Heather Wasser  Doctoral student, Nutrition

“Think how truly remarkable it is,” Wasser says, “that in one short year, an infant transitions from a single food source (ideally, breast milk) to an omnivorous diet (ideally, one that is nutritionally adequate). He or she also moves from only being able to suck and swallow to developing a pincer grasp, a palmer grasp, and complete self-feeding!” Wasser thinks the most significant lesson she learned from Professor Peggy Bentley is the importance of culture and context on this transition.

Read more about Wasser online at www.sph.unc.edu/cph.