

Provided individual and family services to medical, surgical and long-term care patients. Typical problems included long-term alcoholism with accompanying chronic illness, debilitating mental and physical handicaps, severe depression and grief reactions. Responsible for financial planning, financial aid applications, nursing home placements and other inter-agency contacts. Supervised two undergraduate social work students and provided in-service training.

**FACULTY POSITIONS**

2009-2011 European Union Masters in Gerontology (EuMAG) Summer Institute (Faculty Lecturer)

- Institute de Gerontologie, Paris (2009)  
University of Jyväskylä, Finland (2010)  
University of Padua, Italy (2011)
- 2001-06 School of Social Work, UNC at Chapel Hill, (Research Associate Professor)  
1996-14 Department of Health Behavior, School of Public Health, UNC  
at Chapel Hill (Adjunct Assistant Professor)  
1998-03 Department of Social Medicine, School of Medicine, UNC at Chapel Hill  
(Research Assistant Professor)  
2000 Graduate Certificate in Nonprofit Management, School of Social and Master's Program  
for Public Administration, UNC at Chapel Hill, (Adjunct Lecturer)  
Financial Management for Nonprofit Organizations (PADM/SOWO702)  
1981-87 School of Social Welfare, Rockefeller College of Public Affairs and Policy,  
State University of New York at Albany, (Field Instructor)  
1981 College of St. Rose, Department of Adult Education, (Adjunct Lecturer)  
1980-81 Cornell University School of Industrial and Labor Relations, Continuing  
Education Program, (Adjunct Lecturer)  
1976-77 Siena College, Social Work Program, (Field Instructor)  
1973-74 Hudson Valley Community College, Human Services Department, (Field Instructor)

## **ARTICLES**

- Belza, B., Altpeter, M., Smith, M.L., & Ory, M.G. (In Press). The Healthy Aging Research Network: Making a Collective Impact. *American Journal of Preventive Medicine*.
- Callahan, L.F., Rivadeneira, A., Altpeter, M., Vilen, L., Hackney, B., Cleveland, R.J., Sepulveda, V., Reuland, D., & Rojas, C. (2016). Evaluation of the Arthritis Foundation's Camine Con Gusto Program for Hispanic Adults with Arthritis in North Carolina. *Hispanic Health Care International*, 14(3), 132-140. DOI: 10.1177/1540415316665202.
- Nyrop, K.A., Callahan, L.F., Rini, C., Altpeter, M., Hackney, B., DePue, A., Wilson, A., Schecher, A. & Muss, H.B. (2016). Aromatase inhibitor associated arthralgia: the importance of oncology provider-patient communication about side effects and potential management through physical activity. *Supportive Care in Cancer*. DOI: 10.1007/s00520-015-3065-2, 1-8.
- Callahan, L.F., Cleveland, R.J., Altpeter, M. & Hackney, B. (2016). Evaluation of Tai Chi Course Effectiveness for People with Arthritis in the Community. *Journal of Aging and Physical Activity*, 24, 101-110. DOI: <http://dx.doi.org/10.1123/japa.2014-0211>.
- Schneider, E., Smith, M. L., Ory, M., Altpeter, M., Beattie, B., Schrier, M., & Shubert, T. (2015). State Fall Prevention Coalitions as Environmental Change Agents: An Emphasis on Policy. *Health Promotion Practice*. DOI:10.1177/1524839915610317.
- Nyrop, K.A., Callahan, L.F., Rini, C., Altpeter, M., Hackney, B., Schecher, A., Wilson, A. & Muss, H.B. (2015). Adaptation of an Evidence-Based Arthritis Program for Breast Cancer Survivors on Aromatase Inhibitor Therapy Who Are Experiencing Joint Pain. *Preventing Chronic Disease*; 12:140535. DOI: <http://dx.doi.org/10.5888/pcd12.140535>



Smith, M.L., Ory, M.G., Ahn, S., Belza, B., Mingo, C., Towne, S.D., & Altpeter, M. (2015). Reaching Diverse Participants Utilizing a Diverse Delivery Infrastructure: A Replication Study. *Frontiers in Public Health* 3:77. DOI: 10.3389/fpubh.2015.00077.

Ahn, S., Smith, M. L., Altpeter, M., Belza, B., Post, L., Ory, M. G. (2015). Methods for streamlining intervention fidelity checklists: An example from the Chronic Disease Self-Management Program. *Frontiers in Public Health* 2:294. DOI: 10.3389/fpubh.2014.00294

Ahn, S., Smith, M.L., Altpeter, M., Post, L., & Ory, M.G. (2015) Healthcare Cost Savings Estimator Tool for Chronic Disease Self-management Program: A New Tool for Program Administrators and Decision Makers. *Frontiers in Public Health* 3:42. DOI:10.3389/fpubh.2015.00042.pp 2-12.

Belza, B., Altpeter, M., Hooker, S. & Moni, G. (2014). The CDC Healthy Aging Research Network: Advancing science toward action and policy for the evidence-based health promotion movement. *Frontiers in Public Health*. DOI:10.3389/fpubh.2014.00261.

Frank, J., Altpeter, M., Damron-Rodriguez, J., Driggers, J., Lachenmayr, S., Manning, C. Martinez, D.M., Price, R.M. & Robinson, P. (2014). Preparing the Workforce for Healthy Aging Programs: The SHARP Model. In *Fostering Engagement and Independence: Opportunities and Challenges for an Aging Society*. Special supplement of *Health Education & Behavior*, 41(1S) 19S–26S. Found at DOI: 10.1177/1090198114543007.

Smith, M. L., Belza, B., Braun, K.L., King, S. Palmer, R.C., Sugihara, N.S., Altpeter, M. & Ory, M. G. (2014). National Reach and Dissemination of EnhanceFitness: Implications for Recruitment and Retention of Participants and Delivery Sites, *Health Behavior and Policy Review*, 1(2), 150-160.

Altpeter, M., Schneider, E.C. & Whitelaw, N. (2014). Examining Strategies to Build and Sustain Healthy Aging Programming Collaboratives. In *Fostering Engagement and Independence: Opportunities and Challenges for an Aging Society*. Special supplement of *Health Education & Behavior*, 41(1S) 27S–33S. Found at: DOI: 10.1177/1090198114537065

Towne, S.D., Smith, M.L., Ahn, S., Altpeter, M., Belza, B., Kulinski, K., & Ory, M. (2014). National Dissemination of Multiple Evidence-Based Disease Prevention Programs: Reach to Vulnerable Older Adults. *Frontiers in Public Health Education and Promotion*, 2:156, DOI:10.3389/fpubh.2014.00156.

Ory, M.G., Altpeter, M., Belza, B., Helduser, J., Zhang, C. & Smith, M.L. (2014). Perceived Utility of the RE-AIM Framework for Health Promotion/Disease Prevention Initiatives for Older Adults: A Case Study from the U.S. Evidence-Based Disease Prevention Initiative. *Frontiers in Public Health Education and Promotion*, 2:143. DOI: 10.3389/fpubh.2014.0014.

