



The University of North Carolina at Chapel Hill is an exciting place with lots of activity. If you find yourself arriving early for Experience Gillings or hanging around for the weekend, take some time to explore the campus and larger community.

Thursday, March 20

- **GillingsX** (Free)
7:00pm Stone Center Auditorium
If you are planning to attend, please RSVP [here](#).
Do you like TED talks? Do you like global health? Do you want to be inspired? Join us at 7:00pm for the first-ever **GillingsX**, an evening of riveting talks from 5 of Gillings' most innovative and inspiring students as they share their stories of work around the globe. They will be joined by performances from UNC's Ukulele Ensemble and Bhangra Elite Dance Team. This event is catered by Vimala's Curryblossom Cafe!

Friday, March 21

- **Institute for Arts and Humanities' Process Series: The New Generation Project** (Free)
8:00pm-10:00pm, Kenan Music Building, 125 South Columbia Street, Chapel Hill, NC 27599
In an effort to preserve America's arranged Negro spiritual and introduce unknown African American poets through art songs, internationally known sopranos Louise Toppin and Marquita Lister are pioneering The New Generation Project. Through the project, they are commissioning new work from dozens of composers and poets to create a new songbook that confirms the contemporary relevancy of the art song and spiritual traditions. The Process Series showcase will provide listeners with an opportunity to experience the breadth of musical and textural expression of the composers while providing feedback on the creation of select songs.

Saturday, March 22

- **UNC Women's Softball: UNC vs. Maryland** (Free)
Game 1 - 1pm/Game 2 - 3pm, Anderson Softball Stadium, 912 Raleigh Road, UNC Chapel Hill, NC
- **Gardens & Gardening as Agents of Health and Wellness: Past, Present, and Future with Jane Saiers, Horticultural Therapist, Organic Farmer** (Free but advance registration required.)
2:00pm-4:00pm, North Carolina Botanical Garden Education Center
Registration: <https://events.unc.edu/event/gardens-gardening-as-agents-of-health-and-wellness-past-present-and-future/>
Come learn about the history of gardens and gardening in enhancing health and well-being, about innovative ways that gardens and gardening are being used to promote health around the world, and about exciting plans for future applications of gardening in wellness. The results of scientific studies on the effects of gardens and gardening on psychological and physiological function will be discussed. Participants will hear about the longstanding, nationally known

horticultural therapy program at the Garden and tour the indoor and outdoor spaces devoted to the program. Finally, participants will start on their own, individualized plans for initiating or expanding work with plants as a way to enhance personal well-being.

- **UNC Men's Lacrosse: UNC vs. Maryland** (Tickets \$5)
2:00pm-4:00pm, Kenan Memorial Stadium, 104 Stadium Dr., Chapel Hill, NC 27514
- **"Encounter Art" Tour: Urbanization in the Early 20th Century** (Free; no reservation required.)
3:00pm-4:00pm, Ackland Art Museum, 101 S Columbia Street, Chapel Hill, NC, 27514
This tour examines the tensions artists and others felt toward mass urban migrations — from Emile Bernard's romanticization of a disappearing Breton culture to Rose Piper's look back to the Great Migration of African-Americans to the industrial cities of the north.
- **UNC Baseball: UNC vs. Georgia Tech** (Tickets \$7-\$10)
6:00pm-8:00pm, Boshamer Stadium, 235 Ridge Rd., Chapel Hill, NC 27514

Official Visitor Information Websites:

Chapel Hill, NC: <http://www.visitchapelhill.org>

Durham, NC: <http://www.durham-nc.com>

Raleigh, NC: <http://www.visitraleigh.com>