Formative research for the development of strategies to increase dual method use among adolescents and young adults

Author: Williams, Mollie M.

ProQuest document link

Abstract: Unintended pregnancy and sexually transmitted infections (STIs) are significant health problems in the United States, and African American and Latino youth experience higher rates of both. The simultaneous use of birth control and condoms is a strategy that has demonstrated effectiveness in preventing both unintended pregnancy and STIs. Eight focus groups were conducted with African-American and Latino adolescents and young adults to inform strategies to increase dual method use, defined as the simultaneous use of condoms and highly effective contraceptives. Participants described dual method users as "smart," "careful," and "focused." Positive emotions were also associated with dual method use, including confidence and security. Participants readily identified cost and access as environmental obstacles. Many believed dual method use was important, but others doubted that it was necessary, especially within a committed relationship. These findings, coupled with established theories of behavior change, suggest that public health professionals should emphasize the positive images and emotions associated with dual method use. They must help participants negotiate, and help reduce, environmental barriers to dual method use. It is also important to address dual method use within the context of relationships.

Links: Linking Service

Subject: Public health; Health education; Epidemiology;

Classification: 0573: Public health; 0680: Health education; 0766: Epidemiology

Identifier / keyword: Health and environmental sciences, Education, Condoms, Contraception, Family planning, Human immunodeficiency virus, Pregnancy, Sexually transmitted infections

Number of pages: 138

Publication year: 2014

Degree date: 2014

School code: 0153

Source: DAI-B 75/09(E), Mar 2015

Place of publication: Ann Arbor

Country of publication: United States

ISBN: 9781303943102

Advisor: Havala Hobbs, Suzanne

Committee member: Cilenti, Dorothy, Peterson, Herbert, Tucker Halpern, Carolyn, Weiner, Bryan J.

University/institution: The University of North Carolina at Chapel Hill

Department: Health Policy and Management

University location: United States -- North Carolina

Degree: Dr.P.H.

Source type: Dissertations & Theses

Language: English

Document type: Dissertation/Thesis

Dissertation/thesis number: 3622515

ProQuest document ID: 1546946764

Document URL:
http://libproxy.lib.unc.edu/login?url=http://search.proquest.com/docview/1546946764?accountid=14244

Copyright: Copyright ProQuest, UMI Dissertations Publishing 2014

Database: ProQuest Dissertations & Theses Full Text

Contact ProQuest
Copyright © 2014 ProQuest LLC. All rights reserved. - Terms and Conditions