Ory, M., Altpeter, M., Belza, B., Helduser, J., Zhang, C. & Smith, M.L. (2014). Perceptions about the Community Applications of RE-AIM in the Promotion of Evidence-Based Programs for Older Adults. *Evaluation & the Health Professions*, 2014 Jul 11. DOI: 10.1177/0163278714542335. [Epub ahead of print] Published 2015 Mar; 38(1):15-20.

Nyrop, K.A., Muss, H.B., Hackney, B., Cleveland, R., Altpeter, M. & Callahan, L.F. (2014). Feasibility and Promise of a 6-week Program to Encourage Physical Activity and Reduce Joint

Symptoms Among Elderly Breast Cancer Survivors on Aromatase Inhibitor Therapy. *Journal of Geriatric Oncology*, 5(2), 148-55.

Wilcox, S., Altpeter, M., Anderson, L., Belza, B., Bryant, L., Jones, D.L., Leith, K.H., Phelan, E.A., & Satariano, W.A. (2013). The Healthy Aging Research Network: Building Capacity for Public Health and Aging Practice. *American Journal of Health Behavior*, 28(1):2-6.

Altpeter, M., Gwyther, L.P., Kennedy, S.R., Patterson, T.R. & Durrence, K. (2013). Conducting a Mid-course Assessment of the Feasibility of Community Translation of the REACH II Intervention. *Dementia: The International Journal of Social Research and Practice*. Accepted manuscript online: July 19, 2013, DOI: 10.1177/1471301213494499, published 2015, 14(1):104–113.

Smith, M. L., Ory, M. G., Belza, B., & Altpeter, M. (2012). Personal and Delivery Site Characteristics Associated with Intervention Dosage in an Evidence-based Fall Risk Reduction Program for Older Adults. *Translational Behavioral Medicine: Practice, Policy and Research*, 2(2), 188-198.

Schoster, B., Altpeter, M., Meier, A., & Callahan, L.F. (2012). Methodological Tips for Overcoming Formative Evaluation Challenges: The Case of the Arthritis Foundation *Walk With Ease* Program. *Health Promotion Practice*, 13(2), 198-203.

Altpeter, M., Houenou, L.O., Martin, K.R., Schoster, B. & Callahan, L. (2011). Recruiting and Retaining “Hard-to-reach” Populations: Lessons Learned and Targeted Strategies from Arthritis Physical Activity Intervention Studies, *Arthritis Care & Research*, 63(7): 927–928.

Shubert, T.E., Altpeter, M., & Busby-Whitehead, J. (2011). Using the RE-AIM Framework to Translate a Research-based Falls Prevention Intervention into a Community-based Program: Lessons Learned. *Journal of Safety Research*. 42(6): 509-516.

Nyrop, K., Charnock, B., Martin, K., Lias, J., Altpeter, M., & Callahan, L.F. (2011). The Effect of a 6-Week Walking Program on Workplace Activity Limitations among Adults with Arthritis. *Arthritis Care & Research*, 63(12), 1773-1776.

Callahan, L., Shreffler, J., Altpeter, M., Schoster, B., Hootman, J., Houenou, L., Martin, K., & Schwartz, T. (2011). Evaluation of Group and Self-Directed Formats of the Arthritis Foundation’s (AF) Walk with Ease (WWE) Program, *Arthritis Care & Research*, 63(8): 1098–1107. doi: 10.1002/acr.20490.

Brewster, D.G. & Altpeter, M. (2007). Arthritis: The public health partnerships for improving health. *North Carolina Medical Journal*, 68(2), 422-424.

Schneider, E., Altpeter, M. & Whitelaw, N. (2007). An innovative approach for building health promotion program capacity: A generic volunteer training curriculum. *The Gerontologist*, 47(3), 398-403.

Bryant, L., Altpeter, M., & Whitelaw, N. (2006). Evaluation of programs to promote health in older adults: An introduction. *Journal of Applied Gerontology*, 25(3), 197-213.

Altpeter, M., Bryant, L., Schneider, E., & Whitelaw, N. (2006). Evidence-based health practice: Knowing and using what works for older adults. *Home Health Care Quarterly: The Journal of Community Care*, 25 (1/2), 1 – 11. (Note: Simultaneously published as S.M. Enguidanos (ed.), *Evidence-Based Interventions for Community Dwelling Older Adults*, Haworth Press, Inc., 2006)

Lang, J., Anderson, L. LoGerfo, J., Sharkey, J., Belansky, E., Bryant, L., Prohaska, T., Altpeter M., Marshall, V., Satariano, W., Ivey, S., Bayles, C., Pluto, D., Wilcox, S., & Goins, R.T. (The Healthy Aging Research Network Writing Group.) (2006). The Prevention Research Centers Healthy Aging Research Network. *Prev Chronic Dis* 3(1)[serial online] 2006 Jan [December 15, 2005]. Available from: URL: [http://www.cdc.gov/pcd/issues/2006/jan/05\\_0054.htm](http://www.cdc.gov/pcd/issues/2006/jan/05_0054.htm).

Altpeter, M., Mitchell, J., & Pennell, J. (2005). Advancing social work responsiveness to health disparities: The case of breast cancer screening. *Health & Social Work*, 30(3), 221-232.

Marshall, V.M. & Altpeter, M. (2005). Cultivating social work leadership in health promotion and aging: Strategies for active aging interventions. *Health & Social Work*, 30(2), 135-144.

Bors, P., Altpeter, M., Luken, K., & Marshall, V.W. (2004). Community design: The next step to an active society? *Journal on Active Aging*, 3(1), 24-35.

Altpeter, M. & Marshall, V.M. (2003). Making aging “real” for undergraduates. *Educational Gerontology: An International Journal*, 29(9), 739-756.

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## **ABSTRACTS**

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### **NON-PEER-REVIEWED PUBLICATIONS/TRAINING MATERIALS**

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## **GRANTS/CONTRACTS**

UNC at Chapel Hill, University Research Council Small Grant – “Bringing Walk with Ease to the Workplace,” PI, 2012-2013 (\$4,945)

Arthritis Foundation Mid-Atlantic Region Grant – “Bringing The Arthritis Foundation Walk With Ease Program to the Workplace,” PI, 2011-2013 (\$100,000)

AoA Alzheimer's Disease Supportive Services Program Grant – Evaluation Consultant 2010- 2012 (\$45,000)

National Council on Aging, Health Promotion and Aging Technical Assistance projects, PI, 2003-2012 (\$815,697)

Centers for Disease Control, Special Interest Project in Healthy Aging – PI, 2009-2014 (\$375,000)

AoA Grant -Developing a Nationwide Evaluation Plan – Evaluation Advisor 2008-2011, Consultant (\$45,000)

UNC OVCREG F&A Grant, “Training to Enhance Minority Aging Research” – co-PI, 2009-2011 (\$50,000)

