NUT700 Nutrition in Medicine   Course Schedule and Requirements  Fall 2014
Instructor: Martin Kohlmeier, MD PhD
Website: http://www.nutritioninmedicine.net/portal/  access code “NUT700”

Nutritional Anemias Part 1
Nutritional Anemias Part 2
Cancer Nutrition: Molecular Mechanisms
Cancer Nutrition: Prevention & Treatment
Nutrition Assessment for Cancer Patients
Cachexia
Nutrition Care for Cancer Treatment
CVD: Hypertension & Other Risk Factors
Lifestyle Management of Hypertension
CVD: Lipoproteins
Behavior Change Counseling
Physical Activity for Adults
Completion and Review due by Sept 11
Diabetes: Nutritional Mechanisms
Diabetes: Dietary Management
Glycemic Control for Newly Diagnosed DM2
Gestational Diabetes Mellitus
Obesity: Basic and Clinical
Waist Circumference
Effective Weight Loss Strategies in Adults
Portion Sizes
Nutrition and Aging: Body and Mind
Nutrition and Aging: Chronic Disease
Nutrition and Aging: Special Needs
Unintended weight loss in older adults
Lactose Intolerance
Completion and Review due by Oct 2

Nutrition in Pregnancy
Preconceptional Nutrition
Nutrition during Lactation
Metabolic Stress & Starvation
Refeeding Syndrome
Nutrition Support
Micronutrients Review
Completion and Review due by Oct 16
Nutrition during Infancy
Infants with Special Needs
Nutrition for Young Children
Nutrition for School Aged Children
Physical Activity for Children
Pediatric Overweight: Etiology
Pediatric Overweight: Assessment
Pediatric Weight Control: Lifestyle
Completion and Review due by Nov 6
Gastroesophageal reflux in adults
Sports Nutrition: Health Effects
Sports Nutrition: Fuel Metabolism
Sports Nutrition: Hydration & Supplements
Dietary Supplements: Decision Making
Dietary Supplements: Reality Check
Dietary Supplements: Use in Practice
Completion and Review due by Nov 27

You have to complete all listed modules, write five reviews by the indicated dates, and get a 60% score in each module exam and an average score of at least 70% across all exams. Low scorers can do remediation work if completed by 12/4.
H grades will be awarded to those who have an average exam score of at least 80%, provide consistently carefully crafted and thoughtful reviews on time. L grades will be given to those with average exam scores of under 74% and reviews that do not adequately address the covered content. All others get P grades. Please contact me by email whenever you have questions.

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