

Experience Public Health in the Beautiful Central American Nation of Nicaragua!

Join the tour scheduled for January 2-8, 2016!

Sister Communities of San Ramon, Nicaragua (SCSRN) [<http://san-ramon.org/>] is sponsoring a Public Health tour for faculty, students and anyone interested in experiencing and learning about public health in this beautiful Central American country. This 7-day tour will focus on the public health system in Nicaragua, with visits to rural public health centers, conversations with MINSA – Ministry of Health – officials, talks with both public and private sector health care providers, and a visit to Casa Materna [<http://casamaterna.org/>] where women receive pre and postnatal care and education during pregnancy, and are provided with a supportive environment with the objective of improving birth outcomes.

Participants will spend four days in the town of San Ramon, staying in “Casas Huesped” with local families who have many years of experience receiving international visitors in their homes [<http://san-ramon.org/uncategorized/a-glimpse-of-a-casa-huesped>]. This cultural immersion experience will provide a view of life in Nicaragua through the eyes of the locals, and an understanding of what public health looks like in a developing country. Participants will also spend three days in Finca Esperanza Verde, [<http://fincaesperanzaverde.com/>] an award-winning organic coffee farm and Ecolodge located in the rural community of San Ramon. This stay offers many opportunities to experience and enjoy the incredible natural beauty of rural Nicaragua, while also learning firsthand about the reality of healthcare for rural Nicaraguans.

Sister Communities of San Ramon of North Carolina is a long-standing non-profit organization that has developed a deep relationship with the town and surrounding area of San Ramon over the last 22 years. Dedicated to community development projects, environmental conservation and creating people-to-people connections, SCSRN has been part of improving health and education, and supporting economic development in this community, while also bringing U.S. visitors to experience life in rural Nicaragua to fulfill the goal of promoting cross-cultural understanding.

Cost per person: \$1,400.00 for 7 days, not including airfare.

For more information and to sign up, please contact: Leslie Zeldin, lpzeldin@gmail.com, 919-357-6368.