AoA Alzheimer's Disease Supportive Services Program Grant – Evaluation Consultant 2008-2011, (\$45,000)



AoA Innovation Grant for Early Stage Detection of Alzheimer’s Disease – Evaluator 2008-2010, (\$17,586)

Centers for Disease Control, Evaluation of the *Walk With Ease* Program – co-Investigator, 2006-2009 (\$750,000)

Robert Wood Johnson Foundation “Building Capacity to Evaluate Evidence-Based Health Promotion (EBHP) Programs for Older Adults” – Consultant, 2008-2009 (\$30,000)

Carolina Geriatric Education Center, UNC at Chapel Hill – Consultant 2007-2010, (\$15,000)

California Geriatric Education Center, UCLA – Consultant 2007-2010, (\$15,000)

Cumberland County Public Library Planning Grant – consultant 2008-2009, (\$2,500)

Centers for Disease Control, Special Interest Project in Healthy Aging – PI, 2004-2009 (\$250,000)

UNC System Office of the President Grant, North Carolina Gerontology Consortium curriculum development project, PI, 2003 (\$30,000)

Centers for Disease Control, Special Interest Project in Healthy Aging – Co-PI, 2003-2004 (\$78,850)

National Council on Aging, consulting for health promotion and aging manual, PI, 2003 (\$6,000)

UNC at Chapel Hill, Distance Education Grant, Director, (\$75,000)

UNC at Chapel Hill, Center for Teaching and Learning Faculty Development Grant, 2002 (\$350)

UNC at Chapel Hill, Distance Education Grant for NC Consortium on Gerontology, Co-Director, 2001-2002 (\$28,799)

UNC at Chapel Hill, Intellectual Life Grant, Spring 2002 (\$500), Fall 2001 (\$500), Spring 2001 (\$1,000) [returned because funding halved]

Centers for Disease Control, Special Interest Project in Healthy Aging, Co-PI, 2001-2003 (\$50,000)

UNC at Chapel Hill, Provost Special Initiative Grant for learning modules for aging education, Co-Director, 2000-2001 (\$30,703)

UNC at Chapel Hill, Faculty Information Technology Assistance Grant, 2001 (\$7,500)

UNC at Chapel Hill, Lupton Grant for Undergraduate Course Development, 2001 (\$10,000)

UNC at Chapel Hill Distance Education Grant for Workforce in Aging Survey Phase I, Co-Director, 1999-2000 (\$14,808) and UNC at Chapel Hill Distance Education Grant for Workforce in Aging Survey Phase II, Co-Director, 2000-2001 (\$24,596)

Open Society Institute-New York, Network Medical and Health Programs Grant, Fall 2000 (\$2,464)

Administration on Aging Curriculum Development Grant on *Late Onset Alcoholism: A Training Model for Formal and Informal Caregivers*, 90AT044-01, Co-PI, 1990-1992, (\$157,000)

National Association for Social Workers, NY Chapter Program Advancement Grant, *Alcoholism Services Guide*, 1987 (\$750)

## **PROFESSIONAL PRESENTATIONS**

Kahn, C., Rini, C., DeVellis, R.F., Griesemer I. J., Lee, K., Altpeter, M. & Callahan, L.F. (Submitted). Couple Emotion Regulation Skills and Partner Support of Physical Activity in Adults with Osteoarthritis, proposed poster for 2017 Society for Behavioral Medicine Annual Meeting, San Diego CA, March, 2017.

Kahn, C., Rini, C., Altpeter, M., Margolis, M., Upchurch, J., Thomson, L. & Callahan, L.F. Couples’ Physical Limitations and Their Preferences to Work Together to Manage Illness, poster presentation accepted for the 144rd APHA Annual Meeting and Exposition, Denver, CO, November, 2016.

Couples' C. Rini, M. Altpeter & M. Margolis. Engaging Older Couples In Physical Activity And Arthritis Interventions: The PALS Study, poster presentation at The Gerontological Society of America 68th Annual Scientific Meeting, Orlando, FL, November, 2015.

A. Rivadeneira, M. Altpeter, V. Sepulveda, L. Vilen, A.L. Gutierrez, N.H. Olivieri, K. Olave, & L.F. Callahan. Formative Evaluation to Enhance the Arthritis Foundation Camine Con Gusto Program for Hispanic Adults, poster presentation at The Gerontological Society of America 68th Annual Scientific Meeting, Orlando, FL, November, 2015.

L.F. Callahan, A. Rivadeneira, M. Altpeter, R. Cleveland, B. Hackney, L. Vilen, V. Sepulveda, D.S. Reuland, & C. Rojas. Evaluation of a Self-Directed Walking Program in Hispanics with Arthritis. Paper accepted for the 2015 ACR/ARHP Annual Meeting, San Francisco, CA, November, 2015.

L. Vilen, R. Cleveland, A. Rivadeneira, M. Altpeter, B. Hackney, V. Sepulveda & L. F. Callahan. Associations Between Education and Health Status Among Hispanics with Self-Reported Arthritis and/or Joint Pain. Paper accepted for the 2015 ACR/ARHP Annual Meeting, San Francisco, CA, November, 2015.

C. Rini, M. Altpeter & M. Margolis. Couples-based Approaches to Increasing Initiation and Maintenance of Physical Activity for Older Adults with Osteoarthritis. Roundtable presentation at the 143rd APHA Annual Meeting and Exposition, Chicago, IL, November, 2015.

M. Altpeter. Training Modules for Evidence-based Health Promotion Programming: An Online Resource at the US National Council on Aging, poster presentation at the International Association of Gerontology and Geriatrics – European Region 8th Annual Congress, Dublin, Ireland, April, 2015.

M.G. Ory, E. Schneider, M.L. Smith, M. Altpeter, S. Bomberger & T.E. Shubert. State Coalitions: A Critical Policy-level Behavior Change Intervention for Fall Prevention. Paper presentation at the 2015 Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX, April, 2015.

L. Schrodtt, M. Altpeter & J. Keysor. Arthritis: Exercise and Behavior Change. Symposium for the 2015 Combined Sections Meeting (CSM) of the APTA, Indianapolis, Feb 2015.

T. Shubert & M. Altpeter. Evidence-Based Falls Prevention: The Otago Exercise Program and Behavior Change. Symposium for the 2015 Combined Sections Meeting (CSM) of the APTA, Indianapolis, Feb 2015.

M. Ory, S.Ahn, M.L. Smith, & M. Altpeter. An easy-to-use tool to estimate healthcare cost savings for CDSMP. Invitational webinar for the National Council on Aging Center on Healthy Aging Monthly Webinar, August 19, 2014.

E. Schneider, T.E. Shubert, M.L. Smith, M. Altpeter, M.A. Scheirer & M. G. Ory. The impact of webinar training and technical assistance on policies and activities of state-based fall prevention coalitions. Accepted for the Gerontological Society of America 67<sup>th</sup> Annual Conference, Washington, DC, November 5-9, 2014.

S.D. Towne, M.L. Smith, S. Ahn, B. Belza, M. Altpeter, K.P. Kulinski & M.G. Ory. Delivering Multiple Evidence-Based Programs to At-Risk Seniors. Accepted paper for the Gerontological Society of America 67<sup>th</sup> Annual Conference, Washington, DC, November 5-9, 2014.

M. Altpeter. "Wellness as We Age," invitation presentation at the UNC at Chapel Hill School of Nursing, Healthy Nurses, Healthy Lives Conference, May 16, 2014.

M.L. Smith, E. Schneider, T. Shubert, S.D. Towne, D. Howell, S.A. Bomberger, M. Altpeter, A.D. Wilson, M. Scheirer, L. Beattie & M. Ory. State Fall Prevention Coalitions as Environmental Change Agents: An Emphasis on Policy, Winter," poster presentation at the 14th Annual American Association of Health Behavior Scientific Meeting , Charleston, Winter, 2014.

E.C. Schneider, S.A. Bomberger, M. Altpeter, M.L. Smith, M. Ory, T. Shubert & M. Scheirer. "State-based Fall Prevention Coalitions: Policies Implemented, Barriers Encountered, Successful Strategies," paper presented at the Gerontological Society of America 66<sup>th</sup> Annual Scientific Meeting, New Orleans, Fall, 2013.

J. Armstrong-Brown, M. Altpeter, L. Linnan, C. Naseer & L. Callahan. "Factors That Influence Adoption and Implementation of the Arthritis Foundation Walk With Ease (WWE) Program in Mid-size Worksites: A Feasibility Study," late-breaker poster presentation at the Gerontological Society of America 66<sup>th</sup> Annual Scientific Meeting, New Orleans, Fall, 2013.

Altpeter, M. "Quality Assurance and the RE-AIM Framework for Epilepsy Programs," invitational lecture for the Epilepsy Foundation Skills Building Institute, Detroit Michigan, Fall, 2013.

M. Altpeter, "Walk With Ease in the Workplace, invitational webinar for the Arthritis Foundation Science Rheum, Winter, 2013.

M. Altpeter, L. Gwyther, S. Kennedy & T. Patterson, "Conducting a Mid-course Assessment of the North Carolina REACH Intervention: Lessons Learned," symposium presentation at the Gerontological Society of America Annual Conference, San Diego, CA, Fall, 2012.

M. Altpeter, "Launching an International Organizational Collaboration: Purpose and Lessons Learned," symposium presentation at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA Fall, 2012.

M. Altpeter, "Promoting International Collaboration in Public Health and Aging: The PAHO and CDC-HAN Experience," symposium presentation at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA Fall, 2012. (Chair – Altpeter; Discussants - M.U.P Zepeda, J. Frank, T. Prohaska)

M.L. Smith, B. Belza, M. Altpeter, J.B. Dickerson. S. Ahn, & M.G. Ory, "Reaching diverse CDSMP Participants Utilizing Diverse Delivery Infrastructure," symposium presentation at the Gerontological Society of America Annual Conference, San Diego, CA, Fall, 2012.

M. Altpeter, "Aging and Human Resources: The challenges for the health system," invitational presentation at the Workshop on Healthy and Active Aging: Strengthening the Leadership Capacity for Health and Aging in the Caribbean, sponsored by the Pan American Health Organization and the World Health Organization office in Bridgetown, Barbados, Summer, 2012.

M. Altpeter. "Systems Change Movement for Healthy Aging," invitational symposium presentation at the 33<sup>rd</sup> Annual Meeting of the Southern Gerontological Society, Nashville, TN, Spring, 2012.

NCOA and partners, (M. Altpeter - Evaluation Discussant), "Building a Menu of Evidence-Based Programs to Provide More Choices and Greater Reach," NCOA all-day workshop presented at the ASA 2012 Aging in America Conference, Washington, DC, Spring, 2012

M. Altpeter & W. Zenker. "The NCOA Online Training Modules for EBHP: Resources for QA, Sustainability and Training," workshop presented at the ASA 2012 Aging in America Conference, Washington, DC, Spring, 2012.

J. Frank, R. Price & M. Altpeter. "Community College Model Project: Promoting Skills for Healthy Aging Resources and Programs," workshop presented at the ASA 2012 Aging in America Conference, Washington, DC, Spring, 2012.

M. Altpeter. "Planning for Sustainability and Creating a Business Plan: Online Resources," invitational presentation for the NC Evidence-based Healthy Aging Programs Meeting/Retreat Spring, 2012.

K. A. Nyrop, B. Schoster, M. Altpeter, B. Hackney, L. F. Callahan. "How do self-directed participants follow the Arthritis Foundation's Walk With Ease program," poster presentation accepted for the 2011 ACR/ARHP Annual Scientific Meeting, Chicago, Fall, 2011.

T.R. Patterson, S.R. Kennedy, M. Altpeter, K. Dence, L. Gwyther, A. Varma, & L. Burgio. "Program Satisfaction and Stress Reduction among REACH II Caregiver Participants: Findings from North Carolina," poster presentation at the Gerontological Society of America 64<sup>th</sup> Annual Meeting, Boston, Fall, 2011.

M. Altpeter, K. Dence, L. Gwyther, A. Varma, L. Burgio, S. R. Kennedy, & T.R. Patterson, "Adapting the REACHII Program Components to Community Contexts: Lessons Learned in North Carolina," poster presentation at the Gerontological Society of America 64<sup>th</sup> Annual Meeting, Boston, Fall, 2011.

J. Frank, J. Damron-Rodriguez, M. Altpeter, P. Robinson, R. Price, & C. Lau. "Creating Capacity to Deliver Evidence-based Health Promotion Programs; Needs, Expectations and Models," symposium at the Gerontological Society of America 64<sup>th</sup> Annual Meeting, Boston, Fall, 2011. (specific presentation, M. Altpeter, "The Feasibility of a Generic Training Curriculum for Volunteers in Health Promotion Programs.")

M. Altpeter, "Tools for Building Your Quality Assurance and Business Plans," invitational plenary for the 2011 U.S. Administration on Aging Health and Dementia Grantee Meeting, Washington, DC, Summer, 2011.

M. Altpeter & W. Zenker, "Introducing a New NCOA Training Module: Creating a Business Plan for Evidence-based Health Promotion," workshop presentation at the ASA 2011 Aging in America Conference, San Francisco, Spring, 2011.

R. Hunter, M. Altpeter, K. Leith & L. Bryant, "Influencing Practice and Policy Through a Collaborative Research Network: An Effective Strategy to Promote Healthy Aging," symposium at the VII European Congress: Healthy And Active Ageing For All Europeans "II", Bologna Italy, Spring, 2011.

M. Altpeter, B. Schoster, A. Meier, & L. Callahan, "Formative Evaluation of the Arthritis Foundation Walk With Ease Program," poster presentation at the VII European Congress: Healthy And Active Ageing For All Europeans "II", Bologna Italy, Spring, 2011.

M. Altpeter, B. Schoster, A. Meier, B. Charnock, L. Houenou, J. Hootman, & L. Callahan, "How Do Self-directed Participants Use The Arthritis Foundation Walk With Ease Program?" poster presentation at the Gerontological Society of America 63<sup>rd</sup> Annual Meeting, New Orleans, Fall, 2010.

M. Altpeter, J. Shreffler B. Schoster, K. Martin, L. Houenou, J. Hootman, & L. Callahan, "Comparing the group versus independent format of the Arthritis Foundation Walk With Ease Program: Do both formats work?" poster presentation at the Gerontological Society of America 63<sup>rd</sup> Annual Meeting, New Orleans, Fall, 2010.

L. Callahan, J. Shreffler, M. Altpeter, L. Houenou, B. Schoster, K. Martin, J. Hootman, & T. Schwartz, "Walk with Ease Program: One-Year Follow-up" oral presentation at the ACR/ARHP Annual Scientific Meeting, Atlanta, Fall, 2010.

B.L. Charnock, K.R. Martin, J. Shreffler, M. Altpeter & L.F Callahan, "The Effect of a 6-week Walking Program on Work Activity Limitations in Adults with Arthritis," oral presentation at the ACR/ARHP Annual Scientific Meeting, Atlanta, Fall, 2010.

M. Altpeter, "RE-AIM 101," invitational presentation at the AoA/Alzheimer's Association Alzheimer's Disease Supportive Services Program, 2010 Grantee and Partner Annual Meeting, Virginia, Spring, 2010.

M. Altpeter & J. Kostead, "New NCOA Online Modules: How to Make Effective Evidence-Based Health Promotion Program Presentations," presentation at the 2010 Aging in America NCOA/ASA Conference, Chicago, Spring, 2010.

J. Frank, M. Altpeter & D. Rose, "Models for Teaching About Evidence-Based Health Promotion and Disease Prevention," presentation at the 2010 Aging in America NCOA/ASA Conference, Chicago, Spring, 2010.

M. Altpeter, M. Smith, L. Tanoue, & M. O'Donnell, "Using RE-AIM for the Implementation of Evidence-Based Disease Prevention Programs," presentation at the 2010 Aging in America NCOA/ASA Conference, Chicago, Spring, 2010.

M. Altpeter, "Retooling for the Aging of the U.S. Population," invitational national webinar for the National Association of Chronic Disease Directors, Spring, 2010.

M. Altpeter, "What's Happening in the World of Health Promotion," invitational presentation at the AARP NC State Chapter Health Promotion Meeting, Raleigh, Winter, 2010.

M. Altpeter, B. Schoster, A. Meier, & L. Callahan, "Methodological Recommendations for Conducting Formative Evaluation of Community-based Interventions: Revision of the Arthritis Foundation Walk With Ease Program," poster presentation at the Gerontological Society of America 62<sup>nd</sup> Annual Meeting, Fall, 2009.

L. Callahan, J. Shreffler, M. Altpeter, K. Martin, L. Houenou, & J. Hootman, "Evaluation of Group and Self-Directed Formats of the Arthritis Foundation's (AF) Walk with Ease (WWE) Program," oral presentation at the ACR/ARHP Annual Scientific Meeting, Philadelphia, Fall, 2009.

L. Houenou, B. Schoster, M. Altpeter, J. Goepfinger & L. Callahan., "Lessons Learned From Community-Based Arthritis Physical Activity and Behavior Change Interventions: Reaching 'Hard-to-Reach' Populations," poster presentation at the ACR/ARHP Annual Scientific Meeting, Philadelphia, Fall, 2009.

M. Altpeter, "Introduction to Evidence-based Health Promotion," invitational presentation at the 38th Annual Summer Institute, Delaware's Division of Substance Abuse & Mental Health and the Division of Services for Aging & Adults with Physical Disabilities, Summer, 2009.

M. Altpeter, "Evidence-based Health Promotion for Older Adults: NCOA's Online Training Modules," poster presentation at the XIXth Congress of Gerontology and Geriatrics, Paris, Summer, 2009.

O. Tungthongchai, E. Rosenberg & M. Altpeter, "Cross-Cultural Study of Sport, Physical Activity and Elderly Subjective Well-Being," poster presentation at the XIXth Congress of Gerontology and Geriatrics, Paris, Summer, 2009.

M. Altpeter, "Introduction to Evidence-based Health Promotion," invitational presentation at the California Geriatric Education Center Invitational Faculty Development Retreat *Evidence-Based Health Promotion for Older Adults: Competencies, Content and Curricula*, San Diego, Summer, 2009.

M. Altpeter, "Aging of the U.S. Population: Trends and Implications," invitational presentation for the CDC Healthy Aging Symposium, Atlanta, Spring, 2009.

M. Altpeter, "NCOA's Modules on Making Effective Presentations," invitational webinars for NCOA/AoA evidence-based health promotion program grantees, Spring, 2009.

M. Altpeter and J. Kosteas, "NCOA's Health Promotion Programs for Older Adults Modules," workshop presentation at the 2009 Aging in America NCOA/ASA Conference, Las Vegas, NV, Spring, 2009.

M. Altpeter and D. Borasky, "Introducing the Health Promotion Programs for Older Adults Series Interactive Training Modules," invitational presentation for the NACDD Healthy Aging Council Grand Rounds, Winter, 2009.

N. Schoenberg, M. Altpeter, L. Bryant, J. Byrd, L. Traywick, B. Belza, "Reaching the Hard to Reach: Insights from Diverse Community-based Health Interventions," symposium presentation at the 61<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, DC, Winter, 2008.

M. Altpeter, "A New Vision for Healthy Aging," invitational presentation at the Center for Creative Retirement, UNC-Asheville, Fall, 2008.

M. Altpeter, "Accomplishing Our Mission: What's Happening in Healthy Aging Programming," keynote presentation at the Centralina Area Agency on Aging 6<sup>th</sup> Annual Aging Conference, Charlotte, NC, Fall, 2008.

M. Altpeter, "When I'm 64": Older Adults and Boomers Getting Healthy," invitational presentation at the Lifelong Access Libraries Institute, Chapel Hill, NC, Summer, 2008

M. Altpeter and D. Borasky, "Introducing the Health Promotion Programs for Older Adults Series," invitational webinar presentation for the NCOA Healthy Aging Series, 7/15 and 7/16/08.

M. Altpeter, M. Ory and B. Belza, "The Whys and How's of RE-AIM: Successfully Planning and Implementing Evidence-based Programs," invitational presentation, Health Foundation of South Florida, Miami, Florida, Summer, 2008.

M. Altpeter and L. Callahan, "Applying the RE-AIM Framework to a Formative Evaluation of the Walk with Ease (WWE) Program for People with Arthritis," presented at the 2nd International Congress on Physical Activity and Public Health, Amsterdam, Netherlands, Summer 2008.

T. Shubert and M. Altpeter, "The North Carolina Roadmap for Healthy Aging," presented at the 2008 Conference of the National Council on Aging and the American Society on Aging, Washington, DC, Winter, 2008.

M. Altpeter, G. MacKenzie and J. Mead, "Strengthening the Partnership Between Aging and Public Health," invitational presentation at the NCOA/AOA Annual Evidence-Based Prevention and Promotion Programming Meeting, Portland, Oregon, Winter, 2008.

M. Altpeter, "What is Evidence-based Health Promotion?" keynote speaker at the *Bringing the Arizona Aging and Public Health Networks Together: Evidence-based Health Promotion Programs for Older Adults* state meeting, Fall, 2007.

M. Altpeter, "Building and Maintaining Coalitions: The North Carolina State Team Experience," invitational presentation at the AHRQ Elders Learning Network Meeting, Portland, ME, Spring, 2007.

M. Altpeter, "Social Workers Providing Leadership in Health Promotion and Aging," keynote speaker at the 6<sup>th</sup> Annual Aging Colloquium, NC State University Department of Social Work, Raleigh, NC, Spring, 2007.

B. Belza, L. Anderson, M. Altpeter and M. Ory, "Strategies to Assure Maintenance of Evidence-based Physical Activity Programs," presented at the 2007 Joint Conference of the American Society on Aging and the National Council on Aging, Chicago, IL, Winter, 2007.

M. Altpeter, P. Madachy and T. Pettinger, "Getting Evidence-based Health Promotion Into Aging Services Program Delivery: Strategies and Challenges," presented at the 2007 Joint Conference of the American Society on Aging and the National Council on Aging, Chicago, IL, Winter, 2007.

M. Altpeter and D. Grantt, "Healthy Aging" invitational plenary presented at the 5<sup>th</sup> Annual NC Conference on Aging, Raleigh, NC, Fall, 2006.

E. Schneider and M. Altpeter, "Evidence-Based Health Promotion and Disease Prevention Programs for Older Adults," presented at the 5<sup>th</sup> Annual NC Conference on Aging, Raleigh, NC, Fall, 2006.

M. Altpeter, "Basics of Evidence Based Health Promotion" invitational presentation in the NCOA Healthy Aging Briefing Series Webinar, 7/20/06,  
([www.ncoa.org/content.cfm?sectionID=272&increaseText=true](http://www.ncoa.org/content.cfm?sectionID=272&increaseText=true))

N. Whitelaw and M. Altpeter, "Are You Ready for An Evidenced-Based Health Promotion Program for Older Adults?" invitational presentation for the NASUA Web Cast, 7/19/06,  
([www.visualwebcaster.com/event.asp?id=34060](http://www.visualwebcaster.com/event.asp?id=34060))

M. Altpeter, "Implementing Evidence Based Health Promotion Programs" invitational presentation at Howard County Office On Aging National Council on Aging Center for Healthy Aging Programs, Baltimore, MD, Summer, 2006.

M. Altpeter, "Chronic Disease Prevalence and Awareness" invitational presentation at the *Move More with Arthritis Workshop* sponsored by the Pitt County Parks and Recreation, Greenville, NC, Spring, 2006.

M. Altpeter, "Testimony on Putting Research into Action: The North Carolina State Team Experience" invitational presentation at the AHRQ Evidence-Based Disability and Disease Prevention for Elders: Translating Research into Community-Based Programs training conference, Atlanta, GA, Spring, 2006.

M. Altpeter, "Older Adults: Living Longer, Living Well" invitational presentation for the Atlanta Regional Commission, Atlanta, GA, Spring, 2006.

M. Altpeter, G. Alkema, T. Healy and N. Wilson, "Social Workers Translating Research into Practice: Evidence-based Health Promotion for Older Adults" accepted for the 10<sup>th</sup> Annual Conference of the Society of Social Work Research, San Antonio, TX, Winter, 2006.



C. Bryant, M. Altpeter, E. Schneider, N. Whitelaw, “Working Together to Provide Evidence-based Healthy Aging Programs: Public Health, Aging and University Communities” presented at the American Public Health Association 133<sup>rd</sup> Annual Meeting, Philadelphia, PA, Winter, 2005.

M. Altpeter, “Older Adults: Living Longer, Living Well” invitational presentation at the Southeastern Council of Foundations 36<sup>th</sup> Annual Meeting, Marco Island, FL, Fall, 2005.

J. Sharkey, B. Belza and M. Altpeter, “Making Evidence-Based Lifestyle Programs for Older Adults Ready for Prime Time in Communities: Role of the CDC’s Healthy Aging Research Network (HAN)” poster presented at the 3<sup>rd</sup> National Prevention Summit: Innovations in Community Prevention, Washington, DC, Fall, 2005.

E. Schneider and M. Altpeter, “Aging and Health in North Carolina: Strengthening Capacity Through Evidence-Based Programs” presented at the 4<sup>th</sup> Annual NC Conference on Aging, New Bern, NC, Fall, 2005.

M. Altpeter, “Aging and Health: What it Means for Older Adults” invitational presentation at the Community Aging and Health Forum sponsored by the National Association of Area Agencies on Aging, CDC, CDD, NACo and NACCHO, Washington, DC, Spring, 2005.

M. Altpeter, “Aging and Health: What it Means for Older Adults” invitational presentation as a pre-conference workshop at the 19<sup>th</sup> National Conference on Chronic Disease and Prevention, Atlanta, GA, Winter, 2005.

M. Altpeter, “Older Adults Living Longer, Living Well” invitational presentation at the Grantsmakers In Aging Forum on Health and Aging, Atlanta, GA, Winter, 2005.

M. Altpeter and J. Mitchell, "North Carolina Gerontology Consortium: Making aging education accessible" presented at the Southeastern Association of Area Agencies on Aging/North Carolina Conference on Aging, Raleigh, NC, Fall, 2004.

M. Altpeter, “Advancing Social Work Leadership in Health Promotion and Aging,” presented at the Fourth International Conference on Social Work and Health and Mental Health, Quebec, Canada, Spring, 2004.

E. Rosenberg, M. Altpeter, J. Mitchell, and L. Baumhover, “The North Carolina Gerontology Consortium: 2002-2003,” presented at the 2nd Annual Meeting of the North Carolina Conference on Aging, Charlotte, NC, Fall, 2003.

M. Altpeter, “Web-based Tools for Teaching New Staff about Aging,” presented at the Annual Training Conference of the North Carolina Association on Aging, Wrightsville Beach, NC, Spring, 2003.

M. Altpeter, M. Bethel, R. Hunter, and B. Wiser, “The North Carolina Healthy Aging Network: Public Health, Aging, and Campus Communities Promoting Healthy Aging,” presented at the 17<sup>th</sup> National Conference on Chronic Disease and Prevention, St. Louis, MS, Winter, 2003.

M. Altpeter, M. Bethel, R. Hunter, and B. Wisner, "Building a Statewide Prevention Initiative: Lessons from the North Carolina Healthy Aging Network," presented at the 1<sup>st</sup> Annual Meeting of the North Carolina Conference on Aging, Greensboro, NC, Fall, 2002.

M. Altpeter, V. Marshall, M. Bethel, R. Hunter, and K. Clarke, "Building a Statewide Prevention Initiative: Lessons from the North Carolina Healthy Aging Network," presented at the 23<sup>rd</sup> Annual Meeting of the Southern Gerontological Society, Orlando Florida, Spring, 2002.

M. Altpeter, and J. Mitchell, "What's the Demand for Aging Education? The North Carolina Workforce in Aging Survey," presented at the 28<sup>th</sup> Annual Meeting and Educational Leadership Conference of the Association of Gerontology in Higher Education, Pittsburgh, PA, Winter, 2002.

J. Mitchell and M. Altpeter, "Results of a Comprehensive Statewide Survey of the Workforce Serving Older Adults: An Empirical Guide for Training," poster presentation at The Gerontological Society of America's 54<sup>th</sup> Annual Scientific Meeting, Chicago, Fall, 2001.

J. Cavanaugh, J. Mitchell and M. Altpeter, "Workforce Needs of the 21<sup>st</sup> Century: Are We Teaching the Right Things to the Right People?" presented at the NC Summer Symposium on Aging, Wilmington, NC, Summer, 2001.

M. Altpeter, and J. Mitchell, "Who's Interested in Aging Education?: The North Carolina Workforce in Aging Survey," presented at the 27<sup>th</sup> Annual Meeting and Educational Leadership Conference of the Association of Gerontology in Higher Education, San Jose, CA, Winter, 2001.

M. Altpeter and D. Borasky, "The Potential of Distance Learning for the NC Workforce in Aging," presented at the NC Summer Symposium on Aging, Asheville, NC, Summer, 2000.

M. Altpeter, and J. Mitchell, "Psychological and Cultural Factors that Impact Older Rural Women's Breast Cancer Screening Intentions," poster presentation at The Gerontological Society of America's 53<sup>rd</sup> Annual Scientific Meeting, Washington, DC, Fall, 2000.

J. Mitchell and M. Altpeter, "Fear of Breast Cancer: Differences in Its Measurement, Prevalence, and Effect on Cancer Screening Between Older Asymptomatic White and African-American Women," presented at the NC Summer Symposium on Aging, Fayetteville, NC, Summer, 1999.

J. Mitchell and M. Altpeter, "Fear of Breast Cancer: Measurement, Prevalence, and Effect on Cancer Screening among Older Women," presented at the Pan-American Congress on Aging, San Antonio, TX, Winter, 1999.

M. Altpeter, "The 'Science and Art' of Community Health Promotion in Rural Communities: Promoting Breast Cancer Screening Among Older African-American Women," presented at the Centre on Aging, University of Manitoba, Winnipeg, MB, Fall, 1998.

M. Altpeter, "The 'Science and Art' of Community Health Promotion in Rural Communities: Promoting Breast Cancer Screening Among Older African-American Women," presented at the Twenty-Third Annual National Institute on Social Work and Human Services in Rural Areas, Chapel Hill, NC, Summer, 1998.

M. Altpeter, "Developing 'Lay Health Advisor' Networks to Reach Older, Black, Low-income Women in Rural, Underserved Areas," presented at the Canadian Association of Schools of Social Work Annual Conference, St. John's, NF, Summer, 1997.

M. Altpeter, "Establishing Community Partnerships to Reach At-risk Older, Rural, African-American Women" and "Developing 'Lay Health Advisor' Networks to Reach Older, Black, Low-income Women in Rural, Underserved Areas," presented at the National Association of Social Workers Annual Conference, Cleveland, OH, Fall, 1996.

M. Altpeter, "The North Carolina Breast Cancer Screening Program," presented at the American Cancer Society (NC Division) and the NC Central Cancer Registry Fourth Annual North Carolina Cancer Research Symposium, Raleigh, NC, Winter, 1996.

M. Altpeter and J. Earp, "Developing 'Lay Health Advisor' Networks to Reach Older, Black, Low-income Women in Rural, Underserved Areas," presented at the National Association of Social Workers Annual Conference, Philadelphia, PA, Fall, 1995.

G. Myers and M. Altpeter, "Assessment and Program Design for Breast Cancer Screening in Rural Populations," presented at the 20th Annual Meeting of the National Institute on Social Work and Human Services in Rural Areas, Knoxville, TN, Summer, 1995.

J. Mitchell, H. Mathews, J. Earp, L. Mayne, and M. Altpeter, "Strategies for Successful Community-Based Surveys With the Rural Elderly," presented at the Southern Gerontological Society Meeting, Charlotte, NC, Spring, 1994.

M. Altpeter, "Aging and Alcoholism: A User-Friendly Curriculum," presented at the National Association of Social Workers Annual Conference, Orlando, FL, Fall, 1993.

M. Altpeter and J. Campbell, "Aging and Alcoholism: A User-Friendly Curriculum," presented at the 1992 Association for Medical Education and Research in Substance Abuse (AMERSA) Conference, Washington, D.C., Fall, 1992.

P. Kurzman and M. Altpeter, "Malpractice Insurance Issues," presented at the Indiana Chapter National Association of Social Workers Sixteenth Annual Conference, Merrillville, IN, Spring, 1992.

M. Altpeter and G. Anetzberger, "Aging and Alcoholism: A Training Model," presented at the 12th Annual Multidisciplinary Institute on Aging sponsored by the Ohio Department of Aging, Columbus, OH, Fall, 1991.

M. Altpeter and V. Schmall, "Late Onset Alcoholism: A Training Model for Formal and Informal Caregivers," presented at the Fourth Annual Prevention Research Findings and Training Conference, Salt Lake City, UT, Spring, 1991.

L. Somple and M. Altpeter, "Ethical Issues in Geriatric Care," presented at the Ohio State Chapter National Association of Social Workers Ninth Annual Conference, Cleveland, OH, Spring, 1990.

M. Altpeter, "Family Roles in Codependency," presented at the Annual Conference of the National Association of Social Workers International Chapter, Vienna, Austria, Summer, 1989.

B. Haynes, M. Altpeter and K. Schmitt, "The Licensing Board as Consumer: Taking Stock and Shopping the Marketplace," presented at the 1988 Western Clearinghouse for Licensure, Enforcement and Regulation (CLEAR) Regional Conference, Sacramento, CA, Spring, 1988.

M. Altpeter and K. Digirolamo, "Alcohol Use and Domestic Violence," presented at the North American Congress on Alcohol and Drug Problems, Boston, MA, Fall, 1986.

M. Altpeter, L. Hubbard, and G. Mason "Careers in Alcoholism Services," presented at the Conference on Future Trends in Social Practice, School of Social Welfare, State University of New York at Albany and Northeast New York National Association of Social Workers, Albany, NY, Spring, 1986.

M. Altpeter, "Recognizing Alcoholism and Alcohol Related Problems in the Elderly," presented at the National Association of Social Workers Professional Symposium, Chicago IL, Fall, 1985.

M. Altpeter and G. King, "The Elderly and Alcoholism: A Model Program for Interagency Training and Networking," presented at the 17th Annual Alcoholism Institute of the New York City Chapter National Association of Social Workers, New York, NY, Spring, 1985.

R. Sherman and M. Altpeter, "Medicare/Medicaid Alcoholism Services Demonstration Project: Meeting the Challenge of Services Delivery for the Elderly in New York State," presented at the Alcohol and Drug Problems Association of North America 35th Annual Conference, Washington, D.C., Summer, 1984.

G. Kurtz and M. Altpeter, "Human Services Training: An Extension of the Social Work Process," presented at the Conference on Training in the Human Services, Charleston, SC, Fall, 1983.

M. Altpeter, "Training on a Shoestring Budget: Developing a Statewide Program for Alcoholism Counselors", presented at the Conference on Training in the Human Services, Atlantic City, NJ, Fall, 1982.

M. Altpeter and D. Burger, "Criteria for Evaluating Training Programs for Eligibility for Credentialed Alcoholism Counselor (CAC) Credit," presented at the New York Federation of Alcoholism Counselors Conference, Buffalo, NY, Spring, 1982.

M. Altpeter, "Developing Manpower Resources: Issues in Mental Health," presented at the Multi-Disabled Conference, Kings County Committee on Alcoholism, Brooklyn, NY, Spring, 1982.

M. Altpeter, "Social Workers in Education and Training: Opportunities and Options in the Social Work Career Path," presented at The Choices in the 80's Symposium, School of Psychiatry, Albany Medical College, Albany, NY, Spring, 1982.

G. King and M. Altpeter, "Working with the Elderly Alcoholic: Client and Staff Needs," presented at the 14th Annual Alcoholism Institute of the New York City Chapter of the National Association of Social Workers, New York, NY, Spring, 1982.

M. Altpeter, "Developing a Statewide Training Program for Alcoholism Counselors," presented at the Training in Human Services Conference, Albany, NY, Fall, 1981.

### **JOURNAL REVIEW**

*Frontiers in Public Health*, Editorial Board of Associate Editors (2013 - )  
*Health Education and Behavior*, manuscript reviewer (1999 - ); Special Supplemental Issue, "Fostering Engagement and Independence: Opportunities and Challenges for an Aging Society," Guest Editorial Board (2012-2014)  
*Preventing Chronic Disease*, manuscript reviewer (2015 - )  
*Journal of Aging and Physical Activity*, manuscript reviewer (2014 - )  
*Translational Behavioral Medicine: Practice, Policy and Research*, manuscript reviewer (2014 - )  
*Journal of Applied Gerontology*, manuscript reviewer (2003 - 2011), editorial board (2006 - 2011)  
*Journal of Rural Health*, manuscript reviewer (2008)  
*Health Education Research*, manuscript reviewer (2008 - )  
*The Gerontologist*, manuscript reviewer (2007- )  
*Journal of Nutrition for the Elderly*, manuscript reviewer (2005)  
*Health Education Review: Theory and Practice*, manuscript reviewer (1995)

### **GRADUATE/UNDERGRADUATE COURSES**

Independent Study in Aging – Health Behavior and Aging (SOWO 385)  
Financial Management for Nonprofit Organizations (PADM/SOWO 702)  
Introduction to Aging (SOCI65)  
Seminar, Graduate Interdisciplinary Certificate in Aging (required, non-credit)

### **PROFESSIONAL ORGANIZATIONS**

Gerontological Society of America  
- Fellow (2013), SRPP  
-member (2000 - present), SRPP  
-Finance Committee (2011 - 2012)  
-Investment Advisory Committee (2012 - present)  
-Co-coordinator (with Dr. Margaret Neal), GSA post-conference, "Advancing an Agenda for Global Aging and Health" (2012)  
-Co-coordinator (with Dr. Margaret Neal, Dr. Peggy Perkinson, Dr. Tom Teasdale), GSA post-conference, Second Annual "Advancing an Agenda for Global Aging and Health" (2013)  
Association for Gerontology in Higher Education (institutional member representative) (1998 - 2003)  
Society for Social Work and Research (1998 - 2007)  
National Alliance of Breast Cancer Organizations (1994 - 2001)  
National Association of Social Workers  
National Level:  
- NASW Program Committee (1996 - 1999)  
- NASW National Conference Planning Committee (1994 - 1996)

- NASW Insurance Trust (1991 - 94)
- National Competence Certification Commission of the Academy of Certified Social Workers (1986 - 89)

Chapter Level: Cleveland, Ohio Unit

- Chair, 1990 State Conference program committee
- Chair, State International Activities Committee (1990 - 91)
- Unit program committee (1988 - 90)

Chapter Level: Northeastern New York Division

- President (1986 - 87)
- President-Elect (1985 - 86)
- Division Coordinator of Program Advancement grants; co-author of Alcoholism Services Guide (132-page manual) (1987)

### **PROFESSIONAL SERVICE**

National Leadership Council, National Council on Aging, (2008-2011)

NC Division of Public Health, Arthritis Board, Chair of Evidence-based health promotion committee (2006 - 2008)

Faculty mentor, Hartford Geriatric Social Work Faculty Scholars Program (2005 - 2012)

Chapel Hill Senior Center, National Accreditation Advisory Committee (2005)

Orange County Master Aging Plan Executive Committee (1999-2001), wellness committee consultant (2005-2007)

National Alliance of Breast Cancer Organizations, advisory board member (2000-2002)

Avon Breast Health Access Fund, advisory board (1998 - 2000)

Susan G. Komen Breast Cancer Foundation, grant review board (1997)

Council on Social Work Education (CSWE) Certified Practitioner Site Visitor (1988 - 1991)

### **CAMPUS COMMITTEES**

Aging Council, NC TRACs (2009-2012)

Advisory Board, Graduate Interdisciplinary Certificate in Aging (1999-2013)

University partner, John A. Hartford Foundation Practicum Partnership Program Consortium (2006-2008)

Steering Committee and Faculty Mentor, NIA/NRSA-funded Carolina Program in Healthcare and Aging Research, UNC Institute on Aging (2001 - 2007)

Advisory Committee, Geriatric Enrichment in Social Work Education Hart Foundation Grant Project, School of Social Work, UNC at Chapel Hill (2002 -2004)

Advisory Council, Geriatric Enrichment in Social Work Education Hart Foundation Grant Project, Social Work Program, NC State University (2002-2004)

Faculty Search Committee, UNC-CH School of Dentistry (2002)

### **VOLUNTEER COMMUNITY SERVICE**

Board of Trustees, The Sage Colleges, (2015 - )

Triangle J Area Agency Advisory Board on Aging (2015 - )

Orange County Advisory Board on Aging (2014 